

Peran Dukungan Orang Tua Terhadap Kesulitan Pengambilan Keputusan Karir Pada Siswa SMA Dengan Status Sosial Ekonomi Rendah

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Abstract.

Career decision-making is a key developmental task for adolescents, particularly high school students, as it involves self-understanding, exploration, and confidence in determining future direction. However, this process is not always easy, as it is influenced by various factors, one of which is parental support. This study aimed to identify the role of parental support in high school students from low socioeconomic backgrounds. Using a quantitative approach, data were collected from 98 high school students aged 15–18 years. The instruments used were the Career-Related Parent Support Scale (CRPSS) and the Career Decision-Making Difficulty Scale. Regression analysis revealed that parental support had a significant negative effect on students' career decision-making difficulties ($R^2 = 0.103$, $\beta = -0.321$, $F_{(1,96)} = 11.0$, $p = 0.001$). Higher levels of parental support were associated with lower levels of career decision-making difficulties. These findings underscore the important role of parental involvement in helping students navigate the challenges of career planning.

Keywords: *adolescence, career decision-making difficulties, high-school student, parental support, socioeconomic status*

Abstrak.

Pengambilan keputusan karir pada remaja khususnya siswa SMA menjadi tugas perkembangan penting karena melibatkan pemahaman diri, eksplorasi, dan keyakinan untuk menentukan arah masa depan. Namun proses ini tidak selalu mudah karena dipengaruhi oleh berbagai faktor, salah satunya adalah dukungan orang tua. Penelitian ini bertujuan untuk mengidentifikasi peran dukungan orang tua pada siswa SMA dengan status sosial ekonomi rendah. Menggunakan pendekatan kuantitatif diperoleh data dari 98 partisipan siswa SMA berusia 15-18 tahun. Dengan instrumen berupa *Career-Related Parent Support Scale* (CRPSS) dan Skala Kesulitan Pengambilan Keputusan Karir, hasil analisis regresi menunjukkan bahwa dukungan orang tua secara negatif berperan signifikan terhadap kesulitan pengambilan keputusan karir siswa ($R^2 = 0.103$, $\beta = -0.321$, $F_{(1,96)} = 11.0$, $p = 0.001$). Meningkatnya dukungan orang tua akan menurunkan tingkat kesulitan tingkat pengambilan keputusan karir pada siswa. Temuan ini menegaskan pentingnya peran orang tua dalam membantu siswa menghadapi tantangan perencanaan karir.

Kata kunci : *remaja, kesulitan pengambilan keputusan karir, siswa SMA, dukungan orang tua, status sosial ekonomi rendah*