

DAFTAR PUSTAKA

- Adnyana, I. M. D., Sari, N. W., Arifin, Z., Prihatin, K., Fatmawati, B. R., Wahyudi, G., Ilham, Oktaviana, E., & Febrianti, T. (2023). *Epidemiologi Penyakit Tidak Menular*. CV. Media Sains Indonesia.
- Agustina, B., Veny Ashar, M. Riduansyah, Subhannur Rahma, & Angga Irawan. (2023). Hubungan Frekuensi Hemodialisa Dengan Tingkat Stres Pada Pasien CKD Yang Menjalani Cuci Darah di Rumah Sakit Ulin Banjarmasin. *Nursing Science Journal (NSJ)*, 4(2), 123–132. <https://doi.org/10.53510/nsj.v4i2.218>
- Agustina, F., Yusra, A., & Taufiq, S. (2024). Compliance of Patients Undergoing Hemodialysis with Recovery Time Post-Dialysis. *JKEP*, 9(2), 172–186. <https://doi.org/10.32668/jkep.v9i2.1485>
- Ahkam, M. A., & Arifin, N. A. I. (2017). Optimisme dan School Well-Being pada Mahasiswa. *Jurnal Psikologi Talenta*, 3(1), 1–7. <https://doi.org/10.26858/talenta.v3i1.13182>
- Ahmed, S. K. (2024). The pillars of trustworthiness in qualitative research. *Journal of Medicine, Surgery, and Public Health*, 2(100051), 1–4. <https://doi.org/10.1016/j.gjmedi.2024.100051>
- Al Sharji, A., Alaloul, F., & Al Yazeedi, B. (2022). Coping Strategies in End-Stage Renal Disease Patients on Hemodialysis in Oman: Optimistic, Supportive, Confrontive, and Prayerful. *Journal of Religion and Health*, 61(3), 2072–2082. <https://doi.org/10.1007/s10943-022-01579-5>
- Almeida, K. G. D. S. De, Gama, A. D., Pena, J. L. D. C., Bandeira, C. G. L. D. S., Rodrigues, É. T. D. A. F., Brandaõ, W. L. D. O., & Pena, F. P. D. S. (2021). Subjective well-being and self-esteem of people undergoing hemodialysis. *Mundo Da Saude*, 1(45), 110–119. <https://doi.org/10.15343/0104-7809.202145110119>
- Alwis, T. S., & Kurniawan, J. E. (2019). Hubungan antara Body Image dan Subjective Well-Being Pada Remaja Putri. *Psychopreneur Journal*, 2(1), 52–60. <https://doi.org/10.37715/psy.v2i1.867>
- Amna, Z., Zahara, M., Sari, K., & Sulistyani, A. (2022). Gambaran Kesejahteraan Psikologis Pada Pasien Penderita Gagal Ginjal Kronik (Ggk) Yang Menjalani Treatment Hemodialisis. *Jurnal Psikologi*, 15(2), 323–338. <https://doi.org/10.35760/psi.2022.v15i2.6358>
- Anderson, L., Loekmono, L., & Setiawan, A. (2020). Pengaruh Quality Of Life Dan Religiusitas Secara Simultan Terhadap Subjective Well Being Mahasiswa Teologi. *Evangelikal: Jurnal Teologi Injili Dan Pembinaan Warga Jemaat*, 4(1), 14–27. <https://doi.org/10.46445/ejti.v4i1.194>
- Andrade, C. (2021). The Inconvenient Truth About Convenience and Purposive Samples. *Indian Journal of Psychological Medicine*, 43(1), 86–88. <https://doi.org/10.1177/0253717620977000>
- Angfakh, Moh. A. R., Wildan, M., & Cahyono, H. D. (2024). The Relationship Between Hemodialysis Frequency and Quality of Life in Chronic Kidney Disease. *Jurnal Keperawatan Malang (JKM)*, 9(1), 89–99. <https://doi.org/10.36916/jkm.v9i1.287>
- Anggraini, D. (2022). Aspek Klinis Dan Pemeriksaan Laboratorium Penyakit Ginjal Kronik. *An-Nadaa Jurnal Kesehatan Masyarakat*, 9(2), 236–239. <https://doi.org/10.31602/ann.v9i2.9229>

- Ariska, S. L., Putri, A. M., & Junaidi. (2021). Hubungan Antara Jenis Kelamin Dan Optimisme dengan Subjective Well-Being. *Jurnal Psikologi Malahayati*, 3(2), 127–139. <https://doi.org/10.33024/jpm.v3i2.4698>
- Asgari, M. R., Asghari, F., Ghods, A. A., Ghorbani, R., Motlagh, N. H., & Rahaei, F. (2017). Incidence and severity of nausea and vomiting in a group of maintenance hemodialysis patients. *Journal of Renal Injury Prevention*, 6(1), 49–55. <https://doi.org/10.15171/jrip.2017.09>
- Asyrofi, A., & Arisdiani, T. (2020). Status Energi Fungsi Fisik Dan Kualitas Tidur Pasien Penyakit Ginjal Kronik Yang Menjalani Hemodialisis. *Jurnal Keperawatan*, 12(2), 153–160. <https://doi.org/https://doi.org/10.32583/keperawatan.v12i2.754>
- Aulia, R. E. A., & Rahmasari, D. (2019). Kesejahteraan Subjektif pada Laki-laki Dewasa Penderita Leukemia. *Character Jurnal Penelitian Psikologi*, 6(4), 1–11. <https://doi.org/https://doi.org/10.26740/cjpp.v6i4.30156>
- Auliasari, K., Utomo, K. E., & Rahmasari, I. (2025). Hubungan Religiusitas Terhadap Kecemasan Pada Pasien Penyakit Ginjal Kronik Yang Menjalani Hemodialisis. *Jurnal Penelitian Perawat Profesional*, 7(1), 191–196. <https://doi.org/https://doi.org/10.37287/jppp.v7i1.3849>
- Avanji, F. S. I., Alavi, N. M., Akbari, H., & Saroladan, S. (2021). Self-Care and Its Predictive Factors in Hemodialysis Patients. *Journal of Caring Sciences*, 10(3), 153–159. <https://doi.org/10.34172/jcs.2021.022>
- Badan Pusat Statistik. (2022). *Statistik Indonesia 2022*. <https://www.bps.go.id>
- Balitbangkes RI. (2013). *Laporan Riskesdas 2013 Nasional*. Lembaga Penerbit Balitbangkes. https://komnaspt.or.id/wp-content/uploads/2020/12/Riset_Riskesdas-2013_Balitbang-Kemenkes_2013.pdf
- Balitbangkes RI. (2018). *Laporan Riskesdas 2018 Nasional*. Lembaga Penerbit Balitbangkes. <https://repository.badankebijakan.kemkes.go.id/id/eprint/3514/1/Laporan%20Riskesdas%202018%20Nasional.pdf>
- Barnett, M. D., Anderson, E. A., & Marsden, A. D. (2018). Is death anxiety more closely linked with optimism or pessimism among older adults? *Archives of Gerontology and Geriatrics*, 77, 169–173. <https://doi.org/10.1016/j.archger.2018.05.003>
- Bennett, P. N., Weinberg, M. K., Bridgman, T., & Cummins, R. A. (2015). The Happiness And Subjective Well-Being of People on Haemodialysis. *Journal of Renal Care*, 41(3), 156–161. <https://doi.org/10.1111/jorc.12116>
- Campbell, S., Greenwood, M., Prior, S., Shearer, T., Walkem, K., Young, S., Bywaters, D., & Walker, K. (2020). Purposive sampling: complex or simple? Research case examples. *Journal of Research in Nursing*, 25(8), 652–661. <https://doi.org/10.1177/1744987120927206>
- Caninsti, R. (2013). Kecemasan dan depresi pada pasien gagal ginjal kronis yang menjalani terapi hemodialisis. *Jurnal Psikologi Ulayat*, 1(2), 207–222. <https://doi.org/10.24854/jpu13>
- Carver, C. S., & Scheier, M. F. (1998). On the self-regulation of behavior. In *On the self-regulation of behavior*. Cambridge University Press. <https://doi.org/10.1017/CBO9781139174794>

