



Daftar Pustaka

- Adams, K. N., & Gillath, O. (2024). Setting appropriateness and romantic relationship initiation success. *Personality and Social Psychology Bulletin*. <https://doi.org/10.1177/01461672241235739>
- Anomietei, D. E., & Mukeh, I. I. (2023). Robert Havighurst developmental task theory and the need for developmental guidance. *Prestige Journal of Education*, 6(1), 106–112.
- Antonelli, E., & Ronconi, L. (2022). The couple satisfaction questionnaire: Development and validation with two Italian samples. *Advances in Social Sciences Research Journal*, 9(5), 22–38. <https://doi.org/10.14738/assrj.95.12258>
- Arikewuyo, A. O., Efe-Özad, B., Dambo, T. H., Abdulbaqi, S. S., & Arikewuyo, H. O. (2020). An examination of how multiple use of social media platforms influence romantic relationships. *Journal of Public Affairs*, 21(3). <https://doi.org/10.1002/pa.2240>
- Asmorowati, B. S., & Sulaeman, B. (2024). Peran rasa kesepian terhadap kepuasan hubungan romantis pada dewasa awal. *Jurnal Diversita*, 10(1), 72–77. <https://doi.org/10.31289/diversita.v10i1.11700>
- Barlett, C. P., Vowels, C. L., & Saucier, D. A. (2008). Meta-analyses of the effects of media images on men's body-image concerns. *Journal of Social and Clinical Psychology*, 27(3), 279–310. <https://doi.org/10.1521/jscp.2008.27.3.279>
- Baumeister, R. F., & Leary, M. R. (1995). The need to belong: Desire for interpersonal attachments as a fundamental human motivation. *Psychological Bulletin*, 117, 497–529.
- Bokek-Cohen, Y., & Halamish-Leshem, R. (2023). Does it pay to invest in your couple relationship? *Family Relations*, 73(2), 1235–1247. <https://doi.org/10.1111/fare.12941>
- Branje, S., de Moor, E. L., Spitzer, J., & Becht, A. I. (2021). Dynamics of identity development in adolescence: A decade in review. *Journal of Research on Adolescence*, 31(4), 908–927. <https://doi.org/10.1111/jora.12678>
- Bucchianeri MM, Arikian AJ, Hannan PJ, Eisenberg ME, & Neumark-Sztainer D. Body dissatisfaction from adolescence to young adulthood: findings from a 10-year longitudinal study. *Body Image*. 2013;10(1):1–7. <https://doi.org/10.1016/j.bodyim.2012.09.001>
- Cardelli, A., Matera, C., Policardo, G. R., Di Gesto, C., dan Nerini, A. (2022). Not all that glitters is gold: Attractive partners provide joys and sorrows.



- International Journal of Environmental Research and Public Health*, 19(20), 13526. <https://doi.org/10.3390/ijerph192013526>
- Cash, T. F. (2004). Body image: Past, present, and future. *Body Image*, 1(1), 1–5. [https://doi.org/10.1016/S1740-1445\(03\)00011-1](https://doi.org/10.1016/S1740-1445(03)00011-1)
- Cash, T. F. (2002). Cognitive-behavioral perspectives on body image. *Encyclopedia of Body Image and Human Appearance*, 1, 334–342.
- Cash, T. F. (2012). *Cognitive-behavioral perspectives on body image*. Guilford Press.
- Cash, T. F., & Fleming, E. C. (2002). The impact of body image experiences: Development of the Body Image Quality of Life Inventory. *International Journal of Eating Disorders*, 31(4), 455–460. <https://doi.org/10.1002/eat.10033>
- Cash, T. F., & Pruzinsky, T. (2002). *Body image: A handbook of theory, research, and clinical practice*. New York: The Guildford Press.
