

## DAFTAR PUSTAKA

- Abdel-Khalek, A. M. (2016). Introduction to the psychology of self-esteem. Self-esteem: perspectives, influences, and improvement strategies, 1-23.
- Arikunto, S. (2010). Prosedur penelitian suatu pendekatan praktek. (No Title).
- Ashton, S., McDonald, K., & Kirkman, M. (2019). What does 'pornography' mean in the digital age? Revisiting a definition for social science researchers. *Porn Studies*, 6(2), 144-168.
- Azwar, S. (1989). Self-esteem dan Motivasi untuk Berprestasi pada Mahasiswa. *Jurnal Psikologi*, 17(1989).
- Azwar, S. (2022). Penyusunan skala psikologi edisi 2. Pustaka pelajar.
- Baumeister, R. F., Campbell, J. D., Krueger, J. I., & Vohs, K. D. (2003). Does high self-esteem cause better performance, interpersonal success, happiness, or healthier lifestyles? *Psychological Science in the Public Interest*, 4(1), 1-44. <https://doi.org/10.1111/1529-1006.01431>
- Baumeister, R. F., & Tice, D. M. (1985). Self-esteem and responses to success and failure: Subsequent performance and intrinsic motivation. *Journal of personality*, 53(3), 450-467.
- Bóthe, B., Tóth-Király, I., Potenza, M. N., Orosz, G., & Demetrovics, Z. (2020). High-frequency pornography use may not always be problematic. *The Journal of Sexual Medicine*, 17(4), 793-811.
- Borgogna, N. C., McDermott, R. C., Berry, A. T., & Browning, B. R. (2020). Masculinity and problematic pornography viewing: The moderating role of self-esteem. *Psychology of Men & Masculinities*, 21(1), 81
- Bowling, A. (2005). Mode of questionnaire administration can have serious effects on data quality. *Journal of public health*, 27(3), 281-291.
- Bronfenbrenner, U. (1977). Toward an experimental ecology of human development. *American psychologist*, 32(7), 513.
- Crocker, J., & Knight, K. M. (2005). Contingencies of self-worth. *Current Directions in Psychological Science*, 14(4), 200-204.
- Coopersmith, S (1981). Self-esteem inventories. Palo Alto: Consulting Psychologists Press.
- De Sousa, A., & Lodha, P. (2017). Neurobiology of Pornography Addiction—A clinical review. *Telangana journal of psychiatry*, 3(2), 66-70.

- Fakhruddiana, F., Purnamasari, A., & Hidayati, E. (2022). Pelatihan Kontrol Diri untuk Mengurangi Intensitas Akses dengan Situs atau Media Pornografi pada Remaja. *Gadjah Mada Journal of Professional Psychology (GamaJPP)*, 8(2).
- Febrianti, R., & Ginanjar, A. S. (2024). Does Perceiving the Authentic Self Affect the Meaning of Life?. *Jurnal Psikologi*, 51(2), 219-235.
- Festinger, L. (1954). A theory of social comparison processes. *Human relations*, 7(2), 117-140.
- Gamayanti, W. (2014). Usaha bunuh diri berdasarkan teori ekologi Bronfenbrenner. *Psymphatic: Jurnal Ilmiah Psikologi*, 1(2), 204-230.
- Griffith, J. D., Mitchell, S., Hammond, B., Gu, L. L., & Hart, C. L. (2012). A comparison of sexual behaviors and attitudes, self-esteem, quality of life, and drug use among pornography actors and a matched sample. *International Journal of Sexual Health*, 24(4), 254-266.
- Gonzales-Backen, M.A., Dumka, L.E., Millsap, R.E., Yoo, H.C., Schwartz, S.J., Zamboanga, B.L., Weisskirch, R.S., Rodriguez, L., Castillo, L.G., Kim, S.Y. and Brown, E.J., 2015. The role of social and personal identities in self-esteem among ethnic minority college students. *Identity*, 15(3), pp.202-220.
- Harter, S. (1999). *The construction of the self: A developmental perspective*. The Guilford Press.
- Higgins, E. T. (1987). Self-discrepancy: a theory relating self and affect. *Psychological review*, 94(3), 319.
- Ihsan, H. (2015). Validitas Isi Alat Ukur Penelitian: Konsep Dan Panduan Penilaiannya. *Pedagogia*, 13(3), 173-179.
- Jasey, N., & Ward, I. (2019). Neuroplasticity in brain injury: maximizing recovery. *Current Physical Medicine and Rehabilitation Reports*, 7(4), 333-340.
- Joshi, A., Kale, S., Chandel, S., & Pal, D. K. (2015). Likert scale: Explored and explained. *British journal of applied science & technology*, 7(4), 396-403.
- Kvalem, I. L., Træen, B., & Iantaffi, A. (2016). Internet pornography use, body ideals, and sexual self-esteem in Norwegian gay and bisexual men. *Journal of homosexuality*, 63(4), 522-540.
- Love, T., Laier, C., Brand, M., Hatch, L., & Hajela, R. (2015). Neuroscience of internet pornography addiction: A review and update. *Behavioral Sciences*, 5(3), 388-433. <https://doi.org/10.53555/kuey.v30i4.3023>
- Mahadi, H., Abdullah, N., Ph'ng, L.M., Hasan, H. and Ariffin, H., 2016. Self-esteem, social support, and career decision-making among

