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Correlation Between Courtship and Despression Tendency Among Students of Batch 2005 Faculty of Medicine, Gadjah Mada University, Yogyakarta
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Universitas Gadjah Mada, 2010 | Diunduh dari http://etd.repository.ugm.ac.id/

ABSTRACT

Background: Medical students are in fact had higher depression rate compare to students studying in other field and will still continue to elevate until they become physician. Depression is a common mental disorder that presents with depressed mood, loss of interest or pleasure, feelings of guilt or low self-worth, disturbed sleep or appetite, low energy, and poor concentration. Teen stressors can be placed into 5 categories which are stressors related to family issues, school, peer pressure, national and world wide issues and violent acts. Depression will then effect the psychomotor, cognitive and vegetative function.

Objectives: To identify the correlation between courtship and depression among students of Batch 2005, Faculty of medicine Gadjah Mada University.

Method: 284 Batch 2005 UGM Medical School students participated in this cross-sectional study. After informing the students about the research, subjects were administered with a booklet of personality questionnaires, along with Woodworth and Eysenck Inventories. The data was then collected and analyzed using Chi square test.

Result: After exclusion, out of 284 participants, 272 fulfilled the criteria for data analysis (97 Regular Programme students, 46 International Programme students, 70 Nutrition Programme students and 59 Nursing Programme students). Of the total number of participants left, 74 (27.2%) were males and 198 (72.8%) were females. A total 136 (50%) out of 272 students were found to have depressive symptoms. There are 46 came from Regular Programme, 19 from International Programme, 39 from Nutrition Programme and 32 from Nursing Programme. Using Chi Square, courtship and depression were found to have no correlation (x^2 = 0,778).

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Conclusion: There were found to have no correlation between courtship and depression among students of Batch 2005, Faculty of medicine Gadjah Mada University according to the chi square test (x^2 = 0,778; cc = 0,017).

Keywords: Courtship, depression, Woodworth Inventory, Eyesenck Inventory, medical students.