



DAFTAR PUSTAKA

- Abbasi, M.A., Chertow, G.M. & Hall, Y.N., 2010. End-stage renal disease. BMJ Clinical Evidence, 2010, p.2002.
- Buchales, S.G.E., Wallbach, K.K.S., Moraes, T.P. & Pocoits-Filho, R., 2019. Hypertension in patients on dialysis: diagnosis, mechanisms, and management. Jornal Brasileiro de Nefrologia, 41(3), pp.400-411. <https://doi.org/10.1590/2175-8239-jbn-2018-0155>
- Brzezinski, W.A., 1990. Blood Pressure. In: H.K. Walker, ed. Clinical Methods: The History, Physical, and Laboratory Examinations. 3rd ed. Butterworths.
- Chen, T.K., Knicely, D.H. & Grams, M.E., 2019. Chronic Kidney Disease Diagnosis and Management: A Review. JAMA, 322(13), pp.1294-1304. <https://doi.org/10.1001/jama.2019.14745>
- Craig, C.L., Marshall, A.L., Sjöström, M., Bauman, A.E., Booth, M.L., Ainsworth, B.E., Pratt, M., Ekelund, U., Yngve, A., Sallis, J.F., Oja, P., 2003. International physical activity questionnaire: 12-country reliability and validity. Med Sci Sports Exerc., 35(8), pp.1381-95. <https://doi.org/10.1249/01.MSS.0000078924.61453.FB>
- Elliott, D.A., 2000. Hemodialysis. Clin Tech Small Anim Pract., 15(3), pp.136-148. <https://doi.org/10.1053/svms.2000.18297>
- Fritz, S., 2005. Sport & Exercise Massage. St. Louis, Missouri: Elsevier Mosby.
- Hashmi, M.F., Benjamin, O. & Lappin, S.L., 2023. End-Stage Renal Disease. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK499861/>
- Henrique, D.M., Reboredo, M.M., Chaoubah, A. & Paula, R.B., 2010. Treinamento aeróbico melhora a capacidade funcional de pacientes em hemodiálise crônica [Aerobic exercise improves physical capacity in patients under chronic hemodialysis]. Arq Bras Cardiol., 94(6), pp.823-828. <https://doi.org/10.1590/s0066-782x2010005000043>
- Inrig, J.K., Patel, U.D., Gillespie, B.S., Hasselblad, V., Himmelfarb, J., Reddan, D., Lindsay, R.M., Winchester, J.F., Stivelman, J., Toto, R. & Szczech, L.A., 2007. Relationship between interdialytic weight gain and blood pressure among prevalent hemodialysis patients. American Journal of Kidney Diseases, 50, pp.108-118, 118 e1-4.
- Inrig, J.K., Patel, U.D., Toto, R.D., Reddan, D.N., Himmelfarb, J., Lindsay, R.M., Stivelman, J., Winchester, J.F., Szczech, L.A., 2009. Decreased pulse pressure during hemodialysis is associated with improved 6-month outcomes. Kidney Int., 76(10), pp.1098-1107. <https://doi.org/10.1038/ki.2009.340>
- Iseki, K., Nakai, S., Yamagata, K., Tsubakihara, Y., 2011. Tachycardia as a predictor of poor survival in chronic haemodialysis patients. Nephrology



- Dialysis Transplantation, 26(3), pp.963-969.
<https://doi.org/10.1093/ndt/gfq507>
- Jha, V., Garcia-Garcia, G., Iseki, K., et al., 2013. Chronic kidney disease: global dimension and perspectives. Lancet, 382(9888), pp.260-272.
[https://doi.org/10.1016/S0140-6736\(13\)60687-X](https://doi.org/10.1016/S0140-6736(13)60687-X)
- Jung, T.D. & Park, S.H., 2011. Intradialytic exercise programs for hemodialysis patients. Chonnam Medical Journal, 47(2), pp.61-65.
<https://doi.org/10.4068/cmj.2011.47.2.61>
- Jeong, J.H., Biruete, A., Fernhall, B. & Wilund, K.R., 2018. Effects of acute intradialytic exercise on cardiovascular responses in hemodialysis patients. Hemodial Int., 22(4), pp.524-533. <https://doi.org/10.1111/hdi.12664>
- Kamus Besar Bahasa Indonesia. 2008. Kamus Besar Bahasa Indonesia, Edisi Keempat. Jakarta: Balai Pustaka.
- Kim, J., Yi, J.-H., Shin, J., Kim, Y.-S. & Han, S.-W., 2018. Effect of acute intradialytic aerobic and resistance exercise on one-day blood pressure in patients undergoing hemodialysis: a pilot study. The Journal of Sports Medicine and Physical Fitness, 59, pp.1-7. <https://doi.org/10.23736/S0022-4707.18.07921-5>
- KDIGO Clinical Practice Guideline for the Evaluation and Management of Chronic Kidney Disease Chapter 1: Definition and classification of CKD, 2013. Kidney International Supplements, 3(1), pp.19-62.
<https://doi.org/10.1038/kisup.2012.64>
- Moeinzadeh, F., Shahidi, S. & Shahzeidi, S., 2022. Evaluating the effect of intradialytic cycling exercise on quality of life and recovery time in hemodialysis patients: A randomized clinical trial. Journal of Research in Medical Sciences, 27, p.84. https://doi.org/10.4103/jrms.jrms_866_21
- Murdeswar, H.N. & Anjum, F., 2023. Hemodialysis. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK563296/>
- National Cancer Institute. 2021. Cancer Types and Staging [online] Available at: <https://www.cancer.gov/about-cancer/diagnosis-staging> [Accessed 17 October 2024].
- National Kidney Foundation. 2024. Ultrafiltration [online] Available at: <https://www.kidney.org/kidney-disease> [Accessed 25 November 2024].
- Notoatmodjo, S., 2005. Metodologi Penelitian Kesehatan. Jakarta: Rineka Cipta.
- Oberman, R. & Bhardwaj, A., 2022. Physiology, Cardiac. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK526089/>



