

## DAFTAR PUSTAKA

- Agastiya, I. M. C. (2022). *Pengaruh Hemodialysis Care Line Terhadap Manajemen Diri Pada Pasien Yang Menjalani Hemodialisis Di Unit Hemodialisa RSUD Tabanan (Master's Thesis)*. Universitas Gadjah Mada.
- Agustiani, W., Wijayati, S., & Jauhar, M. (2020). Evaluasi Psikoedukasi Terhadap Peningkatan Kualitas Hidup Pasien Gagal Ginjal Kronik: Kajian Literatur. *Jurnal Kesehatan, Kebidanan, Dan Keperawatan*, 14(1), 120–138. <http://ejournal.uhb.ac.id/index.php/VM/article/download/526/474>
- Alligood, M. (2018). Nursing theorists and their work. In *Journal of Hospital Librarianship* (Vol. 18, Issue 1).
- Ameh, O., Ekrikpo, U., Bello, A., & Okpechi, I. (2020). Current Management Strategies of Chronic Kidney Disease in Resource-Limited Countries. *International Journal of Nephrology and Renovascular Disease, Volume 13*, 239–251. <https://doi.org/10.2147/IJNRD.S242235>.
- Anjum, HN Murdeshwar, F. (2023). *Hemodialysis*. StatPearls [Internet]. <https://www.ncbi.nlm.nih.gov/books/NBK563296/#article-22725.s4>
- Arifah, N. N., Yusuf, A., & Kartini, Y. (2019). The Influence of Spiritual Guided Imaginary on Anxiety to Hemodialysis Patients in The Syarifah Ambami Ratu Ebu Bangkalan Regional General Hospital. *Surabaya International Health Conference*, 144–149.
- Artiany, S., & Gamayana Trimawang Aji, Y. (2021). Gambaran Komorbid pada Pasien Hemodialisis di Rumah Sakit Angkatan Udara (RSAU) drEsnawan Antariksa. *Jurnal Keperawatan Cikini*, 2(2), 1–6. <https://doi.org/10.55644/jkc.v2i2.57>
- Astuti, P., & Herawati, T. (2019). Hubungan Pengetahuan, Efikasi Diri dan Dukungan Keluarga dengan Self Management Pasien Hemodialisis di Kota Bekasi. *Journal of Nursing and Health*, 2(1), 32–38. <https://doi.org/10.25099/jnh.vol2.iss1.25>
- Astuti, P., Herawati, T., & Kariasa, I. made. (2018). Faktor-faktor yang Berhubungan Dengan Self Management pada Pasien Hemodialisis di Kota Bekasi. *Health Care Nursing Journal*, 1(1), 1–12. <https://journal.umtas.ac.id/>
- Aujoulat, I., Marcolongo, R., Bonadiman, L., & Deccache, A. (2008). Reconsidering patient empowerment in chronic illness: a critique of models of self-efficacy and bodily control. *Social Science & Medicine* (1982), 66(5), 1228–1239. <https://doi.org/10.1016/j.socscimed.2007.11.034>.
- Beaton, D. E., Bombardier, C., Guillemin, F., & Ferraz, M. B. (2000). Guidelines for the process of cross-cultural adaptation of self-report measures. *Spine*, 25(24), 3186–3191. <https://doi.org/10.1097/00007632-200012150-00014>
- Bonner, A., Havas, K., Douglas, C., Thepha, T., Bennett, P., & Clark, R. (2014). Self-management programmes in stages 1-4 chronic kidney disease: a literature review. *Journal of Renal Care*, 40(3), 194–204. <https://doi.org/10.1111/jorc.12058>.
- Bora, S. T., Buldukoğlu, K., & Bailey, D. E. (2022). Effectiveness of an Uncertainty Management Psychoeducation Program for Schizophrenia Caregivers: A

- Randomized Controlled Trial. *Journal of the American Psychiatric Nurses Association*. <https://doi.org/10.1177/10783903221141890>.
- Bowling, C. B., Vandenberg, A. E., Phillips, L. S., McClellan, W. M., Johnson, T. M. 2nd, & Echt, K. V. (2017). Older Patients' Perspectives on Managing Complexity in CKD Self-Management. *Clinical Journal of the American Society of Nephrology: CJASN*, 12(4), 635–643. <https://doi.org/10.2215/CJN.06850616>.
- Braun, M. M., & Khayat, M. (2021). Kidney Disease: Chronic Kidney Disease. *FP Essentials*, 509(Suppl 1), 20–25.
- Cattell, R. B. (1978). *The Scientific Use of Factor Analysis in Behavioral and Life Sciences* (1st ed.). Springer.
