

DAFTAR PUSTAKA

- American Psychiatric Association. (2022). Diagnostic and statistical manual of mental disorders, fifth edition, text revision. Washington, DC, American Psychiatric Association
- Ammerman, B.A., Jacobucci, R., Kleiman, E.M., Uyeji, L.L., & McCloskey, M.S. (2018). The relationship between nonsuicidal self-injury age of onset and severity of self-harm. *Suicide and Life-Threatening Behavior*, 48(1): 31-37. <https://doi.org/10.1111/sltb.12330>
- Arendt, F., Scherr, S., & Romer, D. (2019). Effects of exposure to self-harm on social media: Evidence from a two-wave panel study among young adults. *New Media and Society*, 21(11–12), 2422–2442. <https://doi.org/10.1177/1461444819850106>
- Aspeqvist, E., Andersson, H., Korhonen, L., Dahlström, Ö., & Zetterqvist, M. (2024). Measurement & stratification of nonsuicidal self-injury in adolescents. *BMC Psychiatry*, 24(1). <https://doi.org/10.1186/s12888-024-05535-3>
- Auerbach, R. P., Pagliaccio, D., Allison, G. O., Alqueza, K. L., & Alonso, M. F. (2021). Neural correlates associated with suicide and nonsuicidal self-injury in youth. In *Biological Psychiatry* (Vol. 89, Issue 2, pp. 119–133). Elsevier Inc. <https://doi.org/10.1016/j.biopsych.2020.06.002>
- Aulawi, A. Q., Fitria, Y., Kurniyawan, E. H., Dewi, E. I., & Deviantony, F. (2024). Descriptive analysis of self-harm behavior among early adolescents. *Health and Technology Journal (HTechJ)*, 2(3), 257–266. <https://doi.org/10.53713/htechj.v2i3.204>
- Baetens, I., Greene, D., van Hove, L., Leeuwen, K.V., Wiersema, J.R., Desoete, A., & Roelants, M. (2021). Predictors and consequences of non-suicidal self-injury in relation to life, peer, and school factors. *Journal of Adolescence*, 90, 100–108. <https://doi.org/10.1016/j.adolescence.2021.06.005>
- Belfort, E. L., & Miller, L. (2018). Relationship Between Adolescent Suicidality, Self-Injury, and Media Habits. In *Child and Adolescent Psychiatric Clinics of North America* (Vol. 27, Issue 2, pp. 159–169). W.B. Saunders. <https://doi.org/10.1016/j.chc.2017.11.004>
- Biernesser, C., Sewall, C. J. R., Brent, D., Bear, T., Mair, C., & Trauth, J. (2020). Social media use and deliberate self-harm among youth: A systematized narrative review. *Children and Youth Services Review*, 116. <https://doi.org/10.1016/j.childyouth.2020.105054>
- Birnbaum, M., Rizvi, A., Correll, C., Kane, J. (2017). Role of social media and the Internet in pathways to care for adolescents and young adults with psychotic disorders and non-psychotic mood disorders. *Early Intervention in Psychiatry*, 11(4), 290–295. <https://doi.org/10.1111/eip.12237>

- Biromo, A.R. (2015). Uji validitas dan reliabilitas instrumen Self-Harm Behavior Questionnaire (SHBQ) versi bahasa Indonesia [*unpublished master's thesis*]. Universitas Indonesia.