- Carver, C. S., & Scheier, M. F. (2017). Optimism, Coping, and Well-Being. In *The Handbook of Stress and Health* (pp. 400–414). Wiley. <https://doi.org/10.1002/9781118993811.ch24>
- Carver, C. S., Scheier, M. F., & Segerstrom, S. C. (2010). Optimism. *Clinical Psychology Review, 30*(7), 879–889. <https://doi.org/10.1016/j.cpr.2010.01.006>
- Castro, M. C. M. (2019). Conservative management for patients with chronic kidney disease refusing dialysis. *Brazilian Journal of Nephrology, 41*(1), 95–102. <https://doi.org/10.1590/2175-8239-JBN-2018-0028>
- Chen, G., Bulamu, N. B., McGrane, E., & Richardson, J. (2023). Measuring the Wellbeing of Cancer Patients with Generic and Disease-Specific Instruments. *Cancers, 15*(4), 1351. <https://doi.org/10.3390/cancers15041351>
- Chen, W.-C., Wu, S.-F. V., Sun, J.-H., Tai, C.-Y., Lee, M.-C., & Chu, C.-H. (2022). The Mediating Role of Psychological Well-Being in the Relationship between Self-Care Knowledge and Disease Self-Management in Patients with Hypertensive Nephropathy. *International Journal of Environmental Research and Public Health, 19*(14), 8488. <https://doi.org/10.3390/ijerph19148488>
- Chen, Y., Kubzansky, L. D., Kim, E. S., Koga, H., Shiba, K., Padgett, R. N., Wilkinson, R., Johnson, B. R., & VanderWeele, T. J. (2025). The distribution of optimism across sociodemographic groups in 22 countries. *Scientific Reports, 15*(1), 14553. <https://doi.org/10.1038/s41598-024-77257-1>
- Cholifah, S. N., & Pasaribu, J. (2020). Konsep Diri Dan Life Satisfaction Pada Pasien Yang Menjalani Hemodialisa. *Jurnal Ners Indonesia, 11*(1), 25. <https://doi.org/10.31258/jni.11.1.25-35>
- Chong, V. H., & Tan, J. (2013). Prevalence of gastrointestinal and psychosomatic symptoms among Asian patients undergoing regular hemodialysis. *Nephrology, 18*(2), 97–103. <https://doi.org/10.1111/nep.12000>
- Cnen, T.-W., Chiu, Y.-C., & Hsu, Y. (2021). Perception of social support provided by coaches, optimism/pessimism, and psychological well-being: Gender differences and mediating effect models. *International Journal of Sports Science & Coaching, 16*(2), 272–280. <https://doi.org/10.1177/1747954120968649>
- Cresswell, J. W. (2007). *Chapter 3: Designing a Qualitative Study. Qualitative Inquiry and Research Design: Choosing among Five Approaches*.
- Creswell, J. W. (2007). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches: Vol. Vol. 3* (3rd ed.). Sage Publications.
- Creswell, J. W., & Creswell, J. D. (2018). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches* (Fifth Edition). Sage Publication.
- Cummins, R. A. (2010). Subjective Wellbeing , Homeostatically Protected Mood and Depression : A Synthesis. *J Happiness Stud, 11*, 1–17. <https://doi.org/10.1007/s10902-009-9167-0>
- Cummins, R. A. (2013). *Personal Wellbeing Index – Adult (PWI-A) 5 th Edition The International Wellbeing Group* (5th ed.).
- Dahlan, Sopiudin. M. (2019). *Besar Sampel dalam Penelitian Kedokteran dan Kesehatan Seri 2* (Edisi 5). Epidemiologi Indonesia.
- Dai, L., Lu, C., Liu, J., Li, S., Jin, H., Chen, F., Xue, Z., & Miao, C. (2020). Impact of twice- or three-times-weekly maintenance hemodialysis on patient outcomes. *Medicine, 99*(20), e20202. <https://doi.org/10.1097/MD.00000000000020202>

- Damanik, H. (2020). Tingkat Kecemasan Pasien Gagal Ginjal Kronik Dalam Menjalani Hemodialisa Di Rumah Sakit Imelda Pekerja Indonesia. *Jurnal Ilmiah Keperawatan Imelda*, 6(1), 80–85. <https://doi.org/10.52943/jikeperawatan.v6i1.365>
- Das, K. V., Jones-Harrell, C., Fan, Y., Ramaswami, A., Orlove, B., & Botchwey, N. (2020). Understanding subjective well-being: perspectives from psychology and public health. *Public Health Reviews*, 41(1), 1–32. <https://doi.org/10.1186/s40985-020-00142-5>
- Davenport, A. (2023). Why is Intradialytic Hypotension the Commonest Complication of Outpatient Dialysis Treatments? *Kidney International Reports*, 8(3), 405–418. <https://doi.org/10.1016/j.ekir.2022.10.031>
- de Meza, D., & Dawson, C. (2021). Neither an Optimist Nor a Pessimist Be: Mistaken Expectations Lower Well-Being. *Personality and Social Psychology Bulletin*, 47(4), 540–550. <https://doi.org/10.1177/0146167220934577>
- Devitasari, A. H., & Utami, L. H. (2022). Optimisme dan religiusitas sebagai prediktor subjective well-being mahasiswa tingkat pertama. *Psikoislamika : Jurnal Psikologi Dan Psikologi Islam*, 19(1), 373–385. <https://doi.org/10.18860/psikoislamika.v19i1.15357>
- Dewi, H., Sarnianto, P., & Andayani, N. (2023). Risk Factors and Indirect Costs in Chronic Kidney Failure Patients with Hemodialysis in dr. Drajat Prawiranegara Hospital Serang. *Jurnal Biologi Tropis*, 23(1), 369–381. <https://doi.org/10.29303/jbt.v23i1.4705>
- Dewi, L., & Nasywa, N. (2019). Faktor-faktor yang mempengaruhi subjective well-being. *Jurnal Psikologi Terapan Dan Pendidikan*, 1(1), 54–62. <https://doi.org/10.26555/jptp.v1i1.15129>
- Diener, E. (1984). Subjective well-being. *Psychological Bulletin*, 95(3), 542–575. <https://doi.org/10.1037/0033-2909.95.3.542>
- Diener, E. (2000). Subjective well-being: The science of happiness and a proposal for a national index. *American Psychologist*, 55(1), 34–43. <https://doi.org/10.1037/0003-066X.55.1.34>
- Diener, E. (2009). *The science of subjective well-being: The collected works of Ed Diener*. Springer.
- Diener, E., & Chan, M. Y. (2011). Happy People Live Longer: Subjective Well-Being Contributes to Health and Longevity. *Applied Psychology: Health and Well-Being*, 3(1), 1–43. <https://doi.org/10.1111/j.1758-0854.2010.01045.x>
- Diener, E., & Diener, C. (1996). Most People Are Happy. *Psychological Science*, 7(3), 181–185. <https://doi.org/10.1111/j.1467-9280.1996.tb00354.x>
- Diener, E., Oishi, S., & Lucas, R. E. (2003). Personality, Culture, and Subjective Well-being: Emotional and Cognitive Evaluations of Life. *Annual Review of Psychology*, 54, 403–425. <https://doi.org/10.1146/annurev.psych.54.101601.145056>
- Diener, E., Oishi, S., & Lucas, R. E. (2005). Subjective well-being: The science of happiness and life satisfaction. In *Oxford handbook of positive psychology, 2nd ed.* (2nd ed.). Oxford University Press.
- Diener, E., Pressman, S. D., Hunter, J., & Delgado-Chase, D. (2017). If, Why, and When Subjective Well-Being Influences Health, and Future Needed Research.

