

Daftar Pustaka

- ACEs Aware. (2020, April). *ACE Screening Clinical Workflows, ACEs and Toxic Stress Risk Assessment Algorithm, and ACE-Associated Health Conditions: For Pediatrics and Adults*. University of California.
- Acoba, E. F. (2024). Social support and mental health: The mediating role of perceived stress. *Frontiers in Psychology*, 15, 1330720. <https://doi.org/10.3389/fpsyg.2024.1330720>
- Alhowaymel, F. M., Kalmakis, K. A., Chiodo, L. M., Kent, N. M., & Almuneef, M. (2023). Adverse Childhood Experiences and Chronic Diseases: Identifying a Cut-Point for ACE Scores. *International Journal of Environmental Research and Public Health*, 20(2), 1651. <https://doi.org/10.3390/ijerph20021651>
- American Educational Research Association, American Psychological Association, & National Council on Measurement in Education. (2014). *Standards for Educational and Psychological Testing*. American Educational Research Association.
- Anggriani, R., Anggrawan, A., & Cahyadi, I. (2020). Structural Analysis of the Equation Model on Store Atmosphere towards Hedonic Value and Consumer Impulsive Buying (Study at Majapahit Food Center). *Jurnal Varian*, 4(1), 61–70. <https://doi.org/10.30812/varian.v4i1.851>
- Arnett, J. J., Žukauskienė, R., & Sugimura, K. (2014). The new life stage of emerging adulthood at ages 18–29 years: Implications for mental health. *The Lancet Psychiatry*, 1(7), 569–576. [https://doi.org/10.1016/S2215-0366\(14\)00080-7](https://doi.org/10.1016/S2215-0366(14)00080-7)
- Barbee, A. P., & Cunningham, M. R. (1995). An Experimental Approach to Social Support Communications: Interactive Coping in Close Relationships. *Annals of the International Communication Association*, 18(1), 381–413. <https://doi.org/10.1080/23808985.1995.11678921>
- Bassett, B. S. (2021). Big Enough to Bother Them? When Low-Income, First-Generation Students Seek Help From Support Programs. *Journal of College Student Development*, 62(1), 19–36. <https://doi.org/10.1353/csd.2021.0002>
- Bellis, M. A., Hughes, K., Leckenby, N., Perkins, C., & Lowey, H. (2014). National household survey of adverse childhood experiences and their relationship with resilience to health-harming behaviors in England. *BMC Medicine*, 12(1), 72. <https://doi.org/10.1186/1741-7015-12-72>
- Cahyadi, A., & Leylasari, H. T. (2024). Tingkat Kebahagiaan Pada Ibu Rumah Tangga Ditinjau dari Persepsi Istri Terhadap Dukungan Sosial yang

Diberikan Suami dan Stres Pengasuhan. *Psycho Idea*, 22(2), 81.
<https://doi.org/10.30595/psychoidea.v22i2.21177>

Cano, M. Á., Castro, F. G., De La Rosa, M., Amaro, H., Vega, W. A., Sánchez, M., Rojas, P., Ramírez-Ortiz, D., Taskin, T., Prado, G., Schwartz, S. J., Córdova, D., Salas-Wright, C. P., & De Dios, M. A. (2020). Depressive Symptoms and Resilience among Hispanic Emerging Adults: Examining the Moderating Effects of Mindfulness, Distress Tolerance, Emotion Regulation, Family Cohesion, and Social Support. *Behavioral Medicine*, 46(3–4), 245–257.
<https://doi.org/10.1080/08964289.2020.1712646>

Carey, N., Coley, R. L., Hawkins, S. S., & Baum, C. F. (2024). Emerging Adult Mental Health During COVID: Exploring Relationships Between Discrete and Cumulative Individual and Contextual Stressors and Well-Being. *Journal of Adolescent Health*, 75(1), 26–34.
<https://doi.org/10.1016/j.jadohealth.2024.01.031>

Cascio, J. (2020, April 23). Facing the Age of Chaos. *Jamais Cascio*.
<https://medium.com/@cascio/facing-the-age-of-chaos-b00687b1f51d>

Chang, Y.-H., Yang, M.-H., Yao, Z.-F., Tsai, M.-C., & Hsieh, S. (2023). The Mediating Role of Brain Structural Imaging Markers in Connecting Adverse Childhood Experiences and Psychological Resilience. *Children*, 10(2), 365. <https://doi.org/10.3390/children10020365>

Chen, Y., Hua, K., Huang, C., Zhou, G., & Wang, J. (2021). Adverse Childhood Experiences and Psychological Well-Being in Chinese College Students: Moderated Mediation by Gender and Resilience. *Frontiers in Psychiatry*, 12, 710635. <https://doi.org/10.3389/fpsy.2021.710635>

Chiang, S.-C., Ting, S.-J., Hung, Y.-F., Sung, Y.-H., & Chen, W.-C. (2024). The Role of Family Conflict and School Problems in Adolescent Emotion Dynamics. *Journal of Child and Family Studies*, 33(3), 877–887.
<https://doi.org/10.1007/s10826-024-02797-z>

