

## Daftar Referensi

- Adu-Baffoe, E., & Bonney, S. (2021). The Role of Non-Governmental Organizations in Basic Education Delivery in Ghana: Implications for Theory, Policy, and Practice. *International Education Studies*, 14(4), 35. <https://doi.org/10.5539/ies.v14n4p35>
- Akib, H. (2010). Implementasi kebijakan: apa, mengapa, dan bagaimana. *Jurnal Administrasi Publik*, 1(1), 1-11.
- Anderson, L., & Ostrom, A. L. (2015). Transformative Service Research: Advancing Our Knowledge About Service and Well-Being. Dalam *Journal of Service Research* (Vol. 18, Nomor 3, hlm. 243– 249). SAGE Publications Inc. <https://doi.org/10.1177/1094670515591316>
- Artvinli, F., & Uslu, M. K. B. (2023). On a long, narrow road: The mental health law in Turkey. *International Journal of Law and Psychiatry*, 86. <https://doi.org/10.1016/j.ijlp.2022.101845>
- Ball, S. J. (2015). Policy actors/policy subjects. Dalam *Journal of Education Policy* (Vol. 30, Nomor 4, hlm. 467). Routledge. <https://doi.org/10.1080/02680939.2015.1038454>
- Barry, M. M., Clarke, A. M., Jenkins, R., & Patel, V. (2013). A systematic review of the effectiveness of mental health promotion interventions for young people in low and middle income countries. *BMC Public Health*, 13(1). <https://doi.org/10.1186/1471-2458-13-835>
- Başkarada, S. (2014). Qualitative Case Study Guidelines. Dalam *The Qualitative Report* (Vol. 19). <http://ssrn.com/abstract=2559424http://www.nova.edu/ssss/QR/QR19/baskarada24.pdf>
- Béland, D. (2009). Ideas, institutions, and policy change. *Journal of European Public Policy*, 16(5), 701–718. <https://doi.org/10.1080/13501760902983382>
- Bencsik, A., Juha' sz, T., & Horva'th-Csiko's, G. (2016). Y and Z Generations at Workplaces. *Journal of Competitiveness*, 6(3), 90-106. <https://doi.org/10.7741/joc.2016.03.06>
- Burstein, P. (2003). The Impact of Public Opinion on Public Policy: A Review and an Agenda. *Political research quarterly*, 56(1), 29–40.

- Cairney, P., & Oliver, K. (2019). How to communicate effectively with policymakers: Combining insights from psychology and policy studies. Palgrave Communications, 5(1), 1-10.
- CDC Fisipol UGM. (2024). Evaluasi Konseling Pengembangan Diri & Karir-Konseling Pendampingan Psikologi 2024.
- Cohen, D. K., Bryk, T., Deal, T., Elmore, R., Lazerson, M., Mclaughlin, M., Merseth, K., Murphy, J., Johnson, S. M., & Weiss, C. (1982). *Policy and Organization: The Impact of State and Federal Educational Policy on School Governance*.
- Chen, R., Zhang, W., & Wu, X. (2023). Mental health policy and implementation from 2009 to 2020 in China. *SSM - Mental Health*, 4.  
<https://doi.org/10.1016/j.ssmmh.2023.100244>
- Chen, J., et al. (2023). Social media and governance: Challenges and opportunities in Southeast Asia. *Policy Studies Review*, 45(1), 34-50.
- ChillaKuri, B. (2020). Understanding Generation Z expectations for effective onboarding. *Journal of Organizational Change Management*, 33(7), 1277-1296.  
<https://doi.org/10.1108/JOCM-02-2020-0058>
- Creswell, J. W. (2008). *Research design: Qualitative, quantitative, and mixed methods approaches* (3rd ed.). SAGE.
- Creswell, J. W., & Poth, C. N. (2018). *Qualitative Inquiry and Research Design: Choosing Among Five Approaches*.
- Das, J., Do, Q.-T., Friedman, J., McKenzie, D., & Scott, K. (2007). Mental health and poverty in developing countries: Revisiting the relationship. *Social Science and Medicine*, 65(3), 467–480. <https://doi.org/10.1016/j.socscimed.2007.02.037>
- De Almeida, J. M. C. (2019). Mental health policy in Brazil: What's at stake in the changes currently under way. *Cadernos de Saude Publica*, 35(11).  
<https://doi.org/10.1590/0102311X00129519>
- de Lange, F. P., Heilbron, M., & Kok, P. (2018). How Do Expectations Shape Perception? *Trends in Cognitive Sciences*, 22(9), 764–779.  
<https://doi.org/10.1016/j.tics.2018.06.002>
- DITJEN P2P KEMENKES JAKARTA. (2020). RENCANA AKSI KEGIATAN 2020 – 2024.

