

Daftar Pustaka

- Anjara, S. G., Brayne, C., & Van Bortel, T. (2021). Perceived causes of mental illness and views on appropriate care pathways among Indonesians. *International Journal of Mental Health Systems*, 15(1), 74. <https://doi.org/10.1186/s13033-021-00497-5>
- Ariapooran, S. (2014). Compassion fatigue and burnout in Iranian nurses: The role of perceived social support. *Iranian Journal of Nursing and Midwifery Research*, 19(3). https://journals.lww.com/jnmr/fulltext/2014/19030/compassion_fatigue_and_burnout_in_iranian_nurses_11.aspx
- Ballenger-Browning, K. K., Schmitz, K. J., Rothacker, J. A., Hammer, P. S., Webb-Murphy, J. A., & Johnson, D. C. (2011). Predictors of Burnout Among Military Mental Health Providers. *Military Medicine*, 176(3). <https://doi.org/10.7205/MILMED-D-10-00269>
- Batson, C. D. (1991). *The Altruism Question: Toward a Social Psychological Answer*. L. Erlbaum. https://books.google.co.id/books?id=HV_pk5_h69AC
- Creswell, J. (2013). Qualitative Inquiry & Research Design: Choosing Among Five Approaches. *SAGE Publications*, 11.
- Duarte, J., & Pinto-Gouveia, J. (2017). Empathy and feelings of guilt experienced by nurses: A cross-sectional study of their role in burnout and compassion fatigue symptoms. *Applied Nursing Research*, 35, 42–47. <https://doi.org/10.1016/j.apnr.2017.02.006>
- Fajrin, H. R. (2024). *Gambaran Compassion Fatigue pada Psikolog Klinis yang Bekerja di bawah Lima Tahun* [Universitas Airlangga]. <https://repository.unair.ac.id/133513/>
- Figley, C. R. (1995). Compassion fatigue as secondary traumatic stress disorder: An overview. *Compassion Fatigue: Coping with Secondary Traumatic Stress Disorder in Those Who Treat the Traumatized*, 1–20.
- Figley, C. R. (2002). *Treating Compassion Fatigue* (1st ed.). Brunner-Routledge. <https://doi.org/10.4324/9780203890318>
- Figley, C. R., & Figley, K. R. (2017). Compassion Fatigue Resilience. In *The Oxford Handbook of Compassion Science*. Oxford University Press. <https://doi.org/10.1093/oxfordhob/9780190464684.013.28>
- Gantari, R. L., & Wibawa, D. S. (2024). Resiliensi pada Perawat Onkologi Rumah Sakit Kanker X yang pernah mengalami Compassion Fatigue. *Jurnal Ilmiah Psikologi*, 13(2), 149–159. <https://doi.org/10.25170/manasa.v13i2.6091>
- Gelso, C. J., & Hayes, J. A. (2007). *Countertransference and the Therapist's Inner Experience: Perils and Possibilities*. Lawrence Erlbaum Associates. <https://books.google.co.id/books?id=FAedvMW1Ya0C>