- Checton, M. G., & Greene, K. (2012). Beyond initial disclosure: the role of prognosis and symptom uncertainty in patterns of disclosure in relationships. *Health Communication*, 27(2), 145–157. <https://doi.org/10.1080/10410236.2011.571755>.
- Cheng, J., Yang, D., Zuo, Q., Peng, W., Zhu, L., & Jiang, X. (2022). Correlations between uncertainty in illness and anxiety, depression and quality of life in patients receiving maintenance haemodialysis: A cross-sectional study. *Nursing Open*, 9(2), 1322–1331. <https://doi.org/10.1002/nop2.1177>.
- Chien, W. T., Cheng, H. Y., McMaster, T. W., Yip, A. L. K., & Wong, J. J. C. L. (2019). Effectiveness of a mindfulness-based psychoeducation group programme for early-stage schizophrenia: An 18-month randomised controlled trial. *Schizophrenia Research*, 212, 140–149. <https://doi.org/10.1016/j.schres.2019.07.053>
- Chiou, C. P., & Chung, Y. C. (2012). Effectiveness of multimedia interactive patient education on knowledge, uncertainty and decision-making in patients with end-stage renal disease. *Journal of Clinical Nursing*, 21(9–10), 1223–1231. <https://doi.org/10.1111/j.1365-2702.2011.03793.x>
- Cho, O. H., Hong, I., & Kim, H. (2022). Effect of Uncertainty in Illness and Fatigue on Health-Related Quality of Life of Patients on Dialysis: A Cross-Sectional Correlation Study. *Healthcare (Switzerland)*, 10(10). <https://doi.org/10.3390/healthcare10102043>.
- Cho, Y. M., Seo, Y. H., & Park, M. J. (2018). Relationship between uncertainty in illness, subjective health status, and compliance with sick role behavior according to levels of health literacy in hemodialysis patients. *Korean Journal of Adult Nursing*, 30(4), 437–446. <https://doi.org/10.7475/kjan.2018.30.4.437>.
- Chow, K. M., Chan, C. W. H., Choi, K. C., Siu, K. Y., Fung, H. K. S., & Sum, W. M. (2020). A theory-driven psycho-educational intervention programme for gynaecological cancer patients during treatment trajectory: A randomised controlled trial. *Psycho-Oncology*, 29(2), 437–443. <https://doi.org/https://doi.org/10.1002/pon.5284>.
- Curtin, R. B., Sitter, D. C. B., Schatell, D., & Chewning, B. A. (2004). Self-management, knowledge, and functioning and well-being of patients on hemodialysis. *Nephrology Nursing Journal: Journal of the American Nephrology Nurses' Association*, 31(4).
- D.L. Kathleen, M. C. G. (2018). *Harrison's Principles of Internal Medicine* (20th

- ed.). McGraw-Hills.
- Dahlan, S. (2012). *Regresi Linear Disertai Praktik dengan SPSS*. Epidemiologi Indonesia.
- Dahlan, S. (2014). *Statistik untuk Kedokteran dan Kesehatan: Deskriptif, Bivariat dan Multivariat dilengkapi aplikasi dengan menggunakan SPSS*. Epidemiologi Indonesia.
- Di Leo, G., & Sardanelli, F. (2020). Statistical significance: p value, 0.05 threshold, and applications to radiomics—reasons for a conservative approach. *European Radiology Experimental*, 4(1). <https://doi.org/10.1186/s41747-020-0145-y>.
- Donald, M., Kahlon, B. K., Beanlands, H., Straus, S., Ronksley, P., Herrington, G., Tong, A., Grill, A., Waldvogel, B., Large, C. A., Large, C. L., Harwood, L., Novak, M., James, M. T., Elliott, M., Fernandez, N., Brimble, S., Samuel, S., & Hemmelgarn, B. R. (2018). Self-management interventions for adults with chronic kidney disease: A scoping review. *BMJ Open*, 8(3), 1–21. <https://doi.org/10.1136/bmjopen-2017-019814>.
- Du, Y., Dennis, B., Ramirez, V., Li, C., Wang, J., & Meireles, C. L. (2022). Experiences and disease self-management in individuals living with chronic kidney disease: qualitative analysis of the National Kidney Foundation's online community. *BMC Nephrology*, 23(1), 1–10. <https://doi.org/10.1186/s12882-022-02717-7>.
- Eppel-Meichlinger, J., Kobleider, A., & Mayer, H. (2022). Developing a theoretical definition of self-organization: A principle-based concept analysis in the context of uncertainty in chronic illness. *Nursing Forum*, 57(5), 954–962. <https://doi.org/10.1111/nuf.12767>.
