



References

- Aguirre, L. V. C., Jaramillo, A. K., Victoria, T. E. S., & Carvajal, A. B. (2024). Mental health consequences of parental death and its prevalence in children: A systematic literature review. *Heliyon*, 10(2). <https://doi.org/10.1016/j.heliyon.2024.e24999>
- Ahmed, S. K., Mohammed, R. A., Nashwan, A. J., Ibrahim, R. H., Abdalla, A. Q., Ameen, B. M. M., & Khidhir, R. M. (2025). Using Thematic Analysis in Qualitative Research. *Journal of Medicine, Surgery, and Public Health*, 6(6), 1–5. ScienceDirect. <https://doi.org/10.1016/j.glmedi.2025.100198>
- American Psychological Association. (2020, January 1). Grief: Coping with the loss of your loved one. <https://www.apa.org>. <https://www.apa.org/topics/grief>
- Andayani, F. T., & Ekowarni, E. (2016). Peran Relasi Orang Tua-Anak dan Tekanan Teman Sebaya terhadap Kecenderungan Perilaku Pengambilan Risiko. *Gadjah Mada Journal of Psychology (GamaJoP)*, 2(2), 146–148. <https://doi.org/10.22146/gamajop.33097>
- Appelbaum, P., & Yousif, L. (2022, May). *Prolonged Grief Disorder*. American Psychiatric Association. <https://www.psychiatry.org/patients-families/prolonged-grief-disorder#:~:text=Prolonged%20Grief%20Disorder%20in%20the,was%20released%20in%20March%202022>.
- Aslanzadeh, F. J. (2017). *Using Restoration-Oriented Coping and the Dual Process Model with Bereaved Undergraduates* (p. 9) [Thesis]. <https://scholarscompass.vcu.edu/cgi/viewcontent.cgi?article=6217&context=etd>
- Bahtiar, Sahar, Junaiti, Wiarsih, & Wiwin. (2018). A “Not able to live anymore”: Reaction of the grieving process of the elderly dealing with chronic disease. *International Journal of Nursing and Health Services (IJNHS)*, 1(1), 27–28. <https://doi.org/10.35654/ijnhs.v1i1.6>
- Benkel, I., Skoglund, J., Enstedt, D., af Segerstad, Y. H., Öhlén, J., & Nyblom, S. (2024). Understanding the needs for support and coping strategies in grief following the loss of a significant other: insights from a cross-sectional survey in Sweden. *Palliative Care and Social Practice*, 18. <https://doi.org/10.1177/26323524241275699>



- Best, O., & Ban, S. (2021). Adolescence: physical changes and neurological development. *British Journal of Nursing*, 30(5), 272–275. <https://doi.org/10.12968/bjon.2021.30.5.272>
- Birt, L., Scott, S., Cavers, D., Campbell, C., & Walter, F. (2016). Member checking: a Tool to Enhance Trustworthiness or Merely a Nod to validation? *Qualitative Health Research*, 26(13), 1802–1811. <https://doi.org/10.1177/1049732316654870>
- Delalibera, M., Presa, J., Coelho, A., Barbosa, A., & Franco, M. H. P. (2015). Family dynamics during the grieving process: a systematic literature review. *Ciência & Saúde Coletiva*, 20(4), 1120. <https://doi.org/10.1590/1413-81232015204.09562014>
- de Leo, D., Anile, C., & Ziliotto, A. (2015). Violent Deaths and Traumatic Bereavement: The Importance of Appropriate Death Notification. *Humanities*, 4(4), 702–713. <https://doi.org/10.3390/h4040702>
- Doctor, J. B., Arguelles, E. V., Cinco, A. A., Dimayuga, D. A. B., & Maaño, R. (2024). Grieving Process and Grief Coping Strategies of Selected Bereaved Students in a State College in Manila. *Diversitas Journal*, 9(1), 496. https://doi.org/10.48017/dj.v9i1_special.2979
- Drageset, J. (2021). Social Support. In G. Haugan & M. Eriksson (Eds.), *Health Promotion in Health Care – Vital Theories and Research*. Springer. <https://www.ncbi.nlm.nih.gov/books/NBK585650/>
- Eisma, M. C., de Lang, T. A., & Stroebe, M. S. (2021). Restoration-oriented stressors of bereavement. *Anxiety, Stress, & Coping*, 35(3), 340. <https://doi.org/10.1080/10615806.2021.1957849>
- Exline, J. J., Park, C. L., Smyth, J. M., & Carey, M. P. (2011). Anger toward God: Social-cognitive predictors, prevalence, and links with adjustment to bereavement and cancer. *Journal of Personality and Social Psychology*, 100(1), 129–148. <https://doi.org/10.1037/a0021716>
- Feigelman, W., Rosen, Z., Joiner, T., Silva, C., & Mueller, A. S. (2016). Examining longer-term effects of parental death in adolescents and young adults: Evidence from the National Longitudinal Survey of Adolescent to Adult Health. *Death Studies*, 41(3), 133–143. <https://doi.org/10.1080/07481187.2016.1226990>