- Borschmann, R., Hogg, J., Phillips, R., & Moran, P. (2011). Measuring self-harm in adults: A systematic review. *European Psychiatry, 27*(3), 176–180. <https://doi.org/10.1016/j.eurpsy.2011.04.005>
- Bozzola, E., Spina, G., Agostiniani, R., Barni, S., Russo, R., Scarpato, E., Di Mauro, A., Di Stefano, A. V., Caruso, C., Corsello, G., & Staiano, A. (2022). The use of social media in children and adolescents: scoping review on the potential risks. *International Journal of Environmental Research and Public Health, 19*(16). <https://doi.org/10.3390/ijerph19169960>
- Brown, R. C., Fischer, T., Goldwich, D. A., & Plener, P. L. (2020). “I just finally wanted to belong somewhere”—qualitative analysis of experiences with posting pictures of self-injury on instagram. *Frontiers in Psychiatry, 11*. <https://doi.org/10.3389/fpsy.2020.00274>
- Burke, T.A., Hamilton, J.L., Abramson, L.Y., & Alloy, L.B. (2015). Non-suicidal self-injury prospectively predicts interpersonal stressful life events and depressive symptoms among adolescent girls. *Psychiatry Research, 228*, 416–424. <http://dx.doi.org/10.1016/j.psychres.2015.06.021>
- Carson, N., Gansner, M., & Khang, J. (2018). Assessment of digital media use in the adolescent Psychiatric Evaluation. *Child and Adolescent Psychiatric Clinics of North America, 27*(2), 133–143. <https://doi.org/10.1016/j.chc.2017.11.003>
- Case, J.A.C., Mattoni, M., & Olino, T.M. (2021). Examining the neurobiology of non-suicidal self-injury in children and adolescents: the role of reward responsivity. *Journal of Clinical Medicine, 10*(3561). <https://doi.org/10.3390/jcm10163561>
- Chen, R., Wang, Y., Liu, L., Lu, L., Wilson, A., Gong, S., Zhu, Y., Sheng, C., Zeng, Y., Li, Y., & Ou, J. (2020). A qualitative study of how self-harm starts and continues among Chinese adolescents. *British Journal of Psychiatry Open, 7*(1). <https://doi.org/10.1192/bjo.2020.144>
- DataReportal, & We Are Social, & Meltwater. (February 21, 2024). Main reasons for using social media among internet users in Indonesia as of the 3rd quarter of 2023 [Graph]. In *Statista*. Retrieved November 08, 2024, from <https://www.statista.com/statistics/1362065/indonesia-reasons-for-using-social-media/>
- Daukantaitė, D., Lundh, L., Wångby-Lundh, M., Claréus, B., Bjärehed, J., Zhou, Y., & Liljedahl, S.I. (2021). What happens to young adults who have engaged in self-injurious behavior as adolescents? A 10-year follow-up. *European Child & Adolescent Psychiatry, 30*, 475–492 <https://doi.org/10.1007/s00787-020-01533-4>

- Davis, J. L. (2016). Social media. *The International Encyclopedia of Political Communication*, 1–8. <https://doi.org/10.1002/9781118541555.wbiepc004>
- Dewi, G. R. (2021). Gambaran tingkat depresi pada remaja yang aktif berorganisasi di SMK PGRI 1 Banyuwangi. *Journal of Community Mental Health and Public Policy*, 3(1), 19–30. <https://doi.org/10.51602/cmhp.v3i1.48>
- Dian, C. N., Effendy, E., & Amin, M. M. (2022). The validation of Indonesian version of Patient Health Questionnaire-9. *Open Access Macedonian Journal of Medical Sciences*, 10(T7), 193–198. <https://doi.org/10.3889/oamjms.2022.9293>
- Fakhrunnisak, D., Patria, B. (2022). The positive effects of parents' education level on children's mental health in Indonesia: a result of longitudinal survey. *BMC Public Health*, 22, 949. <https://doi.org/10.1186/s12889-022-13380-w>
- Gansner, M., Berson, C., & Javed, Z. (2024). Social media contagion of high-risk behaviors in youth. In *Pediatric Clinics of North America*. W.B. Saunders. <https://doi.org/10.1016/j.pcl.2024.07.037>
- Guyer, A.E., Silk, J.S., & Nelson, E.E. (2016). The neurobiology of the emotional adolescent: From the inside out. *Neurosci Biobehav Rev*. 2016 Aug 6;70:74–85. <https://doi.org/10.1016/j.neubiorev.2016.07.037>
- Gyori, D., Farkas, B.F., Horvath, L.O., Komaromy, D., Meszaros, G., Szentivanyi, D., & Balazs, J. (2021). The Association of nonsuicidal self-injury with quality of life and mental disorders in clinical adolescents—a network approach. *International Journal on Environmental Research for Public Health*, 18, 1840. <https://doi.org/10.3390/ijerph18041840>