Choi, S., Cho, J., & Joo, Y. S. (2023). Happiness among Young Adults Living in Poverty in South Korea. *Asian Journal of Human Services*, 25(0), 119–134.
<https://doi.org/10.14391/ajhs.25.119>

Choi, S., & Min, I. (2024). Parental socioeconomic status and adolescent development in Indonesia. *International Journal of Adolescence and Youth*, 29(1), 2387086. <https://doi.org/10.1080/02673843.2024.2387086>

Cloitre, M., Khan, C., Mackintosh, M.-A., Garvert, D. W., Henn-Haase, C. M., Falvey, E. C., & Saito, J. (2019). Emotion regulation mediates the relationship between ACES and physical and mental health. *Psychological*

Trauma: Theory, Research, Practice, and Policy, 11(1), 82–89.
<https://doi.org/10.1037/tra0000374>

Cohen, S., & Wills, T. A. (1985). Stress, social support, and the buffering hypothesis. *Psychological Bulletin*, 98(2), 310–357. <https://doi.org/10.1037/0033-2909.98.2.310>

Daniel, R., Ring, K., Husbands, T., Marshall, H., Wang, J., Shah, A., & Chan, R. Y. (2020). Resilience in the Setting of Adverse Childhood Experiences: A Cross-Sectional Study. *Clinical Pediatrics*, 59(14), 1296–1300. <https://doi.org/10.1177/0009922820941633>

Daniélsdóttir, H. B., Aspelund, T., Thordardóttir, E. B., Fall, K., Fang, F., Tómasson, G., Rúnarsdóttir, H., Yang, Q., Choi, K. W., Kennedy, B., Halldorsdóttir, T., Lu, D., Song, H., Jakobsdóttir, J., Hauksdóttir, A., & Valdimarsdóttir, U. A. (2022). Adverse childhood experiences and resilience among adult women: A population-based study. *eLife*, 11, e71770. <https://doi.org/10.7554/eLife.71770>

Derlega, V. J., Winstead, B. A., Oldfield, E. C., & Barbee, A. P. (2003). Close Relationships and Social Support in Coping with HIV: A Test of Sensitive Interaction Systems Theory. *AIDS and Behavior*, 7(2), 119–129. <https://doi.org/10.1023/A:1023990107075>

Evseeva, S., Evseeva, O., & Rawat, P. (2022). Employee Development and Digitalization in BANI World. Dalam D. Rodionov, T. Kudryavtseva, A. Skhvediani, & M. A. Berawi (Ed.), *Innovations in Digital Economy* (Vol. 1619, hlm. 253–264). Springer International Publishing. https://doi.org/10.1007/978-3-031-14985-6_18

Fadhilah, M. F., Musyari, M. I. N., Badil, M., & Rissyel, R. (2024). Fungsi Agama Dalam Perspektif Umat Islam di Indonesia. *Jurnal Riset Rumpun Agama dan Filsafat*, 3(1), 51–67. <https://doi.org/10.55606/jurrafi.v3i1.2489>

Feder, A., Fred-Torres, S., Southwick, S. M., & Charney, D. S. (2019). The Biology of Human Resilience: Opportunities for Enhancing Resilience Across the Life Span. *Biological Psychiatry*, 86(6), 443–453. <https://doi.org/10.1016/j.biopsych.2019.07.012>

Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., Koss, M. P., & Marks, J. S. (1998). Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults. *American Journal of Preventive Medicine*, 14(4), 245–258. [https://doi.org/10.1016/S0749-3797\(98\)00017-8](https://doi.org/10.1016/S0749-3797(98)00017-8)