<https://e-renggar.kemkes.go.id/file2018/e-performance/1-401733-4tahunan-440.pdf>

- Efriza. (2019). Eksistensi Partai Politik Dalam Persepsi Publik The Existence of The Political Parties in Public Perception. *Politica*, 10(1), 17–38.  
<https://doi.org/http://dx.doi.org/10.22212/jp.v10i1.1314>
- Efriza. (2019). Komunikasi kebijakan publik di Indonesia: Tantangan dan strategi. *Jurnal Kebijakan Publik*, 7(3), 211-224.
- Ekananda, A. N., & Marcillia, S.R. (2019, November). Preferensi atribut fisik hunian Generasi Y dan Z di Yogyakarta. In *SMART : Seminar on Architecture Research and Technology* (vol 4, No. 1, pp. 327-335).
- Gallup. (2023). *Voice of Gen Z: Perspective on U.S. Education, Wellbeing and the Future*.
- Ghefira, K., Kesehatan, Y., Nurul, J., Kesehatan, A., Shifa, J., Maghfiroh, A., Masyarakat, K., Veteran, U. ", Jakarta, ", Dwi, N., Kesehatan, I., Fakultas, J., Kesehatan, I., Pembangunan, U., Veteran, N. ", Raya, J., Kecamatan, L., & Kota, L. (2023). Tinjauan Kebijakan Kesehatan Mental di Indonesia: Menuju Pencapaian Sustainable Development Goals dan Universal Health Coverage. *Jurnal Medika Nusantara*, 1(2).
- Golbeck, J., Grimes, J. M., & Rogers, A. (2018). Twitter use by legislators to engage with constituents. *Journal of Social Media Studies*, 6(2), 122-140.
- Greenberg, M. T., Weissberg, R. P., O'Brien, M. U., Zins, J. E., Fredericks, L., Resnik, H., & Elias, M.J. (2003). Enhancing School-Based Prevention and Youth Development Through Coordinated Social, Emotional, and Academic Learning. *American Psychologist*, 58(6–7), 466–474. <https://doi.org/10.1037/0003-066X.58.6-7.466>
- Grob, G. N. (2008). Mental health policy in the liberal state: The example of the United States. *International Journal of Law and Psychiatry*, 31(2), 89–100.  
<https://doi.org/10.1016/j.ijlp.2008.02.003>
- Hemphill, L., Culotta, A., & Heston, M. (2020). Using social media data to reveal patterns of policy engagement. *State Politics and Policy Quarterly*, 20(4), 497-514.
- Idaiani, S. (2010). Kesehatan Jiwa di Indonesia dari Deinstitutionalisasi sampai Desentralisasi. *Jurnal Kesehatan Masyarakat Nasional*, 4(5), 203–209.
- Idaiani, S., & Riyadi, E. I. (2018). Sistem Kesehatan Jiwa di Indonesia: Tantangan untuk

Memenuhi Kebutuhan. *Jurnal Penelitian dan Pengembangan Pelayanan Kesehatan*, 70–

80. <https://doi.org/10.22435/jpppk.v2i2.134>

in *Buletin Penelitian Kesehatan*, A., Akhsanu Ridlo, I., & Amelia Zein, R. (2018). Arah Kebijakan Kesehatan Mental: Tren Global dan Nasional Serta Tantangan Aktual. <https://doi.org/10.22435/bpk.v46i1.4911>

Jin, S., Xu, T., & Zhao, Y. (2023). Public perception and its implications for policy-making in the digital age. *Journal of Public Policy Research*, 12(3), 245-260. <https://doi.org/10.1016/j.jpupol.2023.08.005>

Khakpour, A. (2015). *Knowledge Management in Educational Organizations: Opportunities and Challenges*. <https://www.researchgate.net/publication/272886479>

