

DAFTAR PUSTAKA

- Addington, J., Epstein, I., Liu, L., French, P., Boydell, K. M., & Zipursky, R. B. (2011). A randomized controlled trial of cognitive behavioral therapy for individuals at clinical high risk of psychosis. *Schizophrenia Research*, 125, 54-61.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: American Psychiatric Publishing.
- Arsyad, M. (2015). *Validasi modul pelatihan "ketangguhan" untuk meningkatkan prestasi akademik siswa atlet kelas khusus olahraga* (Master tesis). Tidak dipublikasikan, Fakultas Psikologi, Universitas Gadjah Mada, Yogyakarta.
- Astuti, K. (1994). *Hubungan antara tipe kepribadian hardiness dengan somatisasi pada ibu rumah tangga* (Skripsi). Tidak dipublikasikan, Fakultas Psikologi, Universitas Gadjah Mada, Yogyakarta.
- Azwar, S. (2018). *Metode penelitian psikologi*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2012). *Validitas dan reliabilitas*. Yogyakarta: Pustaka Pelajar.
- Bahamin, G., Taheri, F., Moghaddas, A., Sohrabi, F., & Dortaj, F. (2012). The effects of hardiness training on suicide ideation, quality of life and plasma levels of lipoprotein (a) in patients with depressive disorder. *Procedia: Social and Behavioral Sciences*, 46, 4236 – 4243.
- Benishek, L. A., & Lopez, F. G. (2001). Development and initial validation of a measure of academic hardiness. *Journal of Career Assessment*, 9(4), 333-352.
- Bhakshizadeh, A., Shiroudi, S. G., & Khalatbari, J. (2013). Effect of hardiness training on stress and post partum depression. *Procedia: Social and Behavioral Sciences*, 84, 1790 – 1794.
- Bonanno, G. A. (2004). Loss, trauma, and human Resilience: have we underestimated the human capacity to thrive after extremely aversive events?. *American Psychologist*, 59(1), 20–28.
- Cannon, T. D., Cadenhead, K., Cornblatt, B., Woods, S. W., Addington, J., Walker, E., ... Hienssen, R. (2008). Prediction of psychosis in youth at high clinical risk: a multisite longitudinal study in North America. *Archives of General Psychiatry*, 65, 28-37. doi:10.1001/archgenpsychiatry.2007.3

- Carpenter, W. T., & Van Os, J. (2011). Should attenuated psychosis syndrome be a DSM-5 diagnosis?. *American Journal of Psychiatry*, 168, 460-463.
- Chen, S. X. (2009). Hardiness. Dalam S.J. Lopez (Ed.), *Encyclopedia of Positive Psychology* (vol. 1, pp. 462-463). West Sussex: John-Wiley & Sons.
- Connor, K. M., & Davidson, J. R. T. (2003). Development of a new resilience scale: the connor-davidson resilience scale (cd-risc). *Depression and Anxiety*, 18, 76-82.
- Corder, G. W., Foreman, D. I.(2014). *Nonparametric Statistic: A step by step approach, second edition*. Hoboken, NJ: John Wiley & Sons, Inc.
- Corcoran, C., Walker, E., Huot, R., Mittal, V., Tessner, K., Kestler, L., & Malaspina, D. (2003). The stress cascade and schizophrenia: etiology and onset. *Schizophrenia Bulletin*, 29(4), 671-692.
- Drvaric, L., Gerritsen, C., Rashid, T., & Bagby, R.M. (2015). High stress, low resilience in people at clinical high risk for psychosis: should we consider a strengths-based approach?. *Canadian Psychology*, 56, 332-347.
- Field, A. (2009). *Discovering statistics using spss: third edition*. London: SAGE Publications Ltd.
- Fusar-Poli, P., Borgwardt, S., Bechdolf, A., Addington, J., Riecher-Rössler, A., Schultze-Lutter, F., ... Yung, A. (2013). The psychosis high-risk state: a comprehensive state-of-the-art review. *JAMA Psychiatry*, 70(1), 107–120. doi:10.1001/jamapsychiatry.2013.269.
- Fusar-Poli, P., Frascarelli, M., Valmaggia, L., Byrne, M., Stahl, D., Rocchetti, M., ... McGuire, P. (2015). Antidepressant, antipsychotic and psychological intervention in subjects at high clinical risk for psychosis : OASIS 6 years naturalistic study. *Psychological Medicine*, 45, 1327-1339.
- Fyhn, T., Fjell, K. K., & Johnsen, B. H. (2016). Resilience factors among police investigators: hardiness-commitment a unique contributor. *Journal Police and Crime Psychology*, 31, 261-269.
- Gavin, H. (2008). *Understanding research methods and statistics in psychology*. London: SAGE Publications Ltd.
- Hasel, K. M., Abdolhoseini, A., & Ganji, P. (2011). Hardiness training and perceived stress among college students. *Procedia: Social and Behavioral Sciences*, 30, 1354 – 1358.