- Côté, M., Vaillancourt-Morel, M., Sabourin, S., & Bégin, C. (2020). Associations between satisfaction with one’s own and partner’s body and relationship outcomes. *Personal Relationships*, 28(2), 427–445. <https://doi.org/10.1111/per.12365>
- Coyne, S. M., McDaniel, B. T., & Stockdale, L. A. (2017). ‘Do you dare to compare?’ Associations between maternal social comparisons on social networking sites and parenting, mental health, and romantic relationship outcomes. *Computers in Human Behavior*, 70, 335–340. <https://doi.org/10.1016/j.chb.2016.12.081>
- Creswell, V. G. (2014). *Research design: pendekatan kualitatif, kuantitatif, & mixed (ed.3)*. Yogyakarta: Pustaka Pelajar.
- Crocetti, E., Scrignaro, M., Sica, L.S. & Magrin, M.E. (2012). Correlates of identity configurations: Three studies with adolescent and emerging adult cohorts. *Journal of Youth and Adolescence*, 41, 732– 748.
- Diener, E., Gohm, C. L., Suh, E., & Oishi, S. (2000). Similarity of the relations between marital status and subjective well-being across cultures. *Journal of Cross-Cultural Psychology*, 31(4), 419–436. <https://doi.org/10.1177/0022022100031004001>
- Dush, C. M., & Amato, P. R. (2005). Consequences of relationship status and quality for subjective well-being. *Journal of Social and Personal Relationships*, 22(5), 607–627. <https://doi.org/10.1177/0265407505056438>
- Dyrenforth, P. S., Kashy, D. A., Donnellan, M. B., & Lucas, R. E. (2010). Predicting relationship and life satisfaction from personality in nationally



- representative samples from three countries: The relative importance of actor, partner, and similarity effects. *Journal of Personality and Social Psychology*, 99(4), 690–702. <https://doi.org/10.1037/a0020385>
- Erikson, E. H. (1950). The growth and crises of the healthy personality. In M. J. E. Senn (Ed.), *Symposium on the healthy personality* (Supplement II: Problems of infancy and childhood; Transactions of the Fourth Conference). Josiah Macy Jr. Foundation.
- Erol, R. Y., & Orth, U. (2014). Development of self-esteem and relationship satisfaction in couples: Two longitudinal studies. *Developmental Psychology*, 50(9), 2291–2303. <https://doi.org/10.1037/a0037370>
- Felmlee, D. H. (2001). No couple is an island: A social network perspective on dyadic stability. *Social Forces*, 79(4), 1259–1287. <https://doi.org/10.1353/sof.2001.0039>
- Field, A. (2018). *Discovering Statistics Using IBM SPSS Statistics* (5th ed.). Sage Publications.
- Finkel, E. J., Simpson, J. A., & Eastwick, P. W. (2016). The psychology of close relationships: Fourteen core principles. *Annual Review of Psychology*, 68(1), 383–411. <https://doi.org/10.1146/annurev-psych-010416-044038>
- Fox, J., & Warber, K. M. (2014). Social networking sites in romantic relationships: Attachment, uncertainty, and partner surveillance on Facebook. *Cyberpsychology, Behavior and Social Networking*, 17(1), 3–7. <https://doi.org/10.1089/cyber.2012.0667>
- Freidus, R. A. (2017). Experiences of men who commit to romantic relationships with younger breast cancer survivors: A qualitative study. *Journal of Psychosocial Oncology*, 35(4), 494–512. <https://doi.org/10.1080/07347332.2017.1308983>
- Friedman, M. A., Dixon, A. E., Brownell, K. D., Whisman, M. A., & Wilfley, D. E. (1999). Marital status, marital satisfaction, and body image dissatisfaction. *International Journal of Eating Disorders*, 26, 81–85.
- Fromm, E. (1956). *The art of loving*. Harper dan Row.
- Garbett, K. M., Craddock, N., Haywood, S., Hayes, C., Nasution, K., Saraswati, L. A., Medise, B. E., Vitoratou, S., & Diedrichs, P. C. (2024). Translation and validation of the body esteem scale in adults and adolescents among Indonesian adolescents. *Body Image*, 48, 101679. <https://doi.org/10.1016/j.bodyim.2024.101679>
- Gere, J., & Schimmack, U. (2013). When romantic partners' goals conflict: Effects on relationship quality and subjective well-being. *Journal of Happiness Studies*, 14(1), 37–49. <https://doi.org/10.1007/s10902-011-9314-2>



- Gerlach, T., Driebe, J., & Reinhard, S. (2018). Personality and romantic relationship satisfaction. In V. Zeigler-Hill & T. Shackelford (Eds.), *Encyclopedia of personality and individual differences*. Springer.