Kleintjes, S., & Schneider, M. (2023). History and politics of mental health policy and care in South Africa. *SSM - Mental Health*, 3. <https://doi.org/10.1016/j.ssmmh.2023.100206>

Kuncara, W. T., & Retnandari, N. D. (2016). Implementasi Peraturan Menteri Kehutanan Nomor 56/MENHUT-II/2006 di Taman Nasional Gunung Merapi (Studi Kasus Zona Tradisional di Desa Girikerto, Turi, Sleman). Tesis S2 Magister Administrasi Publik Universitas Gadjah Mada

Langellier, B. A., Yang, Y., Purtle, J., Nelson, K. L., Stankov, I., & Diez Roux, A. V. (2019). Complex Systems Approaches to Understand Drivers of Mental Health and Inform Mental Health Policy: A Systematic Review. *Administration and Policy in Mental Health and Mental Health Services Research*, 46(2), 128–144. <https://doi.org/10.1007/s10488-018-0887-5>

Laboratorium Psikologi Fakultas Psikologi Universitas Gadjah Mada. (2021, Desember). Laporan hasil riset mandiri: Tingkat academic burnout mahasiswa klaster sosio-humaniora UGM meningkatkan kesadaran akan urgensi fenomena academic burnout. Diakses dari <https://lm.psikologi.ugm.ac.id/2021/12/laporan-hasil-riset-mandiri-tingkat-academic-burnout-mahasiswa-klaster-sosio-humaniora-ugm-meningkatkan-kesadaran-akan-urgensi-fenomena-academic-burnout/>

Leavy, P. (2014). *The Oxford Handbook of Qualitative Research*.

LM Psikologi UGM. (2021, December 29). LAPORAN HASIL RISET MANDIRI “Tingkat

Academic Burnout Mahasiswa Klaster Sosio-Humaniora UGM: Meningkatkan Kesadaran akan Urgensi Fenomena Academic Burnout” – LM Psikologi UGM. LM Psikologi UGM. <https://lm.psikologi.ugm.ac.id/2021/12/laporan-hasil-ri-set-mandiri-tingkat-academic-burnout-mahasiswa-klaster-sosio-humaniora-ugm-meningkatkan-kesadaran-akan-urgensi-fenomena-academic-burnout/>

Lund, C., Kleintjes, S., Kakuma, R., & Flisher, A. J. (2010). Public sector mental health systems in South Africa: Inter-provincial comparisons and policy implications. *Social Psychiatry and Psychiatric Epidemiology*, 45(3), 393–404.

<https://doi.org/10.1007/s00127-009-0078-5>

Mcneely, C. L. (1992). Focus on Value Orientations and Prescriptions Prescribing National Education Policies: The Role of International Organizations. Dalam *Comparative Education Review* (Vol. 39, Nomor 4). University of Chicago Press.

<http://www.journals.uchicago.edu/t-and-c>

Mokitimi, S., Schneider, M., & de Vries, P. J. (2018). Child and adolescent mental health policy in South Africa: History, current policy development and implementation, and policy analysis. *Internasional Journal of Mental Health Systems*, 12(1).

<https://doi.org/10.1186/s13033-018-0213-3>

Morgan, G., Campbell, J., Crouch, C., Christensen, P. H., & Whitley, R. (2010). Actors and Institutions. Dalam OXFORD HANDBOOK OF COMPARATIVE INSTITUTIONAL ANALYSIS.

<http://ssrn.com/abstract=1408664>Electroniccopyavailableat:<https://ssrn.com/abstract=1408664>

Miles, M. B., Huberman, A. M., & Saldana, J. (2014). *Qualitative Data Analysis A Methods Sourcebook* (3 ed.). SAGE.

Njie, B., & Asimiran, S. (2014). *Case Study as a Choice in Qualitative Methodology* (Vol. 4, Nomor 3). [www.iosrjournals.org](http://www.iosrjournals.org)

Noelle-Neumann, E. (1974). The Spiral of Silence: A Theory of Public Opinion. *Journal of Communication*, 24(2), 43-51. <https://doi.org/10.1111/j.1460-2466.1974.tb00367.x>

Nufus, N., Muhtar, E. A., Rusli, B., & Pancasilawan, R. (2022). Policy Implementation Of

Online Population Administration Services During The Covid19 Pandemic In Lebak Regency, Banten, Indonesia. Aliansi Jurnal Politik, Keamanan Dan Hubungan Internasional, 15-22.