- Orti, E.S., 2010. Exercise in Hemodialysis Patients: A Systematic Review. *Nefrologi*. Available at: <http://revistanefrologia.com>
- Reboredo, M.M., Pinheiro, B.V., Neder, J.A., Ávila, M.P., Araujo, E., Ribeiro, M.L., de Mendonça, A.F., de Mello, M.V., Bainha, A.C., Dondici Filho, J. & de Paula, R.B., 2010. Effects of aerobic training during hemodialysis on heart rate variability and left ventricular function in end-stage renal disease patients. *J Bras Nefrol.*, 32(4), pp.367-373.
- Rehman, S., Hashmi, M.F. & Nelson, V.L., 2022. Blood Pressure Measurement. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK482189/>
- Rhee, S.Y., Song, J.K., Hong, S.C., Choi, J.W., Jeon, H.J., Shin, D.H., Ji, E.H., Choi, E.H., Lee, J., Kim, A., Choi, S.W. & Oh, J., 2019. Intradialytic exercise improves physical function and reduces intradialytic hypotension and depression in hemodialysis patients. *Korean J Intern Med.*, 34(3), pp.588-598. <https://doi.org/10.3904/kjim.2017.020>
- Salhab, N., Karavetian, M., Kooman, J., Fiaccadori, E. & El Khoury, C.F., 2019. Effects of intradialytic aerobic exercise on hemodialysis patients: a systematic review and meta-analysis. *Journal of Nephrology*, 32(4), pp.549-566. <https://doi.org/10.1007/s40620-018-00565-z>
- Smith, D.A. & Burton, A.W., 2020. Blood pressure control in hemodialysis patients. *Current Opinion in Nephrology and Hypertension*, 29(5), pp.492-496. <https://doi.org/10.1097/MNH.0000000000000595>
- Severi, S., Cavalcanti, S., Mancini, E. & Santoro, A. 2001. Heart rate response to hemodialysis-induced changes in potassium and calcium levels. *Journal of Nephrology*, 14(6), pp.488-496. Willems, A., Faes, C. & Steuten, L., 2018. Dialysis exercise programs: systematic review and meta-analysis of their effects on clinical and quality of life outcomes. *Kidney International*, 94(3), pp.584-596. <https://doi.org/10.1016/j.kint.2018.04.014>
- Sugiyono. 2016. Metode Penelitian Kuantitatif, Kualitatif dan R&D, Cetakan ke-24. Bandung: Alfabeta.
- Soliman, H. 2015. Effect of intradialytic exercise on fatigue, electrolytes level and blood pressure in hemodialysis patients: A randomized controlled trial. *Journal of Nursing Education and Practice*, 5. Available at: <https://doi.org/10.5430/jnep.v5n11p16>
- Vaidya, S.R. & Aeddula, N.R. 2022. Chronic Renal Failure. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2023 Jan-. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK535404/>
- Vadakedath, S. & Kandi, V. 2017. Dialysis: A Review of the Mechanisms Underlying Complications in the Management of Chronic Renal Failure. *Cureus*, 9(8), e1603. Available at: <https://doi.org/10.7759/cureus.1603>



Wen, H. & Wang, L. 2017. Reducing effect of aerobic exercise on blood pressure of essential hypertensive patients: A meta-analysis. *Medicine (Baltimore)*, 96(11): e6150. Available at: <https://doi.org/10.1097/MD.0000000000006150>

Willems, A., Faes, C. & Steuten, L., 2018. Dialysis exercise programs: systematic review and meta-analysis of their effects on clinical and quality of life outcomes. *Kidney International*, 94(3), pp.584-596. <https://doi.org/10.1016/j.kint.2018.04.014>

World Health Organization (WHO), 2020. World Health Statistics 2020. WHO. Available at: https://www.who.int/health-topics/chronic-kidney-disease#tab=tab_1

Zoccali, C., Tripepi, G., Mallamaci, F. & Panuccio, V. 1997. The heart rate response pattern to dialysis hypotension in haemodialysis patients. *Nephrology Dialysis Transplantation*, 12, pp.519-523. Available at: <https://doi.org/10.1093/ndt/12.3.519>