

DAFTAR PUSTAKA

- Arnold, K. A., & Connelly, C. E. (2013). Transformational Leadership and Psychological Well-being. In *The Wiley-Blackwell Handbook of the Psychology of Leadership, Change, and Organizational Development* (pp. 175–194). Wiley. <https://doi.org/10.1002/9781118326404.ch9>
- Atina, S. R. S., & Herison, P. P. (2022). Creative Self-Efficacy Sebagai Moderator Dalam Pengaruh Job Autonomy Terhadap Perilaku Kerja Inovatif Karyawan Startup. *SIBATIK JOURNAL: Jurnal Ilmiah Bidang Sosial, Ekonomi, Budaya, Teknologi, Dan Pendidikan*, 1(8), 1575–1584. <https://doi.org/10.54443/sibatik.v1i8.210>
- Azizah, N., & Ratnaningsih. (2018). Pengaruh job autonomy terhadap psychological well-being pada karyawan. *Jurnal Psikologi Pendidikan Dan Konseling*, 4(1), 23–30.
- Azwar, S. (2017). *Metode Penelitian Psikologi*. Pustaka Pelajar.
- Bakker, A. B., & Demerouti, E. (2014). Job Demands–Resources Theory. In *Wellbeing* (pp. 1–28). Wiley. <https://doi.org/10.1002/9781118539415.wbwell019>
- Bakker, A. B., & Demerouti, E. (2017). Job demands–resources theory: Taking stock and looking forward. *Journal of Occupational Health Psychology*, 22(3), 273–285. <https://doi.org/10.1037/ocp0000056>
- Breaugh, J. A. (1985). The Measurement of Work Autonomy. *Human Relations*, 38(6), 551–570. <https://doi.org/10.1177/001872678503800604>
- Carnegie, D. (2012). *What drives employee engagement and why it matters*. Dale Carnegie & Associates, Inc.
- Chung-Yan, G. A. (2010). The nonlinear effects of job complexity and autonomy on job satisfaction, turnover, and psychological well-being. *Journal of Occupational Health Psychology*, 15(3), 237–251. <https://doi.org/10.1037/a0019823>
- Clausen, T., Pedersen, L. R. M., Andersen, M. F., Theorell, T., & Madsen, I. E. H. (2022). Job autonomy and psychological well-being: A linear or a non-linear association? *European Journal of Work and Organizational Psychology*, 31(3), 395–405. <https://doi.org/10.1080/1359432X.2021.1972973>
- Creswell, J. W. (2014). *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches*. SAGE Publications, Inc.
- de Jonge, J. (1996). *Job autonomy, well-being, and health : a study among Dutch health care workers* [maastricht university]. <https://doi.org/10.26481/dis.19960125jj>
- Deci, E. L., & Ryan, R. M. (2000). The “What” and “Why” of Goal Pursuits: Human Needs and the Self-Determination of Behavior. *Psychological Inquiry*, 11(4), 227–268. https://doi.org/10.1207/S15327965PLI1104_01

