

Daftar Isi

Halaman Sampul.....	i
Halaman Judul.....	ii
Lembar Pengesahan.....	iii
Halaman Pengesahan dan Tanda Tangan.....	iv
Halaman Pernyataan.....	v
Kata Pengantar.....	vii
Daftar Isi.....	ix
Daftar Tabel.....	x
Daftar Lampiran.....	xi
Abstrak.....	xii
Pendahuluan.....	1
Metode.....	6
Hasil.....	11
Diskusi.....	19
Kesimpulan.....	28
Saran.....	28
Daftar Pustaka.....	29
Lampiran.....	37

Daftar Tabel

Tabel 1. Data Demografis Partisipan.....	11
Tabel 2. Hasil Analisis Deskriptif Variabel Penelitian.....	12
Tabel 3. Kategorisasi Variabel Penelitian.....	13
Tabel 4. Hasil Uji Kesesuaian Model (<i>Model Fit Measure</i>).....	15
Tabel 5. Hasil Uji Regresi Linear Berganda.....	16
Tabel 6. Hasil Uji <i>Independent Samples T-Test</i> Berdasarkan Jenis Kelamin.....	17
Tabel 7. Hasil Uji <i>Independent Samples T-Test</i> Berdasarkan Status Tinggal.....	18

Daftar Lampiran

A. BLUEPRINT ALAT UKUR PENELITIAN.....	37
Lampiran 1. Blueprint <i>Self-Talk Scale</i>	37
Lampiran 2. Blueprint <i>Social Provisions Scale</i>	37
Lampiran 3. Blueprint <i>Personal Self-Concept Questionnaire</i>	37
B. ALAT UKUR PENELITIAN.....	38
Lampiran 4. Skala <i>Self-Talk Scale</i>	38
Lampiran 5. Skala <i>Social Provisions Scale</i>	39
Lampiran 6. Skala <i>Personal Self-Concept Questionnaire</i>	41
C. UJI RELIABILITAS SKALA.....	43
Lampiran 7. Reliabilitas Skala <i>Self-Talk Scale</i>	43
Lampiran 8. Reliabilitas Skala <i>Social Provisions Scale</i>	44
Lampiran 9. Reliabilitas Skala <i>Personal Self-Concept Questionnaire</i>	44
D. DESKRIPSI DATA PENELITIAN.....	44
Lampiran 10. Hasil Data Deskriptif Penelitian.....	44
E. VERIFIKASI ASUMSI.....	45
Lampiran 11. Hasil Uji Normalitas <i>Skewness</i>	45
Lampiran 12. Hasil Uji Korelasi Pearson.....	45
F. UJI HIPOTESIS.....	46
Lampiran 14. Hasil Uji Regresi Linear Berganda.....	46
G. ANALISIS TAMBAHAN.....	46
Lampiran 15. Hasil Uji <i>Independent Samples T-Test</i> (Jenis Kelamin).....	46
Lampiran 16. Hasil Uji <i>Independent Samples T-Test</i> (Status Tinggal).....	46
H. Data Penelitian.....	47
Lampiran 17. Data Skor <i>Self-Talk Scale</i>	47
Lampiran 18. Data Skor <i>Personal Self Concept Questionnaire</i>	55
Lampiran 19. Data Skor <i>Social Provisions Scale</i>	62
I. DOKUMEN LAIN.....	70
Lampiran 20. <i>Informed Consent</i>	70
Lampiran 21. Hasil <i>TurnItIn</i>	73
Lampiran 22. Persetujuan Komite Etika Penelitian.....	73