- Feraco, T., Casali, N., & Meneghetti, C. (2023). Adaptability favors positive academic responses and posttraumatic growth under COVID-19: A longitudinal study with adolescents. *European Journal of Psychology of Education*, 38(4), 1771–1789. <https://doi.org/10.1007/s10212-022-00667-0>
- Fritz, J., De Graaff, A. M., Caisley, H., Van Harmelen, A.-L., & Wilkinson, P. O. (2018). A Systematic Review of Amenable Resilience Factors That Moderate and/or Mediate the Relationship Between Childhood Adversity and Mental Health in Young People. *Frontiers in Psychiatry*, 9, 230. <https://doi.org/10.3389/fpsyt.2018.00230>
- Fuller, H. R., & Huseth-Zosel, A. (2021). Lessons in Resilience: Initial Coping Among Older Adults During the COVID-19 Pandemic. *The Gerontologist*, 61(1), 114–125. <https://doi.org/10.1093/geront/gnaa170>
- Gillman, J. C., Turner, M. J., & Slater, M. J. (2023). The role of social support and social identification on challenge and threat cognitive appraisals, perceived stress, and life satisfaction in workplace employees. *PLOS ONE*, 18(7), e0288563. <https://doi.org/10.1371/journal.pone.0288563>
- Gomes, A. C., Rebelo, M. A. B., De Queiroz, A. C., De Queiroz Herkrath, A. P. C., Herkrath, F. J., Rebelo Vieira, J. M., Pereira, J. V., & Vettore, M. V. (2020). Socioeconomic status, social support, oral health beliefs, psychosocial factors, health behaviours and health-related quality of life in adolescents. *Quality of Life Research*, 29(1), 141–151. <https://doi.org/10.1007/s11136-019-02279-6>
- Gonul, B., & Wängqvist, M. (2022). ‘I Felt Like Being Upgraded’: Emerging Adults’ Experiences of Socioeconomic Resources in Relation to Their Vocational Identity Development in Turkey. *Emerging Adulthood*, 10(1), 173–187. <https://doi.org/10.1177/21676968211054600>
- Goodwill, J. R. (2022). Which coping strategies moderate the depression-suicide ideation link in Black college students? A psychometric investigation. *Children and Youth Services Review*, 138, 106448. <https://doi.org/10.1016/j.childyouth.2022.106448>
- Govan, R. H., Fernandez, J. S., Lewis, D. G., & Kirshner, B. (2015). International Perspectives on Youth Leadership Development Through Community Organizing. *New Directions for Student Leadership*, 2015(148), 87–99. <https://doi.org/10.1002/yd.20155>
- Grosios, K., Gahan, P. B., & Burbidge, J. (2010). Overview of healthcare in the UK. *EPMA Journal*, 1(4), 529–534. <https://doi.org/10.1007/s13167-010-0050-1>

- Gustavson, K., Knudsen, A. K., Nesvåg, R., Knudsen, G. P., Vollset, S. E., & Reichborn-Kjennerud, T. (2018). Prevalence and stability of mental disorders among young adults: Findings from a longitudinal study. *BMC Psychiatry*, 18(1), 65. <https://doi.org/10.1186/s12888-018-1647-5>
- Hafifah, N., & Abidin, Z. (2020). Peran Posyandu dalam Meningkatkan Kualitas Kesehatan Ibu dan Anak di Desa Sukawening, Kabupaten Bogor. *Jurnal Pusat Inovasi Masyarakat*, 2(5), 893–900.
- Hall, A., Perez, A., West, X., Brown, M., Kim, E., Salih, Z., & Aronoff, S. (2021). The Association of Adverse Childhood Experiences and Resilience With Health Outcomes in Adolescents: An Observational Study. *Global Pediatric Health*, 8, 2333794X20982433. <https://doi.org/10.1177/2333794X20982433>
- Henly, J. R., Danziger, S. K., & Offer, S. (2005). The contribution of social support to the material well-being of low-income families. *Journal of Marriage and Family*, 67(1), 122–140. <https://doi.org/10.1111/j.0022-2445.2005.00010.x>
- Herawati, T., Zubairi, B. K., Musthofa, M., & Tyas, F. P. S. (2018). Dukungan Sosial, Interaksi Keluarga, dan Kualitas Perkawinan pada Keluarga Suami Istri Bekerja. *Jurnal Ilmu Keluarga dan Konsumen*, 11(1), 1–12. <https://doi.org/10.24156/jikk.2018.11.1.1>
- Holmgreen, L., Tirone, V., Gerhart, J., & Hobfoll, S. E. (2017). Conservation of Resources Theory: Resource Caravans and Passageways in Health Contexts. Dalam C. L. Cooper & J. C. Quick (Ed.), *The Handbook of Stress and Health* (1 ed., hlm. 443–457). Wiley. <https://doi.org/10.1002/9781118993811.ch27>
- Hong, F., Tarullo, A. R., Mercurio, A. E., Liu, S., Cai, Q., & Malley-Morrison, K. (2018). Childhood maltreatment and perceived stress in young adults: The role of emotion regulation strategies, self-efficacy, and resilience. *Child Abuse & Neglect*, 86, 136–146. <https://doi.org/10.1016/j.chiabu.2018.09.014>
- Hooker, E. D., Campos, B., Zoccola, P. M., & Dickerson, S. S. (2018). Subjective Socioeconomic Status Matters Less When Perceived Social Support Is High: A Study of Cortisol Responses to Stress. *Social Psychological and Personality Science*, 9(8), 981–989. <https://doi.org/10.1177/1948550617732387>
- Hoór, D., Nxumalo, V., McGrath, N., Seeley, J., Shahmanesh, M., & Harling, G. (2025). Walking a tightrope: Social support in early adulthood in resource-constrained South Africa. *Journal of Social and Personal Relationships*, 42(9), 2493–2515. <https://doi.org/10.1177/02654075251337551>