- Halicka, J., Szewczuk-Bogusławska, M., Adamska, A., & Misiak, B. (2020). Neurobiology of the association between non-suicidal self-injury, suicidal behavior and emotional intelligence: A review. *Archives of Psychiatry and Psychotherapy*, 22(2), 25–35. <https://doi.org/10.12740/app/117705>
- Haltigan, J. D., Pringsheim, T. M., & Rajkumar, G. (2022b). Social media as an incubator of personality and behavioral psychopathology: Symptom and disorder authenticity or psychosomatic social contagion? *Comprehensive Psychiatry*, 121, 152362. <https://doi.org/10.1016/j.comppsy.2022.152362>
- Herrando, C., & Constantinides, E. (2021). Emotional contagion: a brief overview and future directions. In *Frontiers in Psychology* (Vol. 12). Frontiers Media S.A. <https://doi.org/10.3389/fpsyg.2021.712606>
- Hooley, J. M., Dahlgren, M. K., Best, S. G., Gonenc, A., & Gruber, S. A. (2020). Decreased amygdalar activation to NSSI-Stimuli in people who engage in NSSI: a Neuroimaging pilot study. *Frontiers in Psychiatry*, 11. <https://doi.org/10.3389/fpsyg.2020.00238>
- House, A. (2020). Social media, self-harm and suicide. *BJPsych Bulletin*. <https://doi.org/10.1192/bjb.2019.94>

- Iswanti, D. I., Lai, L., Saifudin, I. M. M. Y., Kandar, K., Dewi, R. K., & Cahyaningrum, D. D. (2024). The predictor of non-suicidal self-injury behavior among adolescents: a cross-sectional study. *Jurnal NERS*, *19*(2), 125–133. <https://doi.org/10.20473/jn.v19i2.54610>
- Jacob, N., Evans, R., & Scourfield, J. (2017). The influence of online images on self-harm: A qualitative study of young people aged 16–24. *Journal of Adolescence*, *60*(1), 140–147. <https://doi.org/10.1016/j.adolescence.2017.08.001>
- Kaligis, F., Ismail, R. I., Wiguna, T., Prasetyo, S., Indriatmi, W., Gunardi, H., Pandia, V., & Magdalena, C. C. (2021). Mental health problems and needs among transitional-age youth in Indonesia. *International Journal of Environmental Research and Public Health*, *18*(8). <https://doi.org/10.3390/ijerph18084046>
- Khilma, N. H. A., & Utami, N. N. I. (2024). Growth Mindset dan Stres Akademik Pada Siswa SMA di Yogyakarta. *Jurnal Ilmiah Edukatif*, *10*(1), 1–10. <https://doi.org/10.37567/jie.v10i1.2637>
- Kristanti, D.A. (2018). Hubungan antara depresi dengan pencederaan terhadap diri sendiri tanpa bunuh diri / *non suicidal self injury* (NSSI) pada siswa SMA di Yogyakarta [*unpublished master's thesis*]. Universitas Gadjah Mada.
- Kingsbury, M., Reme, B. A., Skogen, J. C., Sivertsen, B., Øverland, S., Cantor, N., Hysing, M., Petrie, K., & Colman, I. (2021). Differential associations between types of social media use and university students' non-suicidal self-injury and suicidal behavior. *Computers in Human Behavior*, *115*. <https://doi.org/10.1016/j.chb.2020.106614>
- Kusumadewi, A. F., Yoga, B. H., Sumarni, & Ismanto, S. H. (2019). Self-Harm Inventory (SHI) versi indonesia sebagai instrumen deteksi dini perilaku self-harm. *Jurnal Psikiatri Surabaya*, *08*(01), 20–25. <https://doi.org/https://doi.org/10.20473/jps.v8i1.15009>
- Lee, S. E., Yim, M., & Hur, J. W. (2022). Beneath the surface: clinical and psychosocial correlates of posting nonsuicidal self-injury content online among female young adults. *Computers in Human Behavior*, *132*. <https://doi.org/10.1016/j.chb.2022.107262>
- Liza, R. G., Yaunin, Y., Yanwirasti, Rita, R. S., Yanis, A., Syafrita, Y., Jamsari, & Mariko, R. (2024). Validation of the Indonesian version of the inventory of statements about self-injury (ISAS) questionnaire. *Iranian Journal of Psychiatry*. <https://doi.org/10.18502/ijps.v19i3.15806>
- Liu, R. T., Walsh, R. F. L., Sheehan, A. E., Cheek, S. M., & Sanzari, C. M. (2022). Prevalence and correlates of suicide and nonsuicidal self-injury in children: a systematic review and meta-analysis. In *JAMA Psychiatry* (Vol. 79, Issue 7, pp. 718–726). American Medical Association. <https://doi.org/10.1001/jamapsychiatry.2022.1256>

- Lurigio, A. J., Nesi, D., & Meyers, S. M. (2024). Nonsuicidal self injury among young adults and adolescents: Historical, cultural and clinical understandings. In *Social Work in Mental Health* (Vol. 22, Issue 1, pp. 122–148). Routledge. <https://doi.org/10.1080/15332985.2023.2264434>
