



DAFTAR PUSTAKA

- Aiken, L. R. (1985). Three coefficients for analyzing the reliability and validity of ratings. *Educational and Psychological Measurement*, 45, 131 - 142
- Aiken, R. (2008). *Perfectionism and public speaking anxiety: social self-efficacy and proactive coping as mediators*. Thesis. Library and Archives Canada
- Akhtar, H., & Helmi, A.F. (2017). Penyusunan dan identifikasi properti psikometris skala strategi coping akademik pada mahasiswa. *Humanitas*, 14(2), 164 – 175.
- Akinsola, E.F., & Udoka, P.A. (2013). Parental influence on social anxiety in children and adolescents: its assessment and management using psychodrama. *Psychology*, 4(3A), 246 – 253.
- Aldao., Nolen - Hoeksema, S., & Schweizer, A. (2010). Emotion-regulation strategies across psychopathology: A meta-analytic review. *Clinical Psychology Review*, 30(2), 217 – 237.
- Alden, L.E., Auyeung, K.W., & Plasencia, L. (2014). Social anxiety and the self. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 531 – 549). London: Elsevier Inc.
- American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental disorders* (4th ed., text rev.). Washington, DC: American Psychiatric Association.
- American Psychiatric Association. (2000). *Diagnostic and statistical manual of mental disorders* (5th ed.). Washington, DC: American Psychiatric Association.
- Andersson, G., & Hedman, E. (2013). Effectiveness of Guided internet-based cognitive behavior therapy in regular clinical settings. *Verhaltenstherapie online publiziert*, 23, 140 – 148.
- Andersson, G., Cuijpers, P., Carlbring, P., Riper, H., & Hedman, E. (2014). Guided Internet-based vs. Face-to-face cognitive behavior therapy for psychiatric and somatic disorders: a systematic review and meta-analysis. *World Psychiatry*, 13, 288 – 295
- Andrews, G., Creamer, M., Crino, R., Hunt, C., Lampe, L., & Page, A. (2003). *The treatment of anxiety disorders. Clinician guides and patient manuals* (2nd ed.). New York: Cambridge University Press.
- Antony, M.M., & Swinson, R.P. (2008). *Shyness & social anxiety workbook*. Second edition. Canada: New Harbinger Publications, Inc.
- Arbuckle, J.L. (2013). *IBM®SPSS®Amos™ 22 User's Guide*. Amos Development Corporation.



- Arikunto, S. (2010). Prosedur Penelitian: Suatu Pendekatan Praktis. Jakarta: Rineka Cipta
- Asrori, A. (2009). *Terapi kognitif perilaku untuk mengatasi gangguan kecemasan sosial*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.
- Azwar, S. (2016). *Penyusunan skala psikologi*. Edisi II. Cetakan IX. Yogyakarta: Pustaka Pelajar.
- Baltaci, O., & Hamarta, E. (2013). Analyzing the relationship between social anxiety, social support and problem solving approach of university students. *Education and Science*, 167 (38), 226 – 240.
- Baltaci, H.S., & Karatas, Z. (2015). Perceived social support, depression and life satisfaction as the predictor of the resilience of secondary school students: the case of Burdur. *Eurasian Journal of Educational Research*, 60, 111-130.
- Bandelow, B., Torrente, A.C., & Ruter, E. (2005). The role of environmental factors in the etiology of social anxiety disorder. Dalam B. Bandelow & D.J. Stein (Eds.), *Social Anxiety Disorder* (hal.117 – 126). New York: Marcel Dekker, Inc.
- Bandura, A. (1977). Self-efficacy: toward a unifying theory of behavioral change. *Psychological Review*, 84 (2), 191-215.
- Bandura, A. (1986). *Social foundations of thought and action: A social cognitive theory*. New York: Prentice-Hall.
- Bandura, A. (2002). Social cognitive theory in cultural context. *Applied Psychology: An international review*, 51(2), 269 – 290.
- Bandura, A. (2009). Exercise of personal and collective efficacy in changing societies. Dalam A. Bandura (Ed.), *Self-efficacy in changing societies* (hal. 1 – 45). New York: Cambridge University Press.
- Baron, R.M., & Kenny, D.A. (1986). The moderator-mediator variable distinction in social psychological research: conceptual, strategic, and statistical considerations. *Journal of Personality and Social Psychology*, 51(6), 1173 – 1182.
- Beals, K.P., Peplau, L.A., & Gable, S.L. (2009). Stigma management and well-being: the role of perceived social support, emotional processing, and suppression. *Personality and Social Psychology Bulletin*, 35(7), 867 – 879.
- Beck, A.T. (1979). *Cognitive therapy and the emotional disorders*. New York : Penguin Books.
- Bedard, K., Bouffard, T., & Pansu, P. (2014). The risks for adolescents of negatively biased self-evaluations of social competence: The mediating role of social support. *Journal of Adolescence*, 37, 787 – 798.



- Bella, T.T., & Omigbodun, O.O. (2009). Social phobia in Nigerian University students: prevalence, correlates and co-morbidity. *Social Psychiatry*, 44(6), 458-463
- Biyani, P., Caragea, C., Mitra, P., & Yen, J. (2014). *Identifying emotional and informational support in online health communities*. Proceedings. The 25th International Conference on Computational Linguistics, Dublin, 827 – 836.
- Boettcher, J., Andersson, G., & Carlbring, P. (2013). Combining attention training with cognitive-behavior therapy in Internet-based self help for social anxiety : study protocol for a randomized controlled trial. *Trials Open Access Journal*, 14 (68), 1 – 8.
- Brausch, A.M., & Decker, K.M. (2014). Self-esteem and social support as moderators of depression, body image, and disordered eating for suicidal ideation in adolescents. *Journal Abnormal Child Psychology*, 42, 779 – 789.
- Breen, W.E., & Kashdan, T.B. (2011). Anger suppression after imagined rejection among individuals with social anxiety. *Journal of Anxiety Disorders*, 25, 879 – 887.
- Brockveld, K.C., Perini, S.J., & Rapee, R.M. (2014). Social anxiety and social anxiety disorder across cultures. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 3 – 26). London: Elsevier Inc.
- Brook, C.A., & Schmidt, L.A. (2008). Social anxiety disorder: A review of environmental risk factors. *Neuropsychiatric Disease and Treatment*, 4(1), 123 – 143.
- Brown, E.J., Turovsky, J., Heimberg, R.G., Juster, H.R., Brown, T.A., & Barlow, D.H. (1993). Validation of the social Interaction anxiety scale and the social phobia scale across the anxiety disorders. *Psychological Assessment*, 9(1), 21-27.
- Bruhl, A.B., Herwig, U., Delsignore, A., Jancke, L., & Rufer, M. (2012). General emotion processing in social anxiety disorder: neural issues of cognitive control. *Psychiatry Research: Neuroimaging*. Article in press.
- Buntaran, F.A.A., & Helmi, A.F. (2015). Peran kepercayaan interpersonal remaja yang kesepian dalam memoderasi pengungkapan diri pada media jejaring sosial *online*. *Gadjah Mada Journal of Psychology*, 1(2), 106 – 119.
- Busch, F.N., & Milrod, B.I. (2005). Psychodynamic theory and treatment of social anxiety disorder. Dalam B. Bandelow, & D.J. Stein (Eds.), *Social anxiety disorder* (hal. 221 – 233). New York: Marcel Dekker.