- Applied Psychology: Health and Well-Being*, 9(2), 133–167. <https://doi.org/10.1111/aphw.12090>
- Duy, B., & Yıldız, M. A. (2019). The Mediating Role of Self-Esteem in the Relationship Between Optimism and Subjective Well-Being. *Current Psychology*, 38(6), 1456–1463. <https://doi.org/10.1007/s12144-017-9698-1>
- Eloia, S. M. C., Ximenes, M. A. M., Eloia, S. C., Galindo Neto, N. M., Barros, L. M., & Caetano, J. Á. (2021). Religious coping and hope in chronic kidney disease: a randomized controlled trial. *Revista Da Escola de Enfermagem Da USP*, 55. <https://doi.org/10.1590/1980-220x-reeusp-2020-0368>
- Farhatunni'mah, & Rahayu, A. (2025). Self-Esteem dan Optimisme Hubungannya dengan Subjective Well-Being Remaja Panti Sosial Asuhan. *Jurnal Ikraith-Humaniora*, 9(2), 38–45. <https://doi.org/10.37817/ikraith-humaniora.v9i2>
- Fauziah, F. N., & Wahyuni, E. (2021). Optimisme Mahasiswa: Kebutuhan Web-Based Acceptance and Commitment Therapy Untuk Meningkatkan Optimisme. *Insight: Jurnal Bimbingan Dan Konseling*, 10(2), 127–135. <https://doi.org/https://doi.org/10.21009/INSIGHT.102.04>
- Feng, J., & Zheng, M. (2024). Gender differences in the subjective wellbeing of the older adults and the determinant factors: a case study of Nanjing. *Frontiers in Public Health*, 12. <https://doi.org/10.3389/fpubh.2024.1447777>
- Gafter-gvili, A., Schechter, A., & Rozen-zvi, B. (2019). Iron Deficiency Anemia in Chronic Kidney Disease. *Acta Haematologica*, 142(1), 44–50. <https://doi.org/10.1159/000496492>
- Genç, E., & Arslan, G. (2021). Optimism and dispositional hope to promote college students' subjective well-being in the context of the COVID-19 pandemic. *Journal of Positive School Psychology*, 5(2), 87–96. <https://doi.org/10.47602/jpsp.v5i2.255>
- Glover, L. M., Butler-Williams, C., Cain-Shields, L., Forde, A. T., Purnell, T. S., Young, B., & Sims, M. (2020). Optimism is associated with chronic kidney disease and rapid kidney function decline among African Americans in the Jackson Heart Study. *Journal of Psychosomatic Research*, 139, 110267. <https://doi.org/10.1016/j.jpsychores.2020.110267>
- Gök, E., & Şahin, M. K. (2025). Chronic kidney disease awareness: a cross-sectional study in primary care settings in Türkiye. *Journal of Nephrology*, 38(3), 979–988. <https://doi.org/10.1007/s40620-025-02210-y>
- Gomes, S. A., & Izzati, U. A. (2021). Hubungan Antara Optimisme Dengan Subjective Well-Being Pada Karyawan. *Character: Jurnal Penelitian Psikologi*, 8, 1–13. <https://doi.org/https://doi.org/10.26740/cjpp.v8i4.41167>
- Gordon, N. S., Chesney, S. A., & Reiter, K. (2016). Thinking positively: Optimism and emotion regulation predict interpretation of ambiguous information. *Cogent Psychology*, 3(1), 1195068. <https://doi.org/10.1080/23311908.2016.1195068>
- Goyal, E., Chaudhury, S., & Saldanha, D. (2018). Indian nursing students' attitudes toward mental illness and persons with mental illness. *Industrial Psychiatry Journal*, 27(2), 206–212. <https://doi.org/10.4103/ipj.ipj>
- Guetterman, T. C., Fetters, M. D., & Creswell, J. W. (2015). Integrating Quantitative and Qualitative Results in Health Science Mixed Methods Research Through Joint Displays. *The Annals of Family Medicine*, 13(6), 554–561. <https://doi.org/10.1370/afm.1865>

- Haerianti, M. (2017). *Faktor-faktor yang berhubungan dengan Subjective Well-being Pasien Penyakit Ginjal Kronik yang menjalani Hemodialisis di RSUP Dr.Sardjito Yogyakarta*.
- Haerianti, M., Warsini, S., & Pangastuti, H. S. (2018). Analisis Subjective Well-being Pasien Penyakit Ginjal Kronik yang Menjalani Hemodialisis. *J-HEST Journal of Health Education Economics Science and Technology*, 1(1), 36–45. <https://doi.org/10.36339/jhest.v1i1.19>
- Haiya, N. N., Ardian, I., Azizah, I. R., & Marfu'ah, S. (2024). Investigasi Kualitas Hidup Pasien Hemodialisa Berdasarkan Aspek Dukungan Keluarga. *Jurnal Gema Keperawatan*, 17(1), 162–178. <https://doi.org/10.33992/jgk.v17i1.3310>
- Haq, M. T. D., Marbun, F., Zahrianis, A., Ulfa, M., Rambe, Novita. K., & Kaban, K. B. (2020). Hubungan Anemia Dengan Kualitas Hidup Pada Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisis Dibawah 6 Bulan di Rumah Sakit Khusus Ginjal Rasyida Medan. *Malahayati Nursing Journal*, 2(3), 641–648. <https://doi.org/https://doi.org/10.33024/mnj.v2i3.2925>
- Hasanuddin, F. (2022). *Adekuasi Hemodialisa Pasien Gagal Ginjal Kronik* (1st ed.). PT. Nasya Expanding Management (NEM).
- Hernandez, R., Burrows, B., Wilund, K., & Moskowitz, J. (2020). Expressions of Gratitude and Positive Emotion Among Hemodialysis Patients: Qualitative Findings. *The Journal of Nephrology Social Work*, 44(1), 9–12. <https://doi.org/10.61658/jnsw.v44i1.17>
- Huang, C. W., Wee, P. H., Low, L. L., Koong, Y. L. A., Htay, H., Fan, Q., Foo, W. Y. M., & Seng, J. J. B. (2021). Prevalence and risk factors for elevated anxiety symptoms and anxiety disorders in chronic kidney disease: A systematic review and meta-analysis. *General Hospital Psychiatry*, 69, 27–40. <https://doi.org/10.1016/j.genhosppsy.2020.12.003>
- Jhamb, M., Weisbord, S. D., Steel, J. L., & Unruh, M. (2008). Fatigue in Patients Receiving Maintenance Dialysis: A Review of Definitions, Measures, and Contributing Factors. *American Journal of Kidney Diseases*, 52(2), 353–365. <https://doi.org/10.1053/j.ajkd.2008.05.005>
- Joshanloo, M. (2022). The relationship between fatalistic beliefs and well-being depends on personal and national religiosity: A study in 34 countries. *Heliyon*, 8(6), e09814. <https://doi.org/10.1016/j.heliyon.2022.e09814>
- Kaida, N., & Kaida, K. (2019). Positive associations of optimism–pessimism orientation with pro-environmental behavior and subjective well-being: a longitudinal study on quality of life and everyday behavior. *Quality of Life Research*, 28(12), 3323–3332. <https://doi.org/10.1007/s11136-019-02273-y>
- Kardas, F., Cam, Z., Eskisu, M., & Gelibolu, S. (2019). Gratitude, hope, optimism and life satisfaction as predictors of psychological well-being*. *Eurasian Journal of Educational Research*, 2019(82), 81–100. <https://doi.org/10.14689/ejer.2019.82.5>
- Karhu, J., Veijola, J., & Hintsanen, M. (2024). The bidirectional relationships of optimism and pessimism with depressive symptoms in adulthood – A 15-year follow-up study from Northern Finland Birth Cohorts. *Journal of Affective Disorders*, 362, 468–476. <https://doi.org/10.1016/j.jad.2024.07.049>
- Kovesdy, C. P. (2022). Epidemiology of chronic kidney disease: an update 2022. *Kidney International Supplements*, 12(1), 7–11. <https://doi.org/10.1016/j.kisu.2021.11.003>