- Gonzalez, T. C., Burnett, H., Helm, H., & Edwards, L. (2019). An examination of resilience, compassion fatigue, burnout, and compassion satisfaction between men and women among trauma responders. *North American Journal of Psychology*, 21, 1–20.
- Gultom, L. A., Purba, F. D., & Setyowibowo, H. (2024). Peran Strategi Koping dan Dukungan Sosial terhadap Compassion Fatigue pada Petugas Layanan Perlindungan Anak. *Jurnal Psikologi Sains & Profesi*, 8(3). <https://doi.org/10.24198/jpsp.v3i8.58375>
- Hunsaker, S., Chen, H.-C., Maughan, D., & Heaston, S. (2014). Factors That Influence the Development of Compassion Fatigue, Burnout, and Compassion Satisfaction in Emergency Department Nurses. *Journal of Nursing Scholarship*, 47(2), 186–194. <https://doi.org/10.1111/jnu.12122>
- Ikatan Psikolog Klinis Indonesia. (2022). *Surat edaran nomor 01/SE/IPK Indonesia/IV/2022: Sikap IPK Indonesia sebagai organisasi profesi tenaga psikologi klinis*. IPK Indonesia. https://www.ipkindonesia.or.id/media/2022/04/SE_01_IV_2022_Sikap_IPK-Indonesia_Sebagai_Organisasi_Profesi_Tenaga_Psikologi_Klinis.pdf
- Kelly, L., & Todd, M. (2017). Compassion Fatigue and the Healthy Work Environment. *AACN Advanced Critical Care*, 28, 351–358. <https://doi.org/10.4037/aacnacc2017283>
- Kemkes RI. (2021, Oktober). Kemkes Beberkan Masalah Permasalahan Kesehatan Jiwa di Indonesia. *Sehat Negeriku Sehatlah Bangsaku*. <https://sehatnegeriku.kemkes.go.id/baca/rilis-media/20211007/1338675/kemkes-beberkan-masalah-permasalahan-kesehatan-jiwa-di-indonesia/>
- Kemkes RI. (2022). *Rencana Aksi Kegiatan Direktorat Kesehatan Jiwa Tahun 2020—2024 (Perubahan 1)* (pp. 1–44). Kementerian Kesehatan Republik Indonesia.
- La Kahija, Y. F. (2017). *Penelitian fenomenologis: Jalan memahami pengalaman hidup*. PT Kanisius.
- Maslach, C., & Leiter, M. (2016). Understanding the burnout experience: Recent research and its implications for psychiatry. *World Psychiatry*, 15, 103–111. <https://doi.org/10.1002/wps.20311>
- Negash, S., & Sahin, S. (2011). Compassion Fatigue in Marriage and Family Therapy: Implications for Therapists and Clients. *Journal of Marital and Family Therapy*, 37, 1–13. <https://doi.org/10.1111/j.1752-0606.2009.00147.x>
- Nelma, H. (2021). Gambaran Compassion Fatigue pada Psikolog Klinis. *JP3SDM*, 10(2).

- Noor, A. M., Suryana, D., Kamarudin, E. M. E., Naidu, N. B. M., Kamsani, S. R., & Govindasamy, P. (2025). Compassion fatigue in helping professions: A scoping literature review. *BMC Psychology*, 13(1), 349. <https://doi.org/10.1186/s40359-024-01869-5>
- Permatasari, O. S. D., & Hidajat, L. L. (2023). Gambaran Compassion Fatigue dan Compassion Satisfaction pada Rescuer BASARNAS (Studi pada Rescuer BASARNAS Kantor SAR Jakarta). *Gadjah Mada Journal of Psychology (GamaJoP)*, 9(1), 55–83. <https://doi.org/10.22146/gamajop.72978>
- Potter, P., Deshields, T., Divanbeigi, J., Berger, J., Cipriano, D., Norris, L., & Olsen, S. (2010). Compassion Fatigue and Burnout: Prevalence Among Oncology Nurses. *Clinical Journal of Oncology Nursing*, 14(5), E56–E62. <https://doi.org/10.1188/10.CJON.E56-E62>
- Putri, A. K., Gustriawanto, N., Rahapsari, S., Sholikhah, A. R., Prabaswara, S., Kusumawardhani, A. C., & Kristina, S. A. (2021). Exploring the perceived challenges and support needs of Indonesian mental health stakeholders: A qualitative study. *International Journal of Mental Health Systems*, 15(1), 81. <https://doi.org/10.1186/s13033-021-00504-9>
- Putri, N. G., Purba, F. D., & Hanami, Y. (2023). Adaptasi Alat Ukur Professional Quality of Life pada Psikolog Klinis di Fasilitas Kesehatan. *Psyche 165 Journal*, 16(1), 32–37. <https://doi.org/10.35134/jpsy165.v16i1.224>
- Rahvy, A., Habsy, A., & Ridlo, I. (2020). Actual challenges of mental health in Indonesia: Urgency, UHS, humanity, and government commitment. *European Journal of Public Health*, 30(Supplement_5), ckaa166.1023. <https://doi.org/10.1093/eurpub/ckaa166.1023>
- Ratzon, A., Farhi, M., Ratzon, N., & Adini, B. (2022). Resilience at Work, Burnout, Secondary Trauma, and Compassion Satisfaction of Social Workers Amidst the COVID-19 Pandemic. *International Journal of Environmental Research and Public Health*, 19(9). <https://doi.org/10.3390/ijerph19095500>
- Reeves, A. (2005). Emotional intelligence: Recognizing and regulating emotions. *Academy of Management Journal*, 53(4), 172–176.
- Robino, A. E. (2019). Global Compassion Fatigue: A New Perspective in Counselor Wellness. *The Professional Counselors Journal*, 9(4), 272–284. <https://doi.org/10.15241/aer.9.4.272>
- Silvia, E., Asmawati, D., & Syaptiani, W. (2024). Barriers and Facilitators to Optimal Midwife Competence in Normal Delivery Care: Perspectives from Community Health Centers in Padang Pariaman, Indonesia. *Sriwijaya Journal of Obstetrics and Gynecology*, 3(1), 22–34. <https://doi.org/10.59345/sjog.v2i2.169>
- Sinclair, S., Raffin-Bouchal, S., Venturato, L., Mijovic-Kondejewski, J., & Smith-MacDonald, L. (2017). Compassion fatigue: A meta-narrative review of the

