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## Appendices

## Appendix A: Ethical Clearance

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Jl. Sosio Humaniora, Bulaksumur, Yogyakarta 55281, Telp. +62274 550435, Faks. +62274 550436 http://psikologi.ugm.ac.id, *E-mail:* fpsi@ugm.ac.id

**PERSETUJUAN ETIKA PENELITIAN**
Nomor: 11565/UN1/FPSi.1.3/SD/PT.01.04/2024

Komite Etika Penelitian Fakultas Psikologi Universitas Gadjah Mada menyatakan bahwa penelitian di bawah ini:

| | | |
|---|---|---|
| Judul Penelitian | : | *Exploring Parental Expectations and Firstborn Academic Performance in Privileged Households* |
| Peneliti Utama | : | Edilburga Wulan Saptandari, S.Psi., M.Psi., Ph.D., Psikolog |
| Anggota peneliti | : | Aurellea Dashaliva |

Tanggal pelaksanaan penelitian:

| | | |
|---|---|---|
| Perkiraan dimulai | : | 17 Desember 2024 |
| Perkiraan selesai | : | 21 Desember 2024 |

berdasarkan hasil pemeriksaan oleh tim Komite Etika Penelitian telah memperoleh persetujuan etika penelitian *(ethical clearance)*.

Demikian persetujuan etika penelitian ini dibuat untuk dipergunakan sebagaimana mestinya.

Menyetujui,
Wakil Dekan Bidang Penelitian, PkM, dan Kerja Sama,

Pradytia Putri Pertiwi, S.Psi., Ph.D.
NIP 111198602202102201

17 Desember 2024
Manajer Komite Etika Penelitian,

Aliyaturrahmah Supriyadi, S.Psi., M.HS.
NIP 111199604202301201

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**Appendix B: Interview Guidelines**

Criteria Checking

| |
|---|
| Could you please state your name, faculty, and major? |
| Are you the firstborn child in your family, if so, how many younger siblings? |
| Does your parents income reach between IDR 63 million - IDR 196 million per month? |
| Are you comfortable discussing your experiences and perceptions related to parental expectations in academic settings? |

Main Interview Questions

| Interview Stage | Question |
|---|---|
| Introductory Questions | Could you please tell me a little bit about yourself and your academic background? |
| | What program and faculty are you currently enrolled in? |
| Main Questions | How would you describe being the firstborn children in the family? |
| | How would you describe your relationship with your parents? |
| | How do you perceive your responsibilities and duties within your family as the firstborn child? |
| | How would you describe your parents' expectations regarding your academic performance? |
| | Could you share specific examples of how these expectations have been conveyed to you? |
| | Do you feel that being the first-born has influenced the expectations your parents have for you? If so, how? |
| | Have you ever tried to disagree and talk back on the expectations set for you? |
| | How do your parents' expectations affect your academic |

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| | |
|---|---|
| | performance? What do you think is the most significant impact of parental expectations on your academic life? |
| | Can you describe any challenges you face due to these expectations? |
| | How do you balance meeting your parents' expectations with your own academic goals and personal interests? |
| | Do you feel that your parents' expectations of you differ from those they have for your younger siblings? If so, how? |
| | Do you ever feel a sense of duty or obligation to meet your parents' expectations because you are the firstborn? |
| | Have your parents ever explicitly mentioned that their expectations of you are higher because you are the first-born? Can you share any specific instances? |
| | In what ways, if any, do you think your experiences as the first-born influence your relationships with your siblings and parents? |
| | How do you think being the first-born has impacted your own expectations of yourself academically and personally? |
| | Do you have any strategies to cope with the expectations your parents set you? |
| Closing Questions | If you were to say something to yourself for going this far, what would you say? |
| | Looking back on our conversation, is there anything else you would like to add about your experiences as a first-born dealing with parental expectations? |
| | Please kindly give words of appreciation for yourself, as a firstborn, for being able to progress this far |
| | Do you have any feedback on this interview process or any suggestions for improving how these interviews are conducted in the future? |

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# Appendix C: Signed Informed Consents

## I1: Margo

*Dokumen ini hanya panduan, perlu disesuaikan sebelum dapat digunakan*

**LEMBAR PERSETUJUAN PARTISIPAN PENELITIAN**
Fakultas Psikologi, Universitas Gadjah Mada

*ANDA AKAN DIBERI SALINAN LEMBAR PERSETUJUAN INI*

Mohon untuk mengisi formulir di bawah ini **setelah** Anda membaca lembar penjelasan penelitian dan/atau mendengar penjelasan dari peneliti mengenai penelitian yang akan dilaksanakan

Judul Penelitian: Exploring Parental Expectations and Firstborn Academic Performance in Privileged Households
Nama dan Kontak Peneliti: Aurellea Dashaliva (aurellea.dashaliva@mail.ugm.ac.id)
Nama dan Kontak Dosen Pembimbing: Edilburga Saptandari, S.Psi., M.Psi., Ph.D., Psikolog (ewulans@ugm.ac.id)

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## I2: Kevin

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## I3: Edith

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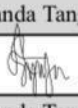
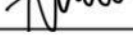
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## I4: Agnes

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## I5: Dave

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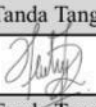
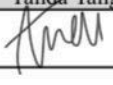
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**Appendix D: Interview Verbatim**

**I1: Margo**

Interviewee: Margo (I1)
Gender: Female
Age: 21
Via: Zoom Meeting

**I:** Good morning hehe Good morning Margo haha
**Margo:** Morning I haha
**I:** Thank you so much for attending today's interview. Maybe I'm gonna um share a bit about myself, introduce myself. My name is Aurel. I am a seven semester student under the Faculty of Psychology enrolled in the International Undergraduate Program. I'm currently doing my undergraduate thesis with the supervision of Bu Yayi as my thesis supervisor. And um my thesis uh topic would be exploring parental expectations and firstborn academic performance in privileged households. Now considering your background as a firstborn daughter and that your um background checklists all the participant requirements, that's why I chose you as one of my um participants for this interview. So maybe I would start by umm explaining about how this interview would work. So this, this is a very um semi-formal interview, so please take your time in answering all the questions. You can uhh also answer based on your experiences. You're not limited to just one answer only. You can explore, you can just share anything that you think would be relevant to the question. Umm maybe I will also start sharing my screen on some of the things that I would like to be clear on. Which is the informed consent. Okay so, umm Okay so, mungkin aku baca ini pake bahasa Indonesia aja ya, karena ini informed consentnya pake bahasa indonesia. Soo umm penelitian ini bertujuan untuk memahami bagaimana ekspektasi orang tua mempengaruhi pencapaian akademik anak sulung baik secara positif atau negatif. So uhh dan anda dipilih sebagai partisipan karena memenuhi kriteria inklusi dari penelitian ini, yaitu; (1) mahasiswa aktif sarjana anak sulung dari berbagai jurusan dan kampus uhh (2) anak sulung yang benar-benar berada di urutan pertama dalam kelahiran (3) anak sulung dari keluarga mapan yang ditentukan oleh pendapatan orang tua yang berkisar antara IDR 64 juta hingga IDR 196 juta per bulan (sesuai dengan klasifikasi World Bank). Dan untuk partisipasi Margo sendiri, partisipasi dalam penelitian ini sepenuhnya bersifat sukarela dan tidak ada konsekuensi apapun bila memilih untuk tidak berpartisipasi dalam penelitian itu juga tidak apa apa.

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Kamu bisa berhenti berpartisipasi dalam penelitian kapanpun, tanpa perlu memberikan alasan, dan tanpa konsekuensi apapun. Jika berpartisipasi, you're going to be uh, you're going to be uh, in this interview for 60 minutes or 1 hour, with more or less 21 questions. Namun, kemungkinan akan ada pertanyaan lanjutan jika terdapat jawaban yang kurang jelas, gitu. Proses wawancara akan dilakukan secara daring melalui Zoom meeting, oleh karena itu, hasil dan jawaban Anda akan direkam secara audio/video dengan persetujuan dari Anda. Rekaman tersebut hanya akan digunakan dalam proses analisa tugas akhir sehingga tidak akan digunakan untuk keperluan lain. Selain itu, tidak ada seorangpun, selain dosen pembimbing peneliti, yang dapat mengakses rekaman asli wawancara tersebut. Jadi kerahasiaan data Anda sangat terjaga. Penelitian ini kemungkinan memiliki risiko ketidaknyamanan yang moderat bagi Anda karena topik yang dibahas terkait dinamika keluarga, pengalaman Anda sebagai anak sulung, dan harapan orang tua Anda dalam pencapaian akademik Anda, sehingga dapat menyinggung pengalaman-pengalaman yang mungkin kurang menyenangkan yang berkaitan dengan harapan orang tua. Dan Untuk menangani dampak negatif dari penelitian ini, peneliti-aku-saya telah menyiapkan beberapa mitigasi untuk Anda, yaitu: Memberikan penjelasan jelas dan komprehensif mengenai hak-hak Anda dalam penelitian secara verbal dan tertulis sebelum wawancara dimulai, mengingatkan Anda bahwa Anda dapat melewati pertanyaan yang membuat Anda tidak nyaman atau mengundurkan diri dalam penelitian jika Anda sudah mulai merasa ketidaknyamanan, sadar dengan perilaku dan nada bicara Anda jika menunjukkan tanda-tanda ketidaknyamanan, sehingga peneliti bisa memberhentikan penelitian jika hal tersebut terjadi, tanpa konsekuensi. Peneliti akan memastikan suasana wawancara bersifat suportif dan terbuka, sehingga Anda tidak merasa– anda merasa nyaman untuk berbagi pengalaman Anda, mau itu buruk atau baik. Nah Dalam proses penjawaban pertanyaan ada cerita Anda yang kurang nyaman, saya akan terus memberikan afirmasi positif dan dukungan emosional untuk menunjukkan hormat dan empati kepada Anda. Jika worst case scenario, aku akan Merujuk Anda kepada lembaga konseling atau profesional jika Anda membutuhkan penanganan khusus setelah penelitian selesai. Manfaat yang Anda dapatkan selama berpartisipasi adalah kesempatan untuk berbagi suara di lingkungan yang aman. Anda akan memiliki kesempatan untuk menyampaikan pengalaman dan perspektif Anda mengenai topik penelitian ini yang mungkin belum pernah diceritakan ke orang ke orang lain sebelumnya. Nah, uh gimana kalo ada hal yang tidak diinginkan yang terjadi dalam penelitian? Jika memiliki

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keluhan sepanjang proses penelitian, Anda dapat menghubungi peneliti di alamat email yang tertera di-uh- yang tertera juga di informed consent atau dosen pembimbing peneliti di alamat email uh yang sudah tertera di informed consent. Namun, apabila penyelesaian atas keluhan yang diberikan peneliti tidak sesuai harapan atau ada keluhan karena kejadian serius dalam proses penelitian, Anda dapat menghubungi Komite Etik uh Penelitian Fakultas Psikologi UGM di alamat email yang sudah tertera di informed consent. Uhh as I mentioned earlier, seluruh informasi yang diberikan, mau itu data pribadi atau jawaban wawancara, akan dijaga kerahasiaannya oleh peneliti. Data yang diperoleh tidak bisa diakses oleh siapapun kecuali peneliti dan dosen pembimbing saya untuk keperluan akademik. Seluruh data akan dibuat pseudonim dengan nama samaran yang tidak berhubung dengan nama partisipan, sehingga tidak ada yang dapat mengidentifikasikan bahwa data tersebut adalah informasi yang diperoleh dari Anda saat data dilaporkan atau dipublikasikan. Berhubung penelitian ini akan mengutamakan data digital seperti rekaman audio dan dokumen transkrip digital wawancara, file-file tersebut akan disimpan di laptop yang dilindungi dengan kata sandi dimana akses hanya dimiliki oleh peneliti. Untuk tipe data hardcopy seperti manuskrip skripsi, data tersebut akan disimpan dengan teliti di kediaman peneliti atau ruangan dosen pembimbing yang hanya bisa diakses oleh saya atau dosen. Nah Setelah penelitian ini semua selesai, semua data pribadi akan dihapus dan dimusnahkan dengan aman secara permanen tanpa melalui recycle bin. Namun, untuk data yang dipertahankan adalah jawaban Anda terkait pertanyaan wawancara yang ditanyakan selama penelitian. Dan apa yang akan dilakukan untuk data hasil penelitian? Hasil penelitian akan dilaporkan dalam bentuk manuskrip untuk memenuhi tugas akhir dan syarat kelulusan S1 Fakultas Psikologi UGM. Jika Anda ingin memperoleh salinan laporan akhir hasil penelitian, Anda dapat menghubungi peneliti langsung di alamat email yang sudah tertera di informed consent. Identitas partisipan Anda dan partisipan lain tidak dapat diketahui dari laporan akhir karena seluruh data Akan dibuat pseudonim, sehingga kerahasian data pribadi Anda dan partisipan lain terjaga. Jadi if you have any further inquiries you can contact me through my email or my whatsapp, or also contact my thesis supervisor. Is it clear for now?

**Margo:** All clear

**I:** Okay, thank you so much um maybe i would start with the interview right away. So, Margo, could you please tell me a little bit about yourself and your academic background, maybe what faculty you're enrolled in? What program you're taking

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**Margo:** Okay, I am currently a university student enrolled in the International Undergraduate Program of UGM's Faculty of Psychology.
**I:** How are you enjoying it so far?
**Margo:** I think so far it's been great because I feel like it's a lot of stuff that, you know, that's not really taught in my high school at least. So I didn't think pursuing a major like this is something possible cause it never fit into like social studies, at least in my curriculum. It never fits into history or like the other stuff. So it's always interesting every semester.
**I:** That's great to hear. What are you currently busy with? Do you have any activities that you're doing right now?
**Margo:** I am currently only busy with my thesis.
**I**: That's all? That's what we're trying to do. Okay. Now, maybe I would like to ask more about your current academic performance. Like, could you please give a brief overview of your current academic performance? Like, are you satisfied with it? And are your parents satisfied with it?
**Margo:** Okay, for my current academic performance, I think I'm quite satisfied with it. But if like you asked me like three months ago, that's like I would be genuinely satisfied with it. But like right now, since I'm working again on my thesis, there's like this constant like burden.
**I:** I understand
**Margo:** So I'm not really satisfied with myself. But my parents are satisfied with me because they don't really know what I am like um the demons I'm fighting right now. Like what they know of is my grades from last semester and that they're satisfied with that. That's like good enough, at least.
**I:** Okay. I think that's a very common experience for everyone. So it's ok. So maybe now I would like to ask more about your position as a firstborn daughter. So how would you describe being the firstborn child in the family?
**Margo:** I think it's a lot of like unwritten responsibility in my family it's my family my parents are not the type yang kayak they're forward with what they want me to do it's always implied so i think being the first born is like i'm the first child in this family that's born to this earth so i'm the one who has to like learn their cues and then i pass it on to my brother although he doesn't really get it yet but i feel like i think that's like most interesting the most interesting observation yeah
**I:** i see i see so it's more of like indirect you know indirect indirect
**Margo:** Yeah it's very indirect here, here yeah yeah
**I:** Uh how many siblings do you have by the way?

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**Margo:** i have one younger brother
**I:** oh one younger brother so you're two, dua bersaudara lah ya yeah okay
**Margo:** Yeah
**I:** uh maybe this will touch more into your family dynamics like how would you describe your relationship with you your parents currently?
**Margo:** I have i am very fortunate to have a good relationship with my parents and that like we're really close with i'm like i'm close i'm close with both but there are still like one or two things that i don't think i'll ever be able to talk about with them i think it's part of the boundaries that they set juga dari when i was younger so i even like i'm 21 i don't know how to bring it up in front of them yeah
**I:** but so far you're content with you know the relationship that you have with them right?
**Margo:** Yeah i could say that
**I:** yeah that's good. Okay now do you feel that your parents like social economic status has affected your family dynamics in such in any way
**Margo:** um i would say uh not in a bad way because like i'm privileged enough i acknowledge that but i grew up with um values [aduh gue takut nguping bgt my mom sumpah] that my mom i grew up with them instilling values that they decide what they do with the money and that they don't want me and my brother to worry about like financial anything so we grew up happy yes but then i don't really know what to do when there is something that we want or need and it requires money because i don't really like it's kayak gaada protocol nya gitu loh in my family and i'm just reading off of their conversations and how they react to what i say to like try to understand their socioeconomic status at the moment um but i do acknowledge kayak karena they grew up like yeah you don't have to worry about this you don't have to worry about that they really prioritized us being generous to everyone else instead of like worrying about how much we should save from a very young age
**I:** oh that's very that's a good i mean that's a good mindset to you know to plant your children
**Margo:** It has its perks tapi yeah
**I:** it has well can you tell me like one of the perks that comes from that you know values
**Margo:** uh i think when i moved away like to for uni and i started like i have like i hold my own money right kaya gitu, like it's it's a new feeling you know and sometimes i feel like i should have experienced this years ago you know and like it's a very privileged thing to say like so like i'm not complaining tapi kayak

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sometimes i wish my parents like threw me in the ring earlier when it comes to money or like other stuff other one two things gitu loh

**I:** Okay, understand understand now um maybe let's dive more into um your responsibilities and duties as the first born child in the family like how do you see them how do you perceive them uh like um has it been has it been has it been a hard, have you been having a hard time in like understanding your roles as a first born or has it been easy for you you know to be placed in this in this birth order?

**Margo:** I think it's not it's not hard for me to understand where they come from tapi what i inherit for them is hard to deal with myself like i grew up i was raised by both of my parents are first borns most of my grandparents are first borns jadi it's like it's like blood stuff it's not like they don't have to say anything it's like i just inherit their type a personality and then that's how i go through life it's like inconvenient sometimes you know but i think it's uh growing up what they like the bad stuff makanya they don't need to tell me i just know because whatever is wired in their brain juga nurun ke gue, yeah

**I:** I get it

**Margo:** Is that satisfying the answer yeah?

**I:** satisfying satisfying don't worry don't worry i think you mentioned earlier about being a type a personality like do you think that it's because you are the first born daughter of your parents

**Margo:** I don't know if it's the genes or it's because of my birth placement but i think it's my birth placement juga deh karena i kind of know what it's like from a very young age i don't know if it's because like i was the first baby or like the first one to you know ngadepin everything in this world jadi kayak, i just tend to be a type a because i'm saving everyone else from the embarrassment that i faced when i was younger

**I:** yeah yeah

**Margo:** so i think that's where it mainly comes from like i'm just trying to save everyone. I don't know what i don't know from what, tapi i think that's like the main purpose

**I:** Like you have this sense of obligation right

**Margo:** Yeah

**I:** Yeah okay okay now maybe i would like to um ask about um more about expectations next so how would you describe your parents expectations regarding your academic performance

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**Margo:** Okay uh i think they've always been like "have you done your best at least?" like they're not really pushy like you need to get an A you need to like yang penting like i passed the KKM right like the minimum score tapi i think the expectations yang in me itu comes from like the fear of not knowing how they'll react if i fail, so it's like i know how they are when they get disappointed in other stuff i don't want that to be me you know so it's never like direct

**I:** oh okay so it's just more within it's more about the pressure in yourself

**Margo:** Sometimes they do talk about other people but they're not like bringing them down. Like I know that everything that they say implies something else. So like when they're talking about some negatives of something or somebody's attitude in school, i know that they're implying that they don't want me to be that

**I:** oh okay i see i see

**Margo:** yeah

**I:** now could you like maybe share some like **example**s of like when these expectations are conveyed to you maybe like you can recite like an in- in a conversation where it like indirect where your parents have indirectly said kayak oh you're supposed to achieve this and this or that you know

**Margo:** I think for indirect there's like i don't know gimana ya, pas kecil it was never at home lalala but there is this like one thing i think um awalnya it didn't start off as like academic expectations but growing up my mom has like said to me like there is no room for messing up i know that doesn't apply academically tapi growing up itu jadi applies academically for me like it applies not only in the way i make friends but in the way that i have to like not fail in school not fail in uni gitu i think uh that phrase stuck with me a lot and is kayak the source of pressure juga most times yeah

**I:** I really understand where you're coming from. Because personally, I'm like a first daughter and I've lived my life with that statement a lot. So, I really understand haha

**Margo:** But what's interesting is that I didn't realize it when I was young.When I was growing up, I was like, yeah, no room for messing up. Yeah, chill gitu, and then kayak when I moved out and went to uni, terus kayak I was like, oh shit, there is no room for messing up.

**I:** Okay. No, that makes sense. That makes a lot of sense. Because we're still kids, like we don't, you know. Kita ga nyangka gitu loh. Kita ga nyadar that it's actually like a big obligation. But when you grow up and then when you face everything in adulthood UHUH, you just kind of realize that there is no room for messing up. I get it. I get it a lot. Now, um have you ever tried to at least disagree

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or talk back to your mom with like or dad with any expectations that they set for you?

**Margo:** I think it's not like talking back. It's mostly kayak negotiation. But the negotiation, tapi negotiationnya juga kayak I never win on my part. Kayak it's not like settling, but I just in my head, I'm like, fine, my parents are correct. And I don't want to find out if I don't follow what they say because interesting interestingly, I also find myself to be like a rule follower.

**I:** Yeah.

**Margo:** Jadi kayak it's just easier for me at my personality ya mungkin gak tau, not even like compromise. But like, yaudah lah yaudah lah you know, you know. But yeah, I do try to negotiate and they do listen. Cuma I just don't win.

**I:** But like, are they defensive in some way or?

**Margo:** They are. They are. That's why I don't win. That's why I don't win.

**I:** Ohh okay

**Margo:** And kayak I think I grew up with parents yang kayak who don't want to say. Like they're good with like what they say. Jadi kayak, kayak when you try to outsmart people in the shower, like you replay arguments like I just I'm not going to win with my parents, kayak even in the shower.

**I:** Hehe Okay. Yeah, I get it. I get it. I get it. Umm Maybe next, I would like to ask about like the umm the effects of your, I mean, like your received expectations towards your academic performance. I mean, you mentioned earlier. That it's necessarily not always academic, but like when you grow up, you realize that, oh, it also applies to like an academic context. Right. So maybe I would like to ask, like, how do your parents' expectations affect your academic performance? And like, what do you think is the most significant impact that you've realized because of these expectations?

**Margo:** Um, Sometimes the expectations, sorry if I'm jumping around. It's a lot of stuff that they say soalnya kayak.

**I:** It's all right.

**Margo:** I'm like.branching off to different things sometimes it's like the stuff is also implied like what I said and kadang it's like they tell me about how they were before they had kids, before they got married they were not happy with the life they had so it's like I cannot be that they're telling me that I cannot be that and jangan sampai kayak gitu and they did not work this hard for me to like not do my best or not fail and I on top of that I already have a nice functioning family jadi it's like putting my privilege to waste if I fail it's usually like that so it's like I just not disappoint them I guess

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**I:** Uhm mhm so in a way your positive relationship with your parents also affects the way you function day to day right?
**Margo:** Yeah kayak I was talking with Eugene and Lunetta a year ago kayak I think everyone always talks about the effects of bad family dynamics of children and their birth order I mean no one really talks about good family dynamics like there's its own pressure I'm not privileged to talk about it to people kayak I will seem like a bitch if I talk about it I'm so happy that kayak my parents set this this this for me it's coming from a place where it sounds dis-genuine because I'm privileged gitu loh jadi I don't know how to bring it up
**I:** I get it I get it you've said it has its perks right? the positive relationship you have with your parents still has its perks like has it helped you in any kind of way in terms of your academic performance or just day to day functions
**Margo:** I think with my academic performance if I fail or I'm not satisfied with my work I still beat myself up for it but it's easier to forgive myself juga knowing that my parents also probably would to an extent gitu so it's sometimes I can't really differentiate if their pressure itu kayak is always on me or most of the time it's me but they're just triggering it sometimes you know yeah
**I:** okay I get it now with these the presence of these expectations sometimes do you feel like it's fair that they put it for you?
**Margo:** uh am I gonna sound like weird if I say yes tapi kayak ya gitu loh but it's like I am your children I know you know what's best for me
**I:** so it's like so you're really like I get it I get pressured but like it's okay you know
**Margo:** It's okay–I think there is some kind of some form of kayak ini juga sih, apa ya, kayak I can handle it you know I can handle it yeah that's okay you know kayak bukannya mau gimana gimana, growing up being the first first child gitu and there's a lot of times where I they put this expectation on me and I succeed so like the next time I'm just like I handled it the first time I can handle it again you know
**I:** I get it yeah yeah I get I get it
**Margo:** Okay don't try me maybe
**I:** it's just the first word in us you know like we're just confident and bold like that
**Margo:** maybe very thin line between confident and sombong yeah yeah
**I:** yeah I kind of sensed that from first borns too yeah maybe it's just the way we are
**Margo:** maybe

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**I:** now um you've mentioned like um the positive effects of having these you know expectations especially with your positive relationship with your parents now how about more to the challenges and like has it ever took a toll on you in some way maybe

**Margo:** I think I find it hard to rely on others and I'm a control freak with my work

**I:** Mhm

**Margo:** I think you can ask Yaya if I'm already in one group with her gue udah kayak I'm handling the hard parts it's okay okay just give it to me kayak like it's I find it like I'm less forgiving to other people if that makes sense

**I:** That makes sense

**Margo:** Kayak their quality of work because I put myself like really high in my head jadi kayak if you can't work to that standard I'm gonna kill you

**I:** I get it no, because it's so funny because I'm also the type of person to do that like if you're like a paper in a group work I would always volunteer myself to write the discussion

**Margo:** Me too, me too, and then I reread people's sections I'm like yeah I'm gonna fix this part for you just a bit just a bit

**I:** yeah yeah I know I get it I really get it I get it I get it is there any other like you know I mean in a way that's also like positive enough for you because you get to like you know control your academic performance but how about like in a more kind of physical or well -being kind of way like have it ever like maybe induced stress for you excessively does it make you does it make you feel anxious or some way

**Margo:** I think it's a lot of kind of ruminating like it's a lot of kayak kepikirannya kayak okay it hinders me from actually doing my work like I can't do my work tapi when I sense stuff not going well a bit justru I become like avoidant with my work I don't know why like I'm the type who just push through I'm like I will put it as far as I can until like I have to deal with it until I have to deal with it. I think it's a lot of yeah anxious I'm just anxious yeah

**I:** yeah yeah get it. um now how would you like balance meeting your parents' expectations with your own like you know personal interests and academic goals like is there has has there ever been a time where like it clashed like for **example** you want to pursue this but then your parents are like no we want you to do this instead gitu?

**Margo:** I don't think I I don't think it's a balance but I just found it I just find it like as a strategy that works so far which is kind of like putting my needs or like

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my thoughts second like what I said I've always assumed that they were right jadi kayak a lot of my mungkin stuff that really matters to me I have to make myself think that it doesn't matter anymore because what they think matters more because percuma I fight for it you know

**I:** yeah yeah yeah I get it yeah I mean that's more of like a selfless selfless act from you if I may say right like

**Margo:** Iya, tapi kayak it becomes a lot of like i dont know kenapa gue lanjut ngomong tapi gue causes a lot of guilt in myself for not putting myself first too the older I am yeah

**I:** yeah yeah yeah I get it I get it has that like ever reflected in your relationships with other people like putting others needs first before yours

**Margo:** yeah I do but like I prioritize how other people are doing like Yaya is always like maybe it's the are you okay girl all the time because she's always asking other people like are you okay I have to know if you're okay but at the same time it's like I can't uh realize that my perspective like exists harusnya tuh like I'm living through the lens of my eyes not other people's eyes all the time like I'm so not used to it gitu loh so when I make decisions for myself like for myself I'm like damn this world exists gitu loh kayak aneh rasanya. No because I'm not used to making decisions yang not going to be for me but like based on my judgment only gitu loh

**I:** Mhm okay do you like get tired with like you know being that person sometimes

**Margo:** I think I do tapi it's like the tired nya juga there are a lot of firstborns that I know yang tirednya kayak my mom cannot think for herself so I have to do it for her and she cannot do type stuff on her phone she cannot urus her documents I'm gonna urus it for her it's like not less of the practical stuff like I'm not printing papers for my mom that often or like I'm not packing her clothes I'm not I'm not tiring my like physical body but like mentally I'm absorbing everyone's energy

**I:** Energy, yeah

**Margo:** I'm like the family mediator my brother can't do that for himself yet and like I don't think he understands juga like where my parents are coming from most of the time and my parents apalagi kayak they're the older ones mereka lebih gak bisa nge -understand my brother yang kayak way farther than with me gitu loh jadi kayak I have to make them understand him and make him like tell them what they wanna hear

**I:** speaking of your brother kayak have you ever like identified any the same expectations being conveyed to your brother or like is it way different story

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**Margo:** Uh hm, I think the way they imply stuff is the same tapi I don't think the way they imply stuff is the same tapi the way dia nangkepnya beda karena I think he knows how to fight back so they compromise more and for some reason they just ngeladinin dia gitu loh okay with me it's less of a fight
**I:** yeah I get it I think it's um like such a younger sibling thing to do you know
**Margo:** it's because kayak they're younger atau kayak yaudah they're just isolated aja from parents karena we're the border you know
**I:** yeah I get it I get it so would you say like your brother is like more rebellious or like more apa ya kayak keras kepala than you are?
**Margo:** Um I wouldn't say keras kepala tapi just like less polite when it comes to my parents because I've always been kayak you know he's not the selfless type I think yet at least for now he's not 17 yet jadi kayak I don't expect the personality to become a part of him anytime soon sih jadi kayak like I am I think more selfless than he is like naturally juga tapi kayak not that he's bad cuman dia grew up fighting back more aja yeah
**I:** Okay I get it now
**Margo:** Of course you do
**I:** Very I get it so much. I understood um maybe like uh you've mentioned like the message of your parents' expectations have been the same to your sibling? Is there any instances where you realize kea, eh ini cuma ada di adek gue doang nih, ga ada di gue? Gitu
**Margo:** Um for now gue ga kepikiran for academically, but it's like the little stuff. If I went to the mall at his age, I wouldn't be going alone, like somebody had to be there. They don't worry about him too much because they put the burden on me to worry about him.
**I:** Oh, okay. So it's like you feel a sense of obligation or duty
**Margo:** Iya jadi sebenernya kayak sebenernya mungkin the level of worry they have for him and me is the same. Cuma they don't feel it with him because they put it on me.
**I:** Mmmhm how do you feel? How do you feel about that anyway? Has it been burdening to you? Tired?
**Margo:** Eh sumpah Ini kocak banget karena kayak I grew up being the complete control freak defensive sister. And that's all my brother sees. He's always like, Margo's a control freak you know, crazy I have to go this and that, do this and that. Why are you so defensive with everything that I say? I'm not judging you. I'm just kayak saying something from what you said. Padahal kayak itu karenaI'm just worrying about him. I don't want him to mess up. I don't want

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him to like be uncomfortable or put himself in an uncomfortable situation. I'm looking out for him, tapi he sees me as like crazy. Because that's what I would do. Tapi kayak he thinks he doesn't deserve that you know, It's terlalu ngerepotin buat dia. Tapi kayak that's just I'm doing something that's good for you. Let me help you.

**I:** HAHAH I get it. I get it a lot. Okay um, Maybe let's shift more towards um academic performance and academic obligations. Like Do you feel like your parents are usually involved in your day -to -day you know obligations, academic obligations? And do they help to try at least achieve your goal despite setting expectations for you?

**Margo:** Um Growing up, I think I would say yes. My mom more than my dad, just because he works. And he's like the scarier parent kalo ngajar I just don't rely on him to teach me anything. Tapi I would say... Tapi as I grow up, my type of knowledge that is taught in school, mereka kayak udah lepas tangan aja gitu kan. Jadi their help comes in the form of their presence and the gratification stuff. Like, I'm gonna take you to the mall if you're done. Or something like that. I am buying you the first train tickets home from Jogja once we're done. Because...the yeah i think it's either like the stuff they get me or their presence is the form of help

**I:** do you think it's like uh apa ya do you think it's helpful for you in like you know achieving your goals care maybe is it does it make you more motivated or somewhat

**Margo:** i think so far i would say yeah

**I:** yeah okay okay that's nice um hahaha that's good that's good um maybe now like uh in a more like socio-economic aspect like you said earlier like oh i'm gonna buy you tickets the first tickets to go to jakarta once you're done lalalalala like um is there any other form of like socio-economic support uh like um rewarded to you once you achieve or fulfill the expectations that your parents set you?

**Margo:** uh i think they don't they're not the parents yang juga yang kayak "mau di beliin apa?" like when i get good grades dari kecil they're never that type of parent. That's why i never really know how to act around them when it comes to like money or gratification in that way karena kayak usually it's very general and broad like i'm gonna take you to the mall although kayak and the whole i'm whole train ticket ride thing itu juga gara gara gue di jogja right it's not because of like that's they're used to like spending money that way like usually the rewards don't come in like stuff that they get. tapi kayak i do know that the

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possibility is there cuman then again i was raised with the value okay you don't get to decide what to do with the money it's tricky sometimes like if the form of support really stems from like them kayak knowing what they can do with the money or like they just choose not to

**I:** so like the ball is on them yeah so in terms of money dan lain lain. Yeah yeah yeah does this like reflect on like the support that they give in your academic context like for example like mereka yang milihin sekolah? Mereka yang nentuin for example which curriculum you want to take? Atau kayak misalnya kayak kemarin exchange kayak mereka yang nentuin kalian exchangenya kemana? You know something like that

**Margo:** i think yeah definitely because at first i was looking for like psycho programs too right like inter here and they were like not with UI with the way they grab people money and then kayak not with this uni that's terlalu jauh lah, like at the end of the day, again, the ball is with them, and kayak they decide, and like, yesterday, the exchange was also a very difficult process to, like, come down to deciding not to go anywhere. Or exchange to, also, a lot because of that. Yeah, not because they didn't have the money, but, like, they have their own, like, weird values with it, gitu loh, I've just learned to come to terms with it, instead of, like, trying to argue with them, because it means that I'd have to prove a point, and I don't want to do that sometimes

**I:** Mhm

**Margo:** I would rather, like, prove myself, daripada kayak, prove why what I'm saying makes sense.

**I:** Yeah, yeah, yeah. Um, maybe I'll, I'd like to ask, like, knowing the socioeconomic status of your parents right now, do you think, like, it has affected significantly towards the expectations that your parents set for you? Kaya, maybe if in a scenario where you would be, like, in a different socioeconomic status than now, like, do you think, like, is there any change with the expectations that they deliver to you?