- Krok, D., & Telka, E. (2019). Optimism mediates the relationships between meaning in life and subjective and psychological well-being among late adolescents. *Current Issues in Personality Psychology*, 7(1), 32–42. <https://doi.org/10.5114/cipp.2018.79960>
- Kurnia, A., Veronika, D., Kaloeti, S., Yuniarti, K. W., Siswandi, G. P., & Remila, J. M. (2021). Gender and Age Factors in Subjective WellBeing and Quality of Life Among College Student. *Jurnal Psikologi*, 20(1), 95–102. <https://doi.org/https://doi.org/10.14710/jp.20.1.95-102>
- Lahousen, T., & Kapfhammer, H. P. (2018). Anxiety disorders - clinical and neurobiological aspects. *Psychiatria Danubina*, 30(4), 479–490. <https://doi.org/10.24869/PSYD.2018.479>
- Larwin, K., Harvey, M. E., & Constantinou, S. (2020). An Expanded Life Satisfaction Model: A Component of Subjective Well-Being. *Journal of Methods and Measurement in the Social Sciences*, 11(1), 25–44. <https://doi.org/10.2458/v11i1.23915>
- Lestari, I., Wulandari, N. P. D., & Gandari, N. K. M. (2022). Hubungan Self Esteem Dengan Tingkat Depresi, Ansietas dan Stres Pada Pasien Hemodialisis. *Jurnal Kesehatan Panca Bhakti Lampung*, 10(1), 16–25. <https://doi.org/https://doi.org/10.47218/jkpbl.v10i1.127>
- Liu, C., Luo, D., Zhou, Y., Zhang, G., Feng, X., Wang, Z., Chen, J., & Bi, Q. (2022). Optimism and subjective well-being in nursing home older adults: The mediating roles of gratitude and social support. *Geriatric Nursing*, 47, 232–238. <https://doi.org/10.1016/j.gerinurse.2022.07.020>
- Liu, Y., Sangthong, R., Ingviya, T., & Wan, C. (2019). Nothing like living with a family: A qualitative study of subjective well-being and its determinants among migrant and local elderly in Dongguan, China. *International Journal of Environmental Research and Public Health*, 16(23), 1–15. <https://doi.org/10.3390/ijerph16234874>
- Lopez, K., Reed, J., & Magaña, S. (2019). Associations among family burden, optimism, services received and unmet need within families of children with ASD. *Children and Youth Services Review*, 98, 105–112. <https://doi.org/10.1016/j.chilyouth.2018.12.027>
- Lorig, K. R., & Holman, H. R. (2003). Self-management education: History, definition, outcomes, and mechanisms. *Annals of Behavioral Medicine*, 26(1), 1–7. https://doi.org/10.1207/S15324796ABM2601_01
- Lumenta, N. A. (2016). *Penyakit Ginjal, penyebab, Pengobatan Medik dan Pencegahannya* (Cetakan I). Penerbit PT. BPK Gunung Mulia.
- Luo, Z., Zhong, S., Zheng, S., Li, Y., Guan, Y., Xu, W., Li, L., Liu, S., Zhou, H., Yin, X., Wu, Y., Liu, D., & Chen, J. (2023). Influence of social support on subjective well-being of patients with chronic diseases in China: chain-mediating effect of self-efficacy and perceived stress. *Frontiers in Public Health*, 11. <https://doi.org/10.3389/fpubh.2023.1184711>
- MacDonald, J. H., Fearn, L., Jibani, M., & Marcora, S. M. (2012). Exertional fatigue in patients with CKD. *American Journal of Kidney Diseases*, 60(6), 930–939. <https://doi.org/10.1053/j.ajkd.2012.06.021>

- Mahasneh, A. M. (2022). The Relationship between Subjective Well-being and Social Support among Jordanian University Students. *Psychology in Russia: State of the Art Volume*, 15(2). <https://doi.org/https://doi.org/10.11621%2Fpir.2022.0204>
- Mahrova, A., & Svagrov, K. (2013). Exercise Therapy – Additional Tool for Managing Physical and Psychological Problems on Hemodialysis. In *Intech*. Intech Open. <https://doi.org/10.5772/53058>
- Mait, G., Nurmansyah, M., & Bidjuni, H. (2021). Gambaran Adaptasi Fisiologis dan Psikologis Pada Pasien Gagal Ginjal Kronis Yang Menjalani Hemodialisis di Kota Manado. *Jurnal Keperawatan*, 9(2), 1. <https://doi.org/10.35790/jkp.v9i2.36775>
- Mane, G., Kuwa, M. K. R., Eda, L. N., Bluden, M. N. L., & Sulastien, H. (2023). Gambaran Tingkat Depresi Pada Pasien GGK Yang Menjalani Terapi Hemodialisa. *Jurnal Keperawatan*, 15(4), 171–180. <https://doi.org/https://doi.org/10.32583/keperawatan.v15i4.1929>
- Manning, K. J., Chan, G., & Steffens, D. C. (2017). Neuroticism Traits Selectively Impact Long Term Illness Course and Cognitive Decline in Late-Life Depression. *The American Journal of Geriatric Psychiatry: Official Journal of the American Association for Geriatric Psychiatry*, 25(3), 220–229. <https://doi.org/10.1016/j.jagp.2016.10.006>
- Marthoenis, M., Syukri, M., Abdullah, A., Tandil, T. M. R., Putra, N., Laura, H., Setiawan, A., Sofyan, H., & Schouler-Ocak, M. (2021). Quality of life, depression, and anxiety of patients undergoing hemodialysis: Significant role of acceptance of the illness. *The International Journal of Psychiatry in Medicine*, 56(1), 40–50. <https://doi.org/10.1177/0091217420913382>
- Masturi, A. H., & Borualogo, I. S. (2023). Hubungan antara Subjective Well-Being Orang Tua dan Anaknya. *Bandung Conference Series: Psychology Science*, 3(2), 820–826. <https://doi.org/10.29313/bcpsps.v3i2.7386>
- Matlabi, H., & Ahmadzadeh, S. (2016). Evaluation of individual quality of life among hemodialysis patients: nominated themes using SEIQoL-adapted. *Patient Preference and Adherence, Volume 11*, 1–9. <https://doi.org/10.2147/PPA.S117860>
- McCabe, K. O., & Fleeson, W. (2012). What is extraversion for? Integrating trait and motivational perspectives and identifying the purpose of extraversion. *Psychological Science*, 23(12), 1498–1505. <https://doi.org/10.1177/0956797612444904>
- Melianna, R., & Wiarsih, W. (2019). Hubungan Kepatuhan Pembatasan Cairan Terhadap Terjadinya Overload Pada Pasien Gagal Ginjal Kronik Post Hemodialisa Di Rumah Sakit Umum Pusat Fatmawati. *JIKO (Jurnal Ilmiah Keperawatan Orthopedi)*, 3(1), 37–46. <https://doi.org/10.46749/jiko.v3i1.28>
- Metler, S. J., & Busseri, M. A. (2017). Further Evaluation of the Tripartite Structure of Subjective Well-Being: Evidence From Longitudinal and Experimental Studies. *Journal of Personality*, 85(2), 192–206. <https://doi.org/10.1111/jopy.12233>
- Miles, M. B., & Huberman, A. M. (1984). *Qualitative Data Analysis: A Sourcebook of New Methods*. Sage Publication.
- Mo, Q., Tan, C., Wang, X., Soondrum, T., & Zhang, J. (2022). Optimism and symptoms of anxiety and depression among Chinese women with breast cancer: the serial mediating effect of perceived social support and benefit finding. *BMC Psychiatry*, 22(1), 635. <https://doi.org/10.1186/s12888-022-04261-y>

