

DAFTAR PUSTAKA

- Abduh, M., Alawiyah, T., Apriansyah, G., Sirodj, R. A., & Afgani, M. W. (2022). Survey Design: Cross Sectional dalam Penelitian Kualitatif. *Jurnal Pendidikan Sains Dan Komputer*, 3(01), 31–39. <https://doi.org/10.47709/jpsk.v3i01.1955>
- Agustriandri, F. (2021). Hubungan Antara Academic *Burnout* Dengan Prokrastinasi Akademik Pada Mahasiswa Fakultas Psikologi Universitas Islam Negeri (Uin) Maulana Malik Ibrahim Malang Di Masa Perkuliahan Daring Skripsi Fakultas Psikologi Universitas Islam Negeri Maulana Malik Ibrahim Malang 2021.
- AIPNI. (2021). Kurikulum Pendidikan Ners Indonesia Tahun 2021. www.aipni-ainec.org
- Al Jamiliyati, N., Hayunnisa, R., Eka, S., Farihatul, S., Rochma, S., & Sofia. (2025). Komunikasi Efektif Dalam Keperawatan : Strategi Penggunaan Bahasa Yang Sederhana Edukasi Pasien. *Kirana : Social Science Journal*, 2(1), 11–15. <https://doi.org/10.61579/kirana.v2i1.275>
- Alimah, S., Swasti, K. G., & Ekowati, W. (2016). Gambaran *Burnout* Pada Mahasiswa Keperawatan Di Purwokerto.
- Amarsa, R. R., Ramdhani, R. N., Taufiq, A., & Saripah, I. (2023). Kecenderungan Academic *Burnout* Pada Mahasiswa Bimbingan Dan Konseling Universitas Pendidikan Indonesia. *Jurnal Bimbingan Dan Konseling*, 7(2).
- Amelia, N., & Slametiningsih. (2022). Hubungan Tingkat Stres Terhadap *Burnout* Pada Mahasiswa Program Profesi Ners Fakultas Ilmu Keperawatan Universitas Muhammadiyah Jakarta Tahun Akademik 2021-2022.
- Anggunani, A. R., & Purwanto, B. (2018). Hubungan antara Problematic Internet Use dengan Prokrastinasi Akademik. *Gadjah Mada Journal Of Psychology*, 4(1), 1–10.
- Arian, M., Jamshidbeigi, A., Kamali, A., Dalir, Z., & Ali-Abadi, T. (2023). The prevalence of *burnout* syndrome in nursing students: A systematic review and meta-analysis. *Teaching and Learning in Nursing. Elsevier Inc.* <https://doi.org/10.1016/j.teln.2023.04.015>
- Arifin, M. A. , & P. Y. P. (2022). *Burnout* pada mahasiswa keperawatan ditinjau dari jenis kelamin. *Burnout Pada Mahasiswa Keperawatan Ditinjau Dari Jenis Kelamin. Jurnal Ilmu Keperawatan*, 10(1), 45–52.

- Arlinkasari, F., & Akmal, S. Z. (2017). Hubungan antara School Engagement, Academic Self-Efficacy dan Academic *Burnout* pada Mahasiswa.
- Aulia, A., Septiantika, D. F., Perdana, D. Y., Azis, A. P., Irawan, D. B., & Fajar, M. (2024). Self-Regulation as a Mediator Between Learning Motivation and Academic Procrastination in Students Who Are Preparing a Thesis. *International Journal of Islamic Educational Psychology*, 5(2), 237–263. <https://doi.org/10.18196/ijiep.v5i2.23697>
- Avia, I., Yunike, Kusumawaty, I., Handian, I. F., Ahmad, S. A., Simajuntak, G. V., Wahyurianto, Y., & Surani, V. (2022). Penelitian Keperawatan Penulis. <https://www.researchgate.net/publication/362290086>
- Azwar, S. (2016). Reliabilitas dan Validitas Aitem. University of Virginia Press.
- Barlian, E. (2018). Metodologi penelitian kualitatif & kuantitatif.
- Baru, A., Yanti, N. P. E. darma, Nurhesti, P. O. Y., & Krisnawati. (2025). *Gambaran Burnout mahasiswa Profesi Keperawatan program Studi Sarjana keperawatan dan Pendidikan Profesi Ners*.
- Chen, X., Wu, M., Dong, G., Cui, L., Qu, B., & Zhu, Y. (2024). Social support and academic procrastination in health professions students: the serial mediating effect of intrinsic learning motivation and academic self-efficacy. *Advances in Health Sciences Education*. <https://doi.org/10.1007/s10459-024-10394-4>
- Dara, Y. L., Wolor, C. W., & Marsofiati, M. (2023). Pengaruh Perfeksionisme, Manajemen Waktu, Dan Internal Locus Of Control Terhadap Prokrastinasi Akademik Mahasiswa. *Serumpun: Journal of Education, Politic, and Social Humaniora*, 1(2), 139. <https://doi.org/10.61590/srp.v1i2.93>
- Darmadi, I. P. Y. (2020). Prokrastinasi akademik mahasiswa ditinjau dari perbedaan angkatan. *Universitas Sanata Dharma Yogyakarta*.
- Devira, M. F. (2023). Prokrastinasi akademik pada mahasiswa program profesi Ners. *UIN Syarif Hidayatullah Jakarta Institutional Repository*.
- Edú-valsania, S., Laguía, A., & Moriano, J. A. (2022). *Burnout: A Review of Theory and Measurement*. In *International Journal of Environmental Research and Public Health* (Vol. 19, Issue 3). MDPI. <https://doi.org/10.3390/ijerph19031780>
- Farkhah, S. B., Hasanah, M., & Amelasasih, P. (2022). Pengaruh Academic *Burnout* terhadap Prokrastinasi Akademik dalam Menyusun Skripsi pada Mahasiswa. *Conseils: Jurnal Bimbingan Dan Konseling Islam*, 2(1), 47–57. <https://doi.org/10.55352/bki.v2i1.567>