**Margo:** I, you know, I think, like, for right now, it's um something yang kayak dari kecil kan. Because I luckily have, I gak pernah had to see my parents hit rock bottom when it comes to, like, financial stuff, tapi I have seen them like, not struggle juga sih, but like, where the socioeconomic thing affects the family, karena kayak not arguments juga, but like, small fights about it and, Kaya, I cannot, like, how do I explain it? Kaya, I cannot be in a position where socioeconomic issues affect my life later, affect my children later, gitu loh you know, Kaya. They're always like, jangan sampe you don't have enough money to,

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like, spend for your life. And for your children's life, you know, or like, that you have to be stuck in a family business where they're fighting forever, Kaya, just do something for yourself, Kaya. Get your own money. Get your own money where it's Halal, like, get your own money where it's, like, enough for you, you know?
**I:** Yeah.
**Margo:** A lot of it, like, comes from fear, kalo gue liat liat yah?
**I:** Fear kayak gimana tuh?
**Margo:** Fear, kaya to not hit rock bottom ever
**I:** Oh okay Okay, and you think that affects the level of expectations that they set for you?
**Margo:** Yes, because gue makin gak boleh mess up kalo gitu.
**I:** Mhm ya karena kaya orang tua kita udah kaya gitu kan? Because our parents are like that, right?
**Margo:** Yes
**I:** Yea i get it I get it. Okay, now maybe I'll ask more about like reasonings behind the expectations. Do you know like the reason why your parents set expectations on you for your academic performance? Aside from, I mentioned earlier like the socioeconomic status and all. Like do you know any reason why, aside from being the firstborn and being like in that position, in like that socioeconomic status?
**Margo:** Yeah, okay. [Bye. Bentar I]
**I:** Yes
**Margo:** It's because they didn't like how they grew up, like they didn't like how they were when they grew up. So it's very vicarious living through me too, sebenernya because I didn't have that childhood or that good university grade or the fact that none of us graduated early, like you have to do that.
**I:** Yeah. Hmm. So they just want to follow, I mean they just want to have like a better living standard for you, lah ya?
**Margo:** Iya
**I:** Okay, um like have they ever explicitly mentioned kayak kita bebanin lo karena lo anak pertama gitu? Atau most of it is just indirect?
**Margo:** I think uh kamu kan the older one, kamu kan the bigger person kan? Like I know that you're the older one, I know you're the younger one, but it's just like you're the firstborn, right? some people are not able to think that way or not not everyone has like a heart as big as yours stuff like that
**I:** Mhm
**Margo:** Yea

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**I:** A way that's like you know also expectations right
**Margo:** yeah I don't know if it's directly directed to like the first born position atau kayak it naturally does because everyone in my family also like all of my cousins are younger than me
**I:** Mhm
**Margo:** Jadi kayak it automatically jadi a firstborn thing, kayaknya gitu sih. Tapi mereka juga ga kayak gitu ke my brother, so maybe it's a me thing.
**I:** Mmm Ok i get it now like you've mentioned earlier like you feel like your brothers maybe like um in terms of like experiencing expectations to your brother itu lebih isolated because maybe you're in the border like that's that's that's what you said earlier kan. Like do you think in what ways maybe like do you think your expectations i sorry do you do you think your experiences as the firstborn daughter influence your relationship with your siblings and parents you know?
**Margo:** yeah i think um it more affects my relationship with my brother than it does with my parents that's a really bad thing to say for your research ya gak sih
**I:** It's okay hahaha
**Margo:** Cuman kayak He doesn't he sees me more as the crazy control freak defensive person in the family when it's not me okay kayak i'm just maybe i don't know if i'm inheriting those traits or i'm projecting it straightly from like my parents atau kayak actually my parents aren't like that at all but with the way they raised me they're all like very panicky people right jadi kayak i'm systematic i make it systematic and stuff tapi kayak yeah yang kena my brother gitu loh. And he doesn't like it sometimes but like i don't really care juga because i'm doing him like a good favor that he doesn't know yet you know
**I:** Mhm mhm. i get it so like you're more of the like would you say like glue girl in some way or like maybe just like the good cop or yeah you know?
**Margo:** In my head i'm a good cop all the time people are i feel like i'm people secretly like see through me kayak i'm not good cop at all okay i come from like a place of like anger and guilt mentally yeah i think my brother knows that kayak which is why he gives me like a hard time when i'm trying to like do something for him like for his own sake karena kayak he knows it doesn't stem from like me being concerned about him tapi he's where he knows i'm worried about if i'm doing a right job in doing it for him
**I:** Mmm mhm mhm
**Margo:** It's very selfish actually it's a very selfish motive behind the stuff that i do for the family that makes sense

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**I:** It makes sense, don't worry I get it like you've i mean you've said earlier it's about like you come from a place from anger and guilt like maybe could you like try to like elaborate okay what what does that mean you know like like any experiences that triggered you to be in that place before?
**Margo:** uh i think uh a lot of holding a lot of stuff to myself
I: MMM yeah
**Margo:** Mm kayak mendem gitu. Tapi not that I dont regulate it, tapi it becomes part of like who i am karena kayak I just don't put my interests first.
**I:** Oooh
**Margo:** Kayak when it's something yang kayak not something that i know 100 % i tend to not fight for it
I: mhmm
**Margo:** Kayak kalo my jurusan, It's something yang gue genuinely want. Kayak this is going to determine the rest of my life. Jadi kayak I-Gue oke lah berantemin itu with my parents. Tapi kalo kayak exchange kemaren I feel like it's just easier to let them handle it. Even though kayak I'm the right age of 18, I definitely did have the rights to handle it atau kayak give my voice on it in the family. But I think the anger and guilt comes from like not putting myself first in that way.
**I:** Mhm mhm, so like in a sense, you kind of wish that at some instances you put yourself first. But you know the consequences of doing that, it's not always favorable gitu ya
**Margo:** And it's not worth it, especially if you know that I and my parents are right you know
**I:** Mhm mhm
**Margo:** Iya kayak ya udah terserah lah
**I:** Okay. I mean, that's quite like a significant like challenge for you. Um being in like- um Maybe in times where you feel angry or guilty, you know, it quite-it can take a toll on yourself significantly if you don't regulate that enough. Do you have any strategies to cope with that?
**Margo:** With the challenges?
**I:** Yeah, with the anger and guilt.
**Margo:** Mhm, I think I just don't talk to them about it. I journal. Haha. I journal. There is a private Twitter for everything. I don't talk to my brother. And I don't think even with my other firstborn friends, it's never explicitly said. I've never talked about the whole detail of the exchange thing. Atau kayak what my brother says when we fight to anyone else. Karena kayak I don't know. Kayak I don't

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know if it's something to be embarrassed about atau justru something to like be sombong about. Jadi kayak I just keep it to myself you know

**I:** Kaya in a way, berarti it's just like you being avoidant, gitu dong? Atau kayak?

**Margo:** Iya kayaknya gue sebenernya leaning to avoidant sih sebenernya orangnya. Kayak instead of anxious. I know a lot of like people in my position kayak who are firstborns are a lot like anxious people, right? Cuma kayaknya gue leaning towards avoidant deh. Cuma I cannot figure out why sampe sekarang. Maybe you can once you're done.

**I:** Hahaha Maybe, hahaha maybe maybe

**Margo:** But so far, gue bahas sama Nala kan waktu itu pas kita jalan jalan, terus kayak kayaknya gue avoidant deh. But I don't know why. I don't know.

**I:** Okay. Now, I think, how about the strategies for you to cope with the expectations that your parents you know set for you? Maybe at times, it can take a toll on yourself, right? Like how do you cope with that? Kayak Do you feel like, for **example**, kayak your parents tuh bisa aja nuntut kayak "Lo harus gini nih, kan you're the older one, lu hrs bisa jagain adek lu" and you feel like it's too much sometimes for you. How do you cope with that?

**Margo:** I just lie HAHAHA. In some way, I think lying is just easier. I think part of the good perks of being a firstborn is that they believe everything I say. I can kind of lie with my performance and tell them I'm doing slightly better than I actually am. Just to like so they don't have to worry about it. But at the same time, ya mungkin I believe that it's a form of manifesting for myself gitu loh. Biar I actually don't... Ya pasti bisa gitu loh, karena not doing it or failing it is not part of the equation. Like I'm not going to let myself, like I'm not going to give myself, cut myself some slack gitu loh. There is no other option. So I can actually do it. It's either I do it 70 % or I do it 100%.

**I:** Mhm

**Margo:** If I do it 70%, I lie about it, you know.

**I:** Okay. Noted on that. I mean, that's such... Jujur, that is like a very universal experience for firstborns banget. Karena I see myself. I see myself in you right now. Hahaha I'm like, that's true. For **example**, kaya misalnya ditanyain about my progress for my thesis. Where are you? And I'm like, I'm just like, on track. When you know, No.

**Margo:** Yeah. Yeah.

**I:** Yeah. Ho oh. But at some point, it turns into like a motivation for me gitu loh yang kayak lo udah ngomong gini loh kemaren. You have to at least fulfill up to that.

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**Margo:** Tapi yang kayak what's also interesting kan kayak... Ya udah I acknowledge that gue gak ikut yang daftar yang December kan, by December 30. Terus gue yang kayak, wait. Do I start apologizing? I've never done that before.
**I:** Mhmm mhm I get it I get
**Margo:** Gila kayak what do I do? Tapi kayak padahal ya udah sih paling lo lulus February? March? Not so far from your target sebenernya, tapi sebenernya gue takut sebenernya.
**I:** I get it. No. I really get it. Oh, my God. This is like looking myself in the mirror right now. Aduh. Okay. Maybe that's like a lot of questions already asked to you. And now this is like almost to the end of the interview. So like maybe I would... This is more of a moment of reflection. So if you were to say something to yourself for like going this far, what would you say to yourself?i
**Margo:** I think um interestingly ya okay socioeconomic wise stop holding too much guilt kayak if my parents say kayak no it's okay if you really want it if you need it we're gonna like still pay it for you just do it okay just do it. Kayak gak usah sok ngertiin mereka gitu loh from that point of view. Karena kayak I don't know if it's gonna help with your research and all but like you and i can both acknowledge we're fortunately come from a place of like privilege right tapi they taught me growing up that we were like poor jadi kayak the transition of that mindset to like them kayak when i'm older and like i have more wants and needs and ternyata mereka bisa fulfill it like it's hard for me to like shift the mindset although kayak it's probably not a bad thing cuma kayak it makes me not prioritize myself because i'm used to not prioritizing myself because of the poor mindset yang dari kecil gitu loh.
**I:** Yeah yeah okay i get it um maybe looking back on our conversation like is there anything you would like to add about your experiences as a firstborn dealing with parental expectations specifically?
**Margo:** uh i think there should be like i kind of wish there were more stuff to read or stuff to learn about when it comes to expectations coming from like a privileged family like your research and from kaya me who are me yang kaya parents it's all very implied everything is implied so it's it comes from like the fear of not doing a good job not like fear of their expectations so like it it makes me think that it comes from me tapi kayak probably comes from them actually. It's like mind -boggling sometimes i don't know where it comes from sometimes like i can't like i said like i can't really differentiate if it's like my parents or my expectations are talking to me right now

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**I:** i get it yeah yeah yeah just maybe like kan of they've lived through maybe yeah as you mentioned earlier gitu loh like your parents already lived through a phase that they don't want to like make their children feel that way juga gitu, mungkin jadi could be like you know one possible reason why, gitu
**Margo:** Mhm
**I:** I think that is it for the interview questions. Um, for today i'm really satisfied with the answers that you have given me
**Margo:** Beneran gak?
**I:** Beneran beneran sumpah ini beneran. I'm really satisfied it's like i'm looking at myself in the mirror right now mirror but like just in a different person you know. Haha
**Margo:** Hahaha
**I:** thank you so much for um today's interview maybe do you have like any feedback or suggestions on how my interviews could be conducted in the future?
**Margo:** Um, I don't think so kaya you're doing a good job tapi i want to know nanti the results apa
**I:** Of course you will have every right
**Margo:** Send them over
**I:** I will you will have the results uh you will always you will have access to the results of the thesis so um maybe i would just like to like um give a heads up since this is just the initial interview there may be another round of interview needed but maybe like more concise and short uh in the next upcoming weeks after transcribing this data so um please stay tuned for um the invitation uh HAHAHA thank you so much Margo for um joining the interview it really means a lot and um just so you know you're doing great you're on the right track and nobody can tell you otherwise we
**Margo:** We are at the right place at the right time always
**I**: That is true that is true the one
**Margo:** What ever happens to our thesis we are right please write that we are
**I:** yeah that's true. Aku stop recordingnya dulu ya. Thank youu
**Margo:** Yea yea, yayyy

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**I2: Kevin**
Interviewee: Kevin (I2)
Gender: Male
Age: 22
Via: Zoom Meeting

**I:** Good morning. Good morning. How are you?
**Kevin:** I'm all right.
**I:** Okay, thank you so much for joining my interview today. Maybe I would like to introduce myself. My name is I, and I'm a seven semester student under the Faculty of Psychology in the International Undergraduate Program. I'm currently doing my thesis with the topic of exploring parental expectations, exploring the effects of parental expectations on firstborn academic performance under the supervision of Bu Yayi as my thesis supervisor. And maybe before I would start the interview, I would like to say thank you for agreeing to participate. And maybe I would like to read some of the things that you... uhh some of the rights you have as a participant. Okay, so… Jadi tujuan penelitian ini bertujuan untuk memahami bagaimana ekspektasi orang tua mempengaruhi pencapaian akademik anak sulung baik secara positif maupun negatif. Anda dipilih sebagai partisipan karena memenuhi kriteria inklusi dari penelitian ini, yaitu; (1) mahasiswa aktif sarjana anak sulung dari berbagai jurusan dan kampus (2) anak sulung yang benar-benar berada di urutan pertama dalam urutan kelahiran (3) anak sulung dari keluarga mapan yang ditentukan oleh pendapatan orang tua yang berkisar antara 64 juta hingga 196 juta per bulan (sesuai dengan klasifikasi World Bank untuk keluarga berpendapatan menengah keatas di Indonesia). Partisipasi dalam penelitian ini sepenuhnya bersifat sukarela dan tidak ada konsekuensi apapun bila memilih untuk tidak berpartisipasi dalam penelitian itu juga tidak apa apa. Anda dapat berhenti berpartisipasi dalam penelitian kapanpun, tanpa perlu memberikan alasan, dan tanpa konsekuensi apapun. Uhh Prosedur pengambilan data akan dilakukan dengan wawancara. Anda akan mengikuti sesi wawancara selama 2 sesi, masing-masing sesi berdurasi kurang lebih 1 jam dengan kurang lebih 21 pertanyaan. Dan mungkin sesi kedu interview akan dilakukan setelah sesi 1 selesai dan akan dikabari. Namun, kemungkinan akan ada pertanyaan lanjutan jika terdapat jawaban yang kurang jelas. Proses wawancara akan dilakukan secara daring melalui Zoom meeting, oleh karena itu, hasil dan jawaban Anda akan direkam secara audio/video dengan persetujuan dari Anda. Rekaman tersebut hanya akan digunakan dalam

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proses analisa tugas akhir sehingga tidak akan digunakan untuk keperluan lain. Selain itu, tidak ada seorangpun, selain dosen pembimbing peneliti, yang dapat mengakses rekaman asli wawancara tersebut. Penelitian ini kemungkinan memiliki risiko ketidaknyamanan yang moderat bagi Anda karena topik yang dibahas terkait dinamika keluarga, pengalaman Anda sebagai anak sulung, dan harapan orang tua Anda dalam pencapaian akademik Anda, sehingga dapat menyinggung pengalaman-pengalaman yang kurang menyenangkan yang berkaitan dengan harapan orang tua. Nah untuk menangani dampak negatif tersebut, peneliti-saya telah menyiapkan beberapa mitigasi untuk Anda, yaitu: Memberikan penjelasan jelas dan komprehensif mengenai hak-hak Anda dalam penelitian secara verbal dan tertulis sebelum wawancara dimulai, mengingatkan Anda bahwa Anda dapat melewati pertanyaan yang membuat Anda tidak nyaman atau mengundurkan diri dalam penelitian jika Anda sudah mulai merasa ketidaknyamanan, sadar dengan perilaku dan nada bicara Anda jika menunjukkan tanda-tanda ketidaknyamanan, sehingga peneliti bisa memberhentikan penelitian jika hal tersebut terjadi, tanpa konsekuensi, peneliti akan memastikan suasana wawancara bersifat suportif dan terbuka, sehingga Anda merasa nyaman untuk berbagi pengalaman Anda, mau itu buruk atau baik, dalam proses penjawaban pertanyaan ada cerita Anda yang kurang nyaman, saya akan terus memberikan afirmasi positif dan dukungan emosional untuk menunjukkan hormat dan empati, Merujuk Anda kepada lembaga konseling atau profesional jika Anda membutuhkan penanganan khusus setelah penelitian selesai. Jadi apa manfaat yang didapatkan jika berpartisipasi? Manfaat yang akn Anda dapatkan selama berpartisipasi adalah kesempatan untuk berbagi suara di lingkungan yang aman. Anda akan memiliki kesempatan untuk menyampaikan pengalaman dan perspektif Anda mengenai topik penelitian ini yang mungkin belum pernah diceritakan ke orang lain sebelumnya. Selain itu juga akan ada insentif lainnya berupa sebuah token of appreciation yang akan dikirim setelah interview selesai. Lalu Apabila Anda memiliki keluhan sepanjang proses penelitian, Anda dapat menghubungi peneliti di alamat email yang tertera di informed consent yang saya sudah kirim atau dosen pembimbing peneliti di alamat email uh yang juga tertera di informed consent yang sudah saya kirim. Namun, apabila penyelesaian atas keluhan yang diberikan peneliti tidak sesuai harapan atau ada keluhan karena kejadian serius dalam proses penelitian, Anda dapat menghubungi Komite Etika Penelitian Fakultas Psikologi UGM di alamat email yang sudah tertera di informed consent yang saya kirim. Seluruh informasi yang diberikan, mau itu data pribadi atau jawaban wawancara, akan dijaga

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kerahasiaannya oleh peneliti. Data yang diperoleh tidak bisa diakses oleh siapapun kecuali peneliti dan dosen pembimbing saya untuk keperluan akademik. Seluruh data akan dibuat pseudonim dengan nama samaran yang tidak berhubung dengan nama partisipan, sehingga tidak ada yang dapat mengidentifikasikan bahwa data tersebut adalah informasi yang diperoleh dari Anda saat data dilaporkan atau dipublikasikan. Berhubung penelitian ini akan mengutamakan data digital seperti rekaman audio dan dokumen transkrip digital wawancara, file-file tersebut akan disimpan di laptop yang dilindungi dengan kata sandi dimana akses hanya dimiliki oleh peneliti. Untuk tipe data hardcopy seperti manuskrip skripsi, data tersebut akan disimpan dengan teliti di kediaman peneliti atau ruangan dosen pembimbing yang hanya bisa diakses oleh peneliti atau dosen. Setelah penelitian selesai, semua data pribadi akan dihapus dan dimusnahkan dengan aman secara permanen tanpa melalui recycle bin. Namun, untuk data yang dipertahankan adalah jawaban Anda terkait pertanyaan wawancara yang ditanyakan selama penelitian. Apa yang akan dilakukan pada hasil data penelitian? Hasil penelitian akan dilaporkan dalam bentuk manuskrip untuk memenuhi tugas akhir dan syarat kelulusan S1 Fakultas Psikologi UGM. Jika Anda ingin memperoleh salinan laporan akhir hasil penelitian, Anda dapat menghubungi peneliti langsung di alamat email yang sudah tertera di informed consent, dan identitas partisipan Anda dan partisipan lain tidak dapat diketahui dari laporan akhir karena seluruh data Akan dibuat pseudonim, sehingga kerahasian data pribadi Anda dan partisipan lain terjaga, gitu. Jika membutuhkan informasi lebih lanjut, dapat menghubungi peneliti di email yang sudah tertera atau WhatsApp, maupun dosen pembimbing peneliti di email yang sudah tertera di informed consent. Sejauh ini apakah ingin, ada yang ingin ditanyakan?

**Kevin:** Aman aman

**I:** Okay thank you so much. Umm mungkin without further ado kita langsung mulai aja kali ya interview nya.

**Kevin:** Boleeh

**I:** Okay thank you so much um okay so good morning Kevin how are you

**Kevin:** i'm all right

**I:** Okay could you please like tell me a little bit about yourself like uh where are you where you're currently studying in

**Kevin:** Yeah, so my name is I Putu Kevin Widyawan, but you can call me Kevin. I'm currently studying in Institut Teknologi Sepuluh Nopember or ITS I'm taking industrial engineering and i'm currently on my final semester

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**I:** oh that's great, what are you currently what are you currently busy with?
**Kevin:** So i've just recently finished my dissertation my thesis my research my skripsi and Currently just taking a break everything while doing my revision and looking for a job
**I:** as you should we've reached that stage in life yeah HAHA adulting.
**Kevin:** yeah
**I:** Okay um maybe i would like to ask like could you like give a brief overview of your current academic performance like are you satisfied with it or maybe like are your parents satisfied with it?
**Kevin:** Mm, yes i'm i would say i'm currently quite satisfied with it so i didn't really reach a high GPA it's like slightly below 3.5 but if i look if i compared with my friends i would say that my GPA is relatively quite high uh my parents my dad is has does not really have an opinion like he hasn't really said anything my mom on the other hand is more um oh she has more opinions she's always comparing me to uh she's always saying like how people today have GPAs above 3.5 and everything but she's not taking into consideration that maybe you know i'm taking engineering and it's relatively hard and people are
**I:** That's true
**Kevin:** A lot of people have gpas below two eh no i'm sorry below three you know yeah so a gpa of like 3.4 is not that bad actually
**I:** Yeah that's true i mean engineering is slightly harder than any other like compared to like social sciences courses so it's okay you're doing great don't worry HAHA
**Kevin:** Haha yeah
**I:** Yeah it's just your typical you know asian parents expectations it's okay
**Kevin:** Well i wouldn't say harder but it's i guess it's just if i were to be put in a social science i probably wouldn't do well either because that's really not my thing
**I:** Mhm mhm, i understand i mean we've got our own pace and our own passion so it's okay
**Kevin:** right right right
**I:** yeah um now could you tell me how many siblings do you have in a family like i know you're the first one
**Kevin:** So i just have one little brother yeah that's it just one little brother but i have a lot of cousins. Yeah and i'm pretty close with them as well but yeah, just one little brother

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**I:** Mmm okay how would you describe being the first born child in the family how has it been for you so far

**Kevin:** So it's been mmm relatively okay so my brother definitely looks up to me and my brother gets come well no my brother compares himself to me i guess like he's expected to perform well so his stand his standards are basically my achievements

**I:** Mhm

**Kevin:** And that's how he sees it but i think um my parents don't really expect that much of him. My parents don't expect him to be able to you know achieve what i have achieved yeah yeah what else

**I:** So like um relatively your your parents put more expectations on you rather than your brother is that correct

**Kevin:** yeah but i don't know if it's because i'm the older brother or because uh we just have different capabilities so my brother is not really so he's he's also he's pretty smart but he's not um as smart as me and academically i would say. He excels in other things as well so yeah they don't really put that much expectation on him expectations on him academically in my perspective

**I:** Mhmm okay okay now how would you describe your relationship with your parents

**Kevin:** i think they're really good um i think we have a really good relationship uh i can talk to my personal life uh more to my mom and like professionally i talk more to my dad, mm yeah so i can talk about my hobbies like my relationship with my friends you know to my mom but i dont i'm not really comfortable discussing those things with my dad

**I:** Okay I understand um maybe is there like a reason why you don't feel that comfortable disclosing it to your dad

**Kevin:** well no no reason really it's just because maybe uh when i was younger i wasn't really that close with my dad i think he was really um, my dad is a very quiet person he didn't really talk that much when i was younger

**I:** Mhm

**Kevin:** but then as i grew older i think uhh he was really um he was really um i think uh both me and him we tried to make an a bigger effort in like trying to talk

**I:** Yeah

**Kevin:** And maybe as i grew up and matured i started to understand more things from like his point of view yeah back then i used to think like this guy's just a bit of a buzzkill like he was always quiet and everything so i didn't really talk to him that much and i would i guess kind of avoid him but

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**I:** Mhm mhm yeah
**Kevin:** so one thing about my dad is that um he's very oh i'll just give you an example so i had a little cousin who's uh wait my name will be you'll use like a pseudonym right yeah
**I:** yeah yeah of course of course don't worry don't worry
**Kevin:** All right all right so my i have a little cousin who whose parents divorced so like her dad left and she's like currently living with her mom only you know back then she lived with her mom only well no we lived in a one big house but her dad wasn't around so basically my dad would to make her not feel jealous she would uh try to like not interact with his kids as much so that uh my little cousin will not feel uh like she's missing out on not having a dad
**I:** Mmhm
**Kevin:** Yeah just a fun fact that's just kind of how my dad is
**I:** i get it i get it i mean that's that's thoughtful gesture yeah
**Kevin:** Yeah
**I:** but did that affect you in some way?
**Kevin:** i didn't know that a bit but i guess it kind of did so i know my dad oh yeah from what i said before my dad's not very he's very quiet and everything but yeah now everything's fine you know i mean it wasn't even a problem back then i don't think it was even a problem, yeah
**I:** okay that's good to hear um maybe i would like to ask like um do you feel that maybe your parents socioeconomic status has affected the dynamics of your family
**Kevin:** So i don't think so. Like well we are kind of yeah like high income family but uh my parents have always really kept uh i guess low profile and doesn't really have a lot of they don't really spend a lot of money um like yeah i don't think the socioeconomic status really affects our family dynamic i think we're living like regular families maybe just without the maybe like the middle and lower class they will have like several financial problems and maybe that will affect them so we don't really have any problems financially so yeah i don't really i can't really i can't really say whether it affects us because i don't really have anything to compare it to because i don't really know how you know but i would say no i would say there's no effect
**I:** um but like maybe I mean like that's more of the negative side maybe like um if you were to be if you were to belong in like uh maybe like lower income family maybe you would it would affect your family dynamics right but how about like more in the positive side have you felt it before?

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**Kevin:** Mmm, sorry can you give me like an example like
**I:** for example like um because of your current status now you're able to like um travel around the world and that makes your family happier something like that like i mean that shows that shows like you have uh you know you're you're quite stable as a family and one thing for sure that affects your dynamics is also because of um the money you spend for the family something like that like right i guess so yeah yep
**Kevin:** yep so my dad definitely my parents like uh always like every weekend i would say take us uh to eat somewhere nice you know restaurant mall you yeah i think that's a good like time for us to bond as a family also like traveling you know we go to we just visit Bali generally we don't really go anywhere else but yeah we like to travel like to spend holidays and um places outside of Jakarta just nice yep that's really good bonding time for me and my family
**I:** yes and that makes you closer that makes you guys closer too
**Kevin:** Iyea yea, definitely
**I:** Okay okay now maybe i'd like to ask more about your responsibilities and duties as a first child so maybe how have you been perceiving your responsibilities and duties within your family as the first born child?
**Kevin:** uh yeah i mean i've never really like found it to be like a problem like i've i never found that i have a lot of like different duties yeah i usually take more of the blame than my brother like my room is dirty so i i don't actually share a room with my brother but he always sleeps in my room anyways and my parents always want us to like clean the bedroom and every morning i always clean my side of the bedroom i always clean my side of the bed but my brother doesn't and i always take the blame and he always leaves my room dirty you know i always clean up my things but not his things you know and yeah if my parents come in the room and sees that they'll get mad and i'll just tell them that's my brother that's my brother that's not mine that's not mine and then they'll be like yeah it's clear up anyways all right uh other than that it's not really i guess it's just minor things you know and just generally taking the blame generally um i would be like the you know maybe like the experiment like just trial and error will be done on me
**I:** what do you mean trial and error sorry?
**Kevin:** so like uh yeah they will try out new things with me first and then um yeah if it works they'll do it to my brother if it doesn't work they won't do it to my brother that kind of stuff but i feel like
**I:** Yeah

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**Kevin:** The treatment between me and my brother is also kind of different because we're different people you know i think my
**I:** Mhm mhm yeah
**Kevin:** my parents my mom is i think more lenient more more soft to my brother haha maybe i don't know that's from what i see right
**I:**Mhm mhm is there can you share me any instances where you get treated differently between you and your brother maybe like just those significant ones that made you feel something you know like that made you feel maybe it's unfair at some point
**Kevin:** i never think it's really unfair to be honest but yeah because cause like i think he has his share of things as well like he he's expected to like kind of uh be able to achieve what my academic uh achieve yeah my academic achievements but he has different capabilities wait sorry what was the question sorry
**I:** like is there any instances where you felt like the different treatment yeah
**Kevin:** Oh yea unfair
**I:** Yea
**Kevin:** i'm thinking oh let me think for a bit
**I:** Mhm mhm
**Kevin:** Oh i think they are nicer in terms of spending to my brother maybe it's because when i was his age my parents were not because you know like when like my parents are, gimana ya, semakin hari kan, bukan semakin hari ya kan semakin lama jabatan semakin naik. Terus jadinya uangnya jadi semakin gede. When i was each age, uh we were yaudah duitnya udah banyak cuma sekarang duitnya lebih banyak lagi.
**I:** Paham paham
**Kevin:** So they are more uhh lebih banyak mengeluarkan duit with my brother. Misalnya my laptop I wouldn't like ask for a very expensive laptop from my parents. I was still like, ya tau diri lah kalau soal budget. This is just one thing that I thought of that's really that got me kind of annoyed.
**I:** Ooh okay
**Kevin:** Ga ga ga tega yah kalo misalnya minta barang yang mahal mahal banget gitu
**I:** Mhm mhm
**Kevin:** Sedangkan my brother langsung nembaknya yang mahal lah. Minta laptopnya yang ini banget, very expensive laptops and haha, and he also expecting me to help him, you know, like beg my dad to get the laptop, you know. Because my dad uh always consults with me every time my brother has to

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spend money or has to buy, has to make a purchase for uni. Kan expectationsnya gara gara kuliahnya dia kan apa hes also doing engineering right, so we like kind of uh need a capable laptop so that it can run, uh you know, like difficult hardware, difficult softwares you know like, Uh ya kan pokoknya software softwarenya banyak yang aneh aneh gitu loh

**I:** Yeah, yeah

**Kevin:** So, my brother would, my brother maunya laptop gaming yang very very high end yang mahal banget. Kayak berapa ya itu? Ada lah harganya. Pokoknya my laptop is like half the price of his man.

**I:** Mmm mhm mhm, okay, but and your parents are willing to provide for that, juga gitu?

**Kevin:** Mhm, yeah.

**I:** Jadi in a sense, your brother tuh lebih spoiled, gitu ya?

**Kevin:** HAHA Maybe yeah

**I:** Compared to–lebih gampang– maksudnya lebih kayak, mereka lebih oke lah untuk spending ke your brother.

**Kevin:** Yeah. Yeah, I would say so.

**I:** Mhm mhm Okay. Maybe now I'd like to ask, like, how would you describe, I mean, you've mentioned earlier, kan, kayak your parents don't put much expectation on your brother and whatsoever, gitu? But I would like to ask more towards you, yourself. Okay, how would you describe your parents' expectation regarding your academic performance?

**Kevin:** My dad just wants me to do my best. My mom uh, apa ya, my mom's standards itu, depends on, yeah, ya kayak  Asian mom typical lah. Dibanding -bandingin sama orang -orang sekitarnya, sama anak -anak temen -temennya. Dibandingin sama– So, I have this really high achieving cousin–sorry sorry.

**I:** Okay, okay. Don’t worry, don’t worry

**Kevin:** It was a spoiled brat. All right. So, what was it?

**I:** Uhh how would you describe your parents' expectations regarding your academic performance?

**Kevin:** All right. Hold on, the kid is back.

**I:** HAHA, Hello Anand. The

**Kevin:** Oke udah keluar

**I:** All right

**Kevin:** So. Yeah, itu. My mom compares it to her friends' kids. And I also have this high achieving cousin. Pokonya very high achieving kayak Gru gitu. Terus um, ya I get compared to him type of thing he's like the oldest cousin of my

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mom's side of family like every everyone that's uh below him maksudnya everyone that's younger than him they always get compared with him i even like indirectly juga bisa and if it's not from the parents itu yang banding bandingin the grandparents sih.

**I:** Mmm mhm mhm

**Kevin:** My mom's parents. And yeah i guess me too kayak i always like try to compare myself to him

**I:** Mhmm mhmm

**Kevin:** well i'm not trying to, I always compare myself to him cause yeah he's like what my family my mom and my grandparents would consider as the ideal child I would say

**I:** Mhm mhm mhm

**Kevin:** Yeah very productive very very intelligent you know high achieving type of person so yeah that's that's the ideal person my my mom wants me to be

**I:** so would you say that the expectations are conveyed to you are more of like direct or indirect?

**Kevin:** Um, what what do you mean direct like

**I:** Kayak do they make it uh when they compare you with like this person do they make it clear that they want you to achieve the same or is it more of just like um a hidden meaning under–

**Kevin:** Oh i would say indirect soalnya gak pernah explicitly ngomong kayak harus bisa jadi kayak gini. It's more like nih liat nih, ini kayak gini

**I:** Mhm mhm

**Kevin:** So it's like yeah, yeah just comparison. Not like you have to be like this. Nah nah, they don't really do that.

**I:** And that also applies the same with your grandparents as well yeah

**Kevin:** yeah my grandparents from my mom's side

**I:** grandparents from your mom's side okay uh like would you say the expectations that you give, itu lebih sering dikasih sama your grandparents atau sama your mom?

**Kevin:** So, I don't really meet my grandparents a lot, you know. But every time I go to Bali and meet them, there will be a lecture regarding that, you know.

**I:** mmm

**Kevin:** Like, every time haha

**I:** Lecture about, like, achieving things and stuff like that? Or?

**Kevin:** What? Sorry?

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**I:** Lecturenya biasanya tentang apa? Like, achieving things or just about career and success gitu atau gimana?
**Kevin:** It's about, yeah, achieving. Well, it's about...uh yeah career uh yeah career success like yeah look at your cousin look how he's doing look how well he's doing and then he always compares it to himself as well i used to struggle you know i you know the typical yeah
**I:** Pep talk yaa
**Kevin:** Boomer stuff you know
**I:** Yea yea
**Kevin:** I used to used to cross 3 000 miles to the river to get to school yeah
**I:** I get it i get it
**Kevin:** You guys have it so easy you guys have all these things you know all you have to do is study now just study man just study
**I:** I get it
**Kevin:** my granddad always like that
**I:** okay um do you feel like being the first born child has influenced the expectations your parents have for you and if so how?
**Kevin:** Um, uh yes but i think more so to my brothers sih, mereka tuh ga ada patokan untuk bandingin sama siapa. I guess to my oldest cousin ya bandinginnya. Like for me dibandinginnya to my oldest cousin and everyone else around us gitu. Jadi expectationsnya generally gara gara you know kan my mom kan liatnya yang bagus bagus aja ya jadi bandinginnya sama yang bagus bagus itu. Kalo my brother bandinginnya sama just me gitu. They only compare my borther to me. So the expectations is lowered, karena I'm the comparison.
**I:** Tapi like, is it significantly because like do you ever think that you're being compared to your cousin because you're the first born in your family?
**Kevin:** Um, well yes because i don't see my brother getting compared to my cousin
**I:** Mhm mhm mhm, okay okay now could you like maybe share some specific examples of how these expectations have been conveyed to you i mean tadi kan earlier you said kayak suka di banding bandingin sama your cousin dan lain lain. Is there any other example um where you know that your parents are trying to convey their expectations on you tapi outside of being compared to your cousin gitu?
**Kevin:** Yah well yah i'm not sure if it's like actually trying to compare tapi my mom ya every time my cousin achieved something misalnya dulu mawapres, gitu langsung dikirimin ke grup kayak eh ini ini ini and then kirimin apa sent to

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me personally, and then di dining table juga di omongin. Eh kayak gini gini gini ya. And then dapet LPDP juga dia langsung

**I:** Mhm mhm mhm

**Kevin:** Terus everytime he's around kalo liburan ke Jakarta gitu, uh, my mom would always want me to meet him kayak terus terusan. Eh dia lagi di Jakarta, ketemuan dong. Ajak ngomong tentang karir atau tentang kuliah atau apa. Mhm mhm my mom taunya he knows  a lot of things. And yeah, it's true, he does know a lot of things. Tapi like damn that's not what I want to talk about with my cousin, you know. I just wanna, yeah, I guess, kalo emang lagi mau ngomongin gitu gitu ya bisa aja, tapi ya  I'm not going to go there just to talk about my career, man.

**I:** I get it

**Kevin:** Like I want to play games with him

**I:** I get it, I get it, and misalnya when your mom. Kaya misalnya ngirim ke grup keluarga atau ngomongin in the dining table about ini nih liat ini lalala. Do you feel ada pressure gitu to inside of yourself?

**Kevin:** Mmm I feel like I know she's trying to say something, but it but it doesn't really get to me.

**I:** So you're not, so you would say that you're unbothered? Gitu ya?

**Kevin:** Yeah I'm unbothered.

**I:** Mhm mhm mhm Okay.

**Kevin:** Wait sorry, I'm unaffected when I don't really want to be affected by it. But sometimes I would feel like, damn. Yeah. I want to, I actually want to, you know, start achieving more. So I would start comparing myself to him. And yeah,

**I:** Mhm mhm

**Kevin:** But if i'm not in the mood to feel motivated, then not really.

**I:** Aa okay

**Kevin:** I don't really get bothered.

**I:** So the threshold depends on what you're currently feeling, gitu aja ya?

**Kevin:** Mhm mhm

**I:** Okay, I get it. Now um, when you're like being compared or when like your parents are putting expectations on you, like have you ever tried to like, you know, disagree? Or talk back on the things that they said for you?

