

Daftar Pustaka

- Alpert, J. M., & Womble, F. E. (2014). Coping as a caregiver for an elderly family member. *Health Communication*, 30(7), 714–721. <https://doi.org/10.1080/10410236.2013.879560>
- Badan Pusat Statistik. (2023a). *Proyeksi Penduduk Indonesia 2020-2050 Hasil Sensus Penduduk 2020*. Badan Pusat Statistik
- Badan Pusat Statistik. (2023b). *Statistik Penduduk Lanjut Usia 2023*. Badan Pusat Statistik
- Bedford, O., & Yeh, K. H. (2021). Evolution of the conceptualization of filial piety in the global context: From skin to skeleton. *Frontiers in psychology*, 12, 570547. <https://doi.org/10.3389/fpsyg.2021.570547>
- Bedford, O., Yeh, K. H., & Tan, C. S. (2022). Editorial: Filial piety as a universal construct: From cultural norms to psychological motivations. *Frontiers in Psychology*, 13, 980060. <https://doi.org/10.3389/FPSYG.2022.980060/BIBTEX>
- Benko Meštrović, S., Šklemp Kokić, I., Friganović, A., Krupa, S., Babić, D., Zelko, E., & Đorđević, D. (2023). The impact of caregiving on successful ageing of informal carers: A qualitative study among respiratory patients' caregivers. *Healthcare (Basel, Switzerland)*, 11(5), 715. <https://doi.org/10.3390/healthcare11050715>
- Boerner, K., Kim, Y. K., Gallagher, E. A., Kim, K., & Jopp, D. S. (2021). "I'm Getting Older Too": Challenges and Benefits Experienced by Very Old Parents and Their Children. *Journal of Applied Gerontology*, 41(3), 769–779. <https://doi.org/10.1177/07334648211016113>
- Bom, J., Bakx, P., Schut, F., & van Doorslaer, E. (2018). The impact of informal caregiving for older adults on the health of various types of caregivers: A systematic review. *The Gerontologist*. <https://doi.org/10.1093/geront/gny137>
- Brandão, D., Ribeiro, O., Oliveira, M., & Paúl, C. (2017). Caring for a centenarian parent: an exploratory study on role strains and psychological distress. *Scandinavian journal of caring sciences*, 31(4), 984–994. <https://doi.org/10.1111/scs.12423>
- Butler, J., & Ciarrochi, J. (2007). Psychological acceptance and quality of life in the elderly. *Quality of life research : an international journal of quality of life aspects of treatment, care and rehabilitation*, 16(4), 607–615. <https://doi.org/10.1007/s11136-006-9149-1>

