

Daftar Pustaka

- Abidin, H., Adzhani, I. A., & Katiah. (2024). A cross-sectional analysis of the sociodemographic determinants of depression in Indonesian women: Comparison between working mothers and housewives. *BIO Web of Conferences*, 133, 00024. <https://doi.org/10.1051/bioconf/202413300024>
- Acharya D. R., Bell J.S., Simkhada P., Van Teijlingen E. R. and Regmi P. R. (2010). Women's autonomy in household decision-making: A demographic study in Nepal. *Reproductive Health*, 7, 1–12. <https://doi.org/10.1186/1742-4755-7-15>
- Aggarwal, S., Francis, K. L., Dashti, S. G., & Patton, G. (2022). Child marriage and the mental health of adolescent girls: a longitudinal cohort study from Uttar Pradesh and Bihar, India. *The Lancet Regional Health. Southeast Asia*, 8, 100102. <https://doi.org/10.1016/j.lansea.2022.100102>
- Agustian, D., Rachmi, C. N., Indraswari, N., Molter, A., Carder, M., Rinawan, F. R., van Tongeren, M., & Driejana, D. (2020). Feasibility of Indonesia Family Life Survey Wave 5 (IFLS5) data for Air Pollution Exposure–response study in Indonesia. *International Journal of Environmental Research and Public Health*, 17(24), 9508. <https://doi.org/10.3390/ijerph17249508>
- Alfian, S. D., Griselda, M., Pratama, M. A. A., Alshehri, S., & Abdulah, R. (2025). Factors associated with decision-making autonomy in healthcare utilization among married women from the Indonesia demographic health survey 2017. *Scientific Reports*, 15(1), 9770. <https://doi.org/10.1038/s41598-025-94057-3>
- Anggana, A. K., Aviliani, A., Badrudin, P. N., & Sihaloho, E. D. (2022). Marital status and its effect on depression in Indonesia: A case study of the 2014 Indonesian family life survey. *Disease Prevention and Public Health Journal*, 16(2), 93–99. <https://doi.org/10.12928/dpphj.v16i2.5337>
- Antabe, R., Antabe, G., Sano, Y., & Pienaah, C. K. (2025). Women's household decision-making autonomy and mental health outcomes in Mozambique. *Cambridge Prisms: Global Mental Health*, 12. <https://doi.org/10.1017/gmh.2025.29>
- Badan Penelitian dan Pengembangan Kesehatan. (2018). *Riset Kesehatan Dasar (Riskesdas) 2018*. Kementerian Kesehatan Republik Indonesia. <https://www.litbang.kemkes.go.id>