- Buckner, J.D., Heimberg, R.G., Ecker, A.H., & Vinci, C. (2013). A biopsychosocial model of social anxiety and substance use. *Depression and Anxiety*, 30, 276 – 284.
- Butler, E. G. (1999). *Overcoming social anxiety and shyness*. London: Constable & Robinson Ltd.
- Butler, E.G., Lee, T.L., & Gross, J.J. (2007). Emotion regulation and culture: Are the social consequences of emotion suppression culture-specific?. *Emotion*, 7(1), 30 – 48.
- Byrne, B.M. (2010). *Structural equation modeling with AMOS. Basic concepts, applications, and programming. Second edition*. New York: Routledge Taylor & Francis Group.
- Cabalo, V.e., Salazar, I.C., Irurtia, M.J., Arias, B., & Hofmann, S.G., & CISO-A Research Team. (2012). The multidimensional nature and multicultur validity of a new measure of social anxiety: The Social Anxiety Questionnaire for Adults. *Behavior Therapy*, 43, 313 – 328.
- Cairney, J., McCabe, L., Veldhuizen, S., Corna, L.M., Streiner, D., & Herrmann, N. (2007). Epidemiology of social phobia in later life. *American Journal of Geriatric Psychiatry*, 15, 224 – 233.
- Campbel-Sills, L., Barlow, D.H., Brown, T. A., & Hofmann, S.G. (2006). Effects of suppression and acceptance on emotional responses of individuals with anxiety and mood disorders. *Behavior Research and Therapy*, 44, 1251 – 1263.
- Campbell-Sills, L., Ellard, K.K., & Barlow, D.H. (2014). Emotion regulation in anfieity disorders. Dalam J.J. Gross (Ed.), *Handbook of emotion regulation* (2nd ed.) (hal. 393 – 412). New York: The Guilford Press.
- Cavanaugh, A.M., & Buehler, C. (2016). Adolescent loneliness and social anxiety: the role of multiple sources of support. *Journal of Social and Personal Relationship*, 33(2), 149 – 170.
- Chang, E.C., Chang, O.D., Martos, T., Sallay, V; Lee, J; Stam, K.R. ...Yu, T. (2017). Family support as a moderator of the relationship between loneliness and suicide risk in college student: Having a supportive family matters. *The Family Journal: Counseling and Therapy for Couples and Families*, 25(3), 257 – 263. doi: 10.1177/1066480717711102.
- Chang, W.C., Osman, M.M.B., Tong, E.M.W., & Tan, D. (2011). Self-construal and subjective wellbeing in two ethnics communities in Singapore. *Psychology*, 2(2), 63-70. doi: 10.4236/psych.2011.22011
- Chin, T., & Rickard, N.S. (2014). Emotion regulation strategy mediates both positive and negative relationships between music uses and well-being. *Psychology of Music*, 42(5), 692 – 713.
- Chiu, S-I. (2014). The relationship between life stress and smartphone addiction on Taiwanese University student: a mediation model of learning self-efficacy and social self-efficacy. *Computers in Human Behavior*, 34, 49 – 57.



- Christopher, M.S., Norris, P., D'Souza, J.B., Tiernan, K.A. (2012). A test of the mutidimensionality of the self-construal scale in Thailand and the United States. *Journal of Cross-Cultural Psychology*, 43(5), 758 – 773.
- Clark, D.M., & Wells, A.(1997). Social phobia: a cognitive approach. Dalam G.C.L Davey, (Ed.), *Phobias. A handbook of theory, research and treatment* (hal. 3 – 23). England: John Willey & Sons, Ltd.
- Cohen, S. (2004). Social relationship and health. *American Psychologist*, 676 – 684.
- Cohen, S., Gottlieb, B.H., & Underwood, L.G. (2000). Social relationship and health. Dalam S. Cohen, B.H. Gottlieb, & L.G. Underwood, (Eds.), *Social support measurement and intervention* (hal. 3 – 28). New York: Oxford University Press.
- Cousins, C., Servaty-Seib, H.L., & Lockman, J. (2017). College student adjustment and coping: Bereaved and Nonbereaved students. *OMEGA-Journal of Death and Dying*, 74(4), 386 – 409. doi: 10.1177/0030222815598911.
- Creswell, J.W. (2009). Research design. *Qualitative, quantitative, and mixed methods approaches*. Third edition. California: SAGE Publications, Inc.
- Crozier, W.R., & Alden, L.E. (2005). Construct of social anxiety. Dalam W.R. Crozier & L.E. Alden (Eds.), *The essential handbook of social anxiety for clinicians* (hal. 1 – 26). England: John Wiley & Sons Ltd.
- Dalrymple, K.L., & Zimmerman, M. (2013). When does benign shyness become social anxiety, a treatable disorder?. *Current Psychiatry*, 12(11), 21 – 38.
- Daulay, N. (2018). *Model stres pengasuhan pada ibu yang memiliki anak dengan gangguan spektrum autis*. (Disertasi tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.
- D'Avanzato, C., Joormann, J., Siemer, M., & Gotlib, I.H. (2013). Emotion regulation in depression and social anxiety: examining diagnostic specificity and stability of strategy use. *Cognitive Therapy and Research*, 37(5), 968 – 980.
- De Carvalho, M.J.S. (2015). Clarifying the role of social support in the relationship between stressors and strains at work: the effect of self-construal. *Master's Theses and Graduate Research*. Paper 4581. San Jose State University Scholar Works.
- De Leersnyder, J., Boiger, M., & Mesquita, B. (2013). Cultural regulation of emotion: individual, realtional, and structural sources. *Frontiers in Psychology*, 4 (55), 1 – 11.
- Demirtepe-Saygili, D., & Bozo, O. (2011). Perceived social support as a moderator of the relationship between caregiver well-being indicators and psychological symptoms. *Journal of Health Psychology*, 16(7), 1091-1100.