- Faridah, V. N., Ghozali, M. S., Aris, A., Sholikhah, S., & Ubudiyah, M. (2021). Effect of Hemodialysis Adequacy on Quality of Life in Older adults with Chronic Kidney Disease. *Indonesian Journal of Community Health Nursing*, 6(1), 28. <https://doi.org/10.20473/ijchn.v6i1.26660>.
- Ferreira, J. P., Girerd, N., Pellicori, P., Duarte, K., Girerd, S., Pfeffer, M. A., McMurray, J. J. V., Pitt, B., Dickstein, K., Jacobs, L., Staessen, J. A., Butler, J., Latini, R., Masson, S., Mebazaa, A., Rocca, H. P. B. La, Delles, C., Heymans, S., Sattar, N., ... Rossignol, P. (2016). Renal function estimation and Cockcroft-Gault formulas for predicting cardiovascular mortality in population-based, cardiovascular risk, heart failure and post-myocardial infarction cohorts: The Heart “OMics” in AGEing (HOMAGE) and the high-risk myocardial. *BMC Medicine*, 14(1), 1–14. <https://doi.org/10.1186/s12916-016-0731-2>.
- Gela, D., & Mengistu, D. (2018). Self-management and associated factors among patients with end-stage renal disease undergoing hemodialysis at health facilities in Addis Ababa, Ethiopia. *International Journal of Nephrology and Renovascular Disease*, 11, 329–336. <https://doi.org/10.2147/IJNRD.S184671>.
- Gjersing, L., Caplehorn, J. R. M., & Clausen, T. (2010). Cross-cultural adaptation of research instruments: language, setting, time and statistical considerations. *BMC Medical Research Methodology*, 10, 13. <https://doi.org/10.1186/1471-2288-10-13>.
- Guan, T., Qan'ir, Y., & Song, L. (2021). Systematic review of illness uncertainty

- management interventions for cancer patients and their family caregivers. *Supportive Care in Cancer*, 29(8), 4623–4640. <https://doi.org/10.1007/s00520-020-05931-x>.
- Gunawan, J., Marzilli, C., & Aunguroch, Y. (2021). Establishing appropriate sample size for developing and validating a questionnaire in nursing research. *Belitung Nursing Journal*, 7(5), 356–360. <https://doi.org/10.33546/bnj.1927>.
- Gusev, E., Solomatina, L., Zhuravleva, Y., & Sarapultsev, A. (2021). The pathogenesis of end-stage renal disease from the standpoint of the theory of general pathological processes of inflammation. *International Journal of Molecular Sciences*, 22(21). <https://doi.org/10.3390/ijms222111453>.
- Habas, E., Habas, A., Elgamal, M., Shraim, B., Moursi, M., Ibrahim, A., Danjuma, M., & Elzouki, A.-N. (2021). Common complications of hemodialysis: A clinical review. *Ibnosina Journal of Medicine and Biomedical Sciences*, 13(04), 161–172. [https://doi.org/10.4103/ijmbs.ijmbs\\_62\\_21](https://doi.org/10.4103/ijmbs.ijmbs_62_21).
- Hashmi MF, Benjamin O, L. S. (2022). *End-Stage Renal Disease*. StatPearls Publishing LLC. [https://www.ncbi.nlm.nih.gov/books/NBK499861/#\\_NBK499861\\_pubdet\\_](https://www.ncbi.nlm.nih.gov/books/NBK499861/#_NBK499861_pubdet_)
- Hui-Chen, C. (2018). *The Effectiveness of a Self-Efficacy Psychoeducational Programme on The Patients with End Stage Renal Disease: A Randomised Controlled Trial* (Ph.D Thesis). National University of Singapore.
