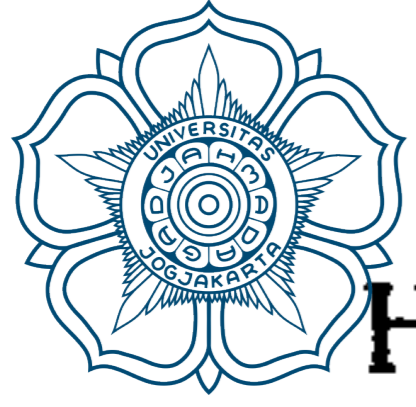
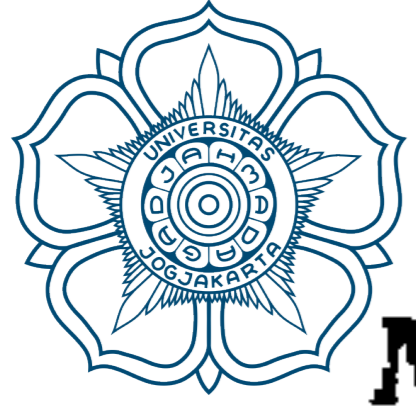




- Adiwijono dan Asdie, A.H., 1993. *Dislipidimia pada Diabetes Militus tipe II, Patofisiologi dan Pendekatan Terapi*. Berkala Ilmu Kedokteran XXV.4 : 189-201.
- AOAC, 1970. *Official Methods of Analysis*. Association of Official Analytical Chemists, Washington, D.C.
- Arbianto, P., 1977. *Arah-arrah Baru Dalam Proses Fermentasi Tempe*. Hasil Lokakarya Bahan Pangan Berprotein Tinggi. Bandung.
- Carroll, K.K. and Kurowska, E.M., 1995. *Soy Consumption and Cholesterol Reduction : Review of Animal and Human Studies*. J.Nutr.125 : 594S-597S.
- Cerny, K., 1978. *Comparative Nutritional and Clinical Aspect of the Winged Bean*. Dalam : The Winged Bean. Paper Presented in the 1st International Symposium on Developing the Potential of the Winged Bean, January 1978. Philippine Council for Agricultural Manila, Philippine.
- Eckel, W., Stone, P., Ellis, S. and Colwell, 1977. Cholesterol Determination in High Density Lipoprotein Separated by Three Different Methods. *Clin Chem*. 23 : 882-884.
- Del Valle, F.R., 1981. *Nutritional Qualities of Soya Protein as Affected by Processing*. In : Proc. of the World Conference on Soya Processing and Utilization. J. Am. Oil Chem. Soc., 58 : 419.
- Fransisco Hartono, 1986. *Menilai Daya Cerna "Protein" Tempe Lamtoro Gung (Leucaena leucocephala) secara in vivo dalam Tikus*. Jurusan Pengolahan Hasil Pertanian FTP, UGM, Yogyakarta.
- Forsythe, W.A.III., 1995. *Soy Protein, Tiroid Regulation and Cholesterol Metabolism*. J. Nutr. 125 : 619S-623S.
- Ganjar, I., 1979. *Laporan Fermentasi biji Leucaena leucephala*. Sub Bid. Mikrobiologi Makanan, Pusat Penelitian dan Pengembangan Gizi Dep. Kes. RI.
- Grundy, S.M., 1987. Monounsaturated Fatty Acids, Plasma Cholesterol, and Coronary Heart Disease. *Am J Clin Nutr*. 45: 1168-1175.
- Harper, H.A., Rodwell, V.W. and Mayes, P.A., 1979. *Review of Physiological Chemistry*, 17 ed., Lange Medical Publication. California.
- Hatorangan Pakpahan, 1986. *Pengujian Protein Efficiency Ratio "Protein" Tempe Lamtoro Gung*. Jurusan Pengolahan Hasil Pertanian, FTP, UGM, Yogyakarta.
- Henry, H., 1968. *Atherosclerosis Recent Advances*. The Company Publisher, New York.
- Hesseltine, C.W., M. Smith, B. Baddle and K.S. Dijen, 1963. *Investigation of Tempeh on Indonesian Food*. Development in Industrial Microbiology.



