

DAFTAR PUSTAKA

- Al-Kodmany, K. (2023). Greenery-Covered Tall Buildings: A Review [Review of Greenery-Covered Tall Buildings: A Review]. Multidisciplinary Digital Publishing Institute: Buildings, Vol. 13(9), 2362.
- Amores, J., Richer, R., Zhao, N., Maes, P., & Eskofier, B. M. (2018). Promoting relaxation using virtual reality, olfactory interfaces and wearable EEG. Vol. 98.
- Baur, J.W.R., (2018). Urban Green Spaces, Recreation and Spiritual Experiences. Leisure Article. 1-25.
- Beggs, J. L. (2015). Healing Through Architecture.
- Berto, R. (2014). The Role of Nature in Coping with Psycho-Physiological Stress: A Literature Review on Restorativeness [Review of The Role of Nature in Coping with Psycho-Physiological Stress: A Literature Review on Restorativeness]. Behavioral Sciences, Vol. 4(4), 394.
- Biassoni, F. et al., (2023). Grounding the Restorative Effect of the Environment in Tertiary Qualities: An Integration of Embodied and Phenomenological Perspectives. Journal of Intelligence, Vol. 11, No. 208, 1-15.
- Bowler, D., Buyung-Ali, L. M., Knight, T. M., & Pullin, A. S. (2010). A Systematic Review of Evidence for The Added Benefits to Health of Exposure to Natural Environments. BMC Public Health, Vol. 10, 456.
- Buche, H., Michel, A., & Blanc, N. (2025). Using Virtual Reality During Chemotherapy to Support Emotional Regulation in Patients: Adding An Olfactory Reinforcement or Not? Virtual Worlds, Vol. 4(2), 16.
- Burnard, P. & Dragovic, T. (2014). Collaborative Creativity in Instrumental Group Music Learning as A Site for Enhancing Pupil Wellbeing. Cambridge Journal of Education, Vol. 45, Issue 3, 371-392.
- Choudhury, Ar. D., (2016). Sensory Experience of Architecture: Creating Meaningful Spaces. International Journal of Research in Civil Engineering, Architecture & Design. Vol. 4, No. 3, 65-73.

- Clements-Croome, D. J., (2012). How The Sensory Experience of Buildings Can Contribute to Wellbeing and Productivity.
- Dewi, (2016). Rumah Retret dengan Analogi Bentuk Filosofi Hidup Santo Ignatius Loyola di Tritis, Gunungkidul.
- Egner, L. E., Sütterlin, S., & Calogiuri, G. (2020). Proposing a Framework for the Restorative Effects of Nature through Conditioning: Conditioned Restoration Theory. *International Journal of Environmental Research and Public Health*, Vol. 17(18), 6792.
- Gill, et al., (2019). Spiritual Retreats as a Retorative Destination: Design Factors Facilitating Restorative Outcomes. *Annals of Tourism Research*, Vol. 79. 1-23.
- Gunasekara, N., Gaeta, G., Levy, A. R., Boot, E., & Tachtsidis, I. (2022). fNIRS Neuroimaging in Olfactory Research: A Systematic Literature Review. *Frontiers in Behavioral Neuroscience*, Vol. 16.
- Guo, W., Wen, H., & Liu, X. (2023). Research on The Psychologically Restorative Effects of Campus Common Spaces from The Perspective of Health. *Frontiers in Public Health*, Vol. 11.
- Hartig, T. et al., (2014). Nature and Health. *Annual Review of Public Health*, Vol. 35, 207-228.
- Hartig, T. et al., (2017). The Restorative Environment: A Complementary Concept for Salutogenesis Studies. *The Handbook of Salutogenesis*, Vol. 10, 181-195.
- Herzog, T. et al., (2003). Assessing The Restorative Components of Environments. *Journal of Environmental Psychology*. Vol. 23, No. 2, 159-170.
- Holubchak, K. (2019). The Architecture of Spiritual Retreat Centers as The Innovation in Spiritual Sphere. *International Youth Science Forum*.
- Joye, Y., & Agnes, E., (2012). Restorative Environments. *Environmental Psychology: An Introduction*.
- Kaplan, R., & Kaplan, S. (1989). *The Experience of Nature: A Psychological Perspective*. Cambridge University Press.
- Kaplan, S. (1995). The Restorative Benefits of Nature: Toward an Integrative Framework. *Journal of Environmental Psychology*, Vol. 15, No. 3, 169-182.