- Denson, T.F., Creswell, J.D., Terides, M.D., & Blundell, K. (2014). Cognitive reappraisal increases neuroendocrine reactivity to acute social stress and physical pain. *Psychoneuroendocrinology*, 49, 69 – 78.
- Departemen Kesehatan Republik Indonesia. (1993). Pedoman Penggolongan Diagnosis Gangguan Jiwa di Indonesia (PPDGJ-III). Cetakan pertama. Jakarta: Direktorat Jenderal Pelayanan Medik.
- Detweiler, M.F., Comer, J.S., Crum, K.I., & Albano, A.M. (2014). Social anxiety in children and adolescents: biological, developmental, and social consideration. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 253 – 309). London: Elsevier Inc.
- Di Blasi, M., Cavani, P., Pavia, L., & Shimmenti, A. (2015). The relationship between self-image and social anxiety in adolescence. *Child and Adolescent Mental Health*, 20(2), 74 – 80.
- Dokhi, M., Siagian, T.H., Sukim, Wulansari, I.Y., Hadi, D.W., & Sambodo, N. (2016). *Analisis kearifan lokal ditinjau dari keragaman budaya*. Pusat Data dan Statistik Pendidikan dan Kebudayaan. Kementrian Pendidikan dan Kebudayaan Republik Indonesia.
- Dowd, S. (2013). *The relationship between self-perception and external factors: Self-efficacy and self-construal*. Thesis. Baruch College of the City University of New York.
- Duana, D.A. (2013). *Cognitive behavioral therapy in group untuk kecemasan sosial pada remaja puteri dengan obesitas*. (Tesis tidak dipublikasikan). Fakultas psikologi Universitas Gadjah Mada, Yogyakarta.
- Ebrahim, M. (2008). Self-efficacy and social phobia: evaluation of Bandura's social cognitive model. *Psychological Studies*, 4(3), 115 – 127.
- Eng, J.S. (2012). Emotion regulation and culture: The effects of cultural models of self on Western and East Asian Differences in suppression and reappraisal. *UC Berkeley Electronic Thesis and Dissertations*.
- Essau, C.A., Leung, P.W., Conradt, J., Cheng, H., & Wong, T. (2008). Anxiety symptoms in Chinese and German adolescents: Their relationship with early learning experiences, perfectionism, and learning motivation. *Depression and Anxiety*, 25 (9), 801 – 810.
- Fairchild, A.J., & MacKinnon, D.P. (2009). A general model for testing mediation and moderation effects. NIH Public Access, 10(2), 87 – 99. doi: 10.1007/s11121-008-0109-6.
- Farmer, A.S., & Kashdan, T.B. (2012). Social anxiety and emotion regulation in daily life: spillover effects on positive and negative social events. *Cognitive Behaviour Therapy*, 41(2), 152 – 162. doi: 10.1080/16506073.2012.666561
- Faturochman. (2001). Revitalisasi peran keluarga. *Buletin Psikologi*, IX(2), 39 – 47.



- Federici, R.A., & Skaalvik, E.M. (2014). Students' perceptions of emotional and instrumental teacher support : relations with motivational and emotional responses. *International Education Studies*, 7(1), 21 – 36.
- Feist, J., & Feist, G.J. (2013). *Teori kepribadian*. (Terj. Sjahputri, S.P.). Jakarta: Salemba Humanika
- Feldman, R.S. (2011). *Understanding psychology*. (10th ed.) New York: McGraw-Hill.
- Fetriyah, U.H. (2014). *Hubungan dukungan sosial dengan kecemasan pada ibu yang merawat anak dengan kanker di RSUP Dr. Sardjito Yogyakarta*. (Tesis tidak dipublikasikan). Fakultas Kedokteran, Program Studi Keperawatan Universitas Gadjah Mada, Yogyakarta.
- Fitzgerald, N. (2012). The relationship between self-efficacy, social anxiety, personality types and strong anxious reactionism in a non-clinical sample of undergraduate students. Dublin Business School. Retrieved May 20, 2014, from DBS eSource.
- Fitzsimmons, E.E., & Bardone-Cone, A.M. (2012). Coping and social support as potential moderators of the relation between anxiety and eating disorder symptomatology. (2011). *Eating Behaviors*, 12, 21 – 28.
- Flett, G.L., & Hewitt, P.L. (2014). Perfectionism and perfectionistic self-presentation in social anxiety. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 159 – 187). London: Elsevier Inc.
- Fresco, D.M., Coles, M.E., Heimberg, R.G., Liebowitz, M.R., Hami, S., Stein, M.B., & Goetz, D. (2001). The Liebowitz Social Anxiety Scale: A comparison of psychometric properties of self-report and clinician-administered formats. *Psychological Medicine*, 31, 1025 – 1035.
- Gable, R.K., & Wolf, M.B. (1993). *Instrument development in the affective domain*. Measuring attitudes and values in corporate and school setting. 2nd edition. New York: Springer Science + Business Media.
- Gaebler, M., Daniels, J.K., Lamke, J.-P., Fydrich, T., Walter, H. (2014). *Journal Psychiatry Neuroscience*, 39, 249 – 258.
- Gayathri, N., & Karthikeyan, P. (2016). The role of self-efficacy and social support in improving life satisfaction. *Zeitschrift für Psychologie*, 224, 25 – 33. doi: 10.1027/2151-2604/a000235.
- Goldin, P.R., Morisson, A.S., Jazaieri, H., Heimberg, R.G., & Gross, J.J. (2017). Trajectories of social anxiety, cognitive reappraisal, and mindfulness during an RCT of CBGT versus MBSR for social anxiety disorder. *Behavior Research Therapy*, 97, 1 – 13. doi: 10.1016/j.brat.2017.06.001.
- Goldin, P.R., Ziv, M., Jazaieri, H., Hahn, K., Heimberg, R.G., & Gross, J.J. (2013). Impact of cognitive-behavioral therapy for social anxiety disorder



on the neural dynamics of cognitive reappraisal of negative self-beliefs.
JAMA Psychiatry, 70(10), 1048 – 1056.
doi:10.1001/jamapsychiatry.2013.234

Goldin, P.R., Ziv, M., Jazaieri, H., Werner, K., Kraemer, H., Heimberg, R.G., & Gross, J.J. (2012). Cognitive reappraisal self-efficacy mediates the effects of individual cognitive-behavioral therapy for social anxiety disorder. *Journal of Consulting and Clinical Psychology*, 80 (6), 1034-1040.

Goldin, P.R., Jazaieri, H., & Gross, J.J. (2014). Emotion regulation in social anxiety disorder. Dalam S.G. Hofman & P.M. DiBartolo (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 511 – 529). London: Elsevier Inc.

Gross, J.J., & John, O.P. (2003). Individual differences in two emotion regulation process: Implications for affect, relationship, and well-being. *Journal of Personality and Social Psychology*, 85, 348 – 362.

Gross, J.J. (2014). Emotion regulation: conceptual and empirical foundations. Dalam J.J. Gross (Ed.), *Handbook of emotion regulation* (2nd ed.) (hal. 3 – 20). New York: The Guilford Press.

Guler, D., & Chris, A. (2013). Vicarious learning and unlearning of fear in childhood via mother and strangers models. *Emotion*, 13, 974-980

Hadi, S. (2004). *Statistik jilid 2*. Yogyakarta: Andi Offset.

Hair Jr, J.F., Black, W.C., Babin, B.J., & Anderson, R.E. (2010). *Multivariate data analysis. Seventh edition*. London: Pearson Prentice Hall.

Halgin, R.P., & Whitbourne, S.K. (2010). *Psikologi abnormal. Perspektif klinis pada gangguan psikologis*. (Terj. Tusuiani, A., Sembiring, L.S., Gayatri, P.G., & Sofyan, P.N.). Jakarta: Salemba Humanika.

Hapsari, M.I. (2007). *Efektivitas pelatihan keterampilan sosial pada remaja dengan kecemasan sosial*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.

Hasanat, N.U. (2015). *Manajemen diri diabetes: analisis kuantitatif faktor-faktor psikososial pada pasien diabetes melitus tipe II*. (Disertasi tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.