- Gillen, M. M. (2015). Associations between positive body image and indicators of men's and women's mental and physical health. *Body Image*, 13, 67–74. <https://doi.org/10.1016/j.bodyim.2015.01.002>
- Gómez-López, M., Viejo, C., & Ortega-Ruiz, R. (2019). Well-being and romantic relationships: A systematic review in adolescence and emerging adulthood. *International Journal of Environmental Research and Public Health*, 16(13), 2415. <https://doi.org/10.3390/ijerph16132415>
- Gottman, J. M., & Levenson, R. W. (1999). Rebound from marital conflict and divorce prediction. *Family Process*, 38(3), 287–292. <https://doi.org/10.1111/j.1545-5300.1999.00287.x>
- Grabe, S., Ward, L. M., & Hyde, J. S. (2008). The role of the media in body image concerns among women: A meta-analysis of experimental and correlational studies. *Psychological Bulletin*, 134(3), 460–476. <https://doi.org/10.1037/00332909.134.3.460>
- Grogan, S. (2008). *Body Image: Understanding body dissatisfaction in men, women, and children*. Edisi kedua. New York: Psychology Press.
- GU, X., WANG, Y., & LEI, L. (2021). The influence of selfie related behavior in social media on Body Image. *Advances in Psychological Science*, 29(8), 1497–1507. <https://doi.org/10.3724/sp.j.1042.2021.01497>
- Harter, S. (1999). *The construction of the self: A developmental perspective*. Guilford Press.
- Harris, V. W. (2013). Healthy dating leads to healthy marriage. *National Resources Center for Healthy Marriage and Families*.
- Hendrick, S. S. (1988). A generic measure of relationship satisfaction. *Journal of Marriage and the Family*, (50), 93-98.
- Hendrick, S. S. (1998). The Relationship Assessment Scale. *Journal of Social and Personal Relationship*. Vol. 15(1): 137-142.
- Hochgraf, A. K., & McHale, S. M. (2019). Honey, do I look fat? perceptions of spouses' weight and weight concerns predict marital relationship quality. *Journal of Social and Personal Relationships*, 37(3), 865–884. <https://doi.org/10.1177/0265407519880961>
- Hockey, A., Donovan, C. L., Overall, N. C., & Barlow, F. K. (2021). Body image projection bias in heterosexual romantic relationships: A Dyadic



- investigation. *Personality and Social Psychology Bulletin*, 48(7), 987–1004. <https://doi.org/10.1177/01461672211025202>
- Hogan, J., & Strasburger, V. (2009). Body image, eating disorders, and the media marjorie. *Adolescent Medicine*, 19(2008) 521–546.
- Howe, T. R. (2012). *Marriages and Families in the 21st Century: A Bioecological Approach*. Wiley.
- Hoyt, W. D., & Kogan, L. R. (2002). Satisfaction with body image and peer relationships for males and females in a college environment. *Sex Roles*, 45, 199–215
- Joshi, G., Rais, S., Ann, M., & Mishra, I. (2020). Online dating: A motivated behavior during pandemic. *Indian Journal of Health, Sexuality and Culture*, 6, 22-32.
- Karney, B. R., & Bradbury, T. N. (1995). The longitudinal course of marital quality and stability: A review of theory, methods, and research. *Psychological Bulletin*, 118(1), 3–34. <https://doi.org/10.1037//0033-2909.118.1.3>
- Keery, H., van den Berg, P., & Thompson, J. K. (2004). An evaluation of the tripartite influence model of body dissatisfaction and eating disturbance with adolescent girls. *Body Image*, 1(3), 237–251. <https://doi.org/10.1016/j.bodyim.2004.03.001>
- Keizer, R. (2014). Relationship Satisfaction. *Encyclopedia of Quality of Life and Well-Being Research*, 5437–5443.
