

DAFTAR PUSTAKA

- Afiffah, N. P., & Wardani, I. Y. (2023). HUBUNGAN RESILIENSI AKADEMIK DENGAN STRES, KECEMASAN, DAN DEPRESI REMAJA SMA DI MASA PANDEMI COVID-19. *Jurnal Persatuan Perawat Nasional Indonesia (JPPNI)*, 8(1), 41-50.
- Amelasasih, P., Aditama, S., & Wijaya, M. R. (2019, July). Resiliensi akademik dan subjective well-being pada mahasiswa. In *Proceeding National Conference Psikologi UMG 2018* (Vol. 1, No. 1, pp. 161-167).
- Ariyati, P. C. (2018). Hubungan antara dukungan keluarga dengan resiliensi pada remaja di keluarga miskin (Doctoral dissertation, University of Muhammadiyah Malang).
- Aza, I. N., Atmoko, A., & Hitipeuw, I. (2019). Kontribusi dukungan sosial, self-esteem, dan resiliensi terhadap stres akademik siswa SMA (Doctoral dissertation, State University of Malang).
- Bacchi, S., & Licinio, J. (2017). Resilience and Psychological Distress in Psychology and Medical Students. *Academic Psychiatry*, 41, 185–188. <https://doi.org/10.1007/s40596-016-0488-0>.
- Bassols, A. M., Okabayashi, L. S., Silva, A. B. D., Carneiro, B. B., Feijó, F., Guimarães, G. C., ... & Eizirik, C. L. (2014). First-and last-year medical students: is there a difference in the prevalence and intensity of anxiety and depressive symptoms?. *Brazilian Journal of Psychiatry*, 36, 233-240.
- Bastaminia, A., Hashemi, F., Alizadeh, M., & Dastoorpoor, M. (2016). Resilience and Mental Health: A Study among Students at the State University of Yasuj City. *British Journal of Education, Society & Behavioural Science*, 18, 1–9. <https://doi.org/10.9734/bjesbs/2016/28885>.
- Beg, A. A., Kanwal, S., Karmani, V. K., & Anjarwala, Z. M. (2024). Resilience, coping and Personal Factors of medical students at a Public University;

Karachi, Pakistan. JPMA. The Journal of the Pakistan Medical Association, 74(1 (Supple-2)), S14-S18.

Berger, L., & Waidyaratne-Wijeratne, N. (2019). Where does resiliency fit into the residency training experience: a framework for understanding the relationship between wellness, burnout, and resiliency during residency training. Canadian Medical Education Journal, 10(1), e20.

Cassidy, S. (2016). The Academic Resilience Scale (ARS-30): A new multidimensional construct measure. Frontiers in psychology, 7, 1787

Cengiz, S., & Peker, A. (2022). Adaptation of the Academic Resilience Scale (ARS-30): Turkish version validity and reliability study. Turkish Psychological Counseling and Guidance Journal, 12(65), 215-228.

Cochran, W. G. (1977). Sampling techniques. John Wiley & Sons.

Cohen, L., Manion, L., Morrison, K., (2011). Research Methods In Education. Routledge, New York
Collison, J., Mahlberg, J. (2017). Factor Analysis and Psychometric Validation of the Body Image Disturbance Questionnaire in an Australian Undergraduate Sample. The Australian Psychological Society. doi:10.1111/ap.12293

Cui, T., Wang, C., & Xu, J. (2023). Validation of academic resilience scales adapted in a collective culture. Frontiers in Psychology, 14, 1114285.

Dahlan, S. (2016). Besar Sampel untuk Penelitian Kedokteran dan Kesehatan. Ed. 4. Jakarta: Epidemiologi Indonesia

Dahlan, S. (2018). Penelitian Diagnostik, Validitas dan Reliabilitas: Dasar-dasar Teoretis dan Aplikasi dengan Program SPSS dan Stata. Ed.2. Epidemiologi Indonesia, Jakarta. ISBN 987-602-52345-0-7