- Karmanov, D., & Hamel, R. (2009). Assessing The Restorative Potential of Contemporary Urban Environment: Beyond The Nature Versus Urban Dichotomy. *Landscape and Urban Planning*, Vol. 86(2), 115-125.
- Korpela, K. et al., (2019). Restorative Effects of Urban Green Environments and The Role of Urban-Nature Orientedness and Noise Sensitivity: A Field Experiment. *Health & Place*, Vol. 55. 59-70.
- Korpela, K., & Hartig, T. (1996). Restorative Qualities of Favorite Places. *Journal of Environmental Psychology*, Vol. 16, No. 3, 221-233.
- Lafortezza, R. et al., (2009). Benefits and Well-Being Perceived by People Visiting Green Spaces in Periods of Heat Stress. *Urban Forestry & Urban Greening*. Vol. 8, No. 2, 97-108.
- Liu, Y et al., (2024). A Review of Attention Restoration Theory: Implications for Designing Restorative Environments. *Sustainability Journal*. Vol 16, No. 3639, 1-19.
- Lu, M., & Fu, J. (2019). Attention Restoration Space on a University Campus: Exploring Restorative Campus Design Based on Environmental Preferences of Students. *International Journal of Environmental Research and Public Health*, Vol. 16(14), 2629.
- Malekinezhad, F et al., (2020). Investigating the Mental Health Impacts of University Campus Green Space Through Perceived Sensory Dimensions and the Mediation Effects of Perceived Restorativeness on Restoration Experience. *Frontiers in Public Health*, Vol. 8.
- McDonnell, A. S., & Strayer, D. L. (2024). Immersion in Nature Enhances Neural Indices of Executive Attention. *Scientific Reports*, Vol. 14(1).
- Mierzejewska, L., Sikorska-Podyma, K., Szejnfeld, M., Wdowicka, M., Modrzewski, B., & Lechowska, E. (2023). The Role of Greenery in Stress Reduction among City Residents during the COVID-19 Pandemic. *International Journal of Environmental Research and Public Health*, Vol. 20(10), 5832.
- Nitu, M. A., Göçer, Ö., Wijesooriya, N., Vijapur, D., & Cândido, C. (2022). A Biophilic Design Approach for Improved Energy Performance in Retrofitting Residential Projects. *Sustainability*, Vol. 14(7), 3776.

- Ohly, H. et al., (2016). Attention Restoration Theory: A systematic review of the attention restoration potential of exposure to natural environments. *Journal of Toxicology and Environmental Health. Part B*, No. 19, 305-343.
- Pearson, D., & Craig, T. (2014). The Great Outdoors? Exploring The Mental Health Benefits of Natural Environments. *Frontiers in Psychology*, Vol. 5.
- Perez-Gomez, A. (2016). *Attunement: Architectural Meaning After The Crisis of Modern Science*. The MIT Press.
- Prawidyasari, (2009). Pengembangan Gereja dan Rumah Retret pada Gereja Kristus Raja, Ngrambe.
- Ratcliffe, E. (2021). Sound and Soundscape in Restorative Natural Environments: A Narrative Literature Review [Review of Sound and Soundscape in Restorative Natural Environments: A Narrative Literature Review]. *Frontiers in Psychology*, Vol. 12.
- Rhoda, O. O., & Ambrose, F. A. (2019). Adopting Biophilic Designs in Rehabilitation Centers to Promote Addict's Health. *The International Journal of Science & Technoledge*, Vol. 7(11).
- Salam, M. (2020). Psychological Impacts of Architectural Design on Living Spaces. *Journal of Art Architecture and Built Environment*, Vol. 3(2), Issue 2, 32-41.
- Saxena, K., & Sehgal, V. (2024). Experiencing Architecture through Senses. *International Journal of Research Publication and Reviews*, Vol. 5, No. 4, 9218-9223.
- Sella, E., Meneghetti, C., Muffato, V., Borella, E., Carbone, E., Cavalli, R., & Pazzaglia, F. (2023). The Influence of Individual Characteristics on Perceived Restorativeness and Benefits Associated with Exposure to Nature in a Garden. *Frontiers in Psychology*, Vol. 14.
- Spence, C. (2020). *Senses of Place: Architectural Design For The Multisensory Mind*. Spence Cognitive Research: Principles and Implications. Vol. 5, No. 546, 1-56.
- Sullivan, R. M., Wilson, D. A., Ravel, N., & Mouly, A. (2015). Olfactory memory networks: from emotional learning to social behaviors. *Frontiers in Behavioral Neuroscience*, Vol. 9.



UNIVERSITAS
GADJAH MADA

- Tabassum, R. R., & Park, J. (2024). Development of a Building Evaluation Framework for Biophilic Design in Architecture. *Buildings*, Vol. 14(10), 3254.
- Thuy, V. T. T. (2018). Sustainable Approaches to Nature in Traditional Architectural Space, Their Application in The Teaching of Architecture and Interior Design. *MATEC Web of Conferences*, Vol. 193.
- Yan, S., Azmi, A., Mansor, N., Wang, Z., & Wang, Y. (2024). Healing Spaces as a Design Approach to Optimize Emotional Regulation for Patients with Mood Disorders. *Buildings*, Vol. 14(2), 472.
- Zou, Z., & Ergon, S. (2019). A Framework towards Quantifying Human Restorativeness in Virtual Built Environments. *arXiv* (Cornell University).