**Kevin:** Oh, yeah. But not for my cousin. So this is what I said before. My mom maunya bilang kayak sekarang orang orang kayaknya IP nya tinggi tinggi semua loh, 3,5 gitu gitu, I would, like she would compare me with my friends yang jurusannya, apa ya, mmm like what's an easy major? Haha

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**I:** Coba try picking from social science
**Kevin:** Mmm ga lah, tapi social science is a hard kan.
**I:** Hahaha
**Kevin:** Like I took psychology in Glasgow and I couldn't understand anything.
**I:** Hahahah
**Kevin:** Itu, we're going to talk about Ilmu Komunikasi.
**I:** Mmm okay
**Kevin:** Ilmu komunikasi, like I have friends in ilmu komunikasi and IP nya tinggi tinggi banget kan, 3.99 gitu gitu, and I would get mad because I would tell her kayak ya mi tapi kan itu ilmu komunikasi mi, mereka belajar ngomong doang. As a joke, but like indirectly saying that engineering is harder. I would always tell her kayak anak anak di teknik IP nya banyak yang dibawah 3.0, emang susah buat dapetin IP yang tinggi. And then she would like stop talking for a bit, and be quiet
**I:** Mhm mhm mhm
**Kevin:** But then I know it'll come back eventually. So yea, I would tell her, and provide data if I might say.
**I:** So you're like more on the rational side gitu ya, like you back your arguments with rationality gitu
**Kevin:** Yea yea
**I:** Okay, have you ever wondered, would your academic performance be this good without your parental expectations?
**Kevin:** I've never really wondered that. Let me think
**I:** Mhm
**Kevin:** Mmm mungkin apa ya, lebih ke ini sih, my parents kan dari awal maunya masuk/ They want me to get into PTN kan, negeri, kayak semuanya harus negeri kuliahnya harus negeri. Ya, i think it's because of that. It's not really the expectations cuma, would you consider that as an expectation?
**I:** I mean ya, kan not everyone can go into PTN right
**Kevin:** I guess
**I:** Yea
**Kevin:** Ya because of that, I was more motivated to study in high school, I was more motivated than my friends generally. Terus ya itu, masuk PTN, maybe that kind of shaped my work ethic, kind of, then pas masuk PTN uh it was also because my friends in engineering a lot of them are hardworking staying up late, working, studying, So, it also influenced me. So uh kayak my mom, my parents'

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expectations influenced me. What was the word? Ya pokonya they were the ones that drove me to study hard pas high school.
**I:** Oh yea, pas high school
**Kevin:** Tapi pas udah masuk PTN, it's that plus lingkungannya sih, karena temen temen pada kerja keras semua jadi ya I don't want to be an outlier gitu.
**I:** Iya iya paham paham
**Kevin:** I also have to be hardworking.
**I:** Paham paham, kalo misalnya misalnya nih pas SMA you didn't get into ITS. Maybe you didn't get into a PTN like, how would your parents react to it?
**Kevin:** Oh, my dad would be fine, I think. But my mom once said, if you don't get into PTN, gap year aja. So, I would think that my mom is pretty uh would be pretty mad.
**I:** Mmm mhm mhm
**Kevin:** Would be pretty mad Yeah walaupun pas ituI was accepted to a Private university juga Swasta Di ada lah Ada dapat beberapa lah tapi satu I turned down pas udah ini cause I wasn't really into it I turned down apa? Prasmul. Cause I didn't wanna Go there and the other one uhh I was already accepted It was my backup plan tapi My mom still said Kalau gak dapet PTN gap year aja Gak usah masuk
**I:** Mhm mhm
**Kevin:** Gak usah masuk situ. But then akhirnya dapet ITS juga and some other unis
**I:** Mhm mhm
**Kevin:** Tapi ya, gak jadi gap year.
**I:** Mhm mhm, now do you feel fair with the expectations that your parents set for you?
**Kevin:** Uh, so kalo dibandinging sama my brother he is not dia gak dikasihin that gap year treatment. So he's allowed to Go to Swasta
**I:** Oh, okay
**Kevin:** I don't know man. Maybe it's Because My mom knows I'm capable of achieving More academically than him Atau gimana I don't know But yeah There's that
**I:** Okay I mean you've mentioned a lot About I think with In the I've been talking about How significant your mom has been like you know conveying her expectations towards you do you know like the reason behind that? Do you have you ever like Just food for thought You know Thought about why She acts the way she acts

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**Kevin:** Hmm I don't know I think she just wants me To achieve more Like As motivation maybe Hmm. I think she just wants me to thrive to be better
**I:** Hmm Hm Hm okay okay
**Kevin:** Like I also I always think that she always You know she wants what's best for me pasti lah, yeah As a mom
**I:** Pasti pasti. Um. have you Have you ever like Felt any challenges Or setbacks Because of You know These expectations That they set for you Kaya misalnya mungkin you feel more you feel more Emotionally You feel more stressed Or like Like For example You became a demot or something?
**Kevin:** Ini sih, lebih ke, when I was in which grade was it, oh I think ninth grade or pas kelas 3 SMP sama kelas 3 SMA itu pasti I would be told to stay at home and study for i guess one semester, like the last semester of SMP, or last semester of SMA, buat persiapan UN sama perisapan buat masuk UTBK. Ya they would always like tell me to study you know stay in your room sorry stay in your room my family would you know sorry they would go out you know have dinner terus my friends juga enjoy enjoy haha hihi keliling keliling and having fun, but i would be told to study all day that type of thing um i think uh itu kayak i made me yea i guess kind of stressed because i would always be envious towards my friends and everyone else gara gara mereka bisa you know they can you know be free to do other things you know other than studying tapi me i have to study
**I:** Mmmm
**Kevin:** Tapi it's not really, well now maybe I can say that, ya udah lah, maksudnya akhirnya masuk PTN juga kan, jadi I guess it is kind of worth it. Tapi ya me back then, I would say that I was probably pretty stressed, kesel juga sama my parents gara gara disuruh kayak gitu.
**I:** Mhm mhm, now how do you like balance meeting your parents expectations like with your own personal interests kayak tadi kan you mentioned kayak temen temen lo pada keluar semua dan lain lain, and you feel kind of like you know isolated in a sense kayak maksudnya kayak like kan you have to be studying in your room kan. Now how do you find the balance or like the titik tengah from that expectation and you know, your personal interest?
**Kevin:** Mmm, I would just curi curi waktu aja sih. Kaya when my parents aren't home I would just you know, kalo udah capek banget jadi ya udah main game aja sebentar. Cause like I don't really have a lot of like personal needs, I just play games a bit, and then I'm satisfied.
**I:** Mhm mhm mhm
**Kevin:** Terus kayak i scroll on instagram Instagram

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**I:** Mhm mhm
**Kevin:** It's not really that big of a problem
**I:** Mhm mhm
**Kevin:** Ya paling ya kurangnya jadi ga bisa pergi pergi aja sih
**I:** Mmm yea
**Kevin:** Itu ya I just have to wait until I finish
**I:** I get it. I get it. Like is there any instances where your hobbies kayak ke limit gara gara ada tuntutan ini nih dari your parents untuk harus gini gini gini gitu?
**Kevin:** Yaa
**I:** Selain yang jalan jalan tadi ya
**Kevin:** Ya yang jalan jalan ga terlalu ke limit sih karena, ya ke limit sih, I didn't really get to play video games back then. Padahal that was my biggest hobby kan back then.
**I:** Mhm
**Kevin:** Tapi ya I think my parents just really didn't want me to play games pas itu
**I:** Generally?
**Kevin:** Generally, yeah. And they would consider that as a really big distraction, which I would say, yeah, it is
**I:** Mhm mhm
**Kevin:** They're right for that. Because once I start playing kan kayak, jadi main terus nonstop. Tapi ya, iyasih itu ke limit sih.
**I:** Mhm mhm ok ok. Now, have you like ever felt that these expectations are beneficial for you in some way? Kan kayak you mentioned earlier itu bisa membuat lo lebih termotivasi kan, tapi aside from motivation, ada aspek lain gak yang kayak misalnya nih kayak ih gue ga bakal dapetin ini kalo gue ga di pressure sama orang tua gue? Gitu
**Kevin:** Ya itu sih dapet PTN. Tapi ya gatau juga ya I gone to PTN from kan I'm IUP juga ya, International Undergraduate Program. Tapi itu juga masih mikirin nilai UTBK sih so maybe hehe, maybe I wouldn't gone into PTN if I wasn't pressured.
**I:** Mhm mhm okay okay. Okay. Do you ever feel like a sense of duty or obligation to meet your parents' expectations because you're the firstborn child?
**Kevin:** I think I used to, but kind of not anymore.
**I:** Kenapa tuh? Kenapa berubah gitu?
**Kevin:** Karena kayak my parents juga kayak. I think my dad doesn't really have any expectations. He just wants me to do my best. Tapi my mom, I would say her expectations are always, I would say, kayak pasti naik naik terus, berubah

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berubah terus, because pasti bandinginnya sama orang orang sekitar kita terus. And those people their standards ya depends on, ya pokonya kan orang orang semuanya kan beda beda ya. Ada yang naiknya cepet, ada yang gimana lah. So my mom would always compare me with whoever she finds the best aja sih.

**I:** Mhm Mhm

**Kevin:** Jadi I don't really like bother myself with, well, yeah I do take it into consideration kayak yeah okay, I guess I have to achieve more, you know. But then I don't really feel pressured into it anymore knowing that my mom's expectations are somewhat cannot be met, because they're always going to change, you know, they're always going to increase. That kind of thing.

**I:** Mmm ok ok

**Kevin:** Terus pas ini deh contohnya pas dapet ABCD tuh, my mom was I guess like you can say the most proud of me, gara gara temen temennya tuh belum ada yang dapet ABCD, anak anak temen temennya, belum perna ada yang dapet ABCD. Jadi ini kayak the fresh new thing for her.

**I:** Mmm mmhm

**Kevin:** Beasiswa keluar negeri fully funded, everything by the government and everything, you know, lots of money.

**I:** Yeah, yeah, yeah.

**Kevin:** Gak pernah nih ada yang kayak gini. Keren nih anak gue.

**I:** Jadi ada sense of pridenya juga ya dari your Mom.

**Kevin:** Ho oh

**I:** How do you feel about that, by the way? Kalo your mom pamer pamerin you to her friends about your achievements gitu?

**Kevin:** Well, good for her, you know haha. I feel good. Kayak apa , ya bagus lah ada sesuatu yang my mom bisa talk gitu.

**I:** Mhm mhm

**Kevin:** Yeah generally I feel pretty good about it. Tapi kayak yaudah lah, ga terlalu yang kayak gimana gimana banget. Cause eventually, you know. Her friends are gonna... Sorry, her friends' kids are gonna achieve something else. And they're gonna come at it to her as well. And she's also gonna come back to me like, "kak ini loh kak, ayo kak coba kak ini kak, coba kak in kak"

**I:** Mmm paham paham

**Kevin:** Kayak so it's So, it's all of those.That's just temporary, you know.So, I don't really think about it that much.

**I:** Okay. Now, you've mentioned there are instances where your parents tuh kasih kayak tuntutan gitu for your academic performance. Now, do they actually

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try to help achieve your goal? Or do they bener bener yang kayak lepasin kayak, terserah lu yang penting gue mau ini. Gitu?

**Kevin:** Oh yea yea yea they definitely try to help me achieve my goals in the past. Pokonya they would always support me. Kayak everything I ask from them, they would always provide for me. Kaak misalnya contoh ya, if I want an internship, my dad will most definitely try to contact his friends, try to get me an internship somewhere. He always offers me tapi ya I don't really want an internship from my dad.

**I:** So, this also applies to financial support, right?

**Kevin:** Yup yup, definitely.

**I:** Okay. Now, do you think like the socio -economic status of your family to affect the intensity of your expectations your parents set for you? Gitu? Kayak misalnya tadi kan you said your dad jabatannya naik naik naik terus kan, kayak itu menjadi faktor gak sih kayak you sebagai anak cowo anak pertama gitu juga di tuntutin untuk kayak misalnya mengikuti your steps of your dad gitu?

**Kevin:** My parents don't really, kalau yang for jabatan apa, following steps of my dad itu ngga di set sama my dad sih. Itu just something that I personally have to do as well. So it's not really for my parents tapi it's just for me

**I:** Mmm mm

**Kevin:** Yeah, it's from me. What was it? Socio -economic status? Yes, I would say it does. Because it does really affect it affects me because like,my parents always say like, ayo mumpung lagi kaya, mumpung papi mami bisa provide these things for you, you have to take these like opportunities, you can

**I:** Mmmm

**Kevin:** We can provide, so why not just do it? Do these courses, take these programs, that type of thing.

**I:** Ok ok, um do you know the reason why your parents set these academic expectations on you? Gitu? If you don't, juga ga papa but would it comfort you if you knew the reason behind these expectations?

**Kevin:** Maybe they just want me to achieve more aja sih, that's how I see it.

**I:** Mhm mhm

**Kevin:** These expectations are, I would say, kind of to motivate me. To Yeah, maybe. Maybe it makes me want to do better.

**I:** Yeah

**Kevin:** That's how I generally see it. Tapi from mereka sendiri, I don't know. Maybe it's because mereka juga, tapi I'm pretty sure they're pretty high achieving people juga sih dulu. Hmm I don't know. That's how I see it.

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**I:** Have they ever... I mean, you've mentioned earlier that they're more lenient towards your brother in terms of kayak academic -wise gitu kan.
**Kevin:** Mhm mhm
**I:** Tapi pernah gak kayak mereka tuh explicitly mention kayak lo tuh anak pertama, dan cowo, gitu loh, kayak
**Kevin:** Oh
**I:** Ho oh, pernah ga kayak gitu?
**Kevin:** Explicitly ga pernah sih, and I don't think they would say that juga sih.
**I:** Mhm mhm okay–
**Kevin:** Oh no actually I've talked to my Mom about this just for fun you know kayak, joking around kayak Ni Kevin disuruh gini gini gini tapi Adek ga disuruh gini gini gini. Kok beda si? And she would just be like ya sorry hahaha
**I:** Mhm mhm mhm
**Kevin:** Yeah gitu aja sih gapernah explicit.
**I:** Ok ok ok. In what ways, if any, do you think your experiences as the firstborn child influences your relationship with your siblings and parents?
**Kevin:** Mmm So, my brother generally really looks up to me, kan?
**I:** Yeah.
**Kevin:** Always wants to achieve what I have achieved. And then… No, wait. I guess not wants to. He's always pressured to achieve what I want to achieve. What I have achieved. And...Yeah, pokonya he always looks up to me for advice gitu, kayak nanya apa apa always to me. And I'm... Yeah. I think I'm pretty close with my brother, juga. But... How... What was the question? How does it... How does me being the firstborn child...
**I:** How does being the firstborn child affect your relationship with your parents?
**Kevin:** With my parents? Hmm I don't think it's really, ga terlalu gimana gimana. I don't think there's really a significant Other than expectations
**I:** Yeah yeah
**Kevin:** Other than expectations it doesn't really affect in any other way Okay
**I:** Now, how do you think being the firstborn son of your parents Has impacted your own Your perception of yourself gitu?
**Kevin:** Mmm How it affects my perception of myself?
**I:** Misalnya kaya umm, karena mereka menuntut lo sebagai anak pertama lo jadi kayak pressure yourself more gitu, ato kayak misalnya you see yourself as incapable gitu misalnya, or you see yourself as capable gitu.
**Kevin:** Hmm, hm. I do see myself as capable But I don't really think It's because of the expectations, gimana yah

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**I:** Yeah Yeah
**Kevin:** Ya Sometimes I would see myself as capable Sometimes I would see myself as incapable Depends on the things Depends on what apa Capable of what And incapable of what But like I don't think it's really because of my parents' juga sih
**I:** Okay
**Kevin:** It's just Yeah
**I:** So it's just you thing gitu ya
**Kevin:** Yeah And I don't think Like Like, yeah I think Maybe they put more Expectations No I don't think Maybe they put more kaya in terms of responsibility juga ga terlalu beda jauh sih sam amy brother. My parents don't really put difference in responsibilities between me and my brother. We're generally responsible of Same things At home, jadi sama aja sih. Maybe different things tapi at the same capacity lah, ga terlalu yang gimana gimana.
**I:** Mhm mhm now do you have Like any strategies To cope With the expectations Your parents set for you?
**Kevin:** Hmm so If it's from my mom If it's something yang beneran kayak ini mah ga mungkin gitu, I would just ignore it, straight up
**I:** Mhm mhm
**Kevin:** Yeah, gitu sih, that's just how I cope.
**I:** I see
**Kevin:** Tapi if it's something That's actually achievable ya I would say iya Mi, iya, iyaa
**I:** Mhm mhm
**Kevin:** If it's something impossible I would just say Mi, itu loh kayak gini mi, itu ga mungkin mi, itu kayak gini gini mi. That type of thing
**I:** Mm yeah yeah tapi usually does your mom talk back kalo misalnya kayak lo menolak gitu or something? Or does she listen?
**Kevin:** She would listen. I would say she would listen, yeah. Tapi kalopun kalo But even if she talks back, juga ga terlalu lama lah. Ga sampe yang gimana gimana. Maybe she would say one thing and she would be like, okay
**I:** Ok ok, um. This is going to be near the end of the interview.
**Kevin:** Okay
**I:** Looking back at our conversation, kayak would you like to add anything else about your experiences as a firstborn son dealing with parental expectations? Like uh maybe just like a thing or two about how you've gone so far, how you've gone this far with all your efforts. In meeting your parents' expectations.

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**Kevin:** Mm, I would say that my parents, apa ya yeah, I've said a lot of things. Kayak I think I made it seem like my parents expect a lot from me gitu gitu. But I think generally, ga yang terlalu gimana gimana gitu, like they don't really pressure me into doing anything that I don't really want to do.
**I:** Mmm
**Kevin:** Yea they would say these things kayak we want you to do this. Temen temennya mami anak anaknya kayak gini gini gini, but kalopun I don't do it juga yaudah there's not really and harsh consequences or anything. They're pretty lenient, I would say. I know that out there, ada banyak orang orang yang parentsnya jauh lebih pressure lebih strict you know. My parents are, I would say, on the chill side.
**I:** Okay, but it's there, you know, like, the expectations are there, gitu yah?
**Kevin:** Yeah, it's there, it's there. But it's still bearable
**I:** Okay, now, maybe if you had the chance to say anything to your parents about, like, the expectations they set for you, what would you say?
**Kevin:** Hmm I don't really have anything to say, apa ya.
**I:** So you're quite content with what you see? Yeah,
**Kevin:** I guess I'm kind of thankful, in a way.
**I:** Mhm mhm
**Kevin:** Kayak I think they have done pretty good. Maybe even, maybe even pressured me more? So like, back then, they probably could have pressured me more. And maybe I would have um been more, um mungkin ya sekarang bisa jadi lebih disciplined and more hardworking than before eh more than I am now.
**I:** Mhm mhm
**Kevin:** Tapi ya sejauh ini so far, I'm pretty grateful for like, everything. i'm satisfied you can say
**I:** Yeah
**Kevin:** yeah don't really have anything to say i'm just grateful sih
**I:** That's great to hear and that's actually like the last question of our interview for today it's been a very long conversation haha but it's very insightful and i've learned a lot about i mean sometimes it's like some of your answers are like reflecting on my own experiences karena i'm also first born child so kind of i get it i really get it like
**Kevin:** Right right
**I:** yeah yeah i get it okay maybe do you have any like feedback or uh like recommendations on this interview process or like maybe any suggestions for improving on how these interviews are conducted later on

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**Kevin:** no i think they're pretty good maybe ini sih, lots of these questions that are like i didn't really expect them so you can stress out mungkin next time orang nya suruh baca lagi
**I:** Hahaha
**Kevin:** Tapi again that's my fault ga baca sih
**I:** Hahaha tapi ya emang gitu sih ya, konsepnya surprise.
**Kevin:** Hahaha
**I:** Tapi it's okay, um i really appreciate your answers and you've answered most of them accurately maksudnya kayak satisfied the questions lah, so you did a good job too so yeah thank you Kevin, I'm gonna end the recording first.
**Kevin:** All right
**I:** Thank you

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**I3: Edith**
Interviewee: Edith (I3)
Gender: Female
Age: 21
Via: Zoom Meeting

**I:** Okay good morning Edith how are you?
**Edith:** I'm good how are you
**I:** i'm great thank you for joining the interview today maybe i'd like to introduce myself my name is I i'm a seven semester student under the Faculty of Psychology in the international undergraduate program i'm currently doing a thesis titled exploring parental expectations and firstborn academic performance in privileged households under the thesis supervision of bu yayi my thesis supervisor and maybe before i would start the interview session i would like to lay some ground rules and under make you understand about the rights of your in uh your rights as a participant in this interview okay so okay so okay Tujuan Penelitian ini bertujuan untuk memahami bagaimana ekspektasi orang tua mempengaruhi pencapaian akademik anak sulung baik secara positif maupun negatif. Anda dipilih sebagai partisipan karena memenuhi kriteria inklusi dari penelitian ini, yaitu; (1) mahasiswa aktif sarjana anak sulung dari berbagai jurusan dan kampus (2) anak sulung yang benar-benar berada di urutan pertama dalam urutan kelahiran (3) anak sulung dari keluarga mapan yang ditentukan oleh pendapatan orang tua yang berkisar antara 64 juta sampai 196 juta per bulan (sesuai dengan klasifikasi World Bank untuk keluarga berpendapatan menengah keatas di Indonesia). Partisipasi dalam penelitian ini sepenuhnya bersifat sukarela dan tidak ada konsekuensi apapun bila memilih untuk tidak berpartisipasi dalam penelitian juga tidak apa apa. Anda dapat berhenti berpartisipasi dalam penelitian kapan pun, tanpa perlu memberikan alasan, dan tanpa konsekuensi apapun. Prosedur pengambilan data akan dilakukan dengan wawancara. Anda akan mengikuti sesi wawancara selama 2 sesi, masing-masing sesi berdurasi kurang lebih 1 jam dengan 20 pertanyaan. Namun, kemungkinan akan ada pertanyaan lanjutan jika terdapat jawaban yang kurang jelas. Nah Proses wawancara akan dilakukan secara daring melalui Zoom meeting, oleh karena itu, hasil dan jawaban Anda akan direkam secara audio/video dengan persetujuan dari Anda. Rekaman tersebut hanya akan digunakan dalam proses analisa tugas akhir sehingga tidak akan digunakan untuk keperluan lain. Selain itu, tidak ada seorangpun, selain dosen pembimbing peneliti, yang dapat

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mengakses rekaman asli wawancara tersebut.

Nah Penelitian ini kemungkinan memiliki risiko ketidaknyamanan yang moderat bagi Anda karena topik yang dibahas terkait dinamika keluarga, pengalaman Anda sebagai anak sulung, dan harapan orang tua Anda dalam pencapaian akademik Anda, sehingga dapat menyinggung pengalaman-pengalaman yang kurang menyenangkan yang berkaitan dengan harapan orang tua. Untuk menangani dampak negatif dari penelitian ini, peneliti telah menyiapkan beberapa mitigasi untuk Anda, yaitu: Memberikan penjelasan jelas dan komprehensif mengenai hak-hak Anda dalam penelitian secara verbal dan tertulis sebelum wawancara dimulai, Mengingatkan Anda bahwa Anda dapat melewati pertanyaan yang membuat Anda tidak nyaman atau mengundurkan diri dalam penelitian jika Anda sudah mulai merasa ketidaknyamanan, Sadar dengan perilaku dan nada bicara Anda jika menunjukkan tanda-tanda ketidaknyamanan, sehingga peneliti bisa memberhentikan penelitian jika hal tersebut terjadi, tanpa konsekuensi, Peneliti akan memastikan suasana wawancara bersifat suportif dan terbuka, sehingga Anda merasa nyaman untuk berbagi pengalaman Anda, mau itu buruk atau baik, Dalam proses penjawaban pertanyaan ada cerita Anda yang kurang nyaman, saya akan terus memberikan afirmasi positif dan dukungan emosional untuk menunjukkan hormat dan empati kepada Anda, Merujuk Anda kepada lembaga konseling atau profesional jika Anda membutuhkan penanganan khusus setelah penelitian selesai. Manfaat yang Anda dapatkan selama berpartisipasi adalah kesempatan untuk berbagi suara di lingkungan yang aman. Anda akan memiliki kesempatan untuk menyampaikan pengalaman dan perspektif Anda mengenai topik penelitian ini yang mungkin belum pernah diceritakan ke orang lain sebelumnya. Apabila Anda memiliki keluhan sepanjang proses penelitian, Anda dapat menghubungi peneliti di alamat email yang sudah tertera di informed consent yang sudah di kirim atau dosen pembimbing peneliti di alamat email yang juga tertera di informed consent yang sudah dikirim. Namun, apabila penyelesaian atas keluhan yang diberikan peneliti tidak sesuai harapan atau ada keluhan karena kejadian serius dalam proses penelitian, Anda dapat menghubungi Komite Etika Penelitian Fakultas Psikologi UGM di alamat yang sudah tertera di informed consent yang sudah di kirim. Jadi seluruh informasi yang diberikan, mau itu data pribadi atau jawaban wawancara, akan dijaga kerahasiaannya oleh peneliti. Data yang diperoleh tidak bisa diakses oleh siapapun kecuali peneliti dan dosen pembimbing saya untuk keperluan akademik. Seluruh data akan dibuat pseudonim dengan nama samaran yang tidak berhubung dengan nama

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partisipan, sehingga tidak ada yang dapat mengidentifikasi bahwa data tersebut adalah informasi yang diperoleh dari Anda saat data dilaporkan atau dipublikasikan. Berhubung penelitian ini akan mengutamakan data digital seperti rekaman audio dan dokumen transkrip digital wawancara, file-file tersebut akan disimpan di laptop yang dilindungi dengan kata sandi dimana akses hanya dimiliki oleh peneliti. Untuk tipe data hardcopy seperti manuskrip skripsi, data tersebut akan disimpan dengan teliti di kediaman peneliti atau ruangan dosen pembimbing yang hanya bisa diakses oleh saya atau dosen. Setelah penelitian selesai, semua data pribadi akan dihapus dan dimusnahkan dengan aman secara permanen tanpa melalui recycle bin. Namun, untuk data yang dipertahankan adalah jawaban Anda terkait pertanyaan wawancara yang ditanyakan selama penelitian. Hasil penelitian akan dilaporkan dalam bentuk manuskrip untuk memenuhi tugas akhir dan syarat kelulusan S1 Fakultas Psikologi UGM. Jika Anda ingin memperoleh salinan laporan akhir hasil penelitian, Anda dapat menghubungi peneliti langsung di alamat email yang sudah di kirim melalui informed consent. Identitas partisipan Anda dan partisipan lain tidak akan diketahui dari laporan akhir karena seluruh data Akan dibuat pseudonim, sehingga kerahasian data pribadi Anda dan partisipan lain terjaga. Dan juga kalau misalnya anda ingin membaca hasil laporan akhir anda memliki hak untuk membaca laporan akhir tersebut. Apabila membutuhkan informasi lebih lanjut, dapat menghubungi peneliti di email yang sudah tertera di informed consent atau nomor telepon (WhatsApp) di nomor yang sudah saya reach out, maupun dosen pembimbing peneliti di email yang sudah tertera di informed consent. Okay. so far apakah sudah jelas?

**Edith:** All good

**I:** Okay great, thank you so much. Mungkin without further ado kita langsung mulai aja kali ya sama interview questionsnya.

**Edith:** Okay

**I:** So, Edith how are you today?

**Edith:** I'm great, super great. Thank you so much

**I:** That's great to hear. Could you please tell me a little bit about yourself, your academic background, and maybe like how many siblings you have in the family?

**Edith:** Okay, so my name is Edith, and I am currently a seventh semester student at Universitas Padjajaran, and I'm studying Digital Business, which is in the Faculty of Economics and Business. Um I am the firstborn of three children, and I have two brothers.

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**I:** Okay that's nice. Okay. What are you currently busy with?
**Edith:** Umm, right now, I am actually finishing my internship, and it's supposed to be, I think, it's supposed to be over at 9th january i think
**I:** Hmm okay okay maybe i would like to ask more about your academic performance like currently are you satisfied with where you are academically and are your parents satisfied with it as well?
**Edith:** Hahaha okay, uh i think i would say i am quite satisfied but i think if i could be doing more than uh and i feel like if there's a room to be doing more um i would definitely do that but so far my parents um have always said that um they are quite satisfied with my academic performance though um i don't think it's quite the case uh with um with my condition when i was in like elementary school school so
**I:** Mm, so it's different gitu?
**Edith:** it's different
**I:** When were they like satisfied with your academic performance or starting from SMA or?
**Edith:** No kayak I think it's because i'm the first born terus ga ada standard to like set it, I don't have like an older sibling to set as a standard gitu, so kayak pas SD gitu jadi kayak the pressure towards my academic pressure itu kayak lebih gitu. And then as I grew up, then uh my brothers also grew up then it turned out like in terms of academic performance i am better right gitu kan. Jadi kayak mungkin mereka don't really spend their energy to pressure me on my academic performance but instead, mereka lebih ke kayak alokasiin nya tuh ke my brothers.
**I:** Hmm ok ok, speaking of being the firstborn in the family, how would you describe that experience so far?
**Edith:**Okay, it's hard. Especially, kaya I'm not only the firstborn in my family, in my small family but from my mom's side, I'm actually also the firstborn family
**I:** First granddaughter berarti?
**Edith:** Yeah ho oh
**I:** Oh, okay, okay, okay
**Edith:** firstborn granddaughter, which is kind of tough and the pressure doesn't really come from my family but also comes within myself I feel like I have to be the standard for my younger cousins jadi menurutku kayak sebenernya tuh the uh pressure is kind of unspoken uh apalagi kayak sekarang uh lebih kayak unspoken gitu tapi keliatan gitu that they have their own expectations.
**I:**Mmm mhm mhm

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**Edith:** Apa terus, mungkin itu juga yang, those expectations itu juga sebenernya di pake buat kaya memotivasiin dijadiin standard ke my younger cousins.
**I:** I see. Now, how would you like describe your relationship with your parents currently?
**Edith:** It's good. I think it's so much better than the previous years. I think we've grown a lot um as um parents and a um daughter, and I feel like I am more open to them, especially my mom, about certain things, which I don't think I could have uh told her when I was just in middle school.
**I:** That's great. That's really good to hear. Do you feel... Do you feel that like your parents' socio -economic status has affected your family dynamics in such-in any way? Like in a good way or in a bad way?
**Edith:** Yeah, I think so. Okay, so I just had this talk last night with my friend. Uhh tapi kayak kadang tuh, if I want to do something, and then I tell my parents, and then they will show support, gitu kan? And kadang tuh aku ngeliatnya tuh kayak, I just feel like it's just a normal thing gitu loh. Tapi but then, I talked to my friends who might not have the same privileges in terms of socio -economic background, atau mungkin kayak the support gitu kan. Kaya mungkin their parents do not support those kind of things gitu. Kayak and then, I realized that the support that I currently have itu sebenernya such a huge privilege gitu loh kaya misalnya my parents... They just don't hesitate to support me in any kind of way. But it turns out that people out there, even if they don't have the support, they have to fight for it gitu loh. Mungkin karena udah terbiasa dengan support kaya gitu, jad kayak I don’t think it’s such a huge deal, tapi ternyata for some people it actually is gitu.
**I:** Okay, okay. That's good to hear. Jadi I think it's more of a good way gitu lah ya. Like, your parents have supported you uhh financially itu kayak consistent gitu ya with your needs and wants.
**Edith:** Ho oh ho oh
**I:** Okay, okay. That's good to hear. Umm now kayaknya I would like to ask more about your um upbringing as a firstborn. Kayak how do you perceive your responsibilities and duties within the family as a firstborn child? Karena kan tadi you mentioned that you have two brothers. And I think umm apa ya, uhh you might be like, as you said earlier juga, you might be an example for them juga gitu kan. Like how have you been handling that so far? And how do you perceive your responsibilities and duties gitu?
**Edith:** Hmm in terms of handling my responsibilities, umm kayaknya kalau uh ok jadi okay jadi kayaknya ini berangkat dari my own dynamic with my brothers.

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**I:** Mmm
**Edith:** Apa ya, umm, I don't think I am that close with them. I don't think I am close, gak se deket as a sibling should be kan. Jadi kalo misalkan my responsiblity as a firstborn itu mungkin lebih ke kayak the standard, the expectations that my parents set for me. Jadi kan kayak sebenernya lebih ke kayak oh anak pertama itu harus gini gini gini. Jadi ya mereka sebagai anak yang lebih muda danger dong, sama orang tua. Jadi sebenernya, apa yang di tanemin di minsdet mereka itu dateng itu semuanya dateng dari my parents, gitu. Jadi, I think I don't really know if my own siblings have their expectations towards me karena like I said before, we're not as close as siblings should be. Apa namanya. Mungkin kaya apa ya, I think um, kayaknya kalo misalkan in terms responsibilities, karena kita gak begitu deket juga, jadi ya udah jalanin aja, jatohnya kayak ya udah jalanin aja masing masing.
**I:** Okay, okay, okay. You've mentioned kaya tadi about kayak apa ya, that your parents give you expectations gitu kan. Nah itu tuh do they make it clear karena lo anak pertama, atau uhh kayak it's more of like an indirect thing gitu? Kaya misalnya kayak tuh liat tuh anaknya ini bisa kayak gini, gitu something like that?
**Edith:** Hmm, hmm, hmm. Kayaknya itu, jujur banget tapi itu beneran it happened when I was younger. Tapi kalo sekarang udah ga begitu sering itu terjadi sih. Jujur kayaknya paling, the last time it happened kayak waktu aku semester 1 - 2 gitu loh. Emang waktu disitu, wah itu susah banget kan makanya pas semester itu aku gak begitu deket juga sama uhh sama uh my parents as right now gitu kan, terus uhh dan itu semakin sekarang. Dan aku ga tau juga ya buat anak SD, sebenernya aku juga ga ngeh juga sih kayak untuk anak SD itu di gituin apakah akan menjadi kayak something to make them drive towards excellence atau justru itu malah bikin mereka ngedown?
**I:** Hmmm
**Edith:** Iyaa, I don't really take it into account back then gitu kan. Terus abis itu, but I remember that it happens quite often gitu loh, apalagi pas waktu SMP. Makanya pas kalo SMP, seinget aku, those words made me feel like, oh, okay, I need to be better, you know. Tapi kalo pas di SMA aku udah kayak wow, I'm so fed up with it. So, it's just like, justru jadi banyak arguments because of that.
**I:** Yeah, yeah, yeah.If you don't mind, could you share me like an example of how they convey their expectations to you? Apakah it's always apakah ada yang tentang academic performance? Atau apa gitu?
**Edith:** Uhh kalo SD sebenernya aku ga inget, tapi kalo SMP aku inget banget karena kan sebenernya my academic performance itu kayak yang nanggung

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nanggung gitukan. Jadi uhh, not quite the first, tapi almost gitu. Terus habis itu kayak misalnya di peringkat 3 besar, atau ngga di peringkat 5 besar, gue sebagai uh apa namanya first born juga uh bukan the firstborn juga sih sebenernya, ya sebagai orang juga gregetan gitu kan kayak ini nanggung banget gitukan. Jadi mereka yang kayak apa lagi nyokap itu cukup deket sama uhh orang tua si anak yang selalu ranking 1 gitu.

**I:** Hmm hm hm

**Edith:** Jadi itu tuh yang kayak "itu tuh si mamanya ini cerita dia kali ini belajar terus gini gini gini" kayak gitu kan, terus uhh apa ya uhh namanya "dia udah les disini disini kamu juga udah di les in kok gini gini gini?" gitu kan, jadi pokoknya ya kurang lebih kayak gitu kan. Nah kalo misalnya di SMA itu sebenernya juga kayak gitu tapi I know pas di SMA wah ini fed up banget dan aku emang, maksudnya aku ga ada effort yang gede untuk jor joran uhh untuk to prove myself waktu SMA. Tapi waktu di kuliah emang waktu di kuliah peak nya lagi ga tau nih mau ngapain apalagi semester 2 kan, kayak uhh pokonya ga tau deh selama kuliah uh the uh trajectory itu mau di bawa kemana gitu kan

**I:** Hmm hm hm

**Edith:** Apa namanya jadi apa pun yang di omongin itu kayak kerasa banget, jadi kayak, apa namanya ya, misalkan sebatas ngomong IPK kayak ngomongin IPK tetangga kek atau siapa kek kayak gitu kan, terus kayak dia masuk ke kampus mana kek segala macem, terus kayak ikut organisasi apaan, yang kayak gitu loh kerasa sebenernya.

**I:** Hmm, ok ok jadi it took a toll on you juga ya

**Edith:** Yes

**I:** Okay, okay. Do you think, like, being the firstborn child in your family, itu has influenced the expectations your parents have for you? And if so, how?

**Edith:**Um jujur kayaknya mungkin when I was younger iya banget cuma kayaknya sekarang ngga juga karena kan I have 2 brothers right, who are younger than me. Nah jadi sekarang tuh uh ini balik ke lagi ke prinsip masing masing juga tapi my parents tuh liatnya karena uhh my brother itu udah beda umurnya cuman 3 tahun kan jadi kayak dia udah di bilang grown up lah terus apa namanya jadi mungkin the expectations now go to him gitu loh karena dia udah adult, grown up man, uh apa namanya pokoknya apa apa jatohnya dia yang harus take care of his brother and take care of me juga. Karena kan jatohnya karena dia cowo di keluarga gitu ya jadi harus bisa jadi pemimpin keluarga or something gitu lah

**I:** Hmm okay okay, jadi pindah gitu ya expectationnya ke your brother?

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**Edith:** Ho oh iya, tapi kayak kalau towards my brother academic performance nya juga ada, tapi life in general juga itu masuknya ke my brother sih.
**I:** Kalo pas younger itu tuh berarti you get that expectation before your brother lahir atau gimana?
**Edith:** Ngga. Up until–kayaknya baru baru ini deh baru baru ini karena kan dia baru masuk uhh ke uni kan. Jadi sebelum sebelumnya masih di gue gitu loh. Yang kayak harus set example to my younger cousins, younger brothers, kayak gitu gitu, cuma sekarang karena apalagi pas dia kelas 12 gitu udah penentuan untuk uni gitu gitu kan nah itu udah harus di tekenin banget uh pokonya lu gaboleh males karena ini tuh college bakal nentuin banget nih kayak karir kehidupan lu kedepannya dan mungkin dari situ dia juga nyadar gitu kan karena dia tuh beneran gatau ya, mungkin adek gue harus yang kayak di apa ya di kasih tau bener bener dulu baru dia nyadar. Gue gatau sih mungkin dari dalem dirinya dia ada juga cuma menurut nyokap emang itu dia itu harus dipaksa gitu dulu baru dia nyadar
**I:** Hmm Okok, jadi i think necessarily in your case karena youre the first born gitu ya, jadi the title doesn't affect you that much yagak sih?
**Edith:** Now not really
**I:** Yea not really, tapi dulu sempet kan?
**Edith:** Ho oh Ho oh
**I:**Ok ok. Can you like kan tadi ive, you've mentioned kayak sekelibat gitu lah kayak misalnya lo suka dibanding bandingin sama anaknya ini anaknya ini, is there any other example of expectations that have been conveyed to you gitu?
**Edith:** Uhmm any expectations that have been conveyed to me? Uhh sebenernya kayak ini aja sih waktu uhh waktu kalo paling kenceng in terms of academic performance kan. Uhm apa namanya kalo dari SMA wah itu kalo dari SMA itu kenceng banget apalagi pas SMA kita sama sama ngejer ini kan, sama sama ngejer PTN yang bagus kayak gitu kan. Jadi emang mungkin orang tua dengan ngomong kayak gitu juga financially mereka juga berusaha untuk support uh the same facility yang bisa di akses sebagai uh dengan orang orang yang dia bandingin gitu. Uh tapi mungkin kayak the capability itu gatau ya mungkin kayak the system just doesn't work for me gitu.
**I:** Hm hm hm. What do you mean the system doesn't work for you? Malah jadi demot gitu kah maksudnya?
**Edith:** Hahaha my brain wires itu kayak gak capable gitu loh rel hahaha
**I:** Oooh oke oke
**Edith:** Uhh kan kadang apalagi kan dulu tuh beneran yang kayak SMA tuh bener

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bener yang kayak kotak kotak banget kan, IPS atau IPA segala macem kayak gitu. Gue tuh les di IPA, iya gue les di IPA, dan di setiap les itu kan ada tryout segala macem gitu kan, dan gue tuh tau waktu gue tryout gue tuh pengen pindah jurusan. Pengen ngambil IPS. Tapi kalo lo liat hasil gue berdasarkan paper, berdasarkan hasil tryout gue, pasti gue akan lebih jelek dibandingkan ada nih orang yang selalu disebut nih kan. Pokoknya ada lah orang ini selalu disebut. Apa namanya jadi kayak gue itu selalu dibawah 2 orang ini, terus nyokap yang uh apa namanya nyokap selalu yang kayak bawa bawa "perasaan apa yang kita provide untuk kamu dan apa yang si orang ini dapetin itu kalo diliat secara mata maksudnya kayak secara mata normal, maksudnya kita ga liat kedalem apanya internal dynamicsnya gitu kayak itu udah sama" tapi kayak gue tuh gasuka IPA aja gitu loh kayak intinya gue ga suka IPA aja intinya we have different passions and we have different uh things to focus on.

