



Limitasi

Limitasi dari penelitian ini adalah kurangnya representasi usia dari partisipan. Seluruh partisipan berada di golongan usia dewasa awal. Selain itu, karena beberapa wawancara dilakukan dengan metode wawancara daring, ada kemungkinan bahwa beberapa suasana atau ekspresi penting tidak dapat ditangkap secara sepenuhnya oleh peneliti.

Implikasi dan Saran

Hasil penelitian ini menunjukkan bahwa beberapa orang mengalami beberapa kejadian hidup tertentu yang dipengaruhi dari tinggal dan tumbuh bersama dengan saudara disabilitas mereka. Oleh karena itu, data dari penelitian ini menyumbang masukan terhadap pemerintah untuk membuat program yang tidak hanya berfokus kepada individu berkebutuhan khusus dan orang tua, tetapi juga untuk saudara-saudara dari individu dengan disabilitas tersebut. Program yang mungkin bisa diberlakukan oleh pemerintah dan tenaga profesional adalah mengintegrasikan konsultasi atau program pengembangan bagi orang tua dan saudara kandung saat mengantarkan adik atau kakak mereka yang pergi ke tempat terapi.

Daftar Pustaka

Alon, R. (2022). Predicting typically-developing siblings' acceptance of their sibling with ASD during emerging adulthood. *Research in Autism Spectrum Disorders*, 99, 102065. <https://doi.org/10.1016/j.rasd.2022.102065>



- Beffel, J. H., Nuttall, A. K., Vallotton, C. D., Peterson, C. A., & Decker, K. B. (2023). Influences of sibling disability and childhood caregiving experiences on interest in a disability-specific helping profession. *Children and Youth Services Review*, *146*, 106817. <https://doi.org/10.1016/j.chilyouth.2023.106817>
- Birt, L., Scott, S., Cavers, D., Campbell, C., & Walter, F. (2016). Member checking: A tool to enhance trustworthiness or merely a nod to validation? *Qualitative Health Research*, *26*(13), 1802–1811. <https://doi.org/10.1177/1049732316654870>
- Borchet, J., Lewandowska-Walter, A., Połomski, P., Peplińska, A., & Hooper, L. M. (2020). We are in this together: Retrospective parentification, sibling relationships, and self-esteem. *Journal of Child and Family Studies*, *29*, 2982–2991. <https://doi.org/10.1007/s10826-020-01723-3>
- Caroli, M. E. D., & Sagone, E. (2013). Siblings and disability: A study on social attitudes toward disabled brothers and sisters. *Procedia - Social and Behavioral Sciences*, *93*, 1217–1223. <https://doi.org/10.1016/j.sbspro.2013.10.018>
- Chatterjee, D. (2024). Understanding “eldest daughter syndrome.” *Social Science Research Network*, *12*(5). <https://doi.org/10.2139/ssrn.4832693>
- Clever Taderera, & Hall, H. (2017). Challenges faced by parents of children with learning disabilities in opuwu, namibia. *African Journal of Disability*, *6*(0), 10. <https://ajod.org/index.php/ajod/article/view/283/591>
- Creswell, J. W. (2014). *Research design : Qualitative, quantitative and mixed methods approaches*. (4th ed.). Sage Publications, Inc.
- Creswell, J. W., & Poth, C. N. (2018). *Qualitative inquiry and research design choosing among five approaches* (4th ed.). SAGE Publications.
- Dolbin-MacNab, M. L. (2006). Just like raising your own? Grandmothers’ perceptions of parenting a second time around. *Family Relations*, *55*(5), 564–575. <https://doi.org/10.1111/j.1741-3729.2006.00426.x>
- Hamwey, M. K., Rolan, E. P., Jensen, A. C., & Whiteman, S. D. (2018). “Absence makes the heart grow fonder”: A qualitative examination of sibling