- Galdino, M. J. Q., de Almeida, L. P. B. M., da Silva, L. F. R., Cremer, E., Scholze, A. R., Martins, J. T., & do Carmo Fernandez Lourenço Haddad, M. (2020). *Burnout among nursing students: A mixed method study. Investigacion y Educacion En Enfermeria*, 38(1). <https://doi.org/10.17533/UDEA.IEE.V38N1E07>
- Gao, X. (2023). Academic stress and academic *burnout* in adolescents: a moderated mediating model. *Frontiers in Psychology*, 14. <https://doi.org/10.3389/fpsyg.2023.1133706>
- Garcia, D., Kazemitabar, M., Björk, E., Daniele, T. M. da C., Mihailovic, M., Cloninger, K. M., Frota, M. A., & Cloninger, C. R. (2024). Nursing students' personality (Temperament and Character), *burnout* symptoms, and health and well-being. *International Journal of Nursing Studies Advances*, 6. <https://doi.org/10.1016/j.ijnsa.2024.100206>
- Ghods, A. A., Ebadi, A., Sharif Nia, H., Allen, K. A., & Ali-Abadi, T. (2023). Academic *burnout* in nursing students: An explanatory sequential design. *Nursing Open*, 10(2), 535–543. <https://doi.org/10.1002/nop2.1319>
- Ghosh, R. , & Roy, S. (2017). Relating multidimensional perfectionism and academic procrastination among Indian university students: Is there any gender divide? . *Gender in Management*, 32(8), 518–534.
- Ghufron, M. N., & Rini, R. S. (2011). *Teori-Teori Psikologi*.
- Gómez-Urquiza, J. L., Velando-Soriano, A., Martos-Cabrera, M. B., Cañadas, G. R., Albendín-García, L., Cañadas-De la Fuente, G. A., & Aguayo-Estremera, R. (2023). Evolution and Treatment of Academic *Burnout* in Nursing Students: A Systematic Review. In *Healthcare (Switzerland)* (Vol. 11, Issue 8). MDPI. <https://doi.org/10.3390/healthcare11081081>
- Gunawan, G. F., & Pandjaitan, L. N. (2024). Hubungan Prokrastinasi Akademik Dan Academic *Burnout* Pada Mahasiswa. In *Calyptra Vol* (Vol. 12, Issue 2).
- Gustavson, D. E., & Miyake, A. (2017). Academic procrastination and goal accomplishment: A combined experimental and individual differences investigation. *Learning and Individual Differences*, 54, 160–172. <https://doi.org/10.1016/j.lindif.2017.01.010>
- Hakim, N. R., Sherlyna Prihandhani, I., Gede Wirajaya, I., (2018). *Hubungan Manajemen Waktu Dengan Kebiasaan Prokrastinasi Penyusunan Skripsi Mahasiswa Keperawatan Angkatan Viii Stikes Bina Usada Bali*.
- Haryani, Pertiwi, A. A. P., Harjanto, T., & Lusmilasari, L. (2024). Buku Panduan Akademik Ta 2024-2025.

