

DAFTAR PUSTAKA

- Ademas, A. *et al.* (2020) ‘Does menstrual hygiene management and water, sanitation, and hygiene predict reproductive tract infections among reproductive women in urban areas in Ethiopia?’, *PLoS ONE*, 15(8 August 2020). Available at: <https://doi.org/10.1371/journal.pone.0237696>.
- Ahmed, M.S. *et al.* (2021) ‘Association between Menstrual Hygiene Management and School Performance among the School-Going Girls in Rural Bangladesh’, *Adolescents*, 1(3), pp. 335–347. Available at: <https://doi.org/10.3390/adolescents1030025>.
- Amanda, D., Ariyanti Program Studi Kesehatan Masyarakat, F. And Ilmu Kesehatan, F. (2020) *Perilaku Menstrual Hygiene Remaja: Studi Pada Santriwati Di Pondok Pesantren Modern Kota Depok*, *Jurnal Publikasi Kesehatan Masyarakat Indonesia*.
- Ambelu, A. *et al.* (2022) ‘Safe menstrual hygiene management practice and associated factors among female adolescent students at high schools in central Ethiopia: A mixed–method study’.
- Angrainy, R. *et al.* (2021) ‘Relationship between Knowledge and Personal Hygiene Behavior during Menstruation in Adolescents Hubungan Pengetahuan Dengan Perilaku Personal Hygiene Saat Menstruasi Pada Remaja’, *Jurnal Proteksi Kesehatan*, 10(1), Pp. 49–54.
- Arrisqi, O.U. (2023) *Kejadian Menstrual Distress Pada Santriwati Pondok Pesantren: Analisis Potong Lintang Peran Menstrual Hygiene Management (MHM)*. Universitas Gadjah Mada.
- Asumah, M.N., Abubakari, A. And Gariba, A. (2022) ‘Schools Preparedness For Menstrual Hygiene Management: A Descriptive Cross-Sectional Study In The West Gonja Municipality, Savannah Region Of Ghana’, *BMJ Open*, 12(4). Available At: <https://doi.org/10.1136/bmjopen-2021-056526>.
- Ayele, E. And Berhan, Y. (2013) ‘Age At Menarche Among In-School Adolescents In Sawla Town, South Ethiopia’, *Ethiopian Journal Of Health Sciences*, 23(3), Pp. 189–200. Available At: <https://doi.org/10.4314/Ejhs.V23i3.1>.
- Aziz, A. *Et Al.* (2024) ‘A Comparative Study Of The Knowledge And Practices Related To Menstrual Hygiene Among Adolescent Girls In Urban And Rural Areas Of Sindh, Pakistan: A Cross-Sectional Study’, *Women’s Health*, 20. Available At: <https://doi.org/10.1177/17455057241231420>.

