A Content Analysis of Self-Esteem Expression on The Lyrics of Songs in ITZY's IT'z ME, CHECKMATE,
and KILL MY DOUBT Album
Andi Alisya Nabila Pangerang, Dr. Mufti Nurlatifah, S.I.P., M.A.
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

TABLE OF CONTENTS

LEMBAR PENGESAHAN……i
LEMBAR PERNYATAAN BEBAS PLAGIASI……ii
PREFACE……..iii
ACKNOWLEDGEMENTS……..iv
ABSTRACT……....v
TABLE OF CONTENTS……..……vi
LIST OF FIGURES……..…….……...…ix
LIST OF TABLES……..…….…….....x
CHAPTER I: INTRODUCTION……...……..1
1.1 Research Background……..……..……..1
1.2 Research Question……..…….……..…….....5
1.3 Research Purpose……...……..…...……....5
1.4 Benefit Of Research……..……..5
1.5 Research Novelty……..……..6
CHAPTER II: THEORETICAL FRAMEWORK…….……...10
2.1 Theoretical Framework……..……...10
2.1.1 Lyrics as research content…….…….10
2.1.2 Lyrics as a form of expression…….…….…….12
2.1.3 Self-esteem expression through music and communication…….…14
2.1.4 Self-esteem in the environment of young women and K-Pop girl groups……...……..……..17
2.2 Conceptual Framework……...…….…….19
1.Living Consciously…….…….…...20
2. Self-Acceptance…….…….……21
3. Self-Responsibility…….…….……22
4. Self-Assertiveness…….…….….22
5. Living Purposefully…….…….....23
6. Personal Integrity…….…….…..23
CHAPTER III: **METHODOLOGY**……..…….....23

A Content Analysis of Self-Esteem Expression on The Lyrics of Songs in ITZY's IT'z ME, CHECKMATE,
and KILL MY DOUBT Album
Andi Alisya Nabila Pangerang, Dr. Mufti Nurlatifah, S.I.P., M.A.
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

3.1 Research Method……26
3.2 Research Object……...27
3.3 Data Collection Technique……..29
3.4 Data Analysis Technique……30
3.5 Research Limitation……33
CHAPTER IV: **FINDINGS AND DISCUSSIONS**……35
4.1 Overview of Self-Esteem Findings in ITZY and Selected Albums.……35
4.2 Expression of Living Consciously……...38
4.2.1 Honesty with feelings……...38
4.2.2 Acting based on awareness of reality……..41
4.3 Expression of Self-Acceptance……44
4.3.1 Value and respect oneself……44
4.3.2 Accepting all parts of the self……46
4.3.3 Self-compassion……...48
4.4 Expression of Self-Responsibility……...49
4.4.1 Ownership of choices and actions towards achievement of desires.. ……50
4.4.2 Responsibility in relationships……51
4.5 Expression of Self-Assertiveness……..53
4.5.1 Prioritizing personal needs and wants. ……53
4.5.2 Standing up for oneself……56
4.5.3 Resisting external expectations……59
4.6 Expression of Living Purposefully……..62
4.6.1 Productivity and self-discipline……63
4.6.2 Setting and fulfilling goals……64
4.7 Expression of Personal Integrity……..67
4.7.1 Consistency between values and action……68
4.7.2 Accepting consequences and guilt……69
CHAPTER V: **CLOSING**…….. ……..71
5.1 Conclusion……...71
5.2 Recommendations……...……73

UNIVERSITAS
GADJAH MADA
**A Content Analysis of Self-Esteem Expression on The Lyrics of Songs in ITZY's IT'z ME, CHECKMATE,
and KILL MY DOUBT Album**
Andi Alisya Nabila Pangerang, Dr. Mufti Nurlatifah, S.I.P., M.A.
Universitas Gadjah Mada, 2026 | Diunduh dari http://etd.repository.ugm.ac.id/

SOURCES……74

APPENDIX……...86