

DAFTAR PUSTAKA

- Akerman, E., Wangborg, A., Persson, M., Sorensdotter, R., & Allvin, M. K. (2024). Navigating menstrual stigma and norms: a qualitative study on young people's menstrual experiences and strategies for improving menstrual health. *BMC Public Health*. 10.1186/s12889-024-20936-5
- Akerman, E., Wängborg, A., Persson, M., Sørensdotter, R., & Allvin, M. K. (2024). Navigating menstrual stigma and norms: A qualitative study on young people's menstrual experiences and strategies for improving menstrual health. *BMC Public Health*, 24, Article 2445. <https://doi.org/10.1186/s12889-024-20936-5>
- Anggraeni, D. (2025). Ketidaksiapan remaja putri dalam menghadapi menarche. *Jurnal AKK (Aplikasi Kebidanan Kesehatan)*, 4(2), 255-268. <https://jakk.candle.or.id/index.php/jakk/article/view/102>
- Arma, A., et al. (2023). Buku ajar fisiologi reproduksi. Yogyakarta: Penerbit Andi.
- Ashri, D., et al. (2024). Faktor yang mempengaruhi siklus menstruasi pada mahasiswi di Depok, Indonesia. *Jurnal Ilmu Kesehatan*. [Volume dan halaman tidak tersedia — harap dilengkapi]
- Baidhowi, B. (2018). Konstruksi wacana dan komodifikasi menstruasi dalam iklan pembalut di televisi Indonesia [Skripsi, Universitas Airlangga]. Repository Universitas Airlangga. <https://repository.unair.ac.id/78114/>
- Bhalgat, M., & Salunkhe, S. G. (2023). Menstruation myths and facts—A review article. *Journal of Ayurveda and Integrated Medical Sciences*, 8(6), 97–99. <https://doi.org/10.21760/jaims.8.6.16>
- Bildhauer, B., Gartner, L., & Rodriguez, I. (2022). Introduction: The Period Products (Free Provision) (Scotland) Act 2021. *Open Library of Humanities*, 8(1), Article 5. <https://doi.org/10.16995/olh.8159>
- Bowman, R. (2024). Exploring the role of cultural beliefs in shaping menstrual hygiene practices in rural areas. *Reproductive System and Sexual Disorders: Current Research*, 13, Article 100. <https://www.longdom.org/open-access/exploring-the-role-of-cultural-beliefs-in-shaping-menstrual-hygiene-practices-in-rural-areas-1100891.html>
- Brayboy, T. (2017). Menstruation across cultures. Dalam C. Bobel, I. T. Winkler, B. Fahs, K. A. Hasson, E. A. Kissling, & T.-A. Roberts (Eds.), *The Palgrave Handbook of Critical Menstruation Studies* (hlm. 141–156). Palgrave Macmillan.

- Buckley, T., & Gottlieb, A. (Eds.). (1988). *Blood magic: The anthropology of menstruation*. Berkeley: University of California Press.
- Chawla, J. (1994). Mythic origins of the menstrual taboo in the Rig Veda. *Economic and Political Weekly*, 29(43), 2817–2827.
- Chrisler, J. C. (2013). Teaching taboo topics: Menstruation, menopause, and the psychology of women. *Psychology of Women Quarterly*, 37(1), 128–132. <https://doi.org/10.1177/0361684312474372>
- Cohen, I. (2020). Menstruation and religion: Developing a critical menstrual studies approach. Dalam C. Bobel, I. T. Winkler, B. Fahs, K. A. Hasson, E. A. Kissling, & T.-A. Roberts (Eds.), *The Palgrave Handbook of Critical Menstruation Studies* (hlm. 113–126). Palgrave Macmillan. https://doi.org/10.1007/978-981-15-0614-7_11
- Davis, J., Macintyre, A., & Bockting, W. (2018). Menstrual stigma and school absenteeism. *Journal of Adolescent Health*, 62(3), 360–361.
- Dewi, C., Zamaa, M. S., Sari, W., Syahrir, M., & Handianti. (2025). Hubungan tingkat stress dengan siklus menstruasi pada remaja putri di Desa Mattunreng Tellue Kabupaten Sinjai. *Jurnal Mitra Sehat*, 15(1), 790–800. <https://journal.stikmks.ac.id/index.php/a/article/view/514/386>
- Douglas, M. (1966). *Purity and danger: An analysis of concepts of pollution and taboo*. London: Routledge & Kegan Paul.
- Ecih Winengsih, Tika Lubis, Khopiati, & Rahmah, N. N. (2025). Deteksi kesehatan mental dengan gangguan menstruasi remaja Gen Z. *Jurnal Kesehatan Perintis*. <https://jurnalupertis.com/index.php/JKP/article/view/1114/468>
- Egea, A., et al. (2025). Menstrual stigma, shame, and restriction practices. *Reproductive Health*.
- Ehrenreich, B., & English, D. (2005). *For her own good: Two centuries of the experts' advice to women* (2nd ed.). New York: Anchor Books.
- Erchull, M. J., Chrisler, J. C., Gorman, J. A., & Johnston-Robledo, I. (2002). Education and advertising: A content analysis of commercially produced booklets about menstruation. *The Journal of Early Adolescence*, 22(4), 455–474. <https://doi.org/10.1177/027243102237192>
- Garg, S., & Anand, T. (2015). Menstruation related myths in India: Strategies for combating it. *Journal of Family Medicine and Primary Care*, 4(2), 184–186. <https://doi.org/10.4103/2249-4863.154627>