Hasibuan, E.P.N., Srisayekti, W., & Moeliono, M.F. (2015). Gambaran kecemasan sosial berdasarkan Liebowitz Social Anxiety Scale (LSAS) pada remaja akhir di Bandung. *Jurnal Publikasi Berkala Penelitian Pascasarjana Universitas Padjajaran*, 1 – 10.

Hayes, A.F. (2018). Partial, conditional, and moderated moderated mediation: Quantification, inference, and interpretation. *Communication Monographs*, 85(1), 4 – 40. doi: 10.1080/03637751.2017.1352100

Heimberg, R. G., Brozovich, F.A., & Rapee, R.M. (2014). A cognitive-behavioral model of social anxiety disorder. Dalam S.G. Hofman & P.M. DiBartolo



(Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal.705 – 728). London: Elsevier Inc.

Heimberg, R.G., Hofmann, S.G., Liebowitz, M.R., Schneier, F.R., Smits, J.A.J., Stein, M.B. ...Craske, M.G. (2014). *Depression and Anxiety*, 31, 472- 479.

Heiser, N.A., Turner, S.M., Beidel, D.C., & Roberson-Nay, R. (2009). Differentiating social phobia from shyness. *Journal of Anxiety Disorders*, 23(4), 469 – 476.

Henderson, L., Gilbert, P., & Zimbardo, P. (2014). Shyness, social anxiety, and social anxiety disorder. Dalam S.G. Hofman & P.M. DiBartolo (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal.95 – 115). London: Elsevier Inc.

Heinrichs, N., Rapee, R.M., Alden, L.A., Bogels, S., Hofmann, S.G., Oh, K.J., & Sakano, Y. (2006). Cultural differences in perceived social norms and social anxiety. *Behavior Research and Therapy*, 44, 1187 – 1197.

Heintzelman, S.J., & Bacon, P.L. (2015). Relational self-construal moderates the effect of social support on life satisfaction. *Personality and Individual Differences*, 73, 72 – 77.

Herbert, J.D., Brandsma, L.L., & Fischer, L. (2014). Assesment of social anxiety and its clinical expression. Dalam S.G. Hofman & P.M. DiBartolo (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 45 – 94). London: Elsevier Inc.

Hesler, K. (2015). Perfectionism, social support, and social anxiety in college students. *The Proceedings of GREAT Day* : 21-34.

Ho. L.Y.,& Lau, A.S. (2011). Do self-report measures of social anxiety reflect cultural bias or real difficulties for asian american college students?. *Cultural Diversity and Ethnic Minority Psychology*. 17 (1), 52 – 58

Hofmann, S.G., Asnaani, A., & Hinton, D.E. (2010). Cultural aspects in social anxiety and social anxiety disorder. *Depression and Anxiety*, 27 (12), 1117 – 1127.

Hofstede, G. (2011). Dimensionalizing Cultures: The Hofstede model in context. *Online Readings in Psychology and Culture*, 2(1). <http://dx.doi.org/10.9707/2307-0919.1014>.

Holmstrom, A.J., & Kim, S.-Y.(2015). The mediating role of cognitive reattribution and reappraisal in the esteem support process. *Communication Research*, 42(1), 60 – 68.

Hong, J.J., & Woody, S.R. (2007). Cultural mediators of self-reported social anxiety. *Behavior Research and Therapy*, 45(8), 1779 – 1789.

Ho, D.Y.F. (1991). Relational orientation and methodological individualism. *Bulletin of the Hong Kong Psychological Society*, Nos 26/27, 81 – 95.



- Ho, D. Y.F. (1998). Interpersonal relationship and relationship dominance: An analysis based on methodological relationism. *Asian Journal of Social Psychology*, 1(1), 1 – 16.
- Hook, J.N., Worthington Jr. E.L., Utsey, S.O., Davis, D.E., & Burnette, J.L. (2012). Collectivistic self-construal and forgiveness. *Counseling and Values*, 57, 109 – 124.
- Hsu, L., Woody, S.R., Lee, H.-J., Peng, Y., Zhou, X., & Ryder, A.G. (2012). Social anxiety among East Asians in North America: East Asian socialization or the challenge of acculturation?. *Cultural Diversity and Ethnic Minority Psychology*, 18 (2), 181 – 191.
- Huber, R.S., Sifers, S.K., Houlihan, D., & Youngblom, R. (2012). Teacher support as a moderator of behavioral outcomes for youth exposed to stressful life events. *Education Research International*, 2012, 1–10. doi: 10.1155/2012/130626.
- Hwang, K-K (2006). Constructive realism and confucian relationalism. Dalam U. Kim., K-S Yang., & K-K Hwang (Eds), *Indigenous and Cultural Psychology* (hal. 73 – 108). New York: Springer Science.
- Iancu, I., Bodner, E., Ben-Zion, I.Z. (2015). Self esteem, dependency, self-efficacy and self-criticism ini social anxiety disorder. *Comprehensive Psychiatry*, 58, 165 – 171.
- Jasper, F., & Witthoft, M. (2013). Automatic evaluative process in health anxiety and their relations to emotion regulation. *Cognitive Therapy and Research*, 37, 521-533.
- Kagitcibasi, G. (2005). Autonomy and relatedness in cultural context. Implications for self and family. *Journal of Cross-cultural Psychology*, 36 (4), 403 – 422.
- Kam, C., Zhou, X., Zhang, X., & Ho, M.Y. (2012). Examining the dimensionality of self-construals and individualistic-collectivistic values with random intercept item factor analysis. *Personality and Individual Differences*, 53, 727 – 733.
- Karazsia, B.T., Berlin, K.S., Armstrong, B., Janicke, D.M., & Darling, K.E. (2013). *Journal of Pediatric Psychology*, 39(2), 163 – 173. doi: 10.1093/jpepsy/jst08
- Kasdan, T.N., & Roberts, J.e. (2004). Social anxiety's impact on affect, curiosity, and social self-efficacy during a high self-focus social threat situation. *Cognitive Therapy and Research*, 28 (1), 119 – 141.
- Kashdan, T.B., & Rottenberg, J. (2010). Psychological flexibility as a fundamental aspect of health. *Clinical Psychological Review*, 30(7), 865 – 878.
- Kashdan, T.B., Farmer, A.S., Adams, L.M., Ferssizidis, P., McKnight, P.E., & Nezlek, J.B. (2013). Distinguishing healthy adults from people with social



anxiety disorder: evidence for the value of experiential avoidance and positive emotions in everyday social interactions. *Journal of Abnormal Psychology*, 122(3), 645 – 655.

Khaerani, A.C. (2015). *Peran persepsi dukungan sosial dan religiusitas terhadap kesejahteraan psikologis pasien paraplegia*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.

Kilber, J., Barclay, A., & Ohmer, D. (2014). Seven tips for managing generation Y. *Journal of Management Policy and Practice*, 15(4), 80 – 91.

Kiuchi, A. (2006). Independent and interdependent self-construals: Remifications for a multicultural society. *Japanese Psychological Reserach*, 48(1), 1 -16.

Kline, R.B. (2011). *Principles and practice of structural equation modeling. Third edition*. New York: The Guilford Press.