- Knapp, M. L. (1978). *Social intercourse: From greeting to good-bye*. Allyn & Bacon.
- Kocadayı Erbiçer, S., & Yıldırım, İ. (2025). Predictors of relationship satisfaction in the premarital period: An analysis of personality, family, relationship, and cultural dynamics with “Before i do.” *Türk Psikolojik Danışma ve Rehberlik Dergisi*, 15(77), 313–324. <https://doi.org/10.17066/tpdrd.1488711>
- Le, B., & Agnew, C. R. (2003). Commitment and its theorized determinants: A Meta-analysis of the investment model. *Personal Relationships*, 10(1), 37–57. <https://doi.org/10.1111/1475-6811.00035>
- Legkauskas, V., & Ališauskaitė, E. (2023). Links between body satisfaction and relationship satisfaction in a sample of young adult women in Lithuania. *Social Welfare: Interdisciplinary Approach*, 13, 114–127. <https://doi.org/10.15388/sw.2023.13.17>
- Lemay, E. P., Clark, M. S., & Greenberg, A. (2010). What is beautiful is good because what is beautiful is desired: Physical attractiveness stereotyping as



- projection of interpersonal goals. *Personality and Social Psychology Bulletin*, 36(3), 339–353. <https://doi.org/10.1177/0146167209359700>
- Londero-Santos, A., Natividade, J. C., & Féres-Carneiro, T. (2021). Do romantic relationships promote happiness? relationships' characteristics as predictors of subjective well-being. *Interpersona: An International Journal on Personal Relationships*, 15(1), 3–19. <https://doi.org/10.5964/ijpr.4195>
- Markey, C. N., & Markey, P. M. (2006). Romantic relationships and body satisfaction among young women. *Journal of Youth and Adolescence*, 35(2), 271–279. <https://doi.org/10.1007/s10964-005-9006-6>
- Markstrom, C. A., & Kalmanir, H. M. (2001). Linkages between the psychosocial stages of identity and intimacy and the ego strength of fidelity and love. *Identity*, 1, 179–196.
- Meier, A., & Allen, G. (2008). Intimate relationship development during the transition to adulthood: Differences by social class. *New Directions for Child and Adolescent Development*, 2008(119), 25–39. <https://doi.org/10.1002/cd.207>
- Meltzer, A. L., & McNulty, J. K. (2010). Body image and marital satisfaction: Evidence for the mediating role of sexual frequency and sexual satisfaction. *Journal of Family Psychology*, 24(2), 156–164. <https://doi.org/10.1037/a0019063>
- Mendelson, B. K., Mendelson, M. J., & White, D. R. (2001). Body-esteem scale for adolescents and adults. *Journal of Personality Assessment*, 76(1), 90–106. https://doi.org/10.1207/s15327752jpa7601_6
- Mills, J. S., Minister, C., & Samson, L. (2022). Enriching sociocultural perspectives on the effects of idealized body norms: Integrating shame, Positive body image, and self-compassion. *Frontiers in Psychology*, 13. <https://doi.org/10.3389/fpsyg.2022.983534>
- Montgomery, M. J. (2005). Psychosocial intimacy and Identity. *Journal of Adolescent Research*, 20(3), 346–374. <https://doi.org/10.1177/0743558404273118>
- Montgomery, M., & Arnett, J. (2015). Erikson's young adulthood and emerging adulthood today. *Journal of Child and Youth Care Work*, 25, 206–213. <https://doi.org/10.5195/jcycw.2015.82>
- Murray, S. L., Holmes, J. G., & Collins, N. L. (2006). Optimizing assurance: The risk regulation system in relationships. *Psychological Bulletin*, 132(5), 641–666. <https://doi.org/10.1037/0033-2909.132.5.641>
- Neyer, F. J., & Lehnart, J. (2007). Relationships matter in personality development: Evidence from an 8-year longitudinal study across young adulthood.