- technical engineering students. *Social Sciences (Pakistan)*, 11(12), pp.2971-2976.
- Mayasari, F., & Hadjam, M. N. R. (2000). Perilaku seksual remaja dalam berpacaran ditinjau dari harga diri berdasarkan jenis kelamin. *Jurnal Psikologi*, 27(2), 120-127.
- Merino, M., Tornero-Aguilera, J. F., Rubio-Zarapuz, A., Villanueva-Tobaldo, C. V., Martín-Rodríguez, A., & Clemente-Suárez, V. J. (2024, July). Body perceptions and psychological well-being: A review of the impact of social media and physical measurements on self-esteem and mental health with a focus on body image satisfaction and its relationship with cultural and gender factors. In *Healthcare* (Vol. 12, No. 14, p. 1396). MDPI.
- Munshi, S., Varghese, A., & Dhar-Munshi, S. (2017). Computer vision syndrome—A common cause of unexplained visual symptoms in the modern era. *International Journal of Clinical Practice*, 71(7), e12962. <https://doi.org/10.1111/ijcp.12962>
- Nelson, E. (2015). Pornography statistics: Who uses pornography? Nelson Education. Retrieved March 2, 2024, from <https://www.nelson.edu/thoughthub/pornography-statistics-who-uses-pornography/>
- Palazzolo, F., & Bettman, C. (2020). Exploring the lived experience of problematic users of internet pornography: A qualitative study. *Sexual addiction & compulsivity*, 27(1-2), 45-64.
- Pickard, H. (2021). Addiction and the self. *Noûs*, 55(4), 737-761.
- Rahardjo, W., Saputra, M., & Hapsari, I. (2015). Harga Diri, Sexting dan Jumlah Pasangan Seks yang Dimiliki oleh Pria Lajang Pelaku Perilaku Seks Berisiko. *Jurnal Psikologi*, 42(2), 101-114.
- Santrock, J. W. (2003). *Adolescence*. New York: Mc Graw Hill.
- Sedgwick, P. (2012). Pearson's correlation coefficient. *Bmj*, 345.
- Singh, S., & Kaur, R. (2015). Problems of frustration, aggression and low self-esteem among adolescents. *International Journal of Multidisciplinary Research and Development*, 2(3), 901-904.
- Skinner, B. F. (2019). *The behavior of organisms: An experimental analysis*. BF Skinner Foundation.
- Tylka, T. L. (2015). No harm in looking, right? Men's pornography consumption, body image, and well-being. *Psychology of Men & Masculinity*, 16(1), 97.
- Tiggemann, M., & Slater, A. (2013). NetGirls: The Internet, Facebook, and body image concern in adolescent girls. *International Journal of Eating Disorders*, 46(6), 630-633.



- Turel, O., & Bechara, A. (2021). A triple-system neural model of maladaptive consumption. *Journal of the Association for Consumer Research*, 6(3), 324-333.
- Voon, V., Mole, T. B., Banca, P., Porter, L., Morris, L., Mitchell, S., ... & Derfuss, J. (2014). Neural correlates of sexual cue reactivity in individuals with and without compulsive sexual behaviors. *PLoS ONE*, 9(7), e102419. <https://doi.org/10.1371/journal.pone.0102419>
- Wagner, J., Wiczorek, L. L., & Brandt, N. D. (2024). Boosting yourself? Associations between momentary self-esteem, daily social interactions, and self-esteem development in late adolescence and late adulthood. *Journal of Personality and Social Psychology*, 126(2), 332.
- Zeigler-Hill, V., Holden, C. J., Enjaian, B., Southard, A. C., Besser, A., Li, H., & Zhang, Q. (2015). Self-esteem instability and personality: The connections between feelings of self-worth and the big five dimensions of personality. *Personality and Social Psychology Bulletin*, 41(2), 183-198.