- Desrroiers, A., Klemanski, D. ., & Nolen-Hoeksema, S. (2013). Mapping mindfulness facets onto dimensions of anxiety and depression. *Behavior Therapy*, 44, 373–384. <https://doi.org/http://dx.doi.org/10.1016/j.beth.2013.02.001>.
- Dyrbye, L. N., & Shanafelt, T. D. (2011). Physician burnout: a potential threat to successful health care reform. *Jama*, 305(19), 2009-2010.
- Edwin, C. (2023). PERAN RESILIENSI AKADEMIK DALAM PENCAPAIAN PRESTASI AKADEMIK MAHASISWA KEDOKTERAN TAHUN PERTAMA (Doctoral dissertation, Universitas Gadjah Mada).
- Everall, R. D., Altrows, K. J., & Paulson, B. L. (2006). Creating a future: A study of resilience in suicidal female adolescents. *Journal of Counseling & Development*, 84(4), 461-470.
- Feist & J. Feist, 2014. *Teori Kepribadian*. Jakarta: Salemba Humanika
- Field, A. (2024). *Discovering statistics using IBM SPSS statistics*. Sage publications limited.
- Florensia, R., & Siaputra, I. B. (2023). Optimalisasi Pengukuran Resiliensi Akademik: Uji Discriminant Content Validity Pada ARS-30 Versi Indonesia. *Psycho Idea*, 21(1), 83-94.
- Friedman. (2013). *Keperawatan Keluarga*. Yogyakarta: Gosyen Publishing
- Galatzer-Levy, Isaac & Burton, Charles & Bonanno, George. (2012). Coping Flexibility, Potentially Traumatic Life Events, and Resilience: A Prospective Study of College Student Adjustment. *Journal of Social and Clinical Psychology*. 31. 542-567. 10.1521/jscp.2012.31.6.542.
- ISTIQOMAH, I. (2022). Resiliensi Akademik Dan Stres Akademik Pada Mahasiswa Yang Sedang Mengerjakan Skripsi Di Tengah Pandemi Covid-19.
- Heppe, D., Baduashvili, A., Limes, J. E., Suddarth, K., Mann, A., Gottenborg, E., ... & Connors, G. (2024). Resident burnout, wellness, professional

development, and engagement before and after new training schedule implementation. *JAMA Network Open*, 7(2), e240037-e240037.

Hendriani, W. (2017). Adaptasi positif pada resiliensi akademik mahasiswa doktoral. *Humanitas*, 14(2), 139.

Houpy, J. C., Lee, W. W., Woodruff, J. N., & Pincavage, A. T. (2017). Medical student resilience and stressful clinical events during clinical training. *Medical education online*, 22(1), 1320187.

Kumalasari, D., Luthfiyani, N. A., & Grasiawaty, N. (2020). Analisis faktor adaptasi instrumen resiliensi akademik versi Indonesia: Pendekatan eksploratori dan konfirmatori. *Jurnal Penelitian dan Pengukuran Psikologi: JPPP*, 9(2), 84-95.

ISTIQOMAH, I. (2022). Resiliensi Akademik Dan Stres Akademik Pada Mahasiswa Yang Sedang Mengerjakan Skripsi Di Tengah Pandemi Covid-19.

Kumar, B., Shah, M. A. A., Kumari, R., Kumar, A., Kumar, J., & Tahir, A. (2019). Depression, anxiety, and stress among final-year medical students. *Cureus*, 11(3).

Lin, Y. K., Lin, C. D., Lin, B. Y. J., & Chen, D. Y. (2019). Medical students' resilience: a protective role on stress and quality of life in clerkship. *BMC Medical Education*, 19, 1-9.

Maslach, C., & Leiter, M. P. (2016). Understanding the burnout experience: recent research and its implications for psychiatry. *World psychiatry : official journal of the World Psychiatric Association (WPA)*, 15(2), 103–111. <https://doi.org/10.1002/wps.20311>

Martin, A. J., & Marsh, H. W. (2003). Academic resilience and the four Cs: Confidence, control, composure, and commitment. Self-concept enhancement and learning facilitation research centre. Australia: University of Wester Sydney.

- MUHAMMAD, F. (2023). Peran Resiliensi Akademik sebagai Mediator antara Efikasi Diri Akademik dengan Kesejahteraan Psikologis Mahasiswa (Doctoral dissertation, Universitas Gadjah Mada).
- Nicoll, W. G. (2014). Developing transformative schools: A resilience-focused paradigm for education. *International Journal of Emotional Education*, 6(1), 47–65.
- Oktaviany, W. C. (2018). Perbedaan Tingkat Resiliensi Akademik Ditinjau dari Locus of Control pada Mahasiswa Akhir
- Olson, K., Kemper, K. J., & Mahan, J. D. (2015). What factors promote resilience and protect against burnout in first-year pediatric and medicine-pediatric residents?. *Journal of evidence-based complementary & alternative medicine*, 20(3), 192-198.
- Perwitasari, V. D., & Hidayat, R. (2024). Depression Level Among Neurology Resident Doctors in the Faculty of Medicine, Universitas Indonesia. *Acta Neurologica Indonesia*, 2(01).
- Pokhrel, N. B., Khadayat, R., & Tulachan, P. (2020). Depression, anxiety, and burnout among medical students and residents of a medical school in Nepal: a cross-sectional study. *BMC psychiatry*, 20, 1-18.
- Putri, I. A., & Soedibyo, S. (2016). Depression Rate of Participants of the FKUI-RSCM Child Health Specialist Doctor Education Program and Related Factors. *Sari Paediatric*, 13(1), 70-8.
- Rahimi, B., Nemati, A., Tadayon, B., Samadpour, M., & Biglarkhani, A. (2024). Challenges and solutions of medical residency: the example of Iran. *BMC Health Services Research*, 24(1), 1-10.
- Ramadianto, A. S., Kusumadewi, I., Agiananda, F., & Raharjanti, N. W. (2022). Symptoms of depression and anxiety in Indonesian medical students:

association with coping strategy and resilience. *BMC psychiatry*, 22(1), 92.