- Badan Pusat Statistik (BPS) (2010) *Peraturan Kepala Badan Pusat Statistik Nomor 37 Tahun 2010 Tentang Klasifikasi Perkotaan Dan Perdesaan Di Indonesia*. Indonesia.
- Badan Pusat Statistik (Bps) (2023) *Perempuan Dan Laki - Laki Di Indonesia 2023*.
- Belayneh, Z. and Mekuriaw, B. (2019) 'Knowledge and menstrual hygiene practice among adolescent school girls in southern Ethiopia: A cross-sectional study', *BMC Public Health*, 19(1). Available at: <https://doi.org/10.1186/s12889-019-7973-9>.
- Bhor, G. and Ponkshe, S. (2018) 'A Decentralized and Sustainable Solution to the Problems of Dumping Menstrual Waste into Landfills and Related Health Hazards in India', *European Journal of Sustainable Development*, 7(3). Available at: <https://doi.org/10.14207/ejsd.2018.v7n3p334>.
- Bhusal, C.K. (2020) 'Practice of Menstrual Hygiene and Associated Factors among Adolescent School Girls in Dang District, Nepal', *Advances in Preventive Medicine*, 2020, pp. 1–7. Available at: <https://doi.org/10.1155/2020/1292070>.
- Bobak, I (2005) *Buku ajar keperawatan maternitas*. 4th edn. Jakarta: EGC.
- Bolanle, F.Z., Ayoade, T.M. and Sola, A.O. (2021) 'Knowledge and Menstrual Hygiene Practices among Adolescent Female Apprentices in Lagelu Local Government Area, Ibadan, Nigeria', *Journal of Education, Society and Behavioural Science*, pp. 1–13. Available at: <https://doi.org/10.9734/jesbs/2021/v34i530325>.
- Budhathoki, S.S. *et al.* (2018a) 'Menstrual hygiene management among women and adolescent girls in the aftermath of the earthquake in Nepal', *BMC Women's Health*, 18(1). Available at: <https://doi.org/10.1186/s12905-018-0527-y>.
- Budhathoki, S.S. *et al.* (2018b) 'Menstrual hygiene management among women and adolescent girls in the aftermath of the earthquake in Nepal', *BMC Women's Health*, 18(1). Available at: <https://doi.org/10.1186/s12905-018-0527-y>.
- Bulto, G.A. (2021) 'Knowledge on menstruation and practice of menstrual hygiene management among school adolescent girls in central ethiopia: A cross-sectional study', *Risk Management and Healthcare Policy*, 14, pp. 911–923. Available at: <https://doi.org/10.2147/RMHP.S296670>.
- Chinyama, J. *et al.* (2019) 'Menstrual hygiene management in rural schools of Zambia: A descriptive study of knowledge, experiences and challenges faced by schoolgirls', *BMC Public Health*, 19(1). Available at: <https://doi.org/10.1186/s12889-018-6360-2>.

- Crankshaw, T.L., Strauss, M. and Gumede, B. (2020) 'Menstrual health management and schooling experience amongst female learners in Gauteng, South Africa: A mixed method study', *Reproductive Health*, 17(1). Available at: <https://doi.org/10.1186/s12978-020-0896-1>.
- Crichton, J., Ibisomi, L. and Gyimah, S.O. (2012) 'Mother-daughter communication about sexual maturation, abstinence and unintended pregnancy: Experiences from an informal settlement in Nairobi, Kenya', *Journal of Adolescence*, 35(1), pp. 21–30. Available at: <https://doi.org/10.1016/j.adolescence.2011.06.008>.
- Crofts, T. and Fisher, J. (2012) 'Menstrual hygiene in Ugandan schools: An investigation of low-cost sanitary pads', *Journal of Water Sanitation and Hygiene for Development*, 2(1), pp. 50–58. Available at: <https://doi.org/10.2166/washdev.2012.067>.
- Davis, J. *et al.* (2018) 'Menstrual hygiene management and school absenteeism among adolescent students in Indonesia: evidence from a cross-sectional school-based survey', *Tropical Medicine and International Health*, 23(12), pp. 1350–1363. Available at: <https://doi.org/10.1111/tmi.13159>.
- Dinas Kesehatan Kabupaten Pesisir Selatan (2019) *Profil Kesehatan Kabupaten Pesisir Selatan Tahun 2019 Data 2018*. Painan: Dinas Kesehatan Kabupaten Pesisir Selatan.
- Dutta, D. (2016) *Supporting the Rights of Girls and Women through Menstrual Hygiene Management (MHM) in the East Asia and Pacific Region*. Thailand.
- Elledge, M.F. *et al.* (2018) 'Menstrual hygiene management and waste disposal in low and middle income countries—a review of the literature', *International Journal of Environmental Research and Public Health*. MDPI. Available at: <https://doi.org/10.3390/ijerph15112562>.
- Fitri Kumalasari, M.L., Hadi, M.I. and Munir, M. (2019) 'Hubungan Tingkat Stres Psikologis Dengan Siklus Menstruasi Pada Mahasiswa', *Jurnal Kesehatan*, 12(2), P. 131. Available at: <https://doi.org/10.24252/kesehatan.v12i2.10842>.
- Francis, S.C. *et al.* (2018) 'Prevalence of sexually transmitted infections among young people in South Africa: A nested survey in a health and demographic surveillance site', *PLoS Medicine*, 15(2). Available at: <https://doi.org/10.1371/journal.pmed.1002512>.
- Fransisca, D. *et al.* (2020) 'Faktor-Faktor Yang Berhubungan Dengan Personal Hygiene Saat Menstruasi Pada Remaja Putri', *Prosiding Seminar Nasional STIKES Syedza Saintika* [Preprint].