- Lutz, N. M., Neufeld, S. a. S., Hook, R. W., Jones, P. B., Bullmore, E. T., Goodyer, I. M., Ford, T. J., Chamberlain, S. R., & Wilkinson, P. O. (2022). Why is non-suicidal self-injury more common in women? Mediation and Moderation Analyses of psychological distress, emotion dysregulation, and impulsivity. *Archives of Suicide Research*, 27(3), 905–921. <https://doi.org/10.1080/13811118.2022.2084004>
- Marliani, R., Ramdani, Z., Nurany, P., Irawan, F., Ekawati, R., & Nur, G. (2022b). Pengaruh demografi keluarga dalam pengasuhan pertumbuhan dan perkembangan jiwa anak usia dini. *Jurnal Ilmu Keluarga Dan Konsumen*, 15(1), 39–50. <https://doi.org/10.24156/jikk.2022.15.1.39>
- Meier, A., & Krause, H. V. (2023). Does passive social media use harm well-being?: an adversarial review. In *Journal of Media Psychology* (Vol. 35, Issue 3, pp. 169–180). Hogrefe Publishing GmbH. <https://doi.org/10.1027/1864-1105/a000358>
- Memon, A., Sharma, S., Mohite, S., & Jain, S. (2018). The role of online social networking on deliberate self-harm and suicidality in adolescents: A systematized review of literature. *Indian Journal of Psychiatry*, 60(4), 384. https://doi.org/10.4103/psychiatry.indianjpsychiatry_414_17
- Meshi, D., Tamir, D. I., & Heekeren, H. R. (2015). The emerging neuroscience of social media. *Trends in Cognitive Sciences*, 19(12), 771–782. <https://doi.org/10.1016/j.tics.2015.09.004>
- Miller, M., Redley, M., & Wilkinson, P. (2021). A qualitative study of understanding reasons for Self-Harm in adolescent girls. *International Journal of Environmental Research and Public Health*, 18(7), 3361. <https://doi.org/10.3390/ijerph18073361>
- Nesi, J., Burke, T. A., Bettis, A. H., Kudinova, A. Y., Thompson, E. C., Macpherson, H. A., Fox, K. A., Lawrence, H. R., Thomas, S. A., Wolff, J. C., Altemus, M. K., Soriano, S., & Liu, R. T. (2021). Social media use and self-injurious thoughts and behaviors: a systematic review and meta-analysis. *Clinical Psychology Review*, 87. <https://doi.org/https://doi.org/10.1016/j.cpr.2021.102038>
- Nesi, J., Choukas-Bradley, S., & Prinstein, M. J. (2018a). Transformation of adolescent peer relations in the social media context: Part 1—A theoretical framework and application to dyadic peer relationships. *Clinical Child and Family Psychology Review*, 21(3), 267–294. <https://doi.org/10.1007/s10567-018-0261-x>

- Nesi, J., Choukas-Bradley, S., & Prinstein, M. J. (2018b). Transformation of adolescent peer relations in the social media context: Part 2—Application to peer group processes and future directions for research. *Clinical Child and Family Psychology Review*, 21(3), 295–319. <https://doi.org/10.1007/s10567-018-0262-9>
- Nesi, J., Wolff, J. C., & Hunt, J. (2019). Patterns of social media use among adolescents who are psychiatrically hospitalized. *Journal of the American Academy of Child and Adolescent Psychiatry*, 58(6), 635-639.e1. <https://doi.org/10.1016/j.jaac.2019.03.009>
- Orji, L. C., & Ita, U. A. (2024). Amygdala hijack: contemporary insights into causes, correlates and consequences. *African Journal of Health Nursing and Midwifery*, 7(3), 102–111. <https://doi.org/10.52589/ajhnm-kqm0nm27>
- Orsolini, L., Reina, S., Longo, G., & Volpe, U. (2024). “Swipe & slice”: decoding digital struggles with non-suicidal self-injuries among youngsters. *Frontiers in Psychiatry*, 15. <https://doi.org/10.3389/fpsy.2024.1403445>
- Plener, P.L., Schumacher, T.S., Munz, L.M., & Groschwitz, R.C. (2015). The longitudinal course of non-suicidal self-injury and deliberate self-harm: a systematic review of the literature. *Borderline Personality Disorder and Emotion Dysregulation*, 2(2). <https://doi.org/10.1186/s40479-014-0024-3>
- Pritchard, T. R., Lewis, S. P., & Marcincinova, I. (2021). Needs of youth posting about nonsuicidal self-injury: a time-trend analysis. *Journal of Adolescent Health*, 68(3), 532–539. <https://doi.org/10.1016/j.jadohealth.2020.06.038>
- Puslitbang Aptika dan IKP Balitbang Kemkominfo. (2017). Survey Penggunaan TIK Serta Implikasinya Terhadap Aspek Sosial, Budaya, dan Ekonomi Masyarakat. Balitbang Kemkominfo.