- Hidayati, S., Amalia, R., & Aiyub. (2022). *Burnout Mahasiswa Keperawatan Dalam Mengikuti Program Profesi Ners Di Masa Pandemi Covid-19 The Overview Of Nursing Student Burnout In Taking The Nurse Profession Program In The Covid-19 Pandemic*. In *JIM* (Issue 4).
- Husain, A. R., Wantu, T., & Pautina, M. R. (2023). Perilaku Prokrastinasi Akademik dan Faktor Penyebabnya pada Mahasiswa. *Student Journal of Guidance and Counseling*, 2(2), 145–157.
- Hwang, E., & Kim, J. (2022). Factors affecting academic *burnout* of nursing students according to clinical practice experience. *BMC Medical Education*, 22(1). <https://doi.org/10.1186/s12909-022-03422-7>
- Jamila. (2020). Konsep Prokratinasi Akademik Mahasiswa. *Jurnal EduTech*, 6(2).
- Janatolmakan, M., Torabi, Y., Rezaeian, S., Andayeshgar, B., Dabiry, A., & Khatony, A. (2021). The Relationship between Resilience and Academic *Burnout* among Nursing and Midwifery Students in Kermanshah, Iran. *Education Research International*, 2021. <https://doi.org/10.1155/2021/6647012>
- Kennedy, G. J., & Tuckman, B. W. (2013). An exploration into the influence of academic and social values, procrastination, and perceived school belongingness on academic performance. *Social Psychology of Education*, 16(3), 435–470. <https://doi.org/10.1007/s11218-013-9220-z>
- Kereh, H. F., & Rochmawati, E. (2022). Pengalaman Belajar Mahasiswa Keperawatan dalam Praktik Klinik. *Journal of Telenursing (Joting)*, 4(1), 279–288. <https://doi.org/10.31539/joting.v4i1.2745>
- Khatami, R. A. (2018). Hubungan Stres Terhadap *Burnout* Pada Mahasiswa Preklinik Fakultas Kedokteran Uin Syarif Hidayatullah Jakarta Tahun.
- Kurniawan, D. E. (2024). IJEDR: Indonesian Journal of Education and Development Research Analysis of Factors Causing Academic Procrastination in Students.
- Lestari, T. R. P. (2014). Pendidikan Keperawatan: Upaya Menghasilkan Tenaga Perawat Berkualitas.
- Lestari, T. R. P. (2014). Pendidikan Keperawatan: Upaya Menghasilkan Tenaga Perawat Berkualitas.
- Lubis, I. H., & Meilala, S. M. (2022). Perbedaan Prokrastinasi Akademik Ditinjau dari Jenis Kelamin pada Mahasiswa Universitas X Stambuk 2018 Differences in Academic Procrastination in terms of Gender in University of X Students Class of 2018. 3(2), 107–112. <https://doi.org/10.51849/j-p3k.v3i2.155>

- Madigan, D. J., Kim, L. E., & Glandorf, H. L. (2024). Interventions To Reduce *Burnout* In Students: A Systematic Review And Meta-Analysis. In *European Journal of Psychology of Education* (Vol. 39, Issue 2, pp. 931–957). Springer Science and Business Media B.V. <https://doi.org/10.1007/s10212-023-00731-3>
- Maslach, C., & Leiter, M. P. (2016). Understanding the *burnout* experience: Recent research and its implications for psychiatry. *World Psychiatry*, 15(2), 103–111. <https://doi.org/10.1002/wps.20311>
- Muflihah, L., & Savira, S. I. (2021). Pengaruh Persepsi Dukungan Sosial Terhadap *Burnout* Akademik Selama Pandemi.
- Nábělková, E., & Ratkovská, J. (2015). Academic procrastination and factors contributing to its overcoming. *New Educational Review*, 39(1), 107–118. <https://doi.org/10.15804/tner.2015.39.1.09>
- Nabila, R. (2023). Faktor-Faktor yang Berpengaruh terhadap Prokrastinasi Akademik: Studi pada Mahasiswa Perguruan Tinggi. *Jurnal Teknologi Pendidikan*, 1(2), 10. <https://doi.org/10.47134/jtp.v1i2.169>
- Nastiti, N. O., & Puspitasari, D. (2024). Pengaruh motivasi Belajar dan Perfeksionisme terhadap Prokrastinasi Akademik Mahasiswa Pendidikan Administrasi Perkantoran Universitas Negeri Surabaya. *J-subaKIP (Jurnal Keguruan Dan Ilmu Pendidikan)*.
- Nilufer, B. (2017). Understanding the academic procrastination attitude of language learners Turkish universities. *Educational Research and Reviews*, 12(3), 108–115.
- Nurmayanti, L., & Margono, H. M. (2017). *Burnout* Pada Dokter.
- Putri, K. P. D., Nauli, F. A., & Aziz, A. R. (2023). Hubungan *Burnout* terhadap Perilaku Prokrastinasi Akademik pada Mahasiswa Keperawatan Universitas Riau. *Jukej: Jurnal Kesehatan Jompa*, 2(2), 164-177.
- Rahman, D. H. (2020). Validasi School *Burnout* Inventory versi Bahasa Indonesia. *Jurnal Penelitian Ilmu Pendidikan*, 13(2), 85–93. <https://doi.org/10.21831/jpipfip.v13i2.32579>
- Rodríguez, A., & Clariana, M. (2017). Procrastinación en Estudiantes Universitarios: Su Relación con la Edad y el Curso Académico. In *Revista Colombiana de Psicología* (Vol. 26, Issue 1, pp. 45–60). Universidad Nacional de Colombia. <https://doi.org/10.15446/rcp.v26n1.53572>