- Gebre, W. *et al.* (2023) 'Assessment of menstrual hygiene management knowledge, practice, and associated factors among girls in Boset District, Ethiopia: a school-based cross-sectional study', *Contraception and Reproductive Medicine*, 8(1), p. 34. Available at: <https://doi.org/10.1186/s40834-023-00233-z>.
- Habtegiorgis, Y. *et al.* (2021) 'Menstrual hygiene practices among high school girls in urban areas in Northeastern Ethiopia: A neglected issue in water, sanitation, and hygiene research', *PLoS ONE*, 16(6 June). Available at: <https://doi.org/10.1371/journal.pone.0248825>.
- Hadi, E.N. and Diya Atiq, U. (2021a) *Journal of International Dental and Medical Research ISSN 1309-100X Menstrual Hygiene Management Clinical article, J Int Dent Med Res*. Available at: <http://www.jidmr.com>.
- Hadi, E.N. and Diya Atiq, U. (2021b) *Journal of International Dental and Medical Research ISSN 1309-100X Menstrual Hygiene Management Clinical article, J Int Dent Med Res*. Available at: <http://www.jidmr.com>.
- Hamidah, U. *et al.* (2023) 'The Impact of Water, Sanitation, Hygiene and Menstrual Education on Menstrual Hygiene Management Practices in an Urban Slum of Indonesia'. Available at: <https://doi.org/10.34416/sanitation.00007>.
- Hastuti and Putri Pramana, R. (2019) *Studi Kasus Manajemen Kebersihan Menstruasi (MKM) Siswa SD dan SMP di Indonesia*.
- Haver J. and Caruso B. (2013) *WASH in Schools Empowers Girls' Education in Masbate Province and Metro Manila, Philippines An Assessment of Menstrual Hygiene Management in Schools*. Available at: www.unicef.org/wash/schools.
- Hayati, N.H. (2019) *Pemenuhan Hak Aksesibilitas Fasilitas Penyandang Disabilitas Pada Bidang Pendidikan Di Kabupaten Sukoharjo, Res Publica*.
- House, S., Mahon, T. and Cavill, S. (2012) *A resource for improving menstrual hygiene around the world*.
- Hussein, J., Gobena, T. and Gashaw, T. (2022a) 'The practice of menstrual hygiene management and associated factors among secondary school girls in eastern Ethiopia: The need for water, sanitation, and hygiene support', *Women's Health*, 18. Available at: <https://doi.org/10.1177/17455057221087871>.
- Hussein, J., Gobena, T. and Gashaw, T. (2022b) 'The practice of menstrual hygiene management and associated factors among secondary school girls in eastern Ethiopia: The need for water, sanitation, and hygiene support', *Women's Health*, 18. Available at: <https://doi.org/10.1177/17455057221087871>.