- Barrett, A. E., & Toothman, E. L. (2016). Explaining age differences in women's emotional well-being: The role of subjective experiences of aging. *Journal of Women & Aging*, 28(4), 285–296. <https://doi.org/10.1080/08952841.2015.1017426>
- Bawuah, A., & Kodzo, L. D. (2025). Exploring the relationship between women's health autonomy and mental health in Senegal. *Public Health*, 244, 105746. <https://doi.org/10.1016/j.puhe.2025.105746>
- Baysak, E., Yorguner, N., Kandemir, G., Denizman, I. A., & Akvardar, Y. (2021). Is early marriage practice a problem for women living in Istanbul? A qualitative study. *Archives of Women's Mental Health*, 24(2), 243G250.
- Bennette, C., & Vickers, A. (2012). Against quantiles: categorization of continuous variables in epidemiologic research, and its discontents. *BMC Medical Research Methodology*, 12, 21. <https://doi.org/10.1186/1471-2288-12-21>
- Briggs, R., Carey, D., O'Halloran, A. M., Kenny, R. A., & Kennelly, S. P. (2018). Validation of the 8-item centre for epidemiological studies depression scale in a cohort of community-dwelling older people: Data from the Irish Longitudinal Study on Ageing (Tilda). *European Geriatric Medicine*, 9(1), 121–126. <https://doi.org/10.1007/s41999-017-0016-0>
- Bromet, E., Andrade, L. H., Hwang, I., Sampson, N. A., Alonso, J., de Girolamo, G., de Graaf, R., Demyttenaere, K., Hu, C., Iwata, N., Karam, A. N., Kaur, J., Kostyuchenko, S., Lépine, J. P., Levinson, D., Matschinger, H., Mora, M. E., Browne, M. O., Posada-Villa, J., Viana, M. C., Kessler, R. C. (2011). Cross-national epidemiology of DSM-IV major depressive episode. *BMC Medicine*, 9, 90. <https://doi.org/10.1186/1741-7015-9-90>
- Buist, A. S., McBurnie, M. A., Vollmer, W. M., Gillespie, S., Burney, P., Mannino, D. M., Menezes, A. M., Sullivan, S. D., Lee, T. A., Weiss, K. B., Jensen, R. L., Marks, G. B., Gulsvik, A., & Nizankowska-Mogilnicka, E. (2007). International variation in the prevalence of COPD (the bold study): A population-based prevalence study. *The Lancet*, 370(9589), 741–750. [https://doi.org/10.1016/s0140-6736\(07\)61377-4](https://doi.org/10.1016/s0140-6736(07)61377-4)
- Burgess, R. A., Jeffery, M., Odero, S. A., Rose-Clarke, K., & Devakumar, D. (2022). Overlooked and unaddressed: A narrative review of mental health consequences of child marriages. *PLOS Global Public Health*, 2(1). <https://doi.org/10.1371/journal.pgph.0000131>

- Buunk, B. P., & Van Yperen, N. W. (1991). Referential comparisons, relational comparisons, and exchange orientation: Their relation to marital satisfaction. *Personality and Social Psychology Bulletin*, 17(6), 709–717. <https://doi.org/10.1177/0146167291176015>
- Cavagnis, L., Russo, C., Danioni, F., & Barni, D. (2023). Promoting women’s well-being: A systematic review of protective factors for work–family conflict. *International Journal of Environmental Research and Public Health*, 20(21), 6992. <https://doi.org/10.3390/ijerph20216992>
- Chlapecka, A., Kagstrom, A., & Cermakova, P. (2020). Educational attainment inequalities in depressive symptoms in more than 100,000 individuals in Europe. *European psychiatry : the journal of the Association of European Psychiatrists*, 63(1), e97. <https://doi.org/10.1192/j.eurpsy.2020.100>
- Delgado, J. (2019). Re-thinking relational autonomy: Challenging the triumph of autonomy through vulnerability. *Bioethics Update*, 5(1), 50–65. <https://doi.org/10.1016/j.bioet.2018.12.001>
- Dworkin, A. (1983). *Right-wing women: The politics of domesticated females*. The Women’s Press.
- Evteeva, M. (2024). Internalized misogyny: the patriarchy inside our heads. *Journal of Integrated Social Sciences*, 14(1), 82-108.
- Fakhari, A., Allahverdipour, H., Esmaceli, E. D., Chattu, V. K., Salehiniya, H., & Azizi, H. (2022). Early marriage, stressful life events and risk of suicide and suicide attempt: A case–control study in Iran. *BMC Psychiatry*, 22(1). <https://doi.org/10.1186/s12888-022-03700-0>
- Fakhrunnisak, D., & Patria, B. (2022). The positive effects of parents’ education level on children’s mental health in Indonesia: A result of longitudinal survey. *BMC Public Health*, 22(1). <https://doi.org/10.1186/s12889-022-13380-w>
- Foucault, M., & Gordon, C. (1980). *Power/knowledge: selected interviews and other writings, 1972-1977*. Pantheon Books.
- Gómez-Virseda, C., de Maeseneer, Y., & Gastmans, C. (2019). Relational autonomy: What does it mean and how is it used in end-of-life care? A systematic review of argument-based ethics literature. *BMC Medical Ethics*, 20(1). <https://doi.org/10.1186/s12910-019-0417-3>
- Grote, N. K., & Clark, M. S. (2001). Perceiving unfairness in the family: Cause or consequence of marital distress? *Journal of Personality and*