**I:** Hooh I get it I get it, uhh berarti the expectations your parents convey to you in terms of academic performance tuh lebih indirect gitu kali ya? If I may say kayak do they make it clear kayak wah lo harus kayak gini gitu? Do they make it clear like that atau?

**Edith:** Uhmm yaah ya most of the time sih it is indirect tapi kalo misalkan uh kayak yang uh yang secara direct itu kamu harus masuk sini, gitu pokonya. Pokoknya harus gini gini gini terus oh kamu harus lulus gini gini gini. Cuma kayak menurut gue itu masih ada apalagi kalo untuk lulus gitu ya, ada room for negotiation gitu lah kalo misalkan gitu.

**I:** Hmm oke oke I get it I get it. Nah kan tadi you mentioned a little bit about your passion and interest gitu kan, kaya lo ga suka IPA kan sebenernya. Nah have you ever kayak disagree and talk back on the expectations that your parents set for you?

**Edith:** Hmmm okeh mungkin in terms of kayak career path, jujur ini agak seneng banget tapi mereka tuh ngebiarin gue untuk uhh untuk milih sendiri gitu. Cuma thing is, uhh justru kadang kayak sekarang gue sebenernya ada ini sih, dulu mereka beneran yang kayak ini banget, ke gue untuk masuk teknik gitu kan. Jadi sbenernya waktu di SMA pun tadinya awal masuk kelas 10 pengen ambil IPS, karena emang pengen fokus di IPS, cuman karena mereka ngerasa uh apa namanya udah gausah nanti aja di IPA aja kalo di IPA kan bisa pindah ke IPS tapi kalo di IPS gak bisa pindah ke IPA karena memang dari awal gue tuh di bikin untuk oh masuk teknik aja. Oh masuk arsitek aja yang berbau bau sains atau anak anak IPA gitu kan. Tapi selama apa lagi di kelas 12 kayak gue nunjukin banget my determination untuk masuk di IPS jadi kayak mereka just let me be

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gitu loh. Tapi di awal awal mereka masih yang kayak bahasanya berusaha untuk mendoktrin gue untuk masuk teknik or semacemnya gitu

**I:** Hmm oke oke, berarti during that negotiation process itu kayak how did your parents handle it gitu? Apakah mereka yang kayak marah marahin lo gitu atau yang abis abisan? Atau mereka mendengarkan dan akhirnya luluh gitu?

**Edith:**Kayaknya sebenernya kalo marah marah ngga juga tapi kayak it just took time gitu loh. Keputusannya tuh kayak ga instant kayak dari awal tuh kayak gue ngomong dari kelas 11 atau segala macem tuh jadi kayak prosesnya lumayan lama juga jadi kayak gue ngomong dulu nih, sebates ngomong dulu nih terus abis itu di kelas 12 gue cukup nunjukin kalo gue tuh sebenernya maunya kesini terus kayak i proved it gitu loh kayak uh dari try out try out yang topiknya sama dengan IPS IPS ini jadi kayak apalagi waktu itu kayak gue berusaha untuk excel in my economics subject gitu kan walaupun sebenernya kelas 12 tuh gue sama sekali ga belajar itu gitu. Tapi kayak gue pelajarin economics subjects supaya di bolehin gitu kan, untuk masuk jurusan ini. Untuk ambil bidang ini

**I:** Ooh, hm hm

**Edith:** Uh apa namanya mungkin karena liat itu juga kali ya liat my determination terus kayak dari scores scores yang gue dapet buat masuk ke bidang ini juga lumayan memenuhi dibandingkan gue harus maksain ke bidang yang lain jadi mungkin karena itu jadi kayak oke.

**I:** Hmm hmm Tapi if you feel like you werent as determined as you were, apakah masih di bolehin?

**Edith:** I dont think so. Iya if I wasn't as determined as I was before kayak nya ga di bolehin deh. Tapi khawatir juga sih kalo misalkan beneran gue ga sedetermined itu dan gue dimasukin ke IPA terus kayak di IPA juga gue gaada effort untuk ini, apalagi kalo gue ga determined berart gue gue beneran gaada effort dong di iPA

**I:** Ooh iya ya paham sih, jadi intinya you paved your way up gitu kan. And i think that's a very first born trait of us gitu HAHAHA

**Edith:** Iya iya, unconsciously we just do that gitu loh

**I:** Iya uncosciously we just do that, betul. How does your parents expectations affect your academic performance gitu? Kan tadi you mentioned gitu kan kayak suka di banding bandingin dan ada yang membuat lo lebih motivated, dan kadang ada juga yang buat lu lebih jengkel gitu kan. Like ada gak sih significant instance where those expectations tuh affect your academic performance in a good way or in a bad way gitu?

**Edith:** Kalo misalkan affecting my academic performance tuh um i would say

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definitely yes, um tapi kayak ini lebih ke indirect gitu sih kan tadi pertama gue bilang ada beberapa kalimat kalimat yang direct gitu kan untuk supaya gue bisa drive towards excellence or something. Kalo misalkan affecting my academic performance I would say yes karena mungkin those words kadang antara, sebenernya ini tuh tergantung uhh my own situation deh pas lagi dimana ini kayak kejadian. Kayak misalkan kalo misalnya ini dibilang pas di SMP mungkin ini bakal ini bakal a form of motivation, kalo misalkan ini tuh di kasih pas SMA kayak tadi gue bilang juga ini justru malah bikin gue down karena gue ngerasa udah mentok juga gitu, I've done everything I could dan ga bisa aja. Tapi kalo misalkan SMP gue masih ngerasa there is still a room for improvement gitu gitu. Gue bakal coba gitu tapi gue in terms of academic performance gue ini tuh beneran yang bikin ini doubting yourself gitu loh. Ini tuh yang bikin kayak the source of most firstborn overthinking deh kayaknya, apalagi kalo misalnya ngomongin karir dan segala macem, apalagi buat uni students kan sekarang lagi kayak ngomongin magang segala macem, nyari magang tuh is not really easy gitu loh apalagi kayak gue denger cerita dari temen temen juga yang sebenernya menurut gue tuh ininya oke bgt, tapi belom rezeki aja gitu bahasanya. Jadi kayak ya pasti ekspektasi orang tua itu takes a toll on me and jadi sumber overthinking. Tapi untungnya my parents belakangan ini lagi always appreciate what I do gitu.

**I:** Hmm oke, thats good to hear. Tapi emang pasti it took a toll on you kan sometimes. Do you think it shaped you in any way? Kayak misalnya the way you handle your work atau kayak misalnya kayak?

**Edith:** Aduh itu bener banget lagi kayak sebagai anak pertama gue jadi susah banget minta tolong sama orang terus kayak uh apa namanya, semuanya gue prefer untuk kerjain semuanya sendiri apalagi kalo itu beneran yang kayak orang orang tuh bakal mikir kayak apa namanya selfish or something mungkin bahasa bagusnya independent tapi bahasa jeleknya selfish, terus uh menurut gue agak similar juga sih those two words apa lagi kalo konteksnya anak pertama ya tapi ya emang menurut gue ya itu agak susah karena gue ngerasa gue susah banget, tapi gue ga notice gitu loh gengsian aja gitu. Tapi ternyata mungkin untuk orang lain yang gak mengalami upbringing yang sama itu ga normal, sebenernya normal banget kalo lo ask for help dan sebagainya. Mungkin karena kita ngerasanya normal kali yah untuk gak asking for help.

**I:** I really get it karena it's like i'm looking into a mirror HAHAH tapi kayak does this also apply to your academic performance gitu? Jadi misalnya lo lebih sungkan untuk minta tolong sama orang untuk bantuin tugas lu atau apa gitu?

**Edith:** Jujur aduh jujur banget tapi misalkan kalo gue ngerasa ini jelek banget sih

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rell, tapi kayak misalkan gue tau ni orang on paper dia academic performance nya lebih bagus, maksudnya kan academic performance ada measurementnya gitu kan, kayak mungkin beberapa orang ngira academic performancenya ada measurementnya atau ngga gitu, tapi kayak misalkan gue tau dia lebih oke daripada gue nih, maksudnya kan kita lagi ngerjain tugas nih di matkul ini terus gue tau fix mutlak dia lebih bagus daripada gue, gue gapapa ga nanya ke dia cuma kalo misalkan ada ternyata orang yang sebenernya lebih oke daripada gue tapi on paper dia keliatan ga oke, kayak misalkan kalo di ukur secara angka atau segala macem itu sebenernya gak lebih oke daripada gue, gue gamau minta tolong. Walaupun sebenernya mungkin dia akan bantu, tapi jatohnya kan gue minta tolong ke orang yang lebih kurang daripada gue

**I:** Hmm jadi intinya you have your own standards to keep. You have high standards on your academic requirements gitu lah ya

**Edith:** Iya

**I:** Oke oke noted. Now do you feel fair with the expectations your parents set for you?

**Edith:** Kalo fair menurut gue fair sih karena menurut gue apa yang mereka set untuk gue sendiri bisa di realisasikan. Kalo kita ngomongin target dan segala macem menurut gue uh gue ngerasa capable untuk realizing those expectations, tapi kalo kita ngomongin waktu itu bakal beda lagi. Kalo target achievable banget gitu, tapi kalo taking waktu into account, kayak misalkan harus dalam beberapa waktu ini, I don't think it is.

**I:** Hmm oke oke, nah tapi kan you mentioned di awal, kan you're also the first born granddaughter in your family gitu kan. Do you think it's fair that these family members put expectations on you? Kayak do you feel pressured to achieve that?

**Edith:** Hmm oke kalo misalkan itu, of course i do feel pressured uh tapi kalo misalkan uh their expectations ke gue itu mungkin karena kita tinggalnya jauh ya. Jadi expectationsnya lebih indirect gituloh, gak yang ngomong secara blak blakan harus gini gini gini. Cuma kayak kerasa gitu kalo mereka bikin uh bikin secara gak langsung harus untuk achieve something supaya uh apa namanya adek adek yang lain juga ikutan. Terus dengan expectations yang keluarga gue punya itu pasti di denger juga with my own parents. Mungkin mereka yang kayak, mereka bakal nge rephrase atau ngambil semua bahasa bahasa itu baru di kasih ke gue gitu.

**I:** Ooh okok, tapi you still feel pressured despite all that ya. Sekarang maybe I would like to ask, speaking of pressure, I think pressure itu sebenernya set back

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for you gitu kan, lo bisa, i mean as you mentioned tadi you jadi overthinking and all. Now do you feel like challenges selain these expectations?

**Edith:** Hmm bentar, kalau untuk um kalau misal untuk challenges sendiri ya. Selain overthinking and pressure to succeed, apalagi kalo kecil itu kerasa banget sharing attention itu juga agak sulit gitu ya.

**I:** Sharing attention with your siblings gitu kah maksudnya?

**Edith:** Iyaa, maksudnya ada beberapa kali yang kayak oldest child sydnrome gitu gak sih kita sebenernya? Kayak misalnya susah minta tolong, achievement orientation, ini tuh beneran academic validationnya kenceng banget gitu loh. Terus kayak misalnya all that you are itu measured from your academic achievements. Nah mungkin itu yang membuat gue kayak "bro I'm more than my academic achievements" gitu kan.

**I:** Iya iyaa I get it. Do your parents give you the academic validation you need? Or should you acheive more than enough first before getting those validations.

**Edith:** Kayaknya from the way my mom works and dad works are different gitu. Jadi kayak misalnya kalo nyokap tuh mungkin dulu, pokoknya daily gue selalu sama nyokap. Jadi uh apapun yang diajarin, semua, atau apapun itu yang dateng selalu sama nyokap. Terus kayak ngobrol itu selalu sama nyokap. Jadi mungkin dulu tuh uh nyokap gue yang influencenya paling gede. Nah tapi sekarang tapi karena itu juga nyokap gue juga jadi lihat my process gitu kan, my process and my effort. Nah and this also apply to my brother juga, tapi menurut gue nyokap gue lebih gampang ngasih apresiasi dibanding bokap gue. Dulu gue inget banget sebatas IPK gue, gue lupa IPK gue berapa terus nyokap gue udah seneng banget sama nominal itu. Tapi bokap gue, walaupun bercanda, yang kayak "ah ipk mah ngga ngukur kemampuan" or something along that line. Terus gue kayak diem, dan gue inget banget itu lagi di jalan dan di mobil, terus kayak spacenya kan kecil banget and you have no where to go. Terus nyokap gue ngasih tau bokap gue kayak gini gini gini, contoh "kenapa kayak gitu sih? Maksudnya kan dapetin ipk segini kan ga mudah". Nah ini juga sempet ke apply ke my brother. Dia kemarin sempet belajar untuk masuk uni, nah nyokap gue sempet liat gitu prosesnya, tryoutnya juga ada keliatan improvement dia, tapi bokap masih yang kayak "ah segitu mah masih kurang"

**I:** Aah i see, jadi in a way lebih susah to satisfy your dad dibanding your mom yaa. Which makes you lebih deket ke your mom gitu dibanding your dad.

**Edith:** Betul.

**I:** Ok now maybe I would like to ask more about your personal interest gitu. How do you balance meeting your parents expectations with your own academic

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goals and personal interests? I mean you mentioned briefly about yang pas maunya IPS tapi mereka menuntut lo maunya IPA dan habis negotiation akhirnya bisa juga dapet IPS. Nah how is that negotiation process for you gitu? Was it tough on you? Or was it tough for your parents? How do you find the balance gitu loh, gimana lo menemukan titik terang dari kemauan lo dan tuntutan orang tua lo?

**Edith:** Uhh jadi sebenernya sama aja sih, mereka punya ekspektasi ke gue untuk uh bisa mencapai ini itu tapi at the same time, i also have expectations for myself gitu kan. Jadi kayak sebenernya it goes hand in hand, their expectations and my expectations cuma memang mungkin bedanya di added pressure aja. I want that for myself juga gitu kan. And now it's just up to me gimana caranya gue bisa realize that. Nah tapi kalo misalnya balancing nya ya karena we have quite similar goals for myself, jadi sebenernya gue ga bisa nyalahin mereka kalo mereka punya those expectations karena gue juga pengen bisa untuk dapetin itu. Tapi kalo misalnya apa yang mereka minta dan apa yang gue mau itu agak clashing, ya itu baru kayak gue harus negotiation dan see how apa ya, kayak i'm gonna try to let them see gimana sih from my perspective gitu dan apa yang bikin beda banget. Dan beberapa belakangan ini juga ada hal hal yang clashing juga, tapi untungnya mereka sebgai parents juga udah mulai ngerti deh gue rasa. Apalagi karena kita udah gede juga kan, dan umur kita sekarang ini sebenernya krusial banget terus apa yang lu tentuin sekarang itu pengaruh banget ke your future. Jadi walaupun mereka punya expectations tapi selama gue punya a ground to stand on gitu dan kemauan yang cukup kuat untuk apa yang gue mau, mereka bakal open to that gitu.

**I:** Hmm oke oke i get it. Have you ever felt that these expectations are beneficial for you in some way?

**Edith:** Kalo beneficial jujur mungkin ga semuanya beneficial, tapi at some point they are beneficial, maksudnya gue ngerasa mereka gak akan nyuruh gue untuk dapetin sesuatu tanpa support itu secara material gitu if it is required. Nah menurut gue ada juga beberapa orang tua yang nge biarin anaknya aja dan anaknya mau ini tapi orang tuanya kurang support secara finansial, tapi kalo gue untungnya semuanya di cover.

**I:** Hmm, oke i see. And you see it juga with the way you pursue your career ya. Nah kan you said earlier the expectation itu passed down to your brother gitu ya, kayak the expectations sekarang is on him. Do you see any difference between the way your parents treat you and treat your brother with the same expectation in hand?

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**Edith:** Um kalo menurut gue, i dont think so soalnya, sebenernya ga begitu mirip karena kl gue expectationsnya kan dari kecil ya di gue udah ada, kayak ranking aja di perhatiin banget. Tapi kalo my brothers, my parents cut them some slack gitu loh

**I:** Hmm, lebih lenient gitu ya

**Edith:** Iyaa, terus kalo diliat dari peringkat gitu misalnya mereka dapet peringkat lebih dibawah gue jauh tapi maksudnya abis ambil rapot my parents tuh happy happy aja, padahal kalo gue, gue inget banget pas SD, SMP, SMA, kalo abis ambil rapot selalu deg degan sendiri kalo bisa gue kabur dari rumah. Nah bedanya sebenernya disitu. Especially towards my younger brother dia juga harus di balance dengaan social life nya, jadi kalo dibandingin sama gue social life dia di mata bokap nyokap gue itu lebih ke yang kayak, wah ini ngeribetin banget anaknya. Bandel banget anaknya. The way he turns out sekarang itu menurut bokap nyokap gue udah much better waktu pas SMP/SMA karena bandelnya bener bener yang bandel banget. Nah terus gue selama gue pas kecil itu I've always been the good kid, yang patuh sama mereka terus kalo udah urusan ga patuh paling kalo gue tuh ngapain sih? Kalo adek gue itu sampe di DO gitu dan gue ga pernah bermasalah sama sekolah sama sekali. Jadi bokap nyokap gue khawatirnya sama dia, dengan social lifenya dia dan kedepannya agak susah segala macem jadi mungkin emang sekarang pressurenya di dia. Apalagi dia cowo dan cowo paling tua di keluarga gitu.

**I:** Iya, ok i get it. Jadi intinya your parents tuh cut him some slack. Do you ever think it's because you're more capable than your brother?

**Edith:** Hmm mungkin gara gaara gue yang lebih tua dan ada gap 3 tahun, jadi pas dia lagi bandel bandelnya. Jadi mungkin menurut gue i'm not that much of work. Gue ngerasa gue ga pernah nyusahin mereka gitu sih yang sampe segitunya.

**I:** Nah do you ever feel like a sense of obligation to meet your parents' expectations because you're the first born? Pernah ga sih lo nanemin mindset di otak lo kayak gue harus banget nih ngikutin tuntutan orang tua gue kalau gak mereka kecewa?

**Edith:** Sebenernya iya, cuma itu sebetulnya bukan karena gue takut bikin mereka kecewa tapi selain itu gue juga takut bikin diri gue kecewa. Soalnya somehow apapun yang mereka expect ke gue itu juga ketanem di gue kalo gue harus achieve ini juga. Gue ga ngerti ini normal atau ngga tapi apa yang merekaa expect ke gue gue juga expect for myself. Jadi kalo ga kecapai i disappoint myself and my parents and the people around me gitu. Jadi kayak misalnya, untungnya

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kemaren gue lolos ABCD. Karena dari awal kuliah gue tuh pengen banget ABCD dan gue bilang ke orang orang gue pengen ABCD. Because of that mereka jadi mikir gue tuh pengen ABCD dan gue takut kalo ga lolos mereka bakal kecewa. Kayak mereka kan pasti punya ekspektasi yang ngiranya gini gini gini dan ternyata gue ga bisa. Jadi sebenernya selain my parents, gue juga takut disappoint the people around me and myself juga gitu kalo gue ga achieve sesuatu. So i do feel obligated to achieve all that.

**I:** Kalo misalnya you do achieve those things gitu, berarti the validation they give you juga satisfy you juga gitu ya

**Edith:** Iya iya.

**I:** Jadi apa sih yang lo kejer dari tuntutan tuntutaan itu? Is it monetary? Or validation aja in general?

**Edith:** Sebenernya kayak jujur banget kayaknya validation sih. Karena the more you achieve the more you are valued atau gak kayak the more you see your work gitu.

**I:** Ok ok i get it. Kan you mentioned di awal awal about how you feel like what your parents have provided for you itu a big privilege for you. Do you think the socioeconomic status of your family itu like support the level of intensity they set on you?

**Edith:** Jujur sebenernya kalo misalkan fully, ngga juga. Tapi dengan apa yang mereka provide gue bisa uh i can do something with it kayak sebenernya yang mereka provide itu cukup. Tapi untuk dapat hasil yang lebih itu bisa pake effort yang lebih dan support yang lebih. Tapi yang mereka kasih ke gue sekarang udah cukup.

**I:** Hmm okok. Nah biasanya your parents tuh involved gak sih in your day to day academic obligations? Apakah mereka help you in achieving your goals apa mereka lepas aja?

**Edith:** Kalo menurut gue ngga sih. Tapi kalo something big like applying for an internship, itu pasti mereka bantuin sih. Mereka gak yang nemenin banget, tapi mereka show support gitu.

**I:** Ooh, oke oke jadi lebih ke being available aja ya. Now do you know why your parents set expectations for your academic performance?

**Edith:** Tapi mungkin aja, mungkin banget. Speaking for my father first, both of my dad and mom itu pas sekolah itu juga tergolong as yang pinter gitu. Jadi gue dapet itu juga, jangan sampe lepas lah dibawah bawah. Di keluarga nyokap gue tuh ada juga sebenernya ade adenya ga peduli sama sekolah dan semacamnya. Nah mungkin dia liat dari situ dan ga kepengen anaknya ngerasa kayak gitu juga

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karena strugglenya kerasa banget. Kalo dari bokap sebenernya dia punya ekspektasi yang tinggi karena dia tuh ngeliat gue gak mulai dari 0, tapi udh settled dari apa yang mereka kasih. Tapi kalo bokap gue itu dia mulai dari enol dan bisa reach sampe sekarang. Terus kalo misalkan gue ga bisa memanfaatkan my uh facility dan my akses to things gitu, sebenernya sayang aja sih.

**I:** That's a very good answer Because I actually really understand where you're coming from Well, I think earlier We were talking a lot about being the firstborn in the child and expectations And I think most of them were direct and indirect Like the way your parents portray your expectations to you. In what ways do you think your experiences as a firstborn daughter Influenced your relationship with your siblings and parents?

**Edith:** Well, the influence, those expectations I have on my relationship sebenernya lebih kayak ke apa namanya, kalo dulu dulu itu lebih bikin–it kind of strengthened our relationship gitu dulu. Tapi kalo sekarang mungkin karena apa namanya uh along the way mereka juga liat my process especially my mom terus kayak my brothers, they listen to my process more from my mom gitu loh. So maybe my mom yang lebih liat processnya and nyokap gue yang nyeritain ke adek adek gue kalo misalkan in order to achieve gue harus ngelewatin ini seglaa macem kayak it's not easy gitu gitu lah. Kalo misalkan nyokap gue sendiri gue ngerasa she's really appreciative of what i've done. Terus abis itu dengan cara itu juga, dia yang kasih tau ke my siblings kalo misalnya cara gue ngeachieve ini tuh beneran yang kayak gue serius nih mau dapetin ini dan nyokap gue juga liat prosesnya segala macem jadi in hope i think she hopes by saying that it will motivate my siblings juga kali ya. Kalo nyokap gue mungkin karena liat prosesnya sendiri juga dia she's been very appreciative ke gue, menurut gue itu jadi kayak easier to open up to her gitu sekarang. Kalo misalkan gue kesusahan dia juga ngerti kalo ini susah, tapi kalo misalkan apa segala macem itu ya dia akan appreciate gitu. Tapi kalo misalnya bokap gue kayaknya dia tau semuanya dari nyokap sih sebenernya. Pokoknya dari semua anggota keluarga gue, gue tuh paling deket sama nyokap terus and then kalo misalkan yang lain gitu kayak life details dari adik adik gue, itu gue bisa tau dari nyokap gue juga dan vice versa.

**I:** Aaah, okay okay okay. Sekarang I would want to ask about how being the firstborn has impacted your self-perception. Has it changed in any way? Or has it took a toll positively or negatively within yourself?

**Edith:** Umm, okay. Kalo misalkan as a firstborn sendiri, emang jujur dulu gue tuh ga nyadar kalo misalkan apa yang-the way i was shaped itu because I was the firstborn. Gue ga nyadar aja sih tapi kalo misalkan sekarang tuh gue nyadar I am

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the way I am karena gue anak pertama.
**I:** Aaah, iya iya. Kayak yang lo bilang tadi the way lo hesitant untuk minta tolong, overthinking, gitu ya.
**Edith:** Iya iya. Itu kan kayak gue ga nyadar tapi ternyata it's the first child syndrome gitu. Nah umm tapi kalau misalkan impacting the way I perceive myself itu sebenernya iya banget. Kayak pertama gue bilang, tapi gue rasa itu kayaknya impactnya lebih in a good way. Karena gue ga ngerti juga sih mungkin karena prinsip prinsipnya sama juga dengan values we hold as a firstborn, kayak perfectionist, sebenernya walaupun orang orang bilang ngga bagus tapi kayak karena lo dari awal juga taunya "oh perfectionism itu sebenernya ok kok kalo misalnya ga toxic toxic banget gitu" gitu loh, jadi sebenernya lebih ke the way we perceive things aja sih sebenernya agak beda.
**I:** Paham paham, I get it, karena i see that reflection on myself juga sih.
**Edith:** Iya iya
**I:** Heem, nah in instances where In instances where, for example, those expectations, your parents' expectations on your academic performance, took a toll on you. For example, being overthinking and so on. How do you usually cope with that?
**Edith:** Oh oke, kalo kayak gitu sebenernya I just let it rest sih kayak yaudah nanti juga akan ngilang terus mungkin I would do something yang actually meaningful yang bikin–apa ya, jadi kayak misalnya abis overthinking dan segala macem bakalan do something yang bikin different, you're working towards it everyday little by little gitu sih palingan.
**I:** Okay, okay, okay. Now, this is nearing the end of our interview. Now, maybe this would be like the last few questions. So, if you had any chance, to say anything to your parents about the expectations that they set for you, what would you say?
**Edith:** okay um bentar, i'm gonna think a bit
**I:** don't worry take your time
**Edith:** What was the question sorry
**I:** Um do you have anything to say to your parents about the expectations that they set for you like just a short message for them
**Edith:** Okay um sebenarnya uh if i could say anything to my parents about their about their expectations to me i think um sebenarnya i would say thank you for like believing in my capabilities to shift things and then uh for supporting as well but like um i feel like um every child is um so so so their uniqueness i don't think um what other kids achieve itu bisa jadi something your kids want to achieve.

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Yea so I don't think it should be generalized um um um but overall my parents expectation expectations to me is okay. I can see the like positives and like what so called feel like it also helped me so like a form of motivation too actually

**I:** okay that's that's very nice to hear actually like there's a silver lining yeah. Okay um I think that's all for the interview for today Uh do you have anything that you Oh maybe you would like to add anything else? think about your experiences as a firstborn and if you have a message to say to all the firstborns out there? Hahah

**Edith:** I don't know I feel like the firstborn you guys don't need to be so hard on yourself gue tau banget, dan gue ngerasa banget pasti firstborn ini paling wah anjir, blood sweat and tears for acadeimc validation and like to achieve something, it's just no need to be so hard on yourself we're on our own pace don't be so hard on yourself.

**I:** yeah okay thank you so much shifa that's like the last question of the interview thank you so much for attending and I'll just stop the recording dulu yah.

**I4: Agnes**

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Interviewee: Agnes (I4)
Gender: Female
Age: 21 years
Via: Zoom

**I:** Hello Agnes good morning good afternoon how are you
**Agnes:** Hello I good afternoon oh great i'm doing fine how about you babe
**I:** I'm great thank you. Okay so maybe before we start the interview i'm gonna read like i'm gonna lay some ground rules first and just so you know the rights of you as a participant as my research participant as well it's actually quite straightforward let me share my screen okay
Okay so good afternoon Agnes maybe to introduce myself my name is I i'm a seventh semester student in the faculty of psychology in universitas gajah mada i'm currently doing my thesis under the supervision of bu yayi and my research title is exploring parental expectations and firstborn academic performance in privileged households now um sebenarnya tujuan penelitian ini untuk memahami bagaimana ekspektasi orangtua mempengaruhi pencapaian akademik anak sulung baik secara positif maupun negatif and anda dipilih sebagai partisipan karena memenuhi kriteria inklusi dari pilihan ini yaitu mahasiswa aktif sarjana anak sulung dari berbagai jurusan dan kampus anak sulung yang benar-benar berada di urutan pertama dalam urutan kelahiran anak sulung dari keluarga mapan yang ditentukan oleh pendapatan orangtua yang berkisar antara 64 juta hingga 196 juta perbulan sesuai dengan klasifikasi World Bank untuk keluarga berpendapatan menengah keatas di Indonesia. Partisipasi dalam penelitian ini sepenuhnya bersifat suka rela dan tidak ada konsekuensi apapun bila memilih untuk tidak berpartisipasi Anda dapat berhenti berpartisipasi dalam penelitian kapanpun tanpa perlu memberikan alasan dan tanpa konsekuensi apapun prosedur pengambilan data akan dilakukan dengan mewawancara Anda akan mengikuti sesi mewawancara selama dua sesi masing -masing sesi beresiko kurang lebih satu jam dengan 20 pertanyaan namun kemungkinan akan ada pertanyaan lanjutnya jika terdapat jawaban yang kurang jelas. Nah proses wawancara akan dilakukan secara dari melalui Zoom meeting, oleh karena itu hasil dan jawaban Anda akan direkam secara audio/video dengan persetujuan dari Anda. Rekaman tersebut hanya akan digunakan dalam proses analisa tugas akhir sehingga tidak akan digunakan untuk keperluan lain. Selain itu, tidak ada seorangpun, selain dosen pembimbing peneliti, yang dapat mengakses rekaman asli wawancara tersebut. Penelitian ini kemungkinan

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memiliki risiko ketidaknyamanan yang moderat bagi Anda karena topik yang dibahas terkait dinamika keluarga, pengalaman Anda sebagai anak sulung, dan harapan orang tua Anda dalam pencapaian akademik Anda, sehingga dapat menyinggung pengalaman-pengalaman yang kurang menyenangkan yang berkaitan dengan harapan orang tua. Untuk menangani dampak negatif dari penelitian ini, peneliti telah menyiapkan beberapa mitigasi untuk Anda, yaitu:
Memberikan penjelasan jelas dan komprehensif mengenai hak-hak Anda dalam penelitian secara verbal dan tertulis sebelum wawancara dimulai. Mengingatkan Anda bahwa Anda dapat melewati pertanyaan yang membuat Anda tidak nyaman atau mengundurkan diri dalam penelitian jika Anda sudah mulai merasa ketidaknyamanan. Sadar dengan perilaku dan nada bicara Anda jika menunjukkan tanda-tanda ketidaknyamanan, sehingga peneliti bisa memberhentikan penelitian jika hal tersebut terjadi, tanpa konsekuensi. Peneliti akan memastikan suasana wawancara bersifat suportif dan terbuka, sehingga Anda merasa nyaman untuk berbagi pengalaman Anda, mau itu buruk atau baik. Dalam proses penjawaban pertanyaan ada cerita Anda yang kurang nyaman, saya akan terus memberikan afirmasi positif dan dukungan emosional untuk menunjukkan hormat dan empati kepada Anda. Merujuk Anda kepada lembaga konseling atau profesional jika Anda membutuhkan penanganan khusus setelah penelitian selesai. Manfaat yang Anda dapatkan selama berpartisipasi adalah kesempatan untuk berbagi suara di lingkungan yang aman. Anda akan memiliki kesempatan untuk menyampaikan pengalaman dan perspektif Anda mengenai topik penelitian ini yang mungkin belum pernah diceritakan ke orang lain sebelumnya. Apabila Anda memiliki keluhan sepanjang proses penelitian, Anda dapat menghubungi peneliti di alamat email saya yang tertera di informed consent atau dosen pembimbing peneliti di alamat email yang tertera di informed consent. Namun, apabila penyelesaian atas keluhan yang diberikan peneliti tidak sesuai harapan atau ada keluhan karena kejadian serius dalam proses penelitian, Anda dapat menghubungi Komite Etika Penelitian Fakultas Psikologi UGM di alamat email yang juga sudah tertera di informed consent. Seluruh informasi yang diberikan, mau itu data pribadi atau jawaban wawancara, akan dijaga kerahasiaannya oleh peneliti. Data yang diperoleh tidak bisa diakses oleh siapapun kecuali peneliti dan dosen pembimbing saya untuk keperluan akademik. Seluruh data akan dibuat pseudonim dengan nama samaran yang tidak berhubung dengan nama partisipan, sehingga tidak ada yang dapat mengidentifikasi bahwa data tersebut adalah informasi yang diperoleh dari Anda saat data dilaporkan atau

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So far ada pertanyaan kah?

**Agnes:** So far, udah clear dan aman. Terima kasih sudah di jelasin.

**I:** Okay, thank you so much. Mungkin let's just start the interview directly. This is a semi-formal interview, so use a language kayak sesuai kenyamanan lo sendiri. English, Bahasa Indonesia is fine. Okay, so could you please tell me a little bit about yourself and your current background?

**Agnes:** Umm okeh Hi I. By the way, we're friends. Mungkin buat formalitas di interviewnya, so I would like to introduce myself a little bit. My name is Maisa Imanulya. I'm currently majoring in Electronics Instrumentation at UGM as well. And I am the firstborn children from my family. To be precise, I'm the first granddaughter from both sides of the family. So, apa ya, tentang gue maybe maybe I'm an extroverted, enthusiastic, lumayan ambis, and I'm a goal-driven kind of person.

**I:** That is the attitude we're looking for right here.

**Agnes:** Hey!

**I:** Okay, okay. How many siblings do you have, by the way?

**Agnes:** I do have one sibling. He's a younger brother, and he's also currently doing communication studies at UGM.

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**I:** Great, great. So, what are you currently busy with?
**Agnes:** I'm currently busy. I'm currently busy. I just did my internship, like, yesterday. No, two days ago was my last day in my internship. I was doing an IT project management internship. And currently, probably, I would say that I'm juggling over my final thesis. Just like you, Yes. Oh, yeah. That's why. That's how I would like to explain what my activities are.
**I:** Okay. Now, maybe let's look more into your academic performance so far. Could you, like, maybe give a brief overview about your academic performance? And are you satisfied with it? Or maybe are your parents satisfied with it?
**Agnes:** okay uh in the in terms of academic performance doesn't mean uh starting from elementary school or it's just university life overall
**I:** Uh university life overall
**Agnes:** Okay academic performance and university life i my recent uh GPA in the last semester was 3.92 and i'm pretty satisfied with it i worked hard for it my parents uh totally very uh how do you call it not really not really excited just they they're grateful for my for my score i'd say but yeah uh in terms of other academic performances i'm quite active in organizations or um i'd say just what i just did like internships uh if it it doesn't necessarily uh count as academic performance but i would say it's contributing to a certain degree to my GPA result in the last semester so that's a little bit about my academic okay
**I:** great that's that's a very thrilling number right there coming from Electronics and Instrumentations major congratulations
**Agnes:** it's okay it's okay okay
**I:** uh maybe i would like to ask more about your position as the first born child so how would you describe being the first born child in the family and also the first born granddaughter from both sides
**Agnes:** right right one one word that uh if i i can't explain it in one word it would just be leadership i'd say. Leadership because people looked up on me um even when i won or even when i don't want to be in the position to be looked up for but at the end people will always look up for me and it doesn't necessarily uh goes for my cousins my siblings but it um but any other extended part of my family also looked up on me because my uncles my aunties even my grandparents and yeah and I don't have any sense of someone that i look up for i mean in terms of my parents or my grandparents we have a different age gap and we live in different generations so everything that i ask towards them cannot really it's not necessarily will be relevant to me on what i'm facing at but in terms of my younger cousins my younger sibling they look up on me they they stop

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they see me as someone thatuh that i can live i can live so yeah that's uh how i would like to explain the oldest one

**I:** yeah that's actually a really bold answer because coming from first born myself i actually really get where you're coming from okay so maybe i'd like to ask more about your family dynamics so how would you describe your relationship with your parents

**Agnes:** my relationship with my parents actually getting better. I don't know why maybe uh if we're if we keep wrestling and circling back to the point where i'm the oldest daughter and i'm the oldest granddaughters both in my family, it's very hard for me to find someone that i look up for and both of my parents are working are working parents–is that what you call it like working parents? So like they work they work for a proper company, so I wouldn't say that they weren't there throughout my um childhood journey. I mean they're there but I just came to a realization about how they become present in this when i turn around like 20. I just realized how much this happens for me how much they are doing for my family, but i mean back then it was very hard for me to understand what's going on with them because it just feels like I need to discover everything by myself I don't have anyone to look up for i only have my nanny with me at home my grandmother at my in my grandmother home and my nanny with me so yeah. But it's getting better these days and i just came up to a realization maaf ini arahnya kayak ke curhat dikit but i'm really curious about this i just i just came up to a realization that i think my parents were treating me as a co-worker ever since I was a child Hahaha

**I:** Hahaha

**Agnes:** Because yeah because when i just started because when i just started the last internship that i did as the project management intern, and and daily and daily whenever me and my parents came home from work we get together to have a little dinner before we get a shower and go to sleep and i just realized how we do we do how i just realized how we do our conversations more of like a daily checkpoint like with me and my mentor. But then yes it's getting better because i get to know from their perspectives.

