

Peran Efikasi Diri Pengambilan Keputusan Karier sebagai Mediator Hubungan antara Kepribadian *Neuroticism* dan Kesulitan Pengambilan Keputusan Karier pada Siswa SMA

Raeda Nur Lailani¹, Yuli Fajar Susetyo²
Fakultas Psikologi Universitas Gadjah Mada
Email: ¹raedanurlailani@mail.ugm.ac.id, ²fajar_psy@ugm.ac.id

Abstract. Career decision-making difficulties are among the common problems experienced by high school students, potentially affecting their future planning processes. This study aims to examine the role of career decision-making self-efficacy as a mediator in the relationship between neuroticism personality traits and career decision-making difficulties among high school students. The study involved 166 high school students in Kendal Regency selected using simple random sampling. Data were collected using the Career Decision-Making Difficulty Scale, the Neuroticism Personality Scale, and the Career Decision-Making Self-Efficacy Scale. Mediation analysis using simple mediation analysis with Jamovi 2.6.26 revealed that career decision-making self-efficacy mediates the relationship between neuroticism and career decision-making difficulties, with a coefficient of 0,839 ($SE = 0,232$, $p < 0,001$).

Keywords: *Career decision-making self-efficacy, Neuroticism personality trait, Career decision-making difficulties*

Abstrak. Kesulitan pengambilan keputusan karier menjadi salah satu masalah yang banyak dialami oleh siswa SMA, yang dapat berdampak pada proses perencanaan masa depan mereka. Tujuan penelitian ini untuk mengetahui peran efikasi diri pengambilan keputusan karier sebagai mediator hubungan antara kepribadian *neuroticism* dan kesulitan pengambilan keputusan karier pada siswa SMA. Penelitian melibatkan 166 siswa SMA di Kab. Kendal yang dipilih menggunakan teknik *simple random sampling*. Pengambilan data menggunakan Skala Kesulitan Pengambilan Keputusan Karier, Skala Kepribadian Neuroticism, dan Skala Efikasi Diri Pengambilan Keputusan Karier. Analisis mediasi menggunakan *simple mediation analysis* dengan bantuan Jamovi 2.6.26 menunjukkan bahwa efikasi diri pengambilan keputusan karier memediasi hubungan antara kepribadian *neuroticism* dan kesulitan pengambilan keputusan karier dengan koefisien 0,839 ($SE = 0,232$, $p < 0,001$).

Kata kunci: *efikasi diri pengambilan keputusan karier, kepribadian neuroticism, kesulitan pengambilan keputusan karier*