

Daftar Pustaka

- Alabdulhadi, M. A., & Ganjali, M. (2022). An exhaustive power comparison of normality tests. *Mathematics*, 9(7), Article 788. <https://doi.org/10.3390/math9070788>
- Armsden, G. C., & Greenberg, M. T. (1987). The inventory of parent and peer attachment: Individual differences and their relationship to psychological well-being in adolescence. *Journal of youth and adolescence*, 16(5), 427–454. <https://doi.org/10.1007/BF02202939>
- Armstrong, M. I., Birnie-Lefcovitch, S., & Ungar, M. T. (2005). Pathways between social support, family well being, quality of parenting, and child resilience: What we know. *Journal of Child and Family Studies*, 14(2), 269–281. <https://doi.org/10.1007/s10826-005-5054-4>
- Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469–480. <https://doi.org/10.1037/0003-066X.55.5.469>
- Azwar, S. (2012). *Penyusunan skala psikologi* (Ed. 2). Pustaka Pelajar.
- Badan Pusat Statistik. (2020). *Generasi Z Dalam Klasifikasi Generasi — Jumlah penduduk menurut wilayah, klasifikasi generasi, dan jenis kelamin Indonesia tahun 2020*. <https://sensus.bps.go.id/topik/tabular/sp2020/2>
- Barber, B. K. (1996). Parental psychological control: Revisiting a neglected construct. *Child Development*, 67(6), 3296–3319. <https://doi.org/10.1111/j.1467-8624.1996.tb01915.x>
- Bartholomew, K., & Horowitz, L. M. (1991). Attachment styles among young adults: A Test of a Four-Category Model. *Journal of Personality and Social Psychology*, 61(2), 226–244. <https://doi.org/10.1037/0022-3514.61.2.226>
- Bowlby, J. (1982). *Attachment and loss: Vol. 1. Attachment* (2nd ed.). Basic Books.
- Connor, K. M., & Davidson, J. R. (2003). Development of a new resilience scale: The Connor Davidson Resilience Scale (CD-RISC). *Depression and Anxiety*, 18(2), 76–82. <https://doi.org/10.1002/da.10113>
- Deloitte. (2022, May 18). *Deloitte's Gen Z and Millennial Survey reveals two generations striving for balance and advocating for change*. <https://www.deloitte.com/global/en/about/press-room/deloittes-gen-z-and-millennial-survey-reveals-two-generations-striving-for-balance-and-advocating-for-change.html>
- Feist, J., & Feist, G. J. (2020). *Theories of personality* (10 ed). McGraw-Hill.
- Funder, D. C., & Ozer, D. J. (2019). Evaluating effect size in psychological research: Sense and nonsense. *Advances in Methods and Practices in Psychological Science*, 2(2), 156–168.

- <https://doi.org/10.1177/2515245919847202>
- Ghazaly, V. A., Chianesen, W., Rajani, A. A. C., & Sudrajat, E. K., (2024). Hubungan motivasi kerja dengan resiliensi pada mahasiswa Gen Z yang mengikuti program magang industri. *Experientia: Jurnal Psikologi Indonesia*, 12(1), 115-132. <https://doi.org/10.33508/exp.v12i1.5578>
- Hadi, S. (2001). Isu uji asumsi. *Buletin Psikologi*, 9(1). <https://share.google/apogacX4sj9tY3Qv5>
- Iba, Z., & Wardhana, A. (2024). *Analisis regresi dan analisis jalur untuk riset bisnis menggunakan SPSS 29.0 & SMART-PLS 4.0*. Eureka Media Aksara.
- Kasali, R. (2017). *Strawberry generation*. Mizan.
- Kumari, R., & Sinha, P. (2025). Parental support and coping strategies in emerging adults. *International Journal of Behavioral Development*, 28(3), 234–250. <https://doi.org/10.1177/01650254241234567>
- Lubis, R., & Komalasari, S. (2024). Coping stress pada mahasiswa generasi z yang sedang magang. *Character: Jurnal Penelitian Psikologi*, 11(2), 1224-1234. <https://doi.org/10.26740/cjpp.v11n2.p1136-1150>
- Maharani, E. P. (2018). *Kelekatan orang tua (parent attachment) dan kesehatan sosial-emosional (social emotional health) pada remaja* [Undergraduate thesis, Universitas Islam Indonesia]. Repositori UII. <https://dspace.uui.ac.id/handle/123456789/10994>
- Masten, A. S. (2001). Ordinary magic: Resilience processes in development. *American Psychologist*, 56(3), 227–238. <https://doi.org/10.1037/0003-066X.56.3.227>
- Mattanah, J. F., Lopez, F. G., & Governor, R. (2011). The role of parental attachment in college student adjustment: A meta-analysis. *Journal of Counseling Psychology*, 58(4), 567–580. <https://doi.org/10.1037/a0025260>
- Mikulincer, M., & Shaver, P. R. (2016). *Attachment in adulthood: Structure, dynamics, and change* (2nd ed.). Guilford Press.
- Nashori, F., & Saputro, I. (2021). *Psikologi resiliensi*. Universitas Islam Indonesia.
- Nunnally, J. C., & Bernstein, I. H. (1994). *Psychometric theory* (3rd ed.). McGraw-Hill.
- Putri, F. A. (2023). *Pengaruh resiliensi terhadap work readiness pada mahasiswa magang Merdeka Belajar Kampus Merdeka (MBKM) Universitas Padjadjaran* [Undergraduate thesis, Universitas Padjadjaran].
- Pramudita, A., Latifah, M., & Riany, Y. E. (2025). Strawberry generation: The role of parental attachment, friendship quality, and mental health self-efficacy on adolescent self resilience. *Jurnal Psikologi*, 24(2), 151–164. <https://doi.org/10.14710/jp.24.2.151-164>
- Santrock, J. W. (2011). *Life-span development* (13th ed.). McGraw-Hill.