- Ghimire, R. (2005). *Chhaupadi: A study on menstrual exile in Nepal*. Kathmandu
- Ginsburg, F. D., & Rapp, R. (1991). The politics of reproduction. Dalam F. D. Ginsburg & R. Rapp (Eds.), *The politics of reproduction* (hlm. 311–316). Durham: Duke University Press.
- Goffman, E. (1963). *Stigma: Notes on the management of spoiled identity*. Englewood Cliffs: Prentice-Hall.
- Gottlieb, A. (1988). *Menstrual cosmology among the Beng of Ivory Coast*. University of California Press.
- Gottlieb, A. (2020). Menstrual taboos: Moving beyond the curse. Dalam C. Bobel, I. T. Winkler, B. Fahs, K. A. Hasson, E. A. Kissling, & T.-A. Roberts (Eds.), *The Palgrave Handbook of Critical Menstruation Studies* (hlm. 143–162). Palgrave Macmillan. https://doi.org/10.1007/978-981-15-0614-7_14
- Hermanto. (2022). *DEKONSTRUKSI GENDER: UPAYA PEREMPUAN DALAM MELAWAN STIGMA MENSTRUASI DI FILM PERIOD. END OF SENTENCE (STUDI ANALISIS WACANA KRITIS SARA MILLS)*. UIN Sunan Kalijaga Yogyakarta.
- Horowitz, M. C. (1976). Aristotle and woman. *Journal of the History of Biology*, 9(2), 183–213. <https://doi.org/10.1007/BF00129244>
- Hughes, B. (2025). Conceptual framings of menstruation in 20th-century British menstrual product advertising: Visible stigma, invisible bleeding. *Women's Reproductive Health*. <https://doi.org/10.1080/23293691.2025.2472152>
- Jones, S. C., Boniface, E. R., Boehnlein, C., Jones Packham, A., & Baldwin, M. K. (2023). Menstrual health literacy among adolescents and young adults who menstruate: Impact of Christian family background and United States region. *Journal of Pediatric and Adolescent Gynecology*, 36(6), 518–524. <https://doi.org/10.1016/j.jpag.2023.07.006>
- Kadariya, S., & Aro, A. R. (2015). Chhaupadi practice in Nepal—Analysis of ethical aspects. *Asian Bioethics Review*, 7(3), 234–247.
- Kaelan. (2005). *Metode penelitian kualitatif bidang filsafat* (1st ed.). Yogyakarta: Paradigma.
- King, A. S., Sikkema, K., Rubli, J., DeVries, B., & Cherenack, E. (2025). "Due to these restrictions, girls think of themselves as nothing": A qualitative and quantitative description of menstrual restrictions and stigma among adolescent girls across religious and other sociocultural context. *Journal of Adolescence*, 97(4), 901–918. <https://doi.org/10.1002/jad.12463>

- Kissling, E. A. (1996). "That's just a basic teen-age rule": Girls' linguistic strategies for managing the menstrual communication taboo. *Journal of Applied Communication Research*, 24(4), 292–309. <https://doi.org/10.1080/00909889609365456>
- Laclau, E., & Mouffe, C. (2001). *Hegemony and socialist strategy: Toward a radical democratic politics* (2nd ed.). London: Verso.
- Lamp, F. B. (1988). Heaven and earth: The cosmology of the Temne. Dalam T. Buckley & A. Gottlieb (Eds.), *Blood magic: The anthropology of menstruation* (hlm. 187–210). Berkeley: University of California Press.
- Laqueur, T. (1986). Orgasm, generation, and the politics of reproductive biology. *Representations*, 14, 1–25.
- Lerner, G. (1986). *The creation of patriarchy*. New York: Oxford University Press.
- Lestari, E. (2015). Tabu menstruasi dalam tradisi keagamaan Yahudi dan Islam. Makalah dipresentasikan pada Seminar di Fakultas Ushuluddin dan Pemikiran Islam, UIN Sunan Ampel Surabaya. <https://doi.org/10.13140/RG.2.2.28257.76645>
- Lonkhuijzen, R. M. van, Garcia, F. K., & Wagemakers, A. (2023). The Stigma surrounding menstruation: Attitudes and practices regarding menstruation and sexual activity during menstruation. *Women's Reproductive Health*, 10(3), 409–427. <https://doi.org/10.1080/23293691.2022.2124041>
- Mandziuk, R. M. (2010). Ending women's greatest hygienic mistake: Modernity and the mortification of menstruation in Kotex advertising, 1921–1926. *Women's Studies in Communication*, 33(1), 44–69. <https://doi.org/10.1080/07491409.2010.966647>
- Martin, E. (1987). *The woman in the body: A cultural analysis of reproduction*. Boston: Beacon Press.
- McRobbie, A. (2008). *The aftermath of feminism: Gender, culture and social change*. London: Sage.
- Mernissi, F. (1987). *Beyond the veil: Male-female dynamics in a modern Muslim society* (Rev. ed.). Bloomington: Indiana University Press.
- Nurdini, & Lutfiyati, A. (2023). Tingkat stress berhubungan dengan gangguan siklus menstruasi pada siswi SMPN 1 Sleman, Daerah Istimewa Yogyakarta. *Jurnal Profesi Kesehatan Masyarakat*, 4(1), 30–38. <https://doi.org/10.47575/jpkm.v4i1.466>
- Olson, M. M., Alhelou, N., Kavattur, P. S., Rountree, L., & Winkler, I. T. (2022). The persistent power of stigma: A critical review of policy initiatives to break the menstrual silence and advance menstrual literacy. *PLOS Global Public Health*, 2(7), e0000070. <https://doi.org/10.1371/journal.pgph.0000070>