- Habets, P., Collip, D., Myin-Germeys, I., Gronenschild, E., van Bronswijk, S., Hofman, P., ... Marcelis, M. (2012). Pituitary volume, stress reactivity and genetic risk for psychotic disorder. *Psychological Medicine*, 42, 1523-1533.
- Jaya, E. S. (2017). Confirmatory factor analysis of the Indonesian version of community assessment of psychic experiences. *Makara Hubs-Asia*, 12(1), 1-12.
- Kementrian Kesehatan Republik Indonesia, Badan Penelitian dan Pengembangan Kesehatan. (2013). *Riset kesehatan dasar*. Jakarta: Penulis.
- Kring, A.N., Johnson, S.L., Davidson, G., & Neale, J. (2014). *Abnormal psychology*. Hoboken, NJ: John Wiley & Sons, Inc.
- Maddi, S. R. (2004). Hardiness : an operationalization of existensial courage. *Journal of Humanistic Psychology*, 44(3), 279-298.
- Maddi, S. R. (2013). *Hardiness : turning stressful circumstances into resilient growth*. New York, NY: Springer.
- Maddi, S. R., Kobasa, S. C. (1984). *The hardy executive: Health under stress*. Illinois, IL: Dow Jones-Irwin.
- Marshall, S.K. (2004). Relative contributions of perceived mattering to parents and friends in predicting adolescents' psychological well-being. *Perceptual and Motor Skills*, 99, 591-601. doi: <https://doi.org/10.2466/pms.99.2.591-601>
- Maryam, G. A., Shohre, G. S., & Javad, K. (2013). Effectiveness of hardiness training on anxiety and quality of life of pregnancy women. *Procedia: Social and Behavioral Sciences*, 84, 1785 – 1789.
- Masten, A. S., Monn, A. R., & Supkoff, L. M., (2011). Resilience in children and adolescents. Dalam S. M. Southwick, B. T. Litz., D. Charney, & M. J. Friedman (Eds.), *Resilience and mental health: Challenges across the lifespan* (pp. 103-119). New York, NY: Cambridge University Press.
- Mengungkap tabir di balik bunuh diri kalangan remaja. (2017, 7 Juni). *Kabar Kota*. Diakses dari <https://kabarkota.com/mengungkap-tabir-di-balik-bunuh-diri-kalangan-remaja/>
- Miklowitz, D. J., O'Brien, M. P., & Schlosser, D. A. (2014). Family-focused treatment for adolescents and young adults at high risk for psychosis: results of a randomized trial. *Journal Of The American Academy Of Child & Adolescent Psychiatry*, 53(8), 848-858.

- Miller, T. J., McGlashan, T. H., Rosen, J. L., Somjee, L., Markovich, P. J., Stein, K., ... Woods, S. W. (2002). Prospective diagnosis of the initial prodrome for schizophrenia based on the Structural Interview for Prodromal Syndromes: Preliminary evidence of interrater reliability and predictive validity. *American Journal of Psychiatry*, 159, 863-865. doi: [10.1176/appi.ajp.159.5.863](https://doi.org/10.1176/appi.ajp.159.5.863)
- Morrison, A. P., French, P., & Stewart, S. L. K. (2012). Early detection and intervention evaluation for people at risk of psychosis : multisite randomized controlled trial. *BMJ*, 44, 1-14. doi: <https://doi.org/10.1136/bmj.e2233>
- Mossaheb, N., Becker, J., Schaefer, M. R., Klier, C. M., Schloegelhofer, M., Papageorgiou, K., & Amminger, P. (2012). The community assessment of psychic experience (CAPE) questionnaire as a screening-instrument in the detection of individuals at ultra-high risk for psychosis. *Schizophrenia Research*, 141, 210-214.
- Munauwarah, S. M. (2008). *Tipe kepribadian tangguh, harga diri, dukungan sosial dan resiliensi pada remaja penyintas bencana gempa bumi di Yogyakarta* (Master tesis). Tidak dipublikasikan, Fakultas Psikologi, Universitas Gadjah Mada, Yogyakarta.
- Newman, B. M., Newman, P. R. (2012). *Life-span development a psychosocial approach*. Toronto: Wadsworth Cengage Learning.
- Nezhad, M. A. S., Besharat, M. A., (2010). Relations of resilience and hardiness with sport achievement and mental health in a sample of athletes. *Procedia Social and Behavioral Sciences*, 5, 757-763.
- O'Brien, M. P., Zinberg, J. L., & Ho, L. (2009). Family problem solving interactions and 6-month symptomatic and functional outcomes in youth at ultra-high risk for psychosis and with recent onset psychotic symptoms: A longitudinal study. *Schizophrenia Research*, 107, 198-205.
- Rapado-Castro, M., McGorry, P.D., Yung, A., Calvo, A., & Nelson, B. (2015). Sources of clinical distress in young people at ultra high risk of psychosis. *Schizophrenia Research*, 165, 15-21.
- Reichardt, C. S. (2009). Quasi-experimental design. Dalam R. E. Milsap, A. Maydeu-Olivares (Eds.), *The SAGE Handbook of Quantitative Methods in Psychology* (pp. 46-71). New Delhi: SAGE Publications
- Rice, F. P., Dolgin, K. G. (2008). *The adolescent : Development, relationship, and culture*. Boston, MA: Pearson Education, Inc.

