



## ***Parental Attachment pada Anak Adopsi yang Mengalami Pre-Adoption Adversity***

### **Abstract.**

Parental attachment is related to children developments, including social, emotional, cognitive, and physical aspects. Good quality attachment contributes to better social-emotional intelligence, interpersonal skills, language abilities, problem-solving skills, as well as brain development in children. However, adopted children who experience pre-adoption adversity may face challenges in forming parental attachment. This study explored the quality of parental attachment in adopted children who have experienced pre-adoption adversity. This research used a qualitative method with a multiple case study approaches on two adoptive families. The data was collected from semi-structured interviews with the adopted children and their adoptive parents, and analyzed using coding reliability thematic analysis. The study found that pre-adoption adversity, such as emotional neglect and economic hardship, combined with the fact that the children were adopted as infants, did not interfere with the process of building attachment. Adopted children who experienced such adversity displayed good attachment quality across various aspects of Attachment Theory. Several components are involved in the development of attachment quality, including the adoptive parents background and adoption secrecy.

**Keywords:** *parental attachment, adopted child, pre-adoption adversity*

### **Abstrak.**

Kelekatan orang tua-anak erat kaitannya dengan perkembangan anak, baik perkembangan sosial, emosional, kognitif, maupun fisik. Kualitas kelekatan yang baik berkontribusi pada kecerdasan sosial emosional, kemampuan interpersonal, keterampilan bahasa, kemampuan pemecahan masalah, serta perkembangan otak yang lebih baik pada anak. Namun, anak adopsi yang mengalami *pre-adoption adversity* berpotensi mengalami kesulitan pada pembentukan kelekatan sehingga penelitian ini mengeksplorasi kualitas kelekatan orang tua-anak adopsi yang mengalami *pre-adoption adversity*. Penelitian ini dilakukan menggunakan metode kualitatif dengan pendekatan *multiple case study* pada dua keluarga adopsi. Data pada penelitian ini bersumber dari wawancara semi terstruktur pada anak dan orang tua angkat yang dianalisis menggunakan *coding reliability thematic analysis*. Penelitian ini menemukan bahwa *pre-adoption adversity* berupa pengabaian emosional dan kesulitan ekonomi, dikombinasikan dengan latar belakang bahwa anak diadopsi sejak bayi tidak mengganggu proses terbangunnya kelekatan. Anak adopsi dengan jenis *adversity* tersebut memiliki kualitas kelekatan yang baik ditinjau dari teori *parental attachment*. Beberapa komponen lain yang terlibat dalam perkembangan kualitas kelekatan, yaitu latar belakang orang tua angkat dan kerahasiaan adopsi.

**Kata kunci:** *parental attachment, anak adopsi, pre-adoption adversity*