- Guzzo, M. F., & Gobbi, G. (2021). Parental Death During Adolescence: A Review of the Literature. *OMEGA - Journal of Death and Dying*, 87(4), 1207–1237. <https://doi.org/10.1177/003022282111033661>
- Hall, S., & Liebenberg, L. (2024). Qualitative description as an introductory method to qualitative research for master's-level students and research trainees. *International Journal of Qualitative Methods*, 23(1), 1–5. <https://doi.org/10.1177/16094069241242264>
- Hasdenteufel, M., & Quintard, B. (2022). Psychosocial factors affecting the bereavement experience of relatives of palliative-stage cancer patients: a systematic review. *BMC Palliative Care*, 21(1). <https://doi.org/10.1186/s12904-022-01096-y>
- Hay, A., Rudaizky, D., Howell, J. A., & Breen, L. J. (2025). Well-Being and Academic Experiences in Bereaved University Students. *OMEGA - Journal of Death and Dying*. <https://doi.org/10.1177/00302228251342435>
- Hou, M. (2023). The Impact of Parents on Adolescent Moral Development. *Journal of Education, Humanities and Social Sciences*, 8, 1179–1180. <https://doi.org/10.54097/ehss.v8i.4447>
- Ionio, C., Camisasca, E., Milani, L., Miragoli, S., & Di Blasio, P. (2017). Facing Death in Adolescence: What Leads to Internalization and Externalization Problems? *Journal of Child & Adolescent Trauma*, 11(3), 367–373. <https://doi.org/10.1007/s40653-017-0166-8>
- Jaaniste, T., Coombs, S., Donnelly, T. J., Kelk, N., & Beston, D. (2017). Risk and Resilience Factors Related to Parental Bereavement Following the Death of a Child with a Life-Limiting Condition. *Children*, 4(11), 96. <https://doi.org/10.3390/children4110096>
- Johnson, S. L., Blum, R. W., & Cheng, T. L. (2014). Future orientation: a construct with implications for adolescent health and wellbeing. *International Journal of Adolescent Medicine and Health*, 26(4), 460. <https://doi.org/10.1515/ijamh-2013-0333>
- Kazlauskaite, V. (2015). Experiencing Parental Loss during Adolescence and Factors Influencing Hospital Involvement and the Grieving Process (p. 40) [Thesis]. <https://oasis.library.unlv.edu/cgi/viewcontent.cgi?article=3550&context=thesedisertations>



