

## **PENGUATAN KAPASITAS FORUM ANAK UMBULHARJO DALAM MENGHADAPI BENCANA ERUPSI DENGAN PEMBERDAYAAN BERBASIS PROYEK**

### **INTISARI**

Forum Anak Umbulharjo merupakan organisasi anak yang berpotensi sebagai agen penguatan kapasitas masyarakat kawasan risiko bencana. Namun, hingga saat ini belum terdapat program berkelanjutan yang secara khusus membangun kemampuan anak dalam kesiapsiagaan bencana. Penelitian ini bertujuan merancang model pemberdayaan berbasis proyek untuk meningkatkan kapasitas Forum Anak dalam mitigasi erupsi, mengidentifikasi kendala yang dihadapi, serta menyusun rekomendasi strategis bagi penguatan peran anak dalam membangun ketangguhan masyarakat. Penelitian menggunakan pendekatan metode campuran (*mixed method*) yang dipadukan dengan *Participatory Action Research* (PAR). Data kualitatif diperoleh melalui wawancara mendalam, observasi, diskusi, dan telaah dokumen, dan *expert judgement*, sementara data kuantitatif dikumpulkan melalui pre-test dan post-test yang mengukur aspek pengetahuan, sikap, dan keterampilan kesiapsiagaan. Program pemberdayaan dilaksanakan dalam tiga siklus pertemuan, mulai dari perumusan proyek, pelaksanaan kegiatan, hingga refleksi dan evaluasi. Hasil penelitian menunjukkan adanya peningkatan kapasitas anggota Forum Anak pada ketiga indikator utama, yaitu pengetahuan mengenai risiko erupsi dan peran mitigasi, sikap terhadap keterlibatan dalam pengurangan risiko bencana, dan keterampilan dalam merancang serta melaksanakan aksi kesiapsiagaan melalui proyek berbasis kampanye digital. Kendala utama yang teridentifikasi meliputi ketiadaan program kebencanaan yang terstruktur, minimnya pengalaman praktik lapangan, serta keterbatasan dukungan kelembagaan dan koordinasi lintas sektor. Penelitian ini menyimpulkan bahwa pendekatan pemberdayaan berbasis proyek efektif membangun kesiapan teknis sekaligus kapasitas sosial Forum Anak sebagai aktor kebencanaan. Model ini direkomendasikan untuk diimplementasikan secara berkelanjutan dengan dukungan pemerintah desa, sekolah, dan pemangku kepentingan lainnya.

**Kata Kunci** : Forum Anak, Pemberdayaan, Mitigasi Bencana, Erupsi Gunungapi, Pemberdayaan Berbasis Proyek.

***STRENGTHENING THE CAPACITY OF THE UMBULHARJO  
CHILDREN'S FORUM IN FACING VOLCANIC ERUPTION DISASTERS  
THROUGH PROJECT-BASED EMPOWERMENT***

***ABSTRACT***

*The Umbulharjo Children's Forum is a children's organization with the potential to serve as an agent for strengthening community capacity in disaster-risk areas. However, there has been no sustainable program specifically designed to develop children's capacities in disaster preparedness. This study aims to design a project-based empowerment model to enhance the capacity of the Children's Forum in mitigating volcanic eruptions, to identify the constraints encountered, and to formulate strategic recommendations for strengthening the role of children in building community resilience. The study employs a mixed-methods approach integrated with Participatory Action Research (PAR). Qualitative data were obtained through in-depth interviews, observations, discussions, document analysis, and expert judgment, while quantitative data were collected through pre-tests and post-tests measuring knowledge, attitudes, and disaster preparedness skills. The empowerment program was implemented in three cycles, encompassing project formulation, activity implementation, and reflection and evaluation. The results indicate an increase in the capacity of Children's Forum members across three main indicators: knowledge of eruption risks and mitigation roles, attitudes toward involvement in disaster risk reduction, and skills in designing and implementing preparedness actions through digital campaign-based projects. The main constraints identified include the absence of a structured disaster program, limited practical field experience, and inadequate institutional support and cross-sectoral coordination. This study concludes that a project-based empowerment approach is effective in developing both technical preparedness and the social capacity of the Children's Forum as disaster-related actors. This model is recommended for sustainable implementation with support from village governments, schools, and other relevant stakeholders.*

***Keywords*** : *Children's Forum, empowerment, disaster mitigation, volcanic eruption, Project-Based Empowerment.*