- healthcare literature. *International Journal of Nursing Studies*, 69, 9–24.
<https://doi.org/10.1016/j.ijnurstu.2017.01.003>
- Smith, J., Flowers, P., & Larkin, M. (2009). Interpretative Phenomenological Analysis: Theory, Method and Research. In *Qualitative Research in Psychology* (Vol. 6).
- Stamm, B. (2010). *The Concise ProQOL Manual: The concise manual for the Professional Quality of Life Scale*, 2nd Edition.
- Stamm, B. (2012). Helping the Helpers: Compassion Satisfaction and Compassion Fatigue in Self-Care, Management, and Policy of Suicide Prevention Hotlines. *Resources for Community Suicide Prevention*, 1–4.
- Star, K. L. (2013). *The relationship between self-care practices, burnout, compassion fatigue, and compassion satisfaction among professional counselors and counselors-in-training* [Dissertations, Kent State University].
<https://www.proquest.com/docview/1531329543/A9F55C90CC224005PQ/4?%20Theses&sourcetype=Dissertations%20>
- Stebnicki, M. A. (2007). Empathy Fatigue: Healing the Mind, Body, and Spirit of Professional Counselors, *American Journal of Psychiatric Rehabilitation*, 10(4), 317–338.
<https://doi.org/10.1080/15487760701680570>
- Steger, M. F., Dik, B. J., & Duffy, R. D. (2012). Measuring Meaningful Work: The Work and Meaning Inventory (WAMI). *Journal of Career Assessment*, 20(3), 322–337. <https://doi.org/10.1177/1069072711436160>
- Stevens, K., & Al-Abbadey, M. (2024). Compassion fatigue and global compassion fatigue in practitioner psychologists: A qualitative study. *Current Psychology*, 43(8), 7259–7274. <https://doi.org/10.1007/s12144-023-04908-3>
- Sulistyo, C. R., Simanjuntak, M. I. P., Juniarta, & Kasenda, E. (2022). Compassion Fatigue Perawat di Masa Pandemi COVID-19. *Nursing Current - Jurnal Keperawatan*, 10(1). <https://doi.org/10.19166/nc.v10i1.5017>
- Taylor, L. S. (2021). *Secondary Traumatic Stress and Countertransference in Survivor Therapists: The Role of Empathy and Differentiation of Self* [University of Missouri-Kansas City]. <https://hdl.handle.net/10355/78907>
- Weiss-Sidi, M., & Riemer, H. (2023). Help others—Be happy? The effect of altruistic behavior on happiness across cultures. *Frontiers in Psychology*, Volume 14-2023.
<https://www.frontiersin.org/journals/psychology/articles/10.3389/fpsyg.2023.1156661>
- Wu, S., Singh-Carlson, S., Odell, A., Reynolds, G., & Su, Y. (2016). Compassion Fatigue, Burnout, and Compassion Satisfaction Among Oncology Nurses in



the United States and Canada. *Oncology Nursing Forum*, 43, E161–E169.
<https://doi.org/10.1188/16.ONF.E161-E169>

Yeoman, R. (2014). Conceptualising Meaningful Work as a Fundamental Human Need. *Journal of Business Ethics*, 125(2), 235–251.
<https://doi.org/10.1007/s10551-013-1894-9>

Zeidner, M., Hadar, D., Matthews, G., & Roberts, R. D. (2013). Personal factors related to compassion fatigue in health professionals. *Anxiety, Stress, & Coping*, 26(6), 595–609. <https://doi.org/10.1080/10615806.2013.777045>