Ramezanpour, A., Kouroshnia, M., Mehryar, A., & Javidi, H. (2019). Psychometric evaluation of the academic resilience scale (ARS-30) in Iran. *Iranian Evolutionary Educational Psychology Journal*, 1(3), 144-150.

Romano, L., Consiglio, P., Angelini, G., & Fiorilli, C. (2021). Between academic ezresilience and burnout: the moderating role of satisfaction on school context relationships. *European journal of investigation in health, psychology and education*, 11(3), 770-780.

Roten, C., Baumgartner, C., Mosimann, S., Martin, Y., Donzé, J., Nohl, F., ... & Berendonk, C. (2022). Challenges in the transition from resident to attending physician in general internal medicine: a multicenter qualitative study. *BMC medical education*, 22(1), 336.

Sagone, E., & De Caroli, M. E. (2014). A correlational study on dispositional resilience, psychological well-being, and coping strategies in university students. *American journal of educational research*, 2(7), 463-471.

Sakti, H. (2020). Analisis Pengaruh Distres Psikologis Terhadap Resiliensi Mahasiswa Fakultas Psikologi Universitas Diponegoro. *Jurnal Prosiding Semnas*.

Saryono, 2010. *Metodelogi Penelitian Kesehatan*. Mitra Cendikia: Yogyakarta.

Sharma, M., & Sharma, N. (2016). The role of cognitive flexibility and resilience in academic stress among college students. *International Journal of Educational Science and Research (IJESR)*, 6(6), 29-36.

- Shields, G. S., Brown, A., & Trainor, L. A. (2017). The effect of cognitive flexibility on academic resilience. *Journal of Educational Psychology*, 109(3), 439-450.
- Sholichah, I. F., Paulana, A. N., & Fitriya, P. (2019, July). Self-esteem dan resiliensi akademik mahasiswa. In *Proceeding National Conference Psikologi UMG 2018* (Vol. 1, No. 1, pp. 191-197).
- Sousa, V. D., & Rojjanasrirat, W. 2011. Translation, adaptation and validation of instruments or scales for use in cross-cultural health care research: a clear and user-friendly guideline: Validation of instruments or scales. *Journal of Evaluation in Clinical Practice*, 17 (2): 268–274. doi: 10.1111/j.1365-2753.2010.01434.x
- Susanti, R., & Sa'adiah, R. (2023). APAKAH MAHASISWA MEMBUTUHKAN DUKUNGAN KELUARGA UNTUK MENGEMBANGKAN RESILIENSI AKADEMIK?. *Persepsi: Jurnal Riset Mahasiswa Psikologi*, 2(2), 105-114.
- Sutejo, N., Kep, S., Rahayu, N. P. P., & Kep, M. (2020). HUBUNGAN HARGA DIRI DAN SPIRITUALITAS TERHADAP RESILIENSI AKADEMIK PADA MAHASISWA KEPERAWATAN YANG SEDANG MENGERJAKAN SKRIPSI DI UNIVERSITAS 'AISYIYAH YOGYAKARTA (Doctoral dissertation, Universitas' Aisyiyah Yogyakarta).
- Srivastava, A. V., Brown, R., Newport, D. J., Rousseau, J. F., Wagner, K. D., Guzik, A., ... & Nemeroff, C. B. (2024). The role of resilience in the development of depression, anxiety, and post-traumatic stress disorder after trauma in children and adolescents. *Psychiatry research*, 334, 115772.
- Stallman, H. M. (2010). Psychological distress in university students: A comparison with general population data. 45(December), 249–257. <https://doi.org/10.1080/00050067.2010.482109>.

- Syahrinnisa, F., Zubair, A. G. H., & Saudi, A. N. A. (2022). Dukungan sosial, optimisme, dan resiliensi akademik pada mahasiswa akhir yang sedang mengerjakan skripsi. *Jurnal Psikologi Karakter*, 2(2), 186-195.
- Trigueros, R., Magaz-González, A. M., García-Tascón, M., Alias, A., & Aguilar-Parra, J. M. (2020). Validation and adaptation of the academic-resilience scale in the Spanish context. *International Journal of Environmental Research and Public Health*, 17(11), 3779.
- Taormina, R. J. (2015). Adult personal resilience: A new theory, new measure, and practical implications. *Psychological Thought*, 8(1).
- VandenBos, G. R., & Association, A. P. (2015). *APA Dictionary of Psychology*. APA Books.
- VandenBos, G. R., & Association, A. P. (2015). *APA Dictionary of Psychology*. APA Books.
- Wade, C., Tavis, C., & Garry, M. (2016). *Psikologi Jilid I*. Jakarta: Erlangga.
- Wang, Q., Sun, W., & Wu, H. (2022). Associations between academic burnout, resilience and life satisfaction among medical students: a three-wave longitudinal study. *BMC Medical Education*, 22(1), 248.