- Rozsy, M. F. (2018). *Hubungan Antara Dukungan Emosional Teman Sebaya dengan Burnout pada Mahasiswa Program Studi Sarjana Keperawatan Fakultas Kperawatan Universitas Jember*.
- Rusmianingsih, N., Rahmawati, E., & Wulan, N. (2024). Hubungan tingkat stres dan kualitas tidur dengan konflik pada mahasiswa profesi ners di Sekolah Tinggi Ilmu Kesehatan Kuningan. *Journal of Nursing Practice and Education*, 4(2), 297–306. <https://doi.org/10.34305/jnpe.v4i2.1080>
- Sagita, D. D., & Meilyawati, V. (2021). Tingkat Academic *Burnout* Mahasiswa di Masa Pandemi COVID-19. *Nusantara of Research : Jurnal Hasil-Hasil Penelitian Universitas Nusantara PGRI Kediri*, 8(2), 104–119. <https://doi.org/10.29407/nor.v8i2.16048>
- Sahir, S. H. (2021). Metodologi Penelitian Yogyakarta: Kbm Indonesia.
- Saputra, Y. A. A. , & P. S. A. (2020). *Hubungan Antara Academic Burnout dengan Prokrastinasi Akademik pada Mahasiswa Universitas Mercu Buana yang Bekerja*. 1–17.
- Saranga, R., Pangemanan, D. H. C., & Tompodung, L. M. (2025). Hubungan Prokrastinasi Akademik dengan Indeks Prestasi Kumulatif (IPK) Pada Mahasiswa Angkatan 2023 Program Studi Pendidikan Dokter Fakultas Kedokteran Universitas Sam Ratulangi. *Medical Scope Journal*, 8(1), 24–30. <https://doi.org/10.35790/msj.v8i1.61338>
- Sari, D. A. D. C. yadnya, Wijaya, D., & Purwandari, R. (2017). Hubungan Persepsi Mahasiswa tentang Profesi Keperawatan dengan Motivasi Melanjutkan Pendidikan Profesi Ners di PSIK Universitas Jember.
- Schaufeli, W. B. (2017). *Burnout: A short socio-cultural history*. In *Burnout, Fatigue, Exhaustion: An Interdisciplinary Perspective on a Modern Affliction* (pp. 105–127). Springer International Publishing. https://doi.org/10.1007/978-3-319-52887-8_5
- Solikhati, N. F. (2023). Gambaran *Burnout* Mahasiswa Profesi Ners Departemen Ilmu Keperawatan Universitas Diponegoro.
- Subashkevych, I. (2023). Study Of The Features Of Academic Procrastination Of Youth Students. *Socio-Economic Relations in the Digital Society*, 3(49), 86–96. <https://doi.org/10.55643/ser.3.49.2023.511>
- Sugiyono. (2022). Metode Penelitian Kuantitatif, Kualitatif, dan R&D (Edisi Kedua) (2nd ed.). CV Alfabeta.