**I:** hmm okay okay i see i see so maybe the dynamics here is um you guys are all of all of you guys are work-oriented yeah that's why kayak you bond a lot over work okay okay now i think uh because you mentioned about uh your parents being working parents do you ever feel like your socioeconomic status has affected your family dynamics?

**Agnes:** HAHAHAH Okay anyway yeah totally of course uh because both my

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parents are working parents because i literally just had this conversation with my parents with my mom uh my dad were my dad was i think for his work and i was just with my mom uh in my house in my in my in our home and we talked about how at the end of the day i don't think I can be I can stay at home I mean no offense to stay-at-home mom out there like I love them support them um shout out for them but in the case of my families and in the case of how the um my upbringing affecting on my decision in the present day I don't think I can end up at home because um looking from my parents looking from them who are very career slash work oriented uh I think it end up it end up to my this present day decision that I think I will work just like them or even better and I'll try to I'll try to be better um in comparison of them of course but it is very the but the the working the working family the working family sense here really bringing me to the decision that what I'm trying to get today

**I:** okay okay so I mean would you say like um like um in terms of maybe like uh how would I how would I reword it like would you say like your family dynamics uh is affected by for example kan we need socio-economic status to like you know go on trips or go on like um dinners and stuff like that like would you feel like it has been eased in a way because of like your socio-economic status karaena mungkin karena lo your parents are well enough, financially supportive enough to fund family trips dll, does it affect thehappiness or like maybe like just the dynamics being closer to each other?

**Agnes:** Oh my god wow I've never thought about this before to be fair maybe to some extent of course maybe yeah and it will be a standard for me as well if I want to have my own family like I will I will raise up to this standard at least today.

**I:** Okay okay note a note now let's shift more towards being the firstborn child again how do you perceive your responsibilities and duties within your family as the firstborn child?

**Agnes:** yeah as I mentioned before because I explained for being a being the oldest child being the oldest child in the family means that you own the leadership even though you want or you don't want it, like you just have it you just have it in your plate and you have to face it eventually. It affects certain parts of my of my upbringings of course especially in my late childhood, not really in the early childhood, but I think overall because I always I always encountered a kind of life I think I'm enjoying it quite a bit and then I do like someone's look up on me and I do like I do like the trust that people hold onto me that them knowing that I have the responsibility to do some kind of work them knowing

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that I have the capability I have the capacity to do some things to achieve this stuff so I mean it used to pressure me a little bit back when I would say around high school but these days I just I think I came over about it and I do enjoy being the oldest child in the family I think I think.

**I:** maybe maybe if I could ask why is it like because of the satisfaction that you get from it the validation or?

**Agnes:** Maybe I would say so yeah because the way I mentioned that I don't have someone to look up for so I have to discover everything by myself and by you by us by me by me doing that by myself it feels like the sense of accomplishment the validation that i get after everything that i achieved from myself to myself it feels really it was really great.

**I:** Okay now maybe i'd like to ask more about your parents expectations so how would you describe your parents expectations regarding your academic performance?

**Agnes:** okay my parents expectations see the thing about academic performances they're not strict at me they never they never put any pressures on me to get a certain result a certain sports, but i was the one who keep pressuring myself it feels like it feels like the world is going to end if i don't if i don't if i don't pursue the the if i don't pursue if i like kalo gue tidak berusaha sekeras mungkin, like if i don't try the best like i feel like it's going to ruin my parents trust on me and i feel i feel i feel like my family will dismiss you me in that kind of sense even though it doesn't really goes that way because it never happened, but i think i just keep pressuring myself until one point that um uh they will be they will be not proud of me anymore if i did a mistake in that kind of sense so yeah so i just i keep producing a great great great score between now and then yeah.

**I:** Do you think that this is like internally from yourself because of like for example in the direct uh expectations that your parents lay out from you or like is it just um out of nowhere gitu? Where does this mindset come from

**Agnes:** i don't know i'm not really sure i i mean i thought about it of course lots of times but i don't have any one line answer to conclude what what how or why uh affected me in that kind of perspective but one thing that i know maybe it's the indirect pressure that i feel because i'm not sure if i'm going to be able to do it or not because i'm the eldest daughter i have no one to look up for so i have to discover everything for myself i mean i think every question that you ask until now i would reorient it back to how i don't have anyone to look up for in the terms of like siblings like other cousins like all their other cousins like i don't have anyone to ask about life overall especially in the academic performances so i just

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have to discover everything by myself.

**I:** Hmm okay okay. Now um do you feel that i mean yeah of course i mean you mentioned earlier like um you felt like being the first born has influenced uh the expectations of your parents have gave you right because of like feelings of like you have to be the leader and everything now maybe do you like have any like specific examples of how these expectations have been conveyed to you?

**Agnes:** Okay this is the thing about the expectations my parents never exclusively mentioned any kind of expectations they have for me but it's just i don't know it just feels like if i disappoint them that is me it means the end it means the end of the world for me like I think i mentioned before how i how i like how i like people perceive me as responsible people perceive me that i'm capable of doing this and that and this. But if i disappoint them in any kind of way it means that i ruined their trust and i will ruin their trust forever if i made one mistake.

**Agnes:** So yeah well the expectations of my parents they never really specifically mentioned any kind of expectations in terms of academic performances yeah. But other than that they do give me expectations in terms of um, yeah the socio-economic background that uh we mentioned before as in you need to be always kind with any kind of people, you never know who you're going to encounter in terms of like networking, you know in that kind of sense? So uh they they want me to behave like quote-unquote behave as in referring to the belief that they believe in in terms of the religion and the culture and how jaga nama baik keluarga. They always mention to me about that and they always one thing that i always remember the most is that i can't ever make any enemies and yeah that yeah i think that kind of expectations shape me a lot to uh who as to who I am right. And yeah i think that's my answer so.

**I:** that's like uh it's more of like written rules from your parents yeah.

**Agnes:** Yeah yeah

**I:** Okay okay. Now um for example have you ever had like any instances where they put pressure on you and you feel like uh it's not according to your liking gitu have you ever like tried to disagree or talk back to them?

**Agnes:** Okay does it need to be an academic thing or it could be anything else it

**I:** could be academic it could be anything

**Agnes:** The one question that I it's still very hard for me to talk with them I would say it's about religion and politics. Because I just I did this I did therapy when I was doing exchange with a therapist from abroad and yeah I mean I did therapy as well back then in Indonesia and I think there's a shift there's a very

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deliberate shift between the mindset of how Indonesians and at least the country that I was at the country that I was at it was New Zealand and they were a secular country the way how the therapist mentioned about the how transgenerational things can be how transgenerational or how transgenerational thoughts can be hard for people to accept especially our other part of the families because they encounter different parts of life they encounter different generations and it's very hard for me to talk about to talk about this kind of issues about politics or religions with them. Because yeah they have their own opinions and well of course me too and I think and it's well especially in an Indonesian household or every Asian household you are perceived as rude if you talk back to your family right

**I:** Yeah

**Agnes:** Well I still try to find the balance on how to express my own opinions to my parents. I don't have any examples I'd say because it's very hard for me to talk back to my parents because I don't really do it, I just it's not like I resent them it's just "iyain aja".

**I:** Oooh, So this applies also like for example misalnya mereka want you do like you know they want you to pursue this career for example and then you don't actually like it?

**Agnes:** Uhm uhm also okay okay yeah yeah totally totally and then that actually didn't happen to my parents it's my grandparents. Um uh my grandparents especially my Grandpa he wanted me to pursue a certain career which he kept mentioning about it ever since I was a kid so yeah at the end of the day I I mean back then I didn't even talk back to him it's just I I cry a lot every time he keep on pressuring me about something I just cry yeah, I think that's just the outcome.

**I:** Uhmm yeah i see i see now um how about like these expectations affect your academic performance like have you ever seen like any impact on it?

**Agnes:** Uhmm

**I:** On your academic life yeah does it make you more motivated or like burn out?

**Agnes:** Okay academic performance has an impact okay impact hasn't burned out. Um i mean there's an advantage and disadvantage in that kind of things, especially being pressured from my grandpa since i was little. Like that i think it affects the way how i think my life turns out so by then i work hard more for my academic performances, my societal validation, you know you that i joined this and then that i need to be friends with this and then that um i mean it results i think i it results in a good outcome afterwards but about burnout and stress like uh i did have some moments about that for sure especially in the early days of

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university, because i'm still figuring things out like i don't know what i should do you know how like every freshman. And it kept reorienting back to how i should pursue discovered that my grandpa wants.

**I:** Okay uh how about like in terms of like your work ethics gitu? Kayak does it change you in any way?

**Agnes:** uh what do you mean which part changing you like in any way

**I:** Kaya for example your parents told you that you shouldn't be making enemies of people etc all right but it's like it's not actually such an expectation, it's more of like a boundary gitu kan. Does it like affect your work ethic or the way you make obligations?

**Agnes:** Okay, maybe back then in the professional scene, people just mentioned to me that I have a good communication skills. But I think the more I think about it, it's very hard for me to put a boundary. So that's why I keep trying to please any kind of people that I meet because I don't want to keep making any enemies. And in terms of academic performances, I'd say as in if people look up on me as in they ask me for cheat sheets or even they copy some of my homework, back then it was really hard for me to like um berdamai, like why why? I mean I know I can't make any enemies i know but then i need to give it to them but like okay can i say no like is it okay if i say no? But at the end of the day I do get something out of the knowledge that i did dari semua tugas tugas itu.

**I:** Do you feel fair with like the expectations that your parents set for you? or like? oh

**Agnes:** How do you define fair?

**I:** Like do you think it's too much for you to handle or do you think it's like i actually feel like they could do more?

**Agnes:** Oh okay, oh i don't know i don't know in terms of getting how do you define fairness because to be fair i mean to be just put it out there we can in terms of like three years or four years ago i would say it's unfair for me because it's too much for me to handle as an adolescent who just encountered an adult life. But these days I'd say I wouldn't i wouldn't say it as fair but it's just it's it's justifiable it's justifiable justificable like justified yeah whatever they have reasons why they keep why they putting the quote-unquote pressures on me so yeah I think that explains why kayk gue sekarang paham kenapa mereka ngelakuin itu. Tapi bukan berarti fair juga gitu sih.

**I:** Okay okay. Now Ii think you mentioned earlier kaya you have you've like experienced expectation about exploring or pursuing a certain career how do you balance meeting that expectation with your own personal interests and goals?

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**Agnes:** Oh my god good question okay. Well hold on let me take a look at it for a second longer okay okay little time balance between those two yeah. Okay for now, I think to be fair one thing that really affects me the most are my friends, my close environments. And i really like myself to be surrounded with someone that have the same, have the same uh what do you call it? Visions I'd say that i would want to put in my life, that's why i'm close with you Aurel perhaps like such as like our our AM circle friends yes they are, they're very–they are very–I wouldn't say like the crazy work driven kind of friends, like you i'm not your crazy work driven kind of friend but you have other life other than that.

**I:** Yeah

**Agnes:** As in you have your own hobbies, you have your own interests, and you don't put yourself, um you don't put yourself with that work label as your identity. You have something else to offer in the table and I think that's what I really look up for. Like someone that has the same visions as me as in, we want the person that kind of goes with our kind of kind of career. But at the same time we should have our own interest so if we get around together I can still see the kind of drive inside of them, like they want to have that, but we don't really talk about it, because we know we can do it. So we talk about something else.

**I:** Okay okay so would you say kaya your friends and your environment have been like helpful in managing you know?

**Agnes:** Totally yeah really very very very just like how we get together after our work, you know like it's very refreshing like we uh we don't need to talk about our work, I mean we can do if we want we can share about it but we don't do we don't use it as my our entire personality. Yeah like that's why I'm really grateful for my friends, like including you babes.

**I:** Love HAHAH. Like have you ever tried to feel like have you ever felt that, you know, the expectations that you get from your grandparents from your parents are like beneficial for you in some way?

**Agnes:** To be fair yeah of course. Beneficial for me of course, of course, that's why I say that I understand why they did all the consequences, but i mean it's not necessarily fair. but i understand at the end, because it's shape me for who i am today and yeah and i'm grateful for well not necessarily the pressure it's just maybe the environment that our family built as well, how like we're very professional to each other you know how i mentioned, whenever me and my parents have dinner it kind of feels like a daily checkpoint instead of like my parents-daughter bonding moment. But well i'm grateful i'm still grateful at the end of the day.

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**I:** Now um but like you feel content with what you have right despite like having the relationship kayak colleagues and stuff like that?
**Agnes:** This day I mean in this present day i say i'm content with it like i yeah it came up to that yeah they did it for a reason so yeah
**I:** Okay okay now let's compare yourself as a firstborn to your siblings so like do you ever um feel that your the expectation that you receive is different with ones for uh with the expectations that your brother receives?
**Agnes:** Okay interesting but uh, since i mentioned that my parents never gave explicit expectations toward me or even toward my brother. However, I don't know, maybe I don't know maybe the expectation is not the same but how me and my brother react or respond to it are different. My brother I'll say that he's he's a laid-back, like he juggled over several organizations as well, he tried to join this and that he has his own interest but he's not as much as pressurized as me. I don't know why but he's he's he's more laid-back in comparison to me. That's not the expectation, it's how you react into the expectation i think.
**I:** Do you know why okay he's more laid -back is it maybe because your parents tuh lebih kaya cutting him some slack atau gimana?
**Agnes:** I think it's just laid-back because he has me as a role model. He has me as a benchmarking right, he has for benchmarking, he knows you know what he needs to achieve, you know what to do this and that like i mean he enrolled to the international undergraduate program of communication as well, and i mean i was the one who tried to explain to him like this this program this and that yeah. Kayak gue tuh udah jabarin ke muka dia kaya nih dunia kuliah kayak gini, and it's always been like that ever since we were kids. So i think how he's more laid back is because he has me for benchmarking himself on things that he needs to achieve and in the next lifetime lifetime yeah.
**I:** i get it i get it okay okay now um aside from like um apa ya the expectations given to you like do you ever feel like there's like a sense of obligation that you have to meet these uh you meet you have to meet those expectations because you're the first born child gitu ya?
**Agnes:** Yeah totally of course the obligation I think yeah, because I don't have that kind of benchmarking as a role model like my brother did to me. So I don't know what it feels like to rebel on them as well. It's hard for me to understand people who are bad to their parents, like rebel to their parents. I don't know, I mean I totally can do that, but should I? I don't know, it looks weird to me. Because it's like, "emang lu bisa hidup kayak gitu?" I don't know. I don't have a benchmarking for that. So yeah, there's a sense of obligation, of course.

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**I:** Okay, okay. Now, I think on all the expectations that you receive from your parents, like do they usually get involved in helping you to achieve your goals?
**Agnes:** Oh totally, of course, yeah. Maybe for example, like last time. Oh, this one. My internship, which I just finished yesterday. It was the first offer that I got. No, it's actually the second offer that I got. Maybe it's the third, I forget. Because I was juggling between several choices. Oh yeah, because I was juggling for several choices, and the company that I was just at sent me the first offer. So I talked to my parents about it. Like I asked how about, what if they need to make this decision? Like what would they pick? Because they've been in this kind of like corporate industries for a long time, and they talked out to me. They mentioned that the first offer will be the best one since you're an intern. So you can learn many things. You can gain much knowledge out of the first internship, the proper internship from the first offer. So yeah, and it would always have been like that. As in, yeah, many kind of like academic performances as well. I always talk to my parents about this stuff.
**I:** Okay. So despite, so even though they have, you know, they laid the grounds, like we expect you to do this or that, they're still supportive, which is a good thing, right? How about like, in terms of like financial support, are they like always, you know, ready to fund you if you need any?
**Agnes:** Always. Always. This is what I'm really grateful for. I mean, me and my parents, I think we, ever since I was a kid, I, that we never like. Qe're never like very oriented in the materials materialistic stuff. I mean i used to be confused i used to be really confused about it because like bro you have your own money like why do you need to buy things this stuff this or this and that. But in terms of um i feel like hobbies, or academics things that i ask them for a reason that I can explain it like they will provide me like any time or anything. And I really feel supported in terms of especially when in terms of academics like uh “okay okay i want to get this i want to get a certification, I want to join a bootcamp, I want to do this, I want to do that” and that they never said no even though it costs it costs like several in the millions but they never said no about it and yeah i feel really grateful because of that.
**I:** Okay okay okay now um have your parents like ever mentioned, their expectations of you are higher because you're the first born?
**Agnes:** No sih, yeah as long as i remember well no.
**I:** Even from your grandparents and other family members?
**Agnes:** Oh well if other family members is applicable is the kind of question then yes. Every of my–I think the expectation in being the oldest came from the

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extended family is like my aunties my uncles like grandparents mm -hmm and they mentioned how like i should be the role model and my expectations as bigger, because i will face certain stages of life earlier than the rest of my cousins or my brother so of course and then and they mentioned it explicitly like "Huu kamu kakak, kamu harus kayak gini, kayak gini"

**I:** hmm okay okay okay, um in what ways do you think that your experiences as the first born child influences your relationship with your siblings and your parents?

**Agnes:** Oh okay, hmm influences specifically I don't think I can mention any nor pinpoint anything, but at least overall, as someone in the–as someone who contribute in the family as the oldest sibling, maybe they perceive me as someone that's hard-headed and underestimated. They don't see me necessarily as someone who rebels of their sayings. Tapi lebih ke yang kayak kamu tau maunya apa, kitaa turutin. I think that's how it influences.

**I:** Has that ever caused any conflict, like clashing?

**Agnes:** Of course, of course. But getting older, I think like I mentioned, it's getting better. Because when I was young, I felt unstable, etc. I often cried about it. Because I cannot talk. Because I cannot talk my hearts out to them. They don't understand my standpoint. And I don't get it. So yeah, there were lots of conflicts back then.

**I:** Okay, okay. Now, I was just asking about the effects to your siblings and to your parents. How about to yourself? Have you ever seen any impacts to your personality? You said earlier that you were hard-headed, etc.

**Agnes:** Yeah, totally. Of course. I think it doesn't really... I mean, it's not only applicable for the eldest child. I mean, kaya posisi orang di keluaarganya. As in, apasih? Lahir? Kelahiraan? I think it will affect some kind of your personality. Maybe, but it doesn't affect your entire personality. But it affects maybe a big part of it. As in, how I'm... You know, I'm hard-headed. I know what I want. And I really like having friends who are having the same visions. Or like, have the same ethics sama kayak gue jadinya. Karena jadi susah buat gue untuk ketemu orang yang kayak menye menye atau [mimicking baby voice]. Yeah. I mean, I totally... I don't get them. But I totally understand why you behave this, behave that, behave like that in a certain way. But it's very hard for me to get along with that kind of people. And that's... And that's okay, right?

**I:** That's okay. That's definitely okay. Like… Yeah I understand. How about like academically? Because that's more like a personal thing, right? If it's academic-wise, it's like... How do you see yourself?

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**Agnes:** Yeah. Okay to academic wise um, totally affecting me a lot as well of course because i've always faced this cruel world alone by myself, so that's how I apply it to my academics because it makes me think if someone else can do it, then i can too. So this is the mentality that i set ever since i was a kid yeah
**I:** yeah that's nice to hear i mean that's all like template firstborn personalities yeah i
**Agnes:** Yup I know, it's know it's a firstborn personality
**I:** Okay I think we're like nearing the end of the interview, actually your answers are quite concise and very kind of, you know, um pragmatic so i really appreciate that. Maybe I'll ask if you had the chance to say anything to your parents or to your other family members who put expectations towards you what would you say?
**Agnes:** Wait I'm not ready for this kind of quetion bruh. Hold up, okay. I mean I do have lots of things to say to them, that's why I journal every day, duh, but.
**I:** As you should
**Agnes:** Yeah, yeah, I know. Your dosen is probably gonna be proud of me so
**I:** Hahahaha
**Agnes:** I mean overall, thank you, thank you for bringing me to the world and beat me and you. Apa ya, kayak yaudah, thank you for everything itu kayak shape me for me who i am today. But well, sometimes it can be hard uh and sometimes I don't need kayak, sometimes like i don't actually need to be criticized, I don't need to be put into some sort of expectations sometimes i just need to be validated, sometimes i just need a little pat in my head and a little hug, like a little warm hug in the end of the day after work instead of uh us talking about our managers, but yeah um I think well after all, overall, thank you. Yeah, gue gak tau sorry HAHAHA
**I:** It's okay you're doing so good. It's okay you're doing great in your own pace and everyone's everyone's seeing the effort that you do so it's okay. Oh maybe i would like to ask, you said you journaled right every day right? Do you have any other strategies to like you know cope with the negative effects of these expectations?
**Agnes:** Oh strategies, um, when i usually spiral around especially in this situation, I recently–I just had a quite big meltdown and I cried about it to my mom and dad. It was because of work, because my internship just ended and i feel crazy about it like "what should i do next?" and when I told my parents, they were like "it's okay don't worry about it, like i know you're worth more than this, like you can do much better than this, you don't need to think that far, you're

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thinking too much ahead etc etc" um well yeah I tried to talk it out to them, and uh I really like to ground myself as in like grounding techniques that helped me. A lot um a little bit of a breathing technique here and there just to reminds me like not everything is my fault, not everything is because of me, and yeah. And I'm loved i'm loved, i'm surrounded by people who love me–my family, my friends, so that's what i do right pretty much.

**I:** That's really good that you find you know techniques that support you know during tough times.

**Agnes:** yeah that's yeah, if I don't do it, bro i'm not here doing the interview with you

**I:** True. okay now maybe this is the last question of the interview okay looking back on our on our conversation is there anything else you would like to add about your experiences as a first born dealing with parental expectations? Specifically in an academic context okay

**Agnes:** Academic context, um, maybe it's just a shout-out to all the daughters out here, especially the daughters. Because there's not a layer you keep adding up when you are a woman in comparison to men living in such society, especially in Indonesia. I feel like we've been through a lot. We've been through so many things. And don't worry, guys. The world isn't a cruel space that we think it is. There's always a space out there for us.

**I:** That's true

**Agnes:** It'll be fine at the end of the day yeah

**I:** Intinya just don't be too hard on yourself right

**Agnes:** Exactly yeah don't don't don't do it.

**I:** Okay that's actually the last question of the interview, i'm gonna stop the recording now thank you

**I5: Dave**

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Interviewee: Dave (I5)
Gender: Male
Age: 21
Via: Zoom Meeting

**I:** Hello Dave Good evening. Could you please tell me A little bit about yourself And your academic background
**Dave:** Oh yeah So my name is Dave Audryan. You can call me Dave, I'm majoring in Civil and Structural engineering
**I:** What are you currently busy with?
**Dave:** Well I'm I'm preparing for my exam In January So I'm Like studying
**I:** Oh okay okay. Yeah How many siblings do you have?
**Dave:** I only have one younger sister
**I:** Oh so you are The first born In your family Yes
**Dave:** Yes
**I:** Okay. Maybe I'd like to ask more About your current Academic performance Like are you satisfied with it? And are your parents satisfied with it So far?
**Dave:** Well both Me and my parents are Um I think We're satisfied with My academic performance So there's no problem with it
**I:** Oh okay That's nice That's nice Now How about your position As a first born child In the family. Like how would you describe it In few sentences About being the first born child In the family
**Dave:** If I would describe it It would be full of expectations
**I:** And why so?
**Dave:** Because you know I am like the first born child and I have a younger sister, so the pressure growing up–the pressure is it's like majorly on me because Especially I'm studying abroad. So i'm expected to learn more and then yeah.
**I:** And do you feel like You have fulfilled the expectation so far?
**Dave:** I think, academically wise, I would say I fulfilled their expectation. Because The major that I'm taking right now It's what they want. So I think So far And then my grades are also Okay So I think I've fulfilled Their expectation
**I:** But I mean you said that You were taking the major that they want Is it also something that you want Also?
**Dave:** It was It was not something that I want In the first place So I wanted to major in Architecture. But my parents said It's a really art -based major. So If I want to pursue architecture, it will be hard for me in the future because In the work situation architecture students tend to get job after graduating.

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**I:** Hmm Okay okay How do you feel about that actually in the first place? Did it affect you in any way?
**Dave:** Well It actually affected me because to be fair, I really like architecture, but I realized when I'm in uni right now When I'm Finally like need to find a job, need to find an internship, I realized that I think if I were an architecture student, I won't be able to find a job like easily.
**I:** Yeah
**Dave:** so because I think If I'm taking engineering Engineering major Engineering course right now So It has lots of Um Uh Components that are Are transferable even though I don't want to pursue engineering in the future, but there are a lot of like Transferable skills that are important For the work environment.
**I:** So in a way You find comfort in the decision of your parents Because of the job prospects juga kan
**Dave:** Yes
**I:** Maybe I would like to ask more about your relationship with your parents. Being a study abroad student, you're far away from home. How has your relationship been with your parents so far?
**Dave:** I think we-our relationship is It's okay. Because if I need like help, or if I need them I just like call them and they will like pick up my phone or pick up my call. So even though we are like In a different country, But like we're trying to Still get connected. So I think there's no problem With our relationship I think it's It even grew, like it's even like growing stronger.
**I:** Hmm, Okay, okay. So that's actually good to hear. And does this apply to your sibling as well?
**Dave:** For my siblings, I don't I don't really Talk to her That Often compared to my parents. Because we both have like Like Like We're in the Different stage of life I guess. I'm in uni and she's still in like senior high school. But if She wants She wants like advice Especially regarding to Like career And then like University She like She always contacted me. So that's That's how we Communicate
**I:** Okay Okay, I understand. Now Do you feel that like the status of your parents Socioeconomic conditions has affected your family dynamics In any way?
**Dave:** Umm, maybe um, I think so, yeah. And well can you repeat the question again? Sorry
**I:** Do you feel that your parents' Socioeconomic status has affected your family dynamics?
**Dave:** Oh okay ya. I never really experienced like the economic struggles

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**I:** Struggles?
**Dave:** Yes, struggles. But I think it will affect in a way
**I:** Hm hm hm
**Dave:** But i'm not clearly sure because I've never experienced that before.
**I:** Mmm, maybe let's narrow down the question even more. Considering your current socioeconomic status, has that affected kayak the way your family interact with one another. Does it make you closer? Or does it make you more distant in some way?
**Dave:** Okay okay. With my current economic status maybe I think I agree it does make um me, the relationship between me and my parents closer because, I don't know to be fair, because I think uh that's really affecting because like if I want something, they can afford it and it just creates a bond of the family.
**I:** Oh okay okay, so it's actually easy on you juga gitu ya.
**Dave:** Yes
**I:** Now how do you describe your parents' expectations regarding your academic performance? Have they ever said anything about their expectations maybe? Or could you give examples where they um delivered their expectations to you in terms of academic performance?
**Dave:** Um, I think uh they have uh a really big expectation for me. Especially in terms of academics. For example, if I failed a module, there's no punishment or whatsoever, but I know they are worried of me but they just don't show it. There's, well actually in my second year I failed one module and one exam, and I told my parents about it. Um they were not angry, they were not scolding me or punishing me, but I just know they are concerned, from that, they always ask how my studies are going. They always make sure I study for the resit.
**I:** So in a way is it more kayak the expectations they give itu lebih ke direct or indirect? Spoken or unspoken verbally?
**Dave:** It's unspoken, so it's indirect. Because they never really like told me what I need to achieve. But I just know they have a lot of expectation on me.
**I:** How do you know that sih sebenernya? Ada indicator gak on that matter from your parents?
**Dave:** Okay so um I think if they are like really worried, they always call me more often I would say. So for example my mom would call me in the morning and my dad would call me in the afternoon, just asking the same question. Even though I believe they talk about this between them, so yea.
**I:** Okay, so they show their signs of concern gitu ya, in terms of your academic performance. Do you feel that being the first born child in the family, and as a

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male juga, has influenced the expectations your parents have for you?
**Dave:** Sorry can you repeat that again
**I:** Do you feel that being the firstborn child in the family has influenced the expectations your parents have for you? If so, how?
**Dave:** Um yea, so yea I believe so. Especially i'm also the first born child in my grandparents, I mean grandson. It really influenced me. I don't know, how
**I:** Umm mabe do you feel kayak misalnya the expectations you burden itu lebih besar daripada your siblings atau your cousins gitu, because you're the first born child?
**Dave:** Umm, I feel like yea. How I act itu selalu uh apa ya, since I'm the like the only anak cowo in my keluarga besar. Like on my father's side, and I'm the oldest as well, so how I act itu bener bener di monitor because they believe I am a huge influence for my younger cousins.
**I:** Jadi in a way, the expectations you have from your parents atau from your grandparents itu lebih besar dibandingkan your cousins or siblings?
**Dave:** Yeah yeah
**I:** Tapi do you ever notice kayak your siblings gitu, or cousins/siblings get the same expectations as you now?
**Dave:** I think for my sister, sama aja as me, because she's the second oldest. So we're both like the eldest lah. Ya, so ya. Especially my sister, because she's like naturally smart, and I notice my tante states like "liat nih, Lucy itu pinter dia dapet undangan dari sekolah SMA nya" stuff like that.
**I:** Oh jadi kayak, kalian jadi kayak benchmark buat sepupu sepupu yang lain ya. How do you feel about that sebenernya? Jadi the role model yg selalu di banding bandingin sama orang lain?
**Dave:** I think I'm okay. Tapi kelamaan kayak there's so much pressure. I just feel bad if my cousins are not like um, they can't meet their parents' expectations.
**I:** Now in a sense do you feel satisfied if someone does that to you?
**Dave:** Um? Like maksudnya role model gitu ya?
**I:** Iya, do you love the validation? Do you love the satisfaction?
**Dave:** To be honest, yea I like the validation. I like the validation, because I put a lot of effort to get where I'm from. So I really appreciate the validation
**I:** So it's like a symbol of appreciation juga ya for you. Now I think you mentioned juga ya the expectations your parents set for you tuh indirect jadi kayak lebih kayak mereka gak blak blakan ngomong gitu. Tapi ada contoh lain gak dimana they convey their expectations to you dan kayak uh lo bener bener nyadar nih, kayak oh mereka bener bener nuntut gue banget nih gitu. Kayak

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contoh selain yang lo bilang tadi.
**Dave:** Um, apa ya, boleh kayak, dari sisi selain akademik atau harus akademik?
**I:** Preferably akademik, tapi kalo ga kepikiran gapapa dari sisi lain.
**Dave:** Oh oke um akademik kali ya
**I:** Kalo pun ga ada juga gapapa gitu, kalo emang your parents ngasihnya indirect expectations tuh juga yaudah thats it gitu
**Dave:** Um probably kayak, since I'm living abroad and then they expect me to be more independent. And they expect me to take care of myself because right now I'm not in their supervision anymore. So I think that's the expectation.
**I:** Tadi kan sebenernya you mentioned earlier di awal interview that you wanted to take an architecture major kan, but your parents didn't agree with that, have you tried to disagree and talk back to the expectaiton they set you? And if so, how did they react?
**Dave:** Yes definitely, at first I was very against taking engineering. I really wanted to pursue architecture. Yea there are times where I talk back to my parents, and then they like really don't want me to take architecture. But we met in the middle so if I want to take architecture, I need to take it in Indonesia. So I applied to an architecture major in Indonesia and I ended up ngga ngambil sih.
**I:** Berarti in a way, there has been a negotiation in that sense?
**Dave:** Yes
**I:** Hm ok ok. Kan you were beared with these expectations from your parents, do you think these expectations affect your academic performance?
**Dave:** Definitely, yea. They put expectations on me, I have like the ambition to fulfill their expectations that affects my grade. My grades meningkat sih after those expectations, jadi it boosts my confidence gitu.
**I:** So I think thats quite a significant impact juga gitu ya, to your academic performance. So would you think without those expectations you would perform differently?
**Dave:** Umm, yes. If there was no expectations I think I wouldn't get grades yang kayak sekarang. Because to be fair, in a way I feel more motivated if there's a pressure on me, because I just want to show that I can do it and I can fulfill my parents' expectations.
**I:** Do you feel fair with the expectations your parents set for you? Do you think it's reasonable that they treat you this way? Atau do you think it's too much for you to handle?
**Dave:** I think it's reasonable, because the expectations are mainly not that high to be fair. It's still achievable so I think it's fair.

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**I:** Okay. You said being a first born tuh juga full of expectations gitu kan. Have you ever experienced any setbacks due to these expectations? Jadi kayak mentally you feel more stressed, atau you feel more anxious, atau malah biasa biasa aja gitu?
**Dave:** Uhm okay, yes definitely because of the expectations even though I feel motivated, tapi there's like many times when I feel anxious because I'm scared that I won't satisfy their expectations. There's many times when I feel really anxious and uneasy aja sama kayak my performance. Apa lagi after exam gitu, kayak ada rasa regret gitu kalo misalnya I don't work hard.
**I:** Okay, so it does affect you in some way. Does it happen quite often?
**Dave:** It does, it is often.
**I:** Okay, um. Do you ever feel like a sense of duty or obligation to meet your parents' expectations because you're the first born child?
**Dave:** Sorry can you repeat the question?
**I:** Do you ever feel a sense of kayak duty or obligation to meet your parents' expectations because you're the first born child?
**Dave:** Yea. Of course, yea. There's definitely a sense of duty because I just want to look good and be the role model for my sister as well. So there's definitely a responsibility there. Even if my parents' don't put an expectation, I still want to be a role model for my sister gitu.
**I:** Oh so it's within yourself gitu ya. Is there anything driving that motivation?
**Dave:** Um, there's definitely the motivation, because I just want the maybe validation. And I always look at my friends like kayak gimana adek dari temenku ini ngeliat kakaknya gitu. So I just always compare myself aja sih.
**I:** Ah okay, so you just want to be a good role model for your sister gitu ya. Tapi kalo misalnya gitu ada tuntutan gitu gak sih dari orang tua lu? Atau lo pengen sendiri?
**Dave:** Yes, itu juga ada tuntutan dari orang tua sih untuk jadi role model buat adek.
**I:** Dan mereka ngomong gitu explicitly?
**Dave:** Oh kalo gitu iya explicitly.
**I:** Oh oke jadi in a sense everything's connected with one another lah ya. Oke oke, tapi so far, does your sister view you as a role model?
**Dave:** Well, um I'm not sure about that, but hopefully hahah. Hopefully she sees me as her role model
**I:** Hahaha okay. Maybe I would like to ask, kan ini your parents have expectations on you for being a good role model for your sister, and perform well

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academically kan. Do they just like uh expect you to achieve all those things or do they help you along the way? Are they involved in the process?

**Dave:** Yea, yea they are really involved to make me better as a person and as a role model as well. Yea so kayak misalnya uh apa ya…

**I:** Kayak what support do they give you? Do they help you find materials? Atau do they just give emotional support?

**Dave:**Yeah, kalo in terms mereka help directly tuh ngga. Tapi they provide kayak if I'm struggling in like Biology, they will like hire a teacher to help me gitu. And then itu pas SMA. Tapi kalo sekarang gitu kalo kita lagi in a call, and pas udah mau selesai call, my mom selalu bilang um if you need anything just call me. Mama bakal angkat telfon kayak, gitu sih.

**I:** Mmm oke so emotionally they're their juga. And financially they're able to support you juga kan. Now do you think with your current position, your current socioeconomic status, itu affect the intensity of expectations your parents set for you? Kayak misalnya apakah ada tuntutan that you have to have a family legacy, gitu atau ngikutin your fathers' footsteps in being successful gitu?

**Dave:** Mmm, tuntutannya tuh lebih ke kayak, my mom once told me that I need to be able to afford the lifestyle that my mom gives me. So I think that's the only tuntutan yang aku inget.

**I:** So that's a benchmark juga ya for your success in the future.

**Dave:** Yea. And she also said that I need to be more successful than them gitu

**I:** Umm, do you know the reason why they set expectations like that on you?

**Dave:** I think it's because my dad grew up in a countryside gitu. And he moved from Jawa Barat to Jakarta, and he was thriving there for uni. So I think because my dad sacrificed everything to get where he is now, I think that's why.

**I:** Mm i see, in a sense kayak they just don't want you to have the quality of life they had dulu gitu ya.

**Dave:** Iya iya.

**I:** Umm okay, in what ways do you think, your experiences as a first born child influences your relationships with your siblings and parents. Kayak apakah karena lo anak pertama jadi lo semakin deket? Atau malah makin jauh?

**Dave:** Umm, sebagai anak pertama, I think justru semakin deket sih. Karena kalo misalnya uh well heres the thing. I think my relationship between me and my parents itu gak sedeket dibandingin sama my sister and my parents.

**I:** Do you know why?

**Dave:** Mungkin um, I think, as the firstborn child, itu harus lebih mandiri aja sih. And um the attention juga not fully into me juga sih kadang.