- Idoko, L.O., Okafor, K.C. and Victoria, A.O. (2023) 'Facilities and Misconceptions Concerning Menstrual Health and Menstrual Hygiene Management among Young People in Jos, Plateau State, Nigeria', *Open Journal of Obstetrics and Gynecology*, 13(05), pp. 918–933. Available at: <https://doi.org/10.4236/ojog.2023.135079>.
- IFRC Global WASH Team (2018) 'Periods don't stop in emergencies Addressing the menstrual hygiene needs of women and girls', *Waterlines* [Preprint]. Practical Action Publishing. Available at: <https://doi.org/10.3362/1756-3488.2016.024>.
- Karjee, S., Rahaman, M. and Biswas, P.C. (2023) 'Contextualizing the socio-economic and spatial patterns of using menstrual hygienic methods among young women (15–24 years) in India: A cross-sectional study using the nationally representative survey', *Clinical Epidemiology and Global Health*, 20. Available at: <https://doi.org/10.1016/j.cegh.2023.101253>.
- Kaur, Rajanbir, Kaur, K. and Kaur, Rajinder (2018) 'Menstrual Hygiene, Management, and Waste Disposal: Practices and Challenges Faced by Girls/Women of Developing Countries', *Journal of Environmental and Public Health*. Hindawi Limited. Available at: <https://doi.org/10.1155/2018/1730964>.
- Kementerian Kesehatan (2017) *Kemenkes Tekankan Manajemen Kebersihan Menstruasi Melalui UKS*, <https://www.kemkes.go.id/id/rilis-kesehatan/kemenkes-tekanan-manajemen-kebersihan-menstruasi-melalui-uks>.
- Kementerian Pendidikan, K.R.D.T.R.I. (2022) *Pendidikan Inklusif*.
- Kementerian Pendidikan dan Kebudayaan (2020) *Sanitasi Sekolah Menengah Pertama Tahun 2019*.
- Kementerian Pendidikan Kebudayaan Riset Dan Teknologi (2020) *Pedoman Program Sanitasi Sekolah Jenjang SMP*. Jakarta: Direktorat Sekolah Menengah Pertama Direktorat Jenderal Pendidikan Anak Usia Dini, Pendidikan Dasar, dan Pendidikan Menengah Kementerian Pendidikan, Kebudayaan, Riset, dan Teknologi RI.
- Ketut, N. *et al.* (2023) *Knowledge and peer support for increase Menstrual Hygiene Management (MHM) in adolescents, Healthcare in Low-resource Settings*.
- Kpodo, L. *et al.* (2022) 'Socio-cultural factors associated with knowledge, attitudes and menstrual hygiene practices among Junior High School adolescent girls in the Kpando district of Ghana: A mixed method study', *PLoS ONE*, 17(10 October). Available at: <https://doi.org/10.1371/journal.pone.0275583>.