Koentjaraningrat.(2009). *Pengantar ilmu antropologi*. Jakarta: Rineka Cipta

Kononovas, K., & Dallas,T. (2009). A cross cultural comparisson of perceived stress and self-efficacy across Japanesse, U.S. and Lithuanian students. *Psychologija*, 39, 59 – 70.

Koydemir, S., Simsek, O.F., Schutz, A., & Tipandjan, A. (2013). Differences in how trait emotional intelligence predicts life satisfaction: the role of affect balance versus social support in India and Germany. *Journal of Happiness Studies*, 14(1), 51 – 66.

Kreifelts, B., Bruck, C., Ritter, J., Ethofer, T., Domin, M., Lotze, M., ...Wildgruber, L. (2014). The are laughing at me: cerebral mediation of cognitive biases in social anxiety. *PloS ONE*, 9(6), 1 – 10. doi: 10.1371/journal.phone.0099815.

Kuckertz, J. M., & Amir, N. (2014). Cognitive biases in social anxiety disorder. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 483 – 510). LONDON: Elsevier Inc.

Kupper, N., & Denollet, J. (2013). Type D personality is associated with social anxiety in the general population. *International Journal Behavior Medicine*, 21, 496 – 505.

Larsen. R.J., & Buss, D.M. (2010). *Personality psychology*. (4th ed.) New York: Mc Graw Hill.

Leary, M.R., & Kowalski, R.M. (1993). The interaction anxiousness scale : Construct and criterion-related validity. *Journal of Personality Assesment*, 61(1), 136 – 146.

Leary, M.R., & Jongman-Sereno, K.P. (2014). Social anxiety as an early warning system: a refinement and extension of the self-presentation theory of social anxiety. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social*



- anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 579 – 597). London: Elsevier Inc.
- Lee, M.R., Okazaki, S., & Yoo, H.C. (2006). Frequency and intensity of social anxiety in Asian Americans and European Americans. *Cultural Diversity and Ethnic Minority Psychology*, 12(2), 291 – 305.
- Lee, J.J.Y., & Jeyaraj, S. (2014). Effects of self-construal differences of cognitive dissonance examined by priming the independent and interdependent self. *SAGE Open*, January-March, 1 – 9. doi: 10.1177/2158244014521434.
- Levinson, C.A., Langer, J.K., & Rodebaugh, T.L. (2011). Self-construal and social anxiety: Considering personality. *Personality and Individual Differences*, 51(3), 355 – 359.
- Levpuscek, M.P. & Berce, J. (2012). Social anxiety, social acceptance and academic self-perceptions in high-school students. *Drus. Istraz. Zagreb God*, 2 (116), 405 – 419
- Lewis-Morarity, E., Degnan, K.A., Chronis-Tuscano, A., Rubin, K.H., Cheah, C.S.L., Pine, D.S., ...Fox. N.A. (2012). Maternal over-control moderates the association between early childhood behavioral inhibition and adolescent social anxiety symptoms. *Journal Abnormal Child Psychology*, 1 – 11. doi: 10.1007/s10802-012-9663-2
- Li, F., Harmer, P., Duncan, T.E., Duncan, S.C., Acock, A., & Boles, S. (1998). Approaches to testing interaction effects using structural equation modeling methodology. *Multivariate Behavioral Research*, 33(1), 1 – 39.
- Lim, L. (2013). Taijin-Kyofu-Sho: A subtype of social anxiety. *Open Journal of Psychiatry*, 3, 393 – 398.
- Lindemann, C. (1994). Phobias. Dalam B.B. Wolman & B. Sricker (Eds.), *Anxiety and Related Disorders. A Handbook* (hal. 161 – 193). New York: John Wiley & Sons.
- Little, T.D., Bovaird, J.A., & Widaman, K.F. (2006). On the merits of orthogonalizing powered and product terms: Implications for modeling interactions among latent variables. *Structural Equation Modeling*, 13(4), 497 – 519.
- Machado-de-SoLondon, J.P., Osorio, F. de L., Jackowski, A.P., Bressan, R.A., Chagas, M.H.N., Torro-Alves, N., ...Hallak, J.E.C. (2014). Increased amygdalar and hippocampal volumes in young adults with social anxiety. *PLoS ONE* 9(2), 1 – 5. doi: 10.1371/journal.phone.0088523.
- Mak, W.W.S., Law, R.W., & Teng, Y. (2011). Cultural model of vulnerability to distress: The role of self-construal and sociotropy on anxiety and depression among Asian Americans and European Americans. *Journal of Cross-Cultural Psychology*, 42(1), 75 – 88.



- Maini, K. (2010). The influence of self-presentational efficacy on men's social anxiety in the weight room. *Electronic Theses and Dissertations, Paper 265*. University of Windsor.
- Mansson, K.N.T., Frick, A., Boraxbekk, C-J., Marquand, A.F., Williams, S.C.R., Carlbring, P., Andersson, G., & Furmark, T. (2015). Predicting long-term outcome of Internet-delivered cognitive behavior therapy for social anxiety disorder using fMRI and support vector machine learning. *Translational Psychiatry*, 5, 1 – 7.
- Markus, H.R., & Kitayama, S. (1991). Culture and the self: Implications for cognition, emotion, and motivation. *Psychological Review*, 98 (2), 224 – 253.
- Markus, H.R., & Kitayama, S. (2010). Culture and selves: A cycle of mutual constitution. *Perspectives on Psychological Science* , 5 (4), 420– 430.
- Maruyama, G.M. (1998). *Basics of structural equation modeling*. California: SAGE Publications, Inc.
- Matsumoto, D. (1999). Culture and self: An empirical assesment of Markus and Kitayama's theory of independent and interdependent self-construals. *Asian Journal of Social Psychology*, 2, 289 – 310.
- Matsumoto, D. (2006). Are cultural differences in emotion regulation mediated by personality traits?. *Journal of Cross Cultural Psychology*, 37(4), 421 – 437.
- Matsumoto, D., Yoo, S.H., Nakagawa, S., 37 Members of Multinational Study of Cultural Display Rules. (2008). Culture, emotion regulation, and adjustment. *Journal of Personality and Social Psychology*, 94(6), 925 – 937.
- Matsumoto, D., & Juang, L. (2013). Culture, self, and identity. *Culture & Psychology*. 5th edition. California: Wadsworth, Cengage Leraning.
- McNeil, D.W., & Randall, C.L. (2014). Conceptualizing and describing social anxiety and its disorders. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 3 – 26). London: Elsevier Inc.
- McNeil, D.W., Randall, C.L., Lejuez, C.W., & Sorrell, J.T. (2014). Mechanisms of learning and behavior change in social anxiety disorder. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 451 – 481). London: Elsevier Inc.
- Menezes, S.de., & Vance, A. (2013). Social phobia in children – risk and resilience factors. *Australian Medical Student Journal*, 4(2), 66 – 69.