Nugroho, R., Sutopo, D., & Wahyudi, A. (2021). Community participation and policy communication in Indonesia. *Indonesian Journal of Public Administration*, 10(1), 45-58.

Pangaribowo, W. S., & Hardiyanto, S. (2024, Oktober 10). Angka bunuh diri di DIY capai 52 kasus hingga Oktober 2024, apa penyebabnya? Kompas.com. Diakses dari <https://yogyakarta.kompas.com/read/2024/10/10/175827278/angka-bunuh-diri-di-diy-capai-52-kasus-hingga-oktober-2024-apa>

PUSIKNAS Polri. (2020). JURNAL DATA PUSIKNAS TAHUN 2020.

<https://pusiknas.polri.go.id/list?id=jurnal>

PUSIKNAS Polri. (2021). JURNAL DATA PUSIKNAS TAHUN 2021. 1–227.

<https://pusiknas.polri.go.id/list?id=jurnal>

PUSIKNAS Polri. (2022). JURNAL DATA PUSIKNAS TAHUN 2022. 1–334.

<https://pusiknas.polri.go.id/list?id=jurnal>

PUSIKNAS Polri. (2024). JURNAL DATA PUSIKNAS 2023.

<https://pusiknas.polri.go.id/list?id=jurnal>

Putri, A. K., Yahya, A. N. F., & Saputra, A. R. (2022). Indonesian Faculty Barriers in Providing Help to College Students in Distress. *Journal of College Student Retention: Research, Theory and Practice*, 23(4), 929–944. <https://doi.org/10.1177/1521025119880821>

Putri, P. K. (2024). GEN Z DI DUNIA KERJA : Kepibadian dan Motivasi Jadi Penentu Produktivitas Kerja. In *Jurnal Mahasiswa Ekonomi & Bisnis* (Vol.4, Issue 1)

Purwanto, E. A., & Sulistyastuti, D. R. (2012). Implementasi kebijakan publik: konsep dan aplikasinya di Indonesia. Yogyakarta: Gava Media.

Pramono, Joko 2020. Implementasi dan Evaluasi Kebijakan Publik. Unisri Press.

Przybylski, A. K., Murayama, K., DeHaan, C. R., & Gladwell, V. (2013). Motivational, emotional, and behavioral correlates of fear of missing out. *Computers in Human Behavior*, 29(4), 1841-1848.

Ramos, S. J. (2022). The Body Politic: Planning History, Design, and Public Health. *Journal*

- of Planning History, 21(1), 3–9. <https://doi.org/10.1177/15385132211021995>
- Ranade, K., Kapoor, A., & Fernandes, T. N. (2022). Mental health law, policy & program in India – A fragmented narrative of change, contradictions and possibilities. *SSM – Mental Health*, 2. <https://doi.org/10.1016/j.ssmmh.2022.100174>
- Ridlo, I. A., Administrasi, D., Kesehatan, K., Masyarakat, K., & Airlangga, U. (t.t.). Pandemi COVID19 dan Tantangan Kebijakan Kesehatan Mental di Indonesia. <https://doi.org/10.20473/jpkm.v5i12020.155-164>
- Rusmin, & Kusbandrijo, B. (2024). Implementasi Program Perencanaan, Pengendalian, dan Evaluasi Pembangunan Daerah di Bidang Rendalev Badan Perencanaan Pembangunan Daerah (BAPPEDA) Provinsi Jawa Timur Tahun 2022. *PRAJA observer: Jurnal Penelitian Administrasi Publik* (e-ISSN: 2797-0469), 4(01), 198-212.
- Sakitri, G. (2021). Selamat datang Gen Z, sang penggerak inovasi!. In *Forum Manajemen* (Vol. 35, No. 2, pp. 1-10).
- Savitri, J. A. (2019). Fear of Missing Out dan Kesejahteraan Psikologis Individu Pengguna Media Sosial di Usia Emerging Adulthood. *Acta Psychologia*, 1(1), 65-72.
- Schroth, H. (2019). Are you readu for gen Z in the workplace? *California Management Review*, 61(3), 5-18. <https://doi.org/10.1177/0008125619841006>
- Scott, A. (2002). Assessing public perception of landscape: The LANDMAP experience. *Landscape Research*, 27(3), 271–295. <https://doi.org/10.1080/01426390220149520>
- Shek, D. T. L., & Siu, A. M. H. (2019). Adolescent Mental Health Policy and Services in Hong Kong: Seven Unresolved Problems Waiting for Solutions. *Journal of Adolescent Health*, 64(6), S5–S9. <https://doi.org/10.1016/j.jadohealth.2019.01.032>
- Siahaan, C., & Adrian, D. (2021). KOMUNIKASI DALAM PERSEPSI MASYARAKAT TENTANG KEBIJAKAN PEMERINTAH DIMASA PANDEMI (Studi Kasus Pada Kebijakan Vaksin Covid-19). *Kinesik*, 8(2), 158. <https://doi.org/https://doi.org/10.22487/ejk.v8i2.159>
- Sijabat, S. G. (2022). Urgensi Kebijakan Kesehatan Jiwa menuju Indonesia Tangguh. *Konferensi Nasional Ilmu Administrasi*, 6(1).
- Siregar, N.(2022). Menentukan Model Implementasi Kebijakan Dalam Menganalisis