- Cardoso, C., Lumini, M. J., & Martins, T. (2025). Effects of physical exercise in reducing caregivers burden: a systematic review. *Frontiers in public health*, 13, 1474913. <https://doi.org/10.3389/fpubh.2025.1474913>
- Chan, S. M., Chung, G. K., Chan, Y. H., Chung, R. Y., Wong, H., Yeoh, E. K., & Woo, J. (2022). Resilience and coping strategies of older adults in Hong Kong during COVID-19 pandemic: a mixed methods study. *BMC geriatrics*, 22(1), 299. <https://doi.org/10.1186/s12877-022-03009-3>
- Cheng, ST., Fung, H.H., Li, L.W., Li, T., Woo, J., Chi, I. (2015a). *Successful Aging: Concepts, Reflections and Its Relevance to Asia*. In: Cheng, ST., Chi, I., Fung, H., Li, L., Woo, J. (eds) *Successful Aging*. Springer, Dordrecht. https://doi.org/10.1007/978-94-017-9331-5_1
- Cheng, ST., Li, L.W., Woo, J., Chi, I., Fung, H.H. (2015b). *Successful Aging in Asia: A Concerted Effort of the State, the Family, and the Individual*. In: Cheng, ST., Chi, I., Fung, H., Li, L., Woo, J. (eds) *Successful Aging*. Springer, Dordrecht. https://doi.org/10.1007/978-94-017-9331-5_20
- Crimmins, E. M. (2015). Lifespan and healthspan: Past, present, and promise. *The Gerontologist*, 55(6), 901. <https://doi.org/10.1093/GERONT/GNV130>
- Emlet, C. A., & Harris, L. (2020). Giving Back Is Receiving: The Role of Generativity in Successful Aging Among HIV-Positive Older Adults. *Journal of aging and health*, 32(1), 61–70. <https://doi.org/10.1177/0898264318804320>
- Graf C. (2008). The Lawton instrumental activities of daily living scale. *The American journal of nursing*, 108(4), 52–63. <https://doi.org/10.1097/01.NAJ.0000314810.46029.74>
- Geertz, H. (1985). *Keluarga Jawa*. PT Grafiti Pers.
- Gupta, G., & Sharma, D. L. (2018). Aging, quality of life, and social support. In B. Vijaya Prasad & S. Akbar (Eds.), *Handbook of research on geriatric health, treatment, and care* (pp. 68–80). IGI Publishing/IGI Global. <https://doi.org/10.4018/978-1-5225-3480-8.ch004>
- Hartmann, M. L., Wens, J., Verhoeven, V., & Remmen, R. (2012). The effect of caregiver support interventions for informal caregivers of community-dwelling frail elderly: a systematic review. *International Journal of Integrated Care*, 12(5). <https://doi.org/10.5334/ijic.845>
- Havighurst, R. J. (1961). Successful aging. *The Gerontologist*, 1, 8–13. <https://doi.org/10.1093/geront/1.1.8>
- Issahaku, P. A. (2022). A discourse on aging in contemporary Ghana. *Cogent Social Sciences*, 8(1). <https://doi.org/10.1080/23311886.2022.2059139>

- Iwuagwu, A. O., Ngwu, C. N., & Ekoh, C. P. (2022). Challenges of female older adults caring for their very old parents in rural Southeast Nigeria: A qualitative descriptive inquiry. *Journal of Population Ageing*, 15(4), 907-923. <https://doi.org/10.1007/s12062-022-09392-4>
- Kemenkes. (2019). *Panduan praktis untuk caregiver dalam perawatan jangka panjang bagi lanjut usia*. Direktorat Jenderal Kesehatan Masyarakat.
- Kusumaningrum, F. M., Dewi, F. S. T., Pangastuti, H. S., & Yeung, P. (2025). Successful Aging in Indonesia: The Journey Toward Expectations and Serenity. *Activities, Adaptation & Aging*, 1–22. <https://doi.org/10.1080/01924788.2025.2483589>
- Lestari, M. D., Stephens, C., & Morison, T. (2022). Constructions of older people's identities in Indonesian regional ageing policies: the impacts on micro and macro experiences of ageing. *Ageing and Society*, 42(9), 2046–2066. <https://doi.org/10.1017/S0144686X20001907>
- Lestari, M. D., Stephens, C., & Morison, T. (2023). Local knowledge and unliveable narratives: How insights from family caregiving narratives can inform locally relevant ageing policy. *Journal of aging studies*, 64. <https://doi.org/10.1016/j.jaging.2023.101102>
- Lind, M., Bluck, S., & McAdams, D. P. (2021). More Vulnerable? The Life Story Approach Highlights Older People's Potential for Strength During the Pandemic. *The journals of gerontology. Series B, Psychological sciences and social sciences*, 76(2), e45–e48. <https://doi.org/10.1093/geronb/gbaa105>
- Magnis-Suseno, F. (1985). *Etika Jawa*. PT Gramedia, Jakarta.
- McAdams, D. P., St Aubin, E. D., & Logan, R. L. (1993). Generativity among young, midlife, and older adults. *Psychology and aging*, 8(2), 221–230. <https://doi.org/10.1037//0882-7974.8.2.221>
- Moeller, M., & O'Brien, W. H. (2024). Integrating Acceptance and Commitment Therapy with Selective Optimization with Compensation to Predict Wellbeing. *Clinical gerontologist*, 1–13. Advance online publication. <https://doi.org/10.1080/07317115.2024.2432912>
- Montejano-Lozoya, R., Alcañiz-Garrán, M. D. M., Ramos-Pichardo, J. D., Sánchez-Alcón, M., García-Sanjuan, S., & Sanjuán-Quiles, Á. (2024). Affective impact on informal caregivers over 70 years of age: A qualitative study. *Healthcare (Basel, Switzerland)*, 12(3), 329. <https://doi.org/10.3390/healthcare12030329>
- Nawi, N. H. M., Ahmad, P. H. M., Malek, M. D. A., Cosmas, G., Ibrahim, H., Voo, P., ... & Suki, N. M. (2017). Structural relationship between emotional and social support for young adult carers towards intergenerational care of the