- Iacoviello, B. M., & Charney, D. S. (2020). Cognitive and behavioral components of resilience to stress. Dalam *Stress Resilience* (hlm. 23–31). Elsevier. <https://doi.org/10.1016/B978-0-12-813983-7.00002-1>
- Johnson, C., Gitay, R., Abdel-Salam, A.-S. G., BenSaid, A., Ismail, R., Naji Al-Tameemi, R. A., Romanowski, M. H., Kazem Al Fakih, B. M., & Al Hazaa, K. (2022). Student support in higher education: Campus service utilization, impact, and challenges. *Heliyon*, 8(12), e12559. <https://doi.org/10.1016/j.heliyon.2022.e12559>
- Kelifa, M. O., Yang, Y., Carly, H., Bo, W., & Wang, P. (2021). How Adverse Childhood Experiences Relate to Subjective Wellbeing in College Students: The Role of Resilience and Depression. *Journal of Happiness Studies*, 22(5), 2103–2123. <https://doi.org/10.1007/s10902-020-00308-7>
- Kementerian Pemberdayaan Perempuan dan Perlindungan Anak Republik Indonesia. (2025). *Sistem Informasi Online Perlindungan Perempuan dan Anak*. Kementerian Pemberdayaan Perempuan dan Perlindungan Anak Republik Indonesia. <https://kekerasan.kemenpppa.go.id/ringkasan>
- Kementerian Sosial Republik Indonesia. (2018). *Aksesibilitas Layanan Sosial Dasar Bagi Keluarga Penerima Manfaat Bantuan Sosial Fakir Miskin Di Daerah Perdesaan*. Kementerian Sosial Republik Indonesia.
- Khalaf, A. M., Alubied, A. A., Khalaf, A. M., & Rifaey, A. A. (2023). The Impact of Social Media on the Mental Health of Adolescents and Young Adults: A Systematic Review. *Cureus*. <https://doi.org/10.7759/cureus.42990>
- Kim, J. H. (2019). Multicollinearity and misleading statistical results. *Korean Journal of Anesthesiology*, 72(6), 558–569. <https://doi.org/10.4097/kja.19087>
- Kong, Y., Su, Z., Wang, R., Tan, J., Ran, P., Xu, X., Wang, W., Hong, S., Zhang, Q., & Kuang, L. (2025). Impulsivity and social support as intervening and interactive variables in the link between childhood socioeconomic status and mental health among first-year college students. *Frontiers in Psychiatry*, 16, 1569001. <https://doi.org/10.3389/fpsyt.2025.1569001>
- Kuang, K., & Wang, N. (2023). Coping with uncertainty in mental illness: Associations among desired support, support seeking strategies, and received support from family members. *Journal of Social and Personal Relationships*, 40(3), 1018–1043. <https://doi.org/10.1177/02654075221123093>
- Kumpfer, K. L. (2002). Factors and Processes Contributing to Resilience. Dalam M. D. Glantz & J. L. Johnson (Ed.), *Resilience and Development* (hlm. 179–224). Kluwer Academic Publishers. https://doi.org/10.1007/0-306-47167-1_9

- Landberg, M., Lee, B., & Noack, P. (2019). What Alters the Experience of Emerging Adulthood? How the Experience of Emerging Adulthood Differs According to Socioeconomic Status and Critical Life Events. *Emerging Adulthood*, 7(3), 208–222. <https://doi.org/10.1177/2167696819831793>
- Lee, K., Pang, Y. C., Lee, J. A. L., & Melby, J. N. (2017). A Study of Adverse Childhood Experiences, Coping Strategies, Work Stress, and Self-Care in the Child Welfare Profession. *Human Service Organizations: Management, Leadership & Governance*, 41(4), 389–402. <https://doi.org/10.1080/23303131.2017.1302898>
- Lester, S., Khatwa, M., & Sutcliffe, K. (2020). Service needs of young people affected by adverse childhood experiences (ACEs): A systematic review of UK qualitative evidence. *Children and Youth Services Review*, 118, 105429. <https://doi.org/10.1016/j.childyouth.2020.105429>
- Li, F., Luo, S., Mu, W., Li, Y., Ye, L., Zheng, X., Xu, B., Ding, Y., Ling, P., Zhou, M., & Chen, X. (2021). Effects of sources of social support and resilience on the mental health of different age groups during the COVID-19 pandemic. *BMC Psychiatry*, 21(1), 16. <https://doi.org/10.1186/s12888-020-03012-1>
- Li, R., Che Hassan, N., & Saharuddin, N. (2023). College Student's Academic Help-Seeking Behavior: A Systematic Literature Review. *Behavioral Sciences*, 13(8), 637. <https://doi.org/10.3390/bs13080637>
- Lundqvist, D., Fogelberg Eriksson, A., & Ekberg, K. (2018). Managers' social support: Facilitators and hindrances for seeking support at work. *Work*, 59(3), 351–365. <https://doi.org/10.3233/WOR-182690>
- Lv, F., Yu, M., Li, J., Tan, J., Ye, Z., Xiao, M., Zhu, Y., Guo, S., Liu, Y., & Gao, D. (2022). Young Adults' Loneliness and Depression During the COVID-19 Pandemic: A Moderated Mediation Model. *Frontiers in Psychology*, 13, 842738. <https://doi.org/10.3389/fpsyg.2022.842738>
- Ma, J., Yang, B., Wang, S., Yao, Y., Wu, C., Li, M., & Dong, G.-H. (2024). Adverse childhood experiences predict internet gaming disorder in university students: The mediating role of resilience. *Current Opinion in Psychiatry*, 37(1), 29–37. <https://doi.org/10.1097/YCO.0000000000000910>
- Ma, T.-L., Chow, C. M., & Chen, W.-T. (2018). The moderation of culturally normative coping strategies on Taiwanese adolescent peer victimization and psychological distress. *Journal of School Psychology*, 70, 89–104. <https://doi.org/10.1016/j.jsp.2018.08.002>
- Mahadevan, N., Gregg, A. P., & Sedikides, C. (2021). Self-esteem as a hierometer: Sociometric status is a more potent and proximate predictor of self-esteem

