

DAFTAR PUSTAKA

- Acharya, P. R. & Chalise, H. N. (2015). Self-esteem and academic stress among nursing students. *Kathmandu University Medical Journal*, 52(4), 298 – 302.
- American Psychological Association. (2017). *Understanding Chronic Stress*. Retrieved October 11, 2017, from <http://www.apa.org/helpcenter/understanding-chronic-stress.aspx>
- Azwar, S. (2015). *Penyusunan Skala Psikologi*. Yogyakarta: Pustaka Pelajar.
- Azwar, S. (2015). *Reliabilitas dan Validitas, Edisi 4*. Yogyakarta: Pustaka Pelajar.
- Baker, J. P. & Berenbaum, H. (2007). Emotional approach and problem-focused coping: A comparison of potentially adaptive strategies. *Cognition and Emotion*, 21(1), 95 – 118.
- Bataineh, M. Z. (2013). Academic stress among undergraduate students: The case of education faculty at King Saud University. *International Interdisciplinary Journal of Education*, 2(1), 82 – 88.
- Bedewy, D. & Gabriel, A. (2015). Examining perceptions of academic stress and its sources among university students: The Perception of Academic Stress Scale. *Health Psychology Open*, 2(2), 1 – 9.
- Brannon, L., Feist, J., & Updegraff, J. A. (2014). *Health Psychology: An Introduction to Behavior and Health*. Wadsworth: Cengage Learning.
- Biggs, A., Brough, P., & Drummond. (2017). Lazarus and Folkman's Psychological Stress and Coping Theory. In Copper, C. L. & Quick, J. C., *The Handbook of Stress and Health: A Guide to Research and Practice 1st Edition*. USA: John Wiley & Sons.
- Budiman, F. A. (2015). Hubungan Antara Regulasi Emosi dan Dukungan Sosial dengan Kecenderungan Somatisasi Pada Mahasiswa S1 Universitas Gadjah Mada. *Skripsi*. Yogyakarta: Universitas Gadjah Mada.
- Carver, C. S. (1997). You want to measure coping but your protocol's too long: Consider the brief cope. *International Journal of Behavioral Medicine*, 4(1), 92 – 100.
- Carver, C. S. & Scheier, M. F. (1989). Coping strategies: A theoretically based approach. *Journal of Personality and Social Psychology*, 56(2), 267 – 283.
- Cohen, S. & Hoberman, H. M. (1983). Positive events and social supports as buffers of life change stress. *Journal of Applied Social Psychology*, 13(2), 99 – 125.
- Cohen, S. & Syme. (1985). *Social Support and Health*. San Fransisco: Academic Press.

- Cress, V. C. & Lampman, C. (2007). Hardiness, stress, and health-promoting behaviors among college students. *Psi Chi Journal of Undergraduate Research*, 12(1), 18–23.
- Detik News. (2016, July 27). *Stres Skripsi Ditolak, Efren Tewas Gantung Diri*. Retrieved October 14, 2017, from <https://news.detik.com/berita/3263003/stres-skripsi-ditolak-efren-tewas-gantung-diri>
- Edwin, R. V., & Hundley, V. (2001). The importance of pilot studies. *Social Research Update*, 35. Retrieved November 23, 2017, from <http://www.soc.surrey.ac.uk/sru/SRU35.html>.
- Feldt, R. C., & Updergraff, C. (2013). Gender in variance of the college student stress scale. *Psychological Reports*, 113(2), 486–489.
- Folkman, S., & Lazarus, R. S. (1985). If it changes it must be a process: A study of emotion and coping during three stages of a college examination. *Journal of Personality and Social Psychology* 48, 150 – 170.
- Gadzella, B. M. (1994). Student-life stress inventory: identification of and reactions to stressors. *Psychological Reports*, 74, 395 – 402.
- Gazzaniga, M. S., Heatherton, T. F., Halpern, D. F., & Heine, S. J. (2012). *Psychological Science Third Canadian Edition*. New York: W. W. Norton & Company.
- Goodwin, R., Cost, P., & Adnou, J. (2004). Social support and its consequences: positive and deficiency values and their implications for support and self-esteem. *British Journal of Social Psychology*, 43, 1 – 10.
- Hayes, A. F. (2013). *Introduction to Mediation, Moderation and Conditional Process Analysis*. New York: The Guilford Press.
- Hou, Z., Shinde, J. S., & Willems. (2013). Academic stress in accounting student: an empirical study. *Asian Journal of Accounting and Governance*, 4, 1 – 10.
- Junghyun, K., Jeong, Y. H., Shaw, B., Mctavish, F., & Gustafson, D. (2010). The roles of social support and coping strategies in predicting breast cancer patients' emotional well-being: Testing mediation and moderation models. *Journal of Health Psychology*, 15(4), 543 – 552.
- Kausar, H. & Khan, M. J. (2013). Effect of perceived academic stress on student's performance. *FWU Journal of Social Science*, 7(2), 146 – 151.
- KBBI. (n.d.). *KBBI versi daring*. Retrieved November 20, 2017, from kbbi.web.id: <https://kbbi.web.id/skripsi>.
- Kaur, A. (2015). Academic stress in adolescents. *International Journal of Multidisciplinary Research Hub*, 2(12), 13 – 15.