- Kim, U. (1997). Asian perspectives on psychology (p. 147). Sage.
https://www.researchgate.net/publication/232591542_Asian_collectivism_An_indigenou_s_perspective
- Kübler-Ross, E., & Kessler, D. (2005). *On Grief & Grieving: Finding the Meaning of Grief Through the Five Stages of Loss* (pp. 7–28). Simon & Schuster.
- Le, H., Zhou, N., Ogrodniczuk, J., & Killikelly, C. (2025). Mourning rituals impact grief outcomes in East and Southeast Asia: A mixed-methods review. *Death Studies*, 1–12.
<https://doi.org/10.1080/07481187.2025.2561079>
- Lenferink, L. I. M., Terbrack, E., van Eersel, J. H. W., Zuidersma, M., Franzen, M., & Riese, H. (2024). Fluctuations of prolonged grief disorder reactions in the daily life of bereaved people: an experience sampling study. *Current Psychology*, 43(47), 35821–35832.
<https://doi.org/10.1007/s12144-024-06987-2>
- Luster, R. (2021, October 29). *How Memory Can Help Us Cope With the Loss of Loved Ones*. www.psychologytoday.com. <https://www.psychologytoday.com/us/blog/more-feeling/202110/how-memory-can-help-us-cope-the-loss-loved-ones>
- Lytje, M., & Dyregrov, A. (2019). The price of loss – a literature review of the psychosocial and health consequences of childhood bereavement. *Bereavement Care*, 38(1), 13–22.
<https://doi.org/10.1080/02682621.2019.1580854>
- Marcolini, S., Pociūnaitė-Ott, J., ten Klooster, P., Franzen, M., & Lenferink, L. I. M. (2025). Profiles of fluctuating prolonged grief disorder reactions using experience sampling data. *Journal of Psychiatric Research*, 192(2026), 20–29. <https://doi.org/10.1016/j.jpsychires.2025.10.017>
- Marek, F., & Oexle, N. (2025). Family support after a family member's suicide: A qualitative exploration. *PLoS ONE*, 20(10). <https://doi.org/10.1371/journal.pone.0334964>
- Mathew, S., Subrahmanyam, N., & Shenai, S. (2024). Parenting for Today's Adolescents. *Asian Journal of Research in Nursing and Health*, 7(1), 35–36.
<https://journalajrn.com/index.php/AJRNH/article/view/151>
- Melhem, N. M., Porta, G., Shamseddeen, W., Payne, M. W., & Brent, D. A. (2011). Grief in Children and Adolescents Bereaved by Sudden Parental Death. *Archives of General Psychiatry*, 68(9).
<https://doi.org/10.1001/archgenpsychiatry.2011.101>



- Milawati, & Widyastuti. (2023). GRIEF PADA REMAJA PEREMPUAN PASCAKEMATIAN ORANGTUA AKIBAT COVID-19. *Jurnal Riset Rumpun Ilmu Sosial, Politik Dan Humaniora (JURRISH)*, 2(1). <https://prin.or.id/index.php/JURRISH/article/view/788/854>
- Mir, S., Bakht, K., & Shah, S. A. (2024). The Grieving Process for Nurses: A Concept Analysis. *Journal of Health and Rehabilitation Research*, 4(2), 1495. <https://doi.org/10.61919/jhrr.v4i2.1115>
- Mughal, S., Azhar, Y., Mahon, M. M., & Siddiqui, W. J. (2019, March 25). *Grief Reaction and Prolonged Grief Disorder*. Nih.gov; StatPearls Publishing. <https://www.ncbi.nlm.nih.gov/books/NBK507832/>
- Muya, I., & Muasa, W. P. (2023). Outcome of Loss and Grieving in Self-Esteem among the Secondary Students in Langata Sub-County Nairobi, Kenya. *International Journal of Research and Innovation in Social Science*, 132–142. <https://rsisinternational.org/journals/ijriss/articles/outcome-of-loss-and-grieving-in-self-esteem-among-the-secondary-students-in-langata-sub-county-nairobi-kenya/>
- Ngabito, A. K., Sudarnoto, L. F. N., & Suryani, A. O. (2024). Reaksi Duka pada Remaja: Pengukuran dan Penelusuran. *Jurnal Ilmiah Psikologi Mind Set*, 15(2), 123–125. <https://journal.univpancasila.ac.id/index.php/mindset/article/download/5732/3346/>
- Nichols, K. (2025, August 11). *Healing Grief through Meaning Making*. Insight Psychological Group. <https://insightpsychgroup.com/healing-grief-through-meaning-making/>
- O'Connor, M.-F. (2019). Grief: A Brief History of Research on How Body, Mind, and Brain Adapt. *Psychosomatic Medicine*, 81(8), 731–738. <https://doi.org/10.1097/PSY.0000000000000717>
- Osterweis, M., Solomon, F., & Green, M. (1984). *Bereavement : reactions, consequences, and care*. National Academy Press. <https://www.ncbi.nlm.nih.gov/books/NBK217849/>
- PDQ Supportive and Palliative Care Editorial Board. (2024). *Grief, Bereavement, and Coping With Loss*. National Library of Medicine; National Cancer Institute (US). <https://www.ncbi.nlm.nih.gov/books/NBK66052/>
- Peña-Vargas, C., Armaiz-Peña, G., & Castro-Figueroa, E. (2021). A Biopsychosocial Approach to Grief, Depression, and the Role of Emotional Regulation. *Behavioral Sciences*, 11(8), 110. <https://doi.org/10.3390/bs11080110>



