

**DINAMIKA *SUCCESSFUL AGING* PADA
LANSIA HAFIZ ALQURAN**

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ABSTRAK

Penelitian ini bertujuan untuk mengetahui pencapaian *successful aging* khususnya pada lansia hafiz Alquran. Pemilihan subjek menggunakan *purposive sampling*. Subjek terdiri dari tiga orang lansia hafiz Alquran yang berusia lebih dari 60 tahun. Penelitian dilakukan di Dukuh Mlangi, Desa Nogotirto, Kecamatan Gamping, Kabupaten Sleman, DIY. Metode penelitian menggunakan pendekatan kualitatif fenomenologis interpretatif. Pengumpulan data dilakukan melalui wawancara dan observasi. Hasil penelitian menunjukkan bahwa ketiga subjek memenuhi indikator *successful aging*. Muncul tiga faktor yang saling berkaitan satu sama lain, yaitu faktor pendukung, faktor penghambat dan strategi koping.

Kata Kunci : *successful aging*, lansia, lansia hafiz, Alquran.

***DYNAMICS OF SUCCESSFUL AGING
IN THE HAFIZ ALQURAN***

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ABSTRACT

This study aimed to determine the achievement of successful aging, especially in the Alquran hafiz elderly. Subject selection used purposive sampling. The subjects consisted of three over 60 years old Alquran hafiz elderly. The study was conducted in Mlangi, Nogotirto, Gamping, Sleman Regency, DIY. The research method used a interpretative phenomenology qualitative approach. Data collection was done by interviewing and observing. The result shows that all the three subjects fulfilled the indicator of successful aging. There are three factors which connected each other, namely supporting factors, inhibiting factors and coping strategies.

Keywords: successful aging, elderly, hafiz elderly, Alquran.