- Lal, K. (2014). Academic stress among adolescent in relation to intelligence and demographic factors. *American International Journal of Research in Humanities, Arts and Social Sciences*, 5(1), 123 – 129.
- Lazarus, S. R. & Folkman, S. (1984). *Stress, Appraisal, and Coping*. New York: Springer Publishing Company.
- Lazarus, S. R. (1993). Coping theory and research: past, present, and future. *Psychosomatic Medicine* 55, 234 – 247.
- Mahanta, D. & Aggarwal, M. (2013). Effects of perceived social support on life satisfaction of university students. *European Academic Research*, 1(6), 1083 – 1094.
- Marhamah, F. & Hamzah, H. (2016). The relationship between social support and academic stress among first year students at syiah kuala university. *Jurnal Psikoislamedia*, 1(1), 149 – 171.
- Mathew, C. P. (2017). Stress and coping strategies among college students. *IOSR Journal of Humanities and Social Science*, 22(8), 40 – 44.
- Misra, R. & Castillo, L. G. (2000). Academic stress among college students: comparison of American and international students. *International Journal of Stress Management*, 11(2), 132 – 148.
- Mohamed, H. F., Khletet, R., & Al Awany, Z. (2012). The moderating effect of social support on stress and academic performance among nursing students. *Journal of American Science*, 8(12), 716 – 720.
- Morse, Z. & Dravo, U. (2007). Stress level of dental students at the Fiji School of Medicine. *European Journal of Dental Education*, 11, 99 – 103.
- Odgen, J. (2000). *Health Psychology 2nd Edition*. Philadelphia: Open University Press.
- Passer, M. W. & Smith, R. E. (2009). *Psychology: The Science of Mind and Behavior 4th Edition*. New York: McGraw-Hill.
- Pierceall, E. A. & Keim, M. C. (2007). Stress and coping strategies among community college students. *Community College Journal of Research and Practice*, 31(9), 703 – 712.
- Prabu, P. S. (2015). A study on academic stress among higher secondary students. *International Journal of Humanities and Social Science Invention*, 4(10), 63 – 68.
- Rahajeng, I. (2016). Hubungan Antara Stres Akademik dengan Kecenderungan Somatisasi pada Mahasiswa Tingkat Akhir. *Skripsi*. Yogyakarta: Universitas Gadjah Mada.
- Ramya, N. & Parthasarathy, R. (2009). A study on coping patterns of junior college students. *Indian J Psychol Med*, 31, 45 – 7.

- Riau Aktual. (2017, October 10). *Ngaku Stres Karena Skripsi, Mahasiswa Ini Isap Ganja*. Retrieved October 14, 2017, from <http://riauaktual.com/news/detail/31642/ngaku-stres-karena-skripsi,-mahasiswa-ini-isap-ganja.html>
- Rice, P. L. (1999). *Stress and Mental Health 3rd Edition*. Pacific Grove Brooks/Cole Publishing Company.
- Robotham, D. (2008). Stress among higher education students: towards a research agenda. *Higher Education*, 56(6), 735 – 746.
- Sarafino, E. P. & Smith, T. W. (2011). *Health Psychology: Biopsychosocial Interactions 7th Edition*. USA: John Wiley & Sons.
- Sarid, O., Anson, O., Yaari, A., & Margalith, M. (2004). Coping styles and changes in humoural reaction during academic stress. *Health and Medicine*, 9, 85 – 98.
- Sarita & Sonia. (2015). Academic stress among students: role and responsibilities of parents. *International Journal of Applied Research*, 1(10), 385 – 388.
- Sharmila, S. (2016). Emotion and problem focused coping strategies: a comparative study of male and female engineering students in chennai city. *International Journal of Advance Research in Computer Science and Management Studies*, 4(8), 222 – 224.
- Smith, T. & Renk, K. (2007). Predictors of academic-related stress in college students: An examination of coping, social support, parenting, and anxiety. *NASPA Journal*, 44(3), 405 – 431.
- Soman, S., Bhat, S. M., Latha, K. S., Praharaj, S. K. (2016). Gender difference in perceived social support and stressful life events in depressed patients. *East Asian Archives of Psychiatry*, 26(1), 22 – 29.
- Stanton, A. L. & Franz, R. (1999). Focusing on Emotion: An Adaptive Coping Strategy? In Synder, C. R. (Ed.), *Coping: The Psychology of What Works* (pp. 90 – 118). New York: Oxford University Press.
- Straub, R. O. (2014). *Health Psychology: A Biopsychosocial Approach 4th Edition*. New York: Worth Publishers.
- Synder, C. R. & Dinoff, B. L. (1999). Coping: Where Have You Been? In Synder, C. R. (Ed.), *Coping: The Psychology of What Works* (pp. 3 – 19). New York: Oxford University Press.
- Talwar, P., Kumaraswamy, N., & Fadzil, M. A. R. (2013). Perceived social support, stress and gender differences among university students: A cross sectional study. *MJP Online Early*, 1 – 8.
- Tangade, P. S., Mathur, A., Gupta, R., & Chaudhary, S. (2011). Assessment of stress level among dental school students: an Indian outlook. *Dental Research Journal*, 8(2), 95 – 101.

- Tanmeet. & Sharma, M. (2012). The role of perceived social support in adolescents with academic stress. *Journa of the Indian Academy of Applied Psychology*, 38(1), 149 – 155.
- Taylor, S. E. (2015). *Health Psychology 9th Edition*. Los Angeles: McGraw-Hill.
- Vermaas, E. (2010). Social Support as a Moderator Between Stress and Psychological Well-Being. *Disertation*. Potchefstroom: North-West University.
- Wilks, S. E. (2008). Resilience amid academic stress: The moderating impact of social support among social work students. *Advances in Social Work*, 9(2), 106 – 125.
- Yumba, W. (2008). Academic Stress: A Case of the Undergraduate Students. *Thesis*. Linköping: Linköping University, Faculty of Arts and Sciences.
- Zavatkey, D. (2015). Social support and community college student academic persistence. *NERA Conference Proceedings*, 3, 1 – 30.