- Journal of Personality*, 75(3), 535–568. <https://doi.org/10.1111/j.1467-6494.2007.00448.x>
- Novitasari, F., Pertiwi, Y. W., & Perdini, T. A. (2021). Relationship satisfaction Pada Mahasiswa Yang Berpacaran Ditinjau dari perilaku phubbing. *Jurnal Kajian Ilmiah*, 21(4), 443–454. <https://doi.org/10.31599/jki.v21i4.820>
- Ogolsky, B. G., & Bowers, J. R. (2013). A meta-analytic review of relationship maintenance and its correlates. *Journal of Social and Personal Relationships*, 30(3), 343–367. <https://doi.org/10.1177/0265407512463338>
- Palmer, L. P., Rossman, S. M., & Cordova, J. V. (2024). Appearance investment and intimacy: Direct and indirect effects in the context of romantic relationships. *Discover Psychology*, 4(1). <https://doi.org/10.1007/s44202-024-00205-7>
- Pertiwi, V., Balgis, B., & Mashuri, Y. A. (2020). The influence of body image and gender in adolescent obesity. *Health Science Journal of Indonesia*, 11(1), 22–26. <https://doi.org/10.22435/hsji.v11i1.3068>
- Piran, N. (2016). Embodied possibilities and disruptions: The emergence of the experience of embodiment construct from qualitative studies with girls and women. *Body Image*, 18, 43–60. <https://doi.org/10.1016/j.bodyim.2016.04.007>
- Polivy, J., Herman, C. P., & Mills, J. S. (2020). What is restrained eating and how do we identify it? *Appetite*, 155, 104820. <https://doi.org/10.1016/j.appet.2020.104820>
- Preetz, R. (2022). Dissolution of non-cohabiting relationships and changes in life satisfaction and mental health. *Frontiers in Psychology*, 13. <https://doi.org/10.3389/fpsyg.2022.812831>
- Puhl, R. M., & Heuer, C. A. (2009). The stigma of obesity: A review and update. *Obesity*, 17(5), 941–964. <https://doi.org/10.1038/oby.2008.636>
- Reis HT, Shaver P. (1988) Intimacy as an interpersonal process. *Handbook of personal relationships*. 367–389.
- Rhoades, G. K., Kamp Dush, C. M., Atkins, D. C., Stanley, S. M., & Markman, H. J. (2011). Breaking up is hard to do: The impact of unmarried relationship dissolution on Mental Health and Life Satisfaction. *Journal of Family Psychology*, 25(3), 366–374. <https://doi.org/10.1037/a0023627>
- Rusbult, C. E. (1983). A longitudinal test of the investment model: The development (and deterioration) of satisfaction and commitment in heterosexual involvements. *Journal of Personality and Social Psychology*, 45(1), 101–117.



- Rusbult, C. E., & Buunk, B. P. (1993). Commitment processes in close relationships: An interdependence analysis. *Journal of Social and Personal Relationships*, 10(2), 175–204.
- Rodgers, R. F., & Melioli, T. (2016). The relationship between body image concerns, eating disorders and internet use, part I: A review of empirical support. *Adolescent Research Review*, 1(2), 95–119. <https://doi.org/10.1007/s40894-015-0016-6>
- Røsand, G.-M. B., Slinning, K., Røysamb, E., & Tambs, K. (2013). Relationship dissatisfaction and other risk factors for future relationship dissolution: A population-based study of 18,523 couples. *Social Psychiatry and Psychiatric Epidemiology*, 49(1), 109–119. <https://doi.org/10.1007/s00127-013-0681-3>
- Rosenfeld, M. J., Thomas, R. J., & Hausen, S. (2019). Disintermediating your friends: How online dating in the United States displaces other ways of meeting. *Proceedings of the National Academy of Sciences of the United States of America*, 116(36), 17753–17758.