- multi-ethnic elderly. *Quality in Ageing and Older Adults*, 18(3), 188-200. <https://doi.org/10.1108/qaqa-05-2017-0015>
- Ottaviani, A. C., Bregola, A. G., Terassi, M., Luchesi, B. M., Souza, É. N., Oliveira, N. A. d., ... & Pavarini, S. C. I. (2020). Comparison of cognitive performance and aspects of the care context in elderly caregivers in brazil: a follow-up study. *Dementia & Neuropsychologia*, 14(2), 159-164. <https://doi.org/10.1590/1980-57642020dn14-020009>
- Phoenix, C., Smith, B., & Sparkes, A. C. (2010). Narrative analysis in aging studies: A typology for consideration. *Journal of Aging Studies*, 24(1), 1–11. <https://doi.org/10.1016/j.jaging.2008.06.003>
- Polkinghorne, D. E. (1995). Narrative configuration in qualitative analysis. *International Journal of Qualitative Studies in Education*, 8(1), 5–23. <https://doi.org/10.1080/0951839950080103>
- Pruchno, R. A., Wilson-Genderson, M., & Cartwright, F. (2010). A two-factor model of successful aging. *The Journals of Gerontology: Series B: Psychological Sciences and Social Sciences*, 65B(6), 671–679. <https://doi.org/10.1093/geronb/gbq051>
- Putri, Y. S. E., Sitthimongkol, Y., Wirojratana, V., & Chansatitporn, N. (2021). Predictors of depressive symptoms among family caregivers of patients with dementia in java, indonesia. *Siriraj Medical Journal*, 73(8), 549-558. <https://doi.org/10.33192/smj.2021.71>
- Rakhmawati, S. M. (2022). Nrimo ing pandum dan etos kerja orang jawa: Tinjauan sila Ketuhanan Yang Maha Esa. *Jurnal Pancasila*, 3(1), 7-19.
- Reichstadt, J., Sengupta, G., Depp, C. A., Palinkas, L. A., & Jeste, D. V. (2010). Older adults' perspectives on successful aging: qualitative interviews. *The American journal of geriatric psychiatry : official journal of the American Association for Geriatric Psychiatry*, 18(7), 567–575. <https://doi.org/10.1097/jgp.0b013e3181e040bb>
- Ricoeur, P. (1984). *Time and narrative*. Chicago: The University of Chicago Press.
- Riessman, C. K. (2008). *Narrative methods for the human sciences*. Sage Publications, Inc.
- Roberto, K. A., Mccann, B. R., Blieszner, R., & Savla, J. (2019). A Long and Winding Road: Dementia Caregiving With Grit and Grace. *Innovation in aging*, 3(3), igz021. <https://doi.org/10.1093/geroni/igz021>
- Rodrigues, R., Filipovič Hrast, M., Kadi, S., Hurtado Monarres, M., & Hlebec, V. (2022). Life Course Pathways Into Intergenerational Caregiving. *The journals of gerontology. Series B, Psychological sciences and social sciences*, 77(7), 1305–1314. <https://doi.org/10.1093/geronb/gbac024>

