

**LIFESTYLE AND MENTAL HEALTH AS RISK FACTORS FOR INCIDENTS OF
HYPERTENSION AMONG YOUNG ADULTS IN YOGYAKARTA**

THESIS

**Master of Nursing
Joint-Degree Master Program**

The Concern of Medical-Surgical Nursing



**Submitted by:
ANINDITA FARDA KHUSNIA
21/485107/PKU/19616**

**POSTGRADUATE PROGRAM
FACULTY OF MEDICINE, PUBLIC HEALTH, AND NURSING
UNIVERSITAS GADJAH MADA
2024**



UNIVERSITAS
GADJAH MADA

Lifestyle and Mental Health as Risk Factors for Incidents of Hypertension among Young Adults in Yogyakarta
Anindita Farda Khusnia, Khudazi Aulawi, S.Kp., M.Kes., MN.Sc., Ph.D; Professor Hsiu Ting Tsai, R.N, Ph.D
Universitas Gadjah Mada, 2024 | Diunduh dari <http://etd.repository.ugm.ac.id/>

THESIS

LIFESTYLE AND MENTAL HEALTH AS RISK FACTORS FOR INCIDENTS OF HYPERTENSION AMONG YOUNG ADULTS IN YOGYAKARTA

Dipersiapkan dan disusun oleh:

ANINDITA FARDA KHUSNIA

Dipertahankan di depan Dewan Penguji

Pada tanggal **29 Juli 2024**

Susunan Dewan Penguji

Pembimbing Utama

Khudazi Aulawi, S.Kp., M.Kes., MN.Sc., Ph.D.

Ketua Dewan Penguji

Sri Warsini, S.Kep.,Ns.,M.Kes.,Ph.D.

Pembimbing Pendamping

Tsai, Hsiu Ting

Professor Hsiu-Ting Tsai, RN., Ph.D.

Anggota Dewan Penguji

Dr. Heny Suseani Pangastuti, S.Kp., M.Kes.

Tesis ini telah diterima sebagai salah satu persyaratan untuk memperoleh gelar Magister pada
Program Pascasarjana Fakultas Kedokteran, Kesehatan Masyarakat, dan Keperawatan
Universitas Gadjah Mada

Tanggal, Juli 2024

Sri Hartini, S.Kep., Ns., M.Kes., Ph.D.

Ketua Program Studi Magister Keperawatan