- Ryan, R. M., & Deci, E. L. (2001). On happiness and human potentials: A review of research on hedonic and eudaimonic well-being. *Annual Review of Psychology*, 52(1), 141–166. <https://doi.org/10.1146/annurev.psych.52.1.141>
- Sabiston, C. M., Rusticus, S., Brunet, J., McDonough, M. H., Hadd, V., Hubley, A. M., & Crocker, P. R. (2010). Invariance test of the Multidimensional Body Self-Relations Questionnaire: Do women with breast cancer interpret this measure differently? *Quality of Life Research*, 19(8), 1171–1180. <https://doi.org/10.1007/s11136-010-9680-y>
- Sanchez, D. T., & Kwang, T. (2007). When the relationship becomes her: Revisiting women's body concerns from a relationship contingency perspective. *Psychological Science*, 18(5), 437–442. <https://doi.org/10.1111/j.1467-9280.2007.01918.x>
- Santrock, J. W. (2018). *A topical approach to life-span development (9th ed.)*. McGraw-Hill Education.
- Sarosija, Y. D. (2024). The relationship of self-disclosure to relationship satisfaction in early young adults in long distance relationships. *G-Couns: Jurnal Bimbingan Dan Konseling*, 9(1), 54–63. <https://doi.org/10.31316/gcouns.v9i1.6156>
- Scabini, E. & Iafraite, R. *Psicologia dei Legami Familiari; Itinerari*; Nuova ed.; Il Mulino: Bologna, Italy, 2019; ISBN 978-88-15-28036-7.
- Shaugnessy, J. J., Zechmeister, E. B. & Zechmeister J. S. (2015) *Research methods in psychology*. McGraw Hill Education.



- Shaver, P. R., Morgan, H. J., & Wu, S. (1996). Is love a “basic” emotion. *Personal Relationships*, 3(1), 81–96
- Smeets, E., Jansen, A., Vossen, E., Ruf, L., & Roefs, A. (2010). Feeling body dissatisfied after viewing thin-ideal pictures is mediated by self-activation. *Body Image*, (4), 335–340. <https://doi.org/10.1016/j.bodyim.2010.07.001>
- Smolak, L., & Thompson, J. K. (2009). *Body image, eating disorder, and obesity in youth: Assessment, prevention, and treatment*. Edisi kedua. Washington DC: American Psychological Association.
- Stice, E., & Shaw, H. E. (2002). Role of body dissatisfaction in the onset and maintenance of eating pathology. *Journal of Psychosomatic Research*, 53(5), 985–993. [https://doi.org/10.1016/s0022-3999\(02\)00488-9](https://doi.org/10.1016/s0022-3999(02)00488-9)
- Stiles, D. L., Ma, L., Fitterman-Harris, H. F., Naseralla, E. J., & Rudolph, C. W. (2022b). Body dissatisfaction and romantic relationship quality: A meta-analysis. *Journal of Social and Personal Relationships*, 40(6), 1706–1739. <https://doi.org/10.1177/02654075221128504>
- Subandriyo, Budi. (2020). *Analisis korelasi & regresi [bahan ajar]*. Diklat Statistisi Tingkat Ahli BPS Angkatan XXI, Badan Pusat Statistik.
- Sternberg, R. J. (1986). Construct validation of a triangular theory of love. Manuscript in preparation.
- Tadros, E., Barbini, M., Durante, K. A., & Cappelto, M. (2021). The impact of physical health, race, and financial status on relational satisfaction. *Journal of Family Issues*, 44(5), 1358–1379. <https://doi.org/10.1177/0192513x211058830>
- Tavakol, Z., Nikbakht Nasrabadi, A., Behboodi Moghadam, Z., Salehiniya, H., & Rezaei, E. (2017). A Review of the Factors Associated with Marital Satisfaction. *Galen Medical Journal*, 6(3), 197-207
- Tissera, H., Auger, E., S’eguín, L., Kramer, M. S., & Lydon, J. E. (2021). Happy prenatal relationships, healthy postpartum mothers: A prospective study of relationship satisfaction, postpartum stress, and health. *Psychology and Health*, 36(4), 461–477. <https://doi.org/10.1080/08870446.2020.1766040>
- Tylka, T. L. (2011). Refinement of the tripartite influence model of men: Dual body image pathways to body change behaviours. *Body Image*, 8, 199–207. <https://doi.org/10.1016/j.bodyim.2011.04.008>
- Tylka, T. L. (2012). Positive psychology perspective on body image. In T.F. Cash (Ed.), *Encyclopedia of body image and human appearance* (Vol.2, pp. 657–663). Academic Press.