- Riva, G., Wiederhold, B. K., & Mantovani, F. (2023). Searching for the metaverse: neuroscience of physical and digital communities. *Cyberpsychology Behavior and Social Networking*, 27(1), 9–18. <https://doi.org/10.1089/cyber.2023.0040>
- Romeo, Z., Fusina, F., Semenzato, L., Bonato, M., Angrilli, A., & Spironelli, C. (2022). Comparison of slides and video clips as different methods for inducing emotions: an electroencephalographic alpha modulation study. *Front. Hum. Neurosci.* 16(901422). doi: 10.3389/fnhum.2022.901422
- Sari, S.R. (2020). Perbedaan proporsi kecenderungan gangguan kepribadian ambang siswa SMA dengan perilaku *self-harm* dan tanpa perilaku *self-harm* di Kota Yogyakarta [*unpublished master's thesis*]. Universitas Gadjah Mada.
- Scardera, S., Perret, L. C., Ouellet-Morin, I., Gariépy, G., Juster, R., Boivin, M., Turecki, G., Tremblay, R. E., Côté, S., & Geoffroy, M. (2020). Association of social support during adolescence with depression, anxiety, and suicidal

- ideation in young adults. *JAMA Network Open*, 3(12), e2027491. <https://doi.org/10.1001/jamanetworkopen.2020.27491>
- Scherr, S. (2022). Social media, self-harm, and suicide. *Current Opinion in Psychology*, 46(100311). <https://doi.org/10.1016/j.copsyc.2022.101311>
- Shafi, R. M., Nakonezny, P. A., Romanowicz, M., Nandakumar, A. L., Suarez, L., & Croarkin, P. E. (2020). Suicidality and self-injurious behavior among adolescent social media users at psychiatric hospitalization. *CNS Spectrums*, 26(3), 275–281. <https://doi.org/10.1017/s1092852920001108>
- Shao, C., Wang, X., Ma, Q., Zhao, Y., & Yun, X. (2021). Analysis of risk factors of non-suicidal self-harm behavior in adolescents with depression. *Annals of Palliative Med*, 10(9), 9607–9613. <https://doi.org/10.21037/apm-21-1951>
- Sherman, L. E., Payton, A. A., Hernandez, L. M., Greenfield, P. M., & Dapretto, M. (2016). The power of the like in adolescence: effects of peer influence on neural and behavioral responses to social media. *Psychological Science*, 27(7), 1027–1035. <https://doi.org/10.1177/0956797616645673>
- Spínola, L. G., Calaboïça, C., & Carvalho, I. P. (2024). The use of social networking sites and its association with non-suicidal self-injury among children and adolescents: A systematic review. In *Journal of Affective Disorders Reports* (Vol. 16). Elsevier B.V. <https://doi.org/10.1016/j.jadr.2024.100781>
- Stänicke, L. I., Haavind, H., & Gullestad, S. E. (2018). How do young people understand their own Self-Harm? a meta-synthesis of adolescents' subjective experience of Self-Harm. *Adolescent Research Review*, 3(2), 173–191. <https://doi.org/10.1007/s40894-018-0080-9>
- Susi, K., Glover-Ford, F., Stewart, A., Bevis, R. K., & Hawton, K. (2023). Research Review: Viewing self-harm images on the internet and social media platforms: systematic review of the impact and associated psychological mechanisms. *Journal of Child Psychology and Psychiatry*, 64(8), 1115–1139. <https://doi.org/10.1111/jcpp.13754>
- Szlyk, H. S., Li, X., Kasson, E., Peoples, J. E., Montayne, M., Kaiser, N., & Cavazos-Rehg, P. (2023). How do teens with a history of suicidal behavior and self-harm interact with social media? *Journal of Adolescence*, 95(4), 797–810. <https://doi.org/10.1002/jad.12154>
- Taber, K. S. (2017). The use of Cronbach's Alpha when developing and reporting research instruments in science education. *Research in Science Education*, 48(6), 1273–1296. <https://doi.org/10.1007/s11165-016-9602-2>
