

TABLE OF CONTENTS

<i>TITLE PAGE.....</i>	<i>i</i>
<i>RATIFICATION PAGE.....</i>	<i>ii</i>
<i>AUTHENTICITY STATEMENT.....</i>	<i>iii</i>
<i>PREFACE.....</i>	<i>iv</i>
<i>TABLE OF CONTENTS.....</i>	<i>vi</i>
<i>LIST OF TABLES.....</i>	<i>ix</i>
<i>LIST OF FIGURES.....</i>	<i>ix</i>
<i>ABSTRACT.....</i>	<i>x</i>
<i>Chapter I INTRODUCTION.....</i>	<i>1</i>
A. <u>BACKGROUND</u>	<i>1</i>
B. <u>RESEARCH QUESTION</u>.....	<i>2</i>
C. <u>RESEARCH OBJECTIVES</u>	<i>3</i>
1. <u>General objective</u>	<i>3</i>
2. <u>Specific objectives</u>	<i>3</i>
D. <u>RESEARCH AUTHENTICITY</u>.....	<i>3</i>
E. <u>RESEARCH BENEFITS</u>.....	<i>6</i>
1. <u>Academic benefits</u>	<i>6</i>
2. <u>Clinical benefits</u>	<i>6</i>
<i>Chapter II LITERATURE REVIEW</i>	<i>7</i>
A. <u>BASIC THEORY</u>	<i>7</i>
1. <u>Menopause</u>	<i>7</i>
2. <u>Demographic Factors</u>	<i>11</i>
3. <u>Menopause Specific Quality of Life (MENQOL)</u>	<i>13</i>
B. <u>THEORETICAL FRAMEWORK</u>.....	<i>16</i>
C. <u>CONCEPTUAL FRAMEWORK</u>.....	<i>16</i>
<i>Chapter III RESEARCH METHODOLOGY.....</i>	<i>18</i>

A. <u>STUDY DESIGN</u>	18
B. <u>STUDY SUBJECTS</u>	18
1. <u>Sampling</u>	18
2. <u>Sample Size</u>	19
C. <u>STUDY INSTRUMENTS</u>	19
1. <u>Instrument translation</u>	20
2. <u>Instrument validation</u>	20
3. <u>Scoring and domains</u>	21
D. <u>STUDY VARIABLES</u>	21
1. <u>Independent variables</u>	21
2. <u>Dependent variables</u>	22
3. <u>Confounding variables</u>	22
E. <u>OPERATIONAL DEFINITIONS</u>	22
1. <u>Menopause symptoms</u>	22
2. <u>Education level</u>	23
3. <u>Marital status</u>	23
4. <u>Occupation</u>	23
5. <u>Quality of life</u>	23
F. <u>STUDY PROCEDURE</u>	25
1. <u>Preparation phase</u>	25
2. <u>Recruitment and data collection phase</u>	25
G. <u>DATA ANALYSIS</u>	26
H. <u>ETHICAL CONSIDERATION</u>	27
<i>Chapter IV RESULTS AND DISCUSSION</i>	28
A. <u>RESULTS</u>	28
1. <u>Demographic backgrounds</u>	28
2. <u>MENQOL responses</u>	30
3. <u>MENQOL scores</u>	32
B. <u>DISCUSSION</u>	34
1. <u>Impact of age</u>	34
2. <u>Role of education</u>	34
3. <u>Occupation and symptom severity</u>	35

4. <u>Marital status and emotional well-being</u>	35
5. <u>Cultural phenomena</u>	36
6. <u>Biases and limitations</u>	37
7. <u>Implications and recommendations</u>	38
<i>Chapter V CONCLUSIONS</i>.....	40
<i>Chapter VI BIBLIOGRAPHY</i>.....	42
<i>Chapter VII APPENDICES</i>.....	46
A. Informed Consent Forms	46
B. Background Information Form.....	49
C. MENQOL Questionnaire; Original	50
D. MENQOL Questionnaire; Translated.....	51

LIST OF TABLES

Table 1. Comparison of previous studies using MENQOL	3
Table 2. Summary of variables	23
Table 3. Participant characteristics	28
Table 4. Symptom prevalence	31
Table 5. Mean MENQOL scores (all participants averaged)	32

LIST OF FIGURES

Figure 1. The Stages of Reproductive Aging Workshop (STRAW) +10 system .	10
Figure 2. Theoretical framework	16
Figure 3. Conceptual framework	17
Figure 4. Study procedure	25
Figure 5. Spread of responses across questionnaire items	30
Figure 6. Spread of MENQOL scores (mean)	33