- Motedayen, Z., Nehrir, B., Tayebi, A., Ebadi, A., & Einollahi, B. (2014). The effect of the physical and mental exercises during hemodialysis on fatigue: A controlled clinical trial. *Nephro-Urology Monthly*, 6(4). <https://doi.org/10.5812/numonthly.14686>
- Mudrikah, S., Budiman, N., & Rakhmat, C. (2024). Optimisme Mahasiswa Pascasarjana Pada Fase Quarter Life Crisis. *G-Couns: Jurnal Bimbingan Dan Konseling*, 8(2), 588–601. <https://doi.org/10.31316/gcouns.v8i2.5620>
- Muscat, P., Weinman, J., Farrugia, E., Callus, R., & Chilcot, J. (2021). Illness perceptions predict distress in patients with chronic kidney disease. *BMC Psychology*, 9(1), 75. <https://doi.org/10.1186/s40359-021-00572-z>
- Musri, A., Izzaty, R. E., & Gamil, A. (2024). The Effect of Optimism and Gratitude on Subjective Well-Being of Parents of Children with Special Needs. *International Journal of Islamic Educational Psychology*, 5(1), 123–141. <https://doi.org/10.18196/ijiep.v5i1.21548>
- Mustofa, S., Kartinah, K., & Kristini, P. (2022). Gambaran Kualitas Tidur Pada Pasien Gagal Ginjal Kronik. *Jurnal Perawat Indonesia*, 6(3), 1196–1200. <https://doi.org/10.32584/jpi.v6i3.1868>
- Myers, D. G., & Diener, E. (1995). Who Is Happy? *Psychological Science*, 6(1), 10–19. <https://doi.org/10.1111/j.1467-9280.1995.tb00298.x>
- Narsa, A. C., Maulidya, V., Reggina, D., Andriani, W., & Rijai, H. R. (2022). Studi Kasus: Pasien Gagal Ginjal Kronis (Stage V) dengan Edema Paru dan Ketidakseimbangan Cairan Elektrolit. *Jurnal Sains Dan Kesehatan*, 4(SE-1), 17–22. <https://doi.org/10.25026/jsk.v4ise-1.1685>
- National Institute of Diabetes and Digestive and Kidney Diseases. (2017). *Chronic Kidney Disease (CKD)*. <https://www.niddk.nih.gov/health-information/kidney-disease/chronic-kidney-disease-ckd/what-is-chronic-kidney-disease>
- National Kidney Foundation. (2002). K/DOQI Clinical Practice Guidelines for Chronic Kidney Disease: Evaluation, Classification, and Stratification. In *Annales Chirurgiae et Gynaecologiae* (Vol. 90, Issue 1). National Kidney Foundation, Inc. https://www.kidney.org/sites/default/files/2024-08/ckd_evaluation_classification_stratification.pdf
- Nemati, N., Yousefi, M., Keshvari-Shad, F., Akbari, S., & Barfar, E. (2024). Assessing patient satisfaction with hemodialysis and peritoneal dialysis care and associated factors in Iran. *International Urology and Nephrology*, 57(5), 1633–1638. <https://doi.org/10.1007/s11255-024-04346-5>
- Oktaviani, M. A. (2019). Hubungan Penerimaan Diri Dengan Harga Diri Pada Remaja Pengguna Instagram. *Psikoborneo: Jurnal Ilmiah Psikologi*, 7(4), 549–556. <https://doi.org/10.30872/psikoborneo.v7i4.4832>
- Padhi, S., Glen, J., Pordes, B. A. J., & Thomas, Mark. E. (2015). Management of anaemia in chronic kidney disease : summary of updated NICE guidance. *BMJ (Clinical Research Ed.)*, 350(h2258), 1–4. <https://doi.org/10.1136/bmj.h2258>
- Pakpahan, R. A., Banjarnahor, T. R., Amsah, & Simanungkalit, C. L. (2024). Hubungan Lama dan Kepatuhan Menjalani Hemodialisa Pasien Gagal Ginjal Kronik di Rumah Sakit Umum Royal Prima Medan. *Jurnal Ners*, 8(2), 1879–1887. <https://doi.org/https://doi.org/10.31004/jn.v8i2.27456>

- Palmer, S., Vecchio, M., Craig, J. C., Tonelli, M., Johnson, D. W., Nicolucci, A., Pellegrini, F., Saglimbene, V., Logroscino, G., Fishbane, S., & Strippoli, G. F. M. (2013). Prevalence of Depression in Chronic Kidney Disease: Systematic Review and Meta-Analysis of Observational Studies. *Kidney International*, *84*(1), 179–191. <https://doi.org/10.1038/ki.2013.77>
- Pavot, W., & Diener, E. (2004a). Findings on Subjective Well-Being: Applications to Public Policy, Clinical Interventions, and Education. In *Positive Psychology in Practice* (pp. 679–692). Wiley. <https://doi.org/10.1002/9780470939338.ch40>
- Pavot, W., & Diener, E. (2004b). The subjective evaluation of well-being in adulthood: Findings and implications. *Ageing International*, *29*(2), 113–135. <https://doi.org/10.1007/s12126-004-1013-4>
- Permaini, T., Amanda Suningrat, S., & Novrinda, H. (2024). Gambaran Kesadaran Pasien Gagal Ginjal Yang Menjalani Terapi Hemodialisa di RS Islam Asshobirin Tahun 2022-2023. *Jurnal Kesehatan STIKes Banten RI*, *9*(1), 43–49.
- Piper, A. (2022). Optimism, pessimism and life satisfaction: an empirical investigation. *International Review of Economics*, *69*(2), 177–208. <https://doi.org/10.1007/s12232-022-00390-8>
- Pranandari, R., & Supadmi, W. (2015). Faktor Risiko Gagal Ginjal Kronik Di Unit Hemodialisis RSUD Wates Kulon Progi. *Majalah Farmaseutik*, *11*(2), 316–320. <https://doi.org/10.1063/1.1655531>
- Pratiwi, A. M. A., Pertiwi, M., & Andriany, A. R. (2020). Hubungan Subjective Well Being Dengan Komitmen Organisasi Pada Pekerja Yang Melakukan Work From Home Di Masa Pandemi Covid 19. *Syntax Idea*, *11*(2), 1689–1699. <https://doi.org/https://doi.org/10.46799/syntax-idea.v2i11.668>
- Purba, A. W. D. (2017). The Correlation Between Self-Esteem And Optimism For The Recovery Of Hemodialysis Patient In The Dr. H. Kumpulan Pane Hospital. *IOSR Journal Of Humanities And Social Science*, *22*(10), 71–81. <https://doi.org/10.9790/0837-2210017181>
- Putra, I. P., & Sukmawati, N. W. (2020). Perbedaan Subjective Well-Being ditinjau dari Jenis Kelamin dan Status Pernikahan Pada Pegawai Negeri Sipil. *Jurnal Penelitian Psikologi*, *7*(1), 1–5. <https://doi.org/10.26740/cjpp.v7i1.32033>
- Rahayu, F., Fernandoz, T., & Ramlis, R. (2018). Hubungan Frekuensi Hemodialisis dengan Tingkat Stres pada Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisis. *Jurnal Keperawatan Silampari*, *1*(2), 139–153. <https://doi.org/10.31539/jks.v1i2.7>
- Raja, G., Sivakumar, K., & Seenivasan P. (2023). Effect of perceived social support and level of hope on quality of life among chronic kidney disease patients in a tertiary care center in Chennai - A cross-sectional study. *Asian Journal of Medical Sciences*, *14*(4), 68–73. <https://doi.org/10.71152/ajms.v14i4.3744>
- Rambod, M., Pasyar, N., & Parviniannasab, A. M. (2023). A qualitative study on hope in iranian end stage renal disease patients undergoing hemodialysis. *BMC Nephrology*, *24*(1), 281. <https://doi.org/10.1186/s12882-023-03336-6>
- Rand, K. L., Shanahan, M. L., Fischer, I. C., & Fortney, S. K. (2020). Hope and optimism as predictors of academic performance and subjective well-being in college students. *Learning and Individual Differences*, *81*, 101906. <https://doi.org/10.1016/j.lindif.2020.101906>

