



Understanding Facilitating and Barrier Factors in Help-Seeking Behavior among Young People with a History of Non-Suicidal Self-Injury (NSSI): A Qualitative Study

Farah Amalia Nastiti, Aliyaturrahmah Supriyadi, S.Psi., MHS.

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UNDERGRADUATE THESIS



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**UNDERGRADUATE PROGRAM
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An undergraduate thesis submitted in partial fulfillment of the requirements for the degree of Bachelor in Psychology, and it has been defended in front of Undergraduate Thesis Examination Board of Faculty of Psychology Universitas Gadjah Mada

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Yogyakarta, 21 March 2025

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