- than socioeconomic status. *Journal of Experimental Psychology: General*, 150(12), 2613–2635. <https://doi.org/10.1037/xge0001056>
- Mannino, J. E. (2015). Resilience and Transitioning to Adulthood among Emerging Adults with Disabilities. *Journal of Pediatric Nursing*, 30(5), 131–145. <https://doi.org/10.1016/j.pedn.2015.05.017>
- Mansournia, M. A., Nazemipour, M., Naimi, A. I., Collins, G. S., & Campbell, M. J. (2021). Reflection on modern methods: Demystifying robust standard errors for epidemiologists. *International Journal of Epidemiology*, 50(1), 346–351. <https://doi.org/10.1093/ije/dyaa260>
- Manyema, M., & Richter, L. M. (2019). Adverse childhood experiences: Prevalence and associated factors among South African young adults. *Heliyon*, 5(12), e03003. <https://doi.org/10.1016/j.heliyon.2019.e03003>
- Marvianto, M. (2025). *Source of Validity*. Workshop Statistika UPAP, Yogyakarta.
- Mastrokoulou, S., Lin, S., Longobardi, C., Berchiatti, M., & Bozzato, P. (2024). Resilience and psychological distress in the transition to university: The mediating role of emotion regulation. *Current Psychology*, 43(28), 23675–23685. <https://doi.org/10.1007/s12144-024-06138-7>
- Matar, Jodie. L., Laletas, S., & Lubman, Dan. I. (2024). Mental Health Concerns and Help-Seeking Behaviors Among Adolescents in High Socioeconomic Status Groups: A Scoping Review. *Adolescent Research Review*, 9(1), 93–134. <https://doi.org/10.1007/s40894-023-00214-y>
- Matud, M., Díaz, A., Bethencourt, J., & Ibáñez, I. (2020). Stress and Psychological Distress in Emerging Adulthood: A Gender Analysis. *Journal of Clinical Medicine*, 9(9), 2859. <https://doi.org/10.3390/jcm9092859>
- Maurer, J., Meyrose, A.-K., Kaman, A., Mauz, E., Ravens-Sieberger, U., & Reiss, F. (2025). Socioeconomic Status, Protective Factors, and Mental Health Problems in Transition from Adolescence to Emerging Adulthood: Results of the Longitudinal BELLA Study. *Child Psychiatry & Human Development*, 56(3), 649–660. <https://doi.org/10.1007/s10578-023-01582-1>
- McGeehee, A. L. (2022). *Interpersonal Relationships as Moderators in the Link Between Aces and Emerging Adult Adjustment: An Exploration of Cross-Domain Resilience* [Dissertation or Thesis]. Oklahoma State University.
- McKimmie, B. M., Butler, T., Chan, E., Rogers, A., & Jimmieson, N. L. (2020). Reducing stress: Social support and group identification. *Group Processes & Intergroup Relations*, 23(2), 241–261. <https://doi.org/10.1177/1368430218818733>