- Husain, F., Kusuma, H., & Johan, A. (2020). Effects of peer support program on self-management in patients with end-stage renal disease undergoing hemodialysis. *Nurse Media Journal of Nursing*, 10(2), 171–181. <https://doi.org/10.14710/nmjn.v10i2.26502>
- Inker, L. A., Astor, B. C., Fox, C. H., Isakova, T., Lash, J. P., Peralta, C. A., Kurella Tamura, M., & Feldman, H. I. (2014). KDOQI US commentary on the 2012 KDIGO clinical practice guideline for the evaluation and management of CKD. *American Journal of Kidney Diseases: The Official Journal of the National Kidney Foundation*, 63(5), 713–735. <https://doi.org/10.1053/j.ajkd.2014.01.416>
- Jager, K. J., Kovesdy, C., Langham, R., Rosenberg, M., Jha, V., & Zoccali, C. (2019). A single number for advocacy and communication-worldwide more than 850 million individuals have kidney diseases. *Nephrology Dialysis Transplantation*, 34(11), 1803–1805. <https://doi.org/10.1093/ndt/gfz174>
- Jakubowski, K. P., Jhamb, M., Yabes, J., Gujral, S., Oberlin, L. E., Bender, F. H., & Steel, J. L. (2020). Technology-assisted cognitive-behavioral therapy intervention for end-stage renal disease. *Translational Behavioral Medicine*, 10(3), 657–663. <https://doi.org/10.1093/tbm/ibz077>
- Jang, H. S., Lee, C. S., & Yang, Y. H. (2015). Influence of uncertainty and uncertainty appraisal on self-management in hemodialysis patients. *Journal of Korean Academy of Nursing*, 45(2), 271–279. <https://doi.org/10.4040/jkan.2015.45.2.271>
- Kalantar-Zadeh, K., & Fouque, D. (2017). Nutritional Management of Chronic Kidney Disease. *New England Journal of Medicine*, 377(18), 1765–1776. <https://doi.org/10.1056/NEJMra1700312>
- Kamangar, F. (2012). Confounding variables in epidemiologic studies: Basics and

- beyond. *Archives of Iranian Medicine*, 15(8), 508–516. <https://doi.org/012158/AIM.0014>
- Kang, H. (2021). Sample size determination and power analysis using the G\*Power software. *Journal of Educational Evaluation for Health Professions*, 18, 1–12. <https://doi.org/10.3352/JEEHP.2021.18.17>
- Kawamoto, K., Houlihan, C. A., Balas, E. A., & Lobach, D. F. (2005). Improving clinical practice using clinical decision support systems: a systematic review of trials to identify features critical to success. *BMJ (Clinical Research Ed.)*, 330(7494), 765. <https://doi.org/10.1136/bmj.38398.500764.8F>
- KDIGO. (2021). Supplement to *Kidney International*. *Official Journal of The International Society of Nephrology*, 99(3), 51–587.
- KDOQI. (2002). Clinical Practice Guidelines for CKD: Evaluation, Classification and Stratification. In *Annales Chirurgiae et Gynaecologiae* (Vol. 90, Issue 1). National Kidney Foundation.
- Kemenkes RI. (2018). *Hasil utama RISKESDAS 201*. Kementerian Kesehatan Badan Penelitian dan Pengembangan Kesehatan.
- Kim, B., & Kim, J. (2019). Influence of uncertainty, depression, and social support on self-care compliance in hemodialysis patients. *Therapeutics and Clinical Risk Management*, 15, 1243–1251. <https://doi.org/10.2147/TCRM.S218934>
- Kim, O., Yeom, E. Y., & Jeon, H. O. (2020). Relationships between depression, family function, physical symptoms, and illness uncertainty in female patients with chronic kidney disease. *Nursing and Health Sciences*, 22(3), 548–556. <https://doi.org/10.1111/nhs.12691>
- Kovesdy, C. P. (2022). Epidemiology of chronic kidney disease: an update 2022. *Kidney International Supplements*, 12(1), 7–11. <https://doi.org/10.1016/j.kisu.2021.11.003>
- Kurnianingsih, M. (2019). Efektivitas Penggunaan Kombinasi Media Audio Visual dan Booklet dibanding Media Booklet terhadap Pengetahuan Toilet Training pada Ibu yang Memiliki Balita. *Smart Medical Journal*, 2(1), 1. <https://doi.org/10.13057/smj.v2i1.25666>
- Kusniawati, K. (2018). Hubungan Kepatuhan Menjalani Hemodialisis Dan Dukungan Keluarga Dengan Kualitas Hidup Pasien Gagal Ginjal Kronik Di Ruang Hemodialisa Rumah Sakit Umum Kabupaten Tangerang. *Jurnal Medikes (Media Informasi Kesehatan)*, 5(2), 206–233. <https://doi.org/10.36743/medikes.v5i2.61>
- Lai, P., Wu, S. V., Alizargar, J., Pranata, S., Tsai, J., & Hsieh, N. (2021). *Factors Influencing Self-Efficacy and Self-Management among Patients with Pre-End-Stage Renal Disease ( Pre-ESRD )*. 1–12.
- Lan, C.-F., Nie, C.-L., & Lin, Y.-J. (2021). Uncertainty in illness and the coping styles of severe patients with COVID-19: current status and correlation. *Epidemiology and Infection*, 149, e174. <https://doi.org/10.1017/S0950268821001448>
- Lee, M. C., Wu, S. F. V., Lu, K. C., Liu, C. Y., Liang, S. Y., & Chuang, Y. H. (2021). Effectiveness of a self-management program in enhancing quality of life, self-care, and self-efficacy in patients with hemodialysis: A quasi-experimental design. *Seminars in Dialysis*, 34(4), 292–299.