Penyelenggaraan Pelatihan Kepemimpinan Administrator (PKA) Jisos : Jurnal Ilmu Sosial, 1(7), 713-722.

Subarsono, A. (2013). Analisis Kebijakan Publik: Konsep, Teori dan Aplikasi Yogyakarta: Pustaka Pelajar.

Sutmasa, Y. G. (2021). Memastikan Efektivitas Implementasi Kebijakan Publik. Jurnal Ilmiah Cakrawarti, 4 (1), 25-36

Thoits, P. A. (2010). Stress and Health: Major Findings and Policy Implications. Journal of Health and Social Behavior, 51(1\_suppl), S41–S53.

<https://doi.org/10.1177/0022146510383499>

Twenge, J. M. (2017). iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy—and Completely Unprepared for Adulthood—and What That Means for the Rest of Us. Atria Books.

Van Cuilenburg, J., & McQuail, D. (2003). Media policy paradigm shifts: Towards a new communications policy paradigm. European Journal of Communication, 18(2), 181–207. <https://doi.org/10.1177/0267323103018002002>

Wahl, O. F. (2003). News media portrayal of mental illness: Implications for public policy. American Behavioral Scientist, 46(12), 1594–1600.

<https://doi.org/10.1177/0002764203254615>

Wal hidayat, T., & Nasution, I. (2019). Persepsi Publik Tentang Destinasi Pariwisata Danau Toba Sebagai Global Geopark Kaldera UNESCO. Publikauma : Jurnal Administrasi Publik Universitas Medan Area, 7(2), 88. <https://doi.org/10.31289/publika.v7i2.2943>

Weare, K., & Nind, M. (2011). Mental health promotion and problem prevention in schools: what does the evidence say? Health Promotion International, 26(suppl 1), i29–i69.

<https://doi.org/10.1093/heapro/dar075>

Wiastuti, R. D., Lestari, N. (2020). The Generation Z characteristics and hotel choices. African Journal of Hospitality, Tourism and Leisure, 9(1), 1-14

Yuliah, E. (2020). Implementasi Kebijakan Pendidikan. Jurnal At-Tadbir: Media Hukum dan Pendidikan, 30(2), 129-153.

Yusriyah, N. (2021). Fear of Missing Out (FoMO) pada Pengguna Media Sosial. Jurnal



UNIVERSITAS  
GADJAH MADA

**"Komunikasi Kebijakan Kesehatan Mental dan Persepsi Generasi Z : Studi Kasus Fakultas dan CDC Fisipol pada Mahasiswa Fakultas ISIPOL Universitas Gadjah Mada"**

Aniqa Fayyaza Hadiid, Dr. Ambar Teguh Sulistiyani, M.Si

Universitas Gadjah Mada, 2025 | Diunduh dari <http://etd.repository.ugm.ac.id/>

Psikologi, 18(2), 123-135.