

TABLE OF CONTENTS

TABLE OF CONTENTS	v
LIST OF APPENDICES.....	vi
Abstract.....	vii
Introduction.....	1
Methods.....	5
a. Participants	6
b. Procedure	7
c. Instruments	8
d. Data Analysis	9
Results	10
1. Thread 1: Leaving the Nest.....	10
2. Thread 2: The Shock of Transition	11
3. Thread 3: Relearning Daily Life	11
4. Thread 4: Expanding Circles and Relational Autonomy.....	12
5. Thread 5: Independent Decision-Making and Emerging Identity	12
6. Thread 6: From Compliance to Self-Authorship.....	13
Discussion	13
1. Thread 1: Leaving the Nest.....	14
2. Thread 2: The Shock of Transition	15
3. Thread 3: Relearning Daily Life	15
4. Thread 4: Expanding Circles and Relational Autonomy.....	16
5. Thread 5: Independent Decision-Making and Emerging Identity	16
6. Thread 6: From Compliance to Self-Authorship.....	17
Theoretical and Practical Implications	18
Limitations and Future Research	19
Conclusion	20
Recommendation.....	21
References	23
Appendices	29