- Tylka, T., & Wood-Barcalow, N. (2015b). What is and what is not Positive body image? Conceptual foundations and construct definition. *Body Image*, 14, 118–129. <https://doi.org/10.1016/j.bodyim.2015.04.001>
- Ursila, F. M. (2012). *Hubungan antara kepuasan hubungan romantis dan psychological well-being pada mahasiswa yang berpacaran*. (Skripsi).
- van den Brink, F., Vollmann, M., Smeets, M. A., Hessen, D. J., & Woertman, L. (2018). Relationships between body image, sexual satisfaction, and relationship quality in romantic couples. *Journal of Family Psychology*, 32(4), 466–474. <https://doi.org/10.1037/fam0000407>
- Verhallen, A. M., Renken, R. J., Marsman, J.-B. C., & ter Horst, G. J. (2019). Romantic relationship breakup: An experimental model to study effects of stress on depression (-like) symptoms. *PLOS ONE*, 14(5). <https://doi.org/10.1371/journal.pone.0217320>
- Verschueren, M., Claes, L., Gandhi, A., & Luyckx, K. (2020). Identity and psychopathology: Bridging developmental and clinical research. *Emerging Adulthood*, 8(5), 319–332. <https://doi.org/10.1177/2167696819870021>
- Vosylis, R., Erentaitė, R., & Crocetti, E. (2018). Global versus domain-specific identity processes: Which domains are more relevant for emerging adults? *Emerging Adulthood*, 6(1), 32–41. doi:10.1177/2167696817694698
- Wagner, J., Becker, M., Lüdtke, O., & Trautwein, U. (2015). The first partnership experience and personality development. *Social Psychological and Personality Science*, 6(4), 455–463. <https://doi.org/10.1177/1948550614566092>
- Williamson, H. C., Ju, X., Bradbury, T. N., Karney, B. R., Fang, X., & Liu, X. (2012). Communication behavior and relationship satisfaction among American and Chinese newlywed couples. *Journal of Family Psychology*, 26(3), 308–315.
- Williams, K. (2003). Has the future of marriage arrived? A contemporary examination of gender, marriage, and psychological well-being. *Journal of Health and Social Behavior*, 44(4), 470. <https://doi.org/10.2307/1519794>
- Wirtz, D., Biswas-Diner, R., Diener, E., & Drogos, K. L. (2010). The friendship effect in judgements of physical attractiveness. In J. C. Toller (Ed.), *Friendships: Types, cultural, psychological and social aspects* (pp. 149–162). Nova Science Pub Inc.
- Wykes, M., & Gunter, B. (2005). The media and body image: If looks could kill. In M. Wykes & B. Gunter, *The media and body image* (pp. 1–12). SAGE Publications. <https://doi.org/10.4135/9781446215395.n1>



- Yılmaz, C. D., Lajunen, T., & Sullman, M. J. (2023). Trust in relationships: A preliminary investigation of the influence of parental divorce, breakup experiences, adult attachment style, and close relationship beliefs on Dyadic Trust. *Frontiers in Psychology*, 14. <https://doi.org/10.3389/fpsyg.2023.1260480>
- Yin, L., Jing, L., He, Q., & Wang, H. (2025). Physical activity, emotional intelligence, weight bias internalization, and body image concerns among emerging adult women in China. *Social Behavior and Personality: An International Journal*, 53(2), e14068
- Young, R., Len-Ríos, M., & Young, H. (2017). Romantic motivations for social media use, social comparison, and online aggression among adolescents. *Computers in Human Behavior*, 75, 385–395. <https://doi.org/10.1016/j.chb.2017.04.021>
- Zurbriggen, E. L., Ramsey, L. R., & Jaworski, B. K. (2011). Self- and partner-objectification in romantic relationships: Associations with media consumption and relationship satisfaction. *Sex Roles*, 64(7–8), 449–462. <https://doi.org/10.1007/s11199-011-9933-4>