

INTISARI

Pemeliharaan kebersihan gigi dan mulut anak akan terwujud dengan baik apabila ada dukungan dari orangtua khususnya ibu. Peran ibu merupakan dasar terbentuknya perilaku anak dalam menjaga kebersihan gigi dan mulut. Menjaga kebersihan gigi dan mulut anak sejak dini dapat meningkatkan kesehatan gigi anak saat dewasa. Penelitian ini bertujuan untuk mengetahui peran ibu terhadap status kebersihan gigi dan mulut anak usia 5-6 tahun.

Jenis penelitian adalah analisis observasional dengan rancangan penelitian *cross-sectional*. Subjek penelitian adalah 25 anak dan 25 ibu sesuai kriteria inklusi. Peran ibu dalam pemeliharaan kebersihan gigi dan mulut dinilai berdasarkan kuesioner modifikasi Sutjipto dkk. (2013). Status kebersihan gigi dan mulut anak dinilai dengan indeks PHP (*Patient Hygiene Performance Index*) menurut Podshadley dan Haley yang dimodifikasi Amith dkk. (2007). Hasil data penelitian dianalisis dengan analisis deskriptif.

Hasil penelitian menunjukkan ibu-ibu siswa TK Madukismo dalam pemeliharaan kebersihan gigi dan mulut anak menunjukkan 84% peran baik dan 16% peran kurang baik. Anak-anak dari ibu yang memiliki peran baik, status kebersihan gigi dan mulut anak 29% kategori sedang dan 71% kategori buruk. Anak-anak dari ibu yang memiliki peran kurang baik, status kebersihan gigi dan mulut anak 100% kategori buruk. Kesimpulan penelitian ini adalah peran ibu baik dalam pemeliharaan kebersihan gigi dan mulut di TK Madukismo belum meningkatkan status kebersihan gigi dan mulut anak usia 5-6 tahun.

Kata kunci : peran ibu dalam pemeliharaan kebersihan gigi dan mulut, status kebersihan gigi dan mulut, anak usia 5-6 tahun.

ABSTRACT

The care of children dental and oral hygiene will be achieved by the support of parents, especially mothers. The role of mothers to the maintenance of oral hygiene becomes the basis of the establishment of child behavior in maintaining oral hygiene. Preserving oral hygiene of children in the early stage can inhibit plaque formation and improve dental health of children as they grow up. This study aimed to determine the role of mothers to the dental and oral hygiene status of children aged 5-6 years.

The type of this research was an observational analysis with cross-sectional research design. The subjects were 25 children and 25 mothers in accordance with the inclusion criteria. The mothers role in dental and oral hygiene maintenance was assessed based on the questionnaire modified by Sutjipto et al. (2013). Children oral hygiene status was assessed by the PHP index (Patient Hygiene Performance Index) according to Podshadley and Haley modified by Amith et al. (2007). The research data was analyzed using descriptive analysis.

The research finding has shown the role of mothers of *Madukismo* Kindergarten Students was 84% of mothers had good dental roles and 16% of mothers had less good role. The children of the mothers with a good role was 29% of the medium category and 71% of poor category. The children of mothers who plays a less good role was 100% of poor category. The study has concluded that the good role of mothers in the maintenance of dental and oral hygiene of dental and oral hygiene status of children in the age of 5-6 years.

Keywords : Mothers role in dental dan oral hygiene care, dental and oral hygiene status, children aged 5-6 years.