- Mesa, F., Beidel, D.C., & Bunnel, B.E. (2014). An examination of psychopathology and daily impairment in adolescents with social anxiety disorder. *PloS One* 9(4): e93668. doi:10.1371/journal.pone.0093668
- Mesquita, B., Leersnyder, J.D., & Albert, D. (2014). The cultural regulation of emotions. Dalam J.J. Gross (Ed.), *Handbook of emotion regulation* (2nd ed.) (hal. 284 – 301). New York: The Guilford Press.
- Mewton, L., Smith, J., Rossouw, P., & Andrews, G. (2014). Current perspectives on Internet – delivered cognitive behavioral therapy for adults with anxiety and related disorders. *Psychological Research and Behavior Management*, 7, 37 – 46.
- Miltenberger, R.G. (2008). *Behavior modification. Principles and procedures*. Fourth edition. California: Thomson Wadsworth.
- Min, J.-A., Yu, J.J., Lee, C.-U., Chae, J.-H. (2013). Cognitive emotion regulation strategies contributing to resilience in patients with depression and/or anxiety disorders. *Comprehensive Psychiatry*, 54, 1190 – 1197.
- Miyamoto, Y., & Ma, X. (2013). Dampening or savoring positive emotions: a dialectical cultural script guides emotion regulation. *Emotion*, 1 – 46. doi: 10.1037/a0025135.
- Moradi, A., Renani, F.G., Kajbaf, M.B., & Neshat-Doost, T.H. (2012). The effect of self-efficacy group training on the increase self-efficacy for social situations and decrease social phobia in female colleges of Isfahan University. *International Journal of Advances in Psychology*, (1), 10-17.
- Moscovitch, D.A., Hofmann, S.G., & Litz, B.T. (2005). The impact of self-construals on social anxiety: a gender-specific interaction. *Personality and Individual Differences*, 38, 659 – 672.
- Moss, S. (2016). Self-construal. *SICOTEST*.
- Mukhlis, A. (2011). *Pengaruh terapi membatik terhadap tingkat depresi dan kecemasan sosial pada narapidana*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.
- Muris, P. (2002). Relationship between self-efficacy and symptoms of anxiety disorders and depression in a normal adolescent sample. *Personality and Individual Differences*, 32(2), 337 – 348.
- Ndoily, L.J.P., Pratiwi, A., & Nurwanti, R. (t.t.). *Hubungan antara harga diri dan kecemasan sosial pada remaja perempuan korban bullying*. Skripsi. Program Studi Psikologi, Fakultas Ilmu Sosial dan Ilmu Politik, Universitas Brawijaya.
- Nelemans, S.A., Meeus, W.H.J., Branje, S.J.T., Leeuwen, K.V., Colpin, H., Verschueren, K., & Goossens, L. (2017). Social anxiety for adolescents (SAS-A) short form: Longitudinal measurement invariance in two



- community samples of youth. *Assesment*, 1-14. doi: 10.1177/1073191116685808. journal.sagepub.com/home/ass/
- Nevid, J.S., Rathus, S.A., & Greene, B. (2007). *Psikologi abnormal*. Edisi kelima. Jilid 1. Jakarta: Erlangga
- Norasakkunkit, V., Kitayama, S., & Uchida, Y. (2013). Social anxiety and holistic cognition: self-focused social anxiety in the united states and other-focused social anxiety in Japan. *Journal of Cross-Cultural Psychology*, 43 (5), 742 – 757.
- Nordstrom, A.H., Goguen, L.M.S., & Hiester, M. (2014). The effect of social anxiety and self-esteem on college adjustment, academics, and retention. *Journal of College Counseling*, (17), 48 – 63.
- Nurani, S.P. (2010). *Pelatihan keterampilan sosial untuk menurunkan kecemasan sosial pada penyandang cacat tubuh*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.
- Oh, A., Han, M., Choi, Y., Lau, S., & Shum, MSW. Exploring relationship among child maltreatment experience in childhood and behavior problems as young adults: Role of social support among college students in Hong Kong. (2018). *International Social Work*, 1 – 14. doi: 10.1177/0020872818762718.
- Okazaki, S. (1997). Sources of ethnic differences between Asian American and white American college students on measures of depression and social anxiety. *Journal of Abnormal Psychology*, 106(1), 52 – 60.
- Onyeizugbo, E.U. (2010). Self-efficacy, gender and trait anxiety as moderator s of test anxiety. *Electronic Journal of Research in Educational Psychology*, 8(1), 299 – 312.
- Oettingen, G. (2009). Cross-cultural perspectives on self-efficacy. Dalam A. Bandura (Ed.), *Self-efficacy in changing societies* (hal. 149 – 176).
- Owe, E., & Vignoles, V.L. (dalam penerbitan). *Culture and self-construal: clarifying the differences*.
- Oyserman, D., Coon, H.M., & Kemmelmeier, M. (2002). Rethinking individualism and collectivism: evaluation of theoretical assumptions and meta-analyses. *Psychological Bulletin*, 128(1), 3 - 72.
- Panayiotou, G. (2014). Maternal neurotisme predicts social anxiety in Cypriot youth : the mediating role of child personality and anxiety sensitivity. *International Journal of Adolescence and Youth*.



- Panayiotou, G., Karekla, M., & Panayiotou, M. (2014). Direct and indirect predictors of social anxiety: the role of anxiety sensitivity, behavior inhibition, experiential avoidance and self-consciousness. *Comprehensive Psychiatry*, 55, 1875 – 1882.
- Park, I.J.K., Sulaiman, C., Schwartz, S.J., Kim, S.Y., Ham, L.S., Zamboanga, B.L. (2011). Self-construal and social anxiety among Asian American college students: Testing emotion suppression as a mediator. *Asian American Journal of Psychology*, 2(1), 39 – 50.
- Phan, K.L., & Klumpp, H. (2014). Neuroendocrinology and neuroimaging studies of social anxiety disorders. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 333 – 376). London: Elsevier Inc.
- Pierce, G.R., Sarason, B.R., Sarason, I.G., Joseph, H.J., & Henderson, C.A. (1996). Conceptualizing and assessing social support in the context of the family. Dalam R. Pierce, B.R. Sarason, & I.G. Sarason, (Eds.), *Handbook of social support and the family* (hal. 3 – 24). New York: Springer.
- Pina, A.A., Little, M., Wynee, H., & Beidel, D.C. Assessing social anxiety in african american youth using the social phobia and anxiety inventory for children. (2014). *Journal Abnormal Child Psychology*, 42, 311 – 320.
- Pramitasari, S., & Ariana, A.D. (2014). Hubungan antara konsep diri fisik dan kecenderungan kecemasan sosial pada remaja awal. *Jurnal Psikologi Klinis dan Kesehatan Mental*, 3(1), 48 – 53.
- Preacher, K.J., & Hayes, A.F. (2008). Asymptotic and resampling strategies for assessing and comparing indirect effects in multiple mediator models. *Behavior Research Methods*, 40(3), 879 – 891. doi: 10.3758/BRM.403.879.
- Purnamaningsih, E.H. (2015). *Pengaruh psikoedukasi strategi regulasi emosi reappraisal terhadap kualitas hidup orang dengan hipertensi*. (Disertasi tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.
- Purnamaningsih, E.H. (2017). Personality and emotion regulation strategies. *International Journal of Psychological Research*, 10(1), 53 – 60.
- Purwandi, L. (2016). Indonesia 2020: The urban middle class millenials. Diunduh dari <https://www.researchgate.net/publication/314448735> diunduh tanggal 7 Januari 2019.
- Rachmawaty, F. (2015). Peran pola asuh orang tua terhadap kecemasan sosial pada remaja. *Jurnal Psikologi Tabularasa*, 10(1), 31- 42.
- Ramdhani, N., Widjaja, J.D., & Rahmawati, N. (2015). Internet supported cognitive behavior therapy to help students with shy-socially isolated problems. *Procedia – Social and Behavioral Sciences*, 165, 179 – 188.