Social Psychology, 80(2), 281–293. <https://doi.org/10.1037/0022-3514.80.2.281>

Grundström, J., Konttinen, H., Berg, N., & Kiviruusu, O. (2021). Associations between relationship status and mental well-being in different life phases from young to middle adulthood. *SSM - Population Health*, 14, 100774. <https://doi.org/10.1016/j.ssmph.2021.100774>

Handajani, Y. S., Schröder-Butterfill, E., Hogervorst, E., Turana, Y., & Hengky, A. (2022). Depression among older adults in Indonesia: Prevalence, role of chronic conditions and other associated factors. *Clinical Practice: Epidemiology in Mental Health*, 18(1). <https://doi.org/10.2174/17450179-v18-e2207010>

Hosmer, D. W., & Lemeshow, S. (2000). *Applied logistic regression* (2nd ed.). New York, NY: Wiley. <https://doi.org/10.1002/0471722146>

Hoyt, J., Hamon, J. K., Krishnaratne, S., Houndekon, E., Curry, D., Mbembe, M., Marcus, S., Kambanje, M., Pryor, S., Barbra, A. A., Muhumuza, H., Spilotros, N., & Webster, J. (2022). “It was my own decision”: The transformational shift that influences a woman’s decision to use contraceptives covertly. *BMC Women’s Health*, 22(1). <https://doi.org/10.1186/s12905-022-01731-z>

Jace, C. E., & Makridis, C. A. (2021). Does marriage protect mental health? Evidence from the COVID-19 pandemic. *Social Science Quarterly*, 102(5), 2193–2209. <https://doi.org/10.1111/ssqu.13063>

Jambunathan, J. (1992). Sociocultural factors in depression in Asian Indian women. *Health Care for Women International*, 13(3), 261–270. <https://doi.org/10.1080/07399339209516001>

Jasienska G. (2009). Reproduction and lifespan: Trade-offs, overall energy budgets, intergenerational costs, and costs neglected by research. *American Journal of Human Biology : the Official Journal of the Human Biology Council*, 21(4), 524–532. <https://doi.org/10.1002/ajhb.2093>

Jasienska G. (2020). Costs of reproduction and ageing in the human female. *Philosophical transactions of the Royal Society of London. Series B: Biological Sciences*, 375(1811), 20190615. <https://doi.org/10.1098/rstb.2019.0615>

Jeong, S. H., Kang, C. M., & Kang, K. I. (2025). Factors influencing frequency of depressive experiences among married working women in South Korea. *Healthcare*, 13(5), 453. <https://doi.org/10.3390/healthcare13050453>

- Karakurt, G., Smith, D., & Whiting, J. (2014). Impact of intimate partner violence on women's mental health. *Journal of Family Violence*, 29(7), 693–702. <https://doi.org/10.1007/s10896-014-9633-2>
- Kasimova, R. S., & Biktagirova, G. (2016). Family functions' distribution in men and women concepts. *International Journal of Environmental & Science Education*, 11(6), 1149–1158. <https://doi.org/http://dx.doi.org/10.12973/ijese.2016.384a>
- Kelly, M. (Ed.), (1994). *Critique and power: Recasting the Foucault/Habermas debate*. Cambridge, MA: Massachusetts Institute of Technology.
- Kiram, M. Z. (2024). Interrogating masculinity, gender performance, and power dynamics in Indonesian society through Taylor Swift's 'The Man.' *Gender Equality: International Journal of Child and Gender Studies*, 10(2), 209. <https://doi.org/10.22373/equality.v10i2.25877>
- Kovacs, T., Possick, C., & Buchbinder, E. (2019). Experiencing the relationship with a sibling coping with mental health problems: Dilemmas of connection, communication, and role. *Health & Social Care in the Community*, 27(5), 1185–1192. <https://doi.org/10.1111/hsc.12761>
- Lebert-Charron, A., Wendland, J., Vivier-Prioul, S., Boujut, E., & Dorard, G. (2021). Does Perceived Partner Support Have an Impact on Mothers' Mental Health and Parental Burnout?. *Marriage & Family Review*, 58(4), 362–382. <https://doi.org/10.1080/01494929.2021.1986766>
- Lee, E., Kim, S. I., Jung-Choi, K., & Kong, K. A. (2022). Household decision-making and the mental well-being of marriage-based immigrant women in South Korea. *PLOS ONE*, 17(2). <https://doi.org/10.1371/journal.pone.0263642>
- Leight J, Pedehombga A, Ganaba R, and Gelli A (2022) Women's empowerment, maternal depression, and stress: Evidence from rural Burkina Faso. *SSM - Mental Health*, 2. <https://doi.org/10.1016/j.ssmmh.2022.100160>.
- Liu, C.-H., Fu, T.-S., Lee, C.-P., & Hung, C.-I. (2019). Reliability and validity of the depression and somatic symptoms scale among patients with chronic low back pain. *Neuropsychiatric Disease and Treatment*, Volume 15, 241–246. <https://doi.org/10.2147/ndt.s188277>
- Mackenzie, C. (2023). Autonomous agency, we-agency, and social oppression. *The Southern Journal of Philosophy*, 61(2), 373–389. <https://doi.org/10.1111/sjp.12521>