<https://doi.org/10.1111/sdi.12957>

- Li, H., Jiang, Y.-F., & Lin, C.-C. (2014a). Factors associated with self-management by people undergoing hemodialysis: a descriptive study. *International Journal of Nursing Studies*, *51*(2), 208–216. <https://doi.org/10.1016/j.ijnurstu.2013.05.012>
- Li, H., Jiang, Y. fang, & Lin, C. C. (2014b). Factors associated with self-management by people undergoing hemodialysis: A descriptive study. *International Journal of Nursing Studies*, *51*(2), 208–216. <https://doi.org/10.1016/j.ijnurstu.2013.05.012>
- Lin, C. C., & Hwang, S. J. (2020). Patient-centered self-management in patients with chronic kidney disease: Challenges and implications. *International Journal of Environmental Research and Public Health*, *17*(24), 1–13. <https://doi.org/10.3390/ijerph17249443>
- Liu, M. W. C., Chien, L. Y., & Syukri, M. (2019). Mon-064 Barriers and Facilitators of Adhering to The Treatment Regimens Among Patients Receiving Hemodialysis In Banda Aceh, Indonesia: A Qualitative Ecological Evaluation. *Kidney International Reports*, *4*(7), S330. <https://doi.org/10.1016/j.ekir.2019.05.852>
- Llewellyn, S. (2017). Concept Clarification: Uncertainty in Individuals with Chronic Kidney Disease. *Nephrology Nursing Journal: Journal of the American Nephrology Nurses' Association*, *44*(6), 513–539.
- Lorig K R, & Holman H R. (2003). Self Management Education: History, Definition, Outcomes and Mechanisms. *Annals of Behavioral Medicine*, *26*(1), 1–7. <http://www.springerlink.com/index/96t1713736v23t27.pdf>
- Lubis, R., & Thristy, I. (2023). Perbandingan Kadar Asam Urat Dan Laju Filtrasi Glomerulus (Lfg) Pada Pasien Gagal Ginjal Kronik Sebelum Dan Sesudah Hemodialisa. *Jurnal Ilmiah Kohesi*, *7*(1), 1–8. <https://kohesi.sciencemakarioz.org/index.php/JIK/article/download/382/387>
- Lukela, J. R., Harrison, R. V., Jimbo, M., Mahallati, A., Saran, R., & Annie, Z. (2019). Management of Chronic Kidney Disease Key points. *UMHS Chronic Kidney Disease Guideline, July*, 1–27.
- Ma, L. C., Liu, Y. M., Lin, Y. C., Liao, C. Te, Hung, K. C., Chen, R., Lu, K. C., Ho, K. F., & Zheng, C. M. (2022). Factors Influencing Self-Management Behaviors among Hemodialysis Patients. *Journal of Personalized Medicine*, *12*(11), 1–9. <https://doi.org/10.3390/jpm12111816>
- Mailani, F., Huriani, E., Muthia, R., & Rahmiwati. (2023). Self-Management and Relating Factors among Chronic Kidney Disease Patients on Hemodialysis: An Indonesian Study. *Nurse Media Journal of Nursing*, *13*(1), 109–120. <https://doi.org/10.14710/nmjn.v13i1.48708>
- McCormick, K. M. (2002). A concept analysis of uncertainty in illness. *Journal of Nursing Scholarship*, *34*(2), 127–131. <https://doi.org/10.1111/j.1547-5069.2002.00127.x>
- McCusker, J., Lambert, S. D., Haggerty, J., Yaffe, M. J., Belzile, E., & Ciampi, A. (2019). Self-management support in primary care is associated with improvement in patient activation. *Patient Education and Counseling*, *102*(3), 571–577. <https://doi.org/10.1016/j.pec.2018.10.026>

- McNamee, R. (2005). Regression modelling and other methods to control confounding. *Occupational and Environmental Medicine*, 62(7), 472,500-506. <https://doi.org/10.1136/oem.2002.001115>
- Mehmood, Y., Umair, A., & Ali, I. (2019). Hemodialysis: Acute Intradialytic Complications Found On Maintenance. *The Professional Medical Journal*, 26(1), 45–50. <https://doi.org/10.29309/TPMJ/2019.26.01.2511>
- Miller, C. J., Smith, S. N., & Pugatch, M. (2020). Experimental and quasi-experimental designs in implementation research. *Psychiatry Research*, 283, 112452. <https://doi.org/https://doi.org/10.1016/j.psychres.2019.06.027>
- Minanton, M., Muzaenah, T., & Sriyati, S. (2021). Latihan Intradialitik Meningkatkan Kinerja Dialisis Dan Hasil Kesehatan Pasien: Mini Review. *Jurnal Penelitian Keperawatan Kontemporer*, 1(1), 24–33. <https://doi.org/10.59894/jpkk.v1i1.190>
- Mishel, M. . (1981). The measurement of uncertainty in illness. *Nursing Research*, 30(5), 258–263.