- Oot, M. F. (2018). Impure blood: The menstrual taboo in the Christian Church during the thirteenth century. PDX Scholar,
12. <https://pdxscholar.library.pdx.edu/younghistorians/2018/oralpres/12/>
- Patterson, A. S. (2013). The menstrual body (Disertasi). University of New Orleans. <https://scholarworks.uno.edu/td/1719>
- Pitaloka. (2024). Dasar kesehatan reproduksi. Banten: PT Sada Kurnia Pustaka.
- Pratama, H. A. (2023). Teori diskursus pascafondasional Ernesto Laclau [Skripsi S1]. Universitas Gadjah Mada, Yogyakarta.
- Putri, E. N., & Rahmawati, L. E. (2022). Fungsi eufemisme dan disfemisme dalam siniar "Close The Door" Deddy Corbuzier. Jurnal Onoma: Pendidikan, Bahasa dan Sastra, 8(1), 171–182.
- Quinney Smith, Z. (2020). Menstrual hygiene management and agenda-setting theory: A case study of the 'Period Products (Free Provision) (Scotland) Bill (2019)' [Skripsi S1]. Södertörn University. <http://www.diva-portal.org/smash/record.jsf?pid=diva2%3A1481782>
- Ragaudie, C. (2022). Menstruation in media: Representation and stigma. [Harap dilengkapi: sumber publikasi spesifik]
- Rahma, H. (2023). The implications of patriarchal culture toward gender discrimination behavior in Anne with an E movie series. CaLLs (Journal of Culture, Arts, Literature, and Linguistics), 9(2). <https://e-journals.unmul.ac.id/index.php/CALLS/article/download/12693/5819>
- Ramsey, S. M. (2025). Laclau and Mouffe's discourse theory: Professionalism as an empty signifier for nursing. Nursing Philosophy, 26(1), e70034. <https://pmc.ncbi.nlm.nih.gov/articles/PMC12341652/>
- Sivadasan, S., Ali, A. N., Marimuthu, K., Nazer, Z. A., & Chigurupati, S. (2014). Menstrual disorders among students—An overview. Research Journal of Pharmacy and Technology, 7(6), 713–718.
- Stopler, G. (2008). "A rank usurpation of power": The role of patriarchal religion and culture in the subordination of women. Duke Journal of Gender Law & Policy, 15, 51–76. https://papers.ssrn.com/sol3/papers.cfm?abstract_id=1316467
- Thakur, R., et al. (2014). Knowledge, practices, and restrictions related to menstruation among young women from low socioeconomic community in Mumbai, India. International Journal of Reproduction, Contraception, Obstetrics and Gynecology, 3(3), 1–5.

- Uddin, J. (2025). Menstrual hygiene management practices, knowledge gaps, and the imperative for male engagement in coeducational high schools in Dhaka, Bangladesh. *Children*, 12(2), 323. <https://doi.org/10.3390/children12020323>
- Villasari. (2021). *Fisiologi menstruasi*. Ponorogo: STRADA Press.
- Vostral, S. L. (2008). *Under wraps: A history of menstrual hygiene technology*. Lanham: Lexington Books.
- Weiss-Wolf, J. (2017). *Periods gone public: Taking a stand for menstrual equity*. New York: Arcade Publishing.
- Winkler, I. T., Fahs, B., Hasson, K. A., Kissling, E. A., & Roberts, T.-A. (Eds.). (2020). *The Palgrave Handbook of Critical Menstruation Studies*. Palgrave Macmillan. <https://doi.org/10.1007/978-981-15-0614-7>
- Yandiawan, R. (2026). Menimbang PPN nol persen untuk produk menstruasi. DDTC News. <https://news.ddtc.co.id/review/opini/1819717/menimbang-ppn-nol-persen-untuk-produk-menstruasi>