

TABLE OF CONTENTS

COVER PAGE	i
<i>HALAMAN SAMPUL</i>	ii
<i>HALAMAN JUDUL</i>	iii
APPROVAL SHEET	iv
ADMISSION SHEET	v
<i>PERNYATAAN BEBAS PLAGIAT</i>	vi
ACKNOWLEDGEMENTS	vii
ABSTRACT	viii
<i>INTISARI</i>	ix
TABLE OF CONTENTS	x
CHAPTER I INTRODUCTION	1
1.1 Background of Choosing the Subject	1
1.2 Research Questions	4
1.3 Objectives of the Study	5
1.4 Focus and Scope of Study	5
1.5 Literature Review	6
1.6 Theoretical Framework	9
1.6.1 Concept of Anxiety	10
1.6.2 Concept of Defense Mechanism	12
1.7 Method of Research	15
1.7.1 Method of Collecting Data	16
1.7.2 Method of Analyzing Data	16

1.8 Presentation	17
------------------------	----

CHAPTER II ANXIETIES AND DEFENSE MECHANISMS OF MARTY

MICHAELS IN <i>THE WORST THING ABOUT MY SISTER</i>	18
--	----

2.1 Anxieties Experienced by Marty	19
--	----

2.1.1 Reality Anxiety	19
-----------------------------	----

2.1.2 Neurotic Anxiety	25
------------------------------	----

2.1.3 Moral Anxiety	31
---------------------------	----

2.2 Defense Mechanisms used by Marty	38
--	----

2.2.1 Defense Mechanisms to Overcome Her Reality Anxiety	38
--	----

2.2.2 Defense Mechanisms to Overcome Her Neurotic Anxiety	40
---	----

2.2.3 Defense Mechanisms to Overcome Her Moral Anxiety	44
--	----

CHAPTER III THE EFFECTS OF MARTY'S DEFENSE MECHANISMS IN

<i>THE WORST THING ABOUT MY SISTER</i>	49
--	----

3.1 Effects of Reality Anxiety's Defense Mechanisms	49
---	----

3.1.1 Improvement of Marty's Imagination	49
--	----

3.1.2 Strained Relationships	50
------------------------------------	----

3.1.3 Hope and Empathy	51
------------------------------	----

3.2 Effects of Neurotic Anxiety's Defense Mechanisms	51
--	----

3.2.1 Prejudice	52
-----------------------	----

3.2.2 Emotional Relief and Strained Relationships	53
---	----

3.2.3 Enhances Self-empowerment and Confidence	54
--	----

3.3 Effects of Moral Anxiety's Defense Mechanisms	55
---	----

3.3.1 Continuous Judgements and Criticism	56
---	----

3.3.2 Empathy and Strained Relationships	57
3.3.3 Increased Anxiety	59
CHAPTER IV CONCLUSION.....	60
BIBLIOGRAPHY	64