- relationships during emerging adulthood. *Journal of Social and Personal Relationships*, 36(8), 2487–2506.
<https://doi.org/10.1177/0265407518789514>
- Hanvey, I., Malovic, A., & Ntontis, E. (2022). Glass children: The lived experiences of siblings of people with a disability or chronic illness. *Journal of Community & Applied Social Psychology*, 32(5).
<https://doi.org/10.1002/casp.2602>
- Heryputri, M. J., Qodariah, L., & Purba, F. D. (2022). The quality of life of sibling of children with attention deficit/hyperactivity disorder. *Jurnal Ilmiah Psikologi Terapan*, 10(2), 94–101.
<https://doi.org/10.22219/jipt.v10i2.17768>
- Hidayatun, L. (2022). Parental care in forming non-academic outstanding children with mental disabilities at SLBN banjarnegara. *International Proceedings of Nusantara Raya*, 1(1), 69–76.
<https://doi.org/10.24090/nuraicon.v1i1.105>
- Hooper, L. (2007). Expanding the discussion regarding parentification and its varied outcomes: Implications for mental health research and practice. *Journal of Mental Health Counseling*, 29(4), 322–337.
<https://doi.org/10.17744/mehc.29.4.48511m0tk22054j5>
- Kelly, S. E. (2010). Qualitative interviewing techniques and styles. *The SAGE Handbook of Qualitative Methods in Health Research*, 19, 307–326.
<https://doi.org/10.4135/9781446268247.n17>
- Kyzar, K., Brady, S., Summers, J. A., & Turnbull, A. (2018). Family quality of life and partnership for families of students with deaf-blindness. *Remedial and Special Education*, 37(1), 074193251878194.
<https://doi.org/10.1177/0741932518781946>
- Lackova Rebicova, M., Dankulincova Veselska, Z., Husarova, D., Klein, D., Madarasova Geckova, A., van Dijk, J. P., & Reijneveld, S. A. (2020). Does family communication moderate the association between adverse childhood experiences and emotional and behavioural problems? *BMC Public Health*, 20(1). <https://doi.org/10.1186/s12889-020-09350-9>



- Lam, C. B., Solmeyer, A. R., & McHale, S. M. (2012). Sibling relationships and empathy across the transition to adolescence. *Journal of Youth and Adolescence*, *41*(12), 1657–1670. <https://doi.org/10.1007/s10964-012-9781-8>
- Lara, E. B., & de los Pinos, C. C. (2017). Families with a disabled member: Impact and family education. *Procedia - Social and Behavioral Sciences*, *237*, 418–425. <https://doi.org/10.1016/j.sbspro.2017.02.084>
- Lemoine, L., & Schneider, B. (2021). Growing up with a brother or sister with down syndrome: Adult siblings' perceptions of their childhood relationships. *Journal of Intellectual & Developmental Disability*, *47*, 1–14. <https://doi.org/10.3109/13668250.2020.1855632>
- Levante, A., Martis, C., Del Prete, C. M., Martino, P., Primiceri, P., & Lecciso, F. (2024). Siblings of persons with disabilities: A systematic integrative review of the empirical literature. *Clinical Child and Family Psychology Review*. <https://doi.org/10.1007/s10567-024-00502-6>
- Levante, A., Martis, C., Maria, C., Martino, P., Pascali, F., Patrizia Primiceri, Vergari, M., & Lecciso, F. (2023). Parentification, distress, and relationship with parents as factors shaping the relationship between adult siblings and their brother/sister with disabilities. *Frontiers in Psychiatry*, *13*. <https://doi.org/10.3389/fpsy.2022.1079608>
- McKenzie Smith, M., Pinto Pereira, S., Chan, L., Rose, C., & Shafran, R. (2018). Impact of well-being interventions for siblings of children and young people with a chronic physical or mental health condition: A systematic review and meta-analysis. *Clinical Child and Family Psychology Review*, *21*(2), 246–265. <https://doi.org/10.1007/s10567-018-0253-x>
- Milevsky, A. (2016). *Sibling issues in therapy research and practice with children, adolescents and adults*. London Palgrave Macmillan Uk :Imprint: Palgrave Macmillan.
- Milevsky, A. (2019). Sibling dynamics in adulthood: a qualitative analysis. *Marriage & Family Review*, *56*(2), 1–18. <https://doi.org/10.1080/01494929.2019.1655127>