- Magakwe, T. S., John, E. E., Daniel-Nwosu, E., Ogiemudia, O. M., Ike, O. O., Ogbonna, G. O., dos Santos, I. I., Westbrook, N., Amaechi, O. U., Uzuegbu, U. E., Kwarteng, M. A., Esemé, N. J., Mulondo, M., Mashige, K. P., Ekpenyong, B. N., Ezinne, N. E., Meribe, N., Agho, K. E., & Osuagwu, U. L. (2025). Association between educational attainment and mental health conditions among Africans working and studying in selected African countries. *Scientific Reports*, *15*(1). <https://doi.org/10.1038/s41598-025-05831-2>
- Marini, M., Kuswati, K., & Fatimah, J. (2024). Hubungan Sosial Budaya, Pola Makan, Pendapatan, dan Pengetahuan dengan Kejadian Anemia pada Ibu Hamil. *Indonesia Journal of Midwifery Sciences*, *3*(1), 377-387
- Marvianto, R. D. (2023). Psychometric Properties of Mental Health Scale: An Item Response Theory Approach. *Gadjah Mada Journal of Psychology (GamaJoP)*, *9*(2), 232. <https://doi.org/10.22146/gamajop.73878>
- Mohammadi, S., Seyedmirzaei, H., Salehi, M. A., Jahanshahi, A., Zakavi, S. S., Dehghani Firouzabadi, F., & Yousem, D. M. (2023). Brain-based sex differences in depression: A systematic review of Neuroimaging Studies. *Brain Imaging and Behavior*, *17*(5), 541–569. <https://doi.org/10.1007/s11682-023-00772-8>
- Mokoena, A. G., Poggenpoel, M., Myburgh, C., & Temane, A. (2019). Lived experiences of couples in a relationship where one partner is diagnosed with a mental illness. *Curationis*, *42*(1), e1–e7. <https://doi.org/10.4102/curationis.v42i1.2015>
- Nam, G. E., Eum, M.-J., Huh, Y., Jung, J. H., & Choi, M.-J. (2021). The association between employment status and mental health in young adults: A nationwide population-based study in Korea. *Journal of Affective Disorders*, *295*, 1184–1189. <https://doi.org/10.1016/j.jad.2021.08.100>
- Nkambule, H., & Perumal, J. (2024). An interaction of patriarchy and female leadership: A synthesis of literature on women leadership in Eswatini. *Review of Education*, *12*(1). <https://doi.org/10.1002/rev3.3450>
- Noble, R. E. (2005). Depression in women. *Metabolism*, *54*(5), 49–52. <https://doi.org/10.1016/j.metabol.2005.01.014>
- Noetel, M., Sanders, T., Gallardo-Gómez, D., Taylor, P., Del Pozo Cruz, B., van den Hoek, D., Smith, J. J., Mahoney, J., Spathis, J., Moresi, M., Pagano, R., Pagano, L., Vasconcellos, R., Arnott, H., Varley, B., Parker, P., Biddle, S., & Lonsdale, C. (2024). Effect of exercise for depression: systematic review and network meta-analysis of randomised controlled

trials. *BMJ (Clinical Research ed.)*, 384, e075847.
<https://doi.org/10.1136/bmj-2023-075847>