- Laswini, I.W. (2022) 'Pengetahuan, Sikap, dan Sumber Informasi Dengan Perilaku Personal Hygiene Saat Menstruasi Pada Remaja Putri', *SIMFISIS Jurnal Kebidanan Indonesia*, 2(1), pp. 228–236. Available at: <https://doi.org/10.53801/sjki.v2i1.55>.
- Lohr, S.L. (2019) *Sampling: Design and Analysis*. UK: CRC Press LLC.
- Maharani, R. and Andriyani, W. (2018) 'Faktoryang Berhubungan Dengan Perilaku Personal Hygiene Saat Menstruasi Pada Santriwati Di Mts Pondok Pesantren Dar El Hikmah Kota Pekanbaru', *Jurnal Kesmas*, 1(1).
- Makmun, I., Amilia, R. and Utami, S. (2022) 'Relationship of Information Media and The Role of Parents on Genital Hygiene of Students', *MIDWIFERY AND NURSING RESEARCH (MANR) JOURNAL*, 4(1). Available at: <http://ejournal.poltekkes-smg.ac.id/ojs/index.php/MANR>.
- Morgan, C. *et al.* (2017) 'Water, sanitation, and hygiene in schools: Status and implications of low coverage in Ethiopia, Kenya, Mozambique, Rwanda, Uganda, and Zambia', *International Journal of Hygiene and Environmental Health*, 220(6), pp. 950–959. Available at: <https://doi.org/10.1016/j.ijheh.2017.03.015>.
- Mourad, K.A., Habumugisha, V. and Sule, B.F. (2019) 'Assessing students' knowledge on WASH-related diseases', *International Journal of Environmental Research and Public Health*, 16(11). Available at: <https://doi.org/10.3390/ijerph16112052>.
- Mulugeta Demmu, Y. *et al.* (2023) 'Menstrual hygiene management and associated factors among adolescent school girls in gursum district, Eastern Ethiopia: Institution-based a cross-sectional study', *BMC Women's Health*, 23(1). Available at: <https://doi.org/10.1186/s12905-023-02461-6>.
- Al Mutairi, H. and Jahan, S. (2021) 'Knowledge and practice of self-hygiene during menstruation among female adolescent students in Buraidah city', *Journal of Family Medicine and Primary Care*, 10(4), p. 1569. Available at: https://doi.org/10.4103/jfmmpc.jfmmpc_2321_20.
- Narsih, U. *et al.* (2020) 'Pendidikan Kesehatan Personal Hygiene Saat Menstruasi pada Remaja Putri dengan Metode Peer Group History Article', *urnal Pengabdian Kepada Masyarakat*, 3(1). Available at: <https://doi.org/10.31960/caradde.v3i1.487>.
- Nnennaya, E.U. *et al.* (2021) 'Menstrual hygiene management among adolescent school girls in taraba state, nigeria', *African Health Sciences*, 21(2), pp. 842–851. Available at: <https://doi.org/10.4314/ahs.v21i2.45>.

- Ocviyanti, D. *et al.* (2018) *Manajemen Kebersihan Menstruasi*. Jakarta: Pimpinan Pusat Muslimat NU.
- Pande, A.S.O. and Anjani, N.K. (2022) 'Pembalut Pengelolaan Limbah Pembalut Sekali Pakai Menjadi Media Tanam Sebagai Upaya Menjaga Lingkungan di Desa Petiga, Kec. Marga, Kab. Tabanan, Provinsi Bali', *Sarwahita*, 19(02), pp. 356–363. Available at: <https://doi.org/10.21009/sarwahita.192.10>.
- Pengabdian Siliwangi, J. *Et Al.* (No Date) 'Pelatihan Pembuatan Pupuk Dari Pembalut Wanita Plus Cairan Mol Limbah Sayuran Pasar Cikurubuk Untuk Santri Pondok Pesantren Al-Mubarak Tasikmalaya'.
- Pimpinan Pusat Muslimat NU bekerjasama dengan UNICEF-Indonesia 2020 and UNICEF (2020) *Manajemen Kebersihan Menstruasi*.
- Pradhan, A. and Betti, M. (2009) *Is menstrual hygiene and management an issue for adolescent school girls? A comparative study of four schools in different settings of Nepal A WaterAid in Nepal publication*. Available at: www.wateraid.org/nepal.
- Pramana, R.P. and Dewi, R. (2019) *Menstrual Hygiene Management (MHM): A Case Study of Primary and Junior High School Students in Indonesia SMERU Research Report*. Indonesia.
- Purwoastuti *et al.* (2015) *Panduan Materi Kesehatan Reproduksi dan Keluarga Berencana*. Yogyakarta: Pustaka Baru Press.
- Rahayu, atikah *et al.* (2017) *Kesehatan Reproduksi Remaja dan Lansia*. Surabaya: Airlangga University Press.
- Rahmawati, Ira, Rahmawati, Iis and Safitri, Y.E. (2023) 'Dominant Aspects of Family Support of Menstrual Attitudes in Adolescent Girls', *Journal of Health Science and Prevention*, 7(1). Available at: <https://doi.org/10.29080/jhsp.v7i1.828>.
- Reksiwati, X.P. (2023) *Praktik Manajemen Kebersihan Menstruasi Mahasiswa: Analisis Potong Lintang Peran Fasilitas Higiene Perempuan Di Perguruan Tinggi*. Universitas Gadjah Mada.
- Rektorat Pembinaan Sekolah Dasar Direktorat Jenderal Pendidikan Dasar Dan Menengah Kementerian Pendidikan Dan Kebudayaan (2017) *Panduan Manajemen Kebersihan Menstruasi Bagi Guru Dan Orang Tua*.
- Rupe, E.R. *et al.* (2022) 'Menstrual health among adolescents and young adults in rural Haiti', *Reproductive Health*, 19(1). Available at: <https://doi.org/10.1186/s12978-022-01533-4>.