- McLaren, T., Peter, L.-J., Tomczyk, S., Muehlan, H., Schomerus, G., & Schmidt, S. (2025). A "Self-Milieux" perspective on help-seeking: Examining the impact of a person's sociocultural background on help-seeking in people with untreated depressive symptoms. *Social Psychiatry and Psychiatric Epidemiology*, 60(3), 579–592. <https://doi.org/10.1007/s00127-024-02720-3>
- McLaughlin, M. W. (2000). *Community Counts: How Youth Organizations Matter for Youth Development*. Public Education Network. <https://eric.ed.gov/?id=ED442900>
- Milder, M. K. L., Bazier, A., Ward, S., Rand, K. L., & Hirsh, A. T. (2023). Resilience, Social Support, and Health in Emerging Adults With and Without Chronic Health Conditions. *Emerging Adulthood*, 11(3), 557–571. <https://doi.org/10.1177/21676968221148322>
- Modula, M. J., Mathapo-Thobakgale, E. M., Nyoni, C. N., & Jansen, R. (2024). Strategies for Coping with Occupational Trauma: A Scoping Review of the Police Officer Context. *International Journal of Environmental Research and Public Health*, 21(7), 921. <https://doi.org/10.3390/ijerph21070921>
- Morgan, C. A., Chang, Y.-H., Choy, O., Tsai, M.-C., & Hsieh, S. (2021). Adverse Childhood Experiences Are Associated with Reduced Psychological Resilience in Youth: A Systematic Review and Meta-Analysis. *Children*, 9(1), 27. <https://doi.org/10.3390/children9010027>
- Mortenson, S. T., Burleson, B. R., Feng, B., & Liu, M. (2009). Cultural Similarities and Differences in Seeking Social Support as a Means of Coping: A Comparison of European Americans and Chinese and an Evaluation of the Mediating Effects of Self-Construct. *Journal of International and Intercultural Communication*, 2(3), 208–239. <https://doi.org/10.1080/17513050902985331>
- Murphy, E. R., Wippold, G. M., & Crichlow, Z. R. (2025). Socioeconomic Status, Social Support, and Quality of Life Among Black Adults. *Journal of Racial and Ethnic Health Disparities*, 12(6), 4101–4110. <https://doi.org/10.1007/s40615-024-02204-9>
- Mustikaningtyas, M., Pinandari, A. W., Setiyawati, D., & Wilopo, S. A. (2022). Are Adverse Childhood Experiences Associated with Depression in Early Adolescence? An Ecological Analysis Approach Using GEAS Baseline Data 2018 in Indonesia. *Open Access Macedonian Journal of Medical Sciences*, 10(E), 1844–1851. <https://doi.org/10.3889/oamjms.2022.8210>
- National Institute of Mental Health. (t.t.). *Helping Children and Adolescents Cope With Traumatic Events*. National Institute of Mental Health. Diambil 6 Desember 2025, dari

<https://www.nimh.nih.gov/health/publications/helping-children-and-adolescents-cope-with-disasters-and-other-traumatic-events>

National Institute of Mental Health. (2024). *Mental Illness*. National Institute of Mental Health. <https://www.nimh.nih.gov/health/statistics/mental-illness>

Nusslock, R., & Miller, G. E. (2016). Early-Life Adversity and Physical and Emotional Health Across the Lifespan: A Neuroimmune Network Hypothesis. *Biological Psychiatry*, 80(1), 23–32. <https://doi.org/10.1016/j.biopsych.2015.05.017>

Okwori, G. (2021). Relationship between Adverse Childhood Experiences and Resiliency among College Students. *Journal of Epidemiology Public Health*, 6(1), 83–97. <https://doi.org/10.26911/jepublichealth.2021.06.01.09>

Ozbay, F., Johnson, D. C., Dimoulas, E., Morgan, C. A., Charney, D., & Southwick, S. (2007). Social support and resilience to stress: From neurobiology to clinical practice. *Psychiatry (Edgmont (Pa.: Township))*, 4(5), 35–40.

Pasinringi, M. A. A., Vanessa, A. A., & Sandy, G. (2022). The Relationship Between Social Support and Mental Health Degrees in Emerging Adulthood of Students. *Golden Ratio of Social Science and Education*, 2(1), 12–23. <https://doi.org/10.52970/grsse.v2i1.162>

Potter, S., Bridger, E., Piotrowska, P. J., & Drewelies, J. (2025). Emotional reactivity to daily positive and negative events in adulthood: The role of adverse childhood experiences. *Emotion*, 25(6), 1502–1515. <https://doi.org/10.1037/emo0001512>

Rahapsari, S. (2021). An Indonesian Adaptation of the World Health Organization Adverse Childhood Experiences International Questionnaire (WHO ACE-IQ) as a Screening Instrument for Adults. *Gadjah Mada Journal of Psychology (GamaJoP)*, 7(1), 115. <https://doi.org/10.22146/gamajop.64996>

Renger, D., Lohmann, J. F., Renger, S., & Martiny, S. E. (2024). Socioeconomic Status and Self-Regard: Income Predicts Self-Respect Over Time. *Social Psychology*, 55(1), 12–24. <https://doi.org/10.1027/1864-9335/a000536>

Riepenhausen, A., Wackerhagen, C., Reppmann, Z. C., Deter, H.-C., Kalisch, R., Veer, I. M., & Walter, H. (2022). Positive Cognitive Reappraisal in Stress Resilience, Mental Health, and Well-Being: A Comprehensive Systematic Review. *Emotion Review*, 14(4), 310–331. <https://doi.org/10.1177/17540739221114642>

Rimfeld, K., Malanchini, M., Packer, A. E., Gidziela, A., Allegrini, A. G., Ayorech, Z., Smith-Woolley, E., McMillan, A., Ogden, R., Dale, P. S., Eley, T. C., &

