

TABLE OF CONTENTS

Cover	i
Aproval Sheet	ii
Statement of Research Originality	iii
Acknowledgements	iv
Table of Contents	vii
List of Tables	ix
List of Figures	x
List of Appendices	xi
List of Supplementary Materials	xii
Abstract	xiii
Intisari	xiv
 CHAPTER 1. INTRODUCTION	 1
1.1. Background	1
1.2. Research Questions	5
1.3. Research Objective and Advantage	5
CHAPTER 2. LITERATURE REVIEW	5
2.1. Nutrition: Content, Bioavailability, Bioaccessibility, and Bioactivity	5
2.2. Importance of Minerals for Human	7
2.3. Mycoprotein	8
2.4. Fungal Mineral Homeostasis	9
CHAPTER 3. MATERIAL AND METHODS	12
3.1. Materials	12
3.2. Fungal Strain	12
3.3. Edible Filamentous Fungi Cultivation	12
3.3.1. Preliminary study for determining Zinc (Zn), Iron (Fe), Phosphorus (P), and Calcium (Ca) concentrations	14
3.3.2. Main Experiment	15
3.4. Static In-Vitro Gastrointestinal Digestion	17
3.5. Mineral Bioaccessibility Analysis	18
3.6. Data Analysis	19

CHAPTER 4. RESULTS AND DISCUSSION	19
4.1. Preliminary study for determining Zinc, Iron, Phosphorus, and Calcium concentration	19
4.2. Fungi Biomass Yield under Different Minerals Concentrations in Substrate	23
4.3. Fungi Biomass Minerals Content under Different Minerals Concentrations in Substrate.....	27
4.4. Fungi Biomass Minerals Accessibility under Different Minerals Concentrations in Substrate	35
4.5. Edible Filamentous Fungi as a Sustainable Mineral Source: Comparison to Human Needs	43
CHAPTER 5. CONCLUSION AND RECOMMENDATION.....	46
5.1. Conclusion	46
5.2. Recommendations	47
REFERENCES.....	49
APPENDICES	59
SUPPLEMENTARY MATERIALS.....	70