- Rey, L., & Extremera, N. (2015). Forgiveness and health-related quality of life in older people: adaptive cognitive emotion regulation strategies as mediators. *Journal of Health Psychology*, 21(12), 2944 – 2954.
- Roblyer, M.I.Z., & Zambrano, S.B. (2017). Crime victimization and suicidal ideation among colombian college students. The role of depressive symptoms, familism, and sozial support. *Journal of Interpersonal Violence*, 1- 22. doi: 10.1177/0886260517696856
- Roring, S.A. (2008). The relationships among adult attachment style, perceived social support, and social anxiety in college students. *ProQuest Dissertations and Theses*.
- Rudolph, J., & Zimmer-Gembeck, M.J. (2014). Parent relationship and adolescent's depression and social anxiety: indirect associations via emotional sensitivity to rejection threat. *Australian Journal of Psychology*, 66 (2), 110 - 121.
- Rudy, B.M., Davis, T.E., & Matthews, R.A. (2012). The relationship among self-efficacy, negative self-referent cognitions, and social anxiety in children: a multiple mediator model. *Behavior Therapy*, 43, 619 – 628.
- Rustham, A.T.P. (2010). *Pengaruh social problem solving dan self esteem terhadap kecemasan sosial pada remaja*. (Tesis tidak dipublikasikan). Fakultas psikologi Universitas Gadjah Mada, Yogyakarta.
- Ryu, E., & Cheong, J. (2017). Comparing indirect effects in different groups in single- group and multi-group structural equation models. *Frontiers in Psychology*, 8(747), 1-14. doi: 10.3389/fpsyg.2017.00747
- Sarason, I.G., & Sarason, B.R. (1995). Social support - insights from assessment and experimentation. Dalam T.S. Brugha (Ed.), *Social support and psychiatric disorder* (hal.37 – 50). Cambridge University Press
- Schreier, S.-S., Heinrichs, N., Alden, L., Rapee, R.M., Hofmann, S.G., Chen, J.,...Bogels, S.(2010). Social anxiety and social norms in individualistic and collectivistic countries. *Depression and Anxiety*, 27 (12), 1128 – 1134.
- Schlenker, B.R., & Leary, M.R. (1982). Social anxiety and self-presentation: a conceptualizaztion and model. *Psychological Bulletin*, 92(3), 641 – 669.
- Setyorini, D. (2015). *Korelasi antara dukungan sosial dengan depresi pada penderita diabetes melitus tipe 2 di poliklinik penyakit dalam RSUP Dr. Sardjito Daerah Istimewa Yogyakarta*. (Tesis tidak dipublikasikan). Fakultas Kedokteran, Program Studi Psikiatri Universitas Gadjah Mada, Yogyakarta.
- Setyowati, E.A. (2011). *Efektivitas biblioterapi kelompok untuk menurunkan kecemasan sosial pada remaja cerdas istimewa*. (Tesis tidak dipublikasikan). Fakultas Psikologi Universitas Gadjah Mada, Yogyakarta.



- Sheperd, R-M. (2006). Volitional strategies and social anxiety among college students. *College Quarterly*, 9(4), 1 – 10.
- Sheppes, G. (2014). Emotion regulation choice: Theory and findings. Dalam J.J. Gross (Ed.), *Handbook of emotion regulation* (2nd ed.) (hal. 126 – 139). New York: The Guilford Press.
- Shrout, P.E., & Bolger, N. (2002). Mediation in Experimental and Nonexperimental Studies: new procedures and recommendations. *Psychological Methods*, 7(4), 422 – 445.
- Siils, L.C., Ellard, K.K., & Barlow, D.H. (2014). Emotion regulation in anxiety disorders. Dalam J.J Gross (Ed.), *Handbook of emotion regulation* (2nd ed.) (hal. 393 – 412). New York: The Guilford Press.
- Sivandani, A., Koohbanani, S.E., & Vahidi, T. (2013). The relation between social support and self-efficacy with academic achievement and school satisfaction among female junior high school students in Birjand. *Procedia-Social and Behavioral Sciences*, 84, 668 – 673.
- Soekanto, S. (2000). *Sosiologi. Suatu pengantar*. Jakarta: Rajawali Pers.
- Spokas, M., Luterek, J.A., & Heimberg, R.G. (2009). Social anxiety and emotion suppression: the mediating role of beliefs. *Journal Behavior Therapy Exp Psychiatry*, 40(2), 283 – 291.
- Stravynski, A., Kyriassiss, A., & Amado, D. (2014). Social phobia as a deficit in social skills. Dalam S.G. Hofman & P.M. DiBartolo, (Eds.), *Social anxiety. Clinical, development, and social perspectives* (3rd ed.) (hal. 189 – 225). London: Elsevier Inc.
- Suh, E., Diener, Ed., Oishi, S., & Triandis, H.C. (1998). The shifting basis of life satisfaction judgment across cultures: emotions versus norms. *Journal Personality and Social Psychology*, 7(2), 482 – 493.
- Supratiknya, A. (2006). Konstrual diri di kalangan mahasiswa. *Insan*, 8(2), 89 – 99.
- Suryaningrum, C. (2006). *Indikasi gangguan kecemasan pada mahasiswa Fakultas Psikologi Universitas Muhammadiyah Malang*. Naskah tidak dipublikasikan, Lembaga Penelitian Universitas Muhammadiyah, Malang.
- Suryaningrum, C. (2006). *Terapi kognitif-tingkah laku untuk mengatasi kecemasan sosial*. Disampaikan pada kegiatan *Psychology Expo* pada 18 April 2006, Fakultas Psikologi Universitas Indonesia, Depok.
- Suryaningrum, C. (2016). *Kecemasan sosial mahasiswa: Studi pendahuluan*. Disampaikan pada kegiatan Seminar Nasional “Riset-Riset Terkini di Bidang Ilmu Perilaku” pada 26 November 2016, Universitas Gadjah Mada, Yogyakarta.
- Suryaningrum, C. (2016). *Efikasi diri dan kecemasan sosial: studi meta analisis*. *Jurnal Ilmiah Psikologi Terapan*, 4(2), 182 – 193.



