

## DAFTAR ISI

HALAMAN JUDUL.....	i
HALAMAN PENGESAHAN.....	ii
HALAMAN PERNYATAAN .....	iii
KATA PENGANTAR .....	iv
HALAMAN PERSEMBAHAN .....	vi
DAFTAR ISI.....	vii
DAFTAR TABEL.....	x
DAFTAR GAMBAR .....	xi
DAFTAR LAMPIRAN.....	xii
DAFTAR SINGKATAN .....	xiii
INTISARI.....	xv
ABSTRACT .....	xvi
BAB I PENDAHULUAN .....	1
A. Latar Belakang .....	1
B. Rumusan Masalah .....	7
C. Tujuan Penelitian .....	7
D. Manfaat Penelitian .....	8
E. Keaslian Penelitian.....	9
BAB II TINJAUAN PUSTAKA.....	13
A. Tinjauan Teoritis .....	13
1. Bencana.....	13

a.	Pengertian bencana.....	13
b.	Macam-macam bencana.....	14
c.	Dampak bencana .....	16
2.	Tanah Longsor .....	17
a.	Pengertian tanah longsor .....	17
b.	Penyebab tanah longsor.....	18
c.	Dampak tanah longsor.....	19
3.	<i>Post-Traumatic Stress Disorder (PTSD)</i> .....	22
a.	Pengertian <i>Post-Traumatic Stress Disorder (PTSD)</i> .....	22
b.	Etiologi <i>Post-Traumatic Stress Disorder (PTSD)</i> .....	25
c.	Faktor yang mempengaruhi <i>Post-Traumatic Stress Disorder</i> .....	31
d.	Diagnosis <i>Post-Traumatic Stress Disorder (PTSD)</i> .....	45
e.	Komorbidity <i>Post-Traumatic Stress Disorder (PTSD)</i> .....	47
f.	Alat ukur <i>Post-Traumatic Stress Disorder (PTSD)</i> .....	50
B.	Landasan Teori.....	51
C.	Kerangka Teori.....	53
D.	Kerangka Penelitian .....	54
E.	Pertanyaan Penelitian .....	54
F.	Hipotesis.....	54
BAB III METODE PENELITIAN.....		55
A.	Jenis dan Rancangan Penelitian .....	55
B.	Tempat dan Waktu Penelitian .....	55

C. Populasi dan Sampel Penelitian .....	55
D. Variabel Penelitian .....	57
E. Definisi Operasional.....	57
F. Instrumen Penelitian.....	60
1. Data responden .....	60
2. <i>Post-Traumatic Stress Disorder</i> (PTSD).....	60
G. Uji Validitas dan Reliabilitas .....	62
H. Teknik Pengumpulan Data.....	63
I. Jalannya Penelitian.....	64
J. Etika Penelitian .....	67
K. Analisis Data .....	68
L. Hambatan dan Keterbatasan Penelitian.....	70
BAB IV HASIL PENELITIAN DAN PEMBAHASAN .....	72
A. Gambaran Lokasi Penelitian .....	72
B. Hasil Penelitian dan Pembahasan.....	73
1. Gambaran karakteristik responden .....	73
2. Gambaran <i>Post-Traumatic Stress Disorder</i> (PTSD) .....	76
3. Gambaran PTSD berdasarkan karakteristik responden .....	78
BAB V KESIMPULAN DAN SARAN.....	92
A. Kesimpulan .....	92
B. Saran.....	92

## DAFTAR TABEL

Tabel 1. Perbedaan utama antara kriteria PTSD DSM-IV dan DSM-5.....	48
Tabel 2. Kisi-kisi instrumen PTSD (I-IES-R) yang divalidasi oleh Warsini <i>et al.</i> (2015).....	62
Tabel 3. Data demografi responden korban bencana tanah longsor di Desa Donorati pada September, 2017.....	74
Tabel 4. Distribusi riwayat bencana pada responden korban bencana tanah longsor di Desa Donorati pada September, 2017.....	76
Tabel 5. Distribusi <i>Post-Traumatic Stress Disorder</i> (PTSD) pada responden korban bencana tanah longsor di Desa Donorati pada September, 2017.....	77
Tabel 6. Distribusi sub-skala PTSD pada responden korban bencana tanah longsor di Desa Donorati pada September, 2017.....	77
Tabel 7. Gambaran tingkat PTSD berdasarkan karakteristik responden pada korban bencana tanah longsor di Desa Donorati pada September, 2017.....	79
Tabel 8. Analisis <i>multivariate</i> faktor yang mempengaruhi PTSD pada korban bencana tanah longsor di Desa Donorati pada September, 2017.....	80

