

INTISARI

Latar belakang Pengasuhan dengan pendekatan *Nurturing Care* penting untuk optimalisasi tumbuh kembang anak pada usia 0-6 tahun yang dipercaya sebagai masa emas. Instrumen pengetahuan dan sikap ibu tentang *Nurturing Care* telah dikembangkan di komunitas, namun belum disesuaikan untuk kondisi rawat inap. Penelitian ini bertujuan mengembangkan serta menguji validitas dan reliabilitas instrumen pengetahuan dan sikap ibu tentang *Nurturing Care* pada balita rawat inap. **Metode:** Penelitian ini menggunakan rancangan *cross sectional* rancangan grup ibu yang balita mengalami hospitalisasi. Penelitian ini menggunakan teknik *consecutive sampling* pada 105 ibu yang memiliki anak 6-59 bulan. Ibu balita rawat inap diberikan kuesioner secara langsung menggunakan *google form*. Pengambilan data dilakukan pada Juli-Oktober 2025. Penelitian ini memodifikasi instrumen pada penelitian sebelumnya dengan panduan *Nurturing Care* pada anak sakit rawat inap.

Hasil: Uji validitas isi menggunakan uji *Content Validity Index* (CVI) dengan hasil I-CVI 1 dan CVR 1. Validitas konstruk instrumen pengetahuan menggunakan korelasi *point-biserial* dari 16 item terdapat 14 item dengan hasil yang memadai. Validitas konstruk instrumen sikap diuji menggunakan CFA menunjukkan kecocokan model yang memadai dengan indeks indeks $\chi^2/df = 1,867$; RMR = 0,048. Lima item dengan nilai *factor loading* < 0,50, sehingga diperoleh 15 item sikap dengan nilai loading berkisar antara 0,542–0,855. Uji reliabilitas menunjukkan bahwa instrumen pengetahuan memiliki konsistensi internal yang baik (KR-20 = 0,646), sedangkan instrumen sikap memiliki reliabilitas yang sangat tinggi (Cronbach's Alpha = 0,918).

Kesimpulan: Berdasarkan hasil uji validitas dan reliabilitas, instrumen pengetahuan dan sikap mengenai *Nurturing Care* pada ibu balita rawat inap dinyatakan layak digunakan sebagai alat ukur awal, dengan tetap mempertimbangkan keterbatasan penelitian.

Keyword: Uji Validitas, Uji Reliabilitas, *Nurturing Care*, Balita, Ibu, Rawat Inap, Kuesioner Pengetahuan Dan Sikap

ABSTRACT

Background: Nurturing Care is essential for optimizing child growth and development between the ages of 0 and 6, considered the golden age. Instruments measuring mothers' knowledge and attitudes about Nurturing Care have been developed in the community, but have not been adapted for inpatient care. This study aims to assess the validity and reliability of instruments measuring mothers' knowledge and attitudes about Nurturing Care for hospitalized toddlers.

Methods: This study used a cross-sectional design, a group design, of mothers whose toddlers were hospitalized. Consecutive sampling was used in 105 mothers with children aged 6-59 months. Mothers of hospitalized toddlers were given a questionnaire directly using Google Forms. Data collection was conducted from July to Oktober 2025. This study modified the instrument from a previous study with the Nurturing Care guidelines for hospitalized sick children.

Results: Content validity was assessed using the Content Validity Index (CVI), yielding I-CVI = 1.00 and CVR = 1.00. Construct validity of the knowledge instrument was examined using point-biserial correlation, of the 16 items, there were 14 items with adequate results. Construct validity of the attitude instrument was tested using Confirmatory Factor Analysis (CFA) and demonstrated an adequate model fit, with indices $\chi^2/df = 1,867$; RMR = 0,048. Five items with factor loadings < 0.50 , so that 15 attitude items were obtained with loading values ranging from 0.542–0.855. Reliability testing showed that the knowledge instrument had good internal consistency (KR-20 = 0.646), while the attitude instrument demonstrated very high reliability (Cronbach's alpha = 0.885).

Conclusion:

Based on the validity and reliability testing, the knowledge and attitude instruments regarding Nurturing Care among mothers of hospitalized toddlers are considered appropriate for use as preliminary measurement tools, while acknowledging the study's limitations.

Keywords: Validity Test, Reliability Test, Nurturing Care, Toddler, Mother, Hospitalization, Knowledge and Attitude Questionnaire