- Salkind, N. J. (2008). *Statistics for people who think they hate statistics: third edition*. Thousand Oaks, CA: Sage Publications, Inc.
- Salsabila, H. (2017). *Pemetaan remaja dengan status mental beresiko gangguan psikosis berdasarkan faktor resiko genetik dan trauma masa lalu di Surabaya* (Skripsi). Tidak dipublikasikan, Fakultas Psikologi, Universitas Airlangga, Surabaya. Abstrak diakses dari <http://repository.unair.ac.id/66022/>
- Santrock, J. W. (2013). *Life-span development*. New York, NY: McGraw-Hill.
- Sartika, R. E. A. (2018, 20 Februari). "Mengganggu" saudara ternyata meningkatkan risiko kelainan psikotik. *Kompas*. Diakses dari <https://sains.kompas.com/read/2018/02/20/100700523/-mengganggu-saudara-ternyata-meningkatkan-risiko-kelainan-psikotik>
- Schmidt, S. J., Schultze-Lutter, S., Schimmelmann, B. G., Maric, N. P., Salokangas, R. K. R., Riecher-Rössler, A., ... Ruhrmann, S. (2015). EPA guidance on the early intervention in clinical high risk states of psychoses. *European Psychiatry*, 30, 388-404.
- Shadish, W. R., Cook, T. D., & Campbell, D. T. (2002). *Experimental and quasi-experimental design for generalized causal inference*. Boston, MA: Houghton Mifflin Company.
- Shi, J., Wang, L., Yao, Y., Chen, F., Su, N., Zhao, X., & Zhan, C. (2016). Protective factors in Chinese university students at clinical high risk for psychosis. *Psychiatry Research*, 239, 239-244.
- Stefanis, N. C., Hanssen, M., Smirnis, M. K., Avramopoulos, D. A., Evdokimidis, I. K., Stefanis, C. N., ... Van Os, J. (2002). Evidence that three dimensions of psychosis have a distribution in general population. *Psychological Medicine*, 32, 347-358.
- Subandi, Swasti, I. K., Marastuti, A., Praptomojati, A., Jaya, E. S., Marchira, C., ... Good, B. (2018, 28-30 Agustus). *Developing school based mental health program to prevent the incidence of psychotic illness in Yogyakarta, Indonesia : A screening phase*. Makalah dipresentasikan di 7th International Public Health Conference, Putrajaya, Malaysia.
- Supratiknya, A. (2011). *Merancang program dan modul psikoedukasi*. Yogyakarta: Penerbit Universitas Sanata Dharma.

- Tessner, K. D., Mittal, V., & Walker, E. F. (2011). Longitudinal study of stressful life events and daily stressors among adolescents at high risk for psychotic disorders. *Schizophrenia Bulletin*, 37(2), 432-441. doi: <https://doi.org/10.1093/schbul/sbp087>
- Tor, J., Dolz, M., Sintés A., Muñoz, D., Pardo, M., de la Serna, E., ... Baeza, I. (2017). Clinical high risk for psychosis in children and adolescents: a systematic review. *European child & Adolescent Psychiatry*, 27, 1-18.
- Quamila, A. (2017, 6 September). Awas remaja pengguna ganja berisiko mengidap skizofrenia. *Hellosehat*. Diakses dari <https://hellosehat.com/hidup-sehat/fakta-unik/pengguna-ganja-risiko-skizofrenia/>
- Vembrianto, S. T. (1981). *Pengantar pengajaran modul*. Yogyakarta: Yayasan Pendidikan Paramita.
- Walker, E. F., Trotman, H. D., Pearce, B. D., Addington, J., Cadenhead, K. S., Cornblatt, B. A., ... Woods, S. W. (2013). Cortisol levels and risk for psychosis: Initial findings from the north american prodrome longitudinal study. *Biological Psychiatry*, 74, 410-417.
- World Health Organization. (2008). *The global burden of disease: 2004 update*. Geneva: Penulis.