- Realita, T., & Syihabuddin. (2024). Representasi Sikap Optimisme Dalam Film Zom 100 Bucket List Of The Dead. *Jurnal Ilmiah Wahana Pendidikan*, 10(18), 990–999. <https://doi.org/10.5281/zenodo.13987411>
- Riska, W. M., Noor, M. A., Suyanto, S., & Wahyuningsih, I. S. (2023). Pengaruh Kombinasi Ankle Pump Exercise dan Elevasi Kaki 30° terhadap Edema Kaki pada Pasien CKD. *Jurnal Keperawatan Sisthana*, 8(1), 25–36. <https://doi.org/10.55606/sisthana.v8i1.225>
- Rogowska, A. M., Nowak, P. F., & Kwaśnicka, A. (2021). Healthy Behavior as a Mediator in the Relationship Between Optimism and Life Satisfaction in Health Sciences Students: A Cross-Sectional Study. *Psychology Research and Behavior Management, Volume 14*, 1877–1888. <https://doi.org/10.2147/PRBM.S335187>
- Rohaeti, S. E., Ibrahim, K., & Pratiwi, S. H. (2021). Hubungan Terapi Komplementer dengan Psychological Well Being pada Pasien Penyakit Ginjal Kronis Stadium 5. *The Indonesian Journal of Health Science*, 13(1), 12–24. <https://doi.org/10.32528/ijhs.v13i1.4004>
- Rosyanti, L., Hadi, I., & Ibrahim, K. (2018). Eksplorasi Perubahan Fisik dan Gejala Emosional pada Pasien Gagal Ginjal Kronis yang Menjalani Hemodialisis: Pendekatan Kualitatif. *Health Information : Jurnal Penelitian*, 10(2), 98–112. <https://doi.org/10.36990/hijp.v10i2.83>
- Rustandi, H., Tranado, H., & Pransasti, T. (2018). Faktor-Faktor Yang Mempengaruhi Kualitas Hidup Pasien Chronic Kidney Disease (CKD) Yang Menjalani Hemodialisa. *Jurnal Keperawatan Silampari*, 1(2), 32–46. <https://doi.org/10.31539/jks.v1i2.8>
- Sabiq, Z., & Miftahudin, M. (2017). Pengaruh optimisme, dukungan sosial, dan faktor demografis terhadap kesejahteraan subjektif pada perawat. *JP3i: Jurnal Pengukuran Psikologi Dan Pendidikan Indonesia*, 6(2), 183–196. <https://doi.org/10.15408/jp3i.v6i2.9174>
- Safarina, N. A., Munir, A., & Nuraini, N. (2019). Hubungan Harga Diri dan Optimisme dengan Kesejahteraan Subjektif pada Mahasiswa Magister Psikologi Universitas Medan Area. *Tabularasa: Jurnal Ilmiah Magister Psikologi*, 1(1), 39–48. <https://doi.org/10.31289/tabularasa.v1i1.273>
- Safitri, N., & Bakar, R. M. (2024). Hubungan Antara Religiusitas dengan Subjective Well-Being pada Warga Binaan di Lembaga Pemasyarakatan Kelas I Makassar. *Pinisi Journal of Art, Humanity and Social Studies*, 4(1), 250–258.
- Safitri, N., Farida, I. A., Eva, N., & Nikmah Puspitasari, D. (2022). Hubungan Antara Harga Diri dan Optimisme Dalam Menghadapi Dunia Kerja Pada Mahasiswa. *Jurnal Flourishing*, 2(4), 267–276. <https://doi.org/10.17977/10.17977/um070v2i42022p267-276>
- Salma, D. S., Prabandari, Y. S., & Sulistyarini, Rr. I. (2019). Pengaruh Terapi Kelompok Suportif Untuk Meningkatkan Optimisme Pada Pasien Gagal Ginjal Kronik Yang Menjalani Hemodialisis. *Jurnal Intervensi Psikologi (JIP)*, 11(1), 55–66. <https://doi.org/10.20885/intervensipsikologi.vol11.iss1.art5>
- Sandra, Dewi, W., & Dewi, Y. (2012). Gambaran stres pada pasien gagal ginjal terminal yang menjalani terapi hemodialisa di Rumah Sakit Umum Daerah Arifin Achmad Pekanbaru. *Jurnal Ners Indonesia*, 2(2), 11–14. <https://doi.org/https://doi.org/10.31258/jni.2.2.99-108>

