

Peran Psikopati dari *Dark Triad Personality* terhadap Perilaku Agresi Siber:

Model Mediasi Serial Anonimitas dan Kontrol Diri

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Abstrak

Fenomena agresi siber di Indonesia semakin marak terjadi dan cenderung mengkhawatirkan. Perilaku ini sering dikaitkan dengan karakteristik kepribadian *Dark Triad Personality* dalam beberapa penelitian. Namun, perannya berbeda-beda dalam menghasilkan agresi siber dan peran variabel lain belum banyak dikaji secara terpisah. Penelitian ini bertujuan menguji pengaruh psikopati sebagai dimensi paling dominan dari *Dark Triad Personality* terhadap agresi siber dengan anonimitas dan kontrol diri sebagai mediator berurutan. Model penelitian ini berlandaskan integrasi antara teori *General Aggression Model (GAM)*, *Online Disinhibition Effect*, *Social Identity of Disinhibition Effect*, *Deindividuation Theory* dan *General Theory of Crime* dengan menempatkan Psikopati sebagai faktor personal, Persepsi Anonimitas sebagai faktor situasional, dan Kontrol Diri sebagai mekanisme kognitif internal dalam menjelaskan perilaku agresi siber. Pendekatan penelitian yang digunakan adalah kuantitatif dengan desain survei korelasional. Partisipan penelitian berjumlah 456 responden Generasi Z pengguna aktif media sosial X. Instrumen yang digunakan meliputi *Short Dark Triad Scale*, *Online Anonymity Scale*, *Brief Self-Control Scale*, dan *Cyber Aggression Questionnaire*. Analisis data dilakukan menggunakan regresi berganda untuk menentukan dimensi yang paling dominan pada *Dark Triad*. Selanjutnya, *Structural Equation Modeling (SEM)* dilakukan untuk menguji model mediasi serial yang diajukan. Hasil penelitian menunjukkan bahwa *Dark Triad Personality* secara simultan berpengaruh terhadap agresi siber dengan psikopati sebagai dimensi yang paling dominan. Jalur mediasi serial anonimitas dan kontrol diri pada peran psikopati terhadap agresi siber signifikan ($\beta = -0.019$, $p = .018$), dengan model empiris menunjukkan kesesuaian yang sangat baik (CFI = 0.916, TLI = 0.905, RMSEA = 0.056). Model teoritik peran psikopati terhadap perilaku agresi siber yang dimediasi oleh anonimitas dan kontrol diri terbukti secara empirik.

Kata kunci: *Dark Triad Personality*, Psikopati, Agresi Siber, Anonimitas, Kontrol Diri.

The Role of Psychopathy within the Dark Triad Personality on Cyber Aggression: A Serial Mediation Model of Anonymity and Self-Control.

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Abstract

The phenomenon of cyber aggression in Indonesia is increasingly prevalent and concerning. This behavior is often linked to Dark Triad Personality characteristics in several studies. However, its role in producing cyber aggression varies, and the role of other variables has not been extensively studied separately. This study aims to examine the influence of psychopathy, as the most dominant dimension of the Dark Triad Personality, on cyber aggression with anonymity and self-control as sequential mediators. This research model is grounded in an integration of the General Aggression Model, the Online Disinhibition Effect, the Social Identity of Deindividuation Effect, Deindividuation Theory, and the General Theory of Crime. It positions psychopathy as a personal factor, perceived anonymity as a situational factor, and self-control as an internal cognitive mechanism in explaining cyber aggression. The research approach used is quantitative with a correlational survey design. Research participants consisted of 456 Generation Z respondents who are active users of social media X. The instruments used include the Short Dark Triad Scale, Online Anonymity Scale, Brief Self-Control Scale, and Cyber Aggression Questionnaire. Data analysis was conducted using multiple regression to determine the most dominant dimension of the Dark Triad. Subsequently, Structural Equation Modeling (SEM) was performed to test the proposed serial mediation model. The results showed that the Dark Triad Personality simultaneously influences cyber aggression, with psychopathy as the most dominant dimension. The serial mediation path of anonymity and self-control in the relationship between psychopathy and cyber aggression was significant ($\beta = -0.019$, $p = .018$), with the empirical model demonstrating an excellent fit (CFI = 0.916, TLI = 0.905, RMSEA = 0.056). The theoretical model of psychopathy's role in cyber aggressive behavior, mediated by anonymity and self-control, was empirically supported.

Keyword: *Dark Triad Personality*, Psychopathy, Cyber Aggression, Anonymity, Self Control