Oshana, M. (2020). Relational autonomy. In H. LaFollette (Ed.), *The international encyclopedia of ethics* (2nd ed.). Wiley-Blackwell.
<https://doi.org/10.1002/9781444367072.wbiee921>

Peltzer, K., & Pengpid, S. (2018). High prevalence of depressive symptoms in a national sample of adults in Indonesia: Childhood adversity, sociodemographic factors and health risk behaviour. *Asian Journal of Psychiatry*, 33, 52–59. <https://doi.org/10.1016/j.ajp.2018.03.017>

Radloff, L. S. (1977). The CES-D Scale: A self-report depression scale for research in the general population. *Applied Psychological Measurement*, 1(3), 385–401.
<https://doi.org/10.1177/014662167700100306>

Ranganathan, P., Aggarwal, R., & Pramesh, C. S. (2015). Common pitfalls in statistical analysis: Odds versus risk. *Perspectives in Clinical Research*, 6(4), 222–224. <https://doi.org/10.4103/2229-3485.167092>

Rizkianti, A., Afifah, T., Saptarini, I., & Rakhmadi, M. F. (2020). Women's decision-making autonomy in the household and the use of maternal health services: An Indonesian case study. *Midwifery*, 90, 102816.
<https://doi.org/10.1016/j.midw.2020.102816>

Rosita, K., Anganthi, N. R. N., & Dwityanto, A. (2024). Kontribusi Pengalaman Kerja, Efikasi Diri Finansial, dan Kegigihan terhadap Depresi pada Pengusaha: Analisis Data Indonesia Family Life Survey (IFLS) 5 Tahun 2014. *Peran Psikologi Dalam Pemberdayaan Masyarakat untuk Meningkatkan Kesejahteraan Masyarakat Indonesia*, 247–258.

Ross, C. E., & Mirowsky, J. (2006). Sex differences in the effect of education on depression: Resource multiplication or resource substitution? *Social Science & Medicine*, 63(5), 1400–1413.
<https://doi.org/10.1016/j.socscimed.2006.03.013>

Royston, P., Altman, D. G., & Sauerbrei, W. (2006). Dichotomizing continuous predictors in multiple regression: a bad idea. *Statistics in Medicine*, 25(1), 127–141. <https://doi.org/10.1002/sim.2331>

Ryan, R. M., & Deci, E. L. (2000). When rewards compete with nature. *Intrinsic and Extrinsic Motivation*, 13–54.
<https://doi.org/10.1016/b978-012619070-0/50024-6>