- Taherdoost, H. (2016). Validity and reliability of the research instrument; How to test the validation of a Questionnaire/Survey in a research. *SSRN Electronic Journal*. <https://doi.org/10.2139/ssrn.3205040>

- Tresno, F., Ito, Y., & Mearns, J. (2012). Self-injurious behavior and suicide attempts among Indonesian college students. *Death Studies, 36*(7), 627–639. <https://doi.org/10.1080/07481187.2011.604464>
- Tschan, T., Lüdtke, J., Schmid, M., & In-Albon, T. (2019). Sibling relationships of female adolescents with nonsuicidal self-injury disorder in comparison to a clinical and a nonclinical control group. *Child and Adolescent Psychiatry and Mental Health, 13*(1). <https://doi.org/10.1186/s13034-019-0275-2>
- Uh, S., Dalmaijer, E. S., Siugzdaite, R., Ford, T. J., & Astle, D. E. (2021). Two pathways to self-harm in adolescence. *Journal of the American Academy of Child & Adolescent Psychiatry, 60*(12), 1491–1500. <https://doi.org/10.1016/j.jaac.2021.03.010>
- Valkenburg, P. M., van Driel, I. I., & Beyens, I. (2022). The associations of active and passive social media use with well-being: A critical scoping review. In *New Media and Society* (Vol. 24, Issue 2, pp. 530–549). SAGE Publications Ltd. <https://doi.org/10.1177/146144482111065425>
- Vega, D., Sintes, A., Fernández, M., Puntí, J., Soler, J., Santamarina, P., Soto, A., Lara, A., Mendez, I., Martínez-Giménez, R., Romero, S., & Pascual, J. C. (2018). Review and update on non-suicidal self-injury: who, how and why? *PubMed, 46*(4), 146–155. <https://pubmed.ncbi.nlm.nih.gov/30079928>
- Verduyn, P., Gugushvili, N., & Kross, E. (2022). Do social networking sites influence well-being? the extended active-passive model. *Current Directions in Psychological Science, 31*(1), 62–68. <https://doi.org/10.1177/096372142111053637>
- Wang, J. L., Gaskin, J., Rost, D. H., & Gentile, D. A. (2018). The reciprocal relationship between passive social networking site (sns) usage and users' subjective well-being. *Social Science Computer Review, 36*(5), 511–522. <https://doi.org/10.1177/0894439317721981>
- Wang, Y.-J., Li, X., Ng, C. H., Xu, D.-W., Hu, S., & Yuan, T.-F. (2022). Risk factors for non-suicidal self-injury (NSSI) in adolescents: A meta-analysis. *EClinicalMedicine, 46*. <https://doi.org/10.1016/j.eclinm.2022.101350>
- Wu, B., Zhang, H., Chen, J., & Peng, D. (2023). Potential mechanisms of non-suicidal self-injury (NSSI) in major depressive disorder: a systematic review. *General Psychiatry, 36*(e100946). <https://doi.org/10.1136/gpsych-2022-100946>
- Xiao, Q., Song, X., Huang, L., Hou, D., & Huang, X. (2022). Global prevalence and characteristics of non-suicidal self-injury between 2010 and 2021 among a non-clinical sample of adolescents: A meta-analysis. *Frontiers in Psychiatry, 13*:912441. <https://doi.org/10.3389/fpsyt.2022.912441>

- Yan, T., Su, C., Xue, W., Hu, Y., & Zhou, H. (2024). Mobile phone short video use negatively impacts attention functions: an EEG study. *Frontiers in Human Neuroscience*, 18. <https://doi.org/10.3389/fnhum.2024.1383913>
- Yang, X., Xin, M., Liu, K., & Böke, B.N., (2020). The impact of internet use frequency on non-suicidal self-injurious behavior & suicidal ideation among Chinese adolescents: an empirical study based on gender perspective. *BMC Public Health*, 20(1), 1–11. <https://doi.org/10.1186/s12889-020-09866-0>.