- Plomin, R. (2021). The winding roads to adulthood: A twin study. *JCPP Advances*, 1(4), e12053. <https://doi.org/10.1002/jcv2.12053>
- Ruiz-Camacho, C., Gozalo, M., & Sánchez Casado, I. (2025). The Mediating Role of Active Coping Strategies in the Relationship Between Academic Stressors and Stress Responses Among University Students. *Healthcare*, 13(14), 1674. <https://doi.org/10.3390/healthcare13141674>
- Saepudin, E., Rizal, E., & Rusman, A. (2017). Peran Posyandu Sebagai Pusat Informasi Kesehatan Ibu dan Anak. *RECORD AND LIBRARY JOURNAL*, 3(2), 201–208.
- Santrock, J. W. (2019). *Life-span development* (Seventeenth edition). McGraw-Hill Education.
- Sarjito, A. (2024). Dampak Kemiskinan terhadap Akses Pelayanan Kesehatan di Indonesia. *Journal Ilmu Sosial, Politik dan Pemerintahan*, 13(1), 397–416. <https://doi.org/10.37304/jispar.v13i1.10520>
- Schwartz, C. E., Zhang, J., Stucky, B. D., Michael, W., & Rapkin, B. D. (2019). Is the link between socioeconomic status and resilience mediated by reserve-building activities: Mediation analysis of web-based cross-sectional data from chronic medical illness patient panels. *BMJ Open*, 9(5), e025602. <https://doi.org/10.1136/bmjopen-2018-025602>
- Scott, G., Ciarrochi, J., & Deane, F. P. (2004). Disadvantages of being an individualist in an individualistic culture: Idiocentrism, emotional competence, stress, and mental health. *Australian Psychologist*, 39(2), 143–154. <https://doi.org/10.1080/00050060410001701861>
- Sesar, K., Šimić, N., & Barišić, M. (2010). Multi-type Childhood Abuse, Strategies of Coping, and Psychological Adaptations in Young Adults. *Croatian Medical Journal*, 51(5), 406–416. <https://doi.org/10.3325/cmj.2010.51.406>
- Sharma, N., & Saini, D. D. S. (2025). Mediating Role of Adaptive and Maladaptive Coping Mechanisms in the Relationship Between Socioeconomic Status and Adult Mental Health Outcomes: A Psychological Perspective. *South Eastern European Journal of Public Health*, 855–865. <https://doi.org/10.70135/seejph.vi.4734>
- Sheffler, J. L., Piazza, J. R., Quinn, J. M., Sachs-Ericsson, N. J., & Stanley, I. H. (2019). Adverse childhood experiences and coping strategies: Identifying pathways to resiliency in adulthood. *Anxiety, Stress, & Coping*, 32(5), 594–609. <https://doi.org/10.1080/10615806.2019.1638699>

- Simarmata, L. (2024). FUNGSI AGAMA DALAM KEHIDUPAN SOSIAL MANUSIA. *Puteri Hijau: Jurnal Pendidikan Sejarah*, 9(1), 236. <https://doi.org/10.24114/ph.v9i1.64890>
- Sisto, A., Vicinanza, F., Campanozzi, L. L., Ricci, G., Tartaglini, D., & Tambone, V. (2019). Towards a Transversal Definition of Psychological Resilience: A Literature Review. *Medicina*, 55(11), 745. <https://doi.org/10.3390/medicina55110745>
- Solberg, M. A., Peters, R. M., Resko, S. M., & Templin, T. N. (2023). Does Coping Mediate the Relationship Between Adverse Childhood Experiences and Health Outcomes in Young Adults? *Journal of Child & Adolescent Trauma*, 16(3), 615–627. <https://doi.org/10.1007/s40653-023-00527-z>
- Solmi, M., Radua, J., Olivola, M., Croce, E., Soardo, L., Salazar De Pablo, G., Il Shin, J., Kirkbride, J. B., Jones, P., Kim, J. H., Kim, J. Y., Carvalho, A. F., Seeman, M. V., Correll, C. U., & Fusar-Poli, P. (2022). Age at onset of mental disorders worldwide: Large-scale meta-analysis of 192 epidemiological studies. *Molecular Psychiatry*, 27(1), 281–295. <https://doi.org/10.1038/s41380-021-01161-7>
- Sullivan, J. (2012). VUCA: the new normal for talent management and workforce planning. *Ere.net*. <http://www.ere-media.com/ere/vuca-the-new-normal-for-talent-management-and-workforce-planning/>
- Swedo, E. A., Aslam, M. V., Dahlberg, L. L., Niolon, P. H., Guinn, A. S., Simon, T. R., & Mercy, J. A. (2023). Prevalence of Adverse Childhood Experiences Among U.S. Adults—Behavioral Risk Factor Surveillance System, 2011–2020. *MMWR. Morbidity and Mortality Weekly Report*, 72(26), 707–715. <https://doi.org/10.15585/mmwr.mm7226a2>
- Tagomori, H., Fardghassemi, S., & Joffe, H. (2022). How young adults cope with loneliness: A study of London's most deprived boroughs. *International Journal of Adolescence and Youth*, 27(1), 1–22. <https://doi.org/10.1080/02673843.2021.2013263>
- Tandon, S. D., Dariotis, J. K., Tucker, M. G., & Sonenstein, F. L. (2013). Coping, Stress, and Social Support Associations With Internalizing and Externalizing Behavior Among Urban Adolescents and Young Adults: Revelations From a Cluster Analysis. *Journal of Adolescent Health*, 52(5), 627–633. <https://doi.org/10.1016/j.jadohealth.2012.10.001>
- Taskan, B., Junça-Silva, A., & Caetano, A. (2022). Clarifying the conceptual map of VUCA: A systematic review. *International Journal of Organizational Analysis*, 30(7), 196–217. <https://doi.org/10.1108/IJOA-02-2022-3136>