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**I:** Okay okay, I get it. Do you realize any personality traits that you achieve because you're like the firstborn? Kan tadi lo bilang harus independent, dan lain lain. Do you see that in yourself?
**Dave:** Um, yea. So I think kalo independent I can see that in myself. And then um, I think kalo my traits yang belom develop itu lebih kayak it's hard for me to express my feelings. Even though kayak misalnya gue lagi stress atau apa. I never really like curhat ke my parents.
**I:** Do you know why you do that? Is it because you just can't atau your parents are not welcome?
**Dave:** Yeah my parents pasti welcoming. Karena setiap kali end call pasti my mom bilang "kalo butuh apa apa telfon aja" tapi I just can't express my feelings to them gitu. And I think it's just hard for me.
**I:** Jadi you don't know the reason why kah? Or you just prefer not to be vulnerable in front of them?
**Dave:** Yea I just don't want to be vulnerable in front of them sih. Because I think me as a firstborn child and being vulnerable is not like sitting well. So I just want my parents to see me as strong and independent.
**I:** Yea yea i get it, it's like I'm seeing a reflection of myself. It's actually nearing the end of our interview. But maybe I would like to ask you, how does being a firstborn child impact your perception of yourself?
**Dave:** Perception? Can you give an example?
**I:** Um, perception of yourself itu lebih kayak maybe you're more confident with yourself? Kayak you feel like your capable of handling a lot of things tapi kayak you can feel you're incapable, atau you feel it's too much for you to handle gitu.
**Dave:** So I think I'm confident in handling like the adult stuff, kayak misalnya arrange something, arrange holidays or booking tickets. So my parents train me how to be independent aja sih.
**I:** I see, oke oke. Ini just a food for thought, tapi have you ever develop any traits because of these expectations? Kan you said earlier it motivated you to perform well and has been proven it is a good motivator for your academic performance gitu. Kayak do you derive, has it in any way, shape your work ethics gitu? Atau malah kayak biasa aja gitu?
**Dave:** Umm, kalo gitu, kayaknya lebih bertanggung jawab aja sih. I think I developed this trait kayak misalnya I need everything to go well with what I plan. Even though it's not like my responsibility I just want it to be aligned with my plan aja sih. I think it's a good thing and a bad thing sih. Kalo bad thing itu misalnya um it the thing is out of my control gitu, and I feel so stressed if those

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things are not aligned.
**I:** Yea yea definitely. Kayak uh do you have any strategies with how to cope from the stress you gained from these expectations?
**Dave:** Umm strategies, maybe um if the pressure is not like, kayak misalnya itu gak terlalu affect anything, I just take it as a grain of salt aja sih. Jadi ga begitu di pikirin dan di dalemin gitu sih, that's my strategy.
**I:** Tapi kalo if it affects you that much, sampe kayak it stresses ou out, what do you do?
**Dave:** Umm, I don't know I just see the bright side sih, I always like reflect on myself on what went well and what goes wrong.
**I:** Ooh oke oke so it's more of a reflection gitu ya. Oke noted. This is actually the last question of the interview, looking on our conversation, is there anything you would like to add on our conversation regarding parental expectations?
**Dave:** Umm, experience apa ya Yea I think for me, me as a firstborn child or son it's not entirely bad gitu loh. There's definitely the positives and also the negatives, tapi if you cope with all the pressure, I think itu gak papa sih.
**I:** Okay that's actually the last question from the interview. Is there anything else you would like to add?
**Dave:** No not really itu aja sih
**I:** Okay great, thank you so much Dave for attending this interview, I just want to say that you're doing great so far and you're doing great in your own pace. Don't let anyone diminish that mindset hahah
**Dave:** Thank you thank you
**I:** Thank you so much for attending. I will stop the recording now.

## Appendix E: Coding Sheets

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| Participant | Line | Quote | Code |
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| **Margo** | 98-99 | I am currently a university student enrolled in the International Undergraduate Program of UGM's Faculty of Psychology. | Enrollment and institution |
| | 101-104 | I think so far it's been great because I feel like it's a lot of stuff that, you know, that's not really taught in my high school at least. So I didn't think pursuing a major like this is something possible cause it never fit into like social studies, at least in my curriculum. It never fits into history or like the other stuff. So it's always interesting every semester. | Satisfaction on current major pursued |
| | 107 | I am currently only busy with my thesis. | Current activity |
| | 112-114 | Okay, for my current academic performance, I think I'm quite satisfied with it. But if like you asked me like three months ago, that's like I would be genuinely satisfied with it. But like right now, since I'm working again on my thesis, there's like this constant like burden. | Changing academic satisfaction |
| | 116-119 | So I'm not really satisfied with myself. But my parents are satisfied with me because they don't really know what I am like um the demons I'm fighting right now. Like what they know of is my grades from last semester and that they're satisfied with that. That's like good enough, at least. | Discrepancy between parents and self academic satisfaction |

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| | 123-128 | I think it's a lot of like unwritten responsibility in my family it's my family my parents are not the type yang kayak they're forward with what they want me to do, it's always implied. So i think being the first born is like i'm the first child in this family that's born to this earth so i'm the one who has to like learn their cues and then i pass it on to my brother, although he doesn't really get it yet, but i feel like i think that's like most interesting the most interesting observation yeah. | Personal observation in being the firstborn daughter |
| | 130 | Yeah it’s very indirect here, here yeah yeah | Indirect parental expectations |
| | 132 | i have one younger brother | Number of siblings |
| | 137 - 141 | I have i am very fortunate to have a good relationship with my parents and that like we're really close with i'm like i'm close i'm close with both but there are still like one or two things that i don't think i'll ever be able to talk about with them i think it's part of the boundaries that they set juga dari when i was younger so i even like i'm 21 i don't know how to bring it up in front of them yeah | Positive parent child relationship with boundaries despite small communication barriers |
| | 147-158 | um i would say uh not in a bad way because like i'm privileged enough i acknowledge that but i grew up with um values [aduh gue takut nguping bgt my mom sumpah] that my mom i grew up with them instilling values that they decide what they do with the money and that they don't want me and my | Secure financial condition but huge parental control over finances |

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| | | brother to worry about like financial anything so we grew up happy yes but then i don't really know what to do when there is something that we want or need and it requires money because i don't really like it's kayak gaada protocol nya gitu loh in my family and i'm just reading off of their conversations and how they react to what i say to like try to understand their socioeconomic status at the moment um but i do acknowledge kayak karena they grew up like yeah you don't have to worry about this you don't have to worry about that they really prioritized us being generous to everyone else instead of like worrying about how much we should save from a very young age | |
| | 164-168 | uh i think when i moved away like to for uni and i started like i have like i hold my own money right kaya gitu, like it's it's a new feeling you know and sometimes i feel like i should have experienced this years ago you know and like it's a very privileged thing to say like so like i'm not complaining tapi kayak sometimes i wish my parents like threw me in the ring earlier when it comes to money or like other stuff other one two things gitu loh | Delayed exposure to financial responsibility |
| | 174-180 | I think it's not it's not hard for me to understand where they come from tapi what i inherit for them is hard to deal with myself like i grew up i was raised by both of my parents are first borns most of my grandparents are first borns | Struggle of identifying whether traits are inherited or developed due to generational |

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| | | jadi it's like it's like blood stuff it's not like they don't have to say anything it's like i just inherit their type a personality and then that's how i go through life it's like inconvenient sometimes you know but i think it's uh growing up what they like the bad stuff makanya they don't need to tell me i just know because whatever is wired in their brain juga nurun ke gue, yeah | patterns |
| | 186-190 | I don't know if it's the genes or it's because of my birth placement but i think it's my birth placement juga deh karena i kind of know what it's like from a very young age i don't know if it's because like i was the first baby or like the first one to you know ngadepin everything in this world jadi kayak, i just tend to be a type a because i'm saving everyone else from the embarrassment that i faced when i was younger | Traits developed as a firstborn child |
| | 192-193 | so i think that's where it mainly comes from like i'm just trying to save everyone. I don't know what i don't know from what, tapi i think that's like the main purpose | Developing protective traits |
| | 199-203 | Okay uh i think they've always been like “have you done your best at least?” like they're not really pushy like you need to get an A you need to like yang penting like i passed the KKM right like the minimum score tapi i think the expectations yang in me itu comes from like the fear of not knowing how they'll react if i fail, so it’s like i know how they are when they get disappointed in other | Discrepancy between parental perception and child’s fear of disappointment on academic expectations |

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| | | stuff i don't want that to be me you know so it's never like direct | |
| | 205-208 | Sometimes they do talk about other people but they're not like bringing them down. Like I know that everything that they say implies something else. So like when they're talking about some negatives of something or somebody's attitude in school, i know that they're implying that they don't want me to be that | Indirect parental expectations through comparison with other peers |
| | 215-221 | I think for indirect there's like i don't know gimana ya, pas kecil it was never at home lalala, but there is this like one thing i think um awalnya it didn't start off as like academic expectations but growing up my mom has like said to me like “there is no room for messing up”. I know that doesn't apply academically tapi growing up itu jadi applies academically for me like it applies not only in the way I make friends, but in the way that i have to like not fail in school, not fail in uni gitu i think. Uh that phrase stuck with me a lot and is kayak the source of pressure juga most times yeah | Internalized pressure from general life principle |
| | 224-226 | But what's interesting is that I didn't realize it when I was young.When I was growing up, I was like, yeah, no room for messing up. Yeah, chill gitu, and then kayak when I moved out and went to uni, terus kayak I was like, oh sh*t, there is no room for messing up. | Delayed realization of internalized pressure |

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| | 233-236 | I think it's not like talking back. It's mostly kayak negotiation. But the negotiation, tapi negotiationnya juga kayak I never win on my part. Kayak it's not like settling, but I just in my head, I'm like, fine, my parents are correct. And I don't want to find out if I don't follow what they say because interesting interestingly, I also find myself to be like a rule follower. | Unbalanced negotiation and rule following behavior |
| | 238-240 | Jadi kayak it's just easier for me at my personality ya mungkin gak tau, not even like compromise. But like, yaudah lah yaudah lah you know, you know. But yeah, I do try to negotiate and they do listen. Cuma I just don't win. | Unbalanced negotiation and rule following behavior |
| | 244-247 | And kayak I think I grew up with parents yang kayak who don't want to say. Like they're good with like what they say. Jadi kayak, kayak when you try to outsmart people in the shower, like you replay arguments like I just I'm not going to win with my parents, kayak even in the shower. | Unwinnable arguments with parents |
| | 258-264 | I'm like branching off to different things sometimes it's like the stuff is also implied like what I said and kadang it's like they tell me about how they were before they had kids, before they got married they were not happy with the life they had, so it's like I cannot be that they're telling me that I cannot be that and jangan sampai kayak gitu and they did not work this hard for me to like not do my best or not fail and I on top of that I already have a nice functioning | Internalizing parental sacrifices as an obligation to succeed |

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| | | family jadi it's like putting my privilege to waste if I fail it's usually like that so it's like I just not disappoint them I guess | |
| | 267-272 | Yeah kayak I was talking with Eugene and Lunetta a year ago kayak I think everyone always talks about the effects of bad family dynamics of children and their birth order I mean no one really talks about good family dynamics like there's its own pressure I'm not privileged to talk about it to people kayak I will seem like a bitch if I talk about it I'm so happy that kayak my parents set this this this for me it's coming from a place where it sounds dis-genuine because I'm privileged gitu loh jadi I don't know how to bring it up | Guilty feelings of being in a good family dynamic |
| | 276-280 | I think with my academic performance if I fail or I'm not satisfied with my work I still beat myself up for it, but it's easier to forgive myself juga knowing that my parents also probably would to an extent gitu. So I can't really differentiate if their pressure itu kayak is always on me or most of the time it's me, but they're just triggering it sometimes you know yeah | Internalization of expectations posed by parents and self |
| | 283-284 | uh am I gonna sound like weird if I say yes tapi kayak ya gitu loh but it's like I am your children I know you know what's best for me | Feelings of fairness from parental expectations |
| | 286-290 | It’s okay–I think there is some kind of some form of kayak ini juga sih, apa ya, kayak I can handle it you know I can handle it yeah that's okay you know kayak bukannya mau gimana gimana, growing up being the first first child gitu | Self-reliance on handling parental expectations |

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| | | and there's a lot of times where I they put this expectation on me and I succeed so like the next time I'm just like I handled it the first time I can handle it again you know | |
| | 294 | maybe very thin line between confident and sombong yeah yeah | A thin line between confidence and arrogance |
| | 300 | I think I find it hard to rely on others and I'm a control freak with my work | Control freak on academic work |
| | 302-304 | I think you can ask Yaya if I'm already in one group with her gue udah kayak I'm handling the hard parts it's okay okay just give it to me kayak like it's I find it like I'm less forgiving to other people if that makes sense | Taking on responsibility on academic work |
| | 306-307 | Kayak I put myself like really high in my head jadi kayak if you can't work to that standard I'm gonna kill you | Perfectionism derived from high personal standards in academic work |
| | 310-311 | Me too, me too, and then I reread people's sections I'm like yeah I'm gonna fix this part for you just a bit just a bit | Perfectionism derived from high personal standards in academic work |
| | 317-321 | I think it's a lot of kind of ruminating like it's a lot of kayak kepikirannya kayak okay it hinders me from actually doing my work like I can't do my work tapi when I sense stuff not going well a bit justru I become like avoidant with my work I don't know why like I'm the type who just push through I'm like I | Anxiety and high expectations as a factor for avoidant behavior in academic work |

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| | | will put it as far as I can until like I have to deal with it until I have to deal with it. I think it's a lot of yeah anxious I'm just anxious yeah | |
| | 326-330 | I don't think I I don't think it's a balance but I just found it I just find it like as a strategy that works so far which is kind of like putting my needs or like my thoughts second like what I said I've always assumed that they were right jadi kayak a lot of my mungkin stuff that really matters to me I have to make myself think that it doesn't matter anymore because what they think matters more because percuma I fight for it you know | Suppressing personal needs to meet parental expectations |
| | 333-334 | Iya, tapi kayak it becomes a lot of like i dont know kenapa gue lanjut ngomong tapi gue causes a lot of guilt in myself for not putting myself first too the older I am yeah | Feelings of guilt for not prioritizing self over parental expectations |
| | 337-344 | yeah I do but like I prioritize how other people are doing, like Yaya is always like “you’re the are you okay girl all the time because you’re always asking other people like are you okay”. I have to know if you're okay, but at the same time it's like I can't uh realize that my perspective like exists. Harusnya tuh like I'm living through the lens of my eyes not other people's eyes all the time like I'm so not used to it gitu loh so when I make decisions for myself like for myself I'm like damn this world exists gitu loh kayak aneh rasanya. no because I'm not used to making decisions yang not going | Habit of prioritizing others’ well being over their own, to the point where making independent decisions feels foreign. |

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| | | to be for me but like based on my judgment only gitu loh | |
| | 346-351 | I think I do tapi it's like the tired nya juga there are a lot of firstborns that I know yang tirednya kayak my mom cannot think for herself so I have to do it for her and she cannot do type stuff on her phone she cannot urus her documents I'm gonna urus it for her it's like not less of the practical stuff like I'm not printing papers for my mom that often or like I'm not packing her clothes I'm not I'm not tiring my like physical body but like mentally I'm absorbing everyone's energy | Absorbing the energy of everyone around due to obligation of understanding people |
| | 353-357 | I'm like the family mediator my brother can't do that for himself yet and like I don't think he understands juga like where my parents are coming from most of the time and my parents apalagi kayak they're the older ones mereka lebih gak bisa nge -understand my brother yang kayak way farther than with me gitu loh jadi kayak I have to make them understand him and make him like tell them what they wanna hear | Becoming the mediator between parents and siblings |
| | 360-363 | Uh hm, I think the way they imply stuff is the same tapi I don't think the way they imply stuff is the same tapi the way dia nangkepnya beda karena I think he knows how to fight back so they compromise more and for some reason they just ngeladinin dia gitu loh okay with me it's less of a fight | Parents are more flexible towards younger sibling instead of firstborn daughter |
| | 365-366 | it's because kayak they're younger atau kayak yaudah they're just isolated aja | Becoming the mediator |

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| | | from parents karena we're the border you know | between siblings and parents |
| | 369-373 | Um I wouldn't say keras kepala tapi just like less polite when it comes to my parents because I've always been kayak you know he's not the selfless type I think yet at least for now he's not 17 yet jadi kayak I don't expect the personality to become a part of him anytime soon sih jadi kayak like I am I think more selfless than he is like naturally juga tapi kayak not that he's bad cuman dia grew up fighting back more aja yeah | Selflessness as a firstborn trait and assertiveness in younger siblings |
| | 380-382 | Um for now gue ga kepikiran for academically, but it's like the little stuff. If I went to the mall at his age, I wouldn't be going alone, like somebody had to be there. They don't worry about him too much because they put the burden on me to worry about him. | Parents are more lenient towards younger sibling due to burden placed on firstborn to protect sibling |
| | 388-396 | Eh sumpah Ini kocak banget karena kayak I grew up being the complete control freak defensive sister. And that's all my brother sees. He's always like, Margo's a control freak you know, crazy I have to go this and that, do this and that. | Being seen as a control freak by younger siblings due to expectations towards firstborn |
| | 390-396 | Why are you so defensive with everything that I say? I'm not judging you. I'm just kayak saying something from what you said. Padahal kayak itu karenaI'm just worrying about him. I don't want him to mess up. I don't want him to like be uncomfortable or put himself in an uncomfortable situation. I'm looking out for him, tapi he sees me | Protective nature of a firstborn being misunderstood by siblings |

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| | | as like crazy. Because that's what I would do. Tapi kayak he thinks he doesn't deserve that you know, It's terlalu ngerepotin buat dia. Tapi kayak that's just I'm doing something that's good for you. Let me help you. | |
| | 401-408 | Um Growing up, I think I would say yes. My mom more than my dad, just because he works. And he's like the scarier parent kalo ngajar I just don't rely on him to teach me anything. Tapi I would say... Tapi as I grow up, my type of knowledge that is taught in school, mereka kayak udah lepas tangan aja gitu kan. Jadi their help comes in the form of their presence and the gratification stuff. Like, I'm gonna take you to the mall if you're done. Or something like that. I am buying you the first train tickets home from Jogja once we're done. Because...the yeah i think it's either like the stuff they get me or their presence is the form of help | Parental support through presence and rewards despite being beared with academic expectations |
| | 411 | i think so far i would say yeah | Parental expectations as a good motivation for academic performance |
| | 417-426 | uh i think they don't they're not the parents yang juga yang kayak "mau di beliin apa?" like when i get good grades dari kecil they're never that type of parent. That's why i never really know how to act around them when it comes to like money or gratification in that way karena kayak usually it's very general | Financial rewards that are not tied directly towards their achievements, reinforcing a sense of limited financial |

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| | | and broad like i'm gonna take you to the mall although kayak and the whole i'm whole train ticket ride thing itu juga gara gara gue di jogja right it's not because of like that's they're used to like spending money that way like usually the rewards don't come in like stuff that they get. tapi kayak I do know that the possibility is there cuman then again I was raised with the value okay you don't get to decide what to do with the money it's tricky sometimes like if the form of support really stems from like them kayak knowing what they can do with the money or like they just choose not to | autonomy |
| | 432-440 | I think yeah definitely because at first I was looking for like psycho programs too right like inter here and they were like not with UI with the way they grab people money and then kayak not with this uni that's terlalu jauh lah, like at the end of the day, again, the ball is with them, and kayak they decide, and like, yesterday, the exchange was also a very difficult process to, like, come down to deciding not to go anywhere. Or exchange to, also, a lot because of that. Yeah, not because they didn't have the money, but, like, they have their own, like, weird values with it, gitu loh, I've just learned to come to terms with it, instead of, like, trying to argue with them, because it means that I'd have to prove a point, and I don't want to do that sometimes | Conforming to parents' decisions on restrictions regarding academics |

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| | 449-459 | I, you know, I think, like, for right now, it's um something yang kayak dari kecil kan. Because I luckily have, I gak pernah had to see my parents hit rock bottom when it comes to, like, financial stuff, tapi I have seen them like, not struggle juga sih, but like, where the socioeconomic thing affects the family, karena kayak not arguments juga, but like, small fights about it and, Kaya, I cannot, like, how do I explain it? Kaya, I cannot be in a position where socioeconomic issues affect my life later, affect my children later, gitu loh you know, Kaya. They're always like, jangan sampe you don't have enough money to, like, spend for your life. And for your children's life, you know, or like, that you have to be stuck in a family business where they're fighting forever, Kaya, just do something for yourself, Kaya. Get your own money. Get your own money where it's Halal, like, get your own money where it's, like, enough for you, you know? | Strong desire to achieve financial independence and stability, leaving no room to mess up |
| | 481-483 | I: Yeah. Hmm. So they just want to follow, I mean they just want to have like a better living standard for you, lah ya?<br>Margo: Iya | Parents aiming for a good quality of life for their firstborn |
| | 477-480 | It's because they didn't like how they grew up, like they didn't like how they were when they grew up. So it's very vicarious living through me too, sebenernya because I didn't have that childhood or that good university grade | Parents projecting their unfulfilled expectations to their first born child |

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| | | or the fact that none of us graduated early, like you have to do that. | |
| | 486-489 | I think uh kamu kan the older one, kamu kan the bigger person kan? Like I know that you're the older one, I know you're the younger one, but it's just like you're the firstborn, right? some people are not able to think that way or not not everyone has like a heart as big as yours stuff like that | Expectation in becoming the one more understanding, responsible, and selfless in the family |
| | 497-498 | Jadi kayak it automatically jadi a firstborn thing, kayaknya gitu sih. Tapi mereka juga ga kayak gitu ke my brother, so maybe it's a me thing. | Expectation in becoming selfless only present in firstborn |
| | 508-514 | Cuman kayak He doesn't he sees me more as the crazy control freak defensive person in the family when it's not me okay kayak i'm just maybe i don't know if i'm inheriting those traits or i'm projecting it straightly from like my parents atau kayak actually my parents aren't like that at all but with the way they raised me they're all like very panicky people right jadi kayak i'm systematic i make it systematic and stuff tapi kayak yeah yang kena my brother gitu loh. And he doesn't like it sometimes but like i don't really care juga because i'm doing him like a good favor that he doesn't know yet you know | Siblings perceive firstborn as control freak despite intention to help and systematic nature of family |
| | 517-522 | In my head i'm a good cop all the time people are i feel like i'm people secretly like see through me kayak i'm not good cop at all okay i come from like a place of like anger and guilt mentally yeah i think my brother knows that kayak | Feels that actions are stemmed from guilt and pressure rather than pure concern, causing |

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| | | which is why he gives me like a hard time when i'm trying to like do something for him like for his own sake karena kayak he knows it doesn't stem from like me being concerned about him tapi he's where he knows i'm worried about if i'm doing a right job in doing it for him | tension between siblings |
| | 524-525 | It's very selfish actually it's a very selfish motive behind the stuff that i do for the family that makes sense | Deriving feelings of selfishness from controlling sibling |
| | 532-533 | Mm kayak mendem gitu. Tapi not that I dont regulate it, tapi it becomes part of like who i am karena kayak I just don't put my interests first. | Suppressing own interests due to prioritizing others |
| | 535-536 | Kayak when it's something yang kayak not something that i know 100 % i tend to not fight for it | Avoiding arguments with parents on things that are uncertain |
| | 538-543 | Kayak kalo my jurusan, It's something yang gue genuinely want. Kayak this is going to determine the rest of my life. Jadi kayak I-Gue oke lah berantemin itu with my parents. Tapi kalo kayak exchange kemaren I feel like it's just easier to let them handle it. Even though kayak I'm the right age of 18, I definitely did have the rights to handle it atau kayak give my voice on it in the family. But I think the anger and guilt comes from like not putting myself first in that way. | Difficulty in asserting independence in decisions, leading to internalized anger and guilt |

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| | 556-561 | Mhm, I think I just don't talk to them about it. I journal. Haha. I journal. There is a private Twitter for everything. I don't talk to my brother. And I don't think even with my other firstborn friends, it's never explicitly said. I've never talked about the whole detail of the exchange thing. Atau kayak what my brother says when we fight to anyone else. Karena kayak I don't know. Kayak I don't know if it's something to be embarrassed about atau justru something to like be sombong about. Jadi kayak I just keep it to myself you know | Prefers journaling and private venting over discussing personal conflicts, leading to suppressed emotions |
| | 563-566 | Iya kayaknya gue sebenernya leaning to avoidant sih sebenernya orangnya. Kayak instead of anxious. I know a lot of like people in my position kayak who are firstborns are a lot like anxious people, right? Cuma kayaknya gue leaning towards avoidant deh. Cuma I cannot figure out why sampe sekarang. Maybe you can once you're done. | Identifying as avoidant person, differing from common firstborn tendencies but unsure of the reason |
| | 575-582 | I just lie HAHAHA. In some way, I think lying is just easier. I think part of the good perks of being a firstborn is that they believe everything I say. I can kind of lie with my performance and tell them I'm doing slightly better than I actually am. Just to like so they don't have to worry about it. But at the same time, ya mungkin I believe that it's a form of manifesting for myself gitu loh. Biar I actually don't... Ya pasti bisa gitu loh, karena not doing it or failing it is not | Perfectionism and the use of deception as a coping strategy |

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| | | part of the equation. Like I'm not going to let myself, like I'm not going to give myself, cut myself some slack gitu loh. There is no other option. So I can actually do it. It's either I do it 70 % or I do it 100%. | |
| | 617-623 | uh i think there should be like i kind of wish there were more stuff to read or stuff to learn about when it comes to expectations coming from like a privileged family like your research and from kaya me who are me yang kaya parents it's all very implied everything is implied so it's it comes from like the fear of not doing a good job not like fear of their expectations so like it it makes me think that it comes from me tapi kayak probably comes from them actually. It's like mind -boggling sometimes i don't know where it comes from sometimes like i can't like i said like i can't really differentiate if it's like my parents or my expectations are talking to me right now | Struggles with distinguishing between personal ambition and deeply ingrained parental expectations due to implicit pressures in a privileged uprbinging |
| **Kevin** | 94-96 | Yeah, so my name is I Putu Kevin Widyawan, but you can call me Kevin. I'm currently studying in Institut Teknologi Sepuluh Nopember or ITS I'm taking industrial engineering and i'm currently on my final semester | Enrollment and Institution |
| | 98-99 | So i've just recently finished my dissertation my thesis my research my skrispi and Currently just taking a break everything while doing my revision and looking for a job | Current academic activities |

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| | 105-111 | Mm, yes i'm i would say i'm currently quite satisfied with it so i didn't really reach a high GPA it's like slightly below 3.5 but if i look if i compared with my friends i would say that my GPA is relatively quite high uh my parents my dad is has does not really have an opinion like he hasn't really said anything my mom on the other hand is more um oh she has more opinions she's always comparing me to uh she's always saying like how people today have GPAs above 3.5 and everything but she's not taking into consideration that maybe you know i'm taking engineering and it's relatively hard and people are | Personal satisfaction on performance measured by current GPA and difficulty level of major |
| | 113-114 | A lot of people have gpas below two eh no i'm sorry below three you know yeah so a gpa of like 3.4 is not that bad actually | Satisfaction of current GPA through benchmarking with other students |
| | 119-120 | Well i wouldn't say harder but it's i guess it's just if i were to be put in a social science i probably wouldn't do well either because that's really not my thing | Academic fit and personal strentghs |
| | 126-127 | So i just have one little brother yeah that's it just one little brother but i have a lot of cousins. Yeah and i'm pretty close with them as well but yeah, just one little brother | Number and level of closeness with siblings and cousins |
| | 130-132 | So it's been mmm relatively okay so my brother definitely looks up to me and my brother gets come well no my brother compares himself to me i guess | Younger siblings' academic standards based on firstborn's |

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| | | like he's expected to perform well so his stand his standards are basically my achievements | achievement |
| | 134-136 | And that's how he sees it but i think um my parents don't really expect that much of him. My parents don't expect him to be able to you know achieve what i have achieved yeah yeah what else | Parents hold lower expectations for younger sibling compared to firstborn |
| | 145-148 | I think they're really good um i think we have a really good relationship uh i can talk to my personal life uh more to my mom and like professionally i talk more to my dad, mm yeah so i can talk about my hobbies like my relationship with my friends you know to my mom but i dont i'm not really comfortable discussing those things with my dad | Preferring mother for personal matters and dad for professional guidance |
| | 151-153 | well no no reason really it's just because maybe uh when i was younger i wasn't really that close with my dad i think he was really um, my dad is a very quiet person he didn't really talk that much when i was younger | Distant bond with quiet father during childhood |
| | 155-156 | but then as i grew older i think uhh he was really um he was really um i think uh both me and him we tried to make an a bigger effort in like trying to talk | Pouring efforts to strengthen father son relationship |
| | 158-161 | And maybe as i grew up and matured i started to understand more things from like his point of view yeah back then i used to think like this guy's just a bit of a buzzkill like he was always quiet and everything so i didn't really talk to him that much and i would i guess kind of | Growing understanding and compromise of father's perspective over tim |

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| | | avoid him but | |
| | 166-170 | All right all right so my i have a little cousin who whose parents divorced so like her dad left and she's like currently living with her mom only you know back then she lived with her mom only well no we lived in a one big house but her dad wasn't around so basically my dad would to make her not feel jealous she would uh try to like not interact with his kids as much so that uh my little cousin will not feel uh like she's missing out on not having a dad | Father's effort to support cousin by limiting interaction with own children |
| | 175-178 | I: but did that affect you in some way? Kevin: i didn't know that a bit but i guess it kind of did so i know my dad oh yeah from what i said before my dad's not very he's very quiet and everything but yeah now everything's fine you know i mean it wasn't even a problem back then i don't think it was even a problem, yeah | Minimal awareness of father's adjusted behavior but possible subconscious effect |
| | 181-183 | So i don't think so. Like well we are kind of yeah like high income family but uh my parents have always really kept uh i guess low profile and doesn't really have a lot of they don't really spend a lot of money | Disclosing high income family status |
| | 183-188 | um like yeah i don't think the socioeconomic status really affects our family dynamic i think we're living like regular families maybe just without the maybe like the middle and lower class they will have like several financial problems and maybe that will affect them so we don't really have any | Minimal impact of socioeconomic status on family dynamics due to financial security |

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| | | problems financially so yeah i don't really i can't really i can't really say whether it affects us because i don't really have anything to compare it to because i don't really know how you know but i would say no i would say there's no effect | |
| | 199-205 | Kevin: yep so my dad definitely my parents like uh always like every weekend i would say take us uh to eat somewhere nice you know restaurant mall you yeah i think that's a good like time for us to bond as a family also like traveling you know we go to we just visit Bali generally we don't really go anywhere else but yeah we like to travel like to spend holidays and um places outside of Jakarta just nice yep that's really good bonding time for me and my family<br>I: yes and that makes you closer that makes you guys closer too<br>Kevin: Iyea yea, definitely | The need of finances to create quality time through dining and travel |
| | 209-219 | uh yeah i mean i've never really like found it to be like a problem like i've i never found that i have a lot of like different duties yeah i usually take more of the blame than my brother like my room is dirty so i i don't actually share a room with my brother but he always sleeps in my room anyways and my parents always want us to like clean the bedroom and every morning i always clean my side of the bedroom i always clean my side of the bed but my brother doesn't and i always take the blame and | Tendencies to take the blame and being treated as an experiment by parents |

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| | | he always leaves my room dirty you know i always clean up my things but not his things you know and yeah if my parents come in the room and sees that they'll get mad and i'll just tell them that's my brother that's my brother that's not mine that's not mine and then they'll be like yeah it's clear up anyways all right uh other than that it's not really i guess it's just minor things you know and just generally taking the blame generally um i would be like the you know maybe like the experiment like just trial and error will be done on me | |
| | 221-223 | so like uh yeah they will try out new things with me first and then um yeah if it works they'll do it to my brother if it doesn't work they won't do it to my brother that kind of stuff but i feel like– | Becoming the trial and error child of the family |
| | 225-226 | The treatment between me and my brother is also kind of different because we're different people | Individual differences in parental treatment |
| | 228-229 | my parents my mom is i think more lenient more more soft to my brother haha maybe i don't know that's from what i see right | Perceived leniency towards younger sibling |
| | 233-236 | i never think it's really unfair to be honest but yeah because cause like i think he has his share of things as well like he he's expected to like kind of uh be able to achieve what my academic uh achieve yeah my academic achievements but he has different capabilities wait sorry what was the question sorry | Personal perception on fairness in parental expectations compared to sibling |

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| | 242-251 | Kevin: Oh i think they are nicer in terms of spending to my brother maybe it's because when i was his age my parents were not because you know like when like my parents are, gimana ya, semakin hari kan, bukan semakin hari ya kan semakin lama jabatan semakin naik. Terus jadinya uangnya jadi semakin gede. When i was each age, uh we were yaudah duitnya udah banyak cuma sekarang duitnya lebih banyak lagi. | Parental spending habits evolving with financial status |
| | 248-251 | So they are more uhh lebih banyak mengeluarkan duit with my brother. Misalnya my laptop I wouldn't like ask for a very expensive laptop from my parents. I was still like, ya tau diri lah kalau soal budget. This is just one thing that I thought of that's really that got me kind of annoyed. | Personal financial consciousness compared to sibling |
| | 253 | Ga ga ga tega yah kalo misalnya minta barang yang mahal mahal banget gitu | Personal financial consciousness in materialistic requests |
| | 255-256 | Sedangkan my brother langsung nembaknya yang mahal lah. Minta laptopnya yang ini banget, very expensive laptops and haha | High expectation and financial requests from younger sibling compared to firstborn |
| | 264 - 266 | So, my brother would, my brother maunya laptop gaming yang very very high end yang mahal banget. Kayak berapa ya itu? Ada lah harganya. Pokoknya my laptop is like half the price of his man. | High expectation and financial request from younger sibling compared to firstborn |

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| | 278-281 | My dad just wants me to do my best. My mom uh, apa ya, my mom's standards itu, depends on, yeah, ya kayak Asian mom typical lah. Dibanding -bandingin sama orang -orang sekitarnya, sama anak -anak temen -temennya. Dibandingin sama– So, I have this really high achieving cousin | Comparison and standards compared by parents in regards to academic performance |
| | 290-295 | So. Yeah, itu. My mom compares it to her friends' kids. And I also have this high achieving cousin. Pokonya very high achieving kayak Gru gitu. Terus um, ya I get compared to him type of thing he's like the oldest cousin of my mom's side of family like every everyone that's uh below him maksudnya everyone that's younger than him they always get compared with him i even like indirectly juga bisa and if it's not from the parents itu yang banding bandingin the grandparents sih. | Family comparisons and influence with relatives |
| | 297-298 | And yeah i guess me too kayak i always like try to compare myself to him | Self-comparison to relatives |
| | 300-301 | well i'm not trying to, I always compare myself to him cause yeah he's like what my family my mom and my grandparents would consider as the ideal child I would say | Self-comparison to relatives despite trying to brush it off |
| | 303-304 | Yeah very productive very very intelligent you know high achieving type of person so yeah that's that's the ideal person my my mom wants me to be | Traits that are expected from parents' as a firstborn son |
| | 311-312 | Oh i would say indirect soalnya gak pernah explicitly ngomong kayak harus | Parents indirectly convey |

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| | | bisa jadi kayak gini. It's more like nih liat nih, ini kayak gini | expectations through comparisons |
| | 314-317 | Kevin: So it's like yeah, yeah just comparison. Not like you have to be like this. Nah nah, they don't really do that.<br>I: And that also applies the same with your grandparents as well yeah<br>Kevin: yeah my grandparents from my mom's side | Relatives indirectly convey expectations through comparisons |
| | 320-321 | So, I don't really meet my grandparents a lot, you know. But every time I go to Bali and meet them, there will be a lecture regarding that, you know. | Frequency and Conveying expectations by relatives |
| | 328-330 | It's about, yeah, achieving. Well, it's about...uh yeah career uh yeah career success like yeah look at your cousin look how he's doing look how well he's doing and then he always compares it to himself as well i used to struggle you know i you know the typical yeah | Topics on lectures regarding career success |
| | 342-347 | Um, uh yes but i think more so to my brother sih, mereka tuh ga ada patokan untuk bandingin sama siapa. I guess to my oldest cousin ya bandinginnya. Like for me dibandinginnya to my oldest cousin and everyone else around us gitu. Jadi expectationsnya generally gara gara you know kan my mom kan liatnya yang bagus bagus aja ya jadi bandinginnya sama yang bagus bagus itu. Kalo my brother bandinginnya sama just me gitu. They only compare my borther to me. So the expectations is lowered, karena I'm the comparison. | Differences in expectation standard for sibling and firstborn |

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| | 348-350 | I: Tapi like, is it significantly because like do you ever think that you're being compared to your cousin because you're the first born in your family?<br>Kevin: Um, well yes because i don't see my brother getting compared to my cousin | Status as firstborn in the family plays a role in the type of comparisons applied to sibling |
| | 356-359 | Yah well yah i'm not sure if it's like actually trying to compare tapi my mom ya every time my cousin achieved something misalnya dulu mawapres, gitu langsung dikirimin ke grup kayak eh ini ini ini and then kirimin apa sent to me personally, and then di dining table juga di omongin. Eh kayak gini gini gini ya. And then dapet LPDP juga dia langsung | Highlighting relative success while indirectly exerting expectations to firstborn child |
| | 361-366 | Terus everytime he's around kalo liburan ke Jakarta gitu, uh, my mom would always want me to meet him kayak terus terusan. Eh dia lagi di Jakarta, ketemuan dong. Ajak ngomong tentang karir atau tentang kuliah atau apa. Mhm mhm my mom taunya he knows a lot of things. And yeah, it's true, he does know a lot of things. Tapi like damn that's not what I want to talk about with my cousin, you know. I just wanna, yeah, I guess, kalo emang lagi mau ngomongin gitu gitu ya bisa aja, tapi ya I'm not going to go there just to talk about my career, man. | Parents' encourage interactions with relatives to discuss career and academic achievements |
| | 372 | Mmm I feel like I know she's trying to say something, but it but it doesn't really get to me. | Not receiving the message conveyed despite indirect |