- Sahiledengle, B. *et al.* (2022) 'Menstrual hygiene practice among adolescent girls in Ethiopia: A systematic review and meta-analysis', *PLoS ONE*. Public Library of Science. Available at: <https://doi.org/10.1371/journal.pone.0262295>.
- Sarwono (2011) *Psikologi Remaja*. Edisi Revisi. Jakarta: Rajawali Pers.
- Savita, G. and Ranjitha, D. (2017) 'To Assess the Effectiveness of Planned Teaching Programme on Knowledge and Practices Regarding Menstrual Hygiene among the Adolescent Girls in Selected Govt. School of Delhi.', *International Journal of Nursing Education*, 9(3), pp. 32–137.
- Schmitt, M.L. *et al.* (2018) 'Making the case for a female-friendly toilet', *Water (Switzerland)*. MDPI AG. Available at: <https://doi.org/10.3390/w10091193>.
- Seijiinakao Hidenoriharadaa, T. (2022) *Global Environmental Studies The Sanitation Triangle Socio-Culture, Health and Materials*. Available at: <https://link.springer.com/bookseries/10124>.
- Shallo, S.A., Willi, W. and Abubeker, A. (2020) 'Factors affecting menstrual hygiene management practice among school adolescents in Ambo, western Ethiopia, 2018: A cross-sectional mixed-method study', *Risk Management and Healthcare Policy*, 13, pp. 1579–1587. Available at: <https://doi.org/10.2147/RMHP.S267534>.
- Shumie, Z.S. and Mengie, Z.A. (2022) 'Menstrual hygiene management knowledge, practice and associated factors Among School Girls, Northeast Ethiopia', *PLoS ONE*, 17(7 July). Available at: <https://doi.org/10.1371/journal.pone.0271275>.
- Singh, S., Thakur, S. and Healthcare, F. (2018) *Preconception and Prenatal Screening for common Genetic Disorders in India*. Available at: <https://www.researchgate.net/publication/339241340>.
- Siregar and Sofyan (2015) *Statistik Parametrik untuk Penelitian Kuantitatif Dilengkapi dengan Perhitungan Manual dan Aplikasi SPSS Versi 17*. Jakarta: PT. Bumi Aksara.
- Sommer, M. *et al.* (2021) 'Menstrual hygiene management in schools: midway progress update on the "MHM in Ten" 2014–2024 global agenda', *Health Research Policy and Systems*. BioMed Central Ltd. Available at: <https://doi.org/10.1186/s12961-020-00669-8>.
- Sommer, M. and Sahin, M. (2013) 'Advancing the global agenda for menstrual hygiene management for schoolgirls', *American Journal of Public Health*, 103(9), pp. 1556–1559. Available at: <https://doi.org/10.2105/AJPH.2013.301374>.