- Petruzzi, J. (2023). *Grief and Bereavement The Different Forms and Reactions of Grief and Bereavement*.
https://www.researchgate.net/publication/367464566_Grief_and_Bereavement_The_Different_Forms_and_Reactions_of_Grief_and_Bereavement
- Pijar Psikologi. (2018, September 9). *Pijar Psikologi* . Pijar Psikologi #UnderstandingHuman.
<https://pijarpsikologi.org/blog/curhat-kehilangan-orang-tua-membuat-saya-mudah-sedih-dan-cemas>
- Pollard, M. (n.d.). *Grief and Secondary Loss*. Grief Stories. Retrieved November 20, 2025, from
<https://www.griefstories.org/grief-and-secondary-loss/>
- Prabhakar, D., & Hasan, Z. (2024). The Influence Of Parent-Child Relationship On Adolescent's Self-Esteem And Personality Development. *International Journal of Creative Research Thoughts*, 12(5), e317–e319. <https://www.ijcrt.org/papers/IJCRT2405462.pdf>
- Redican, E., Shevlin, M., Ben-Ezra, M., Karatzias, T., & Hyland, P. (2025). Are “time” and “culture” useful and necessary diagnostic requirements for ICD-11 Prolonged Grief Disorder? A Cross-national study. *Death Studies*, 1–12.
<https://doi.org/10.1080/07481187.2025.2468822>
- Revet, A., Laifer, L., & Raynaud, J.-P. (2018). Grief Reactions in Children and Adolescents. In E. Bui (Ed.), *Clinical Handbook of Bereavement and Grief Reactions* (pp. 73–74). Humana Press.
https://www.researchgate.net/publication/321140600_Grief_Reactions_in_Children_and_Adolescents
- Sari, P. P., & Mahpur, M. (2022). APRESIASI KEHIDUPAN PADA REMAJA YANG KEHILANGAN ORANGTUA AKIBAT KEMATIAN. *Egalita*, 17(2).
<https://doi.org/10.18860/egalita.v17i2.15618>
- Sarper, E., & Rodrigues, D. L. (2024). The role of perceived social support in the grief experiences of more anxious and self-compassionate people. *OMEGA - Journal of Death and Dying*.
<https://doi.org/10.1177/00302228241229484>
- Sawyer, S. M., Azzopardi, P. S., Wickremarathne, D., & Patton, G. C. (2018). The Age of Adolescence. *The Lancet Child & Adolescent Health*, 2(3), 223–228.
[https://doi.org/10.1016/s2352-4642\(18\)30022-1](https://doi.org/10.1016/s2352-4642(18)30022-1)