- Mishel, M. H. (1988). Uncertainty in Illness. *Image: The Journal of Nursing Scholarship*, 20(4), 225–232. <https://doi.org/https://doi.org/10.1111/j.1547-5069.1988.tb00082.x>
- Mishel, M. H. (1990). Reconceptualization of the Uncertainty in Illness Theory. *Image: The Journal of Nursing Scholarship*, 22(4), 256–262. <https://doi.org/https://doi.org/10.1111/j.1547-5069.1990.tb00225.x>
- Mishel, M. H., Germino, B. B., Lin, L., Pruthi, R. S., Wallen, E. M., Crandell, J., & Blyler, D. (2009). Managing uncertainty about treatment decision making in early stage prostate cancer: A randomized clinical trial. *Patient Education and Counseling*, 77(3), 349–359. <https://doi.org/10.1016/j.pec.2009.09.009>
- Mishel, M., Padilla, G., Grant, M., & Sorenson, D. S. (1991). Uncertainty in illness theory: A replication of the mediating effects of mastery and coping. *Nursing Research*, 40(4), 236–240.
- Muhammad F. Hashmi; Onecia Benjamin; Sarah L. Lappin. (2023). *End Stage Renal Disease*. StatPearls [Internet]. <https://www.ncbi.nlm.nih.gov/books/NBK499861/>
- Muntiana, D. V. (2019). *Pengaruh Pendidikan Kesehatan Terstruktur terhadap Kualitas Hidup pada Pasien yang Menjalani Hemodialisa di Rumah Sakit Akademik UGM*.
- Muscat, P., Weinman, J., Farrugia, E., Callus, R., & Chilcot, J. (2021). Illness perceptions predict distress in patients with chronic kidney disease. *BMC Psychology*, 9(1), 1–13. <https://doi.org/10.1186/s40359-021-00572-z>
- Neville. (2003). *Uncertainty in illness: An integrative review*. *Orthopaedic Nursing*. Orthopedic Nursing.
- Noto, S., Miyazaki, M., Takeuchi, H., & Saito, S. (2021). Relationship between hemodialysis and health-related quality of life: a cross-sectional study of diagnosis and duration of hemodialysis. *Renal Replacement Therapy*, 7(1), 1–8. <https://doi.org/10.1186/s41100-021-00382-4>
- Noviana, C. M., & Zahra, A. N. (2022). Social Support and Self-Management among End-Stage Renal Disease Patients Undergoing Hemodialysis in Indonesia. *Journal of Public Health Research*, 11(2), jphr.2021.2733.

<https://doi.org/10.4081/jphr.2021.2733>

- O'Brien, C. L., Ski, C. F., Thompson, D. R., Moore, G., Mancuso, S., Jenkins, A., Ward, G., MacIsaac, R. J., Loh, M., Knowles, S. R., Rossell, S. L., & Castle, D. J. (2016). The Mental Health in Diabetes Service (MINDS) to enhance psychosocial health: Study protocol for a randomized controlled trial. *Trials*, *17*(1), 1–10. <https://doi.org/10.1186/s13063-016-1561-4>
- Oh, T. R., Choi, H. S., Kim, C. S., Bae, E. H., Oh, Y. K., Kim, Y. S., Choi, K. H., Kim, S. W., & Ma, S. K. (2019). Association between health related quality of life and progression of chronic kidney disease. *Scientific Reports*, *9*(1), 1–9. <https://doi.org/10.1038/s41598-019-56102-w>
- Ouyang, W. wei, Chen, H. fen, Xu, X. yi, Zhang, X. long, Fu, L. zhe, Tang, F., Wen, Z. huai, Marrone, G., Liu, L. chang, Lin, J. xia, Liu, X. sheng, & Wu, Y. fan. (2022). Self-management program for patients with chronic kidney disease (SMP-CKD) in Southern China: protocol for an ambispective cohort study. *BMC Nephrology*, *23*(1), 1–11. <https://doi.org/10.1186/s12882-022-02700-2>
- Park, O. L., & Kim, S. R. (2019). Integrated self-management program effects on hemodialysis patients: A quasi-experimental study. *Japan Journal of Nursing Science*, *16*(4), 396–406. <https://doi.org/10.1111/jjns.12249>
- Pernefri. (2018). 11th report Of Indonesian renal registry 2018. *Indonesian Renal Registry (IRR)*, 14–15.
