

Daftar Pustaka

- Aisyiyah, B., & Suprpti, V. (2021). Pengaruh mindfulness terhadap psychological well-being pada emerging adulthood. *Buletin Riset Psikologi dan Kesehatan Mental*, 1(1), 359–369. <http://e-journal.unair.ac.id/index.php/BRPKM>
- Amanda, S. F., & Sulistiasih. (2024). Hubungan antara kontrol diri dengan celebrity worship pada penggemar K-POP dewasa awal di Kota Bekasi. *Journal on Teacher Education*, 5(3), 156–164.
- Amri, W. A. (2020). Kpop fans fanaticism in social media Instagram. *International Journal of Cultural and Social Science*, 1(1), 25–34.
- Annisa, F., Widayanti, D. A., Salisa, S. S., & Harisuci, T. C. (2023). War fandom: Regulasi emosi pada perilaku fanatisme penggemar K-pop. *Jurnal Humaniora Multidisipliner*, 7(4), 13–23.
- Arnett, J. J. (2000). Emerging adulthood: A theory of development from the late teens through the twenties. *American Psychologist*, 55(5), 469–480. <https://doi.org/10.1037/0003-066X.55.5.469>
- Azzahra, M. S., & Ariana, A. D. (2021). Psychological wellbeing penggemar K-Pop dewasa awal yang melakukan celebrity worship. *Buletin Riset Psikologi dan Kesehatan Mental*, 1(1), 137–148. <http://e-journal.unair.ac.id/index.php/BRPKM>
- Brooks, S. K. (2021). FANatics: Systematic literature review of factors associated with celebrity worship, and suggested directions for future research. *Current Psychology*, 40(2), 864–886. <https://doi.org/10.1007/s12144-018-9978-4>
- Brown, W. J. (2015). Examining four processes of audience involvement with media personae: Transportation, parasocial interaction, identification, and worship. *Communication Theory*, 25(3), 259–283. <https://doi.org/10.1111/comt.12053>
- CNN Indonesia. (2022, Januari 26). Indonesia jadi negara dengan K-Poper terbesar di Twitter. CNN Indonesia.
- Collisson, B., McCutcheon, L. E., Edman, J., & Johnston, M. (2022). Gender, age, marital status, and selection of a favorite celebrity of the opposite gender. *Current Psychology*, 41(4), 1936–1942. <https://doi.org/10.1007/s12144-020-00715-2>
- Dewi, D. P. K. S., & Indrawati, K. R. (2019). Gambaran celebrity worship pada penggemar K-Pop usia dewasa awal di Bali. *Jurnal Psikologi Udayana*, 6(2), 291–300.

- Dhia, A. T. (2022). Hubungan antara distress psikologis dan celebrity worship pada penggemar K-pop emerging adulthood di Indonesia: peran maladaptive daydreaming sebagai mediator [Skripsi]. Universitas Indonesia.
- Distina, P. P. (2019). Pengembangan dimensi psychological well-being untuk pengurangan risiko gangguan depresi. *Mawaizh: Jurnal Dakwah dan Pengembangan Sosial Kemanusiaan*, 10(1), 39–59.
<https://doi.org/10.32923/maw.v10i1.768>
- Eliani, J., Yuniardi, M. S., & Masturah, A. N. (2018). Fanatisme dan perilaku agresif verbal di media sosial pada penggemar idola K-pop. *Psikohumaniora: Jurnal Penelitian Psikologi*, 3(1), 59–72.
- Fauzia, D. R. (2022). Peran komunikasi keluarga terhadap psychological well-being individu dewasa awal [Skripsi]. Universitas Gadjah Mada.
- Gleason, T. R., Theran, S. A., & Newberg, E. M. (2017). Parasocial interactions and relationships in early adolescence. *Frontiers in Psychology*, 8.
<https://doi.org/10.3389/fpsyg.2017.00255>
- Greenwood, D., McCutcheon, L. E., Collisson, B., & Wong, M. (2018). What's fame got to do with it? Clarifying links among celebrity attitudes, fame appeal, and narcissistic subtypes. *Personality and Individual Differences*, 131, 238–243.
<https://doi.org/10.1016/j.paid.2018.04.032>
- Gross, J. 1, & Muaoz, R. F. (1995). Emotion regulation and mental health. *Clinical Psychology: Science and Practice*, 2(2), 151–164.
- Gumelar, S. A., Almaida, R., & Laksmiwati, A. A. (2021). Dinamika psikologis fangirl k-pop. *Cognicia*, 9(1), 17–24.
<https://doi.org/10.22219/cognicia.v9i1.15059>
- Hardjo, S., Aisyah, S., & Mayasari, S. I. (2020). Bagaimana psychological well being pada remaja? Sebuah analisis berkaitan dengan faktor meaning in life. *JURNAL DIVERSITA*, 6(1), 63–76.
<https://doi.org/10.31289/diversita.v6i1.2894>
- Hartmann, T. (2016). Parasocial interaction, parasocial relationships, and well-being. Dalam L. Reinecke & M. B. Oliver (Ed.), *The Routledge Handbook of Media Use and Well-Being* (hlm. 131–144). Routledge.
- Herman, T. (2020, September 21). 10 years On, twitter is shaping the spread Of K-pop. *Forbes*.
- Hidayati, I. A., & Sari, L. K. (2023). Hubungan kontrol diri dengan celebrity worship pada mahasiswa penggemar K-pop. *Psycho Idea*, 21(5), 153–165.