- Sultana, R., Shom, E.R. and Khatun, F. (2020) 'Menstrual hygiene practice between rural and urban high school adolescent girls in Bangladesh', *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, 9(3), p. 1039. Available at: <https://doi.org/10.18203/2320-1770.ijrcog20200871>.
- Tegegne, T.K. and Sisay, M.M. (2014) 'Menstrual hygiene management and school absenteeism among female adolescent students in Northeast Ethiopia', *BMC Public Health*, 14(1). Available at: <https://doi.org/10.1186/1471-2458-14-1118>.
- The World Bank (2022) *Menstrual Health and Hygiene*, The World Bank . Available at: <https://www.worldbank.org/en/topic/water/brief/menstrual-health-and-hygiene> (Accessed: 17 March 2023).
- Tshomo, T. *et al.* (2021) 'Menstrual Hygiene Management—Knowledge, Attitudes, and Practices Among Female College Students in Bhutan', *Frontiers in Reproductive Health*, 3. Available at: <https://doi.org/10.3389/frph.2021.703978>.
- U., L. V. *et al.* (2023) 'Exploring the salient factors influencing menstrual health and hygiene: a review', *International Journal of Reproduction, Contraception, Obstetrics and Gynecology*, 12(11), pp. 3427–3435. Available at: <https://doi.org/10.18203/2320-1770.ijrcog20233326>.
- UNESCO (2014) *Puberty Education & Menstrual Hygiene Management*. France: United Nations Educational, Scientific and Cultural Organization. Available at: <http://www.unesco.org/open-access/terms-use-ccbysa-en>.
- UNICEF (2016) *Core questions and indicators for monitoring WASH in Schools in the Sustainable Development Goals i Core questions and indicators for monitoring WASH in Schools in the Sustainable Development Goals WHO Library Cataloguing-in-Publication Data Core questions and indicators for monitoring WASH in Schools in the Sustainable Development Goals*. Available at: http://www.who.int/about/licensing/copyright_form/en/.
- UNICEF (2018) *Menstrual Hygiene Management Of Adolescent School Girls And Nuns Menstrual Hygiene Management Of Adolescent School Girls And Nuns Kap (Knowledge, Attitude And Practices) Of Menstrual Hygiene Management by Adolescent school-going girls and nuns in Bhutan*. Bhutan.
- UNICEF (2019) *Guidance on Menstrual Health and Hygiene*. 1st edn. New York: UNICEF. Available at: www.unicef.org/wash.
- Unicef (2019) *Guidance on Menstrual Health and Hygiene*. New York: Unicef. Available at: www.unicef.org/wash.

UNICEF (2020a) *Guidance for monitoring menstrual health and hygiene (version 1)*. New York: UNICEF.

UNICEF (2020b) *School Water, Sanitation and Hygiene Assessment MAIN REPORT Tanzania*. Tanzania.

Upashe, S.P., Tekelab, T. and Mekonnen, J. (2015) 'Assessment of knowledge and practice of menstrual hygiene among high school girls in Western Ethiopia', *BMC Women's Health*, 15(1). Available at: <https://doi.org/10.1186/s12905-015-0245-7>.

USAID (2022) *MENSTRUAL HEALTH AND HYGIENE*. Washington,DC: USAID.

vilasari, asasih (2021) *Fisiologi Menstruasi*. pertama. Jawa Timur: Strada Press.

Water Aid (2015) *Training guide for practitioners Menstrual hygiene matters*. Available at: www.wateraid.org/mhm.

WHO (2023) *Adolescent health, WHO*. Available at: https://www.who.int/health-topics/adolescent-health#tab=tab_1 (Accessed: 30 June 2023).

Wihdaturrahmah and Chuemchit, M. (2023) 'Determinants of Menstrual Hygiene Among Adolescent School Girls in Indonesia', *International Journal of Women's Health*, 15, pp. 943–954. Available at: <https://doi.org/10.2147/IJWH.S400224>.

Wilbur, J. *et al.* (2019) 'Systematic review of menstrual hygiene management requirements, its barriers and strategies for disabled people', *PLoS ONE*, 14(2). Available at: <https://doi.org/10.1371/journal.pone.0210974>.

World Bank (2018) *Menstrual Hygiene Management Enables Women and Girls to Reach Their Full Potential*, <https://www.worldbank.org/en/news/feature/2018/05/25/menstrual-hygiene-management>.