- Rodríguez-Pérez, M., Abreu-Sánchez, A., Rojas-Ocaña, M.J. *et al.* Coping strategies and quality of life in caregivers of dependent elderly relatives. *Health Qual Life Outcomes* **15**, 71 (2017). <https://doi.org/10.1186/s12955-017-0634-8>
- Sakti, R. (2022). *Njawani: Bagaimana keluarga Jawa menciptakan anak-anak yang patuh*. Buku Mojok Group.
- Schröder-Butterfill, E., Porath, N., Handajani, Y. S., Larastiti, C., Delpada, B., Hogervorst, E., Insriani, H., Jelly, Kreager, P., Rahayuningtyas, D., Sare, Y., & Tresno. (2023). Vulnerable, heroic ... or invisible? Representations versus realities of later life in Indonesia. *Progress in Development Studies*, 23(4), 408-426. <https://doi.org/10.1177/14649934231197277>
- Schröders, J., Nichter, M., San Sebastian, M., Nilsson, M., & Dewi, F. S. T. (2021). 'The devil's company': A grounded theory study on aging, loneliness and social change among 'older adult children' in rural Indonesia. *Frontiers in sociology*, 6, 659285. <https://doi.org/10.3389/fsoc.2021.659285>
- Silva, M. C. M. d., Moreira-Almeida, A., & Castro, E. A. B. d. (2018). Elderly caring for the elderly: spirituality as tensions relief. *Revista Brasileira De Enfermagem*, 71(5), 2461-2468. <https://doi.org/10.1590/0034-7167-2017-0370>
- Soetjiningasih, C. H., Ralampi, D. A., & Simatauw, S. (2019). The meaning of successful aging in Javanese elderly. *Proceedings of the International Conference of Science and Technology for the Internet of Things*. <https://doi.org/10.4108/eai.19-10-2018.2282171>
- Stuifbergen, M. C., & Van Delden, J. J. (2011). Filial obligations to elderly parents: a duty to care?. *Medicine, health care, and philosophy*, 14(1), 63–71. <https://doi.org/10.1007/s11019-010-9290-z>
- Sulandari, S., Coats, R. O., Taufik, T., & Johnson, J. (2024). What does it mean to "age well" among British and Javanese older adults? A cross-cultural qualitative study. *The journals of gerontology. Series B, Psychological sciences and social sciences*, 79(7), gbae085. <https://doi.org/10.1093/geronb/gbae085>
- Swift, A. U., & Chipperfield, J. G. (2013). Secondary control belief combinations (adjustment and acceptance) and well-being in older adults. *Canadian Journal on Aging / La Revue Canadienne Du Vieillissement*, 32(4), 349–359. <https://doi.org/10.1017/S0714980813000391>
- van Eeuwijk, P. (2014). The elderly providing care for the elderly in Tanzania and Indonesia: Making “elder to elder” care visible. *Sociologus*, 64(1), 29–52. <http://www.jstor.org/stable/43645054>
- van Eeuwijk, P. (2019). Precarity, Assemblages, and Indonesian Elder Care. *Medical Anthropology*, 39(1), 41–54. <https://doi.org/10.1080/01459740.2019.1640694>

- Witoelar, F. (2012). Household dynamics and living arrangements of the elderly in Indonesia: Evidence from a longitudinal survey. In J. P. Smith & M. Majmundar (Eds.), *Ageing in Asia: Findings from new and emerging data initiatives* (pp. 229–260). Washington, DC: The National Academic Press.
- Yee-Melichar, D., Boyle, A. R., Wanek, L. J., & Pawlowsky, S. B. (2014). Geriatric rehabilitation and resilience from a cultural perspective. *Geriatric nursing* (New York, N.Y.), 35(6), 451–454.e9. <https://doi.org/10.1016/j.gerinurse.2014.08.010>