- Huppert, F. A. (2009). Psychological well-being: Evidence regarding its causes and consequences. *Applied Psychology: Health and Well-Being*, 1(2), 137–164. <https://doi.org/10.1111/j.1758-0854.2009.01008.x>
- Hurlock, E. B. (2017). Psikologi perkembangan suatu pendekatan sepanjang rentang kehidupan (5th ed.). Erlangga.
- Indriani, N., & Kusuma, R. S. (2022). Interaksi sosial fandom ARMY di media sosial Weverse. *Jurnal Komunikasi Global*, 11(2), 206–226.
- Ingkeatubun, D. A. A., Sukiatni, D. S., & Kusumandari, R. (2024). Kontrol diri dan celebrity worship pada wanita penggemar k-pop usia dewasa awal. *Sukma: Jurnal Penelitian Psikologi*, 5(1), 148–155.
- Jenol, N. A. M., & Pazil, N. H. A. (2020). Escapism and motivation: Understanding K-pop fans well-being and identity. *Malaysian Journal of Society and Space*, 16(4). <https://doi.org/10.17576/geo-2020-1604-25>
- Jin, S., Lee, S., & Lee, H. (2024). How do fandom types differ? A taxonomy of K-pop fandom with network embedding. *Entertainment Computing*, 52. <https://doi.org/10.1016/j.entcom.2024.100767>
- Jung, S. (2011). K-pop, Indonesian fandom, and social media. *Transformative Works and Cultures*, 8.
- Juniarti, I., & Primanita, R. Y. (2023). Hubungan kontrol diri dengan celebrity worship pada penggemar Kpop. *Jurnal Psikologi dan Konseling*, 5(2), 4294–4302.
- Kurniasari, E., Rusmana, N., & Budiman, N. (2019). Gambaran umum kesejahteraan psikologis mahasiswa Universitas Pendidikan Indonesia. *Journal of Innovative Counseling: Theory, Practice & Research*, 3(2), 52–58. http://journal.umtas.ac.id/index.php/innovative_counseling
- Kusumawardani, V., & Agustina. (2022). Perilaku celebrity worship dan psychological well-being pada remaja penggemar NCT di masa pandemi. *Jurnal Muara Ilmu Sosial, Humaniora, dan Seni*, 6(3), 625–633. <https://doi.org/10.24912/jmishumsen.v6i3.19442>
- Laksono, A. P., & Noer, A. H. (2021). Idolaku, sumber intimacy-ku: Dinamika celebrity worship dan tugas perkembangan dewasa awal pecinta Kpop. *Jurnal Psikologi*, 17(2), 139–156.
- Li, C., Yang, T., Liu, H., & Li, X. (2023). A para-social perspective: The influence of idol worship on fans' tourism decision-making. *Journal of Travel Research*. <https://doi.org/10.1177/00472875231207860>