- Polit, D. F., Beck, C. T., & Owen, S. V. (2007). The Content Validity Index: Are You Sure You Know What's Being Reported? Critique and Recommendations. *Research in Nursing & Health*, *31*(4), 341–354. <https://doi.org/10.1002/nur>
- Prashant Srivastava, & Rishi Panday. (2016). Psychoeducation an Effective Tool as Treatment Modality in Mental Health. *International Journal of Indian Psychology*, *4*(1). <https://doi.org/10.25215/0401.153>
- Pratiwi, S. H., Sari, E. A., & Kurniawan, T. (2019). Kepatuhan Menjalankan Manajemen Diri Pada Pasien Hemodialisis. *Jurnal Perawat Indonesia*, *3*(2), 131. <https://doi.org/10.32584/jpi.v3i2.308>
- Priadini, R. P., Handayani, L., & Rosyidah. (2023). Faktor-Faktor yang Berhubungan dengan Kualitas Hidup (Quality Of Life) Pasien Gagal Ginjal Kronik yang Menjalani Hemodialisa. *Jurnal Pendidikan Tambusai*, *7*(1), 3332–3338.
- Ren, Q., Shi, S., Yan, C., Liu, Y., Han, W., Lin, M., He, H., & Shen, Q. (2022). Self-Management Micro-Video Health Education Program for Hemodialysis Patients. *Clinical Nursing Research*, *31*(6), 1148–1157. <https://doi.org/10.1177/10547738211033922>
- Rizki Muliani, Fauziah, L. A., & Sumbara. (2022). Komorbiditas dan Lama Menjalani Hemodialisis dengan Kualitas Hidup pada Klien yang Menjalani Hemodialisis. *Window of Health: Jurnal Kesehatan*, *5*(2), 533–544. <https://doi.org/10.33096/woh.v5i02.24>
- Santia, M., Handayani, S., & Umar, A. (2021). Efektivitas media booklet dan video terhadap peningkatan pengetahuan ibu tentang pencegahan ISPA pada balita. *Jurnal Kesehatan Medika Sainatika Volume*, *12*(2), 149–158.

- Sebayang, A. N. O. (2020). Arteriovenous Shunt (AV Shunt) Sebagai Akses Hemodialisis Pada Pasien Chronic Kidney Disease (CKD). *JIMKI: Jurnal Ilmiah Mahasiswa Kedokteran Indonesia*, 8(2), 111–116. <https://doi.org/10.53366/jimki.v8i2.102>
- Smith, MJ, et. a. (2014). *Middle Range Theory For Nursing: Third Edition*. Springer Publishing Company.
- Sousa, H., Ribeiro, O., Paúl, C., Costa, E., Frontini, R., Miranda, V., Oliveira, J., Ribeiro, F., & Figueiredo, D. (2021). “Together We Stand”: A Pilot Study Exploring the Feasibility, Acceptability, and Preliminary Effects of a Family-Based Psychoeducational Intervention for Patients on Hemodialysis and Their Family Caregivers. *Healthcare (Switzerland)*, 9(11), 1–14. <https://doi.org/10.3390/healthcare9111585>
- Sugiyono. (2011). *Statistika untuk Penelitian* (19th ed.). Alfabeta.
- Sugiyono. (2019). *Metode Penelitian Kuantitatif, Kualitatif, R & D*. Penerbit Alfabeta.
- Sumai, S. A., Rahmat, I., & Warsini, S. (2023). the Effectiveness of Psychoeducation To Reduce Anxiety and Insomnia Among Patients With Chronic Kidney Failure in Hemodialysis Unit. *Jurnal Keperawatan Soedirman*, 18(3), 155–163. <https://doi.org/10.20884/1.jks.2023.18.3.6754>
- Supratiknya. (2011). *Merancang Program dan Modul Psikoedukasi*. Universitas Sanata Dharma.
