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# Get Off Your Phone: Does Self-Esteem Moderate the Relationship Between Social Media Use and Life Satisfaction

## SKRIPSI

Diajukan kepada Fakultas Psikologi Universitas Gadjah Mada untuk Memenuhi
Sebagian Persyaratan Guna Memperoleh Derajat Sarjana Psikologi

Radhika Ayesha Inantha
22/496095/PS/23042

**FAKULTAS PSIKOLOGI**
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**Endorsement Page**

GET OFF YOUR PHONE: DOES SELF-ESTEEM MODERATE THE RELATIONSHIP BETWEEN SOCIAL MEDIA USE AND LIFE SATISFACTION?

By:
Radhika Ayesha Inantha
22/496095/PS/23042

An undergraduate thesis submitted in partial fulfillment of the requirements for the degree of Bachelor in Psychology, and it has been defended in front of the Undergraduate Thesis Examination Board of Faculty of Psychology Universitas Gadjah Mada

Date: 22 October 2026

Undergraduate Thesis Examination Board

Haidar Buldan Thontowi, S.Psi., M.A., Ph.D.
Chair

Metta Rahmadiana, S.Psi., M.Si., Psikolog
Member

Ramadhan Dwi Marvianto, S.Psi., M.A.
Member

This undergraduate thesis has been accepted in partial fulfillment of the requirements for the degree of Bachelor in Psychology

Yogyakarta, 22 October 2026
Dean of Faculty of Psychology,

Dr. Wahyu Muna Minza, S.Psi., M.A.

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## PLAGIARISM STATEMENT

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| Batch | : | 2022 |
| Study Program | : | International Undergraduate Program of Psychology |
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