- Dettmers, J., & Bredehöft, F. (2020). The Ambivalence of Job Autonomy and the Role of Job Design Demands. *Scandinavian Journal of Work and Organizational Psychology*, 5(1). <https://doi.org/10.16993/sjwop.81>
- Elsass, P. M., & Veiga, J. F. (1997). Job control and job strain: A test of three models. *Journal of Occupational Health Psychology*, 2(3), 195–211. <https://doi.org/10.1037/1076-8998.2.3.195>
- Feng, Q., & Cui, M. (2023). Indulgent Parenting and the Psychological Well-Being of Adolescents and Their Parents. *Children*, 10(3), 451. <https://doi.org/10.3390/children10030451>
- Ghozali, I. (2018). *Aplikasi Analisis Multivariate Dengan Program IBM SPSS 25*. Badan Penerbit Universitas Diponegoro.
- Guest, D. E. (2004). The Psychology of the Employment Relationship: An Analysis Based on the Psychological Contract. *Applied Psychology*, 53(4), 541–555. <https://doi.org/10.1111/j.1464-0597.2004.00187.x>
- Hackman, J. R., & Oldham, G. R. (1976). Motivation through the design of work: test of a theory. *Organizational Behavior and Human Performance*, 16(2), 250–279. [https://doi.org/10.1016/0030-5073\(76\)90016-7](https://doi.org/10.1016/0030-5073(76)90016-7)
- Hair, J. F., Black, W. C., Babin, B. J., & Anderson, R. E. (2010). *Multivariate Data Analysis, 7th ed.* Pearson Prentice Hall.
- Harnois, G., & Gabriel, P. (2000). Mental health and work: Impact, issues and good practices. In *World Health Organisation/International Labour Organisation*. World Health Organisation/International Labour Organisation. http://www.who.int/mental_health/medi a/en/712.pdf
- Hobfoll, S. E. (1989). Conservation of resources: A new attempt at conceptualizing stress. *American Psychologist*, 44(3), 513–524. <https://doi.org/10.1037/0003-066X.44.3.513>
- Huppert, F. A. (2009). Psychological Well-being: Evidence Regarding its Causes and Consequences†. *Applied Psychology: Health and Well-Being*, 1(2), 137–164. <https://doi.org/10.1111/j.1758-0854.2009.01008.x>
- Ismawati, I., Djaelani, A. Q., & Slamet, A. R. (2017). Pengaruh Motivasi Dan Disiplin Kerja Terhadap Kinerja Karyawan Dibagian Produksi (Studi Kasus pada PT. Gatra Mapan Ngijo Karangploso). *E-JRM: Elektronik Jurnal Riset Manajemen*, 6(3).
- Keyes, C. L. M. (2007). Promoting and protecting mental health as flourishing: A complementary strategy for improving national mental health. *American Psychologist*, 62(2), 95–108. <https://doi.org/10.1037/0003-066X.62.2.95>
- Kroll, M. H., & Emancipator, K. (1993). A theoretical evaluation of linearity. *Clinical Chemistry*, 39(3), 405–413. <https://doi.org/10.1093/clinchem/39.3.405>
- Kubicek, B., Korunka, C., & Tement, S. (2014). Too much job control? Two studies on curvilinear relations between job control and eldercare workers' well-being. *International Journal of Nursing Studies*, 51(12), 1644–1653. <https://doi.org/10.1016/j.ijnurstu.2014.05.005>

- Kuokkanen, A., Varje, P., & Väänänen, A. (2020). Struggle over employees psychological well-being. The politization and depolitization of the debate on employee mental health in the Finnish insurance sector. *Management & Organizational History*, 15(3), 252–272. <https://doi.org/10.1080/17449359.2020.1845741>
- Le Boedec, K. (2016). Sensitivity and specificity of Normality tests and consequences on reference interval accuracy at small sample size: a computer-simulation study. *Veterinary Clinical Pathology*, 45(4), 648–656. <https://doi.org/10.1111/vcp.12390>
- Lenaini, I. (2021). Teknik Pengambilan Sampel Purposive dan Snowball Sampling. *HISTORIS: Jurnal Kajian, Penelitian & Pengembangan Pendidikan Sejarah*, 6(1), 33–39.
- Mopkins, D., Lee, M., & Malecha, A. (2024). Personal, Social, and Workplace Environmental Factors Related to Psychological Well-Being of Staff in University Settings. *Workplace Health & Safety*, 72(3), 108–118. <https://doi.org/10.1177/21650799231214249>
- Nielsen, K., Nielsen, M. B., Ogbonnaya, C., Käsälä, M., Saari, E., & Isaksson, K. (2017). Workplace resources to improve both employee well-being and performance: A systematic review and meta-analysis. *Work & Stress*, 31(2), 101–120. <https://doi.org/10.1080/02678373.2017.1304463>
- Nielsen, K., & Randall, R. (2012). The importance of employee participation and perceptions of changes in procedures in a teamworking intervention. *Work & Stress*, 26(2), 91–111. <https://doi.org/10.1080/02678373.2012.682721>
- Novianty, M. (2023). *Hubungan Psychological Well-being dan Quarter-life Crisis pada Mahasiswa Tingkat Akhir di Provinsi Banten*. Universitas Esa Unggul.
- Petrou, P., Demerouti, E., Peeters, M. C. W., Schaufeli, W. B., & Hetland, J. (2012). Crafting a job on a daily basis: Contextual correlates and the link to work engagement. *Journal of Organizational Behavior*, 33(8), 1120–1141. <https://doi.org/10.1002/job.1783>
- PT Rekindo Global Jasa. (2024). *Laporan Kinerja Karyawan Kontrak Internal*.
- Ramadhanti, S., & Wibowo, D. H. (2023). Hubungan antara Kecerdasan Emosional dengan Organizational Citizenship Behavior (OCB) pada Guru PPPK. *Jurnal Cakrawala Ilmiah*, 3(4), 921–930.
- Robbins, S. P., & Judge, T. A. (2017). *Organizational Behavior 17th Global Edition*. Pearson.
- Russell, J. E. A. (2008). Promoting Subjective Well-Being at Work. *Journal of Career Assessment*, 16(1), 117–131. <https://doi.org/10.1177/1069072707308142>
- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57(6), 1069–1081. <https://doi.org/10.1037/0022-3514.57.6.1069>