- Ryan, R. M., & Deci, E. L. (2022). Self-determination theory. *Encyclopedia of Quality of Life and Well-Being Research*, 1–7. https://doi.org/10.1007/978-3-319-69909-7_2630-2
- Ryan, R. M., Deci, E. L., & Vansteenkiste, M. (2016). Autonomy and autonomy disturbances in self-development and psychopathology: Research on motivation, attachment, and clinical process. In D. Cicchetti (Ed.), *Developmental Psychopathology: Theory and Method* (3rd ed., pp. 385–438). John Wiley & Sons, Inc. <https://doi.org/10.1002/9781119125556.devpsy109>
- Setiadi, S., & Iswanto, L. (2015). Pengambilan keputusan penggunaan alat kontrasepsi istri dalam keluarga. *Populasi*, 23(1), 20–35. <https://doi.org/10.22146/jp.8561>
- Setyonaluri, D., Nasution, G., Ayunisa, F., Kharistiyanti, A., Sulistya, F. 2021. Social Norms and Women’s Economic Participation in Indonesia. Manila: Investing in Women.
- Soares, C. N., & Zitek, B. (2008). Reproductive hormone sensitivity and risk for depression across the female life cycle: A continuum of vulnerability? *Journal of Psychiatry and Neuroscience*, 33, 331–343.
- Sperandei, S. (2014). Understanding logistic regression analysis. *Biochemia Medica*, 12–18. <https://doi.org/10.11613/bm.2014.003>
- Strauss, J., Witoelar, F., & Sikoki, B. (2016). *User’s Guide for the Indonesia Family Life Survey, Wave 5: Volume 2*. <https://doi.org/10.7249/wr1143.2>
- Suryawan, S, D. A., & Jannah, Y. A. (2024). Kawin usia muda: Apakah masih menjadi tren di kalangan masyarakat Indonesia? *Seminar Nasional Official Statistics*, 2024(1), 241–248. <https://doi.org/10.34123/semnasoffstat.v2024i1.2136>
- Szumilas, M. (2010). Explaining odds ratios. *Journal of the Canadian Academy of Child and Adolescent Psychiatry*, 19(3), 227–229.
- Tari, P. S., & Andriani, H. (2022). The relationship between maternal participation in household decision-making and birth attendant selection: Evidence from Indonesia Demographic and Health Survey. *Open Access Macedonian Journal of Medical Sciences*, 10(E), 1343–1349. <https://doi.org/10.3889/oamjms.2022.9514>
- Turoldo, F. (2010). Relational autonomy and multiculturalism. *Cambridge Quarterly of Healthcare Ethics*, 19(4), 542–549. <https://doi.org/10.1017/S0963180110000496>

- von Hinke, S., Rice, N., & Tominey, E. (2022). Mental health around pregnancy and child development from early childhood to adolescence. *Labour Economics*, 78, 1-13. Article 102245. Advance online publication. <https://doi.org/10.1016/j.labeco.2022.102245>
- Wang, X., Zhou, F.-Y., Hao, Y., Wu, J., Su, K., Chen, S.-Y., Yu, W., Zhang, C., Wu, Y.-T., & Huang, H.-F. (2025). Associations of education attainment with postpartum depression and the mediating exploration: A mendelian randomization study. *Depression and Anxiety*, 2025(1). <https://doi.org/10.1155/da/8835118>
- Waqas, M., Iqbal, S., & Stewart-Knox, B. (2023). *Food Expenditure and Mental Health: Outcomes from the UK Household Longitudinal Survey*. <https://doi.org/10.31219/osf.io/r45tf>
- Williams, S., McGee, R., Olaman, S., & Knight, R. (1997). Level of education, age of bearing children and mental health of women. *Social Science & Medicine*, 45(6), 827–836. [https://doi.org/10.1016/s0277-9536\(96\)00423-6](https://doi.org/10.1016/s0277-9536(96)00423-6)
- Yoandini, E., Sarah, S., & Amruzi, M. F. A. (2025). Comparison of principles of gender equality in Burgerlijk Wetboek and marriage law regarding the rights and obligations of husband wife. *Special Issue: International Conference on: "Inclusive Legal Futures: Islamic Perspectives, Constitutional Developments, and Comparative Law*, 9(2). <https://doi.org/https://doi.org/10.18592/jils.v9i2.17822>
- Zhang, L., Li, P., Ge, Q., Sun, Z., Cai, J., Xiao, C., Yu, C., Nosarti, C., Liao, J., & Liu, Z. (2023). Maternal prenatal depressive symptoms and fetal growth during the critical rapid growth stage. *JAMA Network Open*, 6(12), e2346018. <https://doi.org/10.1001/jamanetworkopen.2023.46018>
- Zhang, Y., Jia, X., Yang, Y., Sun, N., Shi, S., & Wang, W. (2024). Change in the global burden of depression from 1990-2019 and its prediction for 2030. *Journal of Psychiatric Research*, 178, 16–22. <https://doi.org/10.1016/j.jpsychires.2024.07.054>
- Zigira C. A. B. (2000). *Religion, culture and gender: A study of women's search for gender equality in Swaziland*. University of South Africa.