- Maharani, A. D. Ma., & Rahmasari, D. (2022). Gambaran psikologis celebrity worship pada penggemar BTS (BANGTAN BOYS). *Character: Jurnal Penelitian Psikologi*, 9(8), 34–34.
- Maltby, J., Day, L., McCutcheon, L. E., Gillett, R., Houran, J., & Ashe, D. D. (2004). Personality and coping: A context for examining celebrity worship and mental health. *British Journal of Psychology*, 95(4), 411–428.
<https://doi.org/10.1348/0007126042369794>
- Maltby, J., Day, L., McCutcheon, L. E., Houran, J., & Ashe, D. (2006). Extreme celebrity worship, fantasy proneness and dissociation: Developing the measurement and understanding of celebrity worship within a clinical personality context. *Personality and Individual Differences*, 40(2), 273–283.
<https://doi.org/10.1016/j.paid.2005.07.004>
- Maltby, J., Giles, D. C., Barber, L., & McCutcheon, L. E. (2005). Intense-personal celebrity worship and body image: Evidence of a link among female adolescents. *British Journal of Health Psychology*, 10(1), 17–32.
<https://doi.org/10.1348/135910704X15257>
- Maltby, J., Houran, J., Lange, R., Ashe, D., & McCutcheon, L. E. (2002). Thou shalt worship no other gods-unless they are celebrities: The relationship between celebrity worship and religious orientation. *Personality and Individual Differences*, 32, 1157–1172.
- Maltby, J., Houran, J., & Mccutcheon, L. E. (2003). A clinical interpretation of attitudes and behaviors associated with celebrity worship. *The Journal of Nervous and Mental Disease*, 191(1), 25–29.
- Maltby, J., McCutcheon, L. E., Ashe, D. D., & Houran, J. (2001). The self-reported psychological well-being of celebrity worshippers. *North American Journal of Psychology*, 3(3), 441–452.
<https://www.researchgate.net/publication/233858367>
- McCutcheon, L. E., Aruguete, M., Mccarley, N. G., & Jenkins, W. J. (2016). Further validation of an indirect measure of celebrity stalking. *Journal of Studies in Social Sciences*, 14(1), 75–91.
- McCutcheon, L. E., Ashe, D. D., Houran, J., & Maltby, J. (2003). A cognitive profile of individuals who tend to worship celebrities. *Journal of Psychology: Interdisciplinary and Applied*, 137(4), 309–322.
<https://doi.org/10.1080/00223980309600616>
- McCutcheon, L. E., Lange, R., & Houran, J. (2002). Conceptualization and measurement of celebrity worship. *British Journal of Psychology*, 93, 67–87.
<https://doi.org/https://doi.org/10.1348/000712602162454>

- Munica, R. (2021). Gambaran celebrity worship terhadap idola-Kpop pada mahasiswa selama pandemi Covid-19. *Journal of Multidisciplinary Research and Development*, 4(1), 90–98. <https://doi.org/10.38035/rrj.v4i1>
- Muslimah, M. A. (2021). Hubungan gender dalam celebrity worship [Skripsi]. Universitas Muhammadiyah Surakarta.
- Nabilla, P. (2023). Hubungan celebrity worship dan psychological well-being pada penggemar K-pop di Jabodetabek. *Jurnal Psikologi Malahayati*, 5(2), 300–314.
- Nawardi, L., Sahrani, R., & Basaria, D. (2020). Quality of life of early adults that become celebrity worshipers. *Advances in Social Science, Education and Humanities Research*, 439, 695–700.
- Nurohmah, Y. F., & Prakoso, H. (2019). Hubungan psychological well being dan celebrity worship pada anggota fansclub EXO di Bandung. *Seminar Penelitian Sivitas Akademika Unisba*, 5(1), 181–186.
- Panggabean, T., Wulandari, N. W., & Taufiqurrahman. (2024). Adolescent aggressiveness of Korean pop fans viewed from celebrity worship tendencies. *Psikologia: Jurnal Pemikiran dan Penelitian Psikologi*, 19(1), 42–47. <https://doi.org/10.32734/psikologia.v19i1.14247>
- Pohan, S., & Gustina, Z. N. (2023). Fenomena fanwar dan fanatisme antar fandom K-pop di media sosial Twitter. *SEMAR: Jurnal Sosial dan Pengabdian Masyarakat*, 1(3), 10–16. <https://doi.org/10.59966/semar.v1i02.280>
- Rahma, M. D., & Fauzi, A. M. (2023). Fanatisme remaja penggemar musik populer Korea (K-pop) pada budaya K-pop dalam komunitas Exo-L di Surabaya. *Paradigma*, 12(1), 130–140.
- Raviv, A., Bar-Tal, D., Raviv, A., & Ben-Horin, A. (1996). Adolescent idolization of pop singers: Causes, expressions, and reliance. *Journal of Youth and Adolescence*, 25(5), 631–650.
- Renita, D. D., Purwandari, D. A., & Istiqomah, N. (2024). Bentuk interaksi parasosial pada penggemar K-pop melalui media sosial X. *Jurnal Penelitian dan Karya Ilmiah*, 2(3), 105–113. <https://doi.org/10.59059/mutiara.v2i3.1264>
- Ryan, R. M., & Deci, E. L. (2001). On happiness and human potentials: A review of research on hedonic and eudaimonic well-being. *Annual Review of Psychology*, 52(1), 141–166.
- Ryff, C. D. (1989). Happiness is everything, or is it? Explorations on the meaning of psychological well-being. *Journal of Personality and Social Psychology*, 57(6), 1069–1081.