- Suryaningrum, C. (2018). The correlation of self-construal, self-efficacy, and emotional regulation strategy as cultural factors with social anxiety: preliminary study. *Advances in Social Sciences, Education and Humanities Research*, 133, 206 – 211.
- Suryaningrum, C., Retnowati, S., Helmi, A.F., Hasanat, N.U. (2019). The development of the Indonesian college student social anxiety scale. *International Journal of Research Studies in Psychology*, 8(1), 1-13. doi: 10.5861/ijrsp.2019.3014.
- Swasti, I.K., & Martani, W. (2013). Menurunkan kecemasan sosial melalui pemaknaan kisah hidup. *Jurnal Psikologi*, 40(1), 39 – 58.
- Tahmassian, K., & Moghadam, N.J. (2011). Relationship between self-efficacy and symptoms of anxiety, depression, worry and social avoidance in a normal sample of students. *Iran Journal Psychiatry Behavior Sciences*, 5(2), 91 – 98.
- Takagishi, Y., Sakata, M., Ueda, F., & Kitamura, T. (2011). Influence of the relationship between social support and independent - construal of self on depression and anxiety among Japanese workers. *Journal Depression and Anxiety*, 1 (1), 1 – 7.
- Tarkhan, M., Esmaeilpour, M., & Tizdast, T. (2013). A study of the relationship between social anxiety, social self-efficacy and body image in the girl students of the Islamic Azad University at Tonekabon Branch. *European Online Journal of Natural and Social Sciences*, 2 (4), 510 – 515.
- Thoits, P.A. (1995). Social support and psychological well-being: theoretical possibility. Dalam T.S. Brugha (Ed.), *Social support and psychiatric disorder* (hal.50 – 71). Cambridge University Press.
- Thomasson, P., & Psouni, E. (2010). Social anxiety and related social impairment are linked to self-efficacy and dysfunctional coping. *Scandinavian Journal Psychology*, 51(2), 171 – 178.
- Topham, P., & Russel, G. (2012, April 4). Social anxiety in higher education. *The Psychologist*, 25, 280 – 282.
- Treptow, R.L. (1999). An examination of links between social anxiety and self-efficacy using adult's retrospective perceptions of socialization factors. Lincoln: University of Nebraska. (Papper AA19942161).
- Triandis, H.C. & Gelfand, M.J. (2012). A theory of individualism and collectivism. Dalam P.A.M. Van Lange, A.W. Kruglanski, & E.T. Higgins, (Eds.), *Handbook of theories of social psychology* (hal. 498 – 520). London: SAGE.
- Triandis, H.C., McCusker, C., & Hui, C. (1990). Multimethod probes of individualism and collectivism. *Journal of Personality and Social Psychology*, 59 (5), 1006 - 1020



- Uliaszek, A.A., Zinbarg, R.E., Mineka, S., Craske, M.G., Sutton, J.M., Griffith, J.W., ...Hammen, C. (2010). The role of neuroticism and extraversion in the stress-anxiety and stress-depression relationships. *Anxiety Stress Coping*, 23(4), 363 – 381.
- Urbayatun, S., & Widhiarso, W. (2012). Variabel mediator dan moderator dalam penelitian Psikologi Kesehatan Masyarakat. *Jurnal Psikologi*, 39(2), 180 – 188.
- Voyer, B.G., & Franks, B. (2014). Toward a better understanding of self-construal theory : an agency view of the process of self-construal. *Review of General Psychology*, 18(2), 101 – 114.
- Vriendts, N., Pfaltz, M.C., Novianti, P., & Hadiyono, J. (2013). Taijin kyofusho and social anxiety and their clinical relevance in Indonesia and Switzerland. *Frontiers in Psychology*, 4(3), 1-9.
- Wahana, H.D. (2015). Pengaruh nilai-nilai budaya generasi millennial dan budaya sekolah terhadap ketahanan individu. *Jurnal Ketahanan Nasional*, 1, 14 - 22
- Wang, C-M., Qu, H-Y., & Xu, H-M. (2015). Relationship between social support and self-efficacy in women psychiatrist. *Chinese Nursing Research*, 2, 103 – 106.
- Wang, J., Chen, Y., Tan, C., & Zhao, X. (2016). Family functioning, social support, and quality of life for patients with anxiety disorder. *International Journal of Social Psychiatry*, 62(1), 5 – 11
- Webb, T.L., Gallo, I.S., Miles, E., Gollwitzer, P.M., & Sheeran, P. (2012). Effective regulation of affect : an action control perspective on emotion regulation. *European Review of Social Psychology*, 23(1), 143 – 186.
- Weinstein, A., Dorani, D., Elhadif, R., Bukovza, Y., & Yamulnik, A. (2015). Internet addiction is associated with social anxiety in young adults. *Annals of Clinical Psychiatry*, 27(1), 1 – 7.
- Werner, K.H., Goldin , P., Ball, T.M., Heimberg, R.G., & Gross, J.J. (2011). Assessing emotion regulation in social anxiety disorder: the emotion regulation interview. *Journal of Psychopathological Behavior Assessment*, 33, 346–354.
- Westbrook, D., Kennerley, H., & Kirk, J. (2008). *An introduction to cognitive behaviour therapy. Skills and applications*. London: SAGE Publications Ltd.
- Wilt, J., Oehlberg, K., & Revelle, W. (2011). Personality and individual differences. *Journal of Personality and Individual Differences*, 50, 987 – 993.



- Wisse, B., & Sleebos, E. (2016). When change causes stress: effects of self-construal and change consequences. *Journal of Business Psychology*, 31, 249 – 246.
- Wolgast, M., Lundh, L.G., & Viborg, G. (2011). Cognitive reappraisal and acceptance: an experimental comparison of two emotion regulation strategies. *Behavior Research Therapy*, 49(12), 858 – 866.
- Woody, S.R., Miao, S., Kellman-McFarlane, K. (2015). Cultural differences in social anxiety: A meta-analysis of asian and European heritage samples. *Asian American Journal of Psychology*, (1), 47 – 55.
- World Health Organization. (2016). *International statistical classification of diseases and related health problems*. (6th ed., 10th rev.). Switzerland: World Health Organization.
- Xu, J., & Wei, Y. (2013). Social support as a moderator of the relationship between anxiety and depression. An empirical study with adult survivors of wenchuan earthquake. *PLoS ONE*, 8(10), 1 – 8. doi: 10.1371/journal.pone.0079045.
- Yamawaki, N. (2010). The effects of self-construal and masculinity vs. femininity : a comparison of American and Japanese attitudes toward mental helath services. *Journal of Mental Health Counseling*, 32(2), 154 – 167.
- Zhang, Y., & Jin, S. (2016). The impact of social support on postpartum depression: The mediator role of self-efficacy. *Journal of Health Psychology*, 21(5), 720 – 726.
- Zhao, C., Wu, Z., & Xu, J. (2013). The association between post-traumatic stress disorder symptoms and the quality of life among Wenchuan earthquake survivor: the role of social support as a moderator. *Quality Life Research*, 22, 733- 743.
- Zhu, X., Yao, S., Dere, Y., Zhou., B., Yang, J., & Ryder, A.G. (2014). The cultural shaping of social anxiety: Concerns about causing distress to others in Han Chinese and Euro-Canadian outpatients. *Journal of Social & Clinical Psychology*, 33, 906 – 917.
- Ziv, M., Goldin, P.R., Jazaieri, H., Hahn, K.S., & Gross, J.J. (2013). Emotion regulation in social anxiety disorder: behavioral and neural responses to three socio-emotional tasks. *Biology of Mood & Anxiety Disorders*, 3(20), 1 – 17.