- Saragih, S. (2011). The Effects of Job Autonomy on Work Outcomes: Self Efficacy as an Intervening Variable. *International Research Journal of Business Studies*, 4(3), 203–215. <https://doi.org/10.21632/irjbs.4.3.203-215>
- Schaufeli, W. B., Bakker, A. B., & Salanova, M. (2006). The Measurement of Work Engagement With a Short Questionnaire. *Educational and Psychological Measurement*, 66(4), 701–716. <https://doi.org/10.1177/0013164405282471>
- Slemp, G. R., Kern, M. L., & Vella-Brodrick, D. A. (2015). Workplace Well-Being: The Role of Job Crafting and Autonomy Support. *Psychology of Well-Being*, 5(1), 7. <https://doi.org/10.1186/s13612-015-0034-y>
- Sørensen, O. H., Buch, A., Christensen, P. H., & Andersen, V. (2007). Indflydelse i vidensarbejdet — kan man få for meget af det gode? *Tidsskrift for Arbejdsliv*, 9(2), 38. <https://doi.org/10.7146/tfa.v9i2.108610>
- Sugiyono. (2013). *Metodologi Penelitian Kuantitatif, Kualitatif, dan R&D*. Alfabeta.
- Sutrisno, E. (2017). *Manajemen Sumber Daya Manusia*. Kencana.
- Tahrir, T., Alsa, A., & Rahayu, A. (2021). Modifikasi Alat Ukur Interpersonal Reactivity Index (IRI) pada Subjek dengan Identitas Sunda. *Jurnal Psikologi Islam Dan Budaya*, 4(1), 45–56.
- Tambusai, R. (2018). *Hukum Ketenagakerjaan Indonesia*. Prenadamedia Group.
- Triwahyuningsih, E., & Ariani, D. W. (2024). Hubungan Perceived Job Autonomy, Social Motivation, Intrinsic Motivation, dan Work Quality Sinar Terang Parakan. *Jurnal Akuntansi, Manajemen, Dan Perencanaan Kebijakan*, 2(1), 14. <https://doi.org/10.47134/jampk.v2i1.379>
- Van Vianen, A. E. M., & De Pater, I. E. (2012). *Content and Development of Newcomer Person–Organization Fit: An Agenda for Future Research*. Oxford University Press. <https://doi.org/10.1093/oxfordhb/9780199763672.013.0008>
- Wheatley, D. (2017). Employee satisfaction and use of flexible working arrangements. *Work, Employment and Society*, 31(4), 567–585. <https://doi.org/10.1177/0950017016631447>
- Wright, T. A., & Cropanzano, R. (2000). Psychological well-being and job satisfaction as predictors of job performance. *Journal of Occupational Health Psychology*, 5(1), 84–94. <https://doi.org/10.1037/1076-8998.5.1.84>
- Zakariyya, F., Wyandini, D. Z., & Wulandari, A. (2024). Psychological Well-Being Women Workers Multiple Role in Bandung: Analysis of Stress And Aggression of Children. *Gadjah Mada Journal of Psychology (GamaJoP)*, 10(2), 110. <https://doi.org/10.22146/gamajop.68807>