- Milevsky, A., & Singer, O. (2022). Growing up alongside a sibling with a disability: A phenomenological examination of growth and deficiency in adulthood. *Research in Developmental Disabilities, 130*, 104336. <https://doi.org/10.1016/j.ridd.2022.104336>
- Múries-Cantán, O., Schippers, A., Giné, C., & Blom-Yoo, H. (2022). Siblings of people with intellectual and developmental disabilities: a systematic review on their quality of life perceptions in the context of a family. *International Journal of Developmental Disabilities, 69*(6), 1–14. <https://doi.org/10.1080/20473869.2022.2036919>
- Múries-Cantán, O., Giné, C., Brown, R. I., Aguiar, N. B., & Schippers, A. P. (2023). Siblings of children with intellectual and developmental disabilities: Quality of life perceptions from Catalonia. *Journal of Policy and Practice in Intellectual Disabilities, 20*(2). <https://doi.org/10.1111/jppi.12451>
- Niedbalski, J. (2024). Role dynamics as evinced by typically developing siblings in the lives of brothers or sisters with profound intellectual and multiple disabilities: A qualitative study. *The Family Journal, 32*(4). <https://doi.org/10.1177/10664807241256131>
- Nisrofah, S. (2023). Examining the influence of permissive parenting on student motivation for learning. *Tadibia Islamika, 3*(1), 12–20. <https://doi.org/10.28918/tadibia.v3i1.346>
- Pak, M. (2020). A field study on the relationship between children with disabled sibling and their mothers. *Turkish Journal of Child and Adolescent Mental Health, 27*(1), 33–39. <https://doi.org/10.4274/tjcamh.galenos.2020.24633>
- Park, H. R., Moon, H., Kim, Y. S., Karkar, M., & Lee, J. (2023). A meta-analysis on adjustment difficulties in siblings of children with and without autism spectrum disorder. *International Journal of Special Education, 38*(1), 16–33. <https://doi.org/10.52291/ijse.2023.38.2>
- Phan, H. P., Ngu, B. H., & White, M. O. (2021). Introducing “holistic psychology” for life qualities: A theoretical model for consideration. *Heliyon, 7*(1). <https://doi.org/10.1016/j.heliyon.2020.e05843>



- Pietkiewicz, I., & Smith, J. A. (2014). A practical guide to using interpretative phenomenological analysis in qualitative research psychology. *Psychological Journal*, 20(1), 7–14. <https://doi.org/10.14691/CPJ.20.1.7>
- Ringo, L. S., Fajar Tri Waluyanti, & Yati Afiyanti. (2020). Pengalaman saudara kandung (sibling) dari anak penyandang disabilitas fisik dan atau intelektual. *JSS (Jurnal Scientific Solutem)*, 3(1), 38–44.
- Rum, Y., Genzer, S., Markovitch, N., Jenkins, J., Perry, A., & Knafo-Noam, A. (2022). Are there positive effects of having a sibling with special needs? Empathy and prosociality of twins of children with non-typical development. *Child Development*, 93(4). <https://doi.org/10.1111/cdev.13740>
- Shepherd, D., Goedeke, S., Landon, J., Taylor, S., & Williams, J. (2020). The impact of sibling relationships on later-life psychological and subjective well-being. *Journal of Adult Development*, 28. <https://doi.org/10.1007/s10804-020-09350-4>
- Shivers, C. M. (2019). Empathy and perceptions of their brother or sister among adolescent siblings of individuals with and without autism spectrum disorder. *Research in Developmental Disabilities*, 92, 103451. <https://doi.org/10.1016/j.ridd.2019.103451>
- Shivers, C. M., McGregor, C., & Hough, A. (2017). Self-reported stress among adolescent siblings of individuals with autism spectrum disorder and down syndrome. *Autism*, 23(1), 112–122. <https://doi.org/10.1177/1362361317722432>
- Smith, J. A., Flower, P., & Larkin, M. (2009). Interpretative phenomenological analysis: Theory, method and research. *Qualitative Research in Psychology*, 6(4), 346–347. <https://doi.org/10.1080/14780880903340091>
- Sudarji, S., & Cindy, S. (2018). Gambaran proses penerimaan saudara kandung penyandang disabilitas intelektual. *Jurnal Psikologi Ulayat*, 5(1), 28. <https://doi.org/10.24854/jpu12018-129>