- Triandis, H. C. (2001). Individualism-Collectivism and Personality. *Journal of Personality*, 69(6), 907–924. <https://doi.org/10.1111/1467-6494.696169>
- Tsai, J. L. (2021). Why does passion matter more in individualistic cultures? *Proceedings of the National Academy of Sciences*, 118(14), e2102055118. <https://doi.org/10.1073/pnas.2102055118>
- Umi, A. (2024, Mei 21). 15 Contoh Program KIA di Puskesmas. Ibu Hamil Wajib Ikuti! *Solo Abadi*. <https://soloabadi.com/15-contoh-program-kia-di-puskesmas-ibu-hamil-wajib-ikuti/>
- Van der Hallen, R., Jongerling, J., & Godor, B. P. (2020). Coping and resilience in adults: A cross-sectional network analysis. *Anxiety, Stress, and Coping*, 33(5), 479–496. <https://doi.org/10.1080/10615806.2020.1772969>
- Wang, N., Ning, W., & Mao, A. (2023). Support Seeking. Dalam N. Wang, W. Ning, & A. Mao, *Oxford Research Encyclopedia of Communication*. Oxford University Press. <https://doi.org/10.1093/acrefore/9780190228613.013.1459>
- Werner, E. E. (2005). What Can We Learn about Resilience from Large-Scale Longitudinal Studies? Dalam S. Goldstein & R. B. Brooks (Ed.), *Handbook of Resilience in Children* (hlm. 91–105). Springer US. https://doi.org/10.1007/0-306-48572-9_7
- Wiiium, N., & Dimitrova, R. (2019). Positive Youth Development Across Cultures: Introduction to the Special Issue. *Child & Youth Care Forum*, 48(2), 147–153. <https://doi.org/10.1007/s10566-019-09488-7>
- Wood, D., Crapnell, T., Lau, L., Bennett, A., Lotstein, D., Ferris, M., & Kuo, A. (2018). Emerging Adulthood as a Critical Stage in the Life Course. Dalam N. Halfon, C. B. Forrest, R. M. Lerner, & E. M. Faustman (Ed.), *Handbook of Life Course Health Development* (hlm. 123–143). Springer International Publishing. https://doi.org/10.1007/978-3-319-47143-3_7
- Woodward, E. N., Walsh, J. L., Senn, T. E., & Carey, M. P. (2018). Positive social interaction offsets impact of low socioeconomic status on stress. *Journal of the National Medical Association*, 110(4), 371–377. <https://doi.org/10.1016/j.jnma.2017.07.006>
- Xie, D., & Xie, Z. (2023). Effects of undergraduates' conscientiousness on their cyber aggression: The roles of online moral anger and gender. *Social Behavior and Personality: An International Journal*, 51(1), 1–8. <https://doi.org/10.2224/sbp.11920>
- Yan, W., Zhang, L., Li, W., You, X., & Kong, F. (2022). Associations of family subjective socioeconomic status with hedonic and eudaimonic well-being

in emerging adulthood: A daily diary study. *Social Science & Medicine*, 298, 114867. <https://doi.org/10.1016/j.socscimed.2022.114867>

Zeijen, M. E. L., Petrou, P., & Bakker, A. B. (2024). Giving and taking social support at work: An experience sampling study among coworker dyads. *Applied Psychology*, 73(3), 1361–1385. <https://doi.org/10.1111/apps.12520>

Zhang, X., Brown, A. M., & Rhubart, D. C. (2023). Can Resilience Buffer the Effects of Loneliness on Mental Distress Among Working-Age Adults in the United States During the COVID-19 Pandemic? A Latent Moderated Structural Modeling Analysis. *International Journal of Behavioral Medicine*, 30(6), 790–800. <https://doi.org/10.1007/s12529-022-10151-0>

Zhu, Y., Zhang, G., & Anme, T. (2023). Adverse Childhood Experiences, Resilience, and Emotional Problems in Young Chinese Children. *International Journal of Environmental Research and Public Health*, 20(4), 3028. <https://doi.org/10.3390/ijerph20043028>