- Susantri, W., Bayhakki, B., & Woferst, R. (2022). Hubungan Kepatuhan Menjalani Terapi Hemodialisis dengan Kualitas Hidup Pasien Penyakit Ginjal Kronik di Masa Pandemi Covid-19. *Holistic Nursing and Health Science*, 5(2), 216–225. <https://doi.org/10.14710/hnhs.5.2.2022.72-81>
- Taherdoost, H. (2016). Validity and Reliability of the Research Instrument ; How to Test the Validation of a Questionnaire / Survey in a Research Hamed Taherdoost To cite this version : HAL Id : hal-02546799 Validity and Reliability of the Research Instrument ; How to Test the. *International Journal of Academic Research in Management*, 5(3), 28–36.
- Teitelbaum, I., Glickman, J., Neu, A., Neumann, J., Rivara, M. B., Shen, J., Wallace, E., Watnick, S., & Mehrotra, R. (2021). KDOQI US Commentary on the 2020 ISPD Practice Recommendations for Prescribing High-Quality Goal-Directed Peritoneal Dialysis. *American Journal of Kidney Diseases*, 77(2), 157–171. <https://doi.org/10.1053/j.ajkd.2020.09.010>
- Thewes, B., Rietjens, J. A. C., van den Berg, S. W., Compen, F. R., Abrahams, H., Poort, H., van de Wal, M., Schellekens, M. P. J., Peters, M. E. W. J., Speckens, A. E. M., Knoop, H., & Prins, J. B. (2018). One way or another: The opportunities and pitfalls of self-referral and consecutive sampling as recruitment strategies for psycho-oncology intervention trials. *Psycho-Oncology*, 27(8), 2056–2059. <https://doi.org/10.1002/pon.4780>
- Tim Riskesdas. (2019). *Laporan Provinsi D.I Yogyakarta: RISKESDAS 2018*. Lembaga Penerbit Badan Litbang Kesehatan.
- Trisnaningtyas, W., Indriyawati, N., Dwiningsih, S. U., Elisa, E., Ariyanti, N. A., & Maksuk, M. (2023). Faktor yang Mempengaruhi Kepatuhan Pembatasan Cairan pada Paisein Gagal Ginjal Kronis. *Health Information : Jurnal*

- Penelitian*, 15(2), e950. <https://doi.org/10.36990/hijp.v15i2.950>
- Triyadi, A., & Syumarti. (2022). Mengenal Variable Perancu dalam Penelitian dan Cara Mengontrolnya. *Oftalmologi Komunitas*, 2(2), 1–10.
- Wowor, M. D., Widani, N. L., & Tjitra, E. (2019). Psikoedukasi Efektif Menurunkan Kecemasan dan Meningkatkan Kepatuhan Diet Cairan Paaien Pada Pasien Penyakit Ginjal Kronik Selama Menjalani Hemodialisa. *Juiperdo*, 6(2), 66–81.
- Yap, H. K., Liu, I. D., Qader, M. A., Resontoc, L. P. R., & Ng, K. H. (2021). Chronic Kidney Disease Staging. *Pediatric Nephrology: On-The-Go: (Fourth Edition)*, 521–524. <https://doi.org/10.32388/yzopkc>
- Ye, M., Lin, W., Zheng, J., & Lin, S. (2021). Self-management interventions for chronic kidney disease: a systematic review and meta-analysis. *American Journal of Translational Research*, 13(4), 2472–2485.
- Yuliana, F. (2022). Hubungan Dukungan Keluarga dengan Kepatuhan Jadwal Menjalani Terapi Hemodialisis pada Pasien Gagal Ginjal Kronik. *Jurnal Pengembangan Ilmu Dan Praktik Kesehatan*, 1(8.5.2017), 2003–2005. <https://www.who.int/news-room/fact-sheets/detail/autism-spectrum-disorders>.
- Yuni Asih, E., Yenny, & Trimawang Aji, Y. G. (2022). Gambaran Kualitas Hidup Pasien Dengan Penyakit Ginjal Kronik Yang Menjalani Hemodialisis Di RSAU dr. Esnawan Antariksa. *Jurnal Kesehatan Mahardika*, 9(2), 29–36. <https://doi.org/10.54867/jkm.v9i2.123>.
- Zhang, J., Li, Y., Gu, Y., Fei, Y., Yang, G., Gu, Y., & Xu, X. (2022). Status and influencing factors of disease uncertainty among family caregivers of patients with moderate and severe craniocerebral injury: a quantitative and qualitative study. *Acta Neurochirurgica*, 164(12), 3119–3131. <https://doi.org/10.1007/s00701-022-05385-6>.
- Zhang, Y., Kwekkeboom, K., Kim, K. S., Loring, S., & Wieben, A. M. (2020). Systematic Review and Meta-analysis of Psychosocial Uncertainty Management Interventions. *Nursing Research*, 69(1), 3–12. <https://doi.org/10.1097/NNR.0000000000000368>.