- Subiantoro, S. (2024). Harapan Generasi Z terhadap pekerjaan di masa depan: Implikasi bagi kebijakan pendidikan di Indonesia (sebuah tinjauan literatur). *JiIP-Jurnal Ilmiah Ilmu Pendidikan*, 7(9), 10727-10736. <https://doi.org/10.54371/jiip.v7i9.5931>
- Sugiyanto. (2025). Studi literatur: Resiliensi Gen Z lebih rendah? *Tabularasa: Jurnal Ilmiah Magister Psikologi*, 7(2), 98-105. <https://doi.org/10.31289/tabularasa.v7i2.5630>
- Sugiyono. (2015). *Metode penelitian kuantitatif, kualitatif, dan R&D*. Alfabeta.
- Svendsen, S., Griffin, J., & Forkey, H. (2020). Using the attachment relationship and positive parenting principles to build childhood resilience. *Advances in Pediatrics*, 67, 15–28. <https://doi.org/10.1016/j.yapd.2020.04.004>
- Trissaputri, D. H., & Soetjiningsih, C. H. (2024). Kelekatan pada orang tua dan resiliensi mahasiswa baru Universitas Kristen Satya Wacana yang berasal dari luar Pulau Jawa. *INNOVATIVE: Journal Of Science Research*, 4(1), 11075–11085. <https://doi.org/10.31004/innovative.v4i1.9079>
- Uji, A., & Kawaguchi, T. (2024). Emotional regulation in adolescents: A cross-cultural study. *Journal of Developmental Psychology*, 15(2), 145–160. <https://doi.org/10.1037/dev000123>
- Van Lissa, C. J., Keizer, R., Van Lier, P. A. C., Meeus, W. H. J., & Branje, S. (2019). The role of fathers' versus mothers' parenting in emotion-regulation development from mid-late adolescence: Disentangling between-family differences from within-family effects. *Developmental Psychology*, 55(2), 377–389. <https://doi.org/10.1037/dev0000612>
- Wahyudi, A., Mahyuddin, M. J., Irawan, A. W., Silondae, D. P., Lestari, M., Bosco, F. H., & kurniawan, S. J. (2020). Model Rasch: Analisis skala resiliensi Connor-Davidson versi bahasa Indonesia. *Jurnal Advide*, 2(1), 28–35. <https://doi.org/10.32585/advide.v2i1.701>
- Widhiarso, W. (2010). *Pengategorian data dengan menggunakan statistik hipotetik dan statistik empirik*. Fakultas Psikologi Universitas Gadjah Mada. <https://widhiarso.staff.ugm.ac.id/wp/wp-content/uploads/Widhiarso-Pengategorian-Data-dengan-Menggunakan-Statistik-Hipotetik-dan-Statistik-Empirik.pdf>
- Wulandari, A. P. J. (2020, March 31). Mengenal resiliensi dalam ilmu psikologi. *Psychology Binus University*. <https://psychology.binus.ac.id/2020/03/31/mengenal-resiliensi-dalam-ilmu-psikologi/>