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| | | | expectation behind it |
| | 376-378 | Wait sorry, I'm unaffected when I don't really want to be affected by it. But sometimes I would feel like, damn. Yeah. I want to, I actually want to, you know, start achieving more. So I would start comparing myself to him. And yeah, | Internal struggle of being unaffected by comparison but also feeling motivated to achieve more |
| | 380 | But if i'm not in the mood to feel motivated, then not really. | Fluctuating response to expectations depending on mood |
| | 388-391 | Oh, yeah. But not for my cousin. So this is what I said before. My mom maunya bilang kayak sekarang orang orang kayaknya IP nya tinggi tinggi semua loh, 3,5 gitu gitu, I would, like she would compare me with my friends yang jurusannya, apa ya, mmm like what's an easy major? Haha | Comparison of academic performance across different fields of study |
| | 399-402 | Ilmu komunikasi, like I have friends in ilmu komunikasi and IP nya tinggi tinggi banget kan, 3.99 gitu gitu, and I would get mad because I would tell her kayak ya mi tapi kan itu ilmu komunikasi mi, mereka belajar ngomong doang. As a joke, but like indirectly saying that engineering is harder. I would always tell her kayak anak anak di teknik IP nya banyak yang dibawah 3.0, emang susah buat dapetin IP yang tinggi. And then she would like stop talking for a bit, and be quiet | Talking back on expectations set by parents based on rational reasons |

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| | 422-424 | Ya because of that, I was more motivated to study in high school, I was more motivated than my friends generally. Terus ya itu, masuk PTN, maybe that kind of shaped my work ethic, kind of. | Feeling more motivated to study as a result of expectation from entering public university |
| | 424-425 | Then pas masuk PTN uh it was also because my friends in engineering a lot of them are hardworking staying up late, working, studying, So, it also influenced me. | Feeling more motivated to work hard due to surroundings |
| | 425-427 | So uh kayak my mom, my parents' expectations influenced me. What was the word? Ya pokonya they were the ones that drove me to study hard pas high school. | Feeling more motivated to study as a result of expectation from entering public university |
| | 429-430 | Tapi pas udah masuk PTN, it's that plus lingkungannya sih, karena temen temen pada kerja keras semua jadi ya I don't want to be an outlier gitu. | Feeing more motivated to work hard due to surroundings |
| | 438-442 | Would be pretty mad Yeah walaupun pas ituI was accepted to a Private university juga Swasta Di ada lah Ada dapat beberapa lah tapi satu I turned down pas udah ini cause I wasn't really into it I turned down apa? Prasmul. Cause I didn't wanna Go there and the other one uhh I was already accepted It was my backup plan tapi My mom still said Kalau gak dapet PTN gap year aja Gak usah masuk | Parental expectations regarding university choices and alternatives if not accepted into public university |
| | 448-449 | Kevin: Uh, so kalo dibandinging sama my brother he is not dia gak dikasihin that gap year treatment. So he's allowed | Perception of fairness in the treatment of |

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| | | to Go to Swasta | firstborn compared to sibling |
| | 451-452 | I don’t know man. Maybe it's Because My mom knows I'm capable of achieving More academically than him Atau gimana I don't know But yeah There's that | Perception of academic capability of firstborn compared to sibling |
| | 457-458 | Hmm I don't know I think she just wants me To achieve more Like As motivation maybe Hmm. I think she just wants me to thrive to be better | Expectations are rooted in the desire to motivate the child to perform better |
| | 460-461 | Like I also I always think that she always You know she wants what's best for me pasti lah, yeah As a mom | Expectations are driven by care from their parents’ |
| | 468-472 | like the last semester of SMP, or last semester of SMA, buat persiapan UN sama perisapan buat masuk UTBK. Ya they would always like tell me to study you know stay in your room sorry stay in your room my family would you know sorry they would go out you know have dinner terus my friends juga enjoy enjoy haha hihi keliling keliling and having fun, but i would be told to study all day that type of thing | Academic pressure and stress due to isolation from parental expectations |
| | 472-475 | um i think uh itu kayak i made me yea i guess kind of stressed because i would always be envious towards my friends and everyone else gara gara mereka bisa you know they can you know be free to do other things you know other than | Stress due to isolation from parental expectations |

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| | | studying tapi me i have to study | |
| | 477-479 | Tapi it's not really, well now maybe I can say that, ya udah lah, maksudnya akhirnya masuk PTN juga kan, jadi I guess it is kind of worth it. Tapi ya me back then, I would say that I was probably pretty stressed, kesel juga sama my parents gara gara disuruh kayak gitu. | Feeling fulfilled despite sacrificing their leisure time to study |
| | 485-487 | Mmm, I would just curi curi waktu aja sih. Kaya when my parents aren't home I would just you know, kalo udah capek banget jadi ya udah main game aja sebentar. Cause like I don't really have a lot of like personal needs, I just play games a bit, and then I'm satisfied. | Escaping stress through gaming to help relax |
| | 508-509 | They're right for that. Because once I start playing kan kayak, jadi main terus nonstop. Tapi ya, iyasih itu ke limit sih. | Hobbies limited due to parental expectations |
| | 514-516 | Ya itu sih dapet PTN. Tapi ya gatau juga ya I gone to PTN from kan I'm IUP juga ya, International Undergraduate Program. Tapi itu juga masih mikirin nilai UTBK sih so maybe hehe, maybe I wouldn't gone into PTN if I wasn't pressured. | Drive to enter public university due to parental expectations |
| | 521-527 | Karena kayak my parents juga kayak. I think my dad doesn't really have any expectations. He just wants me to do my best. Tapi my mom, I would say her expectations are always, I would say, kayak pasti naik naik terus, berubah berubah terus, because pasti bandinginnya sama orang orang sekitar kita terus. And those people their | Differences in expectations from mother and father depending on environment |

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| | | standards ya depends on, ya pokonya kan orang orang semuanya kan beda beda ya. Ada yang naiknya cepet, ada yang gimana lah. So my mom would always compare me with whoever she finds the best aja sih. | |
| | 529-532 | Jadi I don't really like bother myself with, well, yeah I do take it into consideration kayak yeah okay, I guess I have to achieve more, you know. But then I don't really feel pressured into it anymore knowing that my mom's expectations are somewhat cannot be met, because they're always going to change, you know, they're always going to increase. That kind of thing. | Acceptance on not achieving the expectations due to shifting nature |
| | 534-536 | Terus pas ini deh contohnya pas dapet ABCD tuh, my mom was I guess like you can say the most proud of me, gara gara temen temennya tuh belum ada yang dapet ABCD, anak anak temen temennya, belum perna ada yang dapet ABCD. Jadi ini kayak the fresh new thing for her. | Sense of fulfillment from parents when firstborn achieve scholarship program |
| | 541 | Gak pernah nih ada yang kayak gini. Keren nih anak gue. | Sense of fulifllment from parents when firstborn achieve scholarship program |
| | 549-552 | Yeah generally I feel pretty good about it. Tapi kayak yaudah lah, ga terlalu yang kayak gimana gimana banget. Cause eventually, you know. Her friends are gonna... Sorry, her friends' kids are gonna achieve something else. | Sense of temporary fulfillment from parents after achieving something |

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| | | And they're gonna come at it to her as well. And she's also gonna come back to me like, “kak ini loh kak, ayo kak coba kak ini kak, coba kak in kak” | |
| | 560-564 | Oh yea yea yea they definitely try to help me achieve my goals in the past. Pokonya they would always support me. Kayak everything I ask from them, they would always provide for me. Kaak misalnya contoh ya, if I want an internship, my dad will most definitely try to contact his friends, try to get me an internship somewhere. He always offers me tapi ya I don't really want an internship from my dad. | Being financially and emotionally supported despite being expected to excel |
| | 572-574 | My parents don't really, kalau yang for jabatan apa, following steps of my dad itu ngga di set sama my dad sih. Itu just something that I personally have to do as well. So it’s not really for my parents tapi it’s just for me | Personal motivation to thrive according to current parent’s standard of living |
| | 576-579 | Yeah, it's from me. What was it? Socio -economic status? Yes, I would say it does. Because it does really affect it affects me because like,my parents always say like, ayo mumpung lagi kaya, mumpung papi mami bisa provide these things for you, you have to take these like opportunities, you can | Encouraging to seize opportunities as a result of the role of family’s socioeconomic status |
| | 581-582 | We can provide, so why not just do it? Do these courses, take these programs, that type of thing. | Encouraging to seize opportunities as a result of the role of family’s socioeconomic status |

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| | 591-593 | That's how I generally see it. Tapi from mereka sendiri, I don't know. Maybe it's because mereka juga, tapi I'm pretty sure they're pretty high achieving people juga sih dulu. Hmm I don't know. That's how I see it. | Influence of parents' own past experiences towards child's expectations |
| | 603-605 | Oh no actually I've talked to my Mom about this just for fun you know kayak, joking around kayak Ni Kevin disuruh gini gini gini tapi Adek ga disuruh gini gini gini. Kok beda si? And she would just be like ya sorry hahaha | Playfully talking back to parents' as a result from expectations |
| | 612-615 | Always wants to achieve what I have achieved. And then… No, wait. I guess not wants to. He's always pressured to achieve what I want to achieve. What I have achieved. And...Yeah, pokonya he always looks up to me for advice gitu, kayak nanya apa apa always to me. And I'm... Yeah. I think I'm pretty close with my brother, juga. | Younger sibling views firstborn as a role model |
| | 618-619 | Hmm I don't think it's really, ga terlalu gimana gimana. I don't think there's really a significant Other than expectations | Relationship with parents not affected by anything other than expectations |
| | 628 | I do see myself as capable | Being confident with firstborn's academic capabilities |
| | 637-641 | Yeah And I don't think Like Like, yeah I think Maybe they put more Expectations No I don't think Maybe they put more kaya in terms of responsibility juga ga terlalu beda jauh sih sam amy brother. | Slight parental differential treatment with sibling at home |

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| | | My parents don't really put difference in responsibilities between me and my brother. We're generally responsible of Same things At home, jadi sama aja sih. Maybe different things tapi at the same capacity lah, ga terlalu yang gimana gimana. | |
| | 644-645 | Hmm so If it's from my mom If it's something yang beneran kayak ini mah ga mungkin gitu, I would just ignore it, straight up | Disregarding unrealistic expectations set by parents |
| | 649 | Tapi if it's something That's actually achievable ya I would say iya Mi, iya, iyaa | Agreeing the expectations set by parents to fulfill their needs |
| | 651-652 | If it's something impossible I would just say Mi, itu loh kayak gini mi, itu ga mungkin mi, itu kayak gini gini mi. That type of thing | Disregarding unrealistic expectations set by parents |
| | 655-657 | She would listen. I would say she would listen, yeah. Tapi kalopun kalo But even if she talks back, juga ga terlalu lama lah. Ga sampe yang gimana gimana. Maybe she would say one thing and she would be like, okay | Compliance of parents towards rational reasoning of firstborn |
| | 664-667 | Kayak I think I made it seem like my parents expect a lot from me gitu gitu. But I think generally, ga yang terlalu gimana gimana gitu, like they don't really pressure me into doing anything that I don't really want to do. | A good balance of when expectations exist but they also allow autonomy |
| | 669-673 | Yea they would say these things kayak we want you to do this. Temen temennya mami anak anaknya kayak gini gini gini, but kalopun I don't do it | A good balance of when expectations exist but they also |

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| | | juga yaudah there's not really and harsh consequences or anything. They're pretty lenient, I would say. I know that out there, ada banyak orang orang yang parentsnya jauh lebih pressure lebih strict you know. My parents are, I would say, on the chill side. | allow autonomy |
| | 674-675 | I: Okay, but it's there, you know, like, the expectations are there, gitu yah? Kevin: Yeah, it's there, it's there. But it's still bearable | Good balance of expectations and autonomy |
| | 682 | Kayak I think they have done pretty good. | Acknowledging healthy boundary with parents |
| **Edith** | 92-94 | Okay, so my name is Edith, and I am currently a seventh semester student at Universitas Padjajaran, and I'm studying Digital Business, which is in the Faculty of Economics and Business. | Enrollment and institution |
| | 94 | Um I am the firstborn of three children, and I have two brothers. | Birth order rank and number of siblings |
| | 96-97 | Umm, right now, I am actually finishing my internship, and it's supposed to be, I think, it's supposed to be over at 9th january i think | Current activity |
| | 101-105 | Hahaha okay, uh i think i would say i am quite satisfied but i think if i could be doing more than uh and i feel like if there's a room to be doing more um i would definitely do that but so far my parents um have always said that um they are quite satisfied with my academic performance though um i don't think it's quite the case uh with um | Holding a high standard for academic performance even if parents are already satisfied |

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| | | with my condition when i was in like elementary school school so | |
| | 109-112 | No kayak I think it's because i'm the first born terus ga ada standard to like set it, I don't have like an older sibling to set as a standard gitu, so kayak pas SD gitu jadi kayak the pressure towards my academic pressure itu kayak lebih gitu. | Navigating academic expectations without a role model |
| | 112-114 | And then as I grew up, then uh my brothers also grew up then it turned out like in terms of academic performance i am better right gitu kan. Jadi kayak mungkin mereka don't really spend their energy to pressure me on my academic performance but instead, mereka lebih ke kayak alokasiin nya tuh ke my brothers. | Shift of parental academic pressure to younger sibings |
| | 117-118 | Okay, it's hard. Especially, kaya I'm not only the firstborn in my family, in my small family but from my mom's side, I'm actually also the firstborn family | Birth rank position in close and larger family |
| | 122-124 | firstborn granddaughter, which is kind of tough and the pressure doesn't really come from my family but also comes within myself I feel like I have to be the standard for my younger cousins | Internalized expectations and self-imposed standards to become role model for younger cousins |
| | 124-126 | jadi menurutku kayak sebenernya tuh the uh pressure is kind of unspoken uh apalagi kayak sekarang uh lebih kayak unspoken gitu tapi keliatan gitu that they have their own expectations. | The presence of internalized unspoken family expectations |
| | 128-129 | Apa terus, mungkin itu juga yang, those expectations itu juga sebenernya di pake | Being the benchmark for |

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| | | buat kaya memotivasiin dijadiin standard ke my younger cousins. | younger cousins |
| | 131-132 | It's good. I think it's so much better than the previous years. I think we've grown a lot um as um parents and a um daughter, and I feel like I am more open to them, especially my mom, about certain things, which I don't think I could have uh told her when I was just in middle school. | Improvement in parent-child relationship in openness and communication |
| | 138-148 | Yeah, I think so. Okay, so I just had this talk last night with my friend. Uhh tapi kayak kadang tuh, if I want to do something, and then I tell my parents, and then they will show support, gitu kan? And kadang tuh aku ngeliatnya tuh kayak, I just feel like it's just a normal thing gitu loh. Tapi but then, I talked to my friends who might not have the same privileges in terms of socio -economic background, atau mungkin kayak the support gitu kan. Kaya mungkin their parents do not support those kind of things gitu. Kayak and then, I realized that the support that I currently have itu sebenernya such a huge privilege gitu loh kaya misalnya my parents... They just don't hesitate to support me in any kind of way. But it turns out that people out there, even if they don't have the support, they have to fight for it gitu loh. Mungkin karena udah terbiasa dengan support kaya gitu, jad kayak I don’t think it’s such a huge deal, tapi ternyata for some people it actually is gitu. | Perceived differences of socioeconomic support in other peers |

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| | 162-171 | Apa ya, umm, I don't think I am that close with them. I don't think I am close, gak se deket as a sibling should be kan. | Perceived closeness with siblings |
| | 163-169 | Jadi kalo misalkan my responsiblity as a firstborn itu mungkin lebih ke kayak the standard, the expectations that my parents set for me. Jadi kan kayak sebenernya lebih ke kayak oh anak pertama itu harus gini gini gini. Jadi ya mereka sebagai anak yang lebih muda danger dong, sama orang tua. Jadi sebenernya, apa yang di tanemin di minsdet mereka itu dateng itu semuanya dateng dari my parents, gitu. Jadi, I think I don't really know if my own siblings have their expectations towards me karena like I said before, we're not as close as siblings should be. | The presence of parental expectations and the influence on siblings |
| | 169-171 | Mungkin kaya apa ya, I think um, kayaknya kalo misalkan in terms responsibilities, karena kita gak begitu deket juga, jadi ya udah jalanin aja, jatohnya kayak ya udah jalanin aja masing masing. | Individualist sibling dynamics in fulfilling responsibilities |
| | 176-180 | Hmm, hmm, hmm. Kayaknya itu, jujur banget tapi itu beneran it happened when I was younger. Tapi kalo sekarang udah ga begitu sering itu terjadi sih. Jujur kayaknya paling, the last time it happened kayak waktu aku semester 1 - 2 gitu loh. Emang waktu disitu, wah itu susah banget kan makanya pas semester itu aku gak begitu deket juga sama uhh sama uh my parents as right now gitu kan, terus uhh dan itu semakin sekarang. | Fluctuating expectations from parents |

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| | 185-189 | Iyaa, I don't really take it into account back then gitu kan. Terus abis itu, but I remember that it happens quite often gitu loh, apalagi pas waktu SMP. Makanya pas kalo SMP, seinget aku, those words made me feel like, oh, okay, I need to be better, you know. Tapi kalo pas di SMA aku udah kayak wow, I'm so fed up with it. So, it's just like, justru jadi banyak arguments because of that. | Adverse impact of academic parental expectations to family dynamics |
| | 193-203 | Uhh kalo SD sebenernya aku ga inget, tapi kalo SMP aku inget banget karena kan sebenernya my academic performance itu kayak yang nanggung nanggung gitukan. Jadi uhh, not quite the first, tapi almost gitu. Terus habis itu kayak misalnya di peringkat 3 besar, atau ngga di peringkat 5 besar, gue sebagai uh apa namanya first born juga uh bukan the firstborn juga sih sebenernya, ya sebagai orang juga gregetan gitu kan kayak ini nanggung banget gitukan. Jadi mereka yang kayak apa lagi nyokap itu cukup deket sama uhh orang tua si anak yang selalu ranking 1 gitu. Jadi itu tuh yang kayak "itu tuh si mamanya ini cerita dia kali ini belajar terus gini gini gini" kayak gitu kan, terus uhh apa ya uhh namanya "dia udah les disini disini kamu juga udah di les in kok gini gini gini?" gitu kan, jadi pokoknya ya kurang lebih kayak gitu kan. | Parents' comparison towards other high-achieving peers |
| | 203-208 | Nah kalo misalnya di SMA itu sebenernya juga kayak gitu tapi I know pas di SMA wah ini fed up banget dan | How expectations affect firstborn in difference |

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| | | aku emang, maksudnya aku ga ada effort yang gede untuk jor joran uhh untuk to prove myself waktu SMA. Tapi waktu di kuliah emang waktu di kuliah peak nya lagi ga tau nih mau ngapain apalagi semester 2 kan, kayak uhh pokonya ga tau deh selama kuliah uh the uh trajectory itu mau di bawa kemana gitu kan | educational stages |
| | 210-213 | Apa namanya jadi apa pun yang di omongin itu kayak kerasa banget, jadi kayak, apa namanya ya, misalkan sebatas ngomong IPK kayak ngomongin IPK tetangga kek atau siapa kek kayak gitu kan, terus kayak dia masuk ke kampus mana kek segala macem, terus kayak ikut organisasi apaan, yang kayak gitu loh kerasa sebenernya. | Presence of parents' comparison to other peers and how it affects firstborn |
| | 218-225 | Um jujur kayaknya mungkin when I was younger iya banget cuma kayaknya sekarang ngga juga karena kan I have 2 brothers right, who are younger than me. Nah jadi sekarang tuh uh ini balik ke lagi ke prinsip masing masing juga tapi my parents tuh liatnya karena uhh my brother itu udah beda umurnya cuman 3 tahun kan jadi kayak dia udah di bilang grown up lah terus apa namanya jadi mungkin the expectations now go to him gitu loh karena dia udah adult, grown up man, uh apa namanya pokoknya apa apa jatohnya dia yang harus take care of his brother and take care of me juga. Karena kan jatohnya karena dia cowo di keluarga gitu ya jadi harus bisa jadi pemimpin keluarga or | Shifting parental expectations on responsibility among siblings taking into consideration on gender roles |

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| | | something gitu lah | |
| | 227-228 | Ho oh iya, tapi kayak kalau towards my brother academic performance nya juga ada, tapi life in general juga itu masuknya ke my brother sih. | Presence of expectation on academic and life towards younger brother |
| | 231-239 | Ngga. Up until–kayaknya baru baru ini deh baru baru ini karena kan dia baru masuk uhh ke uni kan. Jadi sebelum sebelumnya masih di gue gitu loh. Yang kayak harus set example to my younger cousins, younger brothers, kayak gitu gitu, cuma sekarang karena apalagi pas dia kelas 12 gitu udah penentuan untuk uni gitu gitu kan nah itu udah harus di tekenin banget uh pokonya lu gaboleh males karena ini tuh college bakal nentuin banget nih kayak karir kehidupan lu kedepannya dan mungkin dari situ dia juga nyadar gitu kan karena dia tuh beneran gatau ya, mungkin adek gue harus yang kayak di apa ya di kasih tau bener bener dulu baru dia nyadar. Gue gatau sih mungkin dari dalem dirinya dia ada juga cuma menurut nyokap emang itu dia itu harus dipaksa gitu dulu baru dia nyadar | Increased expectations on younger brother during university transition |
| | 248-251 | Uhmm any expectations that have been conveyed to me? Uhh sebenernya kayak ini aja sih waktu uhh waktu kalo paling kenceng in terms of academic performance kan. Uhm apa namanya kalo dari SMA wah itu kalo dari SMA itu kenceng banget apalagi pas SMA kita sama sama ngejer ini kan, sama sama ngejer PTN yang bagus kayak gitu kan. | Presence of educational aspirations from parents that pressure firstborn academic performance |

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| | 260-271 | Uhh kan kadang apalagi kan dulu tuh beneran yang kayak SMA tuh bener bener yang kayak kotak kotak banget kan, IPS atau IPA segala macem kayak gitu. Gue tuh les di IPA, iya gue les di IPA, dan di setiap les itu kan ada tryout segala macem gitu kan, dan gue tuh tau waktu gue tryout gue tuh pengen pindah jurusan. Pengen ngambil IPS. Tapi kalo lo liat hasil gue berdasarkan paper, berdasarkan hasil tryout gue, pasti gue akan lebih jelek dibandingkan ada nih orang yang selalu disebut nih kan. Pokoknya ada lah orang ini selalu disebut. Apa namanya jadi kayak gue itu selalu dibawah 2 orang ini, terus nyokap yang uh apa namanya nyokap selalu yang kayak bawa bawa "perasaan apa yang kita provide untuk kamu dan apa yang si orang ini dapetin itu kalo diliat secara mata maksudnya kayak secara mata normal, maksudnya kita ga liat kedalem apanya internal dynamicsnya gitu kayak itu udah sama" tapi kayak gue tuh gasuka IPA aja gitu loh kayak intinya gue ga suka IPA aja intinya we have different passions and we have different uh things to focus on. | Presence of conflict between expectations and personal interests |
| | 275-277 | Uhmm yaah ya most of the time sih it is indirect tapi kalo misalkan uh kayak yang uh yang secara direct itu kamu harus masuk sini, gitu pokonya. Pokoknya harus gini gini gini terus oh kamu harus lulus gini gini gini. | Presence of both direct and indirect methods of conveying expectations |
| | 277-278 | Cuma kayak menurut gue itu masih ada apalagi kalo untuk lulus gitu ya, ada | Ability to negotiate when |

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| | | room for negotiation gitu lah kalo misalkan gitu. | posed with expectations |
| | 282-285 | Hmmm okeh mungkin in terms of kayak career path, jujur ini agak seneng banget tapi mereka tuh ngebiarin gue untuk uhh untuk milih sendiri gitu. | Presence of autonomy in career choices |
| | 285 | Cuma thing is, uhh justru kadang kayak sekarang gue sebenernya ada ini sih, dulu mereka beneran yang kayak ini banget, ke gue untuk masuk teknik gitu kan. | Obligation to enter engineering instead of any other major |
| | 285-292 | Jadi sbenernya waktu di SMA pun tadinya awal masuk kelas 10 pengen ambil IPS, karena emang pengen fokus di IPS, cuman karena mereka ngerasa uh apa namanya udah gausah nanti aja di IPA aja kalo di IPA kan bisa pindah ke IPS tapi kalo di IPS gak bisa pindah ke IPA karena memang dari awal gue tuh di bikin untuk oh masuk teknik aja. Oh masuk arsitek aja yang berbau bau sains atau anak anak IPA gitu kan. Tapi selama apa lagi di kelas 12 kayak gue nunjukin banget my determination untuk masuk di IPS jadi kayak mereka just let me be gitu loh. Tapi di awal awal mereka masih yang kayak bahasanya berusaha untuk mendoktrin gue untuk masuk teknik or semacemnya gitu | Shifting expectations with the presence of autonomy over career choices |
| | 296-304 | Kayaknya sebenernya kalo marah marah ngga juga tapi kayak it just took time gitu loh. Keputusannya tuh kayak ga instant kayak dari awal tuh kayak gue ngomong dari kelas 11 atau segala macem tuh jadi kayak prosesnya lumayan lama juga jadi kayak gue | Gradual negotiation and persistent proof of capability in academic choices |

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| | | ngomong dulu nih, sebates ngomong dulu nih terus abis itu di kelas 12 gue cukup nunjukin kalo gue tuh sebenernya maunya kesini terus kayak i proved it gitu loh kayak uh dari try out try out yang topiknya sama dengan IPS IPS ini jadi kayak apalagi waktu itu kayak gue berusaha untuk excel in my economics subject gitu kan walaupun sebenernya kelas 12 tuh gue sama sekali ga belajar itu gitu. Tapi kayak gue pelajarin economics subjects supaya di bolehin gitu kan, untuk masuk jurusan ini. Untuk ambil bidang ini | |
| | 306-308 | Uh apa namanya mungkin karena liat itu juga kali ya liat my determination terus kayak dari scores scores yang gue dapet buat masuk ke bidang ini juga lumayan memenuhi dibandingkan gue harus maksain ke bidang yang lain jadi mungkin karena itu jadi kayak oke. | Consistent demonstration of capability before gaining parents' approval on chosen path |
| | 323-331 | Kalo misalkan affecting my academic performance tuh um i would say definitely yes, um tapi kayak ini lebih ke indirect gitu sih kan tadi pertama gue bilang ada beberapa kalimat kalimat yang direct gitu kan untuk supaya gue bisa drive towards excellence or something. Kalo misalkan affecting my academic performance I would say yes karena mungkin those words kadang antara, sebenernya ini tuh tergantung uhh my own situation deh pas lagi dimana ini kayak kejadian. Kayak misalkan kalo misalnya ini dibilang pas di SMP mungkin ini bakal ini bakal a | Parental expectations directly and indirectly shaping academic experiences, sometimes as motivation and sometimes as pressure |

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| | | form of motivation, kalo misalkan ini tuh di kasih pas SMA kayak tadi gue bilang juga ini justru malah bikin gue down karena gue ngerasa udah mentok juga gitu, I've done everything I could dan ga bisa aja.Kalo misalkan affecting my academic performance tuh um i would say definitely yes, um tapi kayak ini lebih ke indirect gitu sih kan tadi pertama gue bilang ada beberapa kalimat kalimat yang direct gitu kan untuk supaya gue bisa drive towards excellence or something. Kalo misalkan affecting my academic performance I would say yes karena mungkin those words kadang antara, sebenernya ini tuh tergantung uhh my own situation deh pas lagi dimana ini kayak kejadian. Kayak misalkan kalo misalnya ini dibilang pas di SMP mungkin ini bakal ini bakal a form of motivation, kalo misalkan ini tuh di kasih pas SMA kayak tadi gue bilang juga ini justru malah bikin gue down karena gue ngerasa udah mentok juga gitu, I've done everything I could dan ga bisa aja. | |
| | 333-339 | Ini tuh yang bikin kayak the source of most firstborn overthinking deh kayaknya, apalagi kalo misalnya ngomongin karir dan segala macem, apalagi buat uni students kan sekarang lagi kayak ngomongin magang segala macem, nyari magang tuh is not really easy gitu loh apalagi kayak gue denger cerita dari temen temen juga yang sebenernya menurut gue tuh ininya oke bgt, tapi belom rezeki aja gitu | Parental expectations as a source of overthinking |

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| | | bahasanya. Jadi kayak ya pasti ekspektasi orang tua itu takes a toll on me and jadi sumber overthinking. Tapi untungnya my parents belakangan ini lagi always appreciate what I do gitu. | |
| | 343-351 | Aduh itu bener banget lagi kayak sebagai anak pertama gue jadi susah banget minta tolong sama orang terus kayak uh apa namanya, semuanya gue prefer untuk kerjain semuanya sendiri apalagi kalo itu beneran yang kayak orang orang tuh bakal mikir kayak apa namanya selfish or something mungkin bahasa bagusnya independent tapi bahasa jeleknya selfish, terus uh menurut gue agak similar juga sih those two words apa lagi kalo konteksnya anak pertama ya tapi ya emang menurut gue ya itu agak susah karena gue ngerasa gue susah banget, tapi gue ga notice gitu loh gengsian aja gitu. Tapi ternyata mungkin untuk orang lain yang gak mengalami upbringing yang sama itu ga normal, sebenernya normal banget kalo lo ask for help dan sebagainya. Mungkin karena kita ngerasanya normal kali yah untuk gak asking for help. | Difficulty asking for help due to independent nature |
| | 355-363 | Jujur aduh jujur banget tapi misalkan kalo gue ngerasa ini jelek banget sih rell, tapi kayak misalkan gue tau ni orang on paper dia academic performance nya lebih bagus, maksudnya kan academic performance ada measurementnya gitu kan, kayak mungkin beberapa orang ngira academic performancenya ada | Perfectionism tendencies in academic work |

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| | | measurementnya atau ngga gitu, tapi kayak misalkan gue tau dia lebih oke daripada gue nih, maksudnya kan kita lagi ngerjain tugas nih di matkul ini terus gue tau fix mutlak dia lebih bagus daripada gue, gue gapapa ga nanya ke dia cuma kalo misalkan ada ternyata orang yang sebenernya lebih oke daripada gue tapi on paper dia keliatan ga oke, kayak misalkan kalo di ukur secara angka atau segala macem itu sebenernya gak lebih oke daripada gue, gue gamau minta tolong. | |
| | 370-374 | Kalo fair menurut gue fair sih karena menurut gue apa yang mereka set untuk gue sendiri bisa di realisasikan. Kalo kita ngomongin target dan segala macem menurut gue uh gue ngerasa capable untuk realizing those expectations, tapi kalo kita ngomongin waktu itu bakal beda lagi. Kalo target achievable banget gitu, tapi kalo taking waktu into account, kayak misalkan harus dalam beberapa waktu ini, I don't think it is. | Time as a constraint for expectations to be perceived as fair |
| | 378-384 | Hmm oke kalo misalkan itu, of course i do feel pressured uh tapi kalo misalkan uh their expectations ke gue itu mungkin karena kita tinggalnya jauh ya. Jadi expectationsnya lebih indirect gituloh, gak yang ngomong secara blak blakan harus gini gini gini. Cuma kayak kerasa gitu kalo mereka bikin uh bikin secara gak langsung harus untuk achieve something supaya uh apa namanya adek adek yang lain juga ikutan. Terus dengan expectations yang | The presence of expectations through indirect verbal pressure and from other relatives |

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| | | keluarga gue punya itu pasti di denger juga with my own parents. Mungkin mereka yang kayak, mereka bakal nge rephrase atau ngambil semua bahasa bahasa itu baru di kasih ke gue gitu. | |
| | 393-396 | Iyaa, maksudnya ada beberapa kali yang kayak oldest child sydnrome gitu gak sih kita sebenernya? Kayak misalnya susah minta tolong, achievement orientation, ini tuh beneran academic validationnya kenceng banget gitu loh. Terus kayak misalnya all that you are itu measured from your academic achievements. | Presence of oldest child syndrome from traits like achievement and academic validation |
| | 400-406 | Kayaknya from the way my mom works and dad works are different gitu. Jadi kayak misalnya kalo nyokap tuh mungkin dulu, pokoknya daily gue selalu sama nyokap. Jadi uh apapun yang diajarin, semua, atau apapun itu yang dateng selalu sama nyokap. Terus kayak ngobrol itu selalu sama nyokap. Jadi mungkin dulu tuh uh nyokap gue yang influencenya paling gede. Nah tapi sekarang tapi karena itu juga nyokap gue juga jadi lihat my process gitu kan, my process and my effort. Nah and this also apply to my brother juga, tapi menurut gue nyokap gue lebih gampang ngasih apresiasi dibanding bokap gue. | Differences in parental support and recognition |
| | 406-410 | Dulu gue inget banget sebatas IPK gue, gue lupa IPK gue berapa terus nyokap gue udah seneng banget sama nominal itu. Tapi bokap gue, walaupun bercanda, yang kayak “ah ipk mah ngga ngukur kemampuan” or something along that | Parental perception of academic achievements |

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| | | line. Terus gue kayak diem, dan gue inget banget itu lagi di jalan dan di mobil, terus kayak spacenya kan kecil banget and you have no where to go. | |
| | 410-414 | Terus nyokap gue ngasih tau bokap gue kayak gini gini gini, contoh "kenapa kayak gitu sih? Maksudnya kan dapetin ipk segini kan ga mudah". Nah ini juga sempet ke apply ke my brother. Dia kemarin sempet belajar untuk masuk uni, nah nyokap gue sempet liat gitu prosesnya, tryoutnya juga ada keliatan improvement dia, tapi bokap masih yang kayak "ah segitu mah masih kurang" | Differing parental expectations and validation |
| | 425-429 | Uhh jadi sebenernya sama aja sih, mereka punya ekspektasi ke gue untuk uh bisa mencapai ini itu tapi at the same time, I also have expectations for myself gitu kan. Jadi kayak sebenernya it goes hand in hand, their expectations and my expectations cuma memang mungkin bedanya di added pressure aja. I want that for myself juga gitu kan. And now it's just up to me gimana caranya gue bisa realize that. | Parental expectation aligns with personal wants but pressure has different intensity |
| | 431-434 | jadi sebenernya gue ga bisa nyalahin mereka kalo mereka punya those expectations karena gue juga pengen bisa untuk dapetin itu. Tapi kalo misalnya apa yang mereka minta dan apa yang gue mau itu agak clashing, ya itu baru kayak gue harus negotiation dan see how apa ya, kayak i'm gonna try to let them see gimana sih from my perspective gitu dan apa yang bikin | Ability to balance personal and family aspirations |

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| | | beda banget. | |
| | 434-439 | Dan beberapa belakangan ini juga ada hal hal yang clashing juga, tapi untungnya mereka sebgai parents juga udah mulai ngerti deh gue rasa. Apalagi karena kita udah gede juga kan, dan umur kita sekarang ini sebenernya krusial banget terus apa yang lu tentuin sekarang itu pengaruh banget ke your future. Jadi walaupun mereka punya expectations tapi selama gue punya a ground to stand on gitu dan kemauan yang cukup kuat untuk apa yang gue mau, mereka bakal open to that gitu. | Ability to balance personal and family aspirations |
| | 442-446 | Kalo beneficial jujur mungkin ga semuanya beneficial, tapi at some point they are beneficial, maksudnya gue ngerasa mereka gak akan nyuruh gue untuk dapetin sesuatu tanpa support itu secara material gitu if it is required. Nah menurut gue ada juga beberapa orang tua yang nge biarin anaknya aja dan anaknya mau ini tapi orang tuanya kurang support secara finansial, tapi kalo gue untungnya semuanya di cover. | Presence of material support to back up expectations |
| | 451-453 | Um kalo menurut gue, i dont think so soalnya, sebenernya ga begitu mirip karena kl gue expectationsnya kan dari kecil ya di gue udah ada, kayak ranking aja di perhatiin banget. Tapi kalo my brothers, my parents cut them some slack gitu loh | Firstborn receiving more expectations compared to siblings |
| | 455-458 | Iyaa, terus kalo diliat dari peringkat gitu misalnya mereka dapet peringkat lebih dibawah gue jauh tapi maksudnya abis ambil rapot my parents tuh happy | Having heavier expectations on academic performance |

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| | | happy aja, padahal kalo gue, gue inget banget pas SD, SMP, SMA, kalo abis ambil rapot selalu deg degan sendiri kalo bisa gue kabur dari rumah. Nah bedanya sebenernya disitu. | compared to other siblings |
| | 458-462 | Especially towards my younger brother dia juga harus di balance dengaan social life nya, jadi kalo dibandingin sama gue social life dia di mata bokap nyokap gue itu lebih ke yang kayak, wah ini ngeribetin banget anaknya. Bandel banget anaknya. The way he turns out sekarang itu menurut bokap nyokap gue udah much better waktu pas SMP/SMA karena bandelnya bener bener yang bandel banget. | Variation in parental expectations based on child's personality and behavior |
| | 462-465 | Nah terus gue selama gue pas kecil itu I've always been the good kid, yang patuh sama mereka terus kalo udah urusan ga patuh paling kalo gue tuh ngapain sih? Kalo adek gue itu sampe di DO gitu dan gue ga pernah bermasalah sama sekolah sama sekali. | Firstborn as the responsible and rule-following child |
| | 470-472 | Hmm mungkin gara gaara gue yang lebih tua dan ada gap 3 tahun, jadi pas dia lagi bandel bandelnya. Jadi mungkin menurut gue i'm not that much of work. Gue ngerasa gue ga pernah nyusahin mereka gitu sih yang sampe segitunya. | Firstborn as the responsible and rule-following child |
| | 476-480 | Sebenernya iya, cuma itu sebetulnya bukan karena gue takut bikin mereka kecewa tapi selain itu gue juga takut bikin diri gue kecewa. Soalnya somehow apapun yang mereka expect ke gue itu juga ketanem di gue kalo gue harus achieve ini juga. Gue ga ngerti ini | Internalization of expectations posed by parents and self |