## DAFTAR GAMBAR

Gambar 1.	<i>Biological markers</i> sumbu hipotalamus-hipofisis-adrenal.....	28
Gambar 2.	Kerangka teori.....	53
Gambar 3.	Kerangka penelitian .....	54

## DAFTAR LAMPIRAN

Lampiran 1.	Lembar penjelasan kepada calon subjek penelitian.....	121
Lampiran 2.	Lembar persetujuan keikutsertaan dalam penelitian.....	125
Lampiran 3.	Lembar persetujuan ( <i>Informed Consent</i> ).....	126
Lampiran 4.	Lembar data responden .....	127
Lampiran 5.	Kuesioner PTSD.....	128
Lampiran 6.	Jadwal penelitian.....	131
Lampiran 7.	<i>Ethical clearence</i> .....	132
Lampiran 8.	Analisis SPSS.....	133

## DAFTAR SINGKATAN

ACTH	<i>Adrenocorticotrophic Hormone</i>
ADAA	<i>Anxiety and Depression Association of America</i>
APA	<i>American Psychological Association</i>
ASD	<i>Acute Stress Disorder</i>
ATSDR	<i>Agency for Toxic Substances and Disease Registry</i>
BNPB	Badan Nasional Penanggulangan Bencana
BPBD	Badan Penanggulangan Bencana Daerah
CAPS	<i>Clinician-Administered PTSD Scale</i>
CCAPS	<i>Climate Change and African Political Stability</i>
CDC	<i>Centers for Disease Control and Prevention</i>
CFE-DMHA	<i>Center for Excellence in Disaster Management and Humanitarian Assistance</i>
CI	<i>Confidence Interval</i>
CMHA	<i>Canadian Mental Health Association</i>
CRED	<i>Centre for Research on the Epidemiology of Disasters</i>
CRH	<i>Corticotropin-Releasing Hormone</i>
DIBI	Data Informasi Bencana Indonesia
DSM	<i>Diagnostic and Statistical Manual for Mental Disorders</i>
ESCAP	<i>Economic and Social Commission for Asia and the Pacific</i>
EWS	<i>Early Warning System</i>
FEMA	<i>Federal Emergency Management Agency</i>
GAR	<i>Global Assessment Report</i>

HPA	<i>Hypothalamic–Pituitary–Adrenal</i>
IES-R	<i>Impact of Event Scale-Revised</i>
ICSU	<i>International Council for Science</i>
I-IES-R	<i>Indonesian- Impact of Event Scale-Revised</i>
IQ	<i>Intelligence Quotient</i>
IQR	<i>Inter-Quartile Ranges</i>
MDD	<i>Major Depressive Disorder</i>
MHA	<i>Mental Health Association</i>
NDMP	<i>National Disaster Management Plan</i>
NHS	<i>National Health Service</i>
NIMH	<i>National Institute of Mental Health</i>
OCD	<i>Obsessive Compulsive Disorder</i>
OR	<i>Odd Ratio</i>
PCL	<i>PTSD Checklist</i>
PTSD	<i>Post-Traumatic Stress Disorder</i>
SAMHSA	<i>Substance Abuse and Mental Health Services Administration</i>
SD	<i>Standard Deviation</i>
SES	<i>Social Economy Status</i>
SPAN	<i>Startle, Physiological arousal, Anger, and Numbness</i>
SUDs	<i>Substance Use Disorders</i>
TSQ	<i>Trauma Screening Questionnaire</i>
UNISDR	<i>United Nations International Strategy for Disaster Reduction</i>
USGS	<i>United States Geological Survey</i>