- Santos, V. F. C. dos, Borges, Z. N., Lima, S. O., & Reis, F. P. (2018). Percepções, significados e adaptações à hemodiálise como um espaço liminar: a perspectiva do paciente. *Interface - Comunicação, Saúde, Educação*, 22(66), 853–863. <https://doi.org/10.1590/1807-57622017.0148>
- Saragih, N. P., Sianipar, T. I., Naibaho, R. W., & Halawa, S. D. (2022). Hubungan Antara Tingkat Kecemasan Dengan Lamanya Hemodialisis Pada Pasien Gagal Ginjal Kronik (Ggk) Yang Menjalani HD. *Jurnal Penelitian Perawat Profesional*, 4(3), 891–898. <https://doi.org/https://doi.org/10.37287/jppp.v4i3.1040>
- Sarason, I. G., Sarason, B. R., & Pierce, G. R. (1990). Social Support: The Search for Theory. *Journal of Social and Clinical Psychology*, 9(1), 133–147. <https://doi.org/10.1521/jscp.1990.9.1.133>
- Satici, B. (2019). Testing a model of subjective well-being: The roles of optimism, psychological vulnerability, and shyness. *Health Psychology Open*, 6(2). <https://doi.org/10.1177/2055102919884290>
- Scheier, M. F., & Carver, C. S. (1985). Optimism, coping, and health: Assessment and implications of generalized outcome expectancies. *Health Psychology*, 4(3), 219–247. <https://doi.org/10.1037/0278-6133.4.3.219>
- Scheier, M. F., Carver, C. S., & Bridges, M. W. (1994). Distinguishing optimism from neuroticism (and trait anxiety, self-mastery, and self-esteem): A reevaluation of the Life Orientation Test. *Journal of Personality and Social Psychology*, 67(6), 1063–1078. <https://doi.org/10.1037/0022-3514.67.6.1063>
- Schiavon, C. C., Marchetti, E., Gurgel, L. G., Busnello, F. M., & Reppold, C. T. (2017). Optimism and Hope in Chronic Disease: A Systematic Review. *Frontiers in Psychology*, 7. <https://doi.org/10.3389/fpsyg.2016.02022>
- Schweizer, K., Beck-Seyffer, A., & Schneider, R. (1999). Cognitive Bias of Optimism and its Influence on Psychological Well-Being. *Psychological Reports*, 84(2), 627–636. <https://doi.org/10.2466/pr0.1999.84.2.627>
- Segev-Jacobovski, O. (2023). Changes in Daily Occupations Patterns, Optimism, and Positive Affect During COVID-19 Lockdown. *Canadian Journal of Occupational Therapy*, 90(2), 152–160. <https://doi.org/10.1177/00084174231166260>
- Seligman, M. E. P. (2006). Learned Optimism: How to Change Your Mind and Your Life. In *Aspen's advisor for nurse executives* (Vol. 8, Issue 11). Vintage Books, A Division of random house, Incs. <https://doi.org/10.4135/9781412963923.n255>
- Seligman, Martin. E. P. (2008). *Menginstal Optimisme: Bagaimana Cara Mengubah Pemikiran dan Kehidupan Anda*. Momentum.
- Shiferaw, W. S., Akalu, T. Y., & Aynalem, A. Y. (2020). Risk Factors for Anemia in Patients with Chronic Renal Failure : A Systematic Review and Meta-Analysis. *Ethiopian Journal of Health Sciences*, 30(5), 829–842. <https://doi.org/https://doi.org/10.4314/ejhs.v30i5.23>
- Siregar, C. T. (2020). *Buku Ajar Manajemen Komplikasi Pasien Hemodialisa*. Penerbit Deepublish.
- Sousa, L. M. M., Antunes, A. V., Marques-Vieira, C. M. A., Silva, P. C. L., Valentim, O. M. M. de S., & José, H. M. G. (2019). Subjective wellbeing, sense of humor and psychological health in hemodialysis patients. *Enfermeria Nefrológica*, 22(1), 34–41. <https://doi.org/10.4321/S2254-28842019000100006>

- Srianti, N. M., Sukmandari, N. M., & Dewi, S. P. A. A. P. (2021). A Difference In Intradialytic Blood Pressure In Chronic Renal Failure Patients With Interdialytic Weight Gains >5% And <5% In The Hemodialysis Room At RSD Mangunsada, Badung Regency. *Nursing Update : Jurnal Ilmiah Ilmu Keperawatan*, 12(2), 24–32. <https://doi.org/10.36089/nu.v12i2.313>
- Stuart, G. W. (2013). *Principles and Practice of Psyciatric Nursing* (10th Editi). Elsevier.
- Sugiyono. (2022). *Metode Penelitian Kuantitatif, Kualitatif dan R&D*. ALFABETA.
- Sulistyaningsih, D. R., Noor, M. A., & Rokhayati, I. (2022). Self care management. *Jurnal Penelitian Dan Pemikiran Ilmiah Keperawatan*, 8(2), 77–86. <https://doi.org/http://dx.doi.org/10.30659/nurscope.8.2.77-86>
- Supriyanto, S., & Kusumastuti, N. A. (2023). Pengaruh Optimisme Terhadap Coping Stress Pada Penyintas Covid-19. *Sebatik*, 27(1), 294–302. <https://doi.org/10.46984/sebatik.v27i1.2088>
- Suryadi, B., Hayat, B., & Putra, M. D. K. (2021). The Indonesian version of the Life Orientation Test-Revised (LOT-R): Psychometric properties based on the Rasch model. *Cogent Psychology*, 8(1), 1–15. <https://doi.org/10.1080/23311908.2020.1869375>
- Susantri, W., Bayhakki, B., & Woferst, R. (2022). Hubungan Kepatuhan Menjalani Terapi Hemodialisis dengan Kualitas Hidup Pasien Penyakit Ginjal Kronik di Masa Pandemi Covid-19. *Holistic Nursing and Health Science*, 5(2), 216–225. <https://doi.org/10.14710/hnhs.5.2.2022.216-225>
- Suwandi, E. F. Y., & Setianingrum, M. E. (2020). Subjective Well Being Ditinjau Dari Harga Diri Pada Remaja Yang Memiliki Orang Tua Tunggal Ibu di Kota Magelang. *Motiva: Jurnal Psikologi*, 3(2), 58–65.
- Szu, L.-Y., Tsao, L.-I., Chen, S.-C., & Ho, M.-L. (2021). Self-Participation Experiences among Well-Adapted Hemodialysis Patients. *Healthcare*, 9(12), 1742. <https://doi.org/10.3390/healthcare9121742>
- Tadele, H., Ahmed, H., Mintesnot, H., Gedlu, E., Guteta, S., & Yadeta, D. (2021). Subjective wellbeing among rheumatic heart disease patients at Tikur Anbessa Specialized Hospital, Addis Ababa, Ethiopia: observational cross-sectional study. *BMC Health Services Research*, 21(1), 1354. <https://doi.org/10.1186/s12913-021-07378-0>
- Tampah, N., Masi, G., & Numansyah, M. (2023). Faktor-Faktor Yang Mempengaruhi Terjadinya Hipotensi Intradialisis Pada Pasien Gagal Ginjal Kronik di Ruangan Hemodialisis Melati RSUP Prof Dr. R.D. Kandou Manado. *Jurnal Keperawatan*, 11(1), 56–63. <https://doi.org/10.35790/jkp.v11i1.48473>
- Tay, L., Li, M., Myers, D., & Diener, E. (2014). *Religiosity and Subjective Well-Being: An International Perspective* (Vol. 9, p. 17). Springerlink. https://doi.org/10.1007/978-94-017-8950-9_9
- TenHouten, W. (2023). The Emotions of Hope: From Optimism to Sanguinity, from Pessimism to Despair. *The American Sociologist*, 54(1), 76–100. <https://doi.org/10.1007/s12108-022-09544-1>
- Tentama, F., Situmorang, N. Z., & Fitrihanur. (2021). Subjective well-being among street mothers community. *International Journal of Public Health Science*, 10(2), 370–379. <https://doi.org/10.11591/ijphs.v10i2.20615>

