UNIVERSITAS
GADJAH MADA
Peran Kecemasan terhadap Kesiapan Kerja Mahasiswa Tingkat Akhir
Diandra Cinta Pertiwi, Dr. Yuli Fajar Susetyo, S.Psi., M.Si., Psikolog
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

Daftar Pustaka

Anasih, F., & Soetjipto, H. P. (2018). *Peran Kematangan Vokasional terhadap Kesiapan Kerja* [Skripsi, Fakultas Psikologi Universitas Gadjah Mada].

Arbona, C., Fan, W., Phang, A., Olvera, N., & Dios, M. (2021). Intolerance of uncertainty, anxiety, and career indecision: A mediation model. *Journal of Career Assessment*, *29*(4), 699–716. https://doi.org/10.1177/10690727211002564

Arnett, J. J. (2023). *Emerging adulthood: The winding road from the late teens through the twenties* (3rd ed.). Oxford University Press.

Azizah, N., & Chalimatusadiah, C. (2025). Uji validitas dan uji reliabilitas instrumen penelitian pemahaman konsep dasar aljabar. *Jurnal Pendidikan Tambusai*, *9*(1), 6637–6643.

Azwar, S. (2001). Asumsi-asumsi dalam inferensi statistika. *Buletin Psikologi*, *9*(1), 8–17.

Badan Pusat Statistik. (2026). *Berita resmi statistik: Keadaan ketenagakerjaan Indonesia November 2025*. https://www.bps.go.id/id/pressrelease/2026/02/05/2547/november-2025--tingkat-pengangguran-terbuka--tpt--sebesar-4-74-persen-dan-rata-rata-upah-buruh-sebesar-3-33-juta-rupiah-.html

Bandura, A. (1997). *Self-efficacy: The exercise of control*. W. H. Freeman and Company.

Bateman, T. S., & Crant, J. M. (1993). The proactive component of organizational behavior: A measure and correlates. *Journal of Organizational Behavior*, *14*(2), 103–118. https://doi.org/10.1002/job.4030140202

UNIVERSITAS
GADJAH MADA
Peran Kecemasan terhadap Kesiapan Kerja Mahasiswa Tingkat Akhir
Diandra Cinta Pertiwi, Dr. Yuli Fajar Susetyo, S.Psi., M.Si., Psikolog
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

Bhattacharjee, A. (2015). Anxiety and quality of life among teaching professionals: A comparative analysis. *Journal of Psychosocial Research*, *10*, 365–377.

Caballero, C. L., Walker, A., & Fuller-Tyszkiewicz, M. (2011). The Work Readiness Scale (WRS): Developing a measure to assess work readiness in college students. *Journal of Teaching and Learning for Graduate Employability*, *2*(1), 41–54. https://doi.org/10.21153/jtlge2011vol2no1art552

Castro, M. S. (2024). Employability, career adaptability, and future-oriented emotional responses to work transition of college graduating students of a Philippine HEI: Post COVID-19 study. *Malaysian Online Journal of Educational Management (MOJEM)*, *12*(3), 54–72. https://doi.org/10.22452/mojem.vol12no3.4

Clarke, M. (2017). Rethinking graduate employability: The role of capital, individual attributes and context. *Studies in Higher Education*, *43*(11), 1923–1937. https://doi.org/10.1080/03075079.2017.1294152

Cohen, J. (1988). *Statistical power analysis for the behavioral sciences* (2nd ed.). Lawrence Erlbaum Associates.

Creswell, J. W. (2014). *Research design: Qualitative, quantitative, and mixed methods approaches* (4th ed.). SAGE Publications.

Creswell, J. W., & Creswell, J. D. (2023). *Research design: Qualitative, quantitative, and mixed methods approaches* (6th ed.). SAGE Publications.

de Vibe, M., Solhaug, I., Tyssen, R., Friborg, O., Rosenvinge, J. H., Sørlie, T., & Bjørndal, A. (2013). Mindfulness training for stress management: A randomised controlled study of medical and psychology students.

UNIVERSITAS
GADJAH MADA
Peran Kecemasan terhadap Kesiapan Kerja Mahasiswa Tingkat Akhir
Diandra Cinta Pertiwi, Dr. Yuli Fajar Susetyo, S.Psi., M.Si., Psikolog
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

BMC Medical Education, *13*, Article 107. https://doi.org/10.1186/1472-6920-13-107

Feng, Y.-J., Zhang, Z.-Y., Wang, W., Zhang, W.-J., & Che, G.-W. (2025). Chain-mediated effects of career self-efficacy and career planning between social support and career anxiety in college soccer players. *Frontiers in Psychology*, *16*, Article 1685011. https://doi.org/10.3389/fpsyg.2025.1685011

Frengki & Sumaryono. (2024). *Kecemasan Mahasiswa Lulusan Baru Ditinjau dari Pengalaman Magang* [Skripsi, Fakultas Psikologi Universitas Gadjah Mada].

