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of Psychological Stress in Psoriasis: A Narrative Literature Review. *Bioscientia Medicina: Journal Of Biomedicine & Translational Research*, 6(13), 2548–2558. <https://doi.org/https://doi.org/10.37275/bsm.v6i13.641> A B S T R A C T Psoriasis is a chronic, persistent skin disease characterized by characteristic lesions in the form of well-defined erythematous patches covered by thick white, shiny scales resembling wax droplets. Psoriasis has a psychological, social, and emotional impact. Psychological stress has also been shown to influence the disease and course of psoriasis. Therapy in psoriasis patients with psychological stress can be given pharmacologically and psy

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