

REFERENCES

- Adolphs, R. (2013). The biology of fear. *Current biology*, 23(2), R79-R93.
- Becker, M., Becker, M., & Radosta, L. (2018). *From Fearful to Fear Free: A Positive Program to Free Your Dog from Anxiety, Fears, and Phobias*. Health Communications, Inc..
- Bowen, J., & Heath, S. (2005). *Behaviour problems in small animals: practical advice for the veterinary team*. Elsevier Health Sciences.
- Braastad, B. O., McBride, A., & Newberry, R. C. (2022). *The cat: Behaviour and Welfare*. GB: CABI.
- Brown, L. A., Carter, M. J., & Lin, D. S. (2020). *Principles of veterinary neurophysiology*. Cambridge University Press.
- Case, L.P. (2003). *The Cat: It's Behaviour, Nutrition and Health*. Blackwell Publishing, IA.
- Chapman, S. J. (2017). *Safe handling and restraint of animals: a comprehensive guide*. John Wiley & Sons.
- Clark, C. (2024). *A Professional's Guide to Feline Behaviour: Understanding, Improving and Resolving Problems*. CRC Press.
- Cory, J. (2010) Feline ethology: understanding the cat. In: *Proceedings of the Southern European Veterinary Conference (SEVC)*, 30 September to 3 October (www.ivis.org).
- Couture, M., Stellato, A. C., Moody, C. M., & Niel, L. (2024). Owner perspectives of cat handling techniques used in the veterinary clinic. *Journal of Applied Animal Welfare Science*, 27(1), 46-56.
- Davis, H. R., Nguyen, P. T., & Moore, J. C. (2018). Autonomic regulation and stress adaptation in companion animals. *Journal of Veterinary Behavior*, 23(4), 112–120.

- Demaline, B. (2018). Fear in the veterinary clinic: History and Development of the Fear FreeSM Initiative. *Conspectus Borealis*, 4(1), 2.
- Fear Free, LLC. (2022). *FAS (Fear, Anxiety & Stress) scale* [Infographic]. Fear Free.
- Hart, B. L., & Hart, L. A. (2013). *Your ideal cat: insights into breed and gender differences in cat behavior*. Purdue University Press.
- Horwitz, D. F., & Rodan, I. (2018). Behavioral awareness in the feline consultation: Understanding physical and emotional health. *Journal of feline medicine and surgery*, 20(5), 423-436.
- Houpt, K.A. (2018). *Domestic Animal Behavior for Veterinarians and Animal Scientists*. Hoboken: John Wiley & Sons, Incorporated.
- Jeyaretnam, J., Jones, H., & Phillips, M. (2000). Disease and injury among veterinarians. *Australian Veterinary Journal*, 78(9), 625-629.
- Johnson, R. D., & Adams, D. M. (2019). *The autonomic nervous system in veterinary medicine*. Wiley-Blackwell.
- Khoddami, S., Kiser, M. C., & Moody, C. M. (2023). Why can't we be friends? Exploring factors associated with cat owners' perceptions of the cat-cat relationship in two-cat households. *Frontiers in Veterinary Science*, 13(6), 1015.
- Landsberg, G., Hunthausen, W., & Ackerman, L. (2017). *Behavior problems of the dog and cat*. Saunders Elsevier.
- Lloyd, J. K. (2017). Minimising stress for patients in the veterinary hospital: why it is important and what can be done about it. *Veterinary Sciences*, 4(2), 22.
- Mariti, C., Bowen, J. E., Campa, S., Grebe, G., Sighieri, C., & Gazzano, A. (2016). Guardians' perceptions of cats' welfare and behavior regarding visiting veterinary clinics. *Journal of Applied Animal Welfare Science*, 19(4), 375-384.

- Martvel, G., Scott, L., Florkiewicz, B., Zamansky, A., Shimshoni, I., & Lazebnik, T. (2024). Computational investigation of the social function of domestic cat facial signals. *Scientific Reports*, 14(1), 27533.
- McCune, S. (1995). The impact of paternity and early socialization on the development of cats' behavior to people and novel objects. *Applied Animal Behavior Science*, 45(1-2), 109-124.
- Miller, S. M., & Clark, D. F. (2017). Metabolic and hormonal responses to acute stress in felines. *Veterinary Physiology Today*, 15(1), 44–51.
- Quimby, J. M., Smith, M. L., & Lunn, K. F. (2011). Evaluation of the effects of hospital visit stress on physiologic parameters in the cat. *Journal of feline medicine and surgery*, 13(10), 733-737.
- Quimby, J., Gowland, S., Carney, H. C., DePorter, T., Plummer, P., & Westropp, J. (2021). 2021 AAHA/AAFP feline life stage guidelines. *Journal of Feline Medicine and Surgery*, 23(3), 211-233.
- Rodan, I. (2010) Understanding feline behavior and application for appropriate handling and management. *Topics in Companion Animal Medicine*, 25(4), 178–188.
- Rodan, I., & Heath, S. (2016). *Feline behavioral health and welfare*. Elsevier Health Sciences.
- Shaw, J. K., & Martin, D. (Eds.). (2014). *Canine and feline behavior for veterinary technicians and nurses*. John Wiley & Sons.
- Sheldon, C. C., Sonsthagen, T. F., & Topel, J. (2017). *Animal restraint for veterinary professionals*. Elsevier Health Sciences.
- Smith, J. A. (2018). *Understanding the stress response in small animals*. Veterinary Press.
- Stelow, E. A., & Wiley, J. (Eds.). (2023). *Clinical handbook of feline behavior medicine*. Wiley Blackwell.

- Stevenson, T. L. (2020). Neuroendocrine mechanisms of stress adaptation in domestic species. *Journal of Comparative Veterinary Physiology*, 10(3), 145–160.
- Taylor, R. D., & White, M. J. (2021). Autonomic nervous system and feline stress physiology. *Animal Physiology and Behavior*, 27(2), 67–78.
- Travnik, I. D. C., Machado, D. D. S., Gonçalves, L. D. S., Ceballos, M. C., & Sant'Anna, A. C. (2020). Temperament in domestic cats: a review of proximate mechanisms, methods of assessment, its effects on human—cat relationships, and one welfare. *Animals*, 10(9), 1516.
- Turner, D. C., & Bateson, P. P. G. (Eds.). (2000). *The domestic cat: the biology of its behaviour*. Cambridge University Press.
- Tynes, V. V. (2014). The physiologic effects of fear. *Veterinary Medicine*, 109(8), 274–280.
- Walker, E. M., & Brooks, L. R. (2019). Sympathetic and parasympathetic interplay in animal stress responses. *Annual Review of Veterinary Neuroscience*, 6(1), 28–42.
- Yin, S. A. (2009). *Low stress handling, restraint and behavior modification of dogs & cats: techniques for developing patients who love their visits*. CattleDog Publishing.
- Zhang, X., House, L., & Salois, M. J. (2024). An examination of US pet owners' use of veterinary services, 2006–2018. *Veterinary Medicine and Science*, 10(3), 13–70.