- Sharp, K. M. H., Russell, C., Keim, M., Barrera, M., Gilmer, M. J., Akard, T. F., Compas, B. E., Fairclough, D. L., Davies, B., Hogan, N., Young-Saleme, T., Vannatta, K., & Gerhardt, C. A. (2018). Grief and growth in bereaved siblings: Interactions between different sources of social support. *School Psychology Quarterly*, 33(3), 363–371. <https://doi.org/10.1037/spq0000253>
- Singer, J., Spiegel, J. A., & Papa, A. (2020). Preloss grief in family members of COVID-19 patients: Recommendations for clinicians and researchers. *Psychological Trauma: Theory, Research, Practice, and Policy*, 12(S1), S90. <https://doi.org/10.1037/tra0000876>
- Smith, K. V., Wild, J., & Ehlers, A. (2020). The Masking of Mourning: Social Disconnection after Bereavement and Its Role in Psychological Distress. *Clinical Psychological Science*, 8(3), 464–465. <https://doi.org/10.1177/2167702620902748>
- Stroebe, M., & Schut, H. (1999). The dual process model of coping with bereavement: rationale and description. *Death Studies*, 23(3). <https://doi.org/10.1080/074811899201046>
- Stroebe, M., & Schut, H. (2010). The Dual Process Model of Coping with Bereavement: A Decade on. *OMEGA - Journal of Death and Dying*, 61(4), 273–279. <https://doi.org/10.2190/om.61.4.b>
- Sutton, J. (2022, March 29). *13 Types of Grief+ How to Treat Loss in Therapy*. PositivePsychology.com. <https://positivepsychology.com/grief-types/#types>
- Sweeney, S. (2021). Bearing Bad News: The Impact of Delivering and Receiving News of Sudden Bereavement. *Illness, Crisis & Loss*, 31(2). <https://doi.org/10.1177/10541373211061650>
- Sweeting, H. N., & Gilhooly, M. L. M. (1990). Anticipatory Grief: A Review. *Social Science & Medicine*, 30(10), 1073. [https://doi.org/10.1016/0277-9536\(90\)90293-2](https://doi.org/10.1016/0277-9536(90)90293-2)
- Tabrard, A. (2013, June 14). *Amman's Story: When both of his parents died, how one teenager survived*. - *On the Way to Dying*. On the Way to Dying. <https://onthewaytodying.com/ammans-story-when-both-of-his-parents-died-how-one-teenager-survived/>
- Tafà, M., Cerniglia, L., Cimino, S., Ballarotto, G., Marzilli, E., & Tambelli, R. (2018). Predictive Values of Early Parental Loss and Psychopathological Risk for Physical Problems in Early Adolescents. *Frontiers in Psychology*, 9(922). <https://doi.org/10.3389/fpsyg.2018.00922>
- Tajik, O., Golzar, J., & Noor, S. (2024). Purposive Sampling. *International Journal of Education & Language Studies*, 2(2), 3. <https://doi.org/10.22034/ijels.2025.490681.1029>



- Tyrrell, P., Harberger, S., Schoo, C., & Siddiqui, W. (2023). Kubler-Ross Stages of Dying and Subsequent Models of Grief. *StatPearls*.
<https://www.ncbi.nlm.nih.gov/books/NBK507885/>
- van Eersel, J. H. W., Taris, T. W., & Boelen, P. A. (2021). Grief reactions, depression, and anxiety following job loss: patterns and correlates. *European Journal of Psychotraumatology*, 12(1).
<https://doi.org/10.1080/20008198.2021.1905348>
- Villamin, P., Lopez, V., Thapa, D., & Cleary, M. (2024). A Worked Example of Qualitative Descriptive Design: A Step-by-Step Guide for Novice and Early Career Researchers. *Journal of Advanced Nursing*, 81(8), 5182. <https://doi.org/10.1111/jan.16481>
- Virasiri, S., Yunibhand, J., & Chaiyawat, W. (2011). Parenting: What are the critical attributes? *Journal of the Medical Association of Thailand*, 94(9), 1110.
https://www.researchgate.net/publication/51692745_Parenting_What_are_the_critical_tributes
- WHO. (2023). *Adolescent Health*. World Health Organization. https://www.who.int/health-topics/adolescent-health#tab=tab_1
- Yani, A. (2025). Parenting Styles and Adolescent Development: Mental Health, Digital Behavior, and Academic Outcomes –A Global Review. *Jurnal MultiSains Indonesia*, 1(1), 16–17.
<https://journal.idscipub.com/index.php/jmi/article/view/568/466>
- Yármoz-Yaben, S. (2017). Grief due to divorce: relationship with attachment style and effects on subjective well-being and co-parenting / El duelo ante el divorcio: relación con el estilo de apego y efectos en el bienestar subjetivo y el ejercicio de la co-parentalidad. *Estudios de Psicología*, 38(3), 667–688. <https://doi.org/10.1080/02109395.2017.1330305>
- Yumnah, S. (2022). THE ROLE OF PARENTS ON THE FORMING OF CHILDREN'S CHILDREN IN THE FAMILY: THE THEMATIC HADITH STUDY. Lisan Al-Hal: *Jurnal Pengembangan Pemikiran Dan Kebudayaan*, 16(2), 193. <https://doi.org/10.35316/lisanalhal.v16i2.193-202>
- Zemojtel-Piotrowska, M. Z., & Piotrowski, J. (2023). Hofstede's Cultural Dimensions Theory. *Encyclopedia of Sexual Psychology and Behavior*, 1(1), 1–4. https://doi.org/10.1007/978-3-031-08956-5_1124-1