- Teuwafeu, D. G., Sehbing, M., Halle, M.-P., Mahamat, M., Fouda, H., & Ashuntantang, G. (2024). Quality of life and social reinsertion of patients on maintenance haemodialysis in four government funded hospitals in Cameroon. *BMC Nephrology*, 25(1), 335. <https://doi.org/10.1186/s12882-024-03778-6>
- Tina, F. A., & Utami, M. S. (2018). Religiusitas dan Kesejahteraan Subjektif pada Pasien Jantung Koroner. *Gajah Mada Journal of Psychology (GamaJoP)*, 2(3), 162. <https://doi.org/10.22146/gamajop.36938>
- Tomo, S. W., & Pierewan, A. C. (2018). Kesejahteraan Subjektif dan Usia di Indonesia. *Jurnal Pendidikan Sosiologi*, 7(4), 1–13. <https://journal.student.uny.ac.id/ojs/index.php/societas/article/view/12608>
- Tomyn, A. J., Fuller Tyszkiewicz, M. D., & Cummins, R. A. (2013). The Personal Wellbeing Index: Psychometric Equivalence for Adults and School Children. *Social Indicators Research*, 110(3), 913–924. <https://doi.org/10.1007/s11205-011-9964-9>
- Trirachmi, A. S., & Prakoso, H. (2019). Hubungan antara Perceived Emotional Support dengan Subjective Well-Being pada Pasien Hemodialisis di Rumah Sakit Al Islam Bandung. *Prosiding Psikologi*, 5(1), 159–166. <https://doi.org/10.29313/.v0i0.14263>
- Umam, R. N. (2021). Aspek Religiusitas dalam Pengembangan Resiliensi diri di Masa Pandemi Covid-19. *SANGKÉP: Jurnal Kajian Sosial Keagamaan*, 4(2), 148–164. <https://doi.org/10.20414/sangkep.v4i2.3558>
- Untari, T. (2021). Kesejahteraan Subjektif Pada Tipe-tipe Kecenderungan Kepribadian Mahasiswa Bimbingan dan Konseling. *Jurnal Riset Mahasiswa Bimbingan Dan Konseling*, 7(2), 183–196. <https://journal.student.uny.ac.id/ojs/index.php/fipbk/article/view/17428>
- Vaidya, Satyanarayana. R., & Aeddula, Narothama. R. (2022). *Chronic Kidney Disease*. StatPearls Publishing LLC.
- Van Wilder, L., Pype, P., Mertens, F., Rammant, E., Clays, E., Devleeschauwer, B., Boeckxstaens, P., & De Smedt, D. (2021). Living with a chronic disease: insights from patients with a low socioeconomic status. *BMC Family Practice*, 22(1), 233. <https://doi.org/10.1186/s12875-021-01578-7>
- Wang, F., Ao, G., Wang, Y., Liu, F., Bao, M., Gao, M., Zhou, S., & Qi, X. (2020). Risk factors for mortality in hemodialysis patients with COVID-19: a systematic review and meta-analysis. *Renal Failure*, 43(1), 1394–1407. <https://doi.org/10.1080/0886022X.2021.1986408>
- Wani, M. A., & Khan, M. S. (2015). Subjective Well-being and Religiosity: A study of Optimists and Pessimists. *International Journal of Indian Psychology*, 2(3), 104–114. <https://doi.org/10.25215/0203.013>
- Wen, J., Fang, Y., Su, Z., Cai, J., & Chen, Z. (2023). Mental health and its influencing factors of maintenance hemodialysis patients: a semi-structured interview study. *BMC Psychology*, 11(1), 84. <https://doi.org/10.1186/s40359-023-01109-2>
- Werdani, Y. D. W. (2022). Spiritual Well-Being and Optimism as Contributing Factors that Influence the Subjective Well-Being of Cancer Patients. *Indonesian Journal of Cancer*, 16(1), 16–21. <https://doi.org/10.33371/ijoc.v16i1.819>
- WHO. (2021). *The World Health Organization: Global Kidney Disease Report*. 2024.

- Wowor, R. W., & Rahmasari, D. (2022). Peran Optimisme dalam Proses Penyembuhan Penyintas COVID-19 dengan Kormobid Hipertensi. *Character Jurnal Penelitian Psikologi*, 9(5), 89–103. <https://doi.org/https://doi.org/10.26740/cjpp.v9i5.47486>
- Xu, W., Sun, H., Zhu, B., Bai, W., Yu, X., Duan, R., Kou, C., & Li, W. (2019). Analysis of Factors Affecting the High Subjective Well-Being of Chinese Residents Based on the 2014 China Family Panel Study. *International Journal of Environmental Research and Public Health*, 16(14), 1–13. <https://doi.org/10.3390/ijerph16142566>
- Yavari, S., Radfar, M., Faraji, N., Goli, R., Bagherzadi, A., Atharifar, R., Kazemi, S., & Dadashi, M. (2023). Self-esteem and optimism in patients with major depression disorder: a cross-sectional study. *Annals of Medicine & Surgery*, 85(11), 5379–5383. <https://doi.org/10.1097/MS9.0000000000001263>
- Yilmaz, C. K., & Kara, F. Ş. (2021). The effect of spiritual well-being on adaptation to chronic illness among people with chronic illnesses. *Perspectives in Psychiatric Care*, 57(1), 318–325. <https://doi.org/10.1111/ppc.12566>
- Yu, Y., & Luo, J. (2018). Dispositional optimism and well-being in college students: Self-efficacy as a mediator. *Social Behavior and Personality*, 46(5), 783–792. <https://doi.org/10.2224/sbp.6746>
- Yue, Z., Liang, H., Qin, X., Ge, Y., Xiang, N., & Liu, E. (2022). Optimism and survival: health behaviors as a mediator—a ten-year follow-up study of Chinese elderly people. *BMC Public Health*, 22(1), 670. <https://doi.org/10.1186/s12889-022-13090-3>
- Zaenurrohmah, D. H., & Rachmayanti, R. D. (2017). Relationship Between Knowledge and Hypertension History with Blood Pressure Control in Elderly. *Jurnal Berkala Epidemiologi*, 5(2), 174. <https://doi.org/10.20473/jbe.V5I22017.174-184>
- Zainal, A., Abidin, F. A., Siregar, Juke. R., Djunaidi, A., Etikawati, A. I., Siswadi, A. G. P., Sukmawati, A., Iskandarsyah, A., Kumalasari, A. D., Hami, A. El, Dearly, Anggrainy, D., Rahmah, F., Casas, F., Purba, F. D., Setyowibowo, H., Susanto, H., Borualogo, I. S., Hapsari, I. I., ... Hinduan, Z. R. (2022). *WELL-BEING: Konsep Penelitian dan Penerapannya di Indonesia*. PT. Remaja Rosdakarya.
- Zambrano, J., Romero, P., Longley, R., Huffman, J. C., Cohen-Bucay, A., & Celano, C. M. (2022). Well-Being and Health in Kidney Failure: A Scoping Review. *Journal of the Academy of Consultation-Liaison Psychiatry*, 63(4), 384–393. <https://doi.org/10.1016/j.jaclp.2022.02.008>
- Zegarow, P., Manczak, M., Rysz, J., & Olszewski, R. (2020). The influence of cognitive-behavioral therapy on depression in dialysis patients - Meta-analysis. *Archives of Medical Science*, 16(6), 1271–1278. <https://doi.org/10.5114/AOMS.2019.88019>
- Zhang, K., Teng, Z., Li, A., Zhang, N., Wang, R., Wei, S., & Ni, C. (2025). Real experience of young and middle-aged hemodialysis patients: a qualitative meta-synthesis. *Frontiers in Medicine*, 12. <https://doi.org/10.3389/fmed.2025.1530465>
- Zheng, Y., Hou, Y., & Dong, Z. (2024). From Good Expectancy to Good Feelings: How Optimism Is Related to Subjective Well-Being in Chinese Adults through the Pathway of Coping. *Behavioral Sciences*, 14(3), 165. <https://doi.org/10.3390/bs14030165>
- Zorba, E., Fasoi, G., Grapsa, E., Zartaloudi, A., Polikandrioti, M., Alikari, V., Stavropoulou, A., Dafogianni, C., Impis, O., & Gerogianni, G. (2024). Investigation of Social Constraints, Psychosocial Adjustment and Optimism among Dialysis



Patients. *Clinics and Practice*, 14(4), 1430–1439.

<https://doi.org/10.3390/clinpract14040115>

Zulfadri, D., & Raudatussalamah. (2019). Tipe Kepribadian Big Five, Sense of Humor dan Subjective Well-Being pada Mahasiswa UIN Suska Riau. *Jurnal Psikologi*, 15(1), 75–84. <https://doi.org/10.24014/jp.v14i2.7416>