- I Nyoman Sukana Sabudi, 1997. *Pengaruh Tempe Sebagai Sumber Protein Terhadap Profil Lipida Pada Tikus*. Program Pasca Sarjana, UGM, Yogyakarta.
- Ihyas, N. 1975. *Kedele (Glycine max) untuk Menanggulangi Masalah Kekurangan Protein*. Proceeding Seminar Teknologi Pangan II Maret 1975. Balai Penelitian Kimia Dept. Perindustrian, Bogor.
- Ismariarsi K, 1982. *Aspek Gizi Tempe dan Perubahan Nitrogen Terlarut pada Tepung Tempe*. Jurusan PHP, FTP UGM, Yogyakarta.
- Kapti Rahayu, 1988. *Fermentasi Pangan*. PAU Pangan dan Gizi UGM, Yogyakarta.
- Karyadi, D., 1986. Nutritional Implication of Tempe in Indonesian Rural Community. Asian Symposium on *Non-Salted Soybean Fermentation*. Dalam Kasmidjo, 1990.
- Kasmidjo, R.B., 1990. *Tempe: Mikrobiologi dan Biokimia Pengolahan Serta Pemanfaatannya*. PAU Pangan dan Gizi UGM, Yogyakarta.
- Kuntaraf, J. dan Liwijaya, K., 1984. *Makanan Sehat*. Indonesia Publishing House, Bandung.
- Kurowska, E.M. and Carroll K.K., 1990. *Essential Amino Acid in Relation to Hipercholesterolemia induced in Rabbits by Dietary Casein*. *J.Nutr.*120 : 831-836.
- Linder, M.C., 1985. *Nutritional Biochemistry and Metabolism*. Elsvier Science Publishing Company, Inc., California.
- Mangkoewidjojo, S., Pranowo, J., Nitisuwirjo, S., dan Noor, Z., 1982. *Pengaruh Tempe dalam Ransum Makanan Terhadap Kadar Kolesterol dalam Serum Darah Tikus*. Laporan Penelitian, FKH UGM, Yogyakarta.
- Marsono, Y., 1987. *Studi Pembuatan Tahu Kori (Dried Frozen Tofu) dengan Variasi Bahan Pengembang*. Fakultas Pasca Sarjana, UGM, Yogyakarta.
- Mary Astuti, 1995. *Sejarah Perkembangan Tempe, Simposium Nasional Tempe*, Yogyakarta.
- Mattson, F.H. and Grundy, S.M., 1985. Comparison of Effect of Dietary Saturated, Monounsaturated, and Polyunsaturated Fatty Acids on Plasma Lipids and Lipoprotein in Man. *J. Lipid Res* 26: 194-202
- McGowan, M.W., Artiss, J.D., Standbergh, R. and Zak, 1983. A Peroxidase-Coupled Methodes for the Colorimetric Determination of Serum Triglyserides. *Clin. Chem.* 29 : 538-542
- Meyer, L.H., 1960. *Food Chemistry*. Ninth Printing. Charles E. Tuttle Company, Tokyo.
- Montgomery, R., R.L. Dryer, T.W. Conway, and A.A. Spector, 1983. *Biochemistry : A Case-Oriented Approach*. Mosby Company, Iowa.



- Panca Budi Y., 1990. *Daya Hipokolesterolemik Bakal Tempe, Tempe dan Tempe kukus*. skripsi, Jurusan Pengolahan Hasil Pertanian, FTP, UGM, Yogyakarta.
- Pellett, P.L. and Young, V.R., 1980. *Nutrition Evaluation of Protein Foods*. The United Nations University, Japan.
- Potter, M.S., 1995. *Overview of Proposed Mechanisms for the Hypocholesterolemic Effect of Soy*. J. Nutr. 35: 606S-611S.
- Rahajoe, S., 1987. *Penambahan Aktivitas Fisik Terendah untuk Menaikkan Kadar Kolesterol-HDL pada Orang-orang dengan Aktivitas Fisik Ringan sampai Sedang*. Desertasi, FKU UGM, Yogyakarta.
- Richmond, W., 1977. Cholesterol Determination. *Clin. Chem.* 19 : 1350-1354.
- Schrijver, R.D., 1990. *Cholesterol Metabolism in Mature and Immature Rats Fed Animal and Plant Protein*. J.Nutr.120 : 1624-1632.
- Shurtleff, W., and Aoyagi, A., 1979. *The Book of Tempeh*. Harper and Row Publisher, New York.
- Smith, A.K. and S.J. Circle, 1972. *Soybeans : Chemistry and Technology*. Vol. I, Avi Publishing Company Inc. Westport.
- Sudarmadji, S., B. Haryono, Suhardi, 1989. *Analisa Bahan Makanan dan Pertanian*. Penerbit Liberty, Yogyakarta.
- Suprpto, 1987. *Bertanam Kedelai*. Seri Pertanian, Penebar Swadaya, Anggota IKAPI.
- Supriyadi, 1997. *Komposisi Kimia Tempe Yang Dibuat Dengan Proses Hemat Air*. Jurusan Teknologi Hasil Pertanian, FTP, UGM, Yogyakarta.
- Tan dan Kirana, R., 1979. *Obat-obat Penting Khasiat dan Penggunaannya*. Edisi III Dirjen POM Dep. Kes RI Jakarta.
- Tri Hidayati, 1998. *Sifat-sifat Fisik dan Sensorik Tempe Yang Dibuat Dengan Proses Hemat Air*. Jurusan Teknologi Hasil Pertanian, FTP, UGM, Yogyakarta.
- Wang, H.L and C.W. Cowan, 1975. *Studies on The Extracellular Proteolytic Enzymes of *Rhizopus oligosporus**. Can. J. Microbiology. Dalam Kasimidjo, 1990.
- Winarno, F.G., 1985. *Tempe Making on Various Substrat*. Asian Symposium on Non-Salted Soybean Fermentation. Dalam Kasimidjo, 1990.
- Wolf, W.J. and J.C. Cowan, 1977. *Soybeans as a Food Source*. CRC Press. Ohio.
- Zapsalis, C. and Beck, R.A., 1986. *Food Chemistry and Nutritional Biochemistry*. Macmillan Publishing Company, New York.