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| | | normal atau ngga tapi apa yang merekaa expect ke gue gue juga expect for myself. Jadi kalo ga kecapai I disappoint myself and my parents and the people around me gitu. | |
| | 480-486 | Jadi kayak misalnya, untungnya kemaren gue lolos ABCD. Karena dari awal kuliah gue tuh pengen banget ABCD dan gue bilang ke orang orang gue pengen ABCD. Because of that mereka jadi mikir gue tuh pengen ABCD dan gue takut kalo ga lolos mereka bakal kecewa. Kayak mereka kan pasti punya ekspektasi yang ngiranya gini gini gini dan ternyata gue ga bisa. Jadi sebenernya selain my parents, gue juga takut disappoint the people around me and myself juga gitu kalo gue ga achieve sesuatu. So i do feel obligated to achieve all that. | Fear of disappointing others and feeling obligated to meet expectations |
| | 492-493 | Sebenernya kayak jujur banget kayaknya validation sih. Karena the more you achieve the more you are valued atau gak kayak the more you see your work gitu. | Self-worth tied to accomplishments |
| | 497-500 | Jujur sebenernya kalo misalkan fully, ngga juga. Tapi dengan apa yang mereka provide gue bisa uh i can do something with it kayak sebenernya yang mereka provide itu cukup. Tapi untuk dapat hasil yang lebih itu bisa pake effort yang lebih dan support yang lebih. Tapi yang mereka kasih ke gue sekarang udah cukup. | Perceived sufficiency of parental support |
| | 503-504 | Kalo menurut gue ngga sih. Tapi kalo something big like applying for an | Being supportive for firstborn |

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| | | internship, itu pasti mereka bantuin sih. Mereka gak yang nemenin banget, tapi mereka show support gitu. | despite not being highly involved |
| | 507-511 | Tapi mungkin aja, mungkin banget. Speaking for my father first, both of my dad and mom itu pas sekolah itu juga tergolong as yang pinter gitu. Jadi gue dapet itu juga, jangan sampe lepas lah dibawah bawah. Di keluarga nyokap gue tuh ada juga sebenernya ade adenya ga peduli sama sekolah dan semacamnya. Nah mungkin dia liat dari situ dan ga kepengen anaknya ngerasa kayak gitu juga karena strugglenya kerasa banget. | Parents aiming for a good quality of life for their firstborn |
| | 511-515 | Kalo dari bokap sebenernya dia punya ekspektasi yang tinggi karena dia tuh ngeliat gue gak mulai dari 0, tapi udh settled dari apa yang mereka kasih. Tapi kalo bokap gue itu dia mulai dari enol dan bisa reach sampe sekarang. Terus kalo misalkan gue ga bisa memanfaatkan my uh facility dan my akses to things gitu, sebenernya sayang aja sih. | Parents aiming a good quality of life for their firstborn |
| | 521-522 | Well, the influence, those expectations I have on my relationship sebenernya lebih kayak ke apa namanya, kalo dulu dulu itu lebih bikin–it kind of strengthened our relationship gitu dulu. | Strengthening family bonds through expectations |
| | 525-531 | So maybe my mom yang lebih liat processnya and nyokap gue yang nyeritain ke adek adek gue kalo misalkan in order to achieve gue harus ngelewatin ini seglaa macem kayak it's not easy gitu gitu lah. Kalo misalkan | Parental encouragement and role modeling |

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| | | nyokap gue sendiri gue ngerasa she's really appreciative of what i've done. Terus abis itu dengan cara itu juga, dia yang kasih tau ke my siblings kalo misalnya cara gue ngeachieve ini tuh beneran yang kayak gue serius nih mau dapetin ini dan nyokap gue juga liat prosesnya segala macem jadi in hope i think she hopes by saying that it will motivate my siblings juga kali ya. | |
| | 531-538 | Kalo nyokap gue mungkin karena liat prosesnya sendiri juga dia she's been very appreciative ke gue, menurut gue itu jadi kayak easier to open up to her gitu sekarang. Kalo misalkan gue kesusahan dia juga ngerti kalo ini susah, tapi kalo misalkan apa segala macem itu ya dia akan appreciate gitu. Tapi kalo misalnya bokap gue kayaknya dia tau semuanya dari nyokap sih sebenernya. Pokoknya dari semua anggota keluarga gue, gue tuh paling deket sama nyokap terus and then kalo misalkan yang lain gitu kayak life details dari adik adik gue, itu gue bisa tau dari nyokap gue juga dan vice versa. | Perceived level of closeness with mother figure |
| | 542-545 | Umm, okay. Kalo misalkan as a firstborn sendiri, emang jujur dulu gue tuh ga nyadar kalo misalkan apa yang-the way i was shaped itu because I was the firstborn. Gue ga nyadar aja sih tapi kalo misalkan sekarang tuh gue nyadar I am the way I am karena gue anak pertama. | Realization that traits are influenced because of birth rank position |

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| | 548-555 | Iya iya. Itu kan kayak gue ga nyadar tapi ternyata it's the first child syndrome gitu. Nah umm tapi kalau misalkan impacting the way I perceive myself itu sebenernya iya banget. Kayak pertama gue bilang, tapi gue rasa itu kayaknya impactnya lebih in a good way. Karena gue ga ngerti juga sih mungkin karena prinsip prinsipnya sama juga dengan values we hold as a firstborn, kayak perfectionist, sebenernya walaupun orang orang bilang ngga bagus tapi kayak karena lo dari awal juga taunya "oh perfectionism itu sebenernya ok kok kalo misalnya ga toxic toxic banget gitu" gitu loh, jadi sebenernya lebih ke the way we perceive things aja sih sebenernya agak beda. | Internalization of Traits developed as a firstborn on self perception |
| | 561-564 | Oh oke, kalo kayak gitu sebenernya I just let it rest sih kayak yaudah nanti juga akan ngilang terus mungkin I would do something yang actually meaningful yang bikin–apa ya, jadi kayak misalnya abis overthinking dan segala macem bakalan do something yang bikin different, you're working towards it everyday little by little gitu sih palingan. | Preferring to brush it off whenever expectations are set |
| **Agnes** | 86-88 | Umm okeh Hi I. By the way, we're friends. Mungkin buat formalitas di interviewnya, so I would like to introduce myself a little bit. My name is Agnes Imanulya. I'm currently majoring in Electronics Instrumentation at UGM as well. | Enrollment, institution, and disclosure of name |
| | 88-89 | And I am the firstborn children from my | Position as a |

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| | | family. To be precise, I'm the first granddaughter from both sides of the family. | firstborn daughter and granddaughter |
| | 90-91 | So, apa ya, tentang gue maybe maybe I'm an extroverted, enthusiastic, lumayan ambis, and I'm a goal-driven kind of person. | Description of traits |
| | 95-96 | I do have one sibling. He's a younger brother, and he's also currently doing communication studies at UGM. | Amount of siblings in the family |
| | 98-101 | I'm currently busy. I'm currently busy. I just did my internship, like, yesterday. No, two days ago was my last day in my internship. I was doing an IT project management internship. And currently, probably, I would say that I'm juggling over my final thesis. Just like you, Yes. Oh, yeah. That's why. That's how I would like to explain what my activities are. | Current activity |
| | 108-114 | Okay academic performance and university life i my recent uh GPA in the last semester was 3.92 and i'm pretty satisfied with it i worked hard for it my parents uh totally very uh how do you call it not really not really excited just they they're grateful for my for my score i'd say but yeah uh in terms of other academic performances i'm quite active in organizations or um i'd say just what i just did like internships uh if it it doesn't necessarily uh count as academic performance but i would say it's contributing to a certain degree to my GPA result in the last semester so that's a little bit about my academic okay | Personal and parent Satisfaction on current academic and non academic performance |

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| | 121-126 | Right, one word that uh if i i can't explain it in one word it would just be leadership i'd say. Leadership because people looked up on me um even when i won or even when i don't want to be in the position to be looked up for but at the end people will always look up for me and it doesn't necessarily uh goes for my cousins my siblings but it um but any other extended part of my family also looked up on me because my uncles my aunties even my grandparents and yeah. | Leadership and role model expectations from being the firstborn daughter |
| | 126-131 | And I don't have any sense of someone that i look up for I mean in terms of my parents or my grandparents we have a different age gap and we live in different generations, so everything that i ask towards them cannot really it's not necessarily will be relevant to me on what i'm facing at. But in terms of my younger cousins my younger sibling they look up on me, they see me as someone that uh that i can live i can live so yeah that's uh how i would like to explain the oldest one | Lack of guidance from family members yet experiencing pressure of being a role model for younger relatives |
| | 135-148 | My relationship with my parents is actually getting better. I don't know why maybe uh if we're if we keep wrestling and circling back to the point where i'm the oldest daughter and i'm the oldest granddaughters both in my family, it's very hard for me to find someone that i look up for and both of my parents are working are working parents–is that what you call it like working parents? So | Distance due to working parents and being treated as a co-worker throughout chidlhood |

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| | | like they work they work for a proper company, so I wouldn't say that they weren't there throughout my um childhood journey. I mean they're there but I just came to a realization about how they become present in this when i turn around like 20. I just realized how much this happens for me how much they are doing for my family, but i mean back then it was very hard for me to understand what's going on with them because it just feels like I need to discover everything by myself I don't have anyone to look up for i only have my nanny with me at home my grandmother at my in my grandmother home and my nanny with me so yeah. But it's getting better these days and i just came up to a realization maaf ini arahnya kayak ke curhat dikit but i'm really curious about this i just i just came up to a realization that i think my parents were treating me as a co-worker ever since I was a child Hahaha | |
| | 150-155 | Because yeah because when i just started because when i just started the last internship that i did as the project management intern, and and daily and daily whenever me and my parents came home from work we get together to have a little dinner before we get a shower and go to sleep and i just realized how we do we do how i just realized how we do our conversations more of like a daily checkpoint like with me and my mentor. But then yes it's getting better because i get to know from | Work like dynamics in parent child relationship that improves understanding of parents' perspectives |

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| | | their perspectives. | |
| | 160-171 | HAHAHAH Okay anyway yeah totally of course uh because both my parents are working parents because i literally just had this conversation with my parents with my mom uh my dad were my dad was i think for his work and i was just with my mom uh in my house in my in my in our home and we talked about how at the end of the day i don't think I can be I can stay at home I mean no offense to stay-at-home mom out there like I love them support them um shout out for them but in the case of my families and in the case of how the um my upbringing affecting on my decision in the present day I don't think I can end up at home because um looking from my parents looking from them who are very career slash work oriented uh I think it end up it end up to my this present day decision that I think I will work just like them or even better and I'll try to I'll try to be better um in comparison of them of course but it is very the but the the working the working family the working family sense here really bringing me to the decision that what I'm trying to get today | Decision to pursue a career over staying at home due to motivation to surpass parents' achievements |
| | 179-181 | Oh my god wow I've never thought about this before to be fair maybe to some extent of course maybe yeah and it will be a standard for me as well if I want to have my own family like I will I will raise up to this standard at least | Personal perception on fairness regarding parents' expectations |

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| | | today. | |
| | 184-186 | yeah as I mentioned before because I explained for being a being the oldest child being the oldest child in the family means that you own the leadership even though you want or you don't want it, like you just have it you just have it in your plate and you have to face it eventually. | Being involuntarily placed at a leadership role as the firstborn child |
| | 187-194 | It affects certain parts of my of my upbringings of course especially in my late childhood, not really in the early childhood, but I think overall because I always I always encountered a kind of life I think I'm enjoying it quite a bit and then I do like someone's look up on me and I do like I do like the trust that people hold onto me that them knowing that I have the responsibility to do some kind of work them knowing that I have the capability I have the capacity to do some things to achieve this stuff so I mean it used to pressure me a little bit back when I would say around high school but these days I just I think I came over about it and I do enjoy being the oldest child in the family I think I think. | Adapting to firstborn responsibilities |
| | 197-200 | Maybe I would say so yeah because the way I mentioned that I don't have someone to look up for so I have to discover everything by myself and by you by us by me by me doing that by myself it feels like the sense of accomplishment the validation that i get after everything that i achieved from | Being self-reliant and developing a sense of accomplishment despite lacking in role model |

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| | | myself to myself it feels really it was really great. | |
| | 203-212 | okay my parents expectations see the thing about academic performances they're not strict at me they never they never put any pressures on me to get a certain result, but i was the one who keep pressuring myself it feels like it feels like the world is going to end if i don't if i don't if i don't pursue the the if i don't pursue if i like kalo gue tidak berusaha sekeras mungkin, like if i don't try the best like i feel like it's going to ruin my parents trust on me and i feel i feel i feel like my family will dismiss me in that kind of sense. Even though it doesn't really goes that way because it never happened, but i think i just keep pressuring myself until one point that um uh they will be they will be not proud of me anymore if i did a mistake in that kind of sense so yeah so i just i keep producing a great great great score between now and then yeah. | Fear of disappointment from family and surroundings despite minimal strict expectations |
| | 216-223 | i don't know i'm not really sure i i mean i thought about it of course lots of times but i don't have any one line answer to conclude what what how or why uh affected me in that kind of perspective but one thing that i know maybe it's the indirect pressure that i feel because i'm not sure if i'm going to be able to do it or not because i'm the eldest daughter i have no one to look up for so i have to discover everything for myself i mean i think every question that you ask until | Being self reliant and independent in navigating life without a role model |

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| | | now i would reorient it back to how i don't have anyone to look up for in the terms of like siblings like other cousins like all their other cousins like i don't have anyone to ask about life overall especially in the academic performances so i just have to discover everything by myself. | |
| | 229-234 | Okay this is the thing about the expectations my parents never exclusively mentioned any kind of expectations they have for me but it's just i don't know it just feels like if i disappoint them that is me it means the end it means the end of the world for me like I think i mentioned before how i how i like how i like people perceive me as responsible people perceive me that i'm capable of doing this and that and this. But if i disappoint them in any kind of way it means that i ruined their trust and i will ruin their trust forever if i made one mistake. | Internalization of expectations posed by parents and self |
| | 235-244 | So yeah well the expectations of my parents they never really specifically mentioned any kind of expectations in terms of academic performances yeah. But other than that they do give me expectations in terms of um, yeah the socio-economic background that uh we mentioned before as in you need to be always kind with any kind of people, you never know who you're going to encounter in terms of like networking, you know in that kind of sense? So uh they they want me to behave like | The presence of social and family expectations aside from academic expectations |

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| | | quote-unquote behave as in referring to the belief that they believe in in terms of the religion and the culture and how jaga nama baik keluarga. They always mention to me about that and they always one thing that i always remember the most is that i can't ever make any enemies and yeah that yeah i think that kind of expectations shape me a lot to uh who as to who I am right. And yeah i think that's my answer so. | |
| | 252-253 | The one question that I it's still very hard for me to talk with them I would say it's about religion and politics. | Difference in beliefs and values that hinder difficult conversations |
| | 261-263 | Because yeah they have their own opinions and well of course me too and I think and it's well especially in an Indonesian household or every Asian household you are perceived as rude if you talk back to your family right | Cultural expectations communication |
| | 265-267 | Well I still try to find the balance on how to express my own opinions to my parents. I don't have any examples I'd say because it's very hard for me to talk back to my parents because I don't really do it, I just it's not like I resent them it's just “iyain aja”. | Unbalanced negotiation and rule following behavior |
| | 270-272 | Uhm uhm also okay okay yeah yeah totally totally and then that actually didn't happen to my parents it's my grandparents. Um uh my grandparents especially my Grandpa he wanted me to pursue a certain career which he kept mentioning about it ever since I was a | Expectations from relatives on career choice |

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| | | kid so yeah | |
| | 272-274 | At the end of the day I I mean back then I didn't even talk back to him it's just I I cry a lot every time he keep on pressuring me about something I just cry yeah, I think that's just the outcome. | Negative emotional response to family pressure |
| | 279-287 | Um i mean there's an advantage and disadvantage in that kind of things, especially being pressured from my grandpa since i was little. Like that i think it affects the way how i think my life turns out so by then i work hard more for my academic performances, my societal validation, you know you that i joined this and then that i need to be friends with this and then that um i mean it results i think i it results in a good outcome afterwards but about burnout and stress like uh i did have some moments about that for sure especially in the early days of university, because i'm still figuring things out like i don't know what i should do you know how like every freshman. And it kept reorienting back to how I should pursue discovered that my grandpa wants. | Effects of being pressured in academics and society |
| | 294-297 | Okay, maybe back then in the professional scene, people just mentioned to me that I have a good communication skills. But I think the more I think about it, it's very hard for me to put a boundary. So that's why I keep trying to please any kind of people that I meet because I don't want to keep making any enemies | Presence of people pleasing tendency and difficulty in setting boundaries |

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| | 297-302 | And in terms of academic performances, I'd say as in if people look up on me as in they ask me for cheat sheets or even they copy some of my homework, back then it was really hard for me to like um berdamai, like why why? I mean I know I can't make any enemies i know but then i need to give it to them but like okay can i say no like is it okay if i say no? But at the end of the day I do get something out of the knowledge that i did dari semua tugas tugas itu. | Difficulty in setting boundaries in terms of academics |
| | 307-314 | Oh okay, oh i don't know i don't know in terms of getting how do you define fairness because to be fair i mean to be just put it out there we can in terms of like three years or four years ago i would say it's unfair for me because it's too much for me to handle as an adolescent who just encountered an adult life. But these days I'd say I wouldn't i wouldn't say it as fair but it's just it's it's justifiable it's justifiable justificable like justified yeah whatever they have reasons why they keep why they putting the quote-unquote pressures on me so yeah I think that explains why kayk gue sekarang paham kenapa mereka ngelakuin itu. Tapi bukan berarti fair juga gitu sih. | Perceived fairness of parental expectations |
| | 319-325 | Okay for now, I think to be fair one thing that really affects me the most are my friends, my close environments. And i really like myself to be surrounded with someone that have the same, have the same uh what do you call it? Visions | Finding people who have the same mindset as comforting |

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| | | I'd say that i would want to put in my life, that's why i'm close with you Aurel perhaps like such as like our our AM circle friends yes they are, they're very–they are very–I wouldn't say like the crazy work driven kind of friends, like you i'm not your crazy work driven kind of friend but you have other life other than that. | |
| | 343-346 | To be fair yeah of course. Beneficial for me of course, of course, that's why I say that I understand why they did all the consequences, but i mean it's not necessarily fair. But i understand at the end, because it's shape me for who i am today and yeah and i'm grateful... | Accepting the presence of parental expectations |
| | 346-349 | maybe the environment that our family built as well, how like we're very professional to each other you know how i mentioned, whenever me and my parents have dinner it kind of feels like a daily checkpoint instead of like my parents-daughter bonding moment. But well i'm grateful i'm still grateful at the end of the day. | Professionalism and structured family environment giving benefits to personal growth |
| | 352-353 | This day I mean in this present day i say i'm content with it like i yeah it came up to that yeah they did it for a reason so yeah | Contentment with imposed expectations |
| | 357-359 | Okay interesting but uh, since i mentioned that my parents never gave explicit expectations toward me or even toward my brother. | Unspoken pressures and parental influence |

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| | 359-363 | However, I don't know, maybe I don't know maybe the expectation is not the same but how me and my brother react or respond to it are different. My brother I'll say that he's he's a laid-back, like he juggled over several organizations as well, he tried to join this and that he has his own interest but he's not as much as pressurized as me. I don't know why but he's he's he's more laid-back in comparison to me. That's not the expectation, it's how you react into the expectation i think. | Perception of expectations compared to self and siblings |
| | 366-373 | I think it's just laid-back because he has me as a role model. He has me as a benchmarking right, he has for benchmarking, he knows you know what he needs to achieve, you know what to do this and that like i mean he enrolled to the international undergraduate program of communication as well, and i mean i was the one who tried to explain to him like this this program this and that yeah. Kayak gue tuh udah jabarin ke muka dia kaya nih dunia kuliah kayak gini, and it's always been like that ever since we were kids. So i think how he's more laid back is because he has me for benchmarking himself on things that he needs to achieve and in the next lifetime lifetime yeah. | Seeing firstborn as a role model and benchmark |
| | 377-382 | Yeah totally of course the obligation I think yeah, because I don't have that kind of benchmarking as a role model like my brother did to me. So I don't | Personal lack of benchmarking leading to a sense of obligation |

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| | | know what it feels like to rebel on them as well. It's hard for me to understand people who are bad to their parents, like rebel to their parents. I don't know, I mean I totally can do that, but should I? I don't know, it looks weird to me. Because it's like, “emang lu bisa hidup kayak gitu?” I don't know. I don’t have a benchmarking for that. So yeah, there's a sense of obligation, of course. | |
| | 385-395 | Oh totally, of course, yeah. Maybe for example, like last time. Oh, this one. My internship, which I just finished yesterday. It was the first offer that I got. No, it's actually the second offer that I got. Maybe it's the third, I forget. Because I was juggling between several choices. Oh yeah, because I was juggling for several choices, and the company that I was just at sent me the first offer. So I talked to my parents about it. Like I asked how about, what if they need to make this decision? Like what would they pick? Because they've been in this kind of like corporate industries for a long time, and they talked out to me. They mentioned that the first offer will be the best one since you're an intern. So you can learn many things. You can gain much knowledge out of the first internship, the proper internship from the first offer. So yeah, and it would always have been like that. As in, yeah, many kind of like academic performances as well. I always talk to my parents about this stuff. | Parents acting as mentors and emotionally supportive despite being able to excel |

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| | 400-409 | Always. Always. This is what I'm really grateful for. I mean, me and my parents, I think we, ever since I was a kid, I, that we never like. We're never like very oriented in the materials materialistic stuff. I mean i used to be confused i used to be really confused about it because like bro you have your own money like why do you need to buy things this stuff this or this and that. But in terms of um i feel like hobbies, or academics things that i ask them for a reason that I can explain it like they will provide me like any time or anything. And I really feel supported in terms of especially when in terms of academics like uh "okay okay i want to get this i want to get a certification, I want to join a bootcamp, I want to do this, I want to do that" and that they never said no even though it costs it costs like several in the millions but they never said no about it and yeah i feel really grateful because of that. | Being financially supportive despite being expected to excel |
| | 414-419 | Oh well if other family members is applicable is the kind of question then yes. Every of my–I think the expectation in being the oldest came from the extended family is like my aunties my uncles like grandparents mm -hmm and they mentioned how like i should be the role model and my expectations as bigger, because i will face certain stages of life earlier than the rest of my cousins or my brother so of course and then and they mentioned it explicitly like "Huu kamu kakak, kamu harus kayak gini, kayak gini" | Presence of expectations conveyed by other relatives |

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| | 422-426 | Oh okay, hmm influences specifically I don't think I can mention any nor pinpoint anything, but at least overall, as someone in the–as someone who contribute in the family as the oldest sibling, maybe they perceive me as someone that's hard-headed and underestimated. They don't see me necessarily as someone who rebels of their sayings. Tapi lebih ke yang kayak kamu tau maunya apa, kitaa turutin. I think that's how it influences. | Perceived traits of firstborn child from family |
| | 428-431 | Of course, of course. But getting older, I think like I mentioned, it's getting better. Because when I was young, I felt unstable, etc. I often cried about it. Because I cannot talk. Because I cannot talk my hearts out to them. They don't understand my standpoint. And I don't get it. So yeah, there were lots of conflicts back then. | Emotional burden from parental expectations |
| | 435-443 | Yeah, totally. Of course. I think it doesn't really... I mean, it's not only applicable for the eldest child. I mean, kaya posisi orang di keluaarganya. As in, apasih? Lahir? Kelahiraan? I think it will affect some kind of your personality. Maybe, but it doesn't affect your entire personality. But it affects maybe a big part of it. As in, how I'm... You know, I'm hard-headed. I know what I want. And I really like having friends who are having the same visions. Or like, have the same ethics sama kayak gue jadinya. Karena jadi susah buat gue untuk ketemu orang yang kayak menye menye | Feeling that birth order influences personality and social preferences |

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| | | atau [mimicking baby voice]. Yeah. I mean, I totally... I don't get them. But I totally understand why you behave this, behave that, behave like that in a certain way. But it's very hard for me to get along with that kind of people. And that's... And that's okay, right? | |
| | 447-450 | Yeah. Okay to academic wise um, totally affecting me a lot as well of course because i've always faced this cruel world alone by myself, so that's how I apply it to my academics because it makes me think if someone else can do it, then i can too. So this is the mentality that i set ever since i was a kid yeah | Feeling independent and capable to persevere academically |
| | 464-468 | sometimes it can be hard uh and sometimes I don't need kayak, sometimes like i don't actually need to be criticized, I don't need to be put into some sort of expectations sometimes i just need to be validated, sometimes i just need a little pat in my head and a little hug, like a little warm hug in the end of the day after work instead of uh us talking about our managers, but yeah um I think well after all, overall, thank you. Yeah, gue gak tau sorry HAHAHA | Need for emotional validation over criticism |
| | 479-482 | A lot um a little bit of a breathing technique here and there just to reminds me like not everything is my fault, not everything is because of me, and yeah. And I'm loved i'm loved, i'm surrounded by people who love me–my family, my friends, so that's what i do right pretty much. | Implementation of grounding techniques when feeling anxious or in a spiral |

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| | 473-479 | Oh strategies, um, when i usually spiral around especially in this situation, I recently–I just had a quite big meltdown and I cried about it to my mom and dad. It was because of work, because my internship just ended and i feel crazy about it like “what should i do next?” and when I told my parents, they were like “it's okay don't worry about it, like i know you’re worth more than this, like you can do much better than this, you don't need to think that far, you're thinking too much ahead etc etc” um well yeah I tried to talk it out to them, and uh I really like to ground myself as in like grounding techniques that helped me. | Balanced emotional support from parents and support seeking behavior |
| **Dave** | 9-10 | So my name is Dave Audryan. You can call me Dave, I'm majoring in Civil and Structural engineering | Enrollment and Institution |
| | 12 | Well I'm I'm preparing for my exam In January So I'm Like studying | Current academic activities |
| | 14 | I only have one younger sister | Amount of siblings in the family |
| | 19-20 | Well both Me and my parents are Um I think We're satisfied with My academic performance So there's no problem with it | Parent and self feels content with current academic performance |
| | 24 | If I would describe it It would be full of expectations | Description of being a firstborn son in the family |
| | 26-28 | Because you know I am like the first born child and I have a younger sister, so the pressure growing up–the pressure | Facing higher expectations in academic |

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| | | is it's like majorly on me because Especially I'm studying abroad. So i'm expected to learn more and then yeah. | contexts compared to siblings |
| | 30-32 | I think, academically wise, I would say I fulfilled their expectation. Because The major that I'm taking right now It's what they want. So I think So far And then my grades are also Okay So I think I've fulfilled Their expectation | Sense of fulfillment in meeting parents' academic expectations by choosing the major they prefer and maintaining good grades |
| | 35-38 | It was It was not something that I want In the first place So I wanted to major in Architecture. But my parents said It's a really art -based major. So If I want to pursue architecture, it will be hard for me in the future because In the work situation architecture students tend to get job after graduating. | Not being able to pursue dream major due to parents' involvement |
| | 41-43 | Well It actually affected me because to be fair, I really like architecture, but I realized when I'm in uni right now When I'm Finally like need to find a job, need to find an internship, I realized that I think if I were an architecture student, I won't be able to find a job like easily. | Parental concerns on job prospects influenced participants' perspective over time |
| | 45-48 | so because I think If I'm taking engineering Engineering major Engineering course right now So It has lots of Um Uh Components that are Are transferable even though I don't want to pursue engineering in the future, but there are a lot of like Transferable skills that are important For the work environment. | Recognizing a broader applicability of a parental influenced choice in academics |

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| | 49-51 | I: So in a way You find comfort in the decision of your parents Because of the job prospects juga kan<br>Dave: Yes | Sense of fulfillment from parents' expectations due to job prospects |
| | 55-58 | I think we-our relationship is It's okay. Because if I need like help, or if I need them I just like call them and they will like pick up my phone or pick up my call. So even though we are like In a different country, But like we're trying to Still get connected. So I think there's no problem With our relationship I think it's It even grew, like it's even like growing stronger. | Relationship with parents remain supportive and stronger despite living abroad |
| | 61-65 | For my siblings, I don't I don't really Talk to her That Often compared to my parents. Because we both have like Like Like We're in the Different stage of life I guess. I'm in uni and she's still in like senior high school. But if She wants She wants like advice Especially regarding to Like career And then like University She like She always contacted me. So that's That's how we Communicate | Not feeling close with siblings due to age barriers but still contacting each other for advice. |
| | 70 | I never really experienced like the economic struggles | Never feeling economic struggles in the family |
| | 78-81 | Okay okay. With my current economic status maybe I think I agree it does make um me, the relationship between me and my parents closer because, I don't know to be fair, because I think uh that's really affecting because like if I want something, they can afford it and it just | Satisfaction with current economic status due to financial security |

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| | creates a bond of the family. | |
| 87-92 | Um, I think uh they have uh a really big expectation for me. Especially in terms of academics. For example, if I failed a module, there's no punishment or whatsoever, but I know they are worried of me but they just don't show it. There's, well actually in my second year I failed one module and one exam, and I told my parents about it. Um they were not angry, they were not scolding me or punishing me, but I just know they are concerned, from that, they always ask how my studies are going. They always make sure I study for the resit. | Parents conveying expectations on academic performance through showing concern without direct punishment |
| 95-96 | It's unspoken, so it's indirect. Because they never really like told me what I need to achieve. But I just know they have a lot of expectation on me. | Indirect communication as a method to deliver academic expectations |
| 99-102 | Okay so um I think if they are like really worried, they always call me more often I would say. So for example my mom would call me in the morning and my dad would call me in the afternoon, just asking the same question. Even though I believe they talk about this between them, so yea. | Translating the worry of the parents as a sign of concern and expectations |
| 109-110 | Um yea, so yea I believe so. Especially i'm also the first born child in my grandparents, I mean grandson. It really influenced me. | Position as a firstborn son and first grandchild influencing the intensity of expectations |

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| | 113-114 | Umm, I feel like yea. How I act itu selalu uh apa ya, since I'm the like the only anak cowo in my keluarga besar. Like on my father's side, and I'm the oldest as well, so how I act itu bener bener di monitor because they believe I am a huge influence for my younger cousins. | Presence of expectations in becoming a role model to younger siblings |
| | 121-122 | think for my sister, sama aja as me, because she's the second oldest. So we're both like the eldest lah. Ya, so ya. | Equal presence of expectations in siblings |
| | 123-124 | Especially my sister, because she's like naturally smart, and I notice my tante states like "liat nih, Lucy itu pinter dia dapet undangan dari sekolah SMA nya" stuff like that. | Younger siblings being the benchmark to other relatives |
| | 128-129 | I think I'm okay. Tapi kelamaan kayak there's so much pressure. I just feel bad if my cousins are not like um, they can't meet their parents' expectations. | The burden of bearing big parental expectations |
| | 133-134 | To be honest, yea I like the validation. I like the validation, because I put a lot of effort to get where I'm from. So I really appreciate the validation | The desire of gaining validation and acknowledgement from academic pursuits |
| | 145-147 | Um probably kayak, since I'm living abroad and then they expect me to be more independent. And they expect me to take care of myself because right now I'm not in their supervision anymore. So I think that's the expectation. | The expectation to be independent due to studying abroad and being out of parental supervision |
| | 151-155 | Yes definitely, at first I was very against taking engineering. I really wanted to pursue architecture. Yea there are times | Negotiation process between personal |

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| | | where I talk back to my parents, and then they like really don't want me to take architecture. But we met in the middle so if I want to take architecture, I need to take it in Indonesia. So I applied to an architecture major in Indonesia and I ended up ngga ngambil sih. | academic interests and parental expectations |
| | 160-162 | Definitely, yea. They put expectations on me, I have like the ambition to fulfill their expectations that affects my grade. My grades meningkat sih after those expectations, jadi it boosts my confidence gitu. | Positive impacts of parental expectations on academic performance |
| | 165-167 | Umm, yes. If there was no expectations I think I wouldn't get grades yang kayak sekarang. Because to be fair, in a way I feel more motivated if there's a pressure on me, because I just want to show that I can do it and I can fulfill my parents' expectations. | Parental expectations as a motivating factor in academic achievement |
| | 170-171 | I think it's reasonable, because the expectations are mainly not that high to be fair. It's still achievable so I think it's fair. | Reasonal expectations compared to overly demanding |
| | 175-179 | Uhm okay, yes definitely because of the expectations even though I feel motivated, tapi there's like many times when I feel anxious because I'm scared that I won't satisfy their expectations. There's many times when I feel really anxious and uneasy aja sama kayak my performance. Apa lagi after exam gitu, kayak ada rasa regret gitu kalo misalnya I don't work hard. | Feelings of anxiousness of not fulfilling parents' expectations |

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| | 187-189 | Yea. Of course, yea. There's definitely a sense of duty because I just want to look good and be the role model for my sister as well. So there's definitely a responsibility there. Even if my parents' don't put an expectation, I still want to be a role model for my sister gitu. | Internalized sense of duty that comes with being the firstborn even without direct expectations |
| | 191-193 | Um, there's definitely the motivation, because I just want the maybe validation. And I always look at my friends like kayak gimana adek dari temenku ini ngeliat kakaknya gitu. So I just always compare myself aja sih. | Seeking validation and motivation through comparison with others |
| | 196 | Dave: Yes, itu juga ada tuntutan dari orang tua sih untuk jadi role model buat adek.<br>I: Dan mereka ngomong gitu explicitly?<br>Dave: Oh kalo gitu iya explicitly. | Directly expressing the need to become a role model for younger siblings from parents |
| | 211-214 | Yeah, kalo in terms mereka help directly tuh ngga. Tapi they provide kayak if I'm struggling in like Biology, they will like hire a teacher to help me gitu. And then itu pas SMA. Tapi kalo sekarang gitu kalo kita lagi in a call, and pas udah mau selesai call, my mom selalu bilang um if you need anything just call me. Mama bakal angkat telfon kayak, gitu sih. | Being financially and emotionally supportive despite being expected to excel |
| | 220-221 | Mmm, tuntutannya tuh lebih ke kayak, my mom once told me that I need to be able to afford the lifestyle that my mom gives me. So I think that's the only tuntutan yang aku inget. | The presence of expectation to be able to compete with parents' current socioeconomic status |

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| 223 | Yea. And she also said that I need to be more successful than them gitu | Directly communicating expectations to firstborn |
| 225-227 | I think it's because my dad grew up in a countryside gitu. And he moved from Jawa Barat to Jakarta, and he was thriving there for uni. So I think because my dad sacrificed everything to get where he is now, I think that's why. | How a parent's past experiences influence the expectations they set for their children |
| 234-236 | Umm, sebagai anak pertama, I think justru semakin jauh sih. Karena kalo misalnya uh well heres the thing. I think my relationship between me and my parents itu gak sedeket dibandingin sama my sister and my parents. | Perceiving how birth order may affect the closeness of parent-child relationship |
| 238-239 | Mungkin um, I think, as the firstborn child, itu harus lebih mandiri aja sih. And um the attention juga not fully into me juga sih kadang. | The need to feel more independent and a shift of parental attention as the family dynamic evolves |
| 243-245 | Um, yea. So I think kalo independent I can see that in myself. And then um, I think kalo my traits yang belom develop itu lebih kayak it's hard for me to express my feelings. Even though kayak misalnya gue lagi stress atau apa. I never really like curhat ke my parents. | Feeling difficult to express emotions and does not openly share struggles with parents |
| 248-250 | Yeah my parents pasti welcoming. Karena setiap kali end call pasti my mom bilang "kalo butuh apa apa telfon aja" tapi I just can't express my feelings to them gitu. And I think it's just hard | Acknowledging parental support but struggles to express emotions |

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| | | for me. | |
| | 253-255 | Yea I just don't want to be vulnerable in front of them sih. Because I think me as a firstborn child and being vulnerable is not like sitting well. So I just want my parents to see me as strong and independent. | Avoiding vulnerability to maintain a strong and independent image |
| | 263-265 | So I think I'm confident in handling like the adult stuff, kayak misalnya arrange something, arrange holidays or booking tickets. So my parents train me how to be independent aja sih. | Has confidence in managing responsibilities like travel arrangements due to parental training |
| | 270-274 | Umm, kalo gitu, kayaknya lebih bertanggung jawab aja sih. I think I developed this trait kayak misalnya I need everything to go well with what I plan. Even though it's not like my responsibility I just want it to be aligned with my plan aja sih. I think it's a good thing and a bad thing sih. Kalo bad thing itu misalnya um it the thing is out of my control gitu, and I feel so stressed if those things are not aligned. | Developing perfectionist tendencies that may cause stress |
| | 277 | Umm strategies, maybe um if the pressure is not like, kayak misalnya itu gak terlalu affect anything, I just take it as a grain of salt aja sih. Jadi ga begitu di pikirin dan di dalemin gitu sih, that's my strategy. | Not taking most expectations too personally depending on intensity |
| | 281-282 | Umm, I don't know I just see the bright side sih, I always like reflect on myself on what went well and what goes wrong. | Staying optimistic in the midst of expectations |

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| | | | being set from parents |
| | 286-288 | Umm, experience apa ya Yea I think for me, me as a firstborn child or son it's not entirely bad gitu loh. There's definitely the positives and also the negatives, tapi if you cope with all the pressure, I think itu gak papa sih. | A good balance of expectations and support from parents |