Gerçek, M., & Özveren, C. G. (2025). From self and career perceptions to life satisfaction: A sequential mediation approach to general self-efficacy, future work self, career anxiety, and life satisfaction in the emerging workforce. *International Journal for Educational and Vocational Guidance*. https://doi.org/10.1007/s10775-024-09721-3

Gouveia, P. (2022). Understanding generalized anxiety: Contributions from phenomenology and philosophy. *European Psychiatry*, *65*, S671–S672. https://doi.org/10.1192/j.eurpsy.2022.1727

Hutagaol, K. (2025). Kajian tentang uji asumsi klasik berbantuan SPSS. *Jurnal Padegogik*, *8*(2), 15–28. https://doi.org/10.35974/jpd.v8i2.4173

Knief, U., & Forstmeier, W. (2021). Violating the normality assumption may be the lesser of two evils. *Behavior Research Methods*, *53*, 2576–2590. https://doi.org/10.3758/s13428-021-01587-5

Knight, P., & Yorke, M. (2004). *Learning, curriculum, and employability in higher education*. Routledge Falmer.

UNIVERSITAS
GADJAH MADA
Peran Kecemasan terhadap Kesiapan Kerja Mahasiswa Tingkat Akhir
Diandra Cinta Pertiwi, Dr. Yuli Fajar Susetyo, S.Psi., M.Si., Psikolog
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

Morris, D. W. (2019). Adaptive affect: The nature of anxiety and depression. *Neuropsychiatric Disease and Treatment*, *15*, 3323–3326. https://doi.org/10.2147/NDT.S230491

Nevid, J. S., Rathus, S. A., & Greene, B. (2005). *Abnormal psychology in a changing world*. Pearson Education.

Nunnally, J. C. (1978). *Psychometric theory* (2nd ed.). McGraw-Hill.

Papalia, D. E., & Martorell, G. (2021). *Experience human development* (14th ed.). McGraw-Hill Education.

Pusparini, L. D., Permana, I. G. Y., & Mahayanti, N. W. S. (2025). Unpacking academic stress among undergraduate students during thesis writing: A qualitative study of stressors, stages, and institutional challenges. *Mimbar Ilmu*, *30*(3), 426–436. https://doi.org/10.23887/mi.v30i3.102474

QS World University Rankings. (2026). *Universitas Gadjah Mada*. Diakses dari https://ugm.ac.id/en/news/ugm-ranks-top-2-nationally-and-224th-globally-in-qs-wur-2026/

Ritonga, I. G., Hartono, & Sitorus, P. S. P. (2026). Analisis regresi linear terhadap tingkat pengangguran terbuka menurut provinsi periode 2021–2025. *Jurnal Komputer Juktisi Teknologi Informasi Sistem Komputer*, *4*(3), 2217–2223.

Schweinsberg, A., Mundy, M. E., Dyer, K. R., & Garivaldis, F. (2021). Psychology education and work readiness integration: A call for research in Australia. *Frontiers in Psychology*, *12*. https://doi.org/10.3389/fpsyg.2021.623353

Sultoni, S., Gunawan, I., & Mangzila, A. (2023). Exploring factors that can affect students' work readiness. *Jurnal Dinamika Manajemen Pendidikan*, *7*(2), 129–142. https://doi.org/10.26740/jdmp.v7n2.p129-142

UNIVERSITAS
GADJAH MADA
Peran Kecemasan terhadap Kesiapan Kerja Mahasiswa Tingkat Akhir
Diandra Cinta Pertiwi, Dr. Yuli Fajar Susetyo, S.Psi., M.Si., Psikolog
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

Surya, A., Sofiah, D., & Farhanindya, H. H. (2025). Efikasi diri dan kecemasan karir mahasiswa tingkat akhir. *SUKMA: Jurnal Penelitian Psikologi*, *6*(1), 11–19. https://doi.org/10.30996/sukma.v6i1.132399

UII Career Center. (2025). *Hasil tracer study 2025: Alumni S1 Psikologi UII catat capaian positif di dunia kerja.* https://career.uii.ac.id/hasil-tracer-study-2025-alumni-s1-psikologi-uii-catat-capaian-positif-di-dunia-kerja/

Unit Penjaminan Mutu dan Perencanaan Fakultas Psikologi Universitas Gadjah Mada. (2024). *Hasil tracer study: Program studi sarjana psikologi periode 2024*. https://kjm.psikologi.ugm.ac.id/hasil-tracer-study-program-studi-sarjana-psikologi-periode-2024/

Widhiarso, W. (2011). *Indeks daya beda aitem* [Modul kuliah]. Fakultas Psikologi, Universitas Gadjah Mada. https://widhiarso.staff.ugm.ac.id/files/Indeks%20Daya%20Beda%20Butir.pdf

Williams, M. N., Grajales, C. A. G., & Kurkiewicz, D. (2013). Assumptions of multiple regression: Correcting two misconceptions. *Practical Assessment, Research, and Evaluation*, *18*(1), Article 11.

Zhang, C., Shi, L., Tian, T., Zhou, Z., Peng, X., Shen, Y., Li, Y., & Ou, J. (2022). Associations between academic stress and depressive symptoms mediated by anxiety symptoms and hopelessness among Chinese college students. *Psychology Research and Behavior Management*, *15*, 547–556. https://doi.org/10.2147/PRBM.S353778