

## DAFTAR PUSTAKA

- Alvarsson, J. J., Wiens, S., & Nilsson, M. E. (2010). Stress Recovery during Exposure to Nature Sound and Environmental Noise. *International Journal of Environmental Research and Public Health*, 7(3), 1036–1046. <https://doi.org/10.3390/ijerph7031036>
- Bhardwaj, S., & Hegde, S. (2022). Music and Health: Music and Its Effect on Physical Health and Positive Mental Health. In *In Sound Health: A Handbook on Sound, Music and Health* (pp. 3–20).
- Bleibel, M., Cheikh, A. El, Sadier, N. S., & Abou-Abbas, L. (2023). The effect of music therapy on cognitive functions in patients with Alzheimer's disease: a systematic review of randomized controlled trials. *Alzheimer's Research & Therapy*.
- Blesser, B., & Ruth Salter, L. (2008). *Aural Architecture: The Missing Link*. Blesser Associates.
- Blesser, B., & Salter, L.-R. (2007). *Spaces Speak, Are You Listening? Experiencing Aural Architecture*. The MIT Press.
- BPS Provinsi Daerah Istimewa Yogyakarta. (2017). *INDEKS KEBAHAGIAAN DAERAH ISTIMEWA YOGYAKARTA TAHUN 2017*.
- Brian Luke Seaward. (2017). *Managing Stress: Principles and Strategies for Health and Well-Being* (Ninth). Jones & Bartlett Learning.
- Buxton, R. T., Pearson, A. L., Allou, C., Fristrup, K., & Wittemyer, G. (2021). A synthesis of health benefits of natural sounds and their distribution in national parks. *Proceedings of the National Academy of Sciences*, 118(14). <https://doi.org/10.1073/pnas.2013097118>
- Chen, T.-H. K., Horsdal, H. T., Samuelsson, K., Closter, A. M., Davies, M., Barthel, S., Pedersen, C. B., Prishchepov, A. V., & Sabel, C. E. (2023). Higher depression risks in medium- than in high-density urban form across Denmark. *Science Advances*, 9(21). <https://doi.org/10.1126/sciadv.adf3760>
- de Magalhães Narvaez, J. C., Moreira, C. G., & da Rosa, F. R. (2017). *Crime, Illegal Drugs, and Mental Health* (pp. 169–190). [https://doi.org/10.1007/978-981-10-2327-9\\_3](https://doi.org/10.1007/978-981-10-2327-9_3)

- Dobrzyńska, E., Cesarz, H., Rymaszewska, J., & Kiejna, A. (2006). Music Therapy - History, definitions and application. *Archives of Psychiatry and Psychotherapy*, 8, 47–52.
- Eberhard, J. P. (2007). *Architecture and the Brain: A New Knowledge Base from Neuroscience*.
- Eley, R., & Gorman, D. (2008). The Didgeridoo - an Innovative Tool for Asthma Management in Indigenous Australians. *Conference: 31st Annual Rural Health Conference* 31st Annual Rural Health Conference.
- Gallace, A., Ngo, M. K., Sulaitis, J., & Spence, C. (2012). Multisensory Presence in Virtual Reality. In *Multiple Sensorial Media Advances and Applications* (pp. 1–38). IGI Global. <https://doi.org/10.4018/978-1-60960-821-7.ch001>
- Gaynor, M. L. (1999). *The Sounds of Healing: A Physician Reveals the Therapeutic Power of Sound, Voice and Music*.
- Gold, C. (2007). Music therapy improves symptoms in adults hospitalised with schizophrenia. *Evidence-Based Mental Health*, 10(3), 77–77. <https://doi.org/10.1136/ebmh.10.3.77>
- Hadjiphilippou, P. (2013). *The contribution of the five human senses towards the perception of space*. University of Nicosia.
- Heather, S. (2007). *What is Sound Healing?* (3rd ed., Vol. 7).
- Indeks Kebahagiaan Menurut Provinsi 2014-2021*. (2021).
- Kang, J. (2006). *Urban Sound Environment*. CRC Press. <https://doi.org/10.1201/9781482265613>
- Kang, J., & Zhang, M. (2010). Semantic differential analysis of the soundscape in urban open public spaces. *Building and Environment*, 45(1), 150–157. <https://doi.org/10.1016/j.buildenv.2009.05.014>
- Litman, T. A. (2023). *Urban Sanity Understanding Urban Mental Health Impacts and How to Create Saner, Happier Cities*. <https://bit.ly/36CNYnj>
- MacLachlan, D. L. C. (1989). *Philosophy of Perception (Foundations of Philosophy)*.
- Pallasma, J. (1996). *The Eyes of the Skin: Architecture and the Senses*. Wiley.
- Peen, J., Schoevers, R. A., Beekman, A. T., & Dekker, J. (2010). The current status of urban-rural differences in psychiatric disorders. *Acta Psychiatrica*

*Scandinavica*, 121(2), 84–93. <https://doi.org/10.1111/j.1600-0447.2009.01438.x>

Praveena Devi, C. B., Reddy, M. A., Zahan, O., & Sharma, J. (2019). The Effect of Stress on Human Life. *The Effect of Stress on Human Life*. <http://adalyajournal.com/>

R. Brett, E. (2015). *Binaural Architecture*. Carleton University.

R. Murray, S. (1994). *The Soundscape: Our Sonic Environment and the Tuning of the World*.

Selye, H. (1976). *Stress in Health and Disease*.

Soeiro, D. (2021). *Cities, Health and Wellbeing*. Springer International Publishing. <https://doi.org/10.1007/978-3-030-89348-4>

Spence, C. (2020). Senses of place: architectural design for the multisensory mind. *Cognitive Research: Principles and Implications*, 5(1), 46. <https://doi.org/10.1186/s41235-020-00243-4>

Torresin, S., Albatici, R., Aletta, F., Babich, F., Oberman, T., Siboni, S., & Kang, J. (2020). Indoor soundscape assessment: A principal components model of acoustic perception in residential buildings. *Building and Environment*, 182, 107152. <https://doi.org/10.1016/j.buildenv.2020.107152>

Ulrich, R. S. (1983). Aesthetic and Affective Response to Natural Environment. In *Behavior and the Natural Environment* (pp. 85–125). Springer US. [https://doi.org/10.1007/978-1-4613-3539-9\\_4](https://doi.org/10.1007/978-1-4613-3539-9_4)

Welsh Government, & the Noise Abatement Society. (2018). *SOUNDSCAPE DESIGN . Technical Advice Note (TAN) 11: Air Quality, Noise and Soundscape*.

Wilson, E. O. (1984). *Biophilia and the conservation ethic*. Harvard University Press.

WMFT. (2011). *The World Federation of Music Therapy*.