- Suha, Y., Nauli, F. A., & Karim, D. (2022). Gambaran *Burnout* Pada Mahasiswa Jurusan Keperawatan.
- Suhadianto, & Prastitis, N. (2019). Eksplorasi faktor penyebab, dampak dan strategi untuk penanganan prokrastinasi akademik pada mahasiswa. *Jurnal RAP (Riset Aktual Psikologi Universitas Negeri Padang)*, 10, 193. <https://doi.org/10.24036/rapun.v10i2.106266>
- Taherdoost, H. (2018). Validity and Reliability of the Research Instrument; How to Test the Validation of a Questionnaire/Survey in a Research. *SSRN Electronic Journal*. <https://doi.org/10.2139/ssrn.3205040>
- Taqiyah, I., Yusril, M., & Syahputra, I. (2025). Adaptasi Alat Ukur MAPS-15 (Multidimensional Academic Procrastination Scale) pada Mahasiswa: Versi Bahasa Indonesia Article Info Abstrak. In *Jurnal Psikologi dan Konseling West Science* (Vol. 3, Issue 01).
- Thun-Hohenstein, L., Höbinger-Ablasser, C., Geyerhofer, S., Lampert, K., Schreuer, M., & Fritz, C. (2021). *Burnout* in medical students. *Neuropsychiatrie*, 35(1), 17–27. <https://doi.org/10.1007/s40211-020-00359-5>
- Thursina, N. T. (2019). Analisis Hubungan Hasil Try Out Dengan Pencapaian Ujian Kompetensi Ners Indonesia (Ukni) Pada Mahasiswa Program Profesi Ners Fakultas Keperawatan Universitas Airlangga.
- Trisnani, R. P., & Asri, D. N. (2024). Student Academic Procrastination? Self Esteem, Motivation for Achievement, and Learning Style. *Jurnal Pendidikan, Sosial, Dan Agama*, 16(2), 1155–1168. <https://doi.org/10.37680/qalamuna.v16i2.5455>
- Ulfa, F., & Ningsih, N. (2021). The Relationship Of The Role Of Nurses As Educators With Compliance With Medication In Hypertension Patients In The Working Area Of East Langsa Health Center. *Public Health Journal*, 1, 2024. <https://doi.org/10.62710/t6xptt36>
- Van Dam, A. (2021). A clinical perspective on *burnout*: diagnosis, classification, and treatment of clinical *burnout*. *European Journal of Work and Organizational Psychology*, 30(5), 732–741. <https://doi.org/10.1080/1359432X.2021.1948400>
- Velando-Soriano, A., Suleiman-Martos, N., Pradas-Hernández, L., Membrive-Jiménez, M. J., Ramírez-Baena, L., Gómez-Urquiza, J. L., & Cañadas-De La Fuente, G. A. (2023). Factors related to the appearance and development of *burnout* in nursing

- students: a systematic review and meta-analysis. In *Frontiers in Public Health* (Vol. 11). Frontiers Media S.A. <https://doi.org/10.3389/fpubh.2023.1142576>
- Wahidah, A. Z. , & K. R. N. (2025). Hubungan antara manajemen waktu dengan prokrastinasi akademik pada mahasiswa pengguna aplikasi TikTok. *Character Jurnal Penelitian Psikologi*, 12(02), 676–691.
- Widayanti, E. R. (2025). Perbedaan Tingkat Stres Akademik dan *Burnout* akademik pada Mahasiswa S1 Ilmu Keperawatan Fakultas Kedokteran, Kesehatan Masyarakat, dan Keperawatan Universitas Gadjah Mada.
- Widi, N. (2023). Analisis Academic *Burnout* Siswa Sma Pada Pembelajaran Kimia Skripsi.
- Wirasatriaji, A. (2024). *Pengaruh Mindfulness Terhadap Prokrastinasi Akademik dengan Regulasi diri Sebagai Mediator Pada Pengurus Organisasi Mahasiswa Intra Fakultas Psikologi UIN Malang*.
- Yılmaz, E. bahadır. (2016). Academic and clinical stress, stress resources and ways of coping among Turkish first-year nursing students in their first clinical practice. *Kontakt*, 18(3), e145–e151. <https://doi.org/10.1016/j.kontakt.2016.08.001>
- Yusuf, M. N. S. (2017). Hubungan Prokrastinasi Akademik terhadap Ketidakhadiran Akademik di program Studi Keperawatan.
- Zhang, Y., Dong, S., Fang, W., Chai, X., Mei, J., & Fan, X. (2018). Self-efficacy for self-regulation and fear of failure as mediators between self-esteem and academic procrastination among undergraduates in health professions. *Advances in Health Sciences Education*, 23(4), 817–830. <https://doi.org/10.1007/s10459-018-9832-3>
- Zhang, Z., Wang, Y., Wu, H., Zhou, Y., & Peng, C. (2024). Direct and indirect effects of father-child attachment on academic *burnout* in college students. *Frontiers in Psychology*, 15. <https://doi.org/10.3389/fpsyg.2024.1345590>
- Zohar, A. H., Shimone, L. P., & Hen, M. (2019). Active and passive procrastination in terms of temperament and character. *PeerJ*, 7. <https://doi.org/10.7717/PEERJ.6988>