- Ryff, C. D. (1995). Psychological well-being in adult life. *Current Directions in Psychological Science*, 4(4), 99–104.
<https://doi.org/10.1111/1467-8721.ep10772395>
- Ryff, C. D., & Singer, B. (1996). Psychological well-being: Meaning, measurement, and implications for psychotherapy research.
- Ryff, C. D., & Singer, B. (2003). Flourishing under fire: Resilience as a prototype of challenged thriving. Dalam C. L. M. Keyes & J. Haidt (Ed.), *Flourishing: Positive psychology and the life well-lived* (hlm. 15–36). American Psychological Association.
- Sansone, R. A., & Sansone, L. A. (2014). “I’m Your Number One Fan” — A clinical look at celebrity worship. *Innovations in clinical neuroscience*, 11(1–2), 39–43.
- Santrock, J. W. (2019). *Life-span development* (17th ed.). McGraw-Hill Education.
- Shofa, M. (2017). *Gambaran psikologis celebrity worship pada dewasa awal (Studi kasus mahasiswa penggemar Korean pop)* [Skripsi]. Universitas Islam Negeri Maylana Malik Ibrahim Malang.
- Sumirna, W. O., Maulana, H. F., & Putra, M. R. A. (2023). Hubungan parasosial antara fangirl dan selebriti K-pop. *JIMPS: Jurnal Ilmiah Mahasiswa Pendidikan Sejarah*, 8(3), 1612–1626.
<https://doi.org/10.24815/jimps.v8i3.25238>
- Suryani, G. D., & Chizanah, L. (2023). *Pemujaan selebritas pada penggemar K-pop*. Dalam A. F. Helmi & K. K. Yuliarso (Ed.), *Riset-riset dalam cyberpsychology* (1st ed.). ZAHIR PUBLISHING.
- Tansy, S., & Kuniawati, M. (2023). Pengaruh celebrity worship syndrome terhadap psychological well-being Army BTS. *Journal Of Social Science Research*, 3(6), 5796–5805.
- Triadanti. (2019, Februari 26). Jadi gaya hidup, benarkah fans KPop kaya raya atau cuma modal kuota? . IDN Times.
- Utami, F. R., Sitasari, N. W., & Rozali, Y. A. (2021). Hubungan kontrol diri dengan celebrity worship pada ARMY BTS dewasa awal. *Psychommunity*, 43–53.
- Valenciana, C., & Pudjibudojo, J. K. K. (2022). Korean wave; Fenomena budaya pop Korea pada remaja milenial di Indonesia. *Jurnal Diversita*, 8(2), 205–214.
<https://doi.org/10.31289/diversita.v8i2.6989>
- Wong, K. Y. J. (2018). No more taboo: Discursive tactics for navigating the taboo of cosmetic surgery. *Global Media and China*, 3(4), 271–296.
<https://doi.org/10.1177/2059436418816649>

- Zsila, Á., McCutcheon, L. E., & Demetrovics, Z. (2018). The association of celebrity worship with problematic Internet use, maladaptive daydreaming, and desire for fame. *Journal of Behavioral Addictions*, 7(3), 654–664.
<https://doi.org/10.1556/2006.7.2018.76>
- Zsila, Á., Orosz, G., McCutcheon, L. E., & Demetrovics, Z. (2021). Individual differences in the association between celebrity worship and subjective well-being: The moderating role of gender and age. *Frontiers in Psychology*, 12.
<https://doi.org/10.3389/fpsyg.2021.651067>
- Zsila, Á., Urbán, R., McCutcheon, L. E., & Demetrovics, Z. (2019). A path analytic review of the association between psychiatric symptoms and celebrity worship: The mediating role of maladaptive daydreaming and desire for fame. *Personality and Individual Differences*, 151.
<https://doi.org/10.1016/j.paid.2019.109511>
- Zulkarnain, A. R. M., & Suharyono, K. N. I. (2022). K-pop and contemporary cultural diplomacy: The influence of K-pop idol Neo Culture Technology (NCT) on Indonesia's cultural diplomacy in the digital age. *Hasanuddin Journal of Strategic and International Studies (HJSIS)*, 1(1), 45–54.
<https://doi.org/10.20956/hjsis.v1i1.24862>