

## ABSTRAK

### GAMBARAN TINGKAT PENGETAHUAN REMAJA PUTRI DI MADRASAH ALIYAH (MA) PONDOK PESANTREN ISLAM AL-MUKMIN NGRUKI SUKOHARJO TERHADAP PERILAKU *BULLYING* TAHUN 2023

**Latar Belakang:** Perilaku *bullying* merupakan perilaku agresif yang dilakukan seseorang atau sekelompok secara sengaja dan berulang kali sehingga korban merasa tersakiti dan tertekan. Fenomena *bullying* masih marak terjadi dikalangan remaja di Indonesia. Menurut Komisi Perlindungan Anak Indonesia (KPAI) kasus perilaku *bullying* menduduki peringkat tertinggi pengaduan dari masyarakat, dalam kurun waktu 9 tahun (2011-2019) tercatat ada 2.473 laporan *bullying* yang ada di pendidikan maupun media sosial. Pusat Data dan Informasi (Pusdatin) KPAI hingga 31 Maret 2023 terdapat 64 aduan kasus kekerasan terhadap anak di satuan pendidikan. Kasus *bullying* juga marak terjadi di pondok pesantren yang ada di Indonesia. Pondok pesantren seharusnya menjadi wadah untuk menanamkan nilai-nilai keislaman dan akhlak-akhlak mulia. Perilaku *bullying* ini dapat terjadi karena pengetahuan remaja yang kurang terhadap perilaku *bullying* dan pola asuh orang tua yang keras kepada anaknya. Dampak dari *bullying* yaitu kepercayaan diri menurun, prestasi akademik menurun, mengurung diri, bahkan memiliki keinginan untuk bunuh diri.

**Tujuan Penelitian:** Mengetahui gambaran tingkat pengetahuan remaja putri di Madrasah Aliyah (MA) Pondok Pesantren Islam Al-Mukmin Ngruki Sukoharjo terhadap perilaku *bullying*.

**Metode Penelitian:** Kuantitatif deskriptif. Populasi penelitian ini adalah remaja putri kelas XI di Madrasah Aliyah (MA) Pondok Pesantren Islam Al-Mukmin Ngruki Sukoharjo. Jumlah sampel sebanyak 129 responden dengan menggunakan *total sampling*. Instrumen penelitian yang digunakan adalah kuesioner. Analisis data menggunakan analisis deskriptif.

**Hasil:** Karakteristik remaja putri di Madrasah Aliyah (MA) Pondok Pesantren Islam Al-Mukmin Ngruki Sukoharjo sebagian besar responden jurusan keagamaan dan berdomisili di luar daerah Solo. Sebagian besar remaja putri memiliki tingkat pengetahuan yang baik. Tingkat pengetahuan perilaku *bullying* berdasarkan jurusan didominasi jurusan keagamaan dan memiliki kategori baik sebanyak 57 responden (98,3%). Sedangkan berdasarkan asal daerah didominasi dari luar daerah Solo dan memiliki kategori baik sebanyak 99 responden (97,1%).

**Kesimpulan:** Sebagian besar remaja putri memiliki tingkat pengetahuan yang baik. Tingkat pengetahuan perilaku *bullying* berdasarkan jurusan didominasi jurusan keagamaan dan memiliki kategori baik. Sedangkan berdasarkan asal daerah didominasi dari luar daerah Solo dan memiliki kategori baik.

**Kata Kunci:** Tingkat Pengetahuan, Remaja Putri, Perilaku *Bullying*

## ABSTRACT

### DESCRIPTION OF THE LEVEL OF KNOWLEDGE OF FEMALE ADOLESCENTS AT THE AL-MUKMIN ISLAMIC BOARDING SCHOOL NGRUKI SUKOHARJO TOWARDS *BULLYING* BEHAVIOR IN 2023

**Background:** Bullying behavior is aggressive behavior carried out by an individual or group intentionally and repeatedly so that the victim feels hurt and depressed. The phenomenon of bullying is still rampant among adolescents in Indonesia. According to the Indonesian Child Protection Commission (KPAI), cases of bullying behavior rank highest in complaints from the public, within a period of 9 years (2011-2019) there were 2,473 reports of bullying in education and social media. The KPAI Data and Information Center (Pusdatin) until March 31, 2023 there were 64 complaints of cases of violence against children in educational units. Bullying cases are also rampant in Islamic boarding schools in Indonesia. Islamic boarding schools should be a place to instill Islamic values and noble morals. This bullying behavior can occur because adolescents lack knowledge about bullying behavior and harsh parenting patterns of parents towards their children. The impact of bullying is decreased self-confidence, decreased academic achievement, isolating oneself, and even having suicidal tendencies.

**Objective:** To determine the level of knowledge of female adolescents at the Al-Mukmin Islamic Boarding School (MA) in Ngruki Sukoharjo regarding bullying behavior.

**Method:** Descriptive quantitative. The population of this study was female adolescents in grade XI at the Islamic Senior High School (MA) of the Al-Mukmin Islamic Boarding School, Ngruki, Sukoharjo. The number of samples was 129 respondents using total sampling. The research instrument used was a questionnaire. Data analysis used descriptive analysis.

**Results:** Characteristics of female adolescents at the Islamic Senior High School (MA) of the Al-Mukmin Islamic Boarding School in Ngruki, Sukoharjo, most of the respondents majored in religious studies and lived outside the Solo area. Most of the female adolescents had a good level of knowledge. The level of knowledge of bullying behavior based on majors was dominated by religious studies and had a good category of 57 respondents (98.3%). While based on regional origin, it was dominated by those from outside the Solo area and had a good category of 99 respondents (97.1%).

**Conclusion:** Most of the female adolescents have a good level of knowledge. The level of knowledge of bullying behavior based on majors is dominated by religious majors and has a good category. While based on the area of origin, it is dominated by those from outside the Solo area and has a good